

# Index

## A

accommodation 209–11  
activities 211–12, *see also* Ayurveda,  
bird-watching, boat trips,  
cycling, diving, kite-surfing,  
motorcycle trips, natural therapies,  
paragliding, tours, yoga  
Agonda 190–1  
AIDS 243–4  
air travel 230–3  
Albuquerque, Afonso de 23–4, 82,  
102, 105  
Aldona 156  
amoebic dysentery 245  
animals 44–5, 176, *see also* bird-  
watching, dolphin-watching,  
wildlife-watching  
birds 45, 46, 48  
turtles 150, 151, 197  
Anjuna 14, 118, 139–44, 140, 6,  
174, 175  
antiques 224  
Benaulim 185  
Mumbai 77  
Arambol 14, 118, 152–5, 153, 170  
architecture 39–40, 6, 173  
area codes 226, *see also* *inside front  
cover*  
Arossim 179  
Arpora 14, 118, 129  
art galleries  
Kerkar Art Complex 128  
Manthan 185  
Museum of Christian Art 106–7  
Sangolda 128  
arts 36–42  
Asvem Beach 150–1  
autorickshaws 237  
Ayurveda 19, 45, 129  
Arambol 153  
books 36, 129  
Calangute & Baga 128–9  
Palolem 192  
Vagator & Chapora 146

## B

Baga 14, 118, 126–36, 127  
Bahmani sultanate 22–3, 109  
baksheesh 33, 221–2  
Bardez taluka 156–7, 157  
bargaining 223–4

Basilica of Bom Jesus 105–6, 5  
beach parties, *see* parties  
beaches 14

Agonda 190  
Anjuna 14, 139, 140  
Arambol 14, 152, 153, 170  
Arossim 179  
Asvem Beach 150  
Baga 14, 126, 128, 127  
Benaulim 185, 182, 8, 171  
Bogmalo 178–9  
Butterfly Beach 190  
Calangute 14, 126, 128, 127, 8  
Candolim 121–2, 122  
Cavelossim 187  
Chapora 144, 145  
Chowpatty Beach 60, 67, 74, 62–3  
Coco Beach 120  
Colomb 195  
Colva 180–1, 182  
Galgibaga 197  
Gokarna 200, 200  
Half-Moon Beach 200  
Kudle Beach 200, 176  
Little Vagator 144, 145, 5  
Majorda 179  
Mandrem 151  
Miramar 98  
Mabor 187–8  
Morjim 150  
Om Beach 200  
Ozran Beach 144, 145  
Palolem 14, 160, 191, 192, 191,  
7, 171  
Paradise Beach 200  
Patnem 160, 195  
Polem Beach 196  
Querim 155, 173  
Rajbag 196  
Sinquerim 121–2, 122  
Utorda 179  
Vagator 14, 144, 145, 7  
Varca 187  
Velsao 179  
Benaulim 185–7, 182, 8, 172  
Betul 189

Bhagwan Mahavir Wildlife Sanctuary  
47, 115–16  
Bicholim taluka 157–9, 157  
bicycle travel, *see* cycling  
birds 45, 46, 48

bird-watching 45, 211  
Dr Salim Ali Bird Sanctuary 47–8,  
80, 100  
tours 45  
Varca, Cavelossim & Mabor 187  
boat travel 236  
boat trips

Agonda 190  
Benaulim 185  
Calangute & Baga 128  
Candolim & Sinquerim 121, 122  
Colva 182  
Dr Salim Ali Bird Sanctuary 100  
Palolem 192  
Panaji 90–1  
Varca, Cavelossim & Mabor 187  
Bogmalo 178–9

Bombay, *see* Mumbai  
Bondla Wildlife Sanctuary 47, 114–15  
books

architecture 40  
Ayurveda 36, 129  
birds 45, 48  
culture 31, 32, 50  
environment 43, 49  
food 51, 53, 56, 57  
health 242  
literature 39  
religion 34, 35  
travel 13–15  
Britona 156–7

bus travel  
to Goa 233–4  
within Goa 236  
business hours 212–13

## C

Calangute 14, 126–36, 127, 8, 172  
Camões, Luís Vaz de 103  
Candolim 121–6, 122  
car travel 233, 236–7  
driving licence 238  
road rules 240  
Carnival 92, 218  
carpets 224  
caste 36  
Cavelossim 187–8  
cell phones 225–6  
Chandor 160, 167–8  
Chapora 14, 144–9, 145  
children, travel with 213

