

# Index

## SYMBOLS

88 Sacred Temples of Shikoku 630, **628**

## A

Abashiri 30, 611-13  
A-Bomb Dome 456  
accommodation 784-9  
  camping 785  
  capsule hotels 787  
  costs 23  
  cycling terminals 785  
  hostels 785-6  
  hotels 786-7  
  *kokumin-shukusha* 787  
  love hotels 787  
  *minshuku* 787, 788  
  mountain huts 787  
  pensions 787  
  reservations 784-6  
  rider houses 787-8  
  ryokan 6, 788-9, 6  
  *shukubō* 789  
  Toho network 789  
activities, *see individual activities*  
Adachi Art Museum 493  
addresses 797  
Agarizaki 782  
Ago-wan 438  
Aikawa 563  
Ainokura 266-8  
Ainu people 53, 598, **435**  
  festivals 610  
  museums 384, 570, 581, 612, 615  
  settlements 596-9, 616-17  
air travel **814**  
  airlines 809-11, 814-15  
  airports 808-11  
  to/from Australia 811  
  to/from Canada 811  
  to/from China 811  
  to/from Continental Europe 811  
  to/from Japan 808-13  
  to/from New Zealand 812  
  to/from South Korea 812  
  to/from Taiwan 812

**000** Map pages  
**000** Photograph pages

to/from the UK 812  
to/from the USA 812  
within Japan 814-15  
Aizu-Wakamatsu 31, 501-5  
Aka-dake 610  
Aka-jima 761  
Akama-jingū 474  
Akan Kohan 616-17  
Akan National Park 28, 30, 32,  
  613-17, **614**  
Akasaka 139-40, **124-5**  
Akashi Kaikyō-Ōhashi 463-4  
Akihhabara 26, 32, 179  
Akita 543-6, **544**  
Akita Komaga-take 539  
Akita-ken 538-46, **540**  
Akiu Onsen 513  
Akiu Ōtaki 513  
Akiyoshi-dai 472-3  
Akkeshi 30, 621  
Amakusa Archipelago 705-6  
Amami-Ōshima 29, 745-6  
Amami-shotō 745-8  
Amanohashidate 372-3  
Amerika-Mura 379  
Ameyoko Arcade 134  
Amihari Onsen 528  
amusement parks  
  Cosmo World 219  
  Kōrakuen Amusement Park 142  
  Seagaia 721  
  Tōei Uzumasa Movie Village 343-4  
  Tokyo Disneyland 142  
  Universal Studios Japan 383  
animals 72, 760  
*anime* 32, 67-9, 180  
Anraku-ji 282  
Aomori 529-32, **530**  
Aomori Bay Bridge 530  
Aomori-ken 528-37, **529**  
Aoni Onsen 536  
Aoshima 719  
Aoyama 137-8  
aquariums  
  Kaikyō-kan 474  
  Miyajima 462  
  Motobu-hantō 758  
  Nagoya 244  
  Osaka 382  
  Tokyo 135

Aragusuku Beach 764  
Arakawa-tozanguchi 740  
Arashiyama Monkey Park Iwatayama 345  
archaeological sites  
  Saitobaru 724-5  
  Uenohara Jōmon Era Site 708  
architecture 62-4, 259  
Arimatsu 248-9  
Arita 679  
art galleries  
  Adachi Art Museum 493  
  Fukuoka Asian Art Museum 667  
  Pola Museum of Art 209  
  Tokugawa Art Museum 243  
  Tokyo Metropolitan Museum of  
  Art 134  
arts 57-69  
  *anime* 67-9  
  architecture 62-4  
  books 57  
  calligraphy 58  
  ceramics 58-9  
  cinema 66-9  
  courses 792  
  dance 59-62  
  manga 65  
  music 66  
  painting 57-8  
  *shikki* 59  
  tea ceremony 100, 351  
  theatre 59-62  
  *ukiyo-e* 58  
  visual art 57-9  
  woodcraft 262, 263  
Asagiri Jam 565  
Asahi-dake 610  
Asahidake Onsen 30, 608-9  
Asahikawa 30, 596-9  
Asahiyama Zoo 598  
Asakusa 134-5  
Asakusa Kannon Onsen 142  
Asama Onsen 284  
Ashino-ko 209-10, **168**  
Ashiu 349-50  
Ashizuri-misaki 644  
Aso-gogaku 703  
Aso-san 27, 32, 701-5, **702**  
Asuka 413  
Atami 210-12  
ATMs 798

atomic bombs 47, 457, 684  
Atsuta-jingū 243  
Awaji-shima 463-4  
Awa Puppet Theatre 627  
Awa-odori 629, **424**  
Azabu-Jūban Onsen 76, 142

## B

Babaa-lke 234  
Bamboo Grove 26, 344  
Bandai Plateau 505-6, **503**  
Bandai-san 505  
baseball 69, 177-8  
Bashō, Matsuo 502  
bathrooms 803  
baths, *see onsen*  
beaches, 9, 9  
  Aka-jima 761  
  Cape Chikyū 594  
  Chichi-jima 235-6  
  Furuzamami Beach 760  
  Haha-jima 236  
  Hateruma-jima 781  
  Hirado-shima 680  
  Iki 680  
  Inasa-no-hama 488  
  Irabu-jima 768  
  Iriomote-jima 776  
  Ishigaki-jima 773  
  Kaneshiro 762  
  Katsura-hama 639  
  Koigaura Beach 720  
  Lake Tōgo 494  
  Miyako-jima 764  
  Motobu-hantō 758-9  
  Naha 751  
  Nii-jima 232-3  
  Noto-Hantō 300  
  Ōki-hama 643  
  Oku-Matsushima 514  
  Shimoda 214  
  Shirahama 430  
  Taketomi-jima 780  
  Tokashiki-jima 761  
bears 620  
beer 97  
  breweries 502-3, 505, 576, 597-8,  
  654  
  brewery tours 251, 394, 576, 654  
  festivals 577  
Beppu 27, 727-33, **728**  
Bessho Onsen 282  
Betsu-in 549  
bicycle travel, *see cycling*  
Biei 28, 30, 607-8

Bijodaira 291  
Biwa-no-taki 635  
Bizen 446-7  
boat cruises  
  Abashiri 611  
  Cape Shiretoko 619  
  Iriomote-jima 776-8  
  Kyoto 345  
  Mogami-Kyō 546-8  
  Nagasaki 689  
  Ōzu 646  
  Shikotsu-Ko 596  
  Shimoda 214  
  Shishikui 637  
  Tokyo 135  
  Uradome Kaigan 497  
boat travel  
  to/from China 813  
  to/from Russia 813  
  to/from South Korea 813-14  
  to/from Taiwan 814  
  within Japan 815-16  
Bōnotsu 719  
books 22-5  
  animals 72  
  arts 57  
  food 85, 88, 102  
  health 827  
  history 37  
  language 833  
  literature 64-6  
Boraga Beach 764  
breweries  
  Aizu Sake 502-3  
  Asahi 654  
  Hokkaidō Brewery 576  
  Ohara Brewing Factory 505  
  Otokoyama Sake Brewery 597-8  
  Sapporo 576  
  Takasago Sake Brewery 598  
brewery tours  
  Asahi 251, 654  
  Hakutsuru sake 394  
  Hokkaidō Brewery 576  
  Sapporo Beer-En 576  
bridges  
  Aomori Bay Bridge 530  
  Kintai-kyō 468  
  Shin-kyō 189  
Buddhism 54-5  
Bukeyashiki Ishiguro-ke 542  
bullfighting 646  
*buraku* 61  
Burakumin people 53  
bus travel 816-17, 820-1

business hours 790, *see also inside front cover*  
*butoh* 60  
Byakkotai 504  
Byōdō-in 347  
**C**  
calligraphy 58  
Cape Chikyū 594  
Cape Hedo 759  
Cape Hiraokubo 774  
Cape Nagasaki-bana 719  
Cape Noshappu 599  
Cape Sata 719  
Cape Shijiki 680  
Cape Shiono-misaki 431-2  
Cape Sōya 30, 599  
Cape Toi 720  
car travel 817-20  
  driving licence 817  
  insurance 818  
  organisations 817  
  rental 818  
  road distance chart **819**  
  road rules 820  
castles 64  
  Hikone-jō 369  
  Himeji-jō 9, 398-9, 9  
  Inuyama-jō 250  
  Kanazawa castle park 294  
  Kōchi-jō 639  
  Kumamoto-jō 697  
  Matsue-jō 489  
  Matsumoto-jō 283-4  
  Matsuyama-jō 650-1  
  Nagoya-jō 243  
  Nijō-jō 342  
  Okayama-jō 444  
  Osaka-jō 377  
  Uwajima-jō 645  
  Wakayama-jō 416-17  
caves  
  Megi-jima 661  
  Shōryūdō 747  
cell phones 802-3  
Central Honshū 237-307, **239**  
ceramics 58-9  
Chapel of St Maria 483  
cherry blossoms 12, 534, **12, 426**  
  festivals 144, 542-3, 794  
Chichi-jima 235-6  
Chiiori 634  
children, travel with 790  
  amusement parks 142, 219,  
  343-4, 383

children, travel with *continued*  
 aquariums 135, 244, 382, 462,  
 474, 758  
 festivals 794, 795  
 food 101  
 monkey parks 345, 465  
 museums 134, 141  
 puppet shows 562, 627  
 shopping 180  
 Tokyo 144  
 water parks 381, 721  
 zoos 134, 598

