

**1. Sit on a couch in the upright position and close your eyes and your arms at your side or in your lap. Do not move around. Just sit there and relax for a minute.**

**2. Clear your mind of all thoughts. How do you do this?... simply imagine a big Dumpster or a very large metal box on your mental screen. Then see it open and put all your thoughts and worries in it one by one.... bills... your lovelife.... problems.... your children.... your job... everything you can think of. Then close the lid and lock it! Then push it off your mental screen.**

**3. Now sit there quietly with no thoughts for a minute. When you are ready to start... do not forget to tell yourself as you go through each part of the body that you are becoming more and more relaxed as you go. YOU MUST TELL YOURSELF THIS!**

**4. Now... start with your head.... imagine every part of your head relaxing... start with your eyes.... then go to your ears.... the mouth... all your facial muscles. spend time with each part to make sure it is fully relaxed.**

**5. Now go to your neck and do the same.**

**6. Now go to you whole chest and stomach region and start with your heart... slow it down and make make it at peace. Relax all you chest muscles and then your stomach area.**

**7. Now relax you arms feeling them going limp. Relax every muscle in your arms one by one including your fingers.**

**8. Next go to the groin area and relax all the muscle there.**

**9. Now it is time to do your legs.... start with the thighs and work you way down to the feet relaxing even every toe.**

***By this time you should be a be like a big lump of silly putty... totally relaxed and and at peace. Now here comes the fun part. This is where you will get to hypnotize yourself and see if it really works.....***

**1. Site there with you arms in you lap and or at your side and tell yourself that your right arm is getting very light. It is getting very, very light. Keep telling yourself this and feel how it is getting lighter. Tell yourself that it is getting so light that is is staring to raise up off your lap. Feel it it getting light as you keep telling yourself this and feel it raising up off you lap. It is getting lighter by the second and it is raising up higher and higher until it is up in the air.**

**2. Once you have achieved this and your arm is up in the air you may tell yourself it is getting heavy again and lower it to your lap. You will**

now tell yourself that you will awaken fully refreshed with energy and a clear mind.

**3. Open your eyes and evaluate what you have done. Write down your experience in your magical journal. If you did not have success... try again later that day and keep trying until you are satisfied. If it never works for you.... you may be one of those who cannot be hypnotized. Now.... this method can be used on someone else. Try it on your best friend... except you are the one who will be telling them to relax each part of their body. Then do the arm raising stunt with them and see if it works. Remember.... as you go through each part of the body with them... tell them they are getting more and more relaxed and sleepy. If this works then you can try more difficult things like making them do funny things...**

**Remember... DO NOT MAKE PEOPLE DO THINGS THAT WILL HURT THEM OR OTHERS!**

*You can also use this method to remember things and program yourself to lose weight or study better or what ever you so choose!*

If you have been successful.... Congratulations! You now know how to Hypnotize!

## Time travel

### The Wonders of Time Travel...

I am sure you have all wondered about Time Travel.... Is it possible? Is it real? Do I need some elaborate Time Machine? Will I be able to come back once I leave? Can I go into the future or the past?... ..I will answer all these questions for you!

Yes, it is possible and real! It is very similar to Astral Travel yet different. No you won't need some elaborate machine but we will make one in our mind. You will be able to go into the past, present or future and come back when you are ready. I will teach you my method.

\*\*\*Note: This method will take you through time by means of the astral planes and visualization. You will not physically go there... only mentally... very similar to past life regression.

### Here's how we'll do it....

**First... you must be able to and have mastered meditation. If you cannot meditate then you will have no success with this project of time travel.**

**You must go into your meditative state and clear your mind of all outside thoughts. Now here comes the important part.... you need to have a special place to go to when you are in this state of mind.... in other words.... imagine a building in the middle of a field or in the middle of nowhere surrounded by nothing. You will use this same building every time you want to do this. The building can be any shape, square or pyramid or whatever. It must also have no windows... this way you will not be disturbed by anything outside of it. The inside of this building can be as simple or as plush as you wish it to be. The simpler it is... the less distractions you will have. Just make sure it is the same every time.**

**Now... inside this building will be a room where you have a chair. This chair is a special chair... it is a big black recliner with controls built into the arm of the chair. These controls are buttons that will take you where you want to go. You may set up these buttons in any configuration. For instance --- a past button --- a present button -- and a future button... and for even more control... an LED display with a number key pad... this will be for punching in the exact year in time you wish to travel to. If you do not want to use a chair you may imagine some big elaborate machine that you sit in (your own time machine) with all the same controls.**

**In this room will also be a big giant movie screen. You can even have a button on your chair that makes it come down from the ceiling. This screen is where you will be watching the time frame you have chosen. Try to think of how you want all these items-- the building... the chair or machine... the screen.... before you actually go into meditation. Predetermine how you want them all to look beforehand.**

