

Shopping ■

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Shopping

Bring an empty bag with you to Cape Town because chances are that you'll be leaving laden with local booty. The city's irresistible range of products – from modern African beadwork to fine wines – is guaranteed to turn the most consumer-averse visitor into a shopaholic.

Local design and fashion are really taking off (see p18), so if you want to give your wardrobe or home that contemporary African look, Cape Town is the place to go shopping. The city also acts as a clearing house for antiques and curios from all over Africa and you'll find some amazing pieces here – as well as plenty of fakes! If you're looking for simple gifts but don't want tacky touristy stuff (of which there's also plenty), go for township-produced crafts made from recycled bottles, cans and old food labels; you'll often be helping people who are struggling with poverty and HIV/AIDS. For other ideas, see below.

For one-stop shopping you still can't beat the mega malls such as the Waterfront's **Victoria Wharf** (Map pp252–3; ☎ 021-408 7600; www.waterfront.co.za; Waterfront; ☎ 9am–9pm), **CanalWalk** (Map pp244–5; ☎ 0860 101 165; www.canalwalk.co.za; Century Blvd, Century City, Milnerton; ☎ 9am–9pm), or **Cavendish Square** (Map pp246–7; ☎ 021-671 8042; www.cavendish.co.za; Cavendish St, Claremont; ☎ 9am–6pm Mon–Thu, 9am–9pm Fri, 9am–6pm Sat, 10am–4pm Sun), all hugely popular for their range of shops, long opening hours and cheap or free parking. The increase in residential units in the City Bowl also means there's an increasingly lively shopping scene there; watch out for developments around the new Rhodes Mandela Place (Map pp248–9). And don't miss out on sampling one of Cape Town's several lively craft and flea markets (see the boxed text, p162).

Opening Hours

Most shops, particularly those in the City Bowl area, open from 8.30am to 5pm Monday to Friday and 8.30am to 1pm Saturday. If opening hours are not given in the listings in this chapter you can assume these hours apply. Shopping centres keep longer hours and are often open daily.

Consumer Taxes

South Africa has a value-added tax (VAT) of 14%. Foreign visitors can reclaim some of their VAT expenses on departure. For details, see p218.

Bargaining

When buying handicrafts from street hawkers and at some market stalls, bargaining is expected but isn't the sophisticated game that is often played in Asia. Don't press too hard.

TOP FIVE BEST BUYS

There are some brilliant original designer goods on sale in the Mother City. If we had to choose only five to take home, the following would be on our shopping list:

- Heath Nash lampshades (p168) – Nash's Flowerball and Curl lampshades elevate recycled plastic to an arty level. Also check out his wirework Soccerbowls and Life is Beautiful Here coat rack.
- Imagenius baby booties (p162) – if only these adorably cute dyed-buckskin baby booties came in adult sizes!
- Monkeybiz beadwork – we defy you to leave Cape Town without one of Monkeybiz' colourful dolls, animals or placemats. Hand over your credit card at the Bo-Kaap shop (p162) or at Carrol Boyes (p166) at the Waterfront.
- Nguni Cows from Streetwires (p163) – more brilliant beadwork in these richly patterned cow sculptures designed by Elias Kahari and Michaela Howse.
- Philippa Green bracelet (p165) – the embroidered Perspex cuffs of this young jewellery designer are seen on the smartest of Capetonian wrists. Also on sale at Monkeybiz (p162) and Africa Nova (p163).

CITY CENTRE

CITY BOWL & BO-KAAP

Pedestrianised St George's Mall, thronged with stalls selling art and fashion, is always an interesting browse. Adderley St, once Cape Town's principal shopping strip, is coming back to life, while the southern end of Long St is the place to head for second-hand books, antiques and streetwear boutiques. There are plenty of interesting galleries (see the boxed text, p164) to explore in the City Bowl. The whole area is best explored during the week though; it's dead from Saturday afternoon to Monday morning.

AFRICAN IMAGE Map pp248–9 **Arts & Crafts**
☎ 021-423 8385; www.african-image.co.za;

cnr Church & Burg Sts, City Bowl
Fab range of new and old crafts and artefacts at reasonable prices. You'll find a lot of township crafts here, as well as wildly patterned shirts. Buy a can of Afro Coffee from Café African Image (p124) next door.

AFRICAN MUSIC STORE

Map pp248–9 **Music**
☎ 021-426 0857; 134 Long St, City Bowl

The prices are higher than in chain CD shops, but the range of local music, including all top jazz, *kwaito* (a form of township music), dance and trance recordings, can't be surpassed. The staff are knowledgeable about the music scene.

ATLAS TRADING COMPANY

Map pp248–9 **Food**
☎ 021-423 4361; 94 Wale St, Bo-Kaap

The pungent smell of over 100 different herbs, spices and incense perfumes the air at this cornerstone of the Bo-Kaap's Cape Muslim community. It's a wonderfully atmospheric place and the proprietors will happily share some local recipes with you.

BEAD CENTRE OF AFRICA

Map pp248–9 **Jewellery**
☎ 021-423 4687; www.beadmerchantsafrica

.com; 207 Long St, City Bowl
Beads of every shape and shade are sold here. Head to the rear to peruse the excellent selection of 'how to' books, Zulu-inspired bead jewellery by Abacus, Indian beaded slippers and stringed trade beads.