Chion-in 336  
 Chiran 718  
 Chirihama Nagisa Driveway 300  
 Chōfu 475  
 Chōkai-san 546  
 Chōkoku-no-Mori 209  
 Chūbu International Airport Centrai  
 238, 247-8, 808-9  
 Chūren-ji 550  
 Chūson-ji 31, 518-19  
 Chūzen-ji 282  
 Chūzenji-ko 194-5  
 cinema 24, 66-9  
 festivals 551  
 climate 21-2, 790-1  
 climate change 809  
 climbing 268-9  
 coffee 99  
 consulates 793-4  
 cormorant fishing  
 Gifu 253  
 Inuyama 251  
 Ōzu 646  
 Cosmo World 219  
 Cosplay-zoku 138  
 costs 22, 23, *see also inside front cover*  
 skiing 80  
 train travel 822-3  
 courses 791-2  
 cooking 102, 143-4  
 language 792  
 traditional arts 792  
*yamabushi* 550  
 credit cards 798  
 culture 50-69  
 customs regulations 792  
 cycling 789, 815  
 Abashiri 611  
 Biei 607

Kibi Plain Bicycle Route 450  
 Shikotsu-ko 596

**D**  
 Daibutsu 226-7  
 Daibutsu Hiking Course 225  
 Daibutsu-den Hall 463, 171  
 Daigo-ji 346  
 Daikanbō 291  
 Daikanyama 139  
 Daimon-zaka 432  
 Dainichibō 550  
 Dai-ō Wasabi-Nōjo 287  
 Daisen 494  
 Daisetsuzan National Park 28, 30, 32,  
 604-11, **606**  
 Daishō-in 481  
 Daitō-dake 513  
 Daitoku-ji 332-3  
 dance 59-62  
 festivals 244, 297, 437, 520, 531,  
 551, 560-1, 583, 629, 639-41,  
 711, 721, 725  
 museums 627  
 dangers 792-3  
 Dazaifu 674-5  
 Dembō-in 135  
 Denshōen 523  
 desserts 96  
 Dewa Sanzan 549-51  
 disabilities, travellers with 804  
 discounts 501  
 diving, *see also* snorkelling 739, 789  
 Iriomote-jima 778  
 Ishigaki-jima 773-4  
 Miyako-jima 764  
 Okinawa-honto 755  
 Yonaguni-jima 782  
 Dōgashima 217  
 Dōgo Onsen 649  
 Dō-hoku 596-611  
 dolls 800  
 Dō-nan 580-6  
 Dō-ō 586-96  
 Dō-tō 611-21  
 Dōtombori 378-9  
 drinks 96-9  
 beer 251, 394, 502-3, 505, 576,  
 597-8, 654  
 festivals 577  
 rituals 767  
 sake 97-8, 394, 502-3, 558,  
 597-8  
*shōchū* 714  
 duty-free 801

**E**  
 earthquakes 48, 792  
 Ebisu 139, **121**  
 Echigo-Yuzawa Onsen 564-5  
 economy 34, 49, 54  
 Ehime-ken 644-54  
 Eihei-ji 305-7  
 Eikan-dō 339  
 electricity 785  
 embassies 793-4  
 emergency services, *see inside front cover*  
 Engaku-ji 225  
 Engyōji 399  
 Eniwa-dake 596  
 Ennō-ji 225-6  
 Enryaku-ji 341  
 environmental issues 71, 73-4, 618  
 Erimo Misaki 622-3  
 Esashi 586  
 etiquette 79, 87, 89  
 food 87, 101-2  
 exchange rates, *see inside front cover*

**F**  
 fashion 69  
 festivals 794-5  
 antler-cutting 516  
 archery 523, 527, 610, 721  
 beer 577  
 boats 462  
 cherry blossoms 144, 285, 542-3,  
 794  
 children 794, 795  
 Chinese dragons 689  
 Coral Grass Viewing 612  
 dance 244, 297, 437, 520, 531,  
 551, 560-1, 583, 629, 639-41,  
 698, 711, 721, 725  
 dolls 794  
 dragon boats 689, 753  
 drumming 230  
 film 174, 551  
 fire 612, 720  
 fire-walking 462  
 fireworks 275, 285, 367, 383-4,  
 405, 514, 516, 558, 561, 689,  
 698, 721  
 fishing 369  
 floats 384, 527, 531, 534-5, 558,  
 561, 586, 689  
 flowers 244  
 food 100-1, 514  
 gay & lesbian 174  
 horses 527

ice sculptures 577, 598, 610  
 lanterns 405, 471, 503, 514,  
 545, 708  
 masks 548  
 music 144, 215, 285, 297, 437,  
 511, 554, 560-1, 564, 565,  
 670, 795  
*onsen* 729  
 prayer ceremonies 598  
 salmon 612  
 sumō 670  
 water-drawing 405-6  
 wine 605  
 Zenkōji 276

films, *see* cinema  
 food 85-103, 492, 638, 795, **86**  
 books 85, 88, 102  
 costs 23  
 courses 102, 143-4  
 customs 101-2  
 etiquette 87, 89, 101-2  
 festivals 100-1, 514  
 internet resources 86, 90, 92  
 Kōbe beef 88  
 Okinawa delicacies 769  
 restaurants 223  
 theme parks 223  
 vegetarians & vegans 101  
 vocabulary 102-3

football 69  
 Fūcha 747  
 Fugen-dake 693  
*fugu* 10, 93-4, 476, 10  
 Fuji go-ko 201-5  
 Fuji Rock Festival 565  
 Fuji-san, *see* Mt Fuji  
 Fuji-Yoshida 201-2, **202**  
 Fukiya 446  
 Fukuchi Onsen 271  
 Fukue-jima 681  
 Fukui 305  
 Fukui-ken 305-7, **306**  
 Fukuoka 663-74, **668**  
 Fukuoka International Airport 809  
 Fukuoka Asian Art Museum 667  
 Fukuoka International Airport 809  
 Fukuoka-ken 663-76  
 Fukushima Sekisho-ato 289-90  
 Fukushima-ken 499-506  
 Fukuura-jima 514  
 Fukuyama 451  
 Funaoka Onsen 350  
 Funauki 776  
 Furano 30, 605-7  
 Furuzamami Beach 760

Fushimi-Inari Taisha 346, **171**  
 Futakuchi-kyō 513  
 Futami 438  
 Futarasan-jinja 191  
 Futsukaichi Onsen 675

**G**  
*gagaku* 66  
 Gaiji-hama 780  
 galleries, *see* art galleries  
 Gamman-Ga-Fuchi Abyss 192  
 Gangō-ji 405  
 Garan 420  
 gardens, *see* parks & gardens  
 Gas-san 549-50  
 Gasshō-Zukuri Architecture 259  
 gay travellers 174, 795  
 Geibi-kei 520  
 geisha 8, 338, 8, **172**  
 geology 70-1  
 Gero 254  
 Ghibli Museum 32, 141-2, 197  
 Gifu 253-4  
 Ginga-no-taki 610  
 Ginkaku-ji 339-40, **170**  
 Ginza 132  
 Gion 336  
 Glover Garden 688, **688**  
 Godaisan 639  
 Gojira-iwa 304  
 Gojū-no-tō 549  
 Gokayama 263-4, 266-7  
 Gonoura 679  
 Gōra 209  
 Goryō-kaku 583  
 Goshiki-numa 505-6  
 Gotō-rettō 681  
 Goza 438  
 Gujō Hachiman 254-5  
 Gunkan-iwa 782  
 Gunma-ken 195-6  
 guns 709  
 Gusuku-yama 758