**Now that you have all these thing ready in your mind... it is time to get started!**

**Go into your meditative state. When you are totally relaxed... take a mental walk to your special building and close the door. Sit in your special chair or machine and relax for a few more minutes. When you are ready... push the button that makes your screen come down from the ceiling and just sit there and stare at it for a minute. When you are ready, dial in what time period you want to travel to and or what country you want to go to. Now... just sit there and do not try to force this.... only sit there and wait for it to come up on the screen and relax and observe what is being shown**

**to you. If you are impatient.... it will not happen! It may take several days of trying before you actually see anything but, it will happen!**

**When you want to come back... just push the buttons for the present on your chair and take a few minutes to evaluate everything you saw. then when you are ready get up out of your chair and walk out of the building and back to your physical body.**

**This method can be used to have spirits show you things you need to learn... just go through the same process and ask the spirits to show you on the screen what you want to know.**

**Enjoy and God be with you!**

## ***How to Heal Physical Pain...***

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**YOU NEED: piece of amethyst (as clear as possible), or a piece of Fluorite. a good visualization skill.**

**Sit in a quiet place and clear your mind of everything you can.**

**Take the amethyst (or fluorite) and hold it in the hand that is closest to the hurt. (if the pain is in the center of the body hold it in your writing hand.**

**Imagine a soothing light collecting at your feet and draw it up slowly towards your head filling every part of the body.**

**Whilst doing this say silently the following verse:**

***"bright light, shining light  
heal my hurts with all thy might."***

**Repeat this as you move the light up through the body.**

**When you reach the top of your head expand to fill outside the head with light for about a foot.**

**Then return to where the pain is most concentrated, push all your healing energy into this area.**

**If this doesn't work the first time then repeat. You should feel better soon.**

**to end the spell repeat the verse again but finish with "so mote it be"**

**thank you for taking time to listen. i have tried it out along with others and we have discovered it works very well on pain.**

## *A Kissing Spell...*

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Take a red color lipstick and draw a lip print on a piece of white paper , then take a red candle and burn the paper while chanting : kiss me when we meet , Kiss me {mention persons Full name } Greet me with your lips , and say you missed me . But most of all kiss me . Dont forget to visualize the person you want to kiss you , and conjure love . this is a good spell it worked for me , I even tried it on a married guy to see if it would work well he stared at me the whole time I was by him and then when I walked away to go to my car he followed me , and grabbed me and kissed me . I asked him why he did that , and he said I really dont know I just had too . from this spell on I became interested in witchcraft :) {the power is REAL ..... } if you believe ... any ??

## *Witches Hand Shake ...*

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*Extend your right index finger and lightly touch the wrist of the person exactly where the pulse is felt . by touching the pulse it throws the acquaintance completely off his balance for just an instant , but in that instant plant an initial thought, ( example : I am the one you want for the job ) this really works and is cool try it ,*

# The Lemon Curse...

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*Items needed:*

*1 lemon*

*1 black candle*

*9 nails*

*Cursing Oil*

*Picture of person (to be cursed)*

*Athame*

*Black bowl*

*Light the candle!*

*Cut a slit into the lemon.*

*Place the picture of the person inside the slit.*

*Take one of the nails and feel your anger rise. Visualize your anger.*

*Pierce the nail into the lemon.*

*Do the same for the remaining nails.*

*With each nail your anger should rise for this person getting blacker and blacker.*

*When you reach the last nail, place the lemon in the bowl.*

*Pour cursing oil onto the lemon filling the bowl until the lemon is half covered (with oil.)*

*Let the lemon rot in this bowl on your altar.*

*As the lemon rots, so too will the life and luck of the person!!*

*Remember, curses are only used when you have been wronged and cannot come up*

*with a fix!! Do not curse people for the fun of it or the rule of three will haunt you!!*

## ***To Make Rain Appear...***

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**Do this outside staring at clouds above:**

***"Ancient Gods and Goddesses,  
I invoke thee.  
Waters from the sky,  
Let it be."***

***"I command thee now,  
to thee all.  
Listen to my desire,  
Rain fall!"***

**This spell has power over the weather and works when it is needed. It makes it rain. (of course!)**

**Questions? ... .. Blessed Be... Michael Doherty  
[revivedmichael@hotmail.com](mailto:revivedmichael@hotmail.com)**

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## ***Rain Spell...***

**Simply Take a bowl full of water and if you have 2 people sit across from each other... if it is just you then just put it in front of you.**

**Make sure you make your circle then chant over the bowl of water "Water**

**Nymphs strike the clouds so rain will fall freely to the ground" while**

**doing that visualize clouds bursting open and water**

**falling down over  
the area you wish for rain. this really works i did it with  
a friend  
once.**

## ***Invisibility...***

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Here is a spell to make you less noticeable, this spell may not work for some people depending on experience.

