

MYSTERY US

UNIVERSE

ORIGIN

AND

DESTINY

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MICHAEL CREMO

PAUL VON WARD

JOSE ESCAMILLA

BRET OLDHAM

PATRICIA MARTIN

SEAN BARNES

CONNIE KIS ANDERSEN

JEFFREY A. TEAGLE

Mystery Us Universe

# MYSTERY US UNIVERSE:

## Origin and Destiny

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# MYSTERY US DEDICATION

I dedicate this work to my wonderful son Jett Cody Pratt who I am so proud of and who is my number one motivation for continuing the process of uncovering and sharing these mysterious hidden truths. I also want to dedicate this work to my loving Mother Janice Pratt for always being there and never judging and for always being supportive and believing in me no matter what wild and crazy path I have chosen to follow

# Mystery Us Universe

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**MYSTERY US UNIVERSE**  
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# Mystery Us Universe

## **ACKNOWLEDGMENTS**

**This book is first and foremost credited to the authors of this volume as well as all like-minded seekers of truth who go beyond secondary information received from books and accepted authorities to discover and create their own unique understanding of the universe and develop their own individual way of knowledge.**

**This work also owes an enormous debt of gratitude to the many viewers of the Mystery Us TV show, You Tube & Livestream Channels and the Mystery Us Facebook Group.**

**I also wish to acknowledge my martial arts teacher Grandmaster Shin Young Kong who developed in me the amazing visual perceptiveness and mental/physical/spiritual attributes that have informed my personal research in this field of paranormal investigation and understanding.**

**Finally, I want to include a very special dedication to the legendary broadcaster Art Bell and Coast to Coast AM Radio. Because of which, I was initially inspired to create the Paranormality Radio program and subsequently the Mystery Us TV show. Thanks Art, for opening the Mystery Us Universe up for me and all those who have been touched by your incredible vision over the years.**

Mystery Us Universe

## **INTRODUCTION: ABOUT THE AUTHORS OF THIS BOOK**

I am Tony Pratt principle author of this book. I produce and host a TV show called Mystery Us on Channel 19 in Nashville, Tennessee. It is also a website, a You Tube channel and Facebook group.

Mystery Us the TV show was formerly a paranormal radio program called Paranormality on an FM radio station WRFN – radio free Nashville. The other authors of this book are former guests of the radio and/or TV show and/or mentors and people whose work I highly respect. My chapter is the final chapter of Mystery Us Universe. It tells the intimate story of my personal journey and experience. And, it explains why and how the Mystery Us TV show evolved.

I first encountered Paul Von Ward at an IONS (Institute of Noetic Sciences) meeting at Holiday Inn Vanderbilt one of the places where it was formerly held before relocating to Unity Church for Positive Living in Nashville, Tennessee. Paul was lecturing at their weekly event “First Sunday.”

The Institute of Noetic Sciences was founded by Apollo Astronaut Dr. Edgar Mitchell. First Sunday is an ongoing lecture event founded by Linda Jones Ellis, a tremendous person who I also hold in great esteem. First Sunday has Speakers and/or presenters who conduct seminars and workshops addressing various topics i.e. healing, alternative health and science etc. And Paul does an excellent and enlightening presentation. Paul is an interdisciplinary cosmologist who studies all type of sciences and areas of knowledge.

Paul is a former Southern Baptist minister and scholar who could bring to life ancient texts written in Sanskrit, Aramaic, Hebrew and more. Paul examines the writings both of religion and myth and combines it with what we know about the time it was written to actually prove it is absolutely a record of true life events. But, it may not quite always match the common Protestant interpretation of literal events when original



languages are broken down and the meanings of words precisely described.

Whether angels, aliens, or sons of God, Paul Von Ward presents the argument that advanced beings of some sort have interacted with ancient humans perhaps intervening in human affairs for the betterment of the species. Either way a hybridization program by any outside intelligence is quite an unsettling and disturbing prospect in any form of interpretation.

In this volume 1 of *Mystery Us Universe* Paul talks about human origins, giants, Atlantis, and more in great detail and with intriguing insight and scholarship. Paul also does work in the area of scientific investigation of reincarnation.

I was so impressed with Paul Von Ward I invited him to be my first guest on *Mystery Us*. He was the guest on the second *Mystery Us* show as well. We are planning a third show with Paul Von Ward in December 2012.

Dr. Michael Cremo is a highly successful author and world renowned expert in Archaeology and many other circles. I interviewed Michael Cremo on the *Paranormality* radio show on the ancient antiquity of man and his books *Forbidden Archaeology* and *Human Devolution*.

I was pleasantly surprised when Michael Cremo graciously agreed to come to Nashville and appear on the *Mystery Us* TV show at his own personal expense. I had asked him if he wanted to attend a dinner and meet some folks in Nashville who were fans of his work and appearances on *Coast to Coast* am with Art Bell and now George Noory, George Knapp and others.

I had planned to invite Linda Jones Ellis and the regular group of friends from unity that would go for dinner at Anatole's Turkish restaurant after the First Sunday meetings. Anatole's is on the same street as Nashville State College where the P.E.G. (public, education, government) TV studio is located. Michael had initially said no because he thought his flight would be arriving too late. So, I didn't invite anyone.

Then, when I spoke with Michael again he told me his flight schedule

was changed and he would be arriving early enough for the dinner to occur. I called Linda Jones Ellis back but she had already made other plans with the same group.

Linda suggested I contact Patricia Martin publisher of Health and Wellness magazine who conducted regular networking meetings and vegetarian dinners. Patricia Martin, I thought “wow, that name rings a bell.” Dr. Stephanie “Shae” West, a hypnotherapist who I had interviewed and dated a couple of years earlier. I remembered she had told me I would be in a relationship with someone named Patricia Martin who I had supposedly been married to in a past life in a couple of years. She told me she was the publisher of Health & Wellness magazine and I had seen her photo in the magazine at Whole Foods and thought she was attractive but didn’t think much about it and didn’t really pay attention to it at the time.

So, I called Patricia and she invited several of her friends to attend the event and even called and made the reservation for Anatole’s restaurant. I picked Michael Cremona up at the airport and drove him to the dinner. The moment I walked into the room with Michael and I saw Patricia Martin sitting there I somehow knew we would be together. I introduced Michael to the group and sat down right next to Patricia and. Michael spoke eloquently as always and everyone asked good questions. We ate great food and it was an enormously enjoyable event. When we filmed the show the next day Michael was superb. I was very prepared for the interview though still somewhat inexperienced as a TV host. Patricia and I are still partners and like family or even closer. I don’t want to puff her up too much. But, I must admit she continues to be my best friend and meeting her one of the best things that has ever happened to me.

Jose Escamilla, I consider a mentor of mine and person who I learned from when it comes to filming UFOs and rods and other unknown aerial phenomena. He is the discoverer of rods, a type of UFO that swims around in the air hence the nickname “sky fish.” I was also a fan of Jose from his interviews as a guest on Coast to Coast am radio. I ended up meeting Jose on Facebook and was privileged to be credited as a graphic artist for his film “The Celestial Movie.” It was like a dream materializing a few months ago. I was chosen to enhance some frames for his incredible documentary film that shows the Moon like you have never seen it before

and reveals huge unnatural structures of intelligent design on the surface. It unveils what look like cities, a nine mile tall statue, a crashed space craft, and a strange creature emerging from a cave.

Other frames I enhanced for the next film also contain similar shapes floating in the air closer to the camera than other ones down inside some of the craters. I am not sure about the exact size of these bizarre probable life forms.

Considering the size given for a particular crater it should be able to be determined exactly how large these things are. Someone better at math than me needs to make that estimation. The bottom line is Jose has done it again. He has discovered another equally strange life form on the Moon. It is what Jose does. You will learn from his chapter Jose is quite a colorful character who has had a life of adventure.

Jeffrey A. Teagle is another author I met on Facebook through mutual friends and Bigfoot researchers Zach and Jenny Shelton and Ian McNabb. Jeffrey has done research with mutual friends and researchers I have met and/or worked with and respect. He is one of the most experienced Bigfoot researchers I know. He stopped counting his physical sightings at 14. As you will see in his chapter he is open to all aspects of the phenomena.

Connie Kis Andersen is an award winning Country singer from Perth, Australia. She is mainly a musical guest of Mystery Us but being from Australia as you will read in her chapter is familiar with the Aussie version of Bigfoot called "Yowie" by the Aboriginal people.

Bret Oldham and his wife Gina are friends of mutual friends who I had heard about and also met on Facebook and were recent interview guests on Mystery Us. As you will discover from Bret's chapter they are well rounded paranormal investigators famous for their work with the spirit box.

Sean "Sandman" Barnes and I met at WRFN. He already had his Parareality radio program when I started my Paranormality show. I initially changed the name of my show to Paranormal Nashville to avoid confusion, but it didn't really help. Sean is a cool dude. We became

friends for life when I first met him and I showed up on the wrong day and he actually cancelled his show to let me use his time slot to do a live show with an out of town guest I had already scheduled. We have subsequently appeared in a film together and he has been an interview guest on Mystery Us and I have been a guest on his ParaReality radio program. Sean is a fantastic investigator and you will want to listen to his radio shows after you read his chapter.

## **CHAPTER 1 - HUMAN HISTORY: INTERVENTION BY ADVANCED BEINGS**

**Human History: Intervention by Advanced Beings**

**By  
Paul Von Ward**

Over the last few decades, millions have begun to realize that our academic history books are filled with holes and patched with misleading conclusions based on flimsy evidence. The human story programmed into the minds of today's high school and college graduates is now being proven false in very fundamental ways.

Ironically, these revelations have not been initiated by scholars in our major research and scientific institutions whose roles include discovering the true story of our past. Instead, the intellectual movement to more accurately reconstruct ancient history has been led by independent, interdisciplinary scholars like Eric Von Daniken, Zecharia Sitchin, the authors of this book, and growing numbers of others.

Books by such writers focus on discoveries that reveal gaps in standard history books. They reexamine the academic assertion that ancient texts must be seen as myths or metaphors instead of descriptions of real events. Their scholarly evaluation of new and old discoveries is now turning so-called myths into a new historical narrative.

For instance, books based largely on intuition about the myth of a

lost Atlantean era in the human past are usually as mystical as the legend itself. However, new, intrepid scholars offer tangible evidence that incorporates the Atlantis story of perhaps 100,000 years in the documented history of the Earth and its humanoid inhabitants.

The significance of this book for readers—skeptics or believers—is that it grounds many legends and myths in real-world events. Another example is Pat Chouinard’s research that provides authentication of the tales about giants from what conventional historians call prehistory. The now available physical evidence that giants were historical beings provides proof that many ancient texts must now be seen as valid, even if partial, historical documents.

We can no longer read Hebrew, Christian, Islamic, or other religious documents referring to “giants of old” as divine descriptions of other realms. Neither, can we label Greek and Roman legends of “titans” as fantasies created by writers who wished to glorify the birth of their cultures as something unique.

It is now clear that large, flesh-and-blood humanoids are an integral part of the human evolutionary trajectory on planet Earth. Based on ancient texts mentioned above, one can reasonably postulate that “giants” were a transitional genetic link between non-humans and some subspecies of *Homo sapiens*.

To place the other chapters of this book into the “bigger picture” of human evolution, I propose an emerging outline of a 21st-century view of our origins and the sweep of human history. I describe below what I call the Advanced Being Intervention Theory (ABIT). It postulates the involvement of beings much more advanced than human physical, technological, social, and psychological levels of development.

The AB Intervention Theory is supported by evidence in plain sight—but wrongly identified—in hundreds of books and thousands of academic papers available in libraries and online. Many describe a time when ABs (Advanced Beings) from the skies descended to Earth. Most describe the ABs “fighting among themselves” even as they became involved in the development of humans and their cultures. This AB exploitation of humans included genetic input in Earth species. But, ABs

also provided us valuable, useful assistance.

**Examples:** Enuma Elish identified ABs Apsu and Tiamat as ones who aided humans. Chinese myths say AB P'an Ku instructed early humans about the universe. An Apache account claims AB Hactein proceeded to make human beings. Similar themes are found in artifacts in Egypt, India, Japan, and practically every other culture on the globe.

**Other examples:** Many Sumerian, Hindu, and Hebrew texts that report observations of AB/human interactions are credible pieces of evidence. They include the Dead Sea Scrolls, Nag Hammadi Scriptures, and Gnostic Gospels. An excellent analysis prepared by my colleague Roger Voss illustrates the quality of such information found in the oldest publicly available version of the Paleo-Hebrew Torah.

Voss shows that just over 2,000 years ago, Hebrew scribes still acknowledged the AB reality. For instance, Deuteronomy 10:17 states, "For Yahweh your God -- He is God of the Elohim, and Lord of the lords; God, the great, the mighty, and the fearful..." The names Yahweh, Lord, lords, God, and Elohim all refer to real-life ABs in both singular and plural forms. Later versions of Hebrew texts were redacted to distort these facts.

### Physical Evidence

Many people who are open to the "race of giants" hypothesis have the idea that all the evidence comes from texts like those described above. We know that written documents are often difficult to interpret or that they can be edited to suggest whatever a person desires. However, the above biblical and earlier texts have internally consistent, plausible accounts corroborated by the evidence of physical artifacts.

As an example, a collection of fossilized humanoid teeth (dated at 100,000 BP) that indicate larger bone architecture (9.5' high) than *Homo sapiens sapiens* grabs the attention of open-minded scientists. Evidence of these beings point to the time period when the fossil record and DNA projections suggest *Homo sapiens sapiens* appeared. This correlation gives credence to biblical accounts of human-giant interactions.

Mummies of 6.5' caucasoid humans in Western China dating to

7,000 BP, male and female Nevada mummies and skeletons of bigger stature (found among 10,000 BP artifacts), and 16th-century Spanish ship logs detailing the capture and death of 10' humanoids prove contacts between humans and “giants” continued into the modern era.

Stories from many cultures assert that their ancestors received their language or alphabet from gods. For instance, Egyptians claim AB Thoth was author of their language, and Hindus credit their Sanskrit alphabet to the AB Saraswati.

Given new genetic discoveries, the AB gift of alphabets and language may have involved a genetic upgrade. The FOXP2 gene—which has control over muscles of the mouth and throat related to speaking—discovered a decade ago was first thought to be unique to Homo sapiens. While recent research revealed the FOXP2 gene is in all primates, it revealed that the unique Homo sapiens capacity for complex communications requires over 100 special neuronal networks orchestrated by FOXP2 which do not exist in other species.

Such rapid specialized gene mutations are inconsistent with the normal rate of accidental, natural mutation. This supports the hypothesis that ABs gave giants and humans the physical capacity and language principles as related in universal early human accounts.

The following paragraphs below connect these and other types of evidence that corroborate the evolving AB-IT and add to a more complex version of human history.