Chorao Island 100  
 Chowpatty Beach 60, 67, 74, **62-3**  
 Christianity 25, 33-4  
 churches 40, *see also* mosques, temples  
   Basílica of Bom Jesus 105-6, 5  
   Chapel of St Catherine 105  
   Chapel of St Sebastian 86  
   Church & Convent of St Monica 106  
   Church of Our Lady of  
     Compassion 108  
   Church of Our Lady of Mercy 181  
   Church of Our Lady of Miracles 137  
   Church of Our Lady of the  
     Immaculate Conception 87, 6  
   Church of Our Lady of the  
     Rosary 107  
   Church of St Andrew 109  
   Church of St Cajetan 106  
   Church of St Francis of Assisi  
     104-5, 8  
   Church of St Lawrence 110  
   Church of St Thomas 156  
   Church of the Holy Spirit 162-3  
   Nossa Senhora de  
     Penha de Franca 156-7  
   Rachol Church 166  
   Reis Magos Church 120  
   Se Cathedral 103  
 cinema 41-2  
 climate 12-13, 213-14  
 clothing 224  
   Benaulim 185  
   Calangute & Baga 135  
   Candolim & Sinquerim 125  
   Mumbai 78  
   Panaji 96  
 Coco Beach 120  
 Colomb 195  
 Colva 14, 180-5, **182**  
 conservation 48-9  
 consulates 216-17  
 Corjuem Island 156  
 costs 13, *see also* *inside front cover*  
 Cotigao Wildlife Sanctuary 47, 197  
 courses 214, *see also* yoga  
   cooking 57-8  
   music & dance 214  
 cricket 42, 77  
 crime 214  
 culture 30-42, 7

000 Map pages  
 000 Photograph pages

customs regulations 214  
 cycling 212, 235  
   around Margao 166  
   around Palolem 160, 195  
   around Panaji 89  
   Chorao Island 100  
   tours 227

**D**  
 dance 38, 214  
 dangers, *see* safe travel  
 deep vein thrombosis 242-3  
 deforestation 49-50  
 dengue fever 243  
 diarrhoea 245  
 disabled travellers 216  
 Divar Island 108-9  
 diving 212  
   Bogmal 179  
   Calangute & Baga 128  
   Candolim & Sinquerim 121-2  
   health 245  
   Panaji 89-90  
 Dr Salim Ali Bird Sanctuary 47-8,  
   80, 100  
 dolphin-watching  
   Agonda 190  
   Benaulim 185  
   Calangute & Baga 128  
   Candolim & Sinquerim 121, 122  
   Colva 182  
   Palolem 192  
   Panaji 91  
   Varca, Cavelossim & Mabor 187  
 Dona Paula 98-100  
 drinks 53-5, 56, **169**  
   water 247  
 driving, *see* car travel  
 driving licence 238  
 drugs 220  
 Dudhsagar Falls 80, 116-17, 170  
 dysentery 245

**E**  
 economy 20, 33  
 electricity 210  
 Elephanta Island 67  
 email services 219-20  
 embassies 216-17  
 emergencies, *see* *inside front cover*  
 environment 43-50  
 environmental issues 20, 48-50  
 events, *see* festivals  
 exchange rates, *see* *inside front cover*

