



## **Emotional Wellbeing Therapeutics**

**Antidepressant:** basils, bergamot, citruses, clary sage, conifers, eucalyptus, frankincense, geranium, gingergrass, jasmine, laurel, lavender, lemon balm, myrtle, neroli, palo santo, patchouli, pinon pine, rhododendron, rose, tulsi, vanilla, vetiver, ylang ylang

**Anxiolytic:** bergamot, chamomile, frankincense, lavender, mandarin, marjoram, neroli, orange, rose, sandalwood, vetiver, ylang ylang

**Euphoric:** agarwood, clary sage, jasmine, neroli, patchouli, rose, tuberose, champa, gardenia, frangipani

**Nervine Relaxant:** angelica root, bergamot, chamomile, clary sage, citruses, clary sage, frankincense, jatamansi, lavender, lemon balm, marjoram, neroli, palo santo, rose, sandalwood, tulsi, vetiver, ylang ylang

**Sedative:** Agarwood, bergamot, cedarwood, chamomile, cistus, clary sage, frankincense, geranium, jasmine, jatamansi, lavender, lemon balm, neroli, patchouli, sandalwood, vetiver