**H**  
 Hachigōme 549  
 Hachijō-Fuji 234  
 Hachijō-jima 234-5  
 Hachikō statue 138-9  
 Hachimantai 538  
 Haemita-no-hama 776  
 Hagi 478-83, **480**  
 Hagoromo-no-taki 609  
 Haguro-san 549  
 Haha-jima 236

Hakkōda-san 533-4  
 Hakodate 28, 30, 580-5, **581, 582**  
 Hakodate-yama 583  
 Hakone 205-10, **206**  
 Hakone Open-Air Museum 209  
 Hakone-machi 210  
 Hakone-Yumoto Onsen 208  
 Hakuba 280-2  
 Hakuba 47/Goryū Ski Resort 281  
 Hakusan National Park 304-5  
 Hama-Rikyū-Teien 132  
 Hanase 349-50  
 Hanazono-jinja 136-7  
 Happō-One Ski Resort 82, 280-1  
 Harajuku 137-8  
 Hase-dera 227, 414  
 Hateruma-jima 781  
 Hatoma Burasu 778  
 Hatsukura Sake Brewery Museum 394  
 Hatsune-ura 236  
 Hattōji 7, 446, 7  
 Hayao, Miyazaki 68  
 health 826-31  
 Hegura-jima 302-3  
 Heian-jingū 340  
 Hells, the 727-9  
 Hibiya-kōen 133  
 Hida District 255-67  
 Hida Kokubun-ji 258  
 Hida-Furukawa 262-3  
 Hida-no-Sato 258  
 Hideyoshi, Toyotomi 41  
 Hiei-zan 341  
 Hie-jinja 140  
 Higashi Chaya-gai 296  
 Higashi Hongan-ji 314  
 Higashi Iya 635-6  
 Higashi-hama 497  
 Higashi-Matsuura Peninsula 678  
 hiking 7, 89, 7  
 Aka-dake 610  
 Akan Kohan 616-17  
 Akita Komaga-take 539  
 altitude sickness 830  
 Asahi-dake 610  
 Asahidake 608-9  
 Aso-san 703-4  
 bears 620  
 Daisen 494  
 Daitō-dake 513  
 Eniwa-dake 596  
 Gas-san 549-50  
 Goshiki-numa 505-6  
 Hachijō-Fuji 234  
 Haguro-san 549

hiking *continued*

Haha-jima 236  
 Hakkōda-san 533-4  
 Hakuba 281  
 Hira-san 367  
 Iriomote-jima 778  
 Ishigaki-jima 774  
 Iwaki-san 536  
 Japan Alps National Park 268-9  
 Jōnen-dake 287  
 Kaeda gorge 721  
 Kamakura 225  
 Kinkasan 516-17  
 Kirishima-Yaku National Park 706-7  
 Kuro-dake 610  
 Magome 11, 288-9, 11  
 Misen 462  
 Mt Fuji 200, 201, 203  
 mountain huts 787  
 Myōkō-yama 559  
 Okama 553  
 Ōtake-san 198  
 Rebutō 603  
 Rishiri-zan 601-3  
 Sandan-kyō 453  
 Tateyama-Kurobe Alpine Route 290-1  
 Tenjō-san 234  
 Tokachi-dake 608  
 Towada-ko 536-7  
 Tsumago 11, 288-9, 11  
 Tsurugi-san 636  
 Unzen 693  
 Yakushima 740-2  
 Yudono-san 550  
 Hikone 369-70  
 Hikone-jō 369  
 Himeji 27, 397-400, **398**  
 Himeji-jō 9, 398-9, 9  
 Himiko 35-6  
 Hino-misaki 488  
 Hino-yama 474-5  
 Hirado-shima 680-1  
 Hiraizumi 31, 518-21, **520**  
 Hirara 764, **766**  
 Hira-san 367  
 Hirashimizu Pottery District 551  
 Hirayu Onsen 271  
 Hirosaki 534-6, **535**  
 Hirosaki-kōen 534

Hiroshima 27, 453-60, **454**  
 Hiroshima National Peace Memorial Hall for the Atomic Bomb Victims 456  
 Hiroshima-jō 456  
 Hiroshima-ken 451-63  
 history 33, 35-49  
 Age of Courtiers 37-8  
 Age of Warriors 38-40  
 ancient Japan 35-6  
 atomic bombs 47  
 books 37  
 Korean War 47-8  
 Mongol empire 39  
 Ōnin War 40  
 Pearl Harbor 47  
 recent history 48-9  
 reunification 40-1  
 Russo-Japanese War 45  
 table of historical periods 37  
 US occupation 748  
 Westernisation 43-5  
 WWI 45  
 WWII 47  
 hitching 820  
 Hiwasa 636  
 Hokkaidō 32, 566-623, **568-9**  
 Hokudai Shokubutsuen 573  
 holidays 795  
 homeless 133  
 Hōnen-in 339  
 Hongū 433  
 Hōraine-kaigan 236  
 Hōryū-ji 410  
 Hoshisuna-no-hama 776  
 Hotaka 287  
 Hotaka-jinja 268  
 Hotokegaura 532

**I**

Ibusuki 718-19  
 Ida-no-hama 776  
 Idemitsu Museum of Arts 132  
 Ie-jima 758  
 Ieyasu, Tokugawa 187  
 Iheya-jima 761-2  
 Ikebukuro 135-6, **114**  
 Ikeda 622  
 Ikeda-ko 719  
 Ikema-jima 764  
 Iki 679-80  
 Ikuchi-jima 467  
 Imai-chō 412  
 Imaihama 216  
 Imari 678-9

immigration 53  
 Imori-ike 559  
 Imperial Palace 110  
 Inasa-no-hama 488  
 Ine 372  
 Inland Sea 463-8  
 Inno-shima 467  
 insurance 795-6  
 car 818  
 health 826  
 internet access 796  
 internet resources 25, 827  
 Inuyama 249-52, **250**  
 Inuyama-jō 250  
 Iō-dake 743-4  
 Iō-jima 743-5  
 Iō-zan 614  
 Irabu-jima 768  
 Iriomote-jima 29, 32, 776-9  
 Irizaki 781  
 Irizaki Point 782  
 Irōzaki 216  
 Ise 435-8  
 Ise-jingū 435-8  
 Ise-Shima 435-8, **436**  
 Ishigaki City 773, **772**  
 Ishigaki-jima 29, 769-75  
 Ishikawa-ken 291-305  
 Ishinami-kaigan 720  
 Ishinomaki 515-16  
 Ishite-ji 651  
 Ishiyama-dera 367-9  
 Ishizuchi-san 654  
 Isogi-kōen 430  
 itineraries 18, 26-32  
 Hokkaidō 30, **30**  
 islands 29, **29**  
 manga & anime 32, **32**  
 nature 32, **32**  
 Northern Honshū 31, **31**  
 Northern Japan 28, **28**  
 Tokyo-Kyoto route 26, **26**  
 Tokyo-Southwest 27, **27**  
 Ito 212  
 Itsuku-shima 460-3, **461**  
 Itsukushima-jinja 460-1, **421**  
 Iwaki-jinja 536  
 Iwaki-san 536  
 Iwakuni 468-9  
 Iwakuni-jō 468-9  
 Iwami Ginzan 486-7  
 Iwate-ken 518-28, **519**  
 Iwate-kōen 525  
 Iwate-san 528  
 Iwayaguchi 563

Iya Valley 632-6, **633**  
 izakaya 89-90  
 Izena-jima 761-2  
 Izu-Hantō 210-18, **211**  
 Izumo 87-8, 427  
 Izumo Taisha 487-8  
 Izu-shotō 231-5

**J**

Jakkō-in 348-9  
 Jakotsu-yu Onsen 142  
 Jamon-sugi 741  
 Japan Alps National Park 267-72  
 Japan Rail Pass 23, 823  
 Jigokudani Yaen-kōen 278-9, **169**  
 Jinata Onsen 76-7, 233  
 Jizō-in 347  
 Jōchi-ji 225  
 Jōgasaki 212  
 Jōjakkō-ji 344-5  
 Jōmon-sugi 740  
 Jōnen-dake 287  
 Jōzankei Onsen 576  
 JR East Pass 823-4  
 JR Kyūshū Rail Pass 824  
 JR West Kansai Area Pass 824  
 JR West San-yō Area Pass 824