**F**  
 Faria, Abbé Jose  
   Custodia 110  
 fax services 225  
 Feast of St Francis Xavier  
   108, 219  
 feni 54, **169**  
 Fernandes, Remo 38  
 festivals 217-19  
   Carnival 92, 218  
   Feast of St Francis Xavier  
     108, 219  
   Feast of the Three Kings 120, 168,  
     217-18  
   food 55  
   Ganesh Chaturthi 67, 70,  
     218-20  
   Maruti Zatra 92  
   Muhamarram 208  
   Procession of All Saints 108, 109,  
     218-20  
   Shigmotsav 92, 218  
 food 51-3, 55-6, 219, **169**  
   books 51, 53, 56, 57  
   courses 57-8  
   customs 56-7  
   etiquette 57  
   festivals 55  
   spice farms 80, 114  
   vegetarian travellers 56  
   websites 55, 57  
 football 42, 77  
 forts  
   Anegondi 205  
   Cabo da Rama 160, 189  
   Cabo Raj Bhavan 99  
   Chapora Fort 145-6  
   Corjuem Fort 156  
   Fort Aguada 120-1, **122, 172**  
   Reis Magos 120  
   Terekhol Fort 155-6, **173**

**G**  
 Galgibaga 197  
 galleries, *see* art galleries  
 Gama, Vasco da 23  
 Ganesh Chaturthi 67, 70, 218-20  
 Gaspar Dias 98  
 gay travellers 76, 219  
 geography 43  
 giardiasis 245  
 Goa trance 37, *see also* parties  
 Goa Velha 109-10  
 Gokarna 198, 199-202, **200, 176**  
 government 29

**H**  
 Hampi 198, 202-7, **203, 205, 176**  
 handicrafts 5, **174, 175**  
   Calangute & Baga 135  
   Mumbai 77-8  
   Panaji 96  
   Sangolda 128, 135  
 Harmal, *see* Arambol  
 health 241-7  
   insurance 241  
   vaccinations 241-2  
 hepatitis 243  
 Hindi 248-9  
 Hinduism 21, 33-6  
 historic buildings, *see* houses & mansions  
 history 21-9  
   current 29  
   Goa Velha 109  
   Independence 26-8  
   Kadamba period 22  
   Mumbai 61  
   Muslim rule 22-3  
   Old Goa 101-2  
   Panaji 82-3  
   Portuguese conquest 23-4  
   Portuguese rule 25-7  
   post-Independence 28  
 hitching 237  
 HIV 243-4  
 holidays 219  
 Hospet 207-8  
 houses & mansions  
   Braganza House 167  
   Casa Arajao  
     Alvarez 167  
   Fernandes House 167  
   Manthan 185  
   Miranda House 167  
   Sangolda 128, 135

**I**  
 immigration  
   regulations 230  
 Inquisition, the 25, 83  
 insurance 219, 241  
 Internet access 219-20  
 Internet resources  
   air tickets 231  
   culture 15, 30  
   food & drink 55, 57  
   health 242, 243  
   media 15, 34  
   trains 234  
   travel 15, 230

Islam 33, 34  
 itineraries 11, 16-19, 61

**J**  
 Japanese B encephalitis 244  
 jet lag 243  
 jewellery 224  
   Calangute & Baga 135  
   Candolim & Sinquerim 125  
   Mumbai 78  
 Jog Falls 198, 202, **176**

**K**  
 Kadambas, the 22, 109, 115, 116, 168  
 kayaking 212  
 Khandepar 115  
 Kindlebag 197  
 kite-surfing 152, 212  
 Konkani 28, 32, 39, 42, 248-9, *see also inside front cover*

**L**  
 language 58-9, 248-9  
 leatherwork 224  
 legal matters 220  
 lesbian travellers 76, 219  
 literature 39, *see also* books  
 Loutolim 160, 166-7

**M**  
 Madgaon 161-6, **163, 175**  
 Majorda 179  
 malaria 244  
 Mandrem 151-2  
 mansions, *see* houses & mansions  
 map legend 264  
 maps 220-1  
 Mapusa 14, 136-44, **137**  
 Marathas, the 25-6  
 Margao 161-6, **163, 175**  
 markets 14, 19, 5  
   Anjuna flea market 14, 118, 141,  
     **6, 174, 175**  
   Calangute & Baga 135  
   Ingo's Saturday Nite Bazaar 14,  
     118, 129  
   Mackie's Saturday Nite Bazaar 14,  
     118, 129  
   Mapusa 14, 137  
   Margao 163, **175**  
   Mumbai 60, 78  
   Panaji 96  
   Siolim 14, 150  
   Mayem Lake 159  
   measures 210, *see also* *inside front cover*