TOP FIVE CRAFT SHOPS

- Africa Nova (p163)
- African Image (left)
- Kalk Bay Modern (p170)
- Montebello (p169)
- Potter's Shop & Studio (p170)

There is also another outlet in the **City Bowl** (Map pp248–9; 223 Long St), and the company runs the bargain bead store **KgB** (Map pp248–9; cnr Bree & Dorp Sts). Check the website for details of the regular beading classes (from R100).

BEINKINSTADT Map pp248–9 **Judaica**

☎ 021-461 2431; 38 Canterbury St, City Bowl;
☎ 9am–5pm Mon–Fri

Bordering the old District Six, this marvellous Judaica emporium is run by Michael and Fay Padowich, the third generation of original owners. Inside and out, hardly anything seems to have changed since it opened in 1903. Good souvenirs include CDs of Jewish music from South Africa, and locally made challah covers and yarmulkes.

CLARKE'S Map pp248–9 **Books**

☎ 021-423 5739; www.clarkesbooks.co.za;
211 Long St, City Bowl

Clarke's stocks the best range of books on South Africa and the continent, and has a great second-hand section. If you can't find what you're looking for here, it's unlikely to be at the many other bookshops along Long St (although there's no harm in browsing).



Mosaic of Nelson Mandela, African Image (left)

IMAGENIUS Map pp248-9 **Clothing, Arts & Crafts**
☎ 021-423 7870; www.imagenius.co.za;

117 Long St, City Bowl

Set over three levels this treasure-trove of modern African design offers up an eclectic range, including ceramics, beachwear, jewellery and supercute buckskin baby booties. There're stylish gift cards, boxes and wrapping, too.

MEMEME Map pp248-9 **Clothing & Accessories**
☎ 021-424 0001; 121 Long St, City Bowl;

☎ 9.30am-5.30pm Mon-Sat

A forerunner of the funky boutiques blooming along Long St, Mememe is a showcase for young Capetonian designers, such as

Richard de Jager, Carine Terreblanche and the owner Doreen Southwood. You'll also find works here by artists such as Heath Nash (see p168).

MONKEYBIZ Map pp248-9 **Arts & Crafts**
☎ 021-426 0145; www.monkeybiz.co.za;

65 Rose St, Bo-Kaap

You won't miss this yellow building painted with red monkeys! Equally colourful beadwork products are found inside, all made by township women. The shop also stocks funky jewellery by Philippa Green and Ida-Elsje (see p165) and gifts by other quirky Capetonian designers. Profits from the beadwork support the Monkeybiz Wellness Clinic for HIV/AIDS-affected women held upstairs

here every Friday, the same day women artists pack the street outside the head office (Map pp248-9; 43 Rose St; Bo-Kaap) to sell their beadwork – it's a very lively scene. You'll also find Monkeybiz products for sale at Carol Boyes (p166) at the Waterfront.

PAN AFRICAN MARKET

Map pp248-9

Arts & Crafts

☎ 021-426 4478; www.panafrican.co.za;

76 Long St, City Bowl

A microcosm of the continent with a bewildering range of arts and crafts. There's also a cheap café and music store packed into its three floors, and you can have an African outfit made up here.

SHAP'S CAMERALAND

Map pp248-9

Photography

☎ 021-423 4150; 66 Long St

There are several places to buy cameras and get your photos developed or burned to disc along Long St; Shap's is a reliable place with competitive prices and efficient service.

SKINZ Map pp248-9

Leather Goods

☎ 021-424 3978; 86 Long St, City Bowl

If you want a little something made from exotic leather or animal skins – think zebra, springbok, crocodile and ostrich – then this is your place. It does regular cow-hide leather too, but doesn't that sound boring compared to purple-dyed springbok? A whole zebra skin goes for between R5000 and R11,000, depending on the grade.

STREETWIRES Map pp248-9

Arts & Crafts

☎ 021-426 2475; www.streetwires.co.za;

77-79 Shortmarket St, Bo-Kaap

The motto is 'Anything you can dream up in wire we will build'. And if you visit this social project designed to uplift young blacks and coloureds to see the wire sculptors at work, you'll see what that means! It stocks an amazing range, including working radios and chandeliers as well as artier products such as the Nguni Cow range, which you'll also find sold at upmarket craft shops such as Africa Nova (right).

SURF ZONE Map pp248-9

Surf & Swimwear

☎ 021-426 4226; 45 Castle St, City Bowl

All the usual international labels, including Rip Curl and Billabong, in what is claimed to be the biggest range of surfwear, wet suits and boards in Africa.

VIBRATIONS Map pp248-9 **Musical Instruments**
☎ 021-461 2385; www.vibrationstudio.com;

129 Longmarket St, City Bowl

The vibrant sound of African music drifts from this 1st-floor shop and recording studio, where you can pick up an authentic range of African instruments, including buckskin covered *goema* drums for R250.

WOLA NANI Map pp248-9

Arts & Crafts

☎ 021-423 7385; www.wolanani.co.za;

76 Long St, City Bowl

Wola Nani, Xhosa (isiXhosa) for 'We Embrace and Develop Each Other', is an NGO that addresses the needs of those infected with HIV and AIDS. You'll find its label-covered picture frames and papier-mâché bowls, as well as other products, on sale here at its head office, and at many other Cape Town craft shops.