### Correcting the Human Story

As introduced in the first paragraph, students and most adults today do not know that much of what they are taught in educational organizations is outdated or false. They are not aware that more information is kept from the public because it challenges established institutions. New discoveries are also sidelined by the stodgy procedures that delay testing new evidence and getting the results out.

However, the more serious, historical problem is the censorship and re-writing of history by elites desiring political, social, and psychological control of others. In this situation, suppression is the result

of deliberate manipulation of both historical and newly discovered evidence. Books like this one reveal cover-ups like those that follow.

The conventional timeline of physical evolution has many gaps in its evidence. They are ignored by the academic tendency to push aside or totally ignore evidence that does not support cherished theories. For instance, unexplained gaps in the fossil record are papered over with terms like punctuated equilibrium.

Those two words mean that major shifts in evolution can't be explained by the regular slow, gradual rates of evolution. Therefore, the well-documented theory of cell-by-cell mutations—necessary for natural evolution—can't explain the gaps. Instead of being a fanciful concept, I believe AB intervention best explains these otherwise inexplicable leaps to new species. After all, humans now manipulate animal DNA. Perhaps in the same way that some of our ancestors resulted from AB gene splicing.

While cover-up of genetic history is serious, the distortion of our social evolution has serious implications for the future. While it is interesting to learn that our bodies may contain alien genes, it is more important to understand the roles ABs have played in our intellectual and psychological development. We need to know what roles they played — and still play — in wars, technology, social unrest, and restrictions on our knowledge.

Divine origins of religions are human creations. The large majority of humans believe they and all other life forms were directly created by a distant divine god. They consider their religious texts to be direct communications from that god, or gods. This belief system has kept humanity from assuming its own responsibilities for the future of this planet and its species. It also supports attacks on others who believe differently.

The new understanding of history in this book and similar publications will make it possible for humans to rid themselves of guilt about and fear of divine retribution. The prevailing notion of an ultimate creator based on what many call “ancient astronauts” has kept us from realizing our real potential. Supernaturalism chains us to a very limited



and inaccurate understanding of other realms and our interaction with them.

Below, is a brief case for why we need many books like this one to help us gain a more realistic understanding of our genetic past, our social evolution, and the morphing of physical AB encounters into a supernatural cosmology. We need a new way to think about what we are and how we fit into a multi-being, multi-dimensional universe.

### Discovering the Evidence

An updated new story of humans on the planet Earth is emerging from the research that supports the ABIT (Advanced Being Intervention theory). However, our present knowledge in all areas is only a fragment of what will eventually be known. People who claim to have figured out all the unknowns are egoists with no desire for truth.

The first big gap in knowledge is when and how life began on this planet. Earth's birth is estimated to be about 4.5 billion years ago. Most scientists estimate the first single cells arose 3.8 billion years ago. However, we can't be sure how much evidence of life is still unknown. Without access to records lost under molten rock, in the deep sea, and under shifting continental plates, such estimates are speculative.

The same problem arises with any effort to define the Earth's evolutionary tree. The dates of small organisms, plants, and animal species are now based on the rates of radioactive decay in certain isotopes or in the rock layers in which they are found. Carbon-14 dating is only useful for specimens less than 50,000 years old. Thus, the so-called timeline of evolution has unknown gaps awaiting new technologies.

With these caveats, I sketch out below a plausible timeline of human history based on the work of this book's authors and others. Drawing on our research, we can construct a skeletal theory—leaving it open to new discoveries in science and history—of how humans reached a population of over 7 billion souls.

About six million years ago, most scientists today believe that a variety of hominids existed on Earth. These creatures apparently changed at a gradual rate of evolution. It is likely that by 2.5 million BP (Before

Present), the genus Homo appeared. Some of them evolved into Homo erectus types about 2 million BP. These erectus and similar types had human-like bodies and appear to be our direct Earth ancestors.

However, we must consider the possibility that extra-planetary scientists seeded life on Earth in its early geophysical conditions. Or, perhaps they simply took advantage of early species and experimented with them over time. Either way, the evidence suggests that ABs very likely played a role in modern species.

Between 300,000 and 200,000 BP, the slowly evolving erectus types—with tool-making and social skills—began to be replaced in an inexplicably short period of time by Homo sapiens arising in Africa. Ancient texts reviewed by Zecharia Sitchin and others, including myself, believe sufficient corroborative evidence exists to make the case that ABs could have been involved in this “leap” in the evolutionary timeline.

About 100,000 BP, we have another “leap” over a “gap” in the fossil record. At that point, an even greater modification in the sapiens genome occurred to produce us—Homo sapiens sapiens. Fifty thousand years later, a diaspora of these modern humans in different directions can be documented. As they traveled across continents, they likely interbred with contemporary descendants of erectus types in different locations.

The progeny of these erectus-sapiens matings may have produced Neanderthals and Denisovans. The former have been tentatively placed in Europe and the latter in East Asia. They appeared in our partial fossil record 40,000 BP or earlier. That modern Homo sapiens sapiens interbred with these subspecies is validated by some of their DNA found in modern humans. Such common genes among all these groups may suggest that AB genes provide internal links among humanoids from the beginning.

During the sapiens sapiens diaspora between 100,000 BP and 11,500 BP (date of the Biblical Flood as part of a global cataclysm), self-described, AB-assisted human communities arose on various parts of the planet. Legends of Lemuria, Atlantis, and other sites noted for highly developed civilizations fit into that time frame.

This is the first period of apparent miscegenation (not genetic

manipulation) between “the gods” and sapiens that created AB-human hybrids. Depending on which ABs had intercourse with human females, a variety of AB-human genotypes were produced. This includes various categories of the “giants of old” discussed in this book.

At the same time, aboriginal sapiens sapiens kept to themselves in Africa and several more isolated locations. Their offspring who did not interbreed with descendants of independent erectus-sapiens types generally had a smaller body-type. These include various groups of pygmies like the so-called “hobbits” discovered in Indonesia in 2003 — dated at least to 18,000 BP.

These aboriginals who escaped the later, widespread miscegenation between ABs and Homo sapiens sapiens were able to maintain cultures that produced more objective views of the AB gods. Their legends of “the gods” were formed at a distance, in contrast to biblical and other texts describing intimate, ongoing AB-human relations

Readers must keep in mind that evidence for the above dates is sparse. This means that these descriptions of human history for the period from 250,000 years ago until about 12,000 BP are based on inferences from many different sources. Fortunately, recent fossil and genetic analyses support the idea of AB intervention during that period.

### Partial Fossil Record

The currently known fossil record shows that our hominid ancestors slowly evolved over six million years. They coped with harsh conditions with little genetic mutation. Yet, between 200,000 and 300,000 BP, a nimble and intelligent new species (Homo sapiens) appeared in Africa outside the erectus pace of genetic mutation.

After about 100,000 years or so, another anomalous gap occurred in the genetic evolution of genus Homo development. From that period, Homo sapiens sapiens fossils can be found in Africa and beyond. With complex language and tools, these modern humans demonstrated greater mental skills with no increase in brain capacity.

Multiple sites illustrate this rapid divergence. One is the existence of erectus-type stone hand axes and other tools found in South

Africa and on Crete (an island separated from Africa for millions of years) that date to 700,000 BP. They were still in use 130,000 years ago while Homo sapiens sapiens had ships for far-ranging seafaring routes.

This fossil record is consistent with Sumerian and Hebrew texts that describe AB upgrades of humans. The rabbinical scribes at the time of the Babylonian Exile (6th century BCE) still accepted the historical claims that Elohim (ABs) had raised humans above the other animals on Earth (Voss/Genesis 1:26 "... let them have dominion over (all animals and the earth)...").

### Indirect DNA Corroboration

The genetic changes producing Homo sapiens occurred in a very short period rather than hundreds of thousands or millions of years. This gap in human evolution requires an extraordinary explanation. External genetic manipulation could have created a new species like Homo sapiens. Genesis 1:26 offers evidence of just that: "... the Elohim said, 'Let us make man in our image...' "

No male Y chromosome analysis to date places an Adam coexistent with Eve. The Genesis-type texts suggest the Adam event occurred prior to Eve. If male AB colonists provided Y chromosomes that morphed erectus types into Homo sapiens, this order makes sense. The Eve event (Homo sapiens sapiens) could be second if AB sperm for in vivo or in vitro gene splicing involved only a few human females.

Analyzing mitochondrial DNA, researchers now believe that Homo sapiens sapiens came from only a few females in Africa between 100,000 to 200,000 years ago. This dating of the Eve event is consistent with the fossil record and the Annunaki-human timeline first publicized by Sitchin. It also precedes the date (between 100,000 to 50,000 BP) validated for Homo sapiens sapiens' arrival in Europe and Central Asia.

Other genetic events also have links with our hypothetical storyline. The history of blood-type genes also coincide with periods of AB involvement in human history since the Cataclysm. Survivors of Noah's Ark in the Turkic-Mesopotamian region have a higher-than-average Type B percentage than the Type O peoples living in adjacent areas. Other blood types appearances coincide with reported AB

interventions.

The first phase in AB intervention in hominid development was impersonal, technical gene-splicing. But, as Homo sapiens quickly evolved physically and mentally, their interactions with ABs became more personal, leading to Homo sapiens sapiens.

Cohabitation between AB colonizers and humans occurred during both the pre- and post-Cataclysm eras. Humans who labored for the ABs or had become members of their households obviously learned a lot from them. But, the phase known as Exile from Eden was a turning point. Humans lost direct access to AB knowledge and technologies.

**After the Global Cataclysm**

After 11,500 BP, we move from fragmented evidence of our early history to a fairly good sample of documentation that still exists. These sources only need to be looked at through a new set of lens (ancient astronaut and AB Intervention Theories). By 11,500 BP, advanced civilizations around the globe had been destroyed, leaving only small groups of survivors who had lost their technologies, habitats, and social cohesion.

Accounts from around the world describe how ABs landed back on Earth after the volcanic explosions, nuclear winter-type darkness, earthquakes, regional floods, upheavals of mountain changes, loss of species, and devastation of human cultures. The tale of Noah in the Hebrew Torah is one example of ABs returning to Earth with an intention to assist in the recovery of human civilization.

Lucky human survivors received technical assistance in several key locations around the globe. They included Mesopotamia, Western China, India, the Andes, and possibly others. In less than two thousand years, sophisticated cultures blossomed with AB technical assistance at several global locations. Pre-Cataclysm human memories that survived were fragmented and often vague. But they retained memories of pre-Cataclysm AB involvement with humans. Some of these memories hint of high civilizations like Lemuria or Atlantis, or special places like Eden or Shambhala.

The reader will note that this history is inconsistent with what we are taught in school. Academics assume that 10,000 years ago (after the abrupt, cataclysmic-ending of the Ice Age), humans had evolved only to the “Cave Man” stage. But for decades now, each year has brought increasing discoveries of unexpected sophisticated human activities quickly after the Cataclysm. Fortunately, we also still have bits of the Atlantean and complementing memories that can be verified with research as discussed in this book.

### How Does Atlantis Fit?

Does the story of Atlantis fit into the timeline described above? Some writers using extra-dimensional sources have proposed the Atlantean civilization enjoyed a long history, perhaps 100,000 years or more. As squishy as such a claim may be, it is interesting that the above evidence points to Homo sapiens sapiens about that time. If correct, it would also correlate with other so-called Atlantean “memories.”

One belief is that the “gods” at the beginning of Atlantean history were super beings who directly ruled humans. Its founder, Poseidon, was alleged to be one of them. Thus, his ten direct offspring (the oldest being Atlas), with the human Cleito, were hybrids who were later known as the rulers of Atlantis. These ideas are consistent with AB interventions in the fossil and DNA record described earlier, including the giants.

Other subjective material suggests these AB-hybrid rulers made possible the rising of the first utopian civilization among humans. While initially ruled by these demigods, the human citizens were largely independent and involved in self-government. Alleged immigrants from Atlantis may have taken this ideal to other humans before the sinking of its final remnants during the Cataclysm. Indian, European, Middle Eastern, and American legends still carry accounts of such utopian practices.

However, a negative aspect of the ancient-text history discussed in this chapter includes descriptions of conflict among Poseidon’s siblings and cohorts. Their internecine AB wars are also consistent with worldwide origin myths, including the Hebrew Bible and others.

Of course, pre-Cataclysm cultures were decimated when civilizations everywhere suffered almost a total loss of their populations, structures, and technologies. However, images of Atlantis survived in the minds of survivors, and were passed on to Egyptians, and then to the Greeks. They included tales of the giants described above.

With the loss of most of the Atlantean civilization, except for a few escapees, scattered across Europe, North Africa, and parts of the Americas, the human story becomes one of new AB efforts to revive human communities. But those efforts were a double-edged sword—not unlike the results of advanced European nations colonizing more primitive peoples around the world over the last five hundred years.

### Post-Atlantean Civilization

The post-cataclysm stories, as in Noah's tale, described AB assistance that helped humans rebuild. The downside was return of AB colonial rule, as hinted at in the Garden of Eden story. Just as in modern European colonies, the revival of human culture did not escape the “subjugation/self-deprecation syndrome” imposed by the ABs.

Several survival accounts (Sumerian, Hebrew, Sanskrit, and African) describe conflicts among the “gods” affecting their human tribes. These warring and off-planet reasons caused the AB colonizers to quit their overt Earth rule before 4,000 BP. They left humans to their own devices or rule by kings/queens with some direct AB bloodlines. Lists of Egyptian rulers track this shift: ABs gave way to fifth-millennium hybrid kings, to be followed by the Pharaohs who imitated and claimed to be descendants of AB gods.

The first semi-AB kings/priests turned their regencies into sects to manipulate people into continuing worship of their absentee AB godparents. These cults stifled intellectual and social progress, and drove modern human civilization into its first Dark Age. Squabbling kings/priests perpetuated the inter-god tribal wars humans had fought under the flags of their AB overlords for millennia.

Pyramids or ziggurats had been built (or rebuilt) after the Cataclysm when ABs rendered technical assistance to human survivors. During that period, the AB custom of intercourse with humans resumed.

Biblical accounts note that AB-human mating had created a bloodline of hybrid giants active as late King David's rule 3,000 years ago,

The AB domestic structures described in the previous paragraph deteriorated after the overt withdrawal of ABs from human societies. By the fifth century BCE (ABs had been absent for a millennium or more), Greek historian Herodotus (describing the cradle of Western Civilization) reported the ziggurats had fallen into ruin.

As centuries passed without a return of the ABs, the weakening bloodlines began to lose their spell over their subjects. To continue control over new generations, loyal priests began to reshape the historical facts about ABs into supernatural terms. Inventing the idea of a supernatural heaven accessible only through them gave the priests an advantage over the masses. Cult leaders, including Roman popes, declared only they had a divine channel to receive messages from the departed AB gods.

In this manner, "supernatural religions" were created to replace the AB-based cults. This slight-of-hand, shifting the human focus from real ABs to unreal gods, kept humans under the psychological sway of authoritarian leaders with their own political agendas. The result was centuries of sectarian warfare, crusades, torture and inquisitions, and mind control techniques developed by supernaturalistic theocrats.