First of all, visualize a white or black light (which ever one is more suitable) and visualize yourself inside that light, now picture that light getting blurry and taking in the colors of the objects around you, now see yourself getting blurry or being sucked into the light and the light taking the form of the objects around you until you cannot see the light. your eyes must be closed for you to do this.

## ***To Break the powers of a Spell...***

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Are things happening to you that you can't explain?  
Well maybe someone's put a hex on you. Here's a spell to undo what's been done!

YOU NEED: black candle, water and a black bowl



PLACE THE CANDLE INTO THE BLACK BOWL, FIX THE CANDLE TO THE BOWL USING THE WAX DRIPPINGS FROM THE CANDLE SO THAT IT STANDS ALONE. FILL THE BOWL TO THE RIM WITH FRESH WATER, WITHOUT WETTING THE WICK. BREATHE DEEPLY AND MEDITATE FOR A COUPLE OF MINUTES. WHEN YOUR MIND IS CLEAR, LIGHT THE CANDLE. VISUALIZE THE POWER OF THE SPELL CAST AGAINST YOU AS LIVING WITHIN THE CANDLES FLAME. AS THE CANDLE BURNS DOWN, IT WILL SPLUTTER AND GO OUT AS IT TOUCHES THE WATER. AS IT IS EXTINGUISHED BY THE WATER, THE SPELL IS BROKEN .FINALLY, DIG A HOLE IN TO THE GROUND, POUR THE WATER INTO IT, THEN BURY THE CANDLE.

## To change someones personality

If there is a person who is your friend/enemy/whatever and they are treating you badly you can change their personality so it suits you i.e. they act how you want them to do. There are two different methods to this spell depending on whether the person is with you or not. If they are with you, concentrate on them and whilst staring at them say the following...

**“Torqueo suus ossis et flecto suus spina,  
sopoficer et mysticus et magicus et  
occultus.”**

Now carry on like that but change the first line each time you do it saying what you want them to be like and after every line say "hypnotic and mystic and magic and mystery". When you have finished (it can be as long or short as you want) you need to raise your left hand to their left hand side and say "just" then raise your right hand to their right hand side and say "like" then you bring your hands together and draw them down the person's body and when they meet say "this." By the way you don't touch them you just

look at them and do it! If they are not with you you need to get a spoon (the bigger the better) and then you need to visualize them floating above you. As you are saying the exact same spell as above hold the spoon by the

end and hold it vertically. As you are saying the spell visualize it's power building in the cupped bit of the spoon. When you have finished the main part of the spell, you pull the spoon backwards saying "just" then throw it forward whilst saying "like" and as you visualize the power of the spell hitting the person say "this."

That's it! Sorry it's a bit long, but it much easier to do in practice than it is to describe it!

## Love and Chaos...

### TO BREAK UP A COUPLE....

*Black or greenish yellow candle is needed. At midnight light the candle and take a pin and prick the candle many times over saying these words...*

**"As I prick this candle, I prick at thee  
Broken hearts unhappy be  
May you part another day  
Soon to go your separate ways"**

*Extinguish the candle. Take the candle and break it in half symbolizing and visualizing the splitting of the couple. Then dispose of the two halves in separate trash containers once again visualizing them being completely apart from each other. You may then go about your everyday events.*

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### TO BREAK UP A COUPLE...

*You need a piece of black yarn at least 12 inches long. At midnight light a candle and tie nine separate knots one*

*inch apart. Each time you tie a knot, do it with anger thinking of how they will hate each other and want to break up! Say these words each time you tie a knot.*

**"Take this couple that I see  
Love is gone, unhappy be  
Knots of discord, knots of hate  
Soon to part is their fate  
With this spell I know I've won  
I curse their love to come undone!"**

*Take and put it some where in your dresser drawer where you will see it every time you open it. This way every time you see it you can visualize the couple breaking up. When the spell has worked, you may throw it away, but do not untie the knots!*

## **Mirror, Mirror on the Wall... Who's the Fairest of them all?**

**They say that Beauty is only skin deep...  
but those of us who are Vain say  
different. We want to be Beautiful inside  
and out and there is nothing wrong with  
looking your Best!**

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## BEAUTY SPELL...

On a full moon, take a mirror and go outside  
(if ya can't then open a window, make sure the moon is reflected on the mirror)

take a piece of a picture (hair, lips, eyes, whatever you are interested in changing)

place it on the mirror and concentrate on it and say...

"Moonshine, Starlight,  
let the wind carry your light,  
let your glow cover my body,  
and let your shine cover every eye."

Say it 3 times and concentrate on the part that you want to change, Then say...

"Moonshine, Starlight,  
shape and mold my body,  
as a rose is granted beauty,  
let me blossom in your light,  
the light that brings me beauty,  
and grant me beauty three times three"

Say it 3 times and when you are finished light a candle (pink) or incense.