medical services 243, *see also* health  
 metric conversions, *see* *inside front cover*  
 Menino Jesus 181  
 Miramar 98  
 mobile phones 225-6  
 Mabor 187-8  
 Molem 115-16  
 money 13, 221-2, *see also* *inside front cover*  
 Morjim 150  
 mosques, *see also* churches, temples  
   Haji Ali's Mosque 69  
   Jama Masjid 87-8  
   Safa Shahouri Masjid 113  
 motion sickness 243  
 motorcycle taxis 237  
 motorcycle travel 233, 237-40, **170**  
   driving licence 238  
   hire 238  
   purchase 240  
   road rules 240  
 motorcycle trips 212, **170**  
   Benaulim to Bogmal 160  
   Bicholim taluka 157-8, **157**  
   Cavelossim to Agonda 160, 186-91  
   Chorao Island 100  
   tours 240  
   Muhamarram 208  
 Mumbai 60-79, **62-3, 64, 66, 68**  
   accommodation 70-2  
   activities 69  
   attractions 60, 61, 67-9  
   drinking 72-5  
   emergency services 64  
   entertainment 75-7  
   festivals 70  
   food 72-5  
   history 61  
   Internet access 64-5  
   medical services 65  
   safe travel 66-7  
   shopping 77-8  
   tourist information 66  
   tours 70, 77  
   travel to/from 78-9  
   travel within 79  
   walking tour 69-70, **69**  
 museums  
   Archaeological Museum  
     (Hampi) 205  
   Archaeological Museum  
     (Old Goa) 105  
   Goa Science Centre 98  
   Goa State Museum 88  
   Houses of Goa 157

**museums** *continued*  
 Mani Bhavan 68-9  
 Museum of Christian Art 106-7  
 Naval Aviation Museum 179  
 music 36-8  
 musical instruments 224

## N

national parks, *see* sanctuaries & protected areas

natural therapies 19, 192, 247,  
*see also* Ayurveda, yoga

Anjuna 141

Calangute & Baga 129

Nerul 120

newspapers 15, 34, 210

## Non-Governmental

Organisations 33, 40, 48-9, 136,  
 138, 228

**O**  
 Old Goa 80, 100-8, **101**, 5, 8, 173  
 opening hours 212-13

**P**  
*paan* 57  
 packing 12  
 painting 40-1  
 Palolem 14, 160, 191-4, **191**,  
**7, 171**  
 Panaji 80, 82-98, **84-5**, 6, 173  
 accommodation 92-4  
 activities 89-90  
 attractions 86-9  
 drinking 95  
 emergency services 85  
 entertainment 95-6  
 festivals 91-2  
 food 94-5  
 history 82-3  
 Internet access 85  
 medical services 86  
 shopping 96  
 tourist information 86  
 tours 91  
 travel to/from 96-7  
 travel within 97-8  
 walking tours 90-1, **90, 91**

Pandava caves 168  
 Panjim, *see* Panaji  
 papier-mâché 224

000 Map pages  
 000 Photograph pages

paragliding 212  
 Anjuna 141  
 Arambol 152  
 Candolim & Sinquerim 122  
 parties 118, 148  
 Anjuna 143-4  
 Arambol 154-5  
 Goa trance 37  
 Vagator 149  
 passports 230

Patnem 160, 195-6

photography 222

Piedade 108

Pilar Seminary 110

Pinto Revolt 26, 125

planning 12-15

itineraries 11, 16-19, 61

plants 45

police 220, 239

Pomburao 157

Ponda 111, 113-14

Ponda taluka 110-14, **111**, **171**, **172**

population 20, 33, 8, **175**

Porvorim 157

postal services 222-3

Procession of All Saints 108, 109,  
 218-20

protected areas, *see* sanctuaries &  
 protected areas

public holidays 219

## Q

Querim 155, 173

## R

rabies 244

Rachol Seminary & Church 166

radio 210

rafting 212

Rajbag 196-7

raves, *see* parties

Reis Magos 120

religion 33-6

reserves, *see* sanctuaries & protected  
 areas

responsible travel 41, 49, 230  
 volunteering 48, 136, 138, 228

Rivona caves 168

road rules 240

## S

Safa Shahouri Masjid 113

safe travel 214-16

crime 214

drugs 220

hitching 237  
 legal matters 220  
 police 220, 239  
 road safety 239-40  
 scams 215  
 swimming 123, 246  
 theft 215  
 touts 215-16  
 women travellers 225, 228-9