WATERKANT

The shopping complex Cape Quarter (Map pp248-9; 72 Waterkant St) remains a huge hit with both locals and visitors alike – you'll find the deli-café *Andiamo* (p127) here, as well as furniture, jewellery and homewares stores. There's also a branch of the eclectic interior-design store *Cape to Cairo* (p170), opposite, on Waterkant St.

AFRICA NOVA Map pp248-9

Arts & Crafts

☎ 021-425 5123; Cape Quarter, 72 Waterkant St, Waterkant; ☎ 9am-5pm Mon-Fri, 10am-2pm Sat & Sun

One of the most stylish and desirable collections of contemporary African textiles, arts and crafts. You'll find potato-print fabrics made by women in Hout Bay, Karin Dando's mosaic trophy heads, Jordaan's handmade felt rock cushions (which look like giant pebbles), and a wonderful range of ceramics and jewellery.

BIG BLUE Map pp248-9

Clothing

☎ 021-425 1179; www.bigblue.co.za;

Somerset Rd, Waterkant

A good boutique for picking up some fun clubbing gear or beachwear by South African designers, including Jo Soap, Karen Frazer, Amanda Laird Cherry, Cuba Vera and Gotalotlove. There's also a branch in Cavendish Square (Map pp246-7; Cavendish St, Claremont).

TOP FIVE MARKETS

You'll have fun hunting through Cape Town's many craft markets for the authentic, quality items amid the piles of cheap tourist-trade stuff. The Market at Grand Parade (Map pp248-9) on Wednesday and Saturday doesn't sell much of interest to visitors, but it's certainly lively, with people scrambling for bargains, mainly clothing.

Green Point Market (Map pp252-3; Green Point Stadium, Western Blvd, Green Point; ☎ 8.30am-6pm Sun) Held in the main parking lot in front of the stadium, this craft market is one of the best places to hunt for inexpensive African art, fabrics and clothes.

Greenmarket Square (Map pp248-9; cnr Shortmarket & Berg Sts, City Bowl; ☎ 9am-4pm Mon-Sat) Masks, jewellery, bargain CDs, pottery and the satirical, anticorporate T-shirts of Laugh It Off are just some of the finds at this market, held in cobbled Greenmarket Sq.

Hout Bay Craft Market (Map p258; ☎ 021-790 3474; Baviaanskloof Rd, Hout Bay; ☎ 10am-5pm Sun) Held on the village green, this is a great alternative to Green Point Market, offering lots of great crafts made by local people, including the paper products of Iziko lo Lwazi (p168).

Kirstenbosch Craft Market (Map pp244-5; ☎ 021-671 5468; cnr Kirstenbosch & Rhodes Drs, Newlands; ☎ 9am-5pm last Sun of month) Proceeds from this craft market go to the development fund for Kirstenbosch Botanical Gardens. Mr Mather's handmade wooden toys are worth looking out for.

Milnerton Flea Market (Map pp244-5; ☎ 021-550 1383; Racecourse Rd, Milnerton; ☎ 7am-3pm Sat & Sun) Hunt for genuine antiques at bargain prices at this car-boot sale in an industrial corner of Cape Town. With patience and luck you'll find collectable china, glass and furnishings.



Painted ostrich eggs, Greenmarket Square (above)

GALLERY CRAWL

There're some very talented artists at work in Cape Town (see p32) and a day spent exploring the following centrally located galleries is a rewarding experience. Keep an eye out in the local press for exhibition openings, when it's possible to drop by and mingle with the art set over drinks and nibbles. The annually updated *Arts & Crafts Cape Town Map*, available free at Cape Town Tourism offices (p219), is a useful resource. Unless otherwise mentioned, opening hours are 10am to 5pm Monday to Friday and 10am to 3pm Saturday.

34 Long (Map pp248–9; ☎ 021-426 4594; www.34long.com; 34 Long St, City Bowl; ☎ 9am–5pm Tue–Fri, 10am–2pm Sat) New gallery space hosting interesting exhibitions: a recent one compared the work of cutting-edge and established South African artists, such as Matthew Hindley and William Kentridge, with those from China and Japan.

AVA Gallery (Map pp248–9; ☎ 021-424 7436; www.ava.co.za; 35 Church St, City Bowl) Exhibition space for the nonprofit Association for Visual Arts (AVA), which shows some very interesting work by local artists. Browse the room at the front for a selection from former exhibitions.

Bell-Roberts Art Gallery (Map pp248–9; ☎ 021-422 1100; www.bell-roberts.com; 89 Bree St, City Bowl) A move to larger, light-filled premises has allowed this gallery and art-book publisher wider scope for its exhibitions. Well worth a browse to discover who's on the up in the Cape Town art world.

Everard Read (Map pp252–3; ☎ 021-418 4527; www.everard-read-capetown.co.za; 3 Portwood Rd, Waterfront; ☎ 9am–6pm Mon–Fri, 9am–4pm Sat) Very classy gallery showcasing the best of contemporary South African art, including works by John Meyer and Velaphi Mzimba.