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## SPELL TO LOOK MAGNIFICENT...

apples, snow peas, avocado, and cherries.

(note: for romance: red apple;

for a job interview or to make others envious, a green apple;  
in the arts or to make an impression in public; gold apple)

Cut an apple in half horizontally and you should see the star.

Visualize yourself glowing like a star.

Eat half the apple, and give the rest of it as an offering,  
outdoors under a tree. Peel the skin off the avocado.

Imagine your negative traits peeling off of you,

including any negativity your mind has towards any part of yourself.

Slice the fruit into 7 pieces, and remove the pit.

Mash the slices into a paste, and use as a face mask.

Visualize all your blemishes disappearing.

Now take seven snow peas in your right hand, and 7 cherries in your left.

Eat them alternately. Left hand rules the subconscious, unseen world,

and the right hand rules the conscious seen world,

thus you are making yourself beautiful inside and out.

Do this 1-3 days before you intend to strut your stuff.

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## FOR BEAUTY AND YOUTH...

Rosemary and Sunflower Oils

Paper and Fountainpen with Red Ink

Sprig of Rosemary

Glass of Springwater

Dilute five drops of rosemary into one oz. of sunflower oil.

Massage into hair. Close eyes and inhale the scent.

Write name on paper with red ink,

then dip sprig of rosemary into spring water and chant...

"Dew of the sea, enhance my charms,  
bring love and friendship into my arms."

Place paper in spring water, and remove when ink is faded.

Wash the oil out of hair, using the spring water as the final rinse.

Wear the sprig of rosemary for the rest of the day.

Use this whenever you feel the need.

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## SPELLS FOR LONGEVITY...

dried apricots, apples, sunflower seeds, pears, olives, and beets.

Work apricots into your diet. Dried apricots and apricot juice

can be effective in preventing premature heart attacks,

raising vital mineral levels, and blocking formations of certain cancers.

Antioxidants in olives can help prevent cancer.  
The rest of the foods are helpful in evoking long, healthy lives.

Count out 120 sunflower seeds, and eat them at sunrise.

When you eat pears or olives, imagine yourself endowed  
with the longevity of the trees that bore the fruit.

See yourself as the tree, and visualize dropping seeds.  
This way you bless not only yourself, but your offspring to a long life.

Rub olive or apricot oil into an apple, bite it,  
and visualize yourself as healthy into old age.

Drink beet and apple juice, and visualize them  
revitalizing every cell in your body.

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## BEAUTY SPELL...

You will need the following:

1 rose quartz  
six rose petals  
bottle of witch hazel

Look at your face in a mirror and all of its flaws.  
Visualise your face changing into the face you want and desire.  
Rub the rose quartz lightly over the problem areas and say the following:

"Stone of Beauty, Stone of Love,  
Erase imperfection as I rub,  
Bring to me the face I see,  
As I will so mote it be!!!"

Open then the bottle of witch hazel and insert the rose quartz.  
Take the six rose petals in your right hand and say...

"Venus, One of beauty rare.  
I offer you these petals fair.  
Bless them with your loveliness  
and bring the beauty I request."

Rub the petals over any line, wrinkle, imperfection ect.  
Then drop them in the witch hazel.

Cap the bottle tightly and give it six good shakes a day for a week.  
At the end of the week, use it everyday as a toner after face washing.  
As you apply it say...

"Imperfections, go away.  
Beauty of Venus, come forth this day."

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## TO KEEP BEAUTY FROM FADING...

When all your face appears most fair,  
When the comets and meteors gild your hair,  
And in your eyes the moon and sun  
Contest, surrender, and burn as one,  
When ivory Venus smoothes your brow,  
And Mars recurves your lips' red bow,  
Make haste to utter this binding verse  
And hold the stars on their kindest course...

"Figure of fire,  
That shift and change,  
Planets that move  
By heaven's hinge,  
Be sixed and fixed  
Forever here,  
And close my image  
Wthin thy sphere"

Measure a yard of golden string,  
Loose from your fingers let it swing,  
Then tie it in thirteen sturdy knots,  
Hide it among your scents and pots.

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## VERVAIN...

For everlasting youth, this spell must be performed when the moon is full...  
Go outdoors and light one black candle. Take a chalice of water to which you  
add  
salt, and two spoonsful of Vervain. Mix thoroughly and dip into this water a

piece of petrified wood. Pass the rock through the flame of the candle and chant...

"Candle, herb, rock, water, salt,  
Hear me as my song is sung,  
Age is not my hearts desire,  
It is youth to which I aspire,  
Candle, herb, rock, water, salt."

Repeat the ritual and chant seven times. As each chant is said, touch the rock in turn to first one foot, one hand, one shoulder, crown of the head, and then down the other side of the body to shoulder, hand and foot. When the spell is finished, take the rock immediately to the nearest river, beach or stream and throw it in..

