



Webcast Questions from Session 4 - 09/14/16

-1h 54m 38s - I just want to say how grateful for and impressed I am with the amazingly in-depth information David is providing! Thank you so much!
Thank you!

-1h 43m 42s - Black pepper has been amazing for my clinical practice- and much cheaper - for soft tissue/bruising issues.
I assume you mean cheaper than helichrysum. Yes, agreed, it is an excellent oil for those issues. We will be discussing this one soon.

-1h 40m 37s - David can you please give us your opinion on the best diffusers? The one in your slide show today looked amazing. Is it available to purchase.
There are many models of diffusers. The basic types are discussed in the file given in module 2. We don't carry that specific model, but the ones we do carry are the same type, which would be the water ionizing model.

-1h 22m 57s - Hi DAVID, You mention Ravensara as an anti-viral on the major respiratory oils page, there is no mention of it on the Respiratory Therapeutics page...are there other oils that would also have anti-viral properties...thank you
The other oil I referred to specifically was Melissa, lemon balm, in the studies related to herpes virus. Tea tree is another that has documentation, and there are many others. I suspect that most oils have some degree of antiviral activity against specific species.

-1h 3m 38s - In the Web conversation, someone said that water-color painting paper works as well as perfume strips. Does it? I can get that locally.
I imagine it could work fine.

-21m 57s - Ancient Secrets is definitely an MLM marketing movie.
I looked into it. The film has all the usual talking points of the Young Living company, and it appears that most of the people involved are directly associated with some aspect of that company, or have their own companies promoting YL methods and oils. I certainly don't have any problem if people want to believe that Jesus used essential oils and that Gary Young rediscovered them...my only issue is that they should not be advising others to use

them unsafely. If an MD is demonstrating that it is safe to drink them, we know that a lot of people will follow that advice and a lot of them will have adverse reactions.

-18m 45s - I watched the film about "ancient essential oils" - it left me not only suspicious, but very disappointed! Careless, to say the least!

The misuses of essential oils are at epidemic proportions. Hopefully everyone in this class will now be aware of the dangers and use them safely for themselves and others.

2h 21m 52s - Hello David, you have mentioned that the best place to get the oils would be from the distiller... I was recently in France and did not find it easy to locate or find contact for distillers, can you tell us how is the best way to go about finding them? I am now in Spain and would love to find local distillers, what should I do, search on Internet or can you give some recommendations?

There are a few distillers in Spain, but far more in France. It is quite easy to find distillers and distilleries by doing a quick google search. If you are in the main distilling regions such as Provence, distilleries are tourist attractions that are easy to find on local maps provided by tourist agencies.

11d 16h 45m 56s - Hi all! Springtime here in the country of Riverina NSW (which really appeared about a month ago!!).

Happy spring. It is still summer in most of the US, so if your summer comes early and ours lasts a bit longer it will be summer in both hemispheres at the same time.