For the last two millennia, humans have struggled between this supernatural-based hypnotic state and our natural, species impulse to realize our potential. With humans mired in emotional stagnation largely of human creation, many of us are now (with input from enlightened ABs) trying to reveal the real story behind the cover-up.

In conclusion, I believe evidence compels us to accept being a hybrid species. As described above, this was well known by humans at the dawn of modern history. The knowledge was then distorted by king/priest rulers who took advantage of less aware humans, psychologically manipulating us to serve their economic and political agendas.

Paul Von Ward (interdisciplinary cosmologist and independent scholar) is author of *We've Never Been Alone*, *The Soul Genome*, *Our Solarian*



Legacy, and others.

Paul Von Ward

[www.vonward.com](http://www.vonward.com)

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**CHAPTER 2 - THE LAETOLI FOOTPRINTS:  
EVIDENCE FOR MODERN HUMANS OVER  
THREE MILLION YEARS AGO  
BY MICHAEL A. CREMO**

**The Laetoli Footprints:  
Evidence for Modern Humans Over Three Million Years Ago**

**By  
Michael A. Cremo**

For a long time, I have been saying that the Laetoli footprints provide evidence that humans like us existed over three million years ago. New scientific research on the prints supports this conclusion of mine. Let us first look at the history of the Laetoli discoveries. Then I will summarize the latest research and analyze what it means.

In 1979, a team led by Mary Leakey was doing archeological research at Laetoli, in the East African nation of Tanzania, about 30 miles north of Olduvai Gorge. One day, several members of the team were playing around, throwing pieces of dry elephant dung at each other. Andrew Hill, of the Kenya National Museum, noticed some marks on the ground. They turned out to be fossil footprints. Some of them looked humanlike. The prints were found in layers of solidified volcanic ash. Potassium-dating yielded an age of at least 3.6 million years for these ash deposits (tuffs). So 3.6 million years ago, someone with humanlike feet was walking around in Africa.

But how humanlike were the footprints? A report by Mary Leakey appeared in *National Geographic* magazine (“Footprints in the Ashes of Time,” 1979, vol. 155, pp. 446-457). About the creature that made the footprints, Mary Leakey said “the form of his foot was exactly like ours” (p. 453). Dr. Louise Robbins, a footprint expert from the University of North Carolina, was part of Leakey’s team. In the *National Geographic* report (p. 452), Robbins is quoted as saying about the footprints: “They looked so human, so modern, to be found in tuffs so old.” The British physical anthropologist M. H. Day carefully studied the prints. One of his reports (“Hominid locomotion—from Taung to the Laetoli footprints”) was published in the book *Hominid Evolution: Past, Present, and Future* (edited by P. V. Tobias, 1985, pp. 115-128). In this report, Day said that the Laetoli footprints “showed close similarities with the anatomy of the feet of the modern human habitually unshod, arguably the normal human condition” (p. 121). Physical anthropologist R. H. Tuttle said in one of his studies (“Evolution of hominid bipedalism,” *Philosophical Transactions of the Royal Society of London*, B, 292, pp. 89-94): “The shapes of the prints are indistinguishable from those of striding, habitually barefoot humans.” Finally, paleontologist Tim White is quoted in the book *Lucy* (D. C. Johanson and M. A. Edey, 1981, p. 250) as saying this about the Laetoli footprints: “Make no mistake about it. They are like modern human footprints. If one were left in the sand of a California beach today,

and a four-year-old were asked what it was, he would instantly say that somebody had walked there. He wouldn't be able to tell it from a hundred other prints on the beach, nor would you. The external morphology is the same."

So the shape of the footprints is exactly like that of modern human beings. What about the gait? Recently, a group of scientists headed by David A. Raichlen, of the department of anthropology at the University of Arizona (Tucson campus), published a study in the online science journal **PLoS ONE** ([www.plosone.org/article/info:doi/10.1371/journal.pone.0009769](http://www.plosone.org/article/info:doi/10.1371/journal.pone.0009769)).

The study deals specifically with what the Laetoli footprints say about the gait of the creatures that made them. Is the gait like that of modern human beings (upright striding) or more like that of chimpanzees (bent knees, shuffling)? To determine the answer, the researchers had humans walk barefoot across a bed of sand (prepared to resemble the Laetoli sediments). Some of them walked as humans normally do. Some of them walked with bent knees, like chimps. All the features of the resulting prints were carefully measured, especially the depth of the prints. The researchers then compared the results with the Laetoli prints, which many scientists attribute to the apeman *Australopithecus afarensis*. David Raichlen said, "Based on previous analyses of the skeletons of *Australopithecus afarensis*, we expected that the Laetoli footprints would resemble those of someone walking with a bent knee, bent hip gait typical of chimpanzees, and not the striding gait normally used by modern humans. But to our surprise, the Laetoli footprints fall completely within the range of normal human footprints" (retrieved March 23, 2010 from [www.sciencedaily.com](http://www.sciencedaily.com)).

So what do we have here? We have evidence that the Laetoli footprints are like those of modern humans, in terms of both their shape and gait. But none of the above mentioned scientists believed that the Laetoli footprints were made by humans like us. Why not? According to their theories, humans like us had not evolved yet. Supporters of the current evolutionary theories of human origins believe that humans like us first came into existence between one hundred and two hundred thousand years ago. Before that, there were (supposedly) only more primitive apelike ancestors of modern humans. So according to these

scientists and their colleagues, who actually did make the Laetoli prints? They have various theories. Mary Leakey, for example, believed that the footprints were made by some kind of apeman who had feet exactly like those of modern human beings. That is an interesting idea, but there is no skeletal evidence to support it. We have the skeletons of the apemen who existed at that time, three or four million years ago. And none of them have foot bones like those of modern human beings. Their toes are longer than modern human toes. In particular, the apemen of that time period have long first toes that can extend out to the side, sort of like the thumb of the modern human hand. Altogether, the feet of the apemen from that time (Australopithecus, Ardipithecus, Kenyanthropus, etc.) resemble those of apes. Actually, the only creature known to science today (from skeletal remains) that has a foot exactly like that of a modern human being is in fact the modern human species.

But this has not stopped some scientists from speculating how an apeman foot, like that of a chimpanzee, could make footprints that look like those made by a modern human being. Ron Clarke reported the discovery of a partial Australopithecus foot from the Sterkfontein site in South Africa, and in 1998 he announced the discovery of a fairly complete australopithecine skeleton, to which the foot bones had originally been attached. The toes were quite long and the big toe was especially long and divergent, like that of a chimpanzee, with features indicating it was capable of grasping.

In January 1999, at the World Archeological Congress in Cape Town, South Africa, I saw Clarke attempt to justify how the chimpanzeelike Sterkfontein foot could have made the humanlike Laetoli prints. He suggested that the apemen were walking with their normally divergent big toes pressed inward so as to align with the other toes. These other toes, although longer than human toes, could have been curled under, suggested Clarke. But it is highly unlikely that the three individuals who made the trails of prints at Laetoli would have all been walking like that. Furthermore, no knuckle marks.

In their recent report, Raichlen and his coauthors were honest enough to admit “While our results show that Laetoli hominins walked with humanlike kinematics, we still cannot be sure which hominin taxon made the footprints.” Hominins are the biological group that contains the

modern human species and its supposed evolutionary ancestors.

I propose that it was humans like us who made the Laetoli footprints, for the following reasons: (1) the shape of the footprints is identical to the shape of modern human footprints; (2) at present, skeletal remains show that the only creature known to science that has such a foot is a modern human being. (3) The Laetoli footprints show a gait just like that of modern human beings; (4) and finally, there is skeletal evidence for anatomically modern humans existing at roughly the same time that the Laetoli footprints were made about 3.6 million years ago.

For example, in 1880 the Italian geologist Giuseppe Ragazzoni reported finding anatomically modern human skeletons in a Middle Pliocene formation at Castenedolo, Italy (*Commentari dell' Ateneo di Brescia* April 4, pp.120–128). The Middle Pliocene period goes back to between three and four million years ago. Anatomically modern human bones were also found in a Middle Pliocene formation at Savona, Italy. This was reported to the scientific world at the 1871 meeting of the International Congress of Prehistoric Anthropology and Archeology. In 1965, Bryan Patterson and W. W. Howells found at Kanapoi, Kenya, a humerus (upper arm bone). In their original report (*Science*, 1967, vol. 156, pp. 64-66), they said the measurements can be duplicated on modern human humeri. The Kanapoi humerus is over four million years old. Of course, as I have shown in my book *Forbidden Archeology*, there is a lot more evidence showing that humans like us have existed on this planet for tens of millions, even hundreds of millions of years. The Laetoli footprints, which are fully modern in terms of shape and gait, support this conclusion.

Michael A. Cremona (copyright 2010).

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<http://www.mcremona.com/>

<http://humandevolution.com/>

<http://forbiddenarcheologist.com/>

Mystery Us Universe

## **CHAPTER 3 - SIXTEEN MINUTES**

### **BY JOSE ESCAMILLA**

Sixteen Minutes

By  
Jose Escamilla

I've had an interesting life of episodes to say the least. Of all the things a single individual can hope (or not hope) to endure, I have been through a lot of things most individuals don't or never experience.

Some call it luck while others call it a curse or bad luck. I have been through many extremes in my life, some good, some bad, but they have all made me become who I am today in my older years as I continue to grow. It is said that with age comes wisdom. I think that's very true in a sense, but there are some pretty dumb ass grownups I know, so this must not always be the case. It must be the stroke of luck as they say. Some of us gain, while most of us stay dumb and lose out on all that's there for us to grasp in life.

I have been through; earthquakes, tornados, fires, car accidents, trapped in an elevator, (In Hollywood on Sunset Blvd), been on tours with famous rock bands, was a rock and roll star, starred in movies with celebrities, been on Talk Shows, News shows, the first person to have filmed UFOs over Roswell, New Mexico, performed at the Hollywood Bowl, been on world televised events performing my song "One Minute of Peace", have been invited by President Aquino to the Philippines, have toured the UK presenting my UFO footage and stories, I have met major celebrities such as Danny DeVito, Christopher Lloyd, Jack Nicholson, Ruth Buzzi, The Unknown Comic (Murray Langston), Linda Blair, Ken Norton, Muhammed Ali, Carlos Palomino (we are very close friends), Edward James Olmos, Tito Guizar (Mexican Troubador), I have been with and have met some of the most famous people in Hollywood at one time or other.

My brother and I attended Donna Summer's Birthday party at Carlos and Charlie's in the eighties, (when that was the trendy thing to do in Hollywood), and met her when she was 8 months pregnant. Her sister was very sweet and we were treated with the utmost respect and those days are gone. Now-a-days you're at a party and no one gives a shit.

I got Paul Rodriguez his "first paying gig" at the Playboy Club at Century City. I showcased many comedians at different clubs and even did a stint as the "Theater Director" of shows at the "Celebrity Center" when it was located on LaBrea. Yes that's the Scientology joint. BUT I NEVER signed on to their trillion year contract bullshit. I had my own office there and it was "off limits" to ALL Sea Org heads, when they came around every Monday morning with their "white glove" searches of how clean the building was, they were NOT ALLOWED to enter my office. I had a lock and key to it and it was off limits to ALL Sea Org personnel.

Every Saturday morning I hosted a show called "The Good Time Show" which starred myself, Ruth Buzzi, Dan Frischman (from head of the class), Mara Hobel and many other celebs that would join us in entertaining "orphans" that were brought in every Saturday morning for the show.

These were under privileged kids that were alone in life fending for their selves. So every Saturday morning, a different bus load of kids attended each show. The show was full of sing-along songs, Dan Frischman would do magic tricks in a comedic fashion, and at the end of each show, we would have a "LIVE DISCO" dance where all the kids would compete for "the best disco dancer."

At the end of the contest we would choose the winners by applause from the audience. There was this one little girl, a little blonde skinny kid, who was always chosen as the best disco dancer. MAN, she was made very happy at these shows. The thing is, every child was a winner, whether more popular than the other, everyone in attendance "won the prize." We had brand new blue jeans furnished by Levis, t-shirts, hats, sneakers and all the gifts were given to each and every child in attendance. The Goodtime show had a little girl that attended many of our shows. She sat front and center. Her name is Lisa Marie Presley. She was there prior to her Scientology classes every Saturday morning.

Go ahead and ask her. She probably remembers the theme song. This was back in 1981/1982. I have often wondered what became of the children that were Disco dancing there. All I can say is that for a few Saturdays until I was given the "axe" by Scientology, we made some children very happy and fulfilled their dreams as winners for that time. I can only wish them that life brought them happiness away from the sadness I saw in their eyes.

My brother and I were terrorizing Hollywood back then. We attended movie premiers, parties, even wound up living at a house on Jupiter Street in the Hollywood Hills. This was Louisa Moritz house. I was her business manager (of sorts) and she played the "blonde hooker" from One Flew Over The Cuckoo's Nest. She was a regular on "Love American Style" and co-starred with Ron Howard and Henry Winkler on a few films.

My brother Manuel (Manny), and I met them all at the house on Jupiter. Danny DeVito, Christopher Lloyd, you name it, they were there at parties. A "sort of" friend of mine, Don Grenough, (Founder of Herbalife), produced a cable series called "Hollywood Hot Tubs" in which Louisa sat in her hot tub overlooking Hollywood, with famous starlets and playboy bunnies; Shannon Tweed, Howard Hughes ex-wife and many others.

My brother and I learned the "ropes" from the best in Hollywood. We soon realized that there are many in this town that are simply "rip offs" and that have no shame. We had written a film script entitles "VIPERS" and had it with this attorney who was representing us at the time "Jay" and he had connections to get the film made, but suddenly dropped the ball on us. We didn't understand what happened. Two years later, Demi Moore stars in her "first film" about these "snake things" at an oil rig, off the California coast. MAN that was OUR script. Freddie Fields produced it and we were left out holding on to "nothing" but spent energy and trust.

I never forgot that - and Jay eventually went to jail, got separated from his wife, and I have no idea what happened to his kids, who really liked us. I only wish the best for his family. As far as he's concerned...he can rot you know where.



There have been many episodes in my life that I can write about, but I am making this chapter as short as possible. I don't have the time right now to continue writing and believe me, there is a whole lifetime of events I could write about, but it won't happen in this chapter.

As far as the UFOs and The Moon investigations are concerned, this is a later part of my life's experience. I have had UFO sightings since I was 8 years old. My dad used to call us out to view lights in the sky back in the last 1950's.

We used to see the "green / orange fireballs" flying over White Sands at night from our vantage point at Midway, NM, which is nine miles south of Roswell. In those days we used to see lots of things flying about. I was just a kid and my father was totally into these sightings.