João Ferreira Gallery (Map pp248–9; ☎ 021-423 5402; www.joaoferreiragallery.com; 80 Hout Lane, City Bowl; ☎ 10am–5pm Tue–Fri, 10am–2pm Sat) One of the city's top galleries representing many established and up-and-coming artists.

Michael Stevenson Gallery (Map pp248–9; ☎ 021-421 2575; www.michaelstevenson.com; Hill House, De Smidt St, Waterkant) One of the city's best exhibition spaces where you'll find works by Hilton Neil, Bernie Searle and Brett Murray, as well as many others. The catalogues, art books and posters are a good buy, if you can't afford the art itself.

Photographers Gallery (Map pp248–9; ☎ 021-422 2762; www.erdmanncontemporary.co.za; 63 Shortmarket St, City Bowl; ☎ 10am–5pm Tue–Fri, 10am–1pm Sat) As well as representing the fine work of many top South African photographers, this gallery shows pieces by artists Lien Botha and Conrad Botes (see the boxed text, p33).

What If The World (Map pp248–9; ☎ 021-461 2573; www.whatiftheworld.com; 11 Hope St, City Bowl; ☎ 10am–6pm Mon–Sat) Edgy little gallery and design collective that has exhibitions by emerging artists and quirky events, including an annual T-shirt-design festival. Check out the Neighbour Goods event, a creative market and studio sale usually held for 24 hours on the last Monday of the month.

HAND Map pp248–9 Clothing & Accessories

☎ 021-425 9912; www.hand.net; 28 Hudson St, Waterkant; ☎ 9.30am–6pm Mon, Tue, Thu & Sat, 9.30am–8pm Wed & Fri

A one-stop fashion experience. Get your locks trimmed (R80 to R150), browse the boutique of designer clothes, jewellery and art, and have an ostrich sandwich (R25) and cappuccino (R10) at the café.

GARDENS & SURROUNDS

Kloof St is the Gardens' principal shopping drag, stacked with interesting outlets and anchored by the shopping centre *Lifestyles on Kloof* (Map p254; 50 Kloof St), where you'll find some good fashion and footwear boutiques, branches of Exclusive Books and Woolworths, as well as the Labia on Kloof cinema (p148) and a gym (p151). Another

useful Gardens shopping mall is the Gardens Centre (opposite). Also keep an eye out for shops opening in the new *Wembley Centre* (Map p254; Glynn St).

AFROGEM Map p254 Jewellery

☎ 021-424 8048; 64 New Church St, Gardens; ☎ 8.30am–6pm Mon–Fri, 8.30am–5pm Sat & Sun
Diamonds, aquamarines, topazes – you name the gem, chances are this company makes gold or silver jewellery using it. See how it's done on a free guided tour.

BE MUSE Map p254 Clothing & Accessories

☎ 021-422 3788; cnr Park Lane & New Church St, Gardens
Lots of pretty items for sale, nearly all by South African designers, at this fashion and interior-design boutique that's a slight

cut above several similar places in the Gardens area.

GALLERY ZOOM Map p254 Homewares

☎ 021-422 5222; 24 Kloof St, Gardens
Eddie Zoom's jumble sale of retro furnishings from the 1950s to the 1980s is where you can also get newly made Tretchikoff prints on canvas or paper (from R200). Ask to flip through the catalogue for the iconic image of your choice.

GARDENS CENTRE Map p254 Shopping Centre

☎ 021-465 1842; Mill St, Gardens
Very handy mall that covers all the bases with good cafés, bookshops, an Internet café, Pick 'n' Pay and Woolworths supermarkets, a Flight Centre and a Cape Union Mart camping-supplies shop.

HEARTWORKS Map p254 Arts & Crafts

☎ 021-424 8419; 98 Kloof St, Gardens; ☎ 9am–5pm Mon–Fri, 9.30am–3pm Sat, 9.30am–2pm Sun
Browse Heartworks' varied range of crafts, including Wola Nani goods, Mealie bags made in Hout Bay, telephone-wire baskets from Natal, and Mustardseed and Moonshine ceramics. There's also a branch in the Gardens Centre (Map p254; ☎ 021-465 3289; Mill St, Gardens).

LIM Map p254 Homewares

☎ 021-423 1200; www.lim.co.za; 86A Kloof St, Gardens
The shop's name is an acronym for 'less is more', which sums up the stylish, pared-back selection of homewares, including many cute fashion accessory items made from buckskin.

PHILIPPA GREEN & IDA-ELSJE Jewellery

Map p254
☎ 021-424 1101; 79 Kloof St, Gardens; ☎ 9am–5pm Mon–Fri
At the studio of Philippa Green (www.philippagreen.com) and Ida-Elsje (www.olivegreencat.com), you'll find the work of two very talented young jewellery designers, both of whom are catching international attention. Green's signature pieces are her chunky Perspex cuffs, hand-stitched with patterns and graphic text, while Elsje specialises in delicate earrings and necklaces. They also collaborate on the striking Situ range of diamond jewellery.

READERS PARADISE Map p254 Books

☎ 021-424 4335; 71A Kloof St, Gardens; ☎ 9am–9pm Mon–Sat, 10am–3pm Sun
Longer-than-usual opening hours and a decent discount on prices make this reasonably stocked shop a favourite of Cape-tonian bibliophiles.