**K**

Kabira-wan 773, 774  
 kabuki 61  
 Kabukichō 136  
 Kabuki-za 132  
 Kaeda gorge 721  
 Kaga Yūzen Silk Dyeing 295  
 Kagawa-ken 655-61  
 Kagoshima 29, 32, 708-16, **710, 712-13**  
 Kagoshima-ken 706-19, 738-47  
 Kaifu 636-7  
 Kaimon-dake 719  
 Kainan 636-7  
 Kairaku-en 196-7  
*kaiseki* 8, 96, 8  
 Kakunodate 31, 541-3, **542**  
 Kamakura 224-9, **226**  
 Kami Tokikuni-ke 304  
 Kamigamo-jinja 333  
 Kamikōchi 28, 32, 267-70, **269**  
 Kamikura-jinja 432  
 Kaminashi 266  
 Kampirē-no-taki 777  
 Kanami Sotetsu Tunnel 746  
 Kanaya Onsen 216  
 Kanazawa 291-9, **292**

Kanazawa Castle Park 294  
 Kanazawa Lacquerware 295  
 Kaneshiro 762  
 Kanonji 655  
 Kansai 308-438, **310**  
 Kappa-buchi 523  
 Karakuni-dake 706  
 Karamatsu-dake 281  
 Kara-taki 234  
 karate 757  
 Karato Ichiba 473-4  
 Karatsu 676-8, **676**  
 Kasa-yama 481  
 Kashihara 412-13  
 Kashihara-jingū 413  
 Kashikojima 438  
 Kashima 654  
 Kashino-zaki Lighthouse 431  
 Kasuga Taisha 404  
 Katsura Rikyū 347-8  
 Katsura-hama 639  
 Kawaguchi-ko 202-4  
 Kawa-yu Onsen 78, 433-4  
 Kawayu Onsen 613-16  
 kayaking 661, 760, **428**  
 Kegan-no-taki 194  
 Kenchō-ji 225  
 Kenroku-en 294, **169**  
 Kerama-rettō 759-60  
 Keta-taisha 300  
 Kibi Plain Bicycle Route 450, **449**  
 Kibune 349, **331**  
 Kibune-jinja 349  
 Kichi, Saito 214  
 Kichijōji 141  
 Kii-hantō 415-35, **416**  
 Kii-Ōshima 431-2  
 Kikuchi Gorge 701  
 Kikuchi Onsen 701  
 Kinkaku-ji 343  
 Kinkasan 28, 516-17  
 Kinosaki 77, 371-2  
 Kintai-kyō 468  
 Kirishima-Shi Kokubu 708  
 Kirishima-Yaku National Park 32, 706-8, 425, 428  
 Kisakata 546  
 Kiso Valley Region 287-90  
 Kiso-Fukushima 289-90  
 Kitakata 505  
 Kitamuki Kannon 282  
 Kitano 391-3  
 Kitanomaru-kōen 111  
 Kitano-Tenman-gū 342-3  
 Kiyomizu-dera 335

Kobako 610  
 Kōbe 391-7, **392**  
 Kōbe beef 88  
 Kōchi 638-42, **640**  
 Kōchi-jō 639  
 Kōchi-ken 637-44  
 Kōdai-ji 335  
 Kofuji 236  
 Kōfuku-ji 403  
 Koganeyama-jinja 516  
 Koigaura Beach 720  
 Kō-jima 720  
 Kōke-no-dōmon 596  
 Kōko-en 399  
 Kokumin-shukusha 787  
 Komaga-take 210  
 Kome-zuka 703  
 Kominato-kaigan 235  
 Kompira-san 656-7  
 Kondoi Beach 780  
 Kongōbu-ji 419-20  
 Kōraku-en 443  
 Kōrakuen Amusement Park 142  
 Korean War 47-8  
 Kōryū-ji 344  
 Kotohira 656-7, **657**  
 Kōya-san 417-29, **418**  
 Kōzu-Shima 234  
 Kumamoto 27, 695-701, **696, 699**  
 Kumamoto-jō 697  
 Kumamoto-ken 695-706  
 Kumano Kodō 434  
 Kume-jima 762-3  
 Kunimi-dake 693  
 Kunisaki Peninsula 734-5  
 Kurama 349, **331**  
 Kurama Onsen 349  
 Kurama-dera 349, 172  
 Kurashiki 447-51, **448**  
 Kurima-jima 764  
 Kurobe Dam 291  
 Kuro-dake 610  
 Kurokawa Onsen 705  
 Kuroshima-Tenbō-Dai 234  
 Kurume 675-6  
 Kusasenri 703  
 Kusatsu Onsen 195-6  
*kushigae* 95  
*kushikatsu* 95  
 Kushimoto 431-2  
 Kushiro Shitsugen National Park 30, 617-18  
 Kussharo-ko 614  
 Kutani Porcelain 295  
 Kyōga-misaki Lighthouse 372

Kyoto 4, 309-67, **316-17**, **318-19**, **321**, **322**, 4, 172  
 accommodation 352-5  
 Arashiyama 344-5, **330**  
 attractions 314-50  
 Central Kyoto 332-4, **324**  
 drinking 361  
 emergency services 312  
 entertainment 361-2  
 festivals 351  
 food 355-61  
 internet access 312  
 Kitayama 348-50  
 medical services 312  
 Northern Higashiyama 337-41, **326**  
 Northwest Kyoto 342-4, **329**  
 Sagano 344-5, **330**  
 shopping 362-4  
 Southeast Kyoto 346-7  
 Southern Higashiyama 334-7  
 Southwest Kyoto 347-8  
 Takao 350  
 tourist offices 313  
 travel to/from 364-5  
 travel within 311, 365-7, **423**  
 walking tour 337  
 Kyoto Botanical Gardens 333  
 Kyoto Imperial Palace 332  
 Kyoto Imperial Palace Park 332  
 Kyoto International Manga Museum 32, 315-32  
 Kyoto National Museum 335  
 Kyūshū 662-735, **664-5**  
 Kyūshū National Museum 674

**L**

Lake Tazawa 539  
 Lake Tōgo 494  
 Lamp no Yado 77  
 Landmark Tower 219  
 language 79, 84, 102-3, 777, 832-8  
 courses 792  
 left-luggage 796  
 legal matters 796  
 lesbian travellers 174, 795  
 literature 64-6, *see also* books

**M**

Mae-domari 762  
 Maeda Point 755  
 Maehama Beach 764  
 magazines 785  
 Magome 288-9  
 Maizuru 373  
 Makidani 497  
 Makurazaki 719  
*mame* 86  
 manga 32, 65, 180, 394  
 Mano 562  
 Manta Scramble 773  
 Manta Way 29, 778  
*manza* 61  
 maps 796-7  
 Mariyudō-no-taki 777  
 markets  
   Kanazawa 296  
   Kōchi 639  
   Kyoto 315, 342-3, 363  
   Nishiki 315, 171  
   Sapporo 573  
   Shimonoseki 473  
   Takayama 258  
   Tsukiji Fish Market 5, 132, 5, 165  
   Yobuko 678  
 martial arts 789-90  
 Marugame 655  
 Maruyama-kōen 335-6  
 Masamune, Date 509  
 Mashū-ko 614  
 Matsue 27, 488-92, **490**  
 Matsue-jō 489  
 Matsumae 30, 585-6  
 Matsumoto 28, 282-7, **283**  
 Matsumoto-jō 283-4  
*matsuri*, *see* festivals  
 Matsushima 28, 513-15, **515**  
 Matsuyama 648-54, **650-1**  
 Matsuyama-jō 650-1  
 Matsuzaki 216-17  
 Me-Akan-dake 616-17  
 measures 785  
 Megane-iwa 746  
 Megi-jima 661  
 Meiji-jingū 137-8  
 metric conversions, *see inside front cover*  
 Mibu-dera 333-4  
 Mihara 453  
 Mihara-san 232  
 Mihara-yama 234  
 Miho Museum 369  
 Mii-dera 367  
 Mikuri-ga-ike 291  
 Minakami 196-7  
 Minamata 705