He was in the air force and was shot down during a mission. As a retired pilot, he worked at Walker Air Force Base, up until he passed away at age 65 in 1966. Up until that time he used to tell us, (Me and My Brother Manny), about the UFO crash and how it was very real. He even knew where there is debris buried and I remember specifically where this site is.

In order to go there however, it would take a court order because there are owners of the property that will refuse anyone from coming onto their land.

I would rather purchase the property, and once I own it, I KNOW where to dig the debris up. I have known about this since the early 1960's. My Dad knew and so do some of the neighbors. Most of the old timers have died, but I am one that knows where to find this. Maybe one day, I will take ownership of this property and then dig it up.

This is a secret I've held since I was a kid. I know that many of you will think - why wait - get it out there right now...well it's not that simple. Once the owners of the property realize what they're sitting on, there's no telling what they will charge for the sale of the property "IF" they decide to sell. It's best to approach it on my terms. THEN IF, there is nothing there...it will not be a scandalous thing like Geraldo Rivera's "Al Capone

Vault" thing.

This is just a small part of my UFO Experiences there at Roswell and Midway, New Mexico. I have written a book over the past eighteen years. It's called "16 Minutes" which is about the first ever UFO Footage captured over Midway and Roswell, New Mexico, and how those 16 minutes changed my life to where I am today. The reason it's called 16 minutes, is because at the time, that's the length of battery life - left on the camcorder while these massive UFO events occurred in broad daylight on March 5, 1994. In those sixteen minutes of footage I captured almost every type of UFO that has ever been photographed or reported worldwide.

In sixteen minutes my life changed on that day and has been the same since then. I have always had an inquisitive mind. Wondering about things like; The Hollow Earth, Ghosts, Sasquatch, Sea serpents, ancient civilizations, the Moon and especially UFOs, and this has become a passion for me to try and gather as much evidence and compose and present it in a way that the average or "layman" person can understand and grasp it.

I have become a liability upon myself, because there are those that hate what I do These people try and make me out to be a liar, a UFO Hoaxer and all that WHICH I AM NOT, and it brings into question, what types of people we have out there that exist for no other reason, other than wasting people's time by defaming and attacking a person for bringing evidence of the unusual forward in a way for people to understand.

I have proven in my film: UFO - The Greatest Story Ever Denied, that our own government, the air force, the pentagon and the white house, created "the myth" about UFOs and how they used scientists, astronomers (including Carl Sagan), to sell the lie to the public that UFOs are not real. In that film I present our own Air Force and Military people appearing on television back in the 1950's and 1960's, telling the public, that anyone who reports seeing a flying saucer to the authorities is being "patriotic" and will not be ridiculed.

However, if you report any UFO sighting to the media, you will be open

up to ridicule which is something the Pentagon, The White House and Government Officials created. This practice still occurs in 2012, while the media presents UFO reports as a joke or something reported by some wacko.

In my film, I reveal how our own Military knew UFOS were real and were photographing them and it was a concern to them. The perfect example is "The Battle of Los Angeles."

This happened just eleven weeks after Pearl Harbor, where a giant UFO came into United States "airspace" and we fired upon it for three and one half hours. We went to war on February 25, 1942, against an unknown target, that we never brought down! People don't know about this event. Hollywood made a film called BATTLE: Los Angeles, and it doesn't even mention this event. I am making the true story about what happened that night. The Battle of Los Angeles, is the single most heavily documented UFO case in the history of UFOs.

It is the first time the "official explanation was" - It was a weather balloon. Then because the Army was pissed off at firing at a "weather balloon" for three hours straight, using 12 pound anti-aircraft shrapnel, the "official Report" was that the Army fired at "nothing" that it was a blimp or imaginary object created by the search lights in the sky.

Either way, the story was swept under the rug of secrecy for over 60 years until the "Marshall Memorandum" was found via the Freedom of Information act. In this memo to then President Roosevelt, General Marshal explains how there were three UFOs brought down during the battle, small UFOs called "mystery planes" and that they were not from this planet.

They were taken to an area in Nevada, that is now known as "Area 51" and that the technologies derived from these objects could be essential in the progress of war for the United States against any other enemies.

This was "five years" before the Roswell UFO Crash where the "weather balloon" explanation was used for the second time. I could go on and on, but UFO-The Greatest Story Ever Denied, kind of tells it all. Anyone who still thinks there is no such thing as UFOS after seeing that

film, may also believe the single bullet theory or that George W. Bush is a Christian.

You'd have to be pretty stupid, but then again, look at those who are voting for the criminals ruining our country. It's a real shame. So this is a brief about my exploits in the early days here in Hollywood and the facts about my films are that they reveal what's there for all to behold. I don't make any of this stuff up. I don't need to. The truth is so exciting and evident. And all I do is compile this evidence for the average person to view and "get it."

Otherwise, there would be a mass confusion as you get from shows about UFOs and Ghosts and anything paranormal on the networks, Sci-Fi Channel, History Channel, National Geo, etc. If you want to see documentaries about UFOs, Ghosts and the paranormal and still remain as dumbed down as when you tuned in, then these networks are your best bet.

You want to see the truth. Check out my films. They won't be on these networks anytime soon, because they keep you awake and enlightened. All I can say is that I will continue making the kinds of films you won't ever see on the networks. My movies just don't fit their programmed BS.

You want some truth? Watch one of my films sometime.

Jose Escamilla

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This 52 page eBook features breathtaking photography taken during the Clementine Mission in January 1994

Jose Escamilla

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Mystery Us Universe

## **CHAPTER 4 – BIGFOOT - THE IMPOSSIBLE POSSIBILITY: EVENTS LEADING UP TO MY FIRST SIGHTING**

**Bigfoot - The Impossible Possibility:  
Events Leading Up To My First Sighting**

**By  
Jeffrey A. Teagle**

I have read stories and viewed countless numbers of movies not only on the subject of Bigfoot but various paranormal activities as well through my lifetime. Most individuals have noticed encounters with the unknown and the increasing amount of television shows that have made all of us somewhat “aware” that our world may not be as straight forward as we have been led to think both in schools and our home environment.

Paranormal activities and an assured belief in Bigfoot became very real experiences beginning in October 1997. But before I get into my first physical sighting, I feel it necessary to share some of my personal background and events that I believe led up to my encounter – events that I feel led me to witnessing strange beings.

My life has always at one point or another been filled with seemingly unexplained situations and events that seem unbelievable to most but believable to some. Early childhood was filled with events that included Bigfoot, UFO’s (and their potential connection) and ghostly or malevolent occurrences, sometimes demonic in nature. My witnessing these impossibilities began at the ripe old age of six years.

I feel that much of my life experiences up to date have prepared me for the grandest of all unexplained mysteries and that being frequent encounters with the being that many have coined “Bigfoot” or Sasquatch. But, I cannot stress more that my abduction scenarios and ghostly

encounters played a great part in leading up to my initial Bigfoot sighting. My earliest encounter with the strange began for me one summer night in 1976. I remember it was what I felt was an unusually hot summer and playing outside without shoes, shirt and drinking from the hose pipe were not frowned upon as they are today. While lying on the couch one hot summer afternoon taking a nap nestled against my mother near the window unit air conditioner (a thing that in 1975 was a very common contraption because many still were yet to have central air in their homes) I awoke to see standing in front of the furniture just a mere 7 to 10 feet away four beings. I say beings because at the time I had no clue as to what I was witnessing because I had zero experience with the unexplained and paranormal.

The first of these beings was very tall and completely covered in a brown-red fur, appeared somewhat human but not quite. I remember that its head was almost touching the ceiling which is typically 8'-0" in most houses. The second one in the middle was that of what I thought may have been a very old man with long white hair and a quite lengthy beard which from memory was a grayish color, the third was an unbelievably skinny creature of sorts that had a huge head and giant black almond shaped eyes. It had basically no mouth, ears or body hair and wore no clothing. The fourth entity had human form but was completely black in color. I believe the latter being to be what some have recently termed as a "shadow man or shadow person". Remarkably, they each had something to say to me both in verbal and non-verbal communication or a combination of the two. I still remember exactly to this day what each of them said to me on that ungodly hot summer midday.

As a six year old, I had no understanding or bearing as to what it was that these being imparted to me but as I grew older; what they said to me actually began to make sense – well in a way anyhow. Now I will share the messages to you the reader. Are the upcoming messages imminent or written in stone or were they simply a very young boy's active imagination? You be the judge. The information given to me as a child has basis in what the Bigfoot are supposed to be, prophecy either in the Biblical or Nostradamus sense, ties to alien abduction and above all to good and evil spirits. I do not understand to this day why I have been privy to so many unbelievable and strange occurrences in my life with Bigfoot being the most miraculous and tangible of these.

The messages I am about to share are exciting yet remarkably scary at the same time. The first of these beings to communicate to me telepathically was “the shadow person”. He simply stated that I am of this Earth but not of this dimension and you will see me (and others like me) often for the rest of your life. Can you imagine the struggle of a five year old trying to comprehend exactly what a “dimension” was? The second entity to voice his message was the “old man with the gray hair and beard”. By speaking with a physical voice (with his actual mouth), he said that I was going to be able to see things before they occurred. I hastily said, “What do you mean?” He said do you remember the dog you loved name Lobo? I said yes. He then said, “Do you remember seeing he was run over by an automobile before it actually happened?” I said emphatically “yes I do!” The old man said, “Well, sometimes you’ll experience these types of visions but sometimes on a more grandiose scale and magnitude”. If I weren’t already scared out my wits by not being able to awake my mom who was lying right in front of me on the sofa; the third being decided he would speak too. The skinny man with the enormous head and eyes said through some type of non-verbal communication that “from time to time, I and others like me will visit you throughout the rest of your life”. I said “Oh great -You too huh?” I remember not really being scared of this one but more amazed at how he was talking to me without moving his mouth but yet me still hearing his voice inside of my head. The fourth entity was now what I have come to know as “Bigfoot”. This being spoke both verbally with his mouth and with aspects of some type of projected thought. He said that “you WILL see much of not only me but others like me” as well throughout your lifetime. He also spoke of some type of bad thing that was going to happen on the Earth in my lifetime and I have since learned “where to go” when this mystery cataclysm takes place.

After my mother awoke from her nap I tried to explain to her what had happened but to no avail. Remembering back, I am sure that she played it off as some child’s lucid imagination or just a dream. Several years passed by until I was around 10 years old and the visitations began from the being with the large head and almond eyes. This being is almost assuredly what UFO researchers have termed as “grays”. One night, it came to me just as it did years before and the only thing I could say to it is “You are real!” - Real in that I had not imagined all of that stuff as a



smaller child. It gave me a very small grin and placed the thought in my head “Yes, I am very much real!” It basically walked around my bedroom simply looking at toys and picking them up on occasion and placing them back down on their shelves. I had one toy in particular that fascinated it over several visits it made to me over that summer and I say summer because I was out of school. Its fascination with my Six Million Dollar Man Bigfoot seemed to hold a special place in its heart. It would always point at it and say to me mentally two words and those words being “one day”.

I have always considered my first confirmation that Bigfoot truly existed in the month of October in 1997. However, one incident I often reflect back upon is one Saturday when I was 11 years old. I was sitting behind my grandfather while he was driving a church bus to Six Flags in Atlanta, Georgia. I quietly leaned up to him and I said, “We are about to have two flat tires!” Not in a joking mood because he had to drive the bus full of children from Columbus to Atlanta, he told me to sit back and be quiet. The very moment I sat back, we heard two giant booms. The bus wobbled a bit as the other children were screaming and we slowly came to a stop.

Upon everyone exiting the bus with just me and my grandfather sitting in it on the side of the highway; he turned, looked at me and said, “Tell me, how did you know that was about to happen?” Being still a child and having absolutely no understanding of weird things, all I could say is “the old man with the long gray beard told me”. My grandfather said what old man with a beard? I said the one that has been riding with us since we left the church. My grandfather told me to point him out but alas! No old man.

What makes this story more intriguing is the fact that we were parked alongside of a wooded highway (or interstate) and this is when we all noticed what appeared to be a hairy man running through the country forest. I couldn’t make out any detail as the encounter was over in just mere seconds.

Many years passed and I made it all the way to 16 years old without a single odd happening. Not long after I got my driver’s license, I discovered the mystery of all mysteries and that being “girls”. One night

while driving to pick my date up from her home, again, another giant hairy man crossed his way in front of me along a country road in Lee County, Alabama. It too was indiscernible so I passed it off as being imagination or nervousness before a first date. I was lying in a hammock one Sunday afternoon with this same girl and fell asleep. I awoke abruptly to find a metallic sphere about the size of a basketball hovering or floating if you will directly in front of my face almost touching my nose. I couldn't move! This sphere began to reflect images of the Bigfoot, the grays, a devastated physical world – you name it. This was the moment that I finally knew that something was going awry for the rest of my life.

Many years passed once again with occasional glimpses of forest men, aliens, ghosts and a plethora of truly strange happenings. And it wasn't until one day at lunch time in October 1997 that everything began to speed up dramatically. While driving to look for a friend's house in Harris County, Georgia, I happened to chance upon this rather odd and unusual being of what I believed to be a naked African American man climbing down from a rock outcropping near the roadside. I slowed as I neared the thing and it stood there right in the middle of the road. With no cars coming from either direction, it continued to stare at me with an unbelievable curiosity and I stared at it. I watched for some 10 to 15 seconds and it simply walked casually into the wood line and down into a ditch and ultimately into the brush. It was completely black in both hair and skin color and possessed an uncanny intelligence about itself.

I knew immediately that I had witnessed a Bigfoot. I went back home and got on the internet which was relatively a new thing in my neck of the woods at the time and began scouring every webpage I could find to learn more about what I had witnessed and experienced. I came across a Bigfoot club in Louisiana of all places and a kind woman named Mary A. Green was its webmaster at the time. She and I began to talk almost daily over email and it eventually led up to phone conversations that would last sometimes up to three hours. We just simply talked about the Bigfoot and some things she had going on in the State of Tennessee. I started driving to a small town called Cookeville, Tennessee mere months after that where she, I and others such as Mrs. Sherry Malin and Mr. Teddy Wayne Murphy began our journey. I was shocked to find that they had been Bigfoot hunters for years and had actually grown up with them somewhat and to a degree. I never knew such a thing as “a Bigfoot researcher”

existed much less the amazement of what I was becoming. Impossible it seems – right?

On innumerable incidences with Mary, I witnessed physical sightings of the Bigfoot People. Notice I refer to them as “a people” and not apes or monkeys. They are so much more than just that. Some of these seemingly “impossible possibilities” are about to be told by me:

I remember one day when Mary and I drove back into this huge field that had experimental grasses planted around and in it. We drove all the way to the back where there was a cul-de-sac. We circled and came back up to the entrance, got out of the vehicle for a bit and then upon reentering the car; we both heard a roar of unimaginable vocalization. I knew it wasn't a bear or a mountain lion and Mary just looked at me and smiled.

