



## Webcast Questions from Session 13 - 12/14/16

**-1h 46m 59s - What oils should not be used for someone who takes Tegretol to prevent seizures?**

**1h 45m 32s - What oils cannot be used for a person who has Cancer, diabetes and a cardiac condition? Since cancer thrives in an anaerobic environment, would one use Thyme? would one use Oregano? Are there oils that support peripheral circulation and neuropathy in a diabetic?**

**-1h 4m 31s - You mentioned Liver Qi Stagnation and that aromatherapy can help smooth the Liver Qi - which oils are best for this?**

Liver chi stagnation is a generalized condition of emotional tension, with irritability, frustration, and so on. Anything that has a relaxing effect on the nervous system will help with this. The flower oils, especially the more euphoric ones, would be a first choice.

**57m 13s - Thank you for the in-depth information about the olfactory system! After carefully reading the material, I was wondering about the following: Do you know if one can loose their sense of smell if you do not inhale thru your nose on a daily basis? For about 20yrs I am on a breathing machine/respirator through a tracheacanule. It means i hardly breathe through my nose. After some years i noticed my sense of smell became less. Is it just that I miss practice, or do the nerves deteriorate if not used often enough? I can still smell but have to hold everything really close to my nose and inhale multiple times before a fragrance becomes clear to me. Would love to learn if sense of smell can disappear physiologically / anatomically if not used often enough or it is just a matter of practice like a muscle that you can train. Thank you!**

Very sorry to hear about the long term challenges. I imagine that decreased sense of smell could be partly due to lack of use, as well as the overall changes that have

happened in the respiratory system. I would encourage you to enjoy the fragrances of the oils frequently, to keep the olfactory sense active.

**1h 15m 59s - A friend brought me some oils that she had but never used anymore. Unfortunately, they are about 8 to 10yrs old..they are geranium, cumin, thyme,myrrh, patchouli, rosewood and a rose mixture. They still smell good. Are they still therapeutic or will they have lost their properties? Can i use them safely in the diffuser? There was a jasmine and ylang ylang too, but they smelled rancid. Please advice if it is safe to use them. Thank you.**

If an oil smells rancid it has been adulterated with a carrier oil, which is often the case with the more expensive flower oils. Patchouli gets better with age. The others are probably fine for use in a diffuser, as long as they are true oils and not synthetics. I wouldn't use them on the skin at this point, as they can oxidize and cause sensitivities.

**7h 57m 25s - I used the Sephorris Nail Fungus product you recommended. Had a small fungus growth under big right toe. This product worked. Three weeks and it was gone. I also, drank Pau D'Arco tea and took Activated Charcoal for 7 days. I bought it from the Canadian company and shipping was \$14. I discovered that Amazon also sells it for a cheaper price and free shipping. Grat product!! Also, what is the promo code for ordering from Floracopeia?**

It may have been fungus, but probably not. Fungus in the nails usually takes many months to a year of daily treatments to clear up. The internal use of herbs has virtually no effect on fungus in the nails, as it is deeply embedded and reproduces itself for months. Even though it probably wasn't fungus, or very early stage, glad to hear it worked. If it comes back it was probably fungus, and you should resume the topical treatment daily for several months to make sure it is eradicated.