



## **Respiratory Therapeutics**

### **Antitussive:**

Cistus, eucalyptus, frankincense, inula, juniper, peppermint, pinon pine, pinon/juniper, rosemary ct cineole, tulsi

### **Anti-inflammatory:**

Chamomile, frankincense, helichrysum, jatamansi, lavender, patchouli

### **Antimicrobial:**

Chamomile, eucalyptus, fir, lemon, lemongrass, palo santo, pinon pine, tulsi

### **Antispasmodic:**

Chamomile, clary sage, fennel, fir, ginger, jatamansi, lavender, palo santo, peppermint

### **Anti-asthmatic:**

Eucalyptus, frankincense, inula, myrtle, niaouli ct cineloe, palo santo, ravinsara, spruce

### **Balsamic:**

Frankincense, sandalwood

### **Decongestant:**

Eucalyptus, fir, peppermint, pinon pine, rosemary, tulsi

### **Expectorant:**

Angelica root, sweet basil, black pepper, cardamom, cedar, cistus, fir, elemi, eucalyptus, spruce, frankincense, ginger, inula, mandarin, manuka, marjoram, myrtle, myrrh, niaouli, opopanax, oregano, palo santo, peppermint, pinon, pinon/juniper, ravensara, rosemary, white sage, tea tree, tulsi

### **Mucolytic:**

Cedar, cistus, eucalyptus, fir, ginger helichrysum, inula, juniper, manuka, monarda, myrrh, ravensare, rosemary, spruce, tulsi, white sage