RELIGION Map p254 Clothing

☎ 021-423 8538; 43 Kloof St, Gardens
Apart from its own brand of unisex fashion for the streetwise, this interesting boutique stocks clothing by the likes of Jacob Kimmie and Craig Native, whose T-shirts, printed with bull's-eye designs of Africa, you'll see everywhere in Cape Town.

WINE CONCEPTS Map p254 Wine

☎ 021-426 4401; www.wineconcepts.co.za; Lifestyles on Kloof, 50 Kloof St, Gardens; ☎ 10am–7pm Mon–Wed, 10am–8pm Thu & Fri, 9am–5pm Sat
You'll get expert advice on a broad range of local wines at this small but appealing cellar. Free wine tastings are held Thursday to Saturday. It also has a branch in Newlands (Map pp246–7; cnr Kildare Rd & Main St), next to Barristers.

ATLANTIC COAST

Not everywhere along the coast is a shopping paradise; Sea Point and Camps Bay, for example, have few unique stores. However, expect the already-heavy crowds at mega shopping complexes, such as the Waterfront and Canal Walk, to swell at the weekends.

The Waterfront's main mall is *Victoria Wharf* (Map pp252–3; ☎ 021-408 7600; www.waterfront.co.za; Waterfront; ☎ 9am–9pm), and it's where you'll find all the big names of South African retail. In Green Point, the new development *Portside* (Map pp252–3; Main Rd) is worth checking out.

GREEN POINT & WATERFRONT AFRICAN ART FACTORY Arts & Crafts

Map pp252–3
☎ 021-421 9910; www.africanartfactory.co.za; Block E, Old City Hospital Complex, 2 Portwood Rd, Waterfront; ☎ 8am–4.30pm Mon–Fri, 8am–1pm Sat
This partnership project of designers and craftspeople produces colourful ceramics, wireworks and other items within the old City Hospital grounds. An example is

Luvuyo Nyathi who recycles tin drink cans and bottle tops into decorative flowers, picture frames, bags and boxes.

CAPE UNION MART ADVENTURE

CENTRE Map pp252-3 Outdoor Gear

☎ 021-425 4559; www.capeunionmart.co.za;

Quay 4, Waterfront; ☎ 8.30am-11pm

This impressive outdoors shop offers practically everything you'd need for anything from a hike up Table Mountain to a Cape-to-Cairo safari. The shop includes a café, climbing wall, hiking-boot testing station and cold-weather chamber (to assess those thermals!). There's also a smaller branch in Victoria Wharf (Map pp252-3; Waterfront) and one at the Gardens Centre (Map p254; Mill St, Gardens).

CARROL BOYES Map pp252-3 Homewares

☎ 021-418 0595; www.carrolboyes.co.za; Shop

6180, Victoria Wharf, Waterfront; ☎ 9am-9pm

Carrol Boyes' sensuous designs in pewter and steel give a fun feel to cutlery, kitchen products and homewares. You also find Monkeybiz' rainbow-hued beadworks on sale here (see p162).

CD WHEREHOUSE Map pp252-3 Music

☎ 021-425 6300; www.cdwherehouse.co.za;

Dock Rd, Waterfront; ☎ 9am-9pm

You'll find a good selection of local artists at the Waterfront's biggest collection of CDs and DVDs. Prices are reasonable.

EXCLUSIVE BOOKS Map pp252-3 Books

☎ 021-419 0905; www.exclusivebooks.co.za;

Victoria Wharf, Waterfront; ☎ 9am-9pm

This chain bookshop has a great selection of titles and comfy surroundings in which to browse before you buy. There are also branches at Cavendish Square (Map pp246-7; Cavendish St, Claremont) and Lifestyles on Kloof (Map p254; 50 Kloof St, Gardens).

KLÜK & CGDT Map pp252-3 Clothing

☎ 083 377 7780; www.kluk.co.za; cnr Main & Upper

Portwood Rds, Green Point; ☎ 9.30am-8pm

Mon-Fri, 10am-4pm Sat, 11am-3pm Sun

The stylish boutique of local designers Malcom Klük (former apprentice to John Galliano) and Christiaan Gabriel du Toit. Their range features lots of natural fibres and they also stock other designers clothes, including the glam party dresses of Kelly Bloom.

KRAAL GALLERY Map pp252-3 Rugs

☎ 021-421 1600; www.thekraalgallery.co.za;

Dock Rd, Waterfront; ☎ 9am-9pm

See weavers in action creating multicoloured, uniquely designed rugs and wall hangings at this stand-alone shop, behind the Mitchell Brewery on the Waterfront.

LAVA LAVA Map pp252-3 Clothing

☎ 021-425 5065; Shop 10, Alfred Mall, Waterfront;

☎ 9am-9pm

Make an African fashion statement by wearing one of Lava Lava's brightly patterned shirts or sarongs, or buy one of its fabric swatches.

NAARTJIE Map pp252-3 Children's Clothing

☎ 021-421 5819; www.naartjie.homestead.com;

Shop 117, Victoria Wharf, Waterfront; ☎ 9am-9pm

This attractive range of designer cotton children's clothing has grown from a stall on Greenmarket Sq to a global brand.

There's also a branch in Cavendish Square (Map pp246-7; ☎ 021-683 7184; Cavendish St, Claremont) and a factory shop in Hout Bay (Map p258; ☎ 021-790 3093; 46 Victoria Ave).