sanctuaries & protected areas 47-8

Bhagwan Mahavir Wildlife

Sanctuary 47, 115-16

Bondla Wildlife Sanctuary 47, 114-15

Cotigao Wildlife Sanctuary 47, 197

Dr Salim Ali Bird

Sanctuary 47-8, 80, 100

Sangolda 128, 135

Saptakoteshwara Temple 158-9

saris 225

scams 215

scuba diving, *see* diving

sexually transmitted diseases 244

Se Cathedral 103

Shantadurga Temple 113, **172**

shopping 19, 223-5, 5, 6, **174**, **175**

*see also* antiques, clothing,  
 handicrafts, jewellery, markets

Benaulim 185

Calangute & Baga 135

Candolim & Sinquerim 125

Mumbai 77-8

Panaji 96

Sangolda 128, 135

silks 225

Sinquerim 121-6, **122**

Siolim 14, 150

snorkelling

Calangute & Baga 128

Candolim & Sinquerim 121-2

Sobhraj, Charles 158

soccer 42, 77

solo travellers 225

spice farms 80, 114

sports 42, 77

swimming 123, 246

## T

Tambdi Surla Mahadeva Temple 116

taxis 237

telephone services 225

temples 39-40, *see also* churches,

mosques

Chandreshwar Bhutnath Temple

168-77

Damodar Temple 168

Elephanta Island 67  
 Laxmi Narasimha Temple 112  
 Mahalsa Temple 112  
 Manguesh Temple 111-12  
 Maruti Temple 88, 137  
 Naguesh Temple 112-13  
 Ramnath Temple 113  
 Saptakoteshwara Temple 158-9  
 Shantadurga Temple 113, **172**  
 Tambdi Surla Mahadeva Temple 116  
 Virupaksha Temple 204, **176**  
 Vittala Temple 198, 204, **176**

Terekhol 155-6, **173**

textiles 225-9

theatre 42

theft 215

time 226

tipping 221-2

Tiracol 155-6, **173**

tourist information 226

tours 226-7, 240, *see also* boat

trips, walking tours

bird-watching 45

Colva 182-3

Cotigao Wildlife Sanctuary 197

cycling 227

Hospet 207

motorcycle 240

Mumbai 70, 77

Panaji 91

Varca, Cavelossim & Mabor 187

touts 215-16

train travel 234-5

to Goa 235

within Goa 240

## W

walking tours

Mumbai 69-70, **69**

Panaji 90-1, **91, 91**

water sports

Benaulim 185

Bogmalo 179

Calangute & Baga 128

Candolim & Sinquerim 122

Colva 181

Varca, Cavelossim & Mabor 187

weather 12-13, 213-14

websites, *see* Internet  
 resources

weights 210, *see also*

*inside front cover*

wildlife 43-5

wildlife-watching

Bhagwan Mahavir Wildlife

Sanctuary 47, 115-16

Bondla Wildlife Sanctuary 47,  
 114-15

Cotigao Wildlife

Sanctuary 47, 197

women travellers 225, 228-9

women's health 247

women's issues 32

woodcarving 224

world time zones 262-3

## X

Xavier, St Francis 25, 104,

105-6, 108

## Y

yoga 19, 214

Anjuna 140-1

Arambol 153

Benaulim 185

Calangute & Baga 128-9

Mumbai 69

Palolem 192

Vagator & Chapora 146

Yussuf Adil Shah 23, 82, 102

## Z

Zambaulim 168

© Lonely Planet Publications. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'