Minami Area 378-9  
 Minami-zaki 236  
 Minami-zaki Yūhodō 236  
 Minato Mirai 21 219  
 Minna-jima 758  
*minshuku* 787, 788  
 Misen 462  
*miso* 86-7  
 Mitake-san 197-8  
 Miito 196-7  
 Miyagi-ken 506-18, **507**  
 Miyajima 460-3, **461**  
 Miyake-jima 234  
 Miyako-jima 29, 763-8  
 Miyako-shotō 763-8, **765**  
 Miyanoshiba 208-9  
 Miya-no-ura 235-6  
 Miyamura-dake 740  
 Miyazaki 720-4, **722**  
 Miyazaki-ken 719-26  
 Miyazawa, Kenji 525  
 mobile phones 802-3  
 Mogami-Kyō 546-8  
 Momotarō 444  
 money 797-9, *see also inside front cover*  
 Morioka 28, 524-8, **526**  
 Moroyose 370-1  
 Motobu-hantō 758-9  
 Moto-Hakone 210  
 Motomachi District 581-3  
 motorcycle travel 820  
 rental 818  
 road rules 820  
 Mōtsū-ji 519  
 Mt Fuji 12, 198-205, **199**, 12  
 Murechō 661  
 Murodō 291  
 Murō-ji 414  
 Murooran 594  
 Muroto-misaki 637  
 Museum Meiji-mura 252  
 Museum of Kyoto 315  
 Museum of Oriental Ceramics 377-8  
 museums  
   Ghibli Museum 141-2, 197  
   Hakone Open-Air Museum 209  
   Hatsukura Sake Brewery Museum 394  
   Hida-no-Sato 258  
   Kyoto International Manga Museum 315-32  
   Kyoto National Museum 335  
   Kyūshū National Museum 674  
   Miho Museum 369

Museum Meiji-mura 252  
 Museum of Kyoto 315  
 Museum of Oriental Ceramics 377-8  
 Nara National Museum 401-3  
 Nara Prefecture Kashihara Archaeological Museum 413  
 National Museum of Ethnology 383  
 Open Air Museum of Old Japanese Farmhouses 382-3  
 Osaka Human Rights Museum/Liberty 383  
 Osaka Museum of History 377  
 Suntory Museum 382  
 Taga-jinja & Sex Museum 644-5  
 Tezuka Osamu Memorial Museum 394  
 Tokyo National Museum 133  
 Mushirose 746  
 music 66  
   festivals 144, 215, 285, 297, 437, 511, 554, 560-1, 564, 565, 670, 795  
 Mutsu 532-3  
 M-Wave Skating Arena 275  
 Myōjin-ike 268, 481  
 Myōjō-ji 300-2  
 Myōken-dake 693  
 Myōkō Suginohara Ski Resort 559-60  
 Myōkō-kōgen 559-60  
 Myōkō-yama 559  
 Myōshin-ji 343

**N**

Nachi Taisha 432  
 Nachi-no-taki 432  
 Nachiyama-oku-no-in 432  
 Naeba 564  
 Nagahama 370  
 Nagamachi District 293-4  
 Nagano 28, 272-7, **274**  
 Nagano-ken 272-90, **273**  
 Nagasaki 27, 681-92, **682**, **686**  
 Nagasaki-ken 681-92  
 Nagata Inaka-hama 742  
 Nago 758  
 Nagomi-no-dai 780  
 Nagoya 238-48, **240**  
   accommodation 244-5  
   attractions 242-4  
   drinking 246-7  
   emergency services 241  
   entertainment 247  
   food 245-6  
 internet access 241  
 medical services 241  
 shopping 247  
 tourist offices 242  
 travel to/from 247-8  
 travel within 248  
 Nagoya-jō 243, 678  
 Naha 29, 749-56, **752**  
 Naha Airport 809  
 Nakabusa Onsen 287  
 Naka-dake 703-27  
 Nakadōri-shima 681  
 Nakama-gawa 777-8  
 Nakamachi 284  
 Nakamura 643  
 Nakanochaya 203  
 Naka-no-shima 768  
 Nakano-shima 377  
 Nakata 762  
 Namba 378-9, **380**  
 Nanzen-ji 26, 338-9, 170  
 Nao-shima 466  
 Nara 26, 27, 400-9, **402**  
 Nara National Museum 401-3  
 Nara Prefecture Kashihara Archaeological Museum 413  
 Nara-kōen Area 401-5  
 Naramachi 405  
 Narita 229-31  
 Narita-san Shinshō-ji 229  
 Naritasan Shinsōji 183  
 Naruko-kyō 517  
 Naruko Onsen 517-18  
 Naruto Whirlpools 632  
 Naruto-Ōhashi 464  
 National Bunraku Theatre 379  
 National Museum of Ethnology 383  
 National Museum of Western Art 134  
 national parks 72-3, 567-70  
   Akan National Park 613-17  
   Daisetsuzan National Park & Environs 604-11  
   Hakusan National Park 304-5  
   Japan Alps National Park 267-72  
   Kirishima-Yaku National Park 706-8, 425, 428  
   Kushiro Shitsugen National Park 617-18  
   Ōnuma Quasi-National Park 583  
   Rishiri-Rebun-Sarobetsu National Park 601-4  
   San-In Coast National Park 497  
   Shikotsu-Tōya National Park 592-3

Shiretoko National Park 618-20  
 Towada-Hachimantai National Park 28, 32, 538  
 National Science Museum 134  
 Naze 745  
 Nemuro 30, 620-1  
 Nentōhiramatsu 762  
 Nesugata-yama 214  
 newspapers 57, 785  
 Nichinan-kaigan 720  
 Niigata 28, 556-9, **557**  
 Niigata Airport 809  
 Niigata-ken 554-65, **555**  
 Niigata 232-3  
 Nijō Fish Market 573  
 Nijō Jinya 342  
 Nijō-jō 342  
 Nikkō 187-94, **190**  
 Ninna-ji 343  
 Nintōzeiseki 764  
 Niseko 81-2, 589-91  
 Nishi Hongan-ji 314-15  
 Nishi Iya 635  
 Nishibama 761  
 Nishihama 781  
 Nishiki Market 315, 171  
 Nishimuraya Honkan 79  
 Nishina San-ko 281  
 Nishitō Utaki 780  
*nō* 60-1  
 Nobiribetsu Onsen 30, 594-5  
 Nobiru Beach 514  
 Nobunaga, Oda 40-1  
 Nokonoshima 670  
 Noritake Garden 242  
 Noroshi 304  
 Northern Honshū 498-565, **500**  
 Northwest Islands 679-81  
 Nosoko-dake 774  
 Noto-chō 303-4  
 Noto-Hantō 299-304, **301**  
 Noto-kongō Coast 302  
 Nozawa Onsen 79, 83, 279-80  
 Nyōnin Tenjō 203  
 Nyūtō Onsen 539  
**O**  
 O-Akan-dake 616  
 Ōbako 610  
 Ōbi 720  
 Ōbihiro 621-2  
 Ōbi-iwa 768  
 Ōboke 634-5  
 Ōbuse 278  
 Ōda 486-7

Odaiba 140-1, **122**  
 Ōedo-Onsen Monogatari 141  
 Ogasawara-shotō 12, 235-6, **12**  
 Ōgata-jinja 252  
 Ogi 562-3  
 Ogizawa 291  
 Ōhara 348-9, **331**  
 Ōhi Pottery 295  
 Oirase Valley Nature Trail 536-7  
 Ōita-ken 726-35  
 O-jima 307  
 Ojima 514  
 Oka-jō 734  
 Okama 553  
 Okayama 441-5, **442**  
 Okayama International Villas  
 445-6  
 Okayama-ken 441-51  
 Okayama-jō 444  
 Ōki-hama 643  
 Okinawa 736-83  
 Okinawa & the Southwest Islands  
 736-83, **737**  
 Okinawa City 757-8  
 Okinawa-hontō 748-63, **750**  
 Okinawa-ken 748-83  
 Okinorabu-jima 29, 746-7  
 Ōki-shotō 493  
*okonomiyaki* 95  
 Ōko-no-taki 742  
 Ōku-Matsushima 513-15  
 Ōku-no-in 11, 419, **11**  
 Ōku-Tama Region 197-8  
 Olive Park 464-5  
 Ōmi-shima 464-8  
 Ōmori 486  
 Omoto-dake 774  
 Ondake 681  
 Ondake-jinja 679  
 Ōnin War 40  
 Onokoro Awaji World Park 464  
 Onomichi 452-3  
*onsen* 5, 75-9, **27, 76, 5**  
 Akiu Onsen 513  
 Aoni Onsen 536  
 Asahidake Onsen 608-9  
 Asakusa Kannon Onsen 142  
 Asama Onsen 284  
 Azabu-Jūban Onsen 76, 142  
 Beppu 729-30  
 Bessho Onsen 282