RED SHED CRAFT WORKSHOP Arts & Crafts

Map pp252-3

☎ 021-408 7847; Victoria Wharf, Waterfront;

☎ 9am-9pm Mon-Sat, 10am-9pm Sun

This permanent market focuses on local crafts, including ceramics and textiles. Look for the delicate jewellery of Get Wired, made by women in Crossroads; the colourful textile products of Ikamva Labantu (p168); and the stationary products of T-Bag Designs (www.tbagdesigns.co.za) from Hout Bay.

SHIMANSKY Map pp252-3 Jewellery

☎ 021-421 2788; www.shimansky.co.za; top fl,

Clock Tower Centre, Waterfront; ☎ 9am-9pm

Diamonds are synonymous with South Africa and here you'll find plenty of them set in a range of jewellery designs. There's also a workshop where you can take a peek at how all that bling is put together and choose some stones of your own.

SUN GODDESS Map pp252-3 Clothing

☎ 021-421 7620; www.sungoddess.co.za; Shop

230, Victoria Wharf, Waterfront; ☎ 9am-9pm

The inspiration for Sun Goddess' range is traditional African culture, but the daring



Red Shed Craft Workshop (opposite)

design combinations with modern fabrics and embellishments make them fun and contemporary. The clothes are mainly for women, but there are also some surprisingly groovy, beaded kaftan-style garments for men.

TRAVELLERS BOOKSHOP Books

Map pp252-3

☎ 021-425 6880; Victoria Wharf, Waterfront;

☎ 9am-9.30pm

Cape Town's only dedicated travel bookshop stocks all the practical reading material you might need for your travels in Africa and further afield. It also has a good range of general books on Cape Town and South Africa.

ULTRA LIQUORS Map pp252-3 Wine

☎ 021-434 4838; 122 Main Rd, Green Point;

☎ 9am-6pm Mon-Thu, 9am-6.30pm Fri,

8.30am-5pm Sat

Pile 'em high, sell 'em cheap is the deal at this liquor warehouse chain – don't expect much in the way of expert advice, but the range is wide and the prices can seldom be beat, even at the cellar door.

VAUGHAN JOHNSON'S WINE & CIGAR SHOP Map pp252-3 Wine

☎ 021-419 2121; www.vaughanjohnson.com; Dock

Rd, Waterfront; ☎ 9am-6pm Mon-Fri, 10am-5pm

Sat & Sun

Selling practically every South African wine you could wish to buy (plus a few more from other countries), it's open, unlike most wine sellers, on Sunday.

WALLFLOWER

Map pp252-3 Interior Design & Gifts

☎ 021-434 8265; 1st fl, Portside, Main Rd, Green

Point; ☎ 9am-8pm

Follow the trail of rose petals up the stairs to this interior-design boutique, which stocks a fine selection of gifts. Choose from handmade candles, body products (which you can test) and delicate ceramics by the likes of Lisa Firer and Heather Mills, whose studio you can visit at Imhoff Farm (p109).

WATERFRONT CRAFT MARKET Arts & Crafts

Map pp252-3

☎ 021-408 7842; Dock Rd, Waterfront;

☎ 9.30am-6pm

Also known as the Blue Shed, this eclectic arts-and-crafts market, between Two Oceans Aquarium and CD Wherehouse, harbours some great buys. Search out Waterfront Music (☎ 021-438 1125; www.townshipguitars.com), which makes and sells the all-electric township 'blik' guitars made from oil cans, wood and fishing wire (R1600 to R3200).

BEACHES & SUBURBS

CANAL WALK Map pp244-5 Shopping Centre

☎ 0860 101 165; www.canalwalk.co.za; Century

Bld, Century City, Milnerton; ☎ 9am-9pm

With some 450 shops, 50-odd restaurants and 18 cinema screens you'd be a fool to argue with its claim of being the largest mall in Africa. The food court is so big that acrobatics shows are often held over the diners. Drive here along the N1, or check the website for details of a shuttle bus service from the Waterfront and the City Bowl.

IZIKO LO LWAZI Map p258 **Arts & Crafts**

☎ 021-790 2123; Hout Bay Community Cultural Centre, Baviaanskloof Rd, Hout Bay;

🕒 9.30am-1pm Mon-Fri

What began as an adult-literacy programme has morphed into a craftwork collective producing creative recycled-paper products. The Uxolo range of beaded cards is delightful. You can also see the work at the Hout Bay Craft Market (p162).

SOUTHERN SUBURBS

Claremont is the main shopping area of the Southern Suburbs; this is where you will find **Cavendish Square** (Map pp246-7; ☎ 021-671 8042; www.cavendish.co.za; Cavendish St, Claremont; 🕒 9am-6pm Mon-Thu, 9am-9pm Fri, 9am-6pm Sat, 10am-4pm Sun), a top-class shopping mall with outlets of many of Cape Town's premier fashion designers, as well as supermarkets, department stores and two multiplex cinemas. In Woodstock and Observatory you'll find several more-craft-focused shops.