On one other occasion, Mary and I were at a creek that one could literally drive across. Mary was older at this point of my research and remained in the car as I got out. Upon exiting, I looked down at this very dry rock that had one single wet footprint on its surface. The toes were pointing to an embankment and as I looked up, there it stood. There staring back at me was this hulking female Bigfoot and she began to quietly walk away toward another field that was planted with what appeared to be alfalfa. I followed it until I got to the field and the prints went into the field and so I followed further. Much to my amazement, I found myself in the middle of a freshly planted field with a set of footprints that just seemed to stop abruptly in the middle of it. Where did the Bigfoot go? Did it just simply vanish or enter a portal of some type? Or did it use some sort of backtracking technique quicker than any deer hunter I know? I do not know.

One night during a Chattahoochee Bigfoot Fest in Tennessee, I literally disappeared for all practical purposes. While in this same field as mentioned where Mary and I heard the roar from, there stood around 60 Bigfoot researchers hoping to get a glimpse of the elusive Tennessee Sasquatch. We had way too many people in one area to get any positive result either visually or auditory. So Wayne Murphy and I devised a plan to break up the group and take a few off into other areas. Remarkably, the caravan of cars almost all left and there were only a few of us remaining.

The remaining researchers included me, Mary Green, Dallas Gilbert and Janice Carter. I know this sounds a little hocus pocus but Jan Carter began to have visions of the Bigfoot in this area. She became dizzy and faint and the next thing I realize is that she was falling to the ground. I reached to grab her and caught her by her elbow and this horrifying electrical impulse jolted down my body from my head to my toes.

I immediately got ill with heavy nausea, vomiting and later diarrhea. Was I on the receiving end of psychic communication with Bigfoot? Trying to get better but to no avail, I excused myself from the group because I was simply too sick and so I told them I was driving back to the cabin to lie down. I took the back way out of the field and left everyone there around a campfire. I remember being sick to my stomach all the way to the cabin and even forgot to put my car in gear as I arrived and only put up the emergency break.

I entered the cabin and to my utter astonishment, everyone that I had just left (in my mind) was at the cabin either asleep or waiting on me. Jan Carter approached me and took me to Mary. Mary asked where I had been. I said what? I said, "How did you guys get back here so quickly to change and be ready for bed?" Jan said Jeff; you have been gone for four hours! Feeling disillusioned, disoriented and confused, I said "What!" Everyone that I had just left 10 minutes ago in my mind was either sleeping or asleep. I have not been able to rationalize this particular occurrence away to date. I simply do not know what happened to me that night. Was I abducted? Did I suffer some type of amnesia? Did something medically wrong happen to me? I do not know. I guess in this area of what I call high strangeness, anything is possible.

I have had a barrage of strange, unusual and weird set of events plague me all of my life. They continue to this day and I currently conduct research alone most of the time but every once in a while I take trusted researchers into some of my areas of high strangeness. Some are amazed at the things they see and hear there but some go away to have experienced nothing. Does it have to be a certain type of individual with a certain type of mindset to experience these wondrous anomalies? I think so and I thank God for making me like I am.

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Mystery Us Universe

## **CHAPTER 5 – THE DREAMING: WORKS IN PROGRESS**

**BY CONNIE KIS ANDERSEN**

**The Dreaming: Works in Progress**

**By  
Connie Kis Andersen**

Sasquatch, Yeti, Bigfoot, Yowie ... a mysterious and elusive hominid who supposedly inhabits forested wilderness on several continents worldwide ... according to reported sightings and faithful believers.

Myth, magic, madness or real... who knows? This creature of controversy and folk lore has managed to generate such an interest and following that even an avid Facebook statistician would be impressed.

When I was asked to write a chapter for this book, mixed reactions bubbled to the surface ... flattered for sure, but what on earth would I be able to contribute to this subject? I am just a singer songwriter who has been honored to be a guest on Tony Pratt's show, MysteryUS. I know little to nothing of Sasquatch, better known as Yowie in Aboriginal folk lore here in Australia.

Fortunately, my brief was broadened and the invitation to write about music, or anything that I wanted, calmed the anxious and insecure self, so I sat down to think how I may contribute.

My first thought went to parallels ... the idea of chasing a passion, chasing a dream, chasing an illusion, chasing an idea, chasing a reality - just like the search for the illusive Bigfoot. What drives us to do such things?

Is it interest? Is it creativity? Is it passion? Is it the rewards? Is it ego?

Wanting to be recognized, wanting to be 'right' in our beliefs and choices? Is it in the pursuit that makes one feel alive? Is it so much more?

Could be;

- A. All of the above
- B. A combination of some of the above

Or,

- C. Just simply one of the above

If you answered A, B, or C ... you are probably correct.

As a mature age musician, singer/songwriter, there is no doubt in my mind that the road behind me, the path that has lead me to this place in time and space, has been a treacherous and hazardous one at times ... rarely smooth going or even, and frequently fraught with obstacles, bumps, uphill, steep gradients. On the downhill slide, the gravel and curves have sent me skidding off course into rough terrain, where I have needed to correct myself and get back on track quickly or risk getting lost in a jungle of distracting happenstances, fraught with challenges and chock-full of monkeys that look to land on my back.

On the whole, for me the road has been a 'one way' street ... not only are there no U-turns allowed, but interacting with those along the same journey has been at most times, one-way as well.

Peers, who have been in the pursuit of the same passion as I, have stopped and ask me for help and direction ... and I, because of my deep belief in the Golden Guideline; 'Do unto others ...' have always conceded to their requests.

Yet sadly, reciprocation has more often than not, been absent when it was my turn to find myself lost, or when I have stumbled and fallen into a pot-hole ... no helping hand was offered to reach in and pull me out.

Yet, I still chose this path, this road, this passage ... so why? Surely I must have rocks in my head to continue my journey under these conditions?

Even though the answer to my own question is YES, my head is most likely full of pebbles and stones, I also know deep within me, the spiritual power and grip this passion that I called music holds over me ... this connection to something that is so much greater than I ... this ability to channel energy so powerful that it can touch not only me as I perform, but also those in the audience and move them deeply in some way - sometimes to tears ... the inspiration (from the words; 'in spirit') I receive that creates something from nothing and the sweat that follows to perfect it.

I see it as a gift from God / Allah / Buddha / Universal Consciousness / Infinite Spirit / The Creator – so named according to whatever one chooses to give it - and this gift, this talent is an aptitude that I am eternally grateful for - one that I am compelled to honor.

To honor this gift encompasses not only giving thanks, but perfecting the skills that are needed to demonstrate that talent and to remain on purpose.

Herein, lay the daily challenges that I as a musician, face.

Society and tribal culture teaches us that pursuit in an arts practice is for the privileged few and so the rest of us are 'dreamers' and more commonly perceived as, dare I use the word; 'losers'.

A profession in the arts has not been a vocation associated with the social norms that generate respect, esteem, reverence, prosperity and such ... those perceptions only become manifest in observers once the artist has actually 'made it'.

When the dreamer's profile reaches such recognition with his/her audience that a 'critical mass' ensues, it is only then that the artist becomes famous, is seen as successful, and is thus elevated to be included as one of the anointed few - accepted by society as being gifted.

The rest of us continue along the same path and rocky road with the knowing that we too, possess the same gifts, the same talents, the same



passion, the same power, the same everything ... but for whatever reasons, sometimes beyond our 'apparent' control, we lack the infrastructure, support, profile

And/or financial grunt needed to get beneath us and thus elevate us in the same way as has happened to our commercially successful counterparts.

So not only are we compelled to honor our talent and grow our skills, we must also set out to develop and establish a foundation, an infrastructure that will keep us moving forward in the right direction of our dreams and goals. To most, it seems that we are dreaming the impossible dream.

**Connie Kis Andersen**

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Mystery Us Universe

## **CHAPTER 6 – SPIRIT COMMUNICATION: METHODOLOGY THROUGH THE AGES**

**Spirit Communication: Methodology Through The Ages**

**By  
Bret Oldham**

Where do we go when we die? Do our souls live on or do we simply cease to be? These age old questions have long been pondered by mankind. Since prehistoric times humans have held the belief that an individual continues on in a non-physical form after losing their physical form to death. Many great civilizations believed in an afterlife. The Romans, Greeks, Egyptians, Chinese, Celts, East Indians and most of the indigenous tribes of the Americas and Africa all had strong beliefs in an afterlife. The various priests, shaman and mystics from these cultures were always held in high regard for their perceived abilities to communicate with the spirit world.

The afterlife and the promise of reward or punishment continue being the basic premise of many major religions throughout the world. There have always been two ways to obtain the answers to life after death, die or speak with one who has already died. For obvious reasons the latter choice has always been the chosen method. So, for centuries, man has participated in various spirit communication rituals and practices in his quest for truth to these eternal questions.

The Spiritualism movement of the 1840's brought the practice of contacting the spirit world to the mainstream masses. Spiritualism is both a religion and a belief that the spirits in the spirit world have the desire and ability to communicate with the living. The Spiritualism movement brought about the use of mediums who were believed to be individuals with psychic ability that enabled them to communicate with spirits. The mediums would "channel" the spirit. Channeling is a method in which the spirit takes control of the medium and uses the voice of the medium to

speak. Although it was and still is more common for mediums to simply hear the spirit and relay the message to the living. Sometimes mediums use what is called "automatic writing" a method of spirit communication in which a medium lets the spirit use their body in order to convey a message through the mode of writing it down. Mediums and others with varying forms of psychic ability will sense, hear, see the spirit or see objects associated with the spirit.

A common form of spirit communication that became widely popular during the early years of Spiritualism was conducting a séance. A séance is when a number of people who are usually seated and joining hands together, and are gathered to receive spirit messages. It was during these séances that a medium would go into a trance like state and begin to channel a spirit that wanted to come through. Sometimes objects would move in the room, odd lights would appear or most notably the table on which the séance was being done would begin to move. These were all considered signs of spirits attempting to show their presence and communicate with the living. Unfortunately, many times, these believed paranormal events would turn out to be faked. Mediums with no real psychic ability would rig up these objects to appear and/or move and would act as if they were channeling a spirit all for monetary gain. The unsuspecting public eagerly fell for the tricks and deception. This is not to say there weren't then and aren't still today genuine mediums who do have the ability to contact and communicate with the dead. Eventually this mode of spirit communication lost its popularity as more and more of the fraudulent practices were exposed. The results of which created a large number of disbelievers and skeptics.

Another popular method of spirit communication that has continually evolved is use of what is known as the Ouija board. I'm sure most everyone is familiar with the Ouija board and a large portion of people have participated in using one at some point in their life. The Ouija board is a flat board made of wood, pressed cardboard or plastic with the alphabet, numbers and yes or no printed on it as parts of the design. A small heart shaped, usually plastic, planchette is used by the participants by placing their fingers on it as it moves around the board over the various numbers and letters to answer questions presented by the participants.

The movement of the planchette is believed to be controlled by spirits.

Actually, "planchette writing" has been used for centuries as a method to contact the spirit world but the original Ouija board was not used for this purpose until the time of World War One. In modern times it has been used exclusively for spirit contact. I would like to interject here that I do not condone the use of the Ouija board. As a paranormal investigator, I have been on a large number of cases that the use of the Ouija board has triggered the activity in the house. This is usually done innocently enough by the users of the Ouija board who had no idea that they were attracting a spirit or entity into their home. One of the first things my wife Gina and I inquire about on an investigation, while conducting a preliminary interview to research the history and activity at the location, will be to ask when the paranormal events began. We have found time and time again that the paranormal activity had started right after the family or individual bought and began to use the Ouija board.

People do not realize that it is not the Ouija board itself per se that attracts the ghosts but it is the users themselves that do. When using the Ouija board they ask for the spirits to come to them and communicate. By doing this they open themselves to receive. It is the intention of the users that bring in the various spirits, ghosts or entities and not the Ouija board itself. Many negative entities from lower realms will seize upon this golden opportunity to attach themselves to the unsuspecting user or enter the home where the Ouija board session is being conducted and stay. Either of these unfortunate events is not something anyone wants to experience.

Too many people treat the use of the Ouija board as a toy to be used for amusement and a few good laughs and scary moments. They couldn't be more misinformed and wrong. The dimensions of the spirit world are very real. There are those who hypothesize that our dimension of existence and theirs might even overlap, making it easy for them to come and go between dimensions. It is imperative that anyone attempting any form of spirit communication should learn methods of protection against any form of negative energy and use at least one or more of them to protect themselves before doing any mode of communication and contact with the otherworldly beings that they are seeking. This is something that should be implemented by each person present and every single time one is conducting spirit communication of any kind.

Some of the more common things used to protect yourself from evil or negative spirits or entities are simple prayers asking for protection, prayers to St. Michael who is considered the guardian Arch Angel, wearing protection amulets, closing your eyes and in a prayer or meditative state imagining your body surrounded by a brilliant white light and the use of burning sage to smudge your body. I would recommend using at least a couple of these protection methods when doing any kind of paranormal investigation or engaging in spirit communication.

Sometimes it is the dead person that is making the initial contact to the living. They will use whatever means they are capable of in order to accomplish this. This will usually depend on how strong the ghost or spirit is as to how strong is their energy. If the ghost or spirit has strong energy they might be able to materialize into a full body apparition. There have been many reports made by witnesses that claimed the ghost was as solid as a living human being until they would vanish right before the shocked eyes of the observer.

Sometimes a spirit will convey a message by speaking after they have materialized into a full body form. Spirits will take other forms to make themselves known to the living such as appearing in shadow form or white, misty ectoplasm with no shape. Sometimes they will appear as balls of bright light energy which will move in erratic directions through a room or appear and suddenly disappear. Spirits will make noises, move objects around, turn lights off and on, tap or bang on walls and even touch you. Often times ghosts of children especially smaller ones will tug on your clothing such as the bottom of your shirt or jacket in order to get your attention just as they probably did while they were alive. These are all forms of spirit communication and all of them should be noted and not ignored. It takes a lot of energy for a ghost or spirit to perform any of these feats or else they would constantly be doing them to get our attention.

There is usually a reason behind these actions and it is up to us, the living, to listen, understand, and try to help when possible. Sometimes a ghost just wants to be left alone and is trying their best to scare off the living so that they can remain in solitude. But often they want to communicate with us. I have often thought how frustrating it must be for them to be reaching out to the living only to be ignored or to inadvertently

scare off the individuals they are reaching out to.

I have found in my experience as a paranormal investigator that one's personality carries over from this life to the spirit world. Just as you are here in our world you will be in the spirit world. You lose the flesh but your essence or true self remains. Whatever personality traits one might have here, whether they be good or bad, stays and sometimes those personality traits or particularly strong ones will become enhanced and amplified in the spirit world. This is especially true of negative personality traits such as being angry, violent, selfish, and mean. Take a person who has little or no regard for his fellow man, no remorse for his actions no matter how horrific, no conscience. Imagine that same person dying and carrying that essence with him to the other side. Now imagine those negative traits becoming stronger. Are you getting the picture? I believe that this is what many of the reported evil spirits are and where they come from. These are the kind of spirits that will seek out the unprotected, vulnerable and weak.