Bokuden-no-yu 269  
 Dōgo Onsen 649  
 Echigo-Yuzawa Onsen 564-5  
 etiquette 79  
 festivals 729  
 Fukuchi Onsen 271  
 Funaoka Onsen 350  
 Futsukaichi Onsen 675  
 Gero 254  
 Hakone-Yumoto Onsen 208  
 Hirayu Onsen 271  
 itineraries 27  
 Jakotsu-yu Onsen 142  
 Jinata Onsen 76-7, 233  
 Jōzankei Onsen 576  
 Kanaya Onsen 216  
 Kawa-yu Onsen 78, 433-4  
 Kawayu Onsen 613-16  
 Kikuchi Onsen 701  
 Kinosaki 77, 371-2  
 Kurama Onsen 349  
 Kurokawa Onsen 705  
 Kusatsu Onsen 195-6  
 Lamp no Yado 77, 304  
 Nakabusa Onsen 287  
 Naruko Onsen 517-18  
 Nii-jima 233  
 Nishimuraya Honkan 79  
 Nobiribetsu Onsen 39, 594-5  
 Nozawa Onsen 79, 279-80  
 Nyūtō Onsen 539  
 Ōedo-Onsen Monogatari 141  
 Sawada-kōen Rotemburo Onsen  
 77  
 Shikine-jima 233  
 Shin-Hotaka Onsen 271-2  
 Shirahama 77-8, 430  
 Shirahone Onsen 270-1  
 Shirakawa-gō 265  
 Shuzen-ji Onsen 217-18  
 Sōunkyō Onsen 609-11  
 Suganuma 266  
 Takama-ga-hara Onsen 78  
 Takaragawa Onsen 77, 196  
 Takegawara Onsen 78  
 Tawarayama Onsen 477-8  
 Tōshichi Onsen 538  
 Tōya-ko Onsen 593-4  
 Urami-ga-taki Onsen 77, 234-5  
 Watarase Onsen 434-5  
 Yachigashira Onsen 583  
 Yakushima 740  
 Yamaga Onsen 701  
 Yashio-no-yu Onsen 194  
 Yuda Onsen 471

Yumoto Onsen 195  
 Yunomine Onsen 433  
 Ōnuma Quasi-National Park 583  
 Open Air Museum of Old Japanese  
 Farmhouses 382-3  
 opening hours 790, *see also inside  
 front cover*  
 Osaka 373-91, **375, 171**  
 attractions 376-83  
 accommodation 384-5  
 Central Osaka 377  
 drinking 388-9  
 entertainment 389  
 festivals 383-4  
 food 385-8  
 internet access 376  
 Kita Area 376-7, **378**  
 Minami Area 378-9, **380**  
 Nakano-shima 377  
 shopping 389  
 Tempōzan Area 382  
 Tennō-ji 379-82  
 tourist offices 376  
 travel to/from 389-90  
 travel within 390-1, **422**  
 Osaka Aquarium 382  
 Osaka Human Rights Museum/Liberty  
 383  
 Osaka Museum of History 377  
 Osaka-jō 377  
 Osaka/Kansai International Airport  
 365, 808  
 Ō-Shima 232  
 Osore-zan 28, 32, 533  
 Ōsumi Peninsula 719  
 Ōta Memorial Art Museum 138  
 Ōtakamori 514  
 Ōtake-san 198  
 Ōturu 28, 30, 586-9, **588**  
 Ōturu Kihinkan 587  
 Ōtsu 367  
 Ōwakudani 209  
 Ō-yama 291  
 Ōzu 646-7

**P**  
 Painagama Beach 764  
 painting 57-8  
 parks & gardens  
 Glover Garden 688, **688**  
 Hibiya-kōen 133  
 Hirosaki-kōen 534  
 Hokudai Shokubutsuen 573  
 Iwate-kōen 525

Kairaku-en 196-7  
 Kenroku-en 294  
 Kōraku-en 443, **169**  
 Kyoto Botanical Gardens 333  
 Kyoto Imperial Palace Park 332  
 Maruyama-kōen 335-6  
 Noritake Garden 242  
 Ran no Yakata Orchid Gardens 242  
 Ritsurin-kōen 658, 424  
 Sankei-en 221  
 Sengan-en 709-11  
 Shinjuku-gyoen 137  
 Ueno-kōen 133  
 Uraku-en 251  
 Wakka Gensei Kaen 612  
 Yoyogi-kōen 138

passports 808  
 Peace Memorial Museum 456  
 Peace Memorial Park 456  
 Pearl Harbor 47  
 people  
 Ainu 53  
 Burakumin 53  
 photography 799  
 planning 21-5, 83-4, 786, *see  
 also itineraries*  
 discount cards 793  
 plants 72, 244  
 Pola Museum of Art 209  
 pollution 73-4  
 Ponto-chō 332  
 population 33, 52-3  
 Poroto Kotan 570, 427  
 postal services 799  
 public holidays 795

**R**  
 radio 785  
 rail passes 823-4  
*rakugo* 61  
*rāmen* 92-3  
 Ran no Yakata Orchid Gardens 242  
 Rausu 620  
 Reibun-tō 28, 30, 32, 603-4  
 religion 42, 54-5  
 Buddhism 54-5  
 Shintō 54-5  
 Rendai-ji 216  
 restaurants 88-96  
 rice 85  
 Rinnō-ji 189  
 Rishiri-Rebun-Sarobetsu National Park  
 601-4, **602**  
 Rishiri-tō 28, 32, 601-3  
 Rishiri-zan 601-3

Ritsurin-kōen 658, 424  
 road distance chart **819**  
 Rokkannon Mi-ike 706  
 Rokkō Island 393-4  
 Rokuzan Bijutsukan 287  
 Roppongi 139-40, **119**  
 Russo-Japanese War 45  
 Rusutsu 83, 591-2  
 Ryōan-ji 343  
 Ryōtsu 561-2  
 Ryūga-dō 638  
 Ryūsei-no-taki 610

**S**  
 Sado Kinzan Gold Mine 563  
 Sado-ga-shima 28, 560-4, **561**  
 Sagakei 514  
 Saga-ken 676-9  
 Saigō Takamori Statue 133  
 Saihō-ji 347  
 Saijo 654  
 St Francis Xavier Memorial Church  
 470  
 Saitobaru 724-5  
 Saitobaru Burial Grounds **724**  
 sake 97-8, 394, 502-3  
 breweries 597-8  
 festivals 558  
 Sakurajima 716-17, **717**  
 samurai 46  
 Sanbe-san 487  
 Sandan-heki 430  
 Sandan-kyō 453  
 San-In Coast National Park 497  
 Sanjūsangen-dō 334-5  
 Sankei-en 221  
 Sanmachi-suji 255-6  
 Sanninu-dai 782  
 Sanseiganto-ji 432  
 Sanzen-in 348  
 Sapporo 28, 30, 572-80, **574**  
 Sapporo Yuki Matsuri 577, 427  
 Satsuma Peninsula 717-19  
 Sawada-kōen Rotemburo Onsen 77  
 Sawada-no-hama 768  
 Sawata 562  
 scuba diving, *see* diving  
 Seagaia 721  
 Seikan Tunnel 28, 571  
 Seishun Jūhachi Kippu 824  
 Sendai 28, 506-13, **508**  
 Sengan-en 709-11  
 Sengen-jinja 201  
 senior travellers 793  
 Senjō-jiki 430

Senjōjiki 516  
 Senkaku-wan 563  
 Senmaida 303  
 Sensō-ji 135  
 Sentō Gosho Palace 332  
 Sesoko-jima 758  
*shabu-shabu* 92  
*shakuhachi* 66  
*shamisen* 66  
 Shari 30, 618  
 Shibuya 26, 32, 138-9, **117**  
 Shiga-ken 367-70, **368**  
 Shiga Kōgen 82-3, 279  
 Shikanojima 670  
 Shikine-jima 233-4  
*shikki* 59  
 Shikoku 27, 624-61, **626**  
 Shikotsu-ko 595-6  
 Shikotsu-Toya National Park 28,  
 592-3, **592**  
 Shimabara 693-5, **694**  
 Shimabara Peninsula 692-5  
 Shimane-ken 483-93  
 Shimo Tokikuni-ke 303  
 Shimoda 212-16, **213**  
 Shimoji-jima 768  
 Shimokita-Hantō 532-3  
 Shimo-Kitazawa 141  
 Shimonoseki 473-7, **474-5**  
 Shingū 432-3  
 Shin-Hotaka Onsen 271-2  
 Shinji-ko 492-3  
 Shinjuku 26, 136-7, **116, 143**  
 Shinjuku-gyoen 137  
*shinkansen* 822  
 Shin-kyō 189  
 Shinmoe-dake 706  
 Shinsaibashi 236, **380**  
 Shin-Sekai 381  
 Shintō 54-5  
 Shin-Yakushi 404-5  
 Shirahama 77-8, 429-31, 776  
 Shirahone Onsen 270-1  
 Shiraho-no-umi 773-4  
 Shiraishi-jima 446  
 Shirakawa-gō 264-6, **169**  
 Shiraori 30, 570  
 Shiretoko National Park 28, 30, 32,  
 618-20  
 Shiretoko-Hantō 618-20, **619**  
 Shirouma-dake 281  
 Shiroyama-kōen 258  
 Shisen-dō 340  
 Shishikui 636-7  
 Shitamachi Museum 134