Taken from "the modern herbal spellbook" by Anna Riva

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## VIOLETS...

Mix with milk and anoint the face, and "There is not a young Prince on earth who will not be charmed with thy beauty."

According to legend..

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Spells for those who want to Satisfy their Fleshy Desires...

### THE LOVER'S BRUNCH

This is used to arouse your lovers interest in you.

**You will need these ingredients...**

**4 eggs**  
**1/2 tsp. ginger**  
**pinch of salt & pepper**

Combine the ingredients in a bowl. Fill half an eggshell with water twice, pouring the water in the bowl each time. Beat the mixture until it's fluffy. Cook it in alightly

-buttered frying pan over low heat until the bottomof the



omelette is done. With your fingernail trace your initials or name at the top of the omelette and his/hers at the bottom. Pop it under the broiler for a moment to cook the top. Fold so that the initials are hidden.

Along with the omelette, serve a salad of bananas, peaches and pitted cherries - all of which have a power to arouse love. Hot rolls and apple butter also go along nicely (it's the apple butter with the power, especially if you made it yourself and used some of your kitchen witchery skills in the making of it!) If you can, share this omelette from the same plate for a romantic brunch! Wash your brunch down with champagne.

#### TO MAKE YOUR MAN MORE PASSIONATE IN BED

Write his name on a red phallus candle, stroke it 9 times with musk oil, and then pass it through the smoke of musk incense. Light the candle once a day, letting it burn 1/2 an inch each time. When the candle is finished, wrap it in a piece of red satin and keep it under your bed for one month.

#### TO START A PASSIONATE AFFAIR WITH THOU PERSON'S DESIRE...

Select a candle of light sky blue  
And cut seven notches firm and true.  
Add to this seven strips of parchment paper  
Placed beside thy candle taper.  
Upon them scribe, both first and last  
The name of the Lover bold and fast.  
Fold the strips in two lengthwise  
To keep the names from prying eyes.  
Strike a flame and set the candle to burn  
And let one strip to ashes turn.  
Speak out these words seven times in all,  
To summon the forces and with love enthrall:

SPIRIT OF THE DARK LOVE GODDESS DEAR,  
BRING (name of desire) TO MY ARMS RIGHT HERE.  
LET ME KINDLE THE FLAME OF DESIRE  
AND MY LOVE ALWAYS WITH PASSION INSPIRE.

Firm thy vision of what is intended  
As the candle to the first notch burns and the hour is ended.

Repeat this spell a notch each night  
And one of the strips gleefully light.  
With witches will and concentrated vision  
Thou canst capture thy lover with precision.

## ALETHEA AND PHOENIX'S... BLACK PASSION LUST SPELL

Gather together some rose petals, a red candle, Black Passion incense (we used Spiritual Sky brand,) and an athame. If you don't have an athame to draw energy, just do it the usual way. Phoenix casted the circle using the Lesser Banishing Ritual of the Pentagram, and we casted the circle in rose petals. Then, we said...

"The circle is cast, and we are now between the worlds, beyond the bounds of time, where night and day, birth and death, joy and sorrow, meet as one. it is in this place that we invoke the tantric powers of Hecate."

Then we drew Hecate within ourselves through a few moments of meditation, and continued...

"And now, we are as one.  
So Mote It Be!"

Then raise energy. Put the candle in the circle's center. Light it together, visualizing your lust into the candle. Say the subject's name, then say:

"And now, the spell will be cast.  
I, \_\_\_\_\_, cast a spell of lust over \_\_\_\_\_.  
Let him/her have thoughts, wishes, and dreams  
of unbridled lust and passion for me,  
who is his/her Brother/Sister in the ocean of time.  
So Mote It Be."

Light the candle, and say:

"And as we light this candle,  
it is done with no ill consequences to anyone,  
including ourselves."

Dismiss, thanks, and close.

You can do this alone, or with someone

## Spell to change eye color...

Make sure it is night when you do this spell. Also, light one orange and one pink candle.

Close your eyes. (You Must Have complete focus and be concentrating on the spell, ONLY.) Fill your mind with the color your eyes are. Picture that for about five minutes. Then picture the color you want. Chant...

" **Become of me,**" three times. Repeat this whole process two times and you will see changes through the day.

## To stop Gossip...

First you make a doll of this person and while you sew up the dolls lips you chant "If nothing but ill from your lips can fall, then let there be nothing from them at all"

This spell will make the person stop gossiping and make them not talk to you and if they do talk to you they will only good thing. I know this because i have tried this spell before and it does work. It in no way does harm the person who you do it to because this is a white witch spell.

## To get someone to call you...

Take a piece of parchment or fine quality writing paper and inscribe the name of the target. Write it in a circle twice, so the ends meet. As you do this, concentrate on the person's face and your desire that they call you. Then, while still concentrating, put a needle through the center of the circle created by the name. Place the charm by the phone.