Anyone who uses any device, not just the Ouija board, to contact the spirit world is making themselves a target for these types of negative entities or spirits. Most people are completely unaware of these hidden dangers that they are unknowingly opening themselves up to when they are asking for spirits to come to them until it is too late. That is why through the centuries the task of communicating with the spirit world was left to the spiritual leaders such as priests and shamans and the like. The ancients understood and respected the risks and dangers of this practice. Unfortunately, many people in today's modern society do not.

Of course, not all ghosts and spirits are bad. In fact, most are merely seeking help from the living or are a progressed spirit who is willing to help us in this life. That is still not to say that you shouldn't take precautions when dealing with the paranormal because as I stated before, you most definitely should. Although it is rare, under most circumstances, a negative or dark spirit could still show up anytime or anywhere. But unless that is the case ghosts and spirits should be treated with respect. A rule of thumb that Gina and I use is to treat and speak with those who are not in living flesh just as we do to those who are. You will find that this will prove to be much more beneficial to successful spirit communication than the disrespectful taunting used by some of the stars of these ghost

hunting television programs. Think about it. If you were a ghost would you want to speak to someone who was screaming at you, calling you names and making threats? I know I wouldn't it. If you do happen to come in contact with a negative spirit then the taunting will only instigate retaliation which is something that most likely will not be a pleasant experience.

Most spirits do want to communicate with us. Although many of the methods I have named can and are still being used as ways for spirits to communicate. There have been major changes in modern technology that has escalated the process to a level that was once believed to be unattainable. Modern electronic devices are now being used to capture and record spirit voices with great success. When cameras were invented it became possible to capture the image of a ghost on film but there was still no way for actual conversation. A new age of spirit communication was born with the inventions of radio and audio recording devices such as the tape recorder.

The first person known to have captured the voice of a spirit on tape was Swedish film maker Friedrich Jürgenson. Sometime in 1959 he was out in the woods recording bird songs that he planned on using in a film he was working on. As he was playing back the recording he had made of the bird songs, he happened to hear the voice of his deceased father speaking to him on the tape. Not only had the spirit of his father spoke to him that day but he also reported that he managed to record his dead wife calling out his name on the same tape. This unexpected event was the beginning of a new way to hear and speak with those on the other side. Eventually the term "electronic voice phenomenon" was coined to describe the capturing of spirit voices through tape recorders or other electronics capable of doing so. Many paranormal investigators now simply abbreviate the term electronic voice phenomenon and use EVP in reference to this amazing phenomenon.

Friedrich Jürgenson went on to author two books on the subject of electronic voice phenomenon. He is universally credited with discovering this method of spirit communication and is known as the father of EVP.

The use of portable digital voice recorders is now prominent in paranormal research. Every paranormal investigator will have a digital

recorder in their arsenal of equipment used to record and validate evidence during paranormal investigations. The capturing of EVP's is one of the most sought after pieces of evidence during paranormal investigations. These recorded spirit voices are very difficult for skeptics to refute since many of them fall below the normal sound range in hertz for the human voice. People are also less inclined to fake an EVP since the hertz level can easily be checked with audio software. Thus, this makes EVP's very valuable paranormal evidence.

Much can be learned about the cause of a particular haunting by being able to actually record voices of the ghosts that are haunting the location. Often times, ghosts will directly answer the questions asked of them. They will give their names, when they crossed over, tell you that they are lost, confused or even wonder what you are doing there. Some will tell you that they are not dead which explains that they don't realize that they have left their living body and why they are still going about their business in the house or location they used to live in, work in or frequent. On the other hand there are some that do realize their fate and will tell you in no uncertain terms that they are indeed dead. You can find out how they died, why they are remaining at the location, how old they are, how many ghosts are there and on and on.....

The use of recorders, be it analog or digital, enabling us to record spirits speaking has also proved to be a valuable asset in proving the psychic ability of being clairaudient. Those who are clairaudient can often times hear voices that are outside the range of normal human hearing without the aid of any electronic device. These voices are believed to be those of spirits or ghosts speaking. In the past, those who claimed to hear spirits speaking to them were considered crazy or possessed by the devil. If one had this ability it was something that would be kept a secret in most cases. I can tell you that as a clairaudient myself it is very gratifying during an investigation to state that I just heard a ghost speak and then to also catch it on my digital recorder for validation.

Other technological advances in the modern age such as computer software programs have also proven to be extremely helpful in modern spirit communication. The use of audio software programs is indispensable is the analysis of the recordings of EVP sessions. With any of the various audio software available one can boost the volume, enhance



the clarity by removing background noise, speed up or slow down the EVP to make it easier to understand what the spirit said, measure the hertz range to rule out human voices and isolate the section of audio that contains the EVP among other things. The field of spirit communication research has grown exponentially with the use of modern recording devices and computer software.

One of the areas of modern spirit communication research that is gaining rapid interest is in the field of ITC work. ITC, which stands for "Instrumental Trans Communication" is communication with spirits through any electronic equipment. This could include such items as televisions, cell phones and most notably radio. Actually the use of ITC is not as new as most people believe. Two esteemed scientists and inventors who are both held in the highest regard throughout the world were early ITC pioneers. They are Nikola Tesla and Thomas Edison. In the 1920's Edison told Scientific American magazine that he was working on a machine to contact the dead. There is much speculation and debate as to whether or not Edison completed building the machine before he died but it is the general consensus that he did not. The great Nikola Tesla had already beaten him to it anyways. For many years people believed that Guglielmo Marconi was the inventor of radio. Marconi's patent was taken away in the 1940's. Tesla's patent still stands and he is now considered the inventor of radio. Radio waves have been used by spirits to communicate since the invention of radio. Tesla himself claimed to have received what he believed to be voices from the dead through radio waves. Not only did he believe he had received spirit contact but he also claimed that he had received a series of continuous signals that he believed to be of alien origin.

Using radio technology as a means for spirit communication garnered worldwide attention in the mid 1960's when in 1964 Latvian psychologist Dr. Konstantin Raudive read Friedrich Jurgenson's book on EVP's and contacted him. They began working together doing ITC experiments in 1965. They recorded over 100,000 examples of ITC EVP's during the course of their work. Later, Raudive later wrote, " Breakthrough: an amazing experiment in electronic communication with the dead ", a bestselling book about these ITC experiments.

Interest seemed to wane in ITC until 2002. That is when Frank

Sumption developed several models of what is known as the "Franks Box" or "Ghost Box" which enabled the user to speak to ghosts and listen for the responses through the white noise of radio waves. The Ghost Box made its way on to national television and the word got out. Soon after many people were making their own versions of a ghost box. One of the most popular is what is called a "Shack Hack". These are small am/fm portable radios sold by Radio Shack that have had the scan button disengaged so that it will perform a constant sweep of the radio bands. One listens in the white noise produced for spirit voices. There are several different versions of a ghost box, or also called a spirit box, available these days. All of them work on the exact same concept and it is more a matter of what a person feels comfortable with using or feels that they obtain the best results with than anything. My wife Gina and I use one of the Shack Hacks and have had tremendous results with it.

It is not necessary to spend a lot of money on the more expensive models of a spirit box. When a spirit box session is properly executed you can achieve the same amount and quality of spirit communication with a less costly unit and as more expensive one. There are those that claim that they achieved no results using a spirit box. I usually surmise this as improper use or not opening one's self up to being receptive to the spirits.

We have found in our research that the operator or person leading a spirit box session is very important in determining the amount of success you will have from a spirit box session. Much the same as in EVP work without the use of a spirit box, it is of utmost importance to open your psychic awareness up to the process. Having someone knowledgeable of the correct way to conduct a spirit box session and that person being psychically in tune will substantially increase the amount of spirit communication received during a session. Using a spirit box is nothing to be taken lightly. I look it as opening a portal to the spirit world. If this portal is not controlled during the session and not closed properly then the risk of negative entities entering is high. In fact, I believe it is much more dangerous than the aforementioned Ouija board but the rewards are also greater. It is imperative to educate yourself with the process of conducting a proper spirit box session before ever attempting it. Using protection methods before a spirit box session is a must!

Skeptics claim that all that is being received during a spirit box session

are fragments of radio stations coming through during the scan. Although it is true that some small portions of actual radio stations will come through, that in and of itself does not explain the vast amount of evidence to the contrary. Experienced spirit box users and those of us who analyze the audio recorded from spirit box sessions learn to recognize the sound and tone of a radio station coming through. The scan is too fast for complete sentences' to be received from radio stations and yet many times we have received full sentences. These sentences are usually in response to a question that has been asked. They are clearly not from a radio station which in no way would be answering the question nor does the scan stay long enough on a particular radio station band for reply of that length to be said. Radio stations will not say your name or the names of others in attendance of a session. Nor are they able to provide a direct and meaningful answer to a question that was asked within a second or two.

We have on countless occasions been cussed at or heard spirits arguing and cussing at each other. We've heard clearly words said that are absolutely not allowed on the airwaves by the FCC. Skeptics will also claim that the EVPs heard during a spirit box session are merely audio pareidolia, which is hearing words or sounds that are not really there and our brains naturally go to a word that is familiar to us to process it. To dismiss the evidence collected during a spirit box session as simple audio pareidolia is not grasping the magnitude of what is being said and heard.

Gina and I have learned things about people who we are doing a session for that we had no way of knowing. Very personal things have been revealed. Often when we would reveal these things to the person involved they would be corroborated by the person. We have asked things about the past which the spirits would know. We have had future events told to us by the spirits which have come to be. We know that the spirits we call in during a spirit box session can see us. We have conducted numerous experiments that will attest to this. They have been able to tell us what color our clothes are or what the object we are holding is. We once did a visual experiment at home that got a surprising answer. Gina asked the spirits what color of shirt I had on. "Don't trick us", a male voice sternly replied. I wasn't wearing a shirt! They knew that and thought that we were trying to play a trick on them which we were not and assured them of that. We expected an answer

telling us that I wasn't wearing one and were quite surprised at the reply we received. We did apologize and explain that we did not mean the question to be a trick on them. Respect to the spirits will always go a long way in all paranormal work but especially will in spirit box sessions.

We have heard the spirits read cue cards that we've held up during a session. We have purposely wrote obscure combinations of words on the cue cards that made no sense just to decrease the possibly of the remote chance of the word or words being said on the radio. There have been other witnesses present who made up some of the words. This experiment has been successful. We have even done the reading experiment with a friend of ours who lives over an hour away from us. Both parties turned on their spirit boxes at the same pre designated times. We wrote something down and asked the spirits to tell our friend on his box what it was we wrote down and he did the same to us. We were able to catch the full phrase on one end and a word of the other phrase on the other end. We considered this a huge success. This added to the proof that the space time continuum as we know it does not exist in the realm of the spirits.

One of the most meaningful and gratifying aspects of being able to communicate with spirits through the means of a spirit box is the ability for a living person to be able to speak with a loved one of theirs who has crossed over. This type of contact does not always happen but there have been many times that we have been a part of this emotional event. It is amazing to experience and very rewarding. The contact with loved ones will usually not last more than a few minutes but the sense of peace a person gets from knowing that their loved ones are OK and being able to speak to them again on the other side is beyond measure.

Mankind has much to learn about the afterlife and the spirits of those already there are more than willing to teach us. Perhaps it helps them as much as the living. Perhaps there are karmic rewards on that side as well as ours. There are ghosts and spirits that need our help and there are spirits that are eager to help us. By helping each other, the living and the non-living, we all progress further in the journey.

Spirit communication has come a long way since the times of early man. Modern technology has opened up a new world of possibilities to explore the spirit world that our ancestors could have never dreamed of.

For those of us willing to open our minds and hearts up to communicating with the other side, the knowledge is there. It might not be what we have been taught by our schools or religion or it might verify what we have been taught as truth but it is there waiting for those who seek it out. Fear of the unknown only subsides when the unknown becomes the known.

### **Bret and Gina Oldham**

About the author: Bret Oldham and his wife Gina have both been investigating the paranormal since their teen years. Together, they are Halo Paranormal and are based out of Lebanon, Tennessee. Their research encompasses a wide spectrum of the paranormal including Ghosts, UFO's and Cryptozoology. They are known for attracting large number of EVP's during ghost investigations and for their ITC (Spirit Box) work. They have been featured on numerous radio shows, both in the USA and Europe, magazine and newspaper articles, Internet TV, cable TV and were recently the featured guests in the prime time television program "The New Files" in Bulgaria. Evidence they obtained from two of their cases will be presented this upcoming season on two separate episodes of Discovery Channel's, "My Ghost Story".

Bret and Gina have recently contributed two articles to the new book, "Real Ghosts, Restless Spirits and Haunted Places" by renown paranormal author Brad Steiger. Bret has contributed articles to Bigfoot newsletters and has interviewed such UFO luminaries as Travis Walton and John Lear which was first published by Alternate Perceptions magazine and later picked up worldwide. Bret is also the author of the audio book, "Ghost Stories of Las Vegas".

### **Bret Oldham**

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**CHAPTER 7 SANDMAN – PARAREALITY  
RADIO BY SEAN “SANDMAN”  
BARNES**

**Radio Sandman: Parareality**

**By  
Sean “Sandman” Barnes**

My name is Sean Barnes and I'm a Paranormal Investigator/Researcher. When my good friend Mr. Tony Pratt asked me to contribute a chapter to this book I readily agreed. I wasn't sure what exactly he wanted me to write and when I asked him he told me to just write something that introduced myself and told a little about me and my interest in the paranormal. That sounds easy enough. But, when I sat down to actually write something, I just couldn't find anything that I was happy with. Therefore I have decided to basically just start from the beginning.

When I was about 10 or 11 years old I had an experience that would change my life forever. I had a bunk bed that I absolutely loved to sleep on. One night as I was sleeping soundly on the top bunk, I awoke from my sleep for no apparent reason. I don't know what time it was, but it was either late night or early morning. As I lay there, trying to go back to sleep, I began to hear the sound of footsteps lightly crunching the carpet coming from my parent's room. It wasn't unusual for my mother to get up during the night to go to the bathroom or to the kitchen for something to drink. For this reason, she kept a nightlight burning in the hallway.

We didn't sleep with the doors closed in our house and my parent's room was directly across the hall from mine. I could see very clearly in the glow of the nightlight as I waited to see my mother appear and walk down the hall. The sound of the footsteps got louder and louder as they left my parent's room and approached the threshold of my room. They stopped right at my doorway and suddenly I heard someone or some "thing" that gave a long slow sigh and kind of smacked their lips. After that, the footsteps turned and walked away down the hall and then, silence! As I said, I could see everything very clearly, thanks to the nightlight, and there was NO BODY attached to those footsteps! I could see the doorway, the floor and my parent's room all very clearly. Whatever made those footsteps wasn't my mother, father or the family dog. To this very day, I have no idea what made those footsteps.