Shitennō-ji 381  
*shōchū* 98, 714  
 Shōdo-shima 464-7, **465**  
 Shōin, Yoshida 479  
 Shōin-jinja 481  
*shokudō* 88-9  
 shopping 799-801  
 Shōren-in 336-7  
 Shōryūdō 747  
 Shōwa-Shin-zan 592-3  
*shōyu* 87-8  
 shrines 10, **10**, *see also* temples  
   Atsuta-jingū 243  
   Fushimi-Inari Taisha 346  
   Futarasan-jinja 191  
   Hanazono-jinja 136-7  
   Heian-jingū 340  
   Hie-jinja 140  
   Ise-jingū 435-8  
   Itsukushima-jinja 460-1, **421**  
   Izumo Taisha 487-8  
   Kamigamo-jinja 333  
   Kashihara-jingū 413  
   Kasuga Taisha 404  
   Kitano-Tenman-gū 342-3  
   Kompira-san 656-7  
   Meiji-jingū 137-8  
   Ōgata-jinja 252  
   Sūkyō Mahikari Main World Shrine 258-9  
   Sumiyoshi Taisha 382  
   Suwa-jinja 685  
   Taiyūin-byō 191-2  
   Tanzan-jinja 413-14  
   Tenman-gū 674  
   Tōshō-gū 134, 189-91, **168**  
   Tsurugaoka Hachiman-gū 226  
   Udo-jingū 719-20  
   Yasaka-jinja 336  
   Yasukuni-jinja 111  
   Zuihō-den 509  
 Shūgaku-in Rikyū 341  
 Shukkei-en 456  
*shukubō* 789  
 Shūyū-ken 824-5  
 Shuzen-ji Onsen 217-18  
 skiing 7, 80-4, **81**, **7**  
   Abashiri 612  
   costs 80  
   Daisen 494  
   Furano 605

Hakuba 280-2  
 Hakuba 47/Goryū Ski Resort 281  
 Happō-One Ski Resort 82, 280-1  
 internet resources 80  
 lessons 83  
 Myōkō Kōgen 559-60  
 Myōkō Suginohara Ski Resort 559-60  
 Niseko 81-2, 590  
 Nozawa Onsen 83, 279-80  
 planning 83-4  
 Rusutsu 83, 591-2  
 Sapporo 576-7  
 Shiga Kōgen 82-3, 279  
 Tazawa-kōgen 539  
 Togakushi 278  
 transport 80-1  
 useful words & phrases 84  
 work 807  
 Zaō-san 552-3  
 snakes 760  
 snorkelling 789, *see also* diving  
   Iriomote-jima 776  
   Naka-no-shima 768  
 snowshoeing 84  
*soba* 93  
 soccer 69  
 Sōji-ji 302  
 solo travellers 801-2  
 Sony Building 132  
 Sosogi 303  
 Soundless Waterfall 348  
 Sōunkyō 610  
 Sōunkyō Onsen 609-11  
 Sōun-zan 209  
 Southern Higashiyama **324**  
 Spa World 381  
 sport 69  
 stately homes & mansions  
   Bukeyashiki Ishiguro-ke 542  
   Kami Tokikuni-ke 304  
   Nijō Jinya 342  
   Otaru Kihinkan 587  
   Shimo Tokikuni-ke 303  
 Suganuma 266  
*sukiyaki* 92  
 Sukuji Beach 773  
 Sūkyō Mahikari Main World Shrine 258-9  
 Sumiya Pleasure House 333  
 Sumiyoshi Taisha 382  
 sumō 10, 69, **10**  
   festivals 670  
   museums 142, 614  
   Tokyo 178

Sunayama Beach 764  
 Sunshine City 135  
 Suntory Museum 382  
 surfing  
   Ikumi 637  
   Kaifu 636-7  
   Kainan 636-7  
   Karatsu 677  
   Koigaura Beach 720  
   Shishikui 636-7  
   Tōyō 636-7  
 sushi 90-2  
 sustainable travel 73  
 Suwa-jinja 685  
 Suzu 303-4  
 swimming 497

## T

Tachiarai 675  
 Tachigami-iwa 782  
 Tadotsu 655  
 Taga-jinja & Sex Museum 644-5  
 Tagata-jinja 252  
*taiko* 66  
 Taikodani-Inari-jinja 483  
 Taishō-ike 268  
 Taiyūin-byō 191-2  
 Takachiho 725-6, **726**  
 Takachiho-kyō 725  
 Takadachi Gikei-dō 520  
 Takama-ga-hara Onsen 78  
 Takamatsu 657-60, **659**  
 Takamori, Saigō 715  
 Takanasaki 781  
 Takao 350  
 Takao-san 197  
 Takaragawa Onsen 77, 196  
 Takasago Sake Brewery 598  
 Takayama 27, 255-62, **256**  
 Takayama-jinya 256  
 Takebe 446  
 Takegawara Onsen 78  
 Takeno 371  
 Taketa 734  
 Taketomi-jima 29, 779-81, **779**  
 Takkoku-no-Iwaya Bishamon-dō 519-20  
 Taminamisaki 747  
 Tanegashima 743  
 Tango-hantō 372  
 Tanoura 465  
 Tanzan-jinja 413-14  
 Tarumae-zan 596  
 Tateyama 291  
 Tateyama caldera 291

Tateyama-Kurobe Alpine Route 290-1  
 Tawarayama Onsen 477-8  
 taxis 821  
 Tazawa-ko 28, 32, 538-41  
 Tazawa-kōgen 539  
 tea 99, 100  
 tea culture 100, 351  
 telephone services 802-3, *see also*  
   *inside front cover*  
 temples 4, 4, *see also* shrines  
   88 Sacred Temples of Shikoku 630  
   Byōdō-in 347  
   Chūson-ji 518-19  
   Daigo-ji 346  
   Daitoku-ji 332-3  
   Eihei-ji 305-7  
   Eikan-dō 339  
   Gangō-ji 405  
   Ginkaku-ji 339-40, **170**  
   Hida Kokubun-ji 258  
   Higashi Hongan-ji 314  
   Hōnen-in 339  
   Hōryū-ji 410  
   Ishite-ji 651  
   Ishiyama-dera 367-9  
   Jōjakkō-ji 344-5  
   Kenchō-ji 225  
   Kinkaku-ji 343  
   Kiyomizu-dera 335  
   Kōdai-ji 335  
   Kōfuku-ji 403  
   Kōryū-ji 344  
   Mii-dera 367  
   Mōtsū-ji 519  
   Murō-ji 414  
   Myōjō-ji 300-2  
   Myōshin-ji 343  
   Nanzen-ji 338-9, **170**  
   Narita-san Shinschō-ji 229  
   Naritasan Shinsōji 183  
   Ninna-ji 343  
   Nishi Hongan-ji 314-15  
   Oku-no-in 419  
   Rinnō-ji 189  
   Ryōan-ji 343  
   Sanjūsangen-dō 334-5  
   Sensō-ji 135, 165  
   Shin-Yakushi 404-5  
   Shitennō-ji 381  
   Shōren-in 336-7  
   Sōji-ji 302  
   Tenryū-ji 344  
   Tōdai-ji 403-4  
   Tōfuku-ji 346

Tō-ji 334  
 Tōshōdai-ji 412  
 Yakushi-ji 410-12  
 Zenkō-ji 274-5  
 Zentsū-ji 655-7  
 Tempōzan Area 382  
*tempura* 92  
 Tendō 552  
 Ten-en Hiking Course 225  
 Tenjō-San 234  
 Tenman-gū 674  
 Tennō-ji 379-82  
 Tenryū-ji 344  
 Tendo-zan 611  
 Teramachi 258  
 Teramachi District 296  
 Tezuka Osamu Memorial Museum 394  
 theatre 59-62  
 theft 792-3  
 time 803, **866-7**  
 tipping 799  
 Toba 438  
 Tobi-shima 546  
 Tōdai-ji 6, 403-4, 6  
 Todoroki Falls 637  
 Tōei Uzumasa Movie Village 343-4  
 tofu 87  
 Tōfuku-ji 346  
 Togakushi 277-8  
 Toguchi-no-hama 768  
 Toho 789  
 Tōhoku 523  
 toilets 803  
 Tōjinbō 307  
 Tokachi 621-3  
 Tokachi-dake 608, **427**  
 Tokara-rettō 745-7  
 Tokashiki-jima 29, 761  
 Tōkei-ji 225  
 Tōkō-ji 479-81  
 Tokugawa Art Museum 243  
 Tokunoshima 29, 746  
 Tokushima 627-32, **631**  
 Tokushima-ken 625-37  
 Tokyo 104-85, **112-13**  
   accommodation 144-52  
   activities 142-3  
   Akasaka 139-40, **124-5**  
   Asakusa 134-5, **130-1**  
   attractions 110-42  
   Central Tokyo 110-33  
   clubbing 174-7  
   Daikanyama 139  
   drinking 163-73