The call will come within 5 minutes, 5 hours, or 5 day, depending on how well the spell was cast and how much will power was used. This spell is wonderfull and worked for me.....

## **Mind of a Frog Spell...**

This spell gives person mind of a frog. You need to point on a person and say...

***"Higady, pigady, pong! I give you a mind of a frog".***

## **Do you like me? Spell...**

Sometimes we really like someone but say nothing because we fear if we made an advance we would experience rejection. Here's a spell to give you the green light or the red light.

**moon phase: full moon**

**day: a friday**

**planet: venus**

**supplies: a new red rubber ball (a small one)**

**In sacred space cleanse concenrate and empower the red rubber ball. As you bounce th ball repeat the following spell:**

**" From ground to air From air to ground I bounce the magick Round and round Do you like me? Do you love me? I need to know the answer. Dragons eyes, and angel wings. Now I touch the fairy ring. Do you like me? Do you love me? I need to know the answer Earth and air Fire and water. My little ball goes higher, and higher. Mine is magick. Mine is power. Its time to know the answer."**

**Repeat the last line as you bounce ball. Keep bouncing the ball and say: "  
With harm to none as I will it shall be done. May all astrological**

correspondences be correct for this working, and may this spell not reverse or place upon me any curse. SO MOTE IT BE!"

You should receive your answer shortly. If you do not have your answer in thirty days repeat the spell.

## *5 protection spells... choose your destiny...*

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### **Protection...**

"By the dragons light,  
on this (month) night,  
I call to thee to give me your might,  
by the power of three,  
I conjure thee,  
to protect all that,  
surrounds me,  
so mote it be,  
so mote it be!!!

### **Protection...**

Here is a protection chant to protect you from evil, you should do this before and after doing spells,

Visualize your self sitting in the middle of the pentagram facing upwards with 3 circles of purple light round you and say: "PROTECT ME WITH ALL YOUR MIGHT OH GODDESS GRACIOUS DAY AND NIGHT" say it three times then end it with "SO MOTE IT BE"

another version of the same spell just different words is: "THRICE AROUND THE CIRCLE'S BOUND SINK ALL EVIL TO THE GROUND" say it three times and end it with "SO MOTE IT BE"

By Gcola [Gcola56@aol.com](mailto:Gcola56@aol.com)

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## Protection...

Cast while pointing your wand to the sky then say...

Terra,Ignis,Aqua,  
all three,  
elements of astral i summon thee ,  
Earth by Divinity,Divinity by Earth,  
give the enemy the power to see,  
The strength of the elements by my side,  
No rules magic i shall abide,  
now when my enemy meets his downfall,  
this spell will have no power left at all,  
in no way shall this spell reverse or place upon me any curse  
so mote it be.

**REMEMBER BE PREPARED TO TAKE THE CONSEQUENCES AND USE THIS  
UNLESS YOU  
HAVE TO.**

by Wolf of the Air - Anne & David [anne\\_david@cableinet.co.uk](mailto:anne_david@cableinet.co.uk)

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## Protection spell

a protection spell from any spirit or demon.( has been tested and never had a problem with it)

cast a circle on the ground all casters enter.. 1-? casters can be used( the more the more powerful).

Hear me knights of past, Knights of the ancient law. Hear me dead knights of an english tongue. Hear me knights lost in battle, who's blade did good. Hear me knights of old, hear me knights of lost souls. This night I invoke thee . I summon thee to my arms aid. Hear me knights, a new cause be given. Your body gone now spirit be. Hear me Dead Knights I invoke thee. By your spirit blade I invoke you. By your might I invoke you. By your spirit I invoke you. Come now , follow a new cause, I summon thee. Each of thee I enlist. I invoke you dead knights lost. Hear me and come to my aid. Hear me and fight at my side. Protect me from spirits harm. Fight my battles I say to thee. Hear me Spirits of lost knights , come to my aid, come to my side. Protect me from spirits harm. Protect me from spirits light. I invoke you. I invoke you. I invoke

you. I invoke you. I invoke you.  
Let my army be done.  
Let it be .  
Let it be

Questions about his spell? ... .. Eric Williams [ericw@cwv.net](mailto:ericw@cwv.net)

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## Protection...

**Protection chant for out-door spells:**

**Before attempting spells at night, out-doors, take up a blessed object (wand for instance) and draw a pentogram in the air. Imagine the pentogram glowing and the evil around being trapped inside until after your spells, chant:**

**Hail fair moon  
Ruler of the night;  
Guard me and mine  
Until the light**

*Questions about this spell? ... .. Orica firstar [oricora@yahoo.co.uk](mailto:oricora@yahoo.co.uk)*

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## Magic Potion to make you stop loving someone...