CLOTHING SIZES

Measurements approximate only, try before you buy

Women's Clothing

Aus/UK	8	10	12	14	16	18
Europe	36	38	40	42	44	46
Japan	5	7	9	11	13	15
USA	6	8	10	12	14	16

Women's Shoes

Aus/USA	5	6	7	8	9	10
Europe	35	36	37	38	39	40
France only	35	36	37	38	39	40
Japan	22	23	24	25	26	27
UK	3½	4½	5½	6½	7½	8½

Men's Clothing

Aus	92	96	100	104	108	112
Europe	46	48	50	52	54	56
Japan	S		M	M		L
UK/USA	35	36	37	38	39	40

Men's Shirts (Collar Sizes)

Aus/Japan	38	39	40	41	42	43
Europe	38	39	40	41	42	43
UK/USA	15	15½	16	16½	17	17½

Men's Shoes

Aus/UK	7	8	9	10	11	12
Europe	41	42	43	44½	46	47
Japan	26	27	27½	28	29	30
USA	7½	8½	9½	10½	11½	12½

HABITS Map pp246-7 **Clothing & Accessories**

☎ 021-671 7330; www.habits.co.za;

1 Cavendish Close, Cavendish St, Claremont

The women's clothes designed by Jenny le Roux are classical and practical, made from linen, cotton and silk. Her Bad Habits label is for younger women. Bored partners can crash on the sofa, watch TV and sip complimentary iced tea.

HEATH NASH Map pp246-7 **Interior Design**

☎ 021-447 5757; www.incapetown.com

/heathnash; 2 Mountain Rd, Woodstock; 🕒 8am-5pm

Give the current young darling of the Cape Town arts-and-crafts scene a call before visiting his Woodstock studio, in an unmarked building just off Victoria Rd. Here you'll find his full range of fab Flowerball shades made from recycled plastics, wirework fruit bowls, candelabra and coat racks, plus new products in the making.

HIP HOP Map pp246-7 **Clothing**

☎ 021-674 4605; 12 Cavendish St, Claremont;

🕒 9am-5.30pm Mon-Fri, 9am-4pm Sat, 10am-2pm Sun

Hip Hop is another Cape Town fashion success story. The women's clothes look good on all shapes and sizes and are suitable for a range of occasions. Drop by the factory outlet in the City Bowl (Map pp248-9; ☎ 021-465 0352; 35B Buitenkant St; 🕒 9am-5pm Mon-Fri, 9am-1pm Sat) for bargains.

IKAMVA LABANTU

Map pp246-7 **Arts, Crafts & Clothing**

☎ 021-461 8338; www.ikamva.com; Buchanan Sq, 160 Sir Lowry Rd, Woodstock; 🕒 8.30am-4.30pm

Mon-Thu, 8.30am-3pm Fri

Wonderful fabric products, including stuffed animal toys, Nelson Mandela dolls and kids' backpacks and clothes are made by the people with disabilities who are employed here. This is the factory shop and there's also an outlet in the Red Shed Craft Workshop (p166) at the Waterfront.

INDIA JANE: THE SECRET ROOM

Map pp246-7 **Clothing & Accessories**

☎ 021-683 7607; www.indiajane.com;

14 Cavendish Close, Cavendish St, Claremont;

🕒 10am-5.30pm Mon-Fri, 9.30am-4pm Sat

The sexy, silky clothes at India Jane's boutiques reflect the stylish, laid-back

TOP FIVE BOUTIQUES

- India Jane: The Secret Room (opposite)
- Klük & CGDT (p166)
- Religion (p165)
- Sun Goddess (p166)
- Young Designers Emporium (right)

atmosphere of the city and include designs by Miss Money Penny (a label designed by Durbanite Emma Jackson) and the peasant skirts of Anthea Mooney. Other branches are in Kalk Bay (Map p257; Main Rd) and in Cavendish Square (Map pp246-7; Cavendish St, Claremont).

LUNAR Map pp246-7 **Clothing & Accessories**

☎ 021-674 6871; Kildare Centre, 62 Main St, Newlands

Karen Termorshuizen uses lots of light, natural-coloured fabrics in her appealing collection, tailored to the cultivated tastes of this ritzy corner of Cape Town. You'll find very good quality leather and animal-skin bags and accessories here, too.

MNANDI TEXTILES & DESIGN

Map p256 **Clothing & Textiles**

☎ 021-447 6814; 90 Station Rd, Observatory

Mnandi sells cloth from all over Africa as well as clothing printed with everything from ANC election posters to animals and traditional African patterns. You can also have clothes tailor-made. The Xhosa women and Desmond Tutu cloth dolls (R200) are darling.

MONTEBELLO Map pp246-7 **Arts & Crafts**

☎ 021-685 6445; www.montebello.co.za; 31

Newlands Ave, Newlands; 🕒 9am-5pm Mon-Fri, 9am-4pm Sat, 9am-3pm Sun

This development project has helped several great craftspeople and designers along the way. In the leafy compound, check out the colourful bags made from recycled materials, the fashions of Miele (www.miele.co.za), and Thando Papers, started by Joseph Diliza who had the idea of turning invasive reeds from urban rivers into exclusive paper products. On weekdays you can visit the artists' studios. There's also a good café, the **Gardener's Cottage** (p132).