We were the only family to ever live in that house, so I know that no one ever died in it. The history of the land, however, may reveal some clues. It could have been the spirit of someone who had died there or close to there a long time ago or it could have simply been the spirit of

someone who was "just passing by". As far as I have been able to determine, just about the entire subdivision that my childhood home is on was part of a huge farm land. Other than that, the trail goes cold. I do not know if anyone actually died on that piece of land or if any other tragic event ever took place. However, I was born and raised in the Deep South, so the possibility of something tragic occurring on that property is a definite possibility. Slavery was prevalent and so were Native Americans. It is possible that something tragic occurred there involving one, or possibly both, of them. I will truly never know and the mystery of what it was in my home that night will always remain an unsolved one.

Now I'm an adult. I have been to college and have obtained four degrees. I currently work as a medical professional. However, I have been on a quest ever since that fateful night to investigate and learn all that I could about Ghosts and everything paranormal. To help me learn about those things, I have become a Certified Ghost Hunter and Paranormal Investigator through the International Ghost Hunter's Society.

While the IGHS helped introduce me to the world of paranormal investigating, I have since parted ways with them in pursuit of my own theories and beliefs. I believe that it is a natural progression of any investigator to begin to form their own opinions of the paranormal after spending some time investigating and researching it. I, of course, am no exception. My many hours of researching the paranormal combined with my investigations were the catalysts that led to my split with IGHS. I'm not going to bore you with the differences in my beliefs and theirs but I will say that everyone is entitled to their opinions and opinions differ. I'm not saying that I'm right and they are wrong, just that our opinions differ. I will always be grateful to them for introducing me to paranormal investigation.

After a few years of investigating, I had begun to form my own opinions and I wanted to share them with others. I knew that I didn't really have enough resources to write a book but I didn't know what else I could do. Then, late one night while driving home from work, I was listening to the radio. Being the paranormal enthusiast I am I was listening to Coast-to-Coast AM with the incomparable Art Bell. That's when it hit me: I could start my own radio talk show! I would have the



ability to reach thousands of people! I could tell my story and let others know what I have learned. The idea seemed perfect. All I had to do was pull it off.

That proved to be a little more difficult than I imagined. Where would I start? I had no radio experience. I had no agent to help me shop my idea of a radio show around. I had no clue what I was really doing but I was determined to do it somehow.

After weeks of agonizing over how I was going to pull this thing off, I suddenly had an epiphany. This was the 21st Century. We had the internet for God's sake! I could do this thing on the internet! It was brilliant! I didn't really need an agent or to shop my idea around to radio stations. I could be an independent broadcaster. I could have my own radio show and be in total control of programming. It would truly be a show of my own creation and I wouldn't have to be at the mercy of some programming director who didn't understand the workings of a paranormal themed radio show. Once again, another perfect idea from yours truly!

That idea also proved to be more difficult than what I first thought. There were only just a few internet sites on the World Wide Web that were hosting independent radio broadcasters and they all had their good and bad points. They also weren't very cheap. Cost was a major concern for me because I was going to finance this thing out of my own pocket. Yes, I wanted the show to be good, but I also had a budget, and not a very big one at that. After a couple of months of research I finally decided that I would go with Alternacast. They specialized in talk radio and had reasonable pricing. The quality of their internet stream was good and they had some good reviews from their Talk Jockeys.

Now, all I needed was a name for my show. I wanted it to be catchy and not just some random, generic name like Paranormal Talk or something of the like. I threw around names like Ghost House, The Spirit Seeker Show and other paranormal themed ideas. I just couldn't find one that I liked.

Then one night it hit me out of the blue. At the time I was working as a paramedic. The prefix "para" is a prefix with many

meanings, including: alongside of, beside, near, resembling, beyond, apart from, and abnormal. Paranormal meant beyond or apart from the normal. It was abnormal. The paranormal is an alternate reality. It was para reality! That would be the name of my show. It was unique, it stood out and as far as I knew, no one else had coined the term. Thus ParaReality Radio was born!

I was all set. I was excited. I was nervous. I had never attempted anything like this before. Would it work? Would people actually listen? If they did, would they like the show? Would they like me? I was about to find out.

ParaReality Radio officially signed onto the air in October of 2002 on the Alternacast Radio Network. The first shows weren't really all that great, I'll admit. I had no experience with radio broadcasting and really no idea at all what I was doing. The show wasn't an instant success, but I did manage to get it ranked in the top 30 shows on Alternacast after only 5 episodes. I didn't think that was too bad for someone who had no experience. I also had no website for the show and no email for it either. I thought that I must have been doing something right. After all, I managed to get the show at least ranked! That was pretty good, in my opinion.

Then, after only 5 episodes, the whole thing got yanked from underneath me. The unthinkable had happened. Alternacast had decided that it would no longer be in business. They ceased operations at the beginning of 2003 without any notice or explanation, leaving all of us Talk Jockeys without a way to broadcast our shows. We also lost all of the money that we had paid them.

"That's it", I thought. I was done even before the show had hardly begun. I was thinking that it just wasn't meant to be. I had given it my best shot and had it all taken away from me. At least that's what I thought. It wouldn't be until the end of 2003 that I would be given a second chance.

That whole year of 2003, I just kept thinking about what could have been. I wasn't trying to change the world or make a million bucks or anything like that (but it would have been nice). I just wanted to have a

little radio show to try to help people understand the paranormal. That was all. To have the entire thing ripped away like that didn't sit well with me and I kept on having the feeling that I had left something unfinished.

I decided that I wanted to finish what I had started with ParaReality Radio. I wanted to see if I could pull it off and make it become some sort of a successful radio show. So I began to look, once again, at different internet radio hosting websites. I knew that they were out there. I had seen them all before. They were just a little pricey. I was still working with a limited budget. Still, I wanted to do my radio show really bad and I knew that I was going to have to make some sort of compromise. Actually, I was going to have to suck it up, reach deep in my wallet and come out with some cash.

I had run across a website called Live365 during my search for hosts. It wasn't cheap, but this time I really looked into all the different broadcasting packages that they offered. I found one that was reasonably priced and it suited my needs for what I wanted to do. I could also broadcast live, prerecord a show and even save it to the hard drive on my computer. Alternacast didn't offer those options. Since this was also more like a radio station I could also replay the previous shows that had done. In essence, I could have ParaReality Radio playing 24/7! People could listen whenever they wanted and I still had the freedom to do anything that I wanted to do. Yes, it was more expensive, but it was definitely worth it. In hindsight, I probably should have gone with Live365 in the first place.

Since I was going to be forking out some big bucks just to broadcast the show, I figured that I needed to have a website with an email address, too. This time around I wanted things to be professional. I wanted people to know that I took things seriously and that this wasn't something that I was just playing around with. After a little more searching, I found a suitable host for the website, set it up and I was once again ready to go!

I had also decided that I wanted the show to have a feeling of mystery surrounding it. After all, the subject matter was, let's just say it was a little mysterious and I wanted to keep that feeling of mystery all throughout the show. That's why I decided to come up with an alternate personality; someone who sounded like he was mysterious as well. I felt

like adding a feeling of overall mystery to the show would help keep it interesting and keep people coming back to find out just who this mysterious person was. It was my little hook to catch listeners with.

Once again, I was on my way home from work late one night and listening to the radio. This time, instead of listening to talk radio, I was listening to some good, old fashioned hard rock. The DJ just so happened to play one of my favorite songs. It was Enter Sandman by Metallica. I was rocking out and singing along with it when I suddenly had another epiphany. I would become Sandman! Sandman is the mythical man who gives us dreams and, in effect, controls our minds when we sleep. He is someone who is mysterious. He lives in another realm from the rest of us “regular” people and he knows all about paranormal things. I would become him. I would be him and he would be me, but the world would only know him. He would be the person to host the show and tell the world all about these paranormal things that exist alongside the everyday normal.

I had everything in place now. I had a new webhost to broadcast my radio show. I had a website to go along with it and I had this mysterious alternate personality named Sandman who would host the show. This time around I wanted the show to be big. I wanted it to be a success. I just wasn't prepared for the success that was about to be bestowed upon me.

ParaReality Radio re-launched onto the internet radio airwaves in January, 2004 with Sandman as its host. It was originally going to be just an hour long talk show with Sandman talking about a different paranormal topic each episode. I had decided to broadcast the show on the first and third Friday of every month so I could give myself time to research each topic thoroughly and, for a time, the format seemed to work. However, it didn't last for long. I soon realized that I was going to have to expand the show even further. An hour just wasn't cutting it. I needed it to be longer, so I expanded the show to 90 minutes, twice a month after only airing a handful of episodes.

What I didn't take into consideration was that doing 90 minute long episodes was going to play havoc with scheduling replays on the radio station. In order for things to work smoothly, episodes needed to be one

hour, two hours, three hours, etc. So, after another handful of episodes, I expanded the show again, to last two hours.

Now I was faced with another problem: I needed content to fill up two hours of show time. With some episodes, that wouldn't be a problem, however I didn't feel that I could do two hours of content with every episode. Therefore I needed to find a solution to my problem. How could I do a two hour episode twice a month and consistently have enough content to fill up the time? While I was still thinking about a solution to the problem, I went ahead and pushed forward with expanding the show to two hours. I would figure out a permanent solution later. Right now, all I could come up with was the news. It wasn't just any news, mind you. This is ParaReality Radio, so the news has to be special!

I had been reading something in my local entertainment paper called News of the Weird which contained all sorts of very strange news stories from all over the world. It was mostly unusual court cases, dumb criminals and other stories of people doing generally dumb things. I thought it would be perfect to end each episode with something light-hearted since the topics I usually covered were pretty serious. So, I combined a few weird news stories with a couple of paranormal news stories and called the segment News of the Strange. I figured that this would be good filler material until I could come up with something more permanent. It sounded like a good idea and was a quick fix to my problem. Plus, it sounded entertaining and I could give a brief commentary about each news article after I read it. After it debuted, it became such a popular segment on the show that I not only decided to keep it as a permanent fixture I also dedicated an entire section of my website to it. What started out to be a temporary fix ended up being a popular and permanent solution.

As for the popularity of the show itself, it literally took off and became somewhat of an internet sensation. By 2006, two years into the new show, it was the #1 rated talk show in its category on Live365. I had other radio stations contacting me asking if they could syndicate ParaReality Radio on their station. People in paranormal communities from all over the world were contacting me asking if I would interview them on the show. People sent me books or DVDs and some even asked me if I would go with them on paranormal investigations. I also had people emailing me

asking for my advice, for me to replay certain episodes that they liked and even for autographed pictures!

Someone contacted me about starting an official fan club and I gave my consent. Before long, they were calling themselves K.A.O.S, the Knowledgeable Apprentices of Sandman and referred to themselves as Sandfans. They started a website devoted entirely to ParaReality Radio and would give their own commentary on each episode. The show became so popular that I felt the need to start a newsletter to keep the fans informed about what was going on.

I held a contest to determine a name for the newsletter. The winning name was Sandscripts, which I thought was very appropriate. I began writing the newsletter and putting it out before each and every episode. I would write articles about any guest that was going to be on the show or any topic that I was going to cover plus at least one other paranormal topic. I also included stories from the popular “News of the Strange” segment that I ended every episode with. People really seemed to like the newsletter and actually looked forward to it.

My life became a whirlwind. I was constantly being bombarded with requests to be on the show, people asking for advice and other internet radio stations wanting to syndicate ParaReality Radio. Add to all that the fact that I was writing and emailing two newsletters a month as well as writing, editing, producing and hosting two episodes a month, that didn't leave much time for anything else.

Keep in mind that I wasn't making a single dime from doing all this so I was also maintaining a full-time job, juggling a relationship and I went back to college too! I was a busy man. I needed some help. That's where a couple of the fan club members stepped in and began helping me to write the newsletter. It wasn't much, but any help that I could get was more than welcome.

Sometime during all the chaos I got invited to become a DJ on a local radio station so I began to do an episode of ParaReality Radio every Friday night for two hours, rotating between the radio station one Friday and the internet the next Friday. I couldn't believe how quickly things had happened with the show. The last two years were a blur and things

were progressing quicker than I could keep up with them. The new gig at the radio station was about a 40 mile drive, one way and the show didn't go on the air until midnight. The show didn't wasn't over until 2:00 am and after I finished I had to do a few minor station duties. By the time I arrived home on Saturday morning, it was around 3:30. It made for long days, but I enjoyed actually being in a real radio station. I got to learn a lot about broadcasting while I was there.

Things went like that for 5 years. Then in 2008 it all began to take its toll on me. I suddenly realized that I was tired. I needed a break. The quality of the show had begun to suffer and I wasn't putting out the same high-standard shows that I was used to putting out. I had interviewed a lot of people and covered a lot of topics. I had reached a success far beyond what I had imagined and I wanted to go out while I was on the top. I still felt like there was more that I could accomplish but I just didn't have it in me. I needed a break, badly. Therefore I made the painful decision that I would retire from the show at the end of the year. It was a difficult decision. I had worked so hard to make the show the moderate success that it was. I had put a lot of myself into that show. It was, in a sense, my baby. I didn't want to quit, but I knew that I had to. It was time. While my professional life, as far as the show was concerned, was going really well, my personal life had suffered. I had sacrificed a lot in order to make it the moderate success that it had become and I felt that if I quit all that hard work would be for nothing. Still, I knew it was time. I had to let it go so that I could rest and try to repair the damage that neglecting my relationship with my girlfriend had caused.

I'm not going to bore you with a long list of names so I'll just say that I interviewed a lot of people. I spoke with paranormal experts, paranormal investigators, psychics, authors, people who claimed to have been abducted by aliens and even a few celebrities. I made a lot of friends and professional contacts along the way. I hope that I touched a few lives and opened some people's minds to the paranormal. I think what made the show a success was that I approached each and every topic with an open, yet somewhat skeptical, mind. I presented the information to the listeners and let them make up their own minds. I didn't try to sway them to my own beliefs and I never had any hidden agenda. I specialized in interviewing normal, everyday people who had some sort of paranormal or other experience that they couldn't explain. Every person that I

interviewed, no matter if they were a celebrity or average citizen, was treated with respect and dignity and their story was taken seriously, regardless of whether I agreed with their opinions or not. I didn't even tolerate people who called in to the show to treat my guests rudely. ParaReality Radio was informative, insightful and somewhat cutting edge. Now you can find all kinds of paranormal talk shows all over the internet that are following the ParaReality Radio model.