\*\*\*\*\*

\*\*\*\*\*

Hi here is a potion to stop loving someone. I am a store owner that sales potions spells & so on and so on. Here's the ingredients: ginger, cinamon, salt, pepper, lemon, water and rose petals. Now here's the tools you will need: black candle, something to light the candle with, spoon to stir with and a rock and cup. Now light the candle and say one time: dark sides make me stop loving this man/woman Name(say full name). Then Take all of the ingredients and put into the cup but before drinking say this 3 times: With this potion I banish my feelings for (say his/her full name) Forever. Now drink the potion. Then Put the rock at the foot of your bed (that will turn your love for him/her feelings into

hatered). Now the spell is done, but it only works for some people and there's no guarantee that it will work for everyone.

## The Intention Spell (intentions are forced to come true)

This spell is very different from all those other ones out there. However this one was created by my own psychic mind. Maybe a past Egypt life... what spirits lies on top of the pyramids of Egypt is still 88.8% unknown. Anyway start with four (4) candles (doesn't matter what color), and you need two cups of water.. Try to find an old maybe antic cup. Then you would need any kind of ash that will make a dark (black) circle around the cups. Then you need shells (it can be nut shells, sea shells or turkey bones) DO HIS AT TIME OF GOING TO BED. Follow this diagram

\*=Candle

U=Cup

`=Circle of ash and shells

It should be setup like this:

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  ` * * `
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  ` ` ` ` ` ` ` `
```

If you study this 'chart' you will know the 7 star of the universe.

- 1) Light all the candles while lighting keep your intention in your mind.
- 2) Take some ash (that is around the cup and candles) and with your thumb, place a fingerprint of ash on your forehead. If you do not have ash... try burning some paper and keeping your intention to it while burning.
- 3) Say a prayer right after you fingerprint your self. Wait a while and they lift both the cup in the air and lightly bang them together three (3) times and place them back into the exact spot.
- 4) When you wake up in the morning blow out the candles and let the some rise in the morning air. Then quickly take all they candles and drip the wax into both cups of water. And leave the wax that spilled on your desk or table alone



for it is a symbol that can carry a message or used for protection for the spell.  
5) Just before you leave to school, work, or where ever dip your thumb into the cup of water and again press your thumb against your forehead, leaving the wetness on your head... AND FEEL GREAT TO BE YOU!!! HAVE A POSITIVE ATTITUDE!!!!

## SPELL TO SPEED UP TIME...

**Draw a Pentacle on your left hand using a blessed red pen. Visualize a sand clock as you draw.**

Now Put your left hand on your forehead, or third eye, and say:

SANDS OF TIME SHOW ME THY WAY  
TURN THE NIGHTS INTO DAYS  
ROSE PETALS SO LIGHT AND GRACE  
SPEED UP TIME NOW, IN THIS PLACE

The spell will last for 24 hours or until the pentacle is erased, naturally or washed, so don't try to get sweaty hands.

\*\*\*\*\*  
\*\*\*\*\*

## TO SPEED DOWN TIME...

Do the same you did in the other one but with a blue pen and in right hand, also do the visualization but with the sands falling slower, say:

CORE GO ROUND  
POWER BE BOUND  
INTERUPT THE NATURE'S COURSE  
TIME SLOW DOWN  
CAST THE SPELL SAIDTH THIS WORDS

the same rules apply to this one hope u enjoy it  
hope u enjoy it!

Diego Castillo [windom14@hotmail.com](mailto:windom14@hotmail.com)

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## Another Spell to Accelerate Time...

Light 3 candles and place them on an alter, create a circle, mark it with roses, and recite the following words.(If the candles are blown out the spell worked, if it didn't repeat the same process again until it works. Here is my Spell.

**"Winds of time gather 'round,  
Give me wings to speed my way.  
Rush me on my journey forward,  
Let tomorrow be today."**

## Levitation...

**"Light as a feather, stiff as a board." An old classic Spell...**

Okay, this is white magic, and it is interesting. If you have two friends over, have one lay on the floor face up. You and the other friend put your hands under them and start chanting ...

**"Light as a feather, stiff as a board." (repeat over and over)**

Start very loudly, then get softer until you are saying it in your mind.

Your friend will slowly start levitating.

## To Bless a Magical Pen...

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When there's a new moon, fill a glass with consecrated water, (hope u have) and add some crushed roses, and a pinch of salt place the pen in glass, and the

glass where the moon shines directly on it, burn some protection incense, visualize the pen being charged with a blue light, CHANT 3 or more times...

**INK SO (color) AS THE (comparison)  
ALWAYS WRITE WITH THE TRUTH  
THREE TIMES SAID  
THREE TIMES BLESSED  
WITH MOON LIGHT  
BLESSED BE  
SERVE ME RIGHT  
SERVE ONLY ME  
SO MOTE IT BE!**

the next day it will be blessed,

USE IT ONLY TO WRITE SPELLS, OR RITUAL,  
NEVER TO RIGHT NOTHING ELSE

## **Elevated Pride...**

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**You will need a coin. A coin that has a face.  
Imagine that the face in the coin is your subject.  
Walk around the street while imagining the person  
you desire to be humbled. Think of his pride and ego.  
Then throw upward the coin while saying this:**

**"What goes up, the same shall go down."**

**-or-**

**"HE who elevated his pride, the same depth will be  
humbled."**

**Don't ever turn back to pick up the coin. Leave the coin from where it drop. Let other people pick it up. The person that will find the coin will be the one who will humble your subject deeply.**

**\*\*\*Make sure that no person will see or hear you when you do this spell. It is preferable to do this at night when no one is around. If a dog swallow the coin, that dog will be the one to make this spell possible. There is no turning back, except for the law of three and what goes round comes around.**

Here is a table of the colors and their meanings...

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	<b>White:</b> truth, purity
	<b>Red:</b> love, health, sex, strength
	<b>Green:</b> money, luck, fertility
	<b>Black:</b> discord, evil, negativity, confusion
	<b>Brown:</b> neutrality, uncertainty, hesitation
	<b>Pink:</b> love, morality, honour
	<b>Purple:</b> power, business progress, ambition
	<b>Orange:</b> attraction, stimulation
	<b>Greenish Yellow:</b> jealousy, anger,
discord	
	<b>Gray:</b> neutrality, stalemate, negativity
	<b>Light Blue:</b> tranquility, patience, health
	<b>Dark Blue:</b> depression, changeability

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Candle spells can be very easy or complicated. It all depends on how much time you want to put into a ritual. It can be as simple as lighting a green candle and chanting... money money come to me.

It can also be very long and complicated lasting several days with the repositioning of the candles each day. The choice is always yours.

The first thing you want to do is get the appropriate color candles for your peticular desire. Then you need to annoint the candle with oil. Olive oil will do fine. You need to rub the candle with the oil from the middle outward to the ends. As you are doing this you need to be thinking of your desired goal. Then sit and meditate on your desire after lighting the candles, then read your spell or chant your appropriate mantra. You don't need some elaborate spell with a bunch of big words or words you don't even know how to pronounce. You can make your own spells or rituals. Think of your desire then make a simple little rhyme that tells about your desire in it. It doesn't even have to rhyme. This is all about will power, the power of positive thinking, and creative visualization.

If you can do these things then you will send those vibrations out into the universe and eventually they will materialize.

### **PENNY CABOT'S HUMAN CANDLE**

#### **SPELL**

**This is to Deepens the Love between 2 people.**

2 red human candles, one male & one female  
1 black & one white candle  
crushed mandrake root  
strawberry leaves  
adam & eve root (2 pieces)  
deep plate or dish  
red string  
pieces of rose quartz  
rose petals

Light the black & white candles on your altar, the black on the left, the white on the right.

Bore a small hole into the heart area of each human candle (or one hole at each chakra point). Put a small pinch of the love herbs into the hole. Scratch your name on one candle, your lover's on the other. Face them together on a round plate or deep dish. Write your initials on one piece of adam & eve root & your lover's initials on the other. Place the 2 pieces between the 2 candles. Add rose quartz & rose petals on the plate between the candles. Tie the candle with a red string clockwise. Light both candles and let them burn down till the dish is a pool of wax. Let it cool. Remove the wax, now embedded with the other ingredients. Bury it on the night of a full moon for an ongoing relationship or on the night of the new moon for a new relationship.

## **VANILLA CANDLE SPELL**

Submitted by: [Rashley@webtv.net](mailto:Rashley@webtv.net)

**Hold a vanilla scented candle in both hands  
until the wax feels warm to the touch.**

**Then chant 3 times...**

**"Vanilla, chase this mess away,  
keep it far from me today."**

**Light the candle and let it burn until anxiety  
disappears.**

**From WitchNet's Book of Shadows**

## **LOVE SPELL**

Materials:

**1 pink candle**  
**1 bottle of 100% Virgin Olive oil**  
**Something to light the candle**

Process:

Take the candle and place it on a table or your altar.  
Now take the olive oil and rub on to the candle starting in the middle  
and going up, then starting in the middle going down.

While purifying the candle with the oil  
you want to recharge the candle with love and desire,  
so visualize love and channel all your emotion into the candle.

After the oil is finished, take a knife and carve what it is  
you want into the candle.

EXAMPLE: I Wish For Sally Jo Ann to love me

After finished writing in the candle, simply light it and concentrate on love  
and throw as much emotion (love) into the flame of the candle as possible,  
you may even want to add words if you wish.

Sit and do this until the candle has burnt out.

Once the candle has burned out, the spell is finished.