SPACE Map pp246-7 **Clothing & Accessories**

☎ 021-674 6643; Shop L69, Cavendish Square, Cavendish St, Claremont; 🕒 9am-6pm Mon-Thu & Sat, 9am-9pm Fri, 10am-4pm Sun
Check out cool South African designer wares by the likes of Amanda Laird Cherry at this cute boutique in the bowels of Cavendish Square.

YOUNG DESIGNERS EMPORIUM

Map pp246-7 **Clothing & Accessories**

☎ 021-683 6177; Shop F50, Cavendish Square, Cavendish St, Claremont

It's a bit of a jumble, but you'll most likely find something groovy to suit at YDE among the street clothes and accessories for both sexes by new South African designers.

FALSE BAY & SOUTHERN PENINSULA

You could spend all day browsing the antique shops and galleries of Kalk Bay's Main Rd. Simon's Town's St George's St is also a fruitful shopping strip, especially if you're into naval memorabilia, available by the bucket load at the antique shops here. The southern peninsula's main shopping centre is **Longbeach Mall** (Map pp244-5; ☎ 021-785 5955; Sunnysdale Rd, Sun Valley; 🕒 9am-6pm Mon-Fri, 8.30am-4pm Sat & Sun), between Noordhoek and Kommetjie, where you'll find all the usual supermarkets and a multiplex cinema.

ARTVARK Map p257 **Arts & Crafts**

☎ 021-788 5584; www.artvark.org; 48 Main Rd, Kalk Bay; 🕒 10am-6pm

This store stocks a wide range of interesting arts and crafts by local artists, including paintings, pottery and jewellery. It also sells goods from India and Central America.

BELLE OMBRE ANTIQUES

Map p257 **Antiques & Crafts**

☎ 021-788 9802; 19 Main Rd, Kalk Bay;

🕒 9am-5pm Mon-Fri, 10am-5pm Sat & Sun

Appealing Cape country antiques and African pieces, including wood carvings from Ethiopia and Namibia, are sold here. In a shady garden behind, you'll find the **Blue Brinjal** restaurant, a rustic place for lunch or a snack while you're doing the shopping rounds.

CAPE TO CAIRO

Map p257

Interior Design & Gifts

☎ 021-788 4571; 100 Main Rd, Kalk Bay;

🕒 9.30am-5.30pm

Quirky interior design items and gifts from around Africa and overseas are jumbled up in this Aladdin's cave of a store. There's also a branch in the Waterkant (Map pp248-9; ☎ 021-421 3518; Upper Waterkant St).

CLEMENTINA CERAMICS & A.R.T.**GALLERY** Map p257

Arts & Crafts

☎ 021-788 8718; www.clementina.co.za;

20 Main Rd, Kalk Bay; 🕒 10am-5pm Tue-Sun

There's a continuously changing display of one-off works by Clementina van der Walt and other artists here, as well as a full selection of Clementina's distinctive tableware, hand-painted in bright colours. Attached is the relaxed Café des Arts where you can take tea in a courtyard overlooking the bay.

KALK BAY MARKET

Map p257

Clothing & Interior Design

Belmont Way, Kalk Bay; 🕒 10am-5pm

It's worth browsing through this collection of likeminded shops showcasing designer clothes, preloved garments, African beadwork and the furnishing designs of Urban Being (www.urbanbeing.co.za).

KALK BAY MODERN Map p257

Arts & Crafts

☎ 021-788 6571; Windsor House, 150 Main Rd,

Kalk Bay; 🕒 9am-5pm

Wander through the pretty garden to this house stocked with an eclectic and highly appealing range of arts and crafts. There are often special exhibitions by local artists showing here. Check out the collection of potato-print cloth products from the locally produced Kudinda range (www.kudinda.co.za).

KALK BAY QUARTER Map p257

Crafts & Gifts

☎ 021-788 6312; 58 Main Rd, Kalk Bay;

🕒 9am-5pm Mon-Fri, 9.30am-5pm Sat & Sun

A good place to rummage for gifts. Have a look at the ceramics by Tessa Gawith, the traditional-style confectionary of Sweet & Salty Mason's, and Brett Murray's Boogie Lights series of wall lamps.

LIGHT Map p258

Arts & Crafts

☎ 021-786 5877; www.lightonline.co.za;

St George's St, Simon's Town; 🕒 10.30am-5pm

Tue-Sun

At this stylish gallery you'll find the hand-made paper art and décor of Cathy Stanley, as well as a great selection of weathered wooden frames and furniture made from driftwood.

POTTER'S SHOP & STUDIO

Map p257

Arts & Crafts

☎ 021-788 7030; 6 Rouxville Rd, Kalk Bay;

🕒 9am-4pm Mon-Sat, 10am-4pm Sun

Jo'burger Chris Silverston started her pottery business back in 1986 and has since nurtured many talented Xhosa and coloured artists, such as Majolandile Dyalvane and Madoda Fani. Watch them at work in the studio in Muizenberg (Map p257; ☎ 021-788 8737; 9 Atlantic Rd; 🕒 9am-4pm Mon-Fri). Their products are sold all across the Cape.

QUAGGA ART & BOOKS Map p257

Books

☎ 021-788 2752; 84 Main Rd, Kalk Bay;

🕒 9.30am-5pm Mon-Sat, 10am-5pm Sun

It's hard to pass this appealing bookshop by if you're looking for old editions and antiquarian books, as well as local art, and tribal art and artefacts.

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