

# To Start Your Garden

**1** First, you need to choose your location carefully  
( start small ! - 2 m<sup>2</sup> or 1.2m diameter for round gardens )



Locations with too much sun will require much more care



This location is Perfect!  
It has morning sun, partial shade & is near the kitchen



Careful! Locations like this with too much shade won't work

## 2 Now choose your plants...



Your plant choice check list :

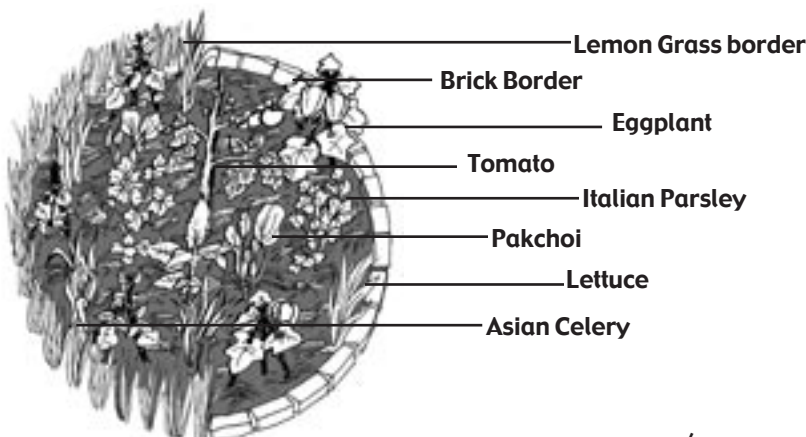
1. Choose plants you like !
2. Will they grow quickly ?
3. How big they will get ?
4. Is it the right climate ?

You can choose from our list of organic seedlings - or you can get some cuttings from friends.  
Write your choices here:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

You can draw your own garden plan here...

## 3 Plan your garden's layout...



• This is an example of a simple garden plan •

FILL THE SPACE, BUT DON'T CROWD YOUR PLANTS TOO MUCH !

Now that you have a good plan for your garden - turn the page to see what you'll need to start Gardening!



## These are the things that you need to start ...



**LOCATION**  
refer back to  
step #1 when  
you choose  
ideal location



**SEEDLINGS**  
choose at least  
5 kinds that  
meet your  
check list  
requirements



**COMPOST**  
you'll need  
quite a lot -  
enough to cover  
your garden w/  
5cm all over



**MULCH**  
grass clippings,  
dry leaves,  
sawdust,  
straw, shred-  
ded paper, etc.



**GARDEN TOOL**  
a tool like this,  
spoon or your  
hands to make  
holes for  
seedlings



**'CULTIVATOR'**  
or some other  
tool that yo can  
use to break up  
the soil of the  
garden bed



**WATER**  
hoses should  
use a spray  
nozzle or else a  
watering can is  
also good

## What you do to prepare & plant your garden ...



**1**  
Create your garden's border  
as per your location plan -use  
bricks, stones or any good  
border plant like lemongrass



**2**  
Break up the soil as loose as pos-  
sible & don't walk on the loose soil!



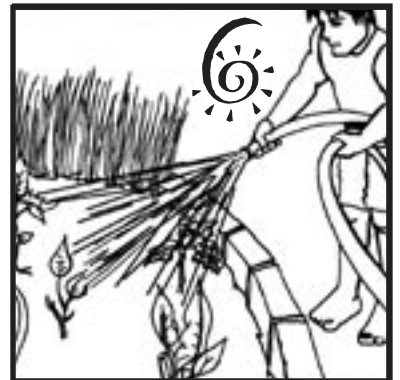
**3**  
Cover the broken up soil with  
about 5 cm of good compost  
- you'll always need lots of  
compost so make it at home !



**4**  
Mix the soil and compost  
together - you can use your  
hands, it feels great!



**5**  
Plant your seedlings as per  
your planting plan & then label  
your plants so you can learn  
how they grow



**6**  
Make sure to water your gar-  
den thoroughly - a couple of  
good soaks per week is better  
than a little bit often



**7**  
Put compost around the base of  
all the seedlings - leaving some  
space for them to "breathe"

After your garden is made, remember to refer to your  
check list for your garden's ongoing maintenance !

Any problems contact Eco-Trainer :  
[ecotrainer@idepfoundation.org](mailto:ecotrainer@idepfoundation.org)



[www.idepfoundation.org](http://www.idepfoundation.org)