Ebisu 139, **121**  
 emergency services 107  
 entertainment 173-8  
 food 153-63  
 Ginza 132, **124-5**  
 Ikebukuro 135-6, **114**  
 internet access 107  
 itineraries 26, 27, 32  
 medical services 108-9  
 Odaiba 140-1, **122**  
 Roppongi 139-40, **119**, **165**  
 safety 110  
 Shibuya 138-9, **117**  
 Shinjuku 136-7, **116**  
 shopping 11, 178-81, **11**  
 special events 144  
 sport 177-8  
 Tokyo Bay 140-1, **122**  
 tourist offices 109  
 tours 144  
 travel to/from 181-3  
 travel within 183-5, **166-7**  
 walking tour 143, **143**  
 Tokyo Bay 140-1, **122**  
 Tokyo Disneyland 142  
 Tokyo Metropolitan Museum of Art 134  
 Tokyo Narita International Airport 181-2, 808  
 Tokyo National Museum 133  
 Tokyo Tower 140  
 Tomo-no-ura 451-2  
*tonkatsu* 94-5  
 Tōno Furusato-mura 522  
 Tōno Valley 31, 521-4, **522**  
 Tonomachi District 483  
 Tōri-ike 764, 768  
 Tōshichi Onsen 538  
 Tōshō-gū 134, 189-91  
 Tōshōdai-ji 412  
 Tottori 27, 494-6, **495**  
 Tottori-ken 493-7  
 Tottori-sakyū 495-6  
 tourist information 803-4  
 tours, *see* boat cruises, brewery tours, walking tours  
 Tōshiki-no-hana 232  
 Towada-Hachimantai National Park 28, 32, 538  
 Towada-ko 536-7, **537**  
 Tōya-ko Onsen 30, 593-4  
 Toyama 290  
 Toyama-ken 290-1  
 Tōyō 636-7  
 Toyota Mega Web 141

train travel **166-7, 422, 423**  
 classes 822  
 costs 23, 822-3  
 Japan Rail Pass 23  
 rail passes 823-4  
*shinkansen* 822  
 tickets & reservations 825  
 Trans-Siberian Railway 813  
 within Japan 821-5  
 Trans-Siberian Railway 813  
 travel to/from Japan 808-14  
 trekking, *see* hiking  
 Tsuki-ga-hama 776  
 Tsukiji Fish Market 5, 132, 5, 165  
 Tsumago 288-9  
 Tsurueno-yu 730, 425  
 Tsuruga 307  
 Tsurugaoka Hachiman-gū 226  
 Tsurugi-san 636  
 Tsuruoka 548-9  
 Tsuwano 483-6, **484**  
 Tsuwano-jō 483  
 Tsuzuki Ishi 522-3

**U**

Uchiko 647-8, **647**  
 Udo-Jingū 719-20  
*udon* 93  
 Ueno 133-4  
 Ueno Zoo 134  
 Ue-no-dan 289  
 Uenohara Jōmon Era Site 708  
 Ueno-kōen 133  
 Uji 347  
*ukiyo-e* 58  
 Umeda Sky Building 376-7  
 Umi-kongō 431  
*unagi* 93  
 Universal Studios Japan 383  
 Unzen 692-3  
 Ura-Sabaku 234  
 Uradome 497  
 Uradome Kaigan 497  
 Uraku-en 251  
 Urami-ga-taki 235  
 Urami-ga-taki Onsen 77, 234-5  
 Urauchi-gawa 776-8  
 Ushimado 446  
 Usori-ko 533  
 Usuki 727  
 Usu-zan 593

000 Map pages  
 000 Photograph pages

Utsukushi-ga-hara-Kōgen 284  
 Uwajima 644-6, **645**  
 Uwajima-jō 645

**V**

vacations 795  
 vegetarian & vegan travellers 101  
 video systems 785  
 visas 804-5, *see also* passports  
 volunteering 805

**W**

Wadomari-kō 746  
 Wajima 302-3  
 Wajima lacquerware 295  
 Wakayama 416-17  
 Wakayama-jō 416-17  
 Wakka Gensei Kaen 612  
 Wakkanai 30, 599-601  
 walking, *see* hiking  
 walking tours  
   Kyoto 337, **324**  
   Nara-kōen 406, **402**  
   Tokyo 143, **143**  
 Watarase Onsen 434-5  
 waterfalls  
   Akiu Ōtaki 513  
   Biwa-no-taki 635  
   Ginga-no-taki 610  
   Hagoromo-no-taki 609  
   Kampirē-no-taki 777  
   Kara-taki 234  
   Kegon-no-taki 194  
   Mariyudō-no-taki 777  
   Nachi-no-taki 432  
   Ōko-no-taki 742  
   Ryūsei-no-taki 610  
   Soundless Waterfall 348  
   Todoroki Falls 637  
   Urami-ga-taki 235  
 weather 790-1, *see also* climate  
 weights 785  
 Western Honshū 439-97, **440**  
 Weston Relief 268  
 Wheel Rock 621  
 white tigers 504  
 white-water rafting 634  
 women in Japan 55-6  
 women travellers 805-6  
 woodcraft 262, 263  
 work 806-7  
 World Heritage sites 434  
   Ainokura 266-8  
   Byōdō-in 347  
   Daigo-ji 346

Gangō-ji 405  
 Ginkaku-ji 339-40  
 Iwami Ginzan 486-7  
 Kamigamo-jinja 333  
 Kinkaku-ji 343  
 Kiyomizu-dera 335  
 Kōfuku-ji 403  
 Kumano Kodō 434  
 Nijō-jō 342  
 Ninna-ji 343  
 Nishi Hongan-ji 314-15  
 Ryōan-ji 343  
 Suganuma 266  
 Tenryū-ji 344  
 Tōdai-ji 403-4  
 Tō-ji 334  
 Tōshōdai-ji 412  
 Yakushi-ji 410-12  
 Yakushima 739-43  
 WWI 45  
 WWII 47

**Y**

Yachigashira Onsen 583  
 Yaebishi 764  
 Yaeyama Palm Tree Groves 774  
 Yaeyama-shotō 768-83, **770-1**  
*yakitori* 90  
 Yakushi-ji 410-12  
 Yakushima 32, 739-43, **741**  
*yamabushi* 550  
 Yamadera 553-4  
 Yamaga Onsen 701  
 Yamagata 551-2  
 Yamagata-ken 546-54, **547**  
 Yamaguchi 469-72, **470**  
 Yamaguchi-ken 468-83  
 Yanagita, Kunio 523  
 Yaotsu 252  
 Yasaka-jinja 336  
 Yashima 660-1  
 Yashio-no-yu Onsen 194  
 Yasukuni-jinja 111  
 Yawatahama 646  
 Yobuko 678  
 Yodogawa-tozanguchi 740  
 Yokohama 218-24, **220, 168**  
 Yonago 493-4  
 Yonaguni-jima 29, 781-3  
 Yonehara Beach 773, 774  
 Yonezawa 554  
 Yoritomo 38  
 Yoron-tō 29, 747  
 Yoshino 414-15  
 Yoshino Beach 764

Yoyogi-kōen 138  
 Yudanaka 278-9  
 Yuda Onsen 471  
 Yudono-san 550  
 Yufu-dake 733  
 Yufuin 733-4  
 Yumekyō-bashi Castle Road 369  
 Yumoto Onsen 195

Yunomine Onsen 433  
 Yushūkan 111

**Z**

Zamami-jima 29, 760-1  
 Zampa Point 755  
 Zaō-san 552-3  
 Za-Zen 643

Zenkō-ji 274-5, 276  
 Zentsū-ji 655-7  
 Zenzan-ji 282  
 zoos  
   Asahiyama Zoo 598  
   Kyoto 345  
   Ueno Zoo 134  
   Zuihō-den 509

© Lonely Planet Publications. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'