After I retired I felt good despite struggling with the decision to end the show. I actually didn't even miss it; at least, not at first anyway. In 2011 I began to get the itch again. Things in my personal life had settled down and the relationship with my girlfriend was going well. I began to think about bringing the show back. However, I didn't want to rush the decision and decided to wait for a while to see if I still felt the same way a few months later. It was no surprise that I did. Nonetheless, I waited until 2012 and just couldn't wait any longer. In June, I brought ParaReality Radio back. I'm no longer with Live365 but I am still on the internet, which will probably always be my home. The show is severely scaled down from what it used to be. It's only an hour long and I only do it once per month. There is no News of the Strange segment, it isn't broadcast live and I'm no longer putting out a newsletter. I don't have nearly the number of listeners that I used to have. But that really isn't what matters to me. This time around I'm really doing the show because I love it. I still want people to listen to it and I want them to learn from it, but this time around I'm really doing it for me. I'm doing it for me because I love doing it and it gives me an outlet for my creativity.

There's a whole lot more to my ParaReality Radio story. There's probably enough for me to write a book of my own. Maybe I will "some" day. Because of that little internet radio show, I've grown as a person and I've met some wonderful people and made lasting friendships. I've been able to do things and go places that I probably wouldn't have been able to do otherwise. It's been a crazy ride, but a good ride.

I don't know what the future has in store for me. I have no idea how long I will keep on doing ParaReality Radio or if the show will ever be as popular as it was for those five years from 2004 to 2009. What I do know is that my fascination with all things paranormal will always stay with me. I'll never quit trying to learn about these things and I'll never quit having



the desire to share what I have learned with others. ParaReality Radio has not only given me the opportunity to share that information, but it has given me new friends, new opportunities and helped me grow as a person in ways that I can't even begin to describe here. ParaReality Radio will always be a part of me and I will forever be proud of it. It may not have made me a household name and it may not have made me rich and famous. However, riches aren't always measured in dollars.

I have a saying that I do at the end of all my shows that goes like this:

I hope this radio program opens your mind up to new ways of thinking, expands your consciousness and produces a change in the way you see the world. If you wish to change, you must lift the veil of ignorance that has been cast over your eyes. Only then will you see the true power of the universe.

If you have an interest in the paranormal or just want to learn what ParaReality Radio is all about, I invite you to visit my website. Once you're there you can learn a little more about me, the radio show or the paranormal in general. You can even listen to the show from there as well. The website address is: [www.parareality.com](http://www.parareality.com). I'd love to make a new fan out of you.

Sean "Sandman" Barnes  
[www.parareality.com](http://www.parareality.com)

**CHAPTER 8 – HEALTH OF SPIRIT: CARE FOR  
THE SOUL  
BY PATRICIA MARTIN**

**Health of Spirit: Care for the Soul**

**By  
Patricia Martin**

**What is spirit and how do we come to know our own?**

**What does your spiritual state have to do with your state of health?**

**I will explain in lay terms my experience with shining glorious health and conversely health that has been challenged. Spirit cannot be defined with mere words. It may be a color; a fragrance; the sound of laughter, the knowing that all is well.**

Even a shiver on a cold winter's night health & wellness are experienced, achieved when Spirit is calm. Spirit to me is that inner knowing, that voice that whispers, the feeling you have when you are listening to your own heart.

Do you give much attention to the health of your soul? Personally, I read labels when shopping for food. But, I am in this stage of life finally learning to read labels or read personalities for the health of my soul. Since I moved to this area I have discovered or shall I say re-discovered a deeper world within my "self." I believe children know this and experience this and practice this on a daily basis but we soon forget when we are influenced by religious dogma.

The child or mother and child playing in the sunshine and having that connection without the need for words is what I believe we all must find again. That special feeling that makes time stand still and all things made right in the world. Some find it walking in the woods, riding a horse, preparing a home cooked meal, or gardening. Few find it while watching television or while at work. Being with family, doing volunteer work is very good for my soul. Yours might be fishing or watching the birds. What makes me very sad are the men and women sent off to foreign countries to do the unthinkable. This is why their suicide rate is alarmingly high. The spirit is telling them they are going against their grain. They are doing things they are in strange lands and should not be there.

When you find work that gives you pleasure and satisfaction you are caring for the health of your soul. Would I still write if I had a million dollars in the bank? You bet I would. It is good for my soul and I pray it is good for others. Can you remember your mother telling you to be careful? Can you remember your mother ever telling you to take care of yourself? Of course you can. And, why do you think she said these words to you? She was, whether she realized it or not, telling you to take care of the **HEALTH OF YOUR SOUL**. To give yourself a hug, and keep yourself warm.

I have observed like children we all have tremendous growth spurts. We have some down time when we go through the motions of living

working, doing our chores then suddenly a major growth spurt occurs and we make a little change. We move, find a new relationship, or a new hobby. During this time we are caring for ourselves. I believe it is when we are feeling the urge to make that change and someone or something STOPS us is exactly when illness begins. Think about it – you are on track, you are moving along and suddenly the responsibility of work, family or financial burdens prevent you from moving forward. Some of us get depressed; some of us drink or take drugs to change our state. We do all sorts of things to mask the unhappiness. Some men and women know that they no longer are in love with their spouse. The health of your soul- your spirit is paramount. You know this beyond a shadow of doubt. But your fears and sense of responsibilities will not allow you to care for your own heart.

The rich man can have anything he wants – or thinks so- he can buy a new sports car- learn to play the guitar- take a trip to the islands. But he is hurting his spirit, hurting his soul when he masks things for true feelings. We come to what is our purpose?

Is your purpose to create a lush lifestyle with all the material things? Is your purpose to have rewarding relationships and spiritual awareness? I would rather teach others to be closely aligned with the writings and works of some of the greatest luminaries in the field of positive thought and abundance such as Napoleon Hill and Earl Nightingale. Teaching others how to find their purpose, how to nurture their soul and to act upon the greatness of their own minds is self-nurturing.

Only by finding unconditional happiness in our own heart, with no strings attached can we gain the greatest wealth. Only then will you be jumping joyfully for health!

So in conclusion I suggest we learn to read labels, learn to read personalities, and avoid the ones that are toxic. Do not mix with alcohol or engage in conversation or even sharing a meal with a toxic personality. If the person is not empowering you, and uplifting and celebrating you for who you are it is not a positive energetic exchange and it is not worth it. So, always remember to take personal responsibility and CARE of Your Own Soul. And Jump for the holy health of it whenever you can.

**Patricia Martin**

**Producer and Host of the Health, Wealth and Happiness Show**

**Former publisher of Health & Wellness Magazine**

**Executive Director of Nashville Networkers Magazine**

**<http://nashvillenetworkersmagazine.com/>**

Mystery Us Universe

# **CHAPTER 9 – THE GENESIS OF MYSTERY US: PARANORMAL VORTEX BY TONY PRATT**

**The Genesis of Mystery Us: Paranormal Vortex**

**By  
Tony Pratt**

I began videotaping UFO's in April 1998 after reading an internet article by John Bro similarly titled "How to Videotape UFOs In Your Own Backyard!" A student and I had shared a previous black triangle UFO sighting from 1984 outside my Tae Kwon Do school in Hopkinsville, Kentucky. This sighting is described in the Close Encounters of The Nashville Kind videos part one and two on the Mystery Us You Tube Channel: <http://www.youtube.com/user/ParanormalityWRFN>

The technique for videoing is also demonstrated in both video clips. This particular technique for videotaping UFO's is called solar obliteration and explains why so many people have sightings during eclipses where the Sun is blacked out. The method is simple. On any clear day without too much cloud cover you can block out the Sun using any object such as the side of your house, roof overhang, barn, carport etc. Or, to be portable just use a piece of plywood or cardboard. In general you want to try to film close to the Sun's corona.  
[http://imagine.gsfc.nasa.gov/docs/science/mysteries\\_11/corona.html](http://imagine.gsfc.nasa.gov/docs/science/mysteries_11/corona.html)

If your camera is not digital you will have to be careful not to film directly into the sun itself since it can potentially do irreparable damage to your equipment. So focus your shots near to the sun's surface without letting it to directly enter thus eliminating any 'Sun flare' that happens during the shoot. Most all new cameras are digital and this is not a concern.

Additionally, you will want to zoom all the way out as far as you can. And, I suggest backing off a little from that to let auto focus work better. Only optical zoom matters. Digital zoom is just zooming in on what you have and magnifying it. It is a marketing ploy to sell cameras. Optical zoom is using a telephoto lens that lets you see more of a smaller portion of the sky you are filming. The more optical zoom you have the better. Anything above 100 X is great. Unfortunately, most new cameras have only 10 -20 X.

You can just set up your tripod and let the camera run, and check the footage later to see what you have caught on tape. But, if you want to thoroughly document which objects you can see with the naked eye you will need to stay with the camera and narrate the events as they unfold. You will still miss the majority since at 30 frames per second most are in four frames or less. As you gain experience you will learn to see them with the naked eye and during playback.

It is essential that you have slow motion and frame X frame on your video tape player or digital editing software in order to discover all the shots. It is literally like looking for a needle in a haystack sometimes. But it is also a lot of fun. Some of the objects are only in one frame. And, some are only visible in slow motion appearing vaguely or not at all in any individual frame. Some of the UFO's are cloaked to match the sky but are still clearly detectable in motion. Most dark objects are IFO's i.e. insects, birds etc. They are generally pretty easy to differentiate from what look like extraterrestrial craft on directed flight paths.

Videotaping near the Sun's surface is just a good starting point. You can try different variations such as having the Sun directly behind you or any part of the sky that is unobstructed. It is a good idea to have a reference point when possible. One of my shots of a rod type UFO (rods aka sky fish are UFO's that swirl around like living entities of some kind) appears in only two frames as it passes behind the contrails of a passing jet aircraft in two frames. I call it the world's largest rod UFO footage as it is in my estimation approximately 30 times larger than the jet. In contrast the jet requires 104 frames to cross the screen. Many of the UFO debunkers and disinformation agents claim that rods are just insects close to the camera that only appear to pass behind distant objects. I obviously have to disagree. You can see this footage in my video UFO frames also on

the Mystery Us You Tube Channel.

My journey eventually led to published articles on the Coast to Coast AM website with Art Bell and George Noory and my photo inside the UFO vortex in middle Tennessee that was featured in the March 2000 UFO issue of Life magazine. I have a 100% track record of capturing at least some UFO's every time I film. Usually, I get some very good ones. I hope you have as much fun and success as I have.

UFOs are real. I will leave it to you to decide who if anyone is behind the wheel of these supposed ET craft! Happy hunting everyone

My Bigfoot experience really blindsided me. When I began filming UFO's in April 1998 this led me directly to an experience of the true nature of Bigfoot. A reporter Tim Chavez from the Nashville Tennessean newspaper had heard about my footage and called me asking to view it for an article. He pointed out over the phone that lint on my lens could show up as large objects. So, I invited him over to see my lint. After watching about twenty minutes of video he commented that maybe they were angels. Okay dude, maybe fallen angels. Ha ha. Sandy Nichols, a well-known and respected paranormal researcher, alien abductee and founder of ARG (alien research group) read the article and asked to see the video footage as well. So, I agreed. Sandy told me I needed to try filming in the vortex. I wondered aloud "what the heck is a vortex?" Well, I was sucked into the vortex and I found out! It culminated with the Life magazine photo article previously mentioned. You can see Sandy and me standing in what I now call the secret vortex location in the photo featured in the centerfold of Life from March 2000. (It is on the Mystery Us website and the hubpage article at the end of this chapter) I am second from the right and Sandy is on the far left. Anyhow the following Saturday Sandy invited me to a remote Tennessee hilltop and showed me the vortex. It was just a patch of ground where it looked as though something had landed there or otherwise affected a circular area.

Unfortunately, when I attempted to film inside the vortex nothing happened. The red light would come on for a brief moment then the camera would turn off. I tried for hours with various configurations and power sources and cords to no avail. Then, as soon as I got home I tried the camera again and immediately it worked perfectly. The co-owners of



the property who both own homes in front of the mountaintop where the field is located invited me to attend pot luck gatherings of like-minded individuals and told me I was welcome to visit the vortex area anytime. And, I was told the vortex was associated with many strange phenomena including sightings of Native Americans. This is an area where the infamous "Trail of Tears" had come through leaving two burial mounds on the property. Stephen Gaskin, who is well known for creating a hippie commune called "The Farm" in Summertown, Tennessee. He had originally attempted to purchase the vortex property claiming it had been determined to be the center of the known universe.

Soon I was headed to my first gathering. Upon arrival it was pitch dark and cloudy. I thought I would drive past the houses to the vortex area alone to see if I could pick up any impressions about it myself. I stepped outside my Jeep Cherokee and held my hand in front of my face and literally couldn't see anything. Wow that is dark I thought. This open field on top of a mountain is the size of about 20 football fields enclosed on 3 sides by fences. And, there was a strange sound coming from the far end of the field. It was high pitched and squeaky but melodic. My initial thought was I had never heard such music. I began walking in the direction of the sound and then I realized or perceived it was something much different than I could ever have imagined. When I got closer the sound abruptly stopped. I somehow perceived it was the sound of Bigfoot copulation. When I got closer the sound stopped and was replaced by what I thought were loud thunderous, stomping footsteps that shook the ground. Again, this was my limited perception at the time. I knew nothing of Bigfoot. I was looking for nuts and bolts UFO's not mystical apemen. Each footstep seemed to literally shake the ground beneath my feet. But that was not possible. Even an elephant jumping up and down couldn't do that from a few feet away. I headed back toward my vehicle and could see movement and hear rumbling in the brush alongside me. I quickly got back in the car and went back to the house and attended the gathering.

Later, a campfire was built near the vortex and I stayed late until around 2 am when only a few people were left. When I told one of the property owners about my experience she was stunned. Anne as she was called in the Life article told me she had been having telepathic contact with a Bigfoot for months, but hadn't told anyone. She explained that she enjoyed coming to the field during the early morning hours and walking

around in the buff. And, that a Bigfoot male had communicated to her that he would like to have sex with her to which she respectfully declined. She said he then requested that she bring a human partner into the woods to make love while he and his friends watched to which she also declined. Unbelievable, I thought. They are perverted just like human males! Later I discovered through my own research and the work of Bigfoot researcher Kewaunee Lapsertitis that this was not all that uncommon. What was uncommon was for anyone to speak of it publicly. Kewaunee is the author of *Psychic Sasquatch and their UFO Connection*. The 12 part 2 hour Paranormality radio interview is available on the Mystery Us You Tube Channel. Paranormality Radio is the precursor to Mystery Us television.

It was a year later before I tried filming in the vortex just prior to the arrival of Life magazine. One of the films I made is the UFO Beam Event footage also on the Mystery Us You Tube Channel. Sometime later I met a lady through the internet who lives west of Nashville. She had built a new modular home on a mountain top. She informed me that she thought the place was haunted. She said the doors with iron latches would open by themselves and there was other strange activity around and in her home i.e. objects moved, strange sounds, footsteps etc. Plus her "Rhodesian Ridgeback" dog went missing never to be seen again. For some reason I told her I felt there could be a Bigfoot connection. She knew nothing about Bigfoot or any other paranormal phenomena. One morning she called me around 2am with a fantastic story. She had gone to bed and felt something in the bed snuggle up to the small of her back. She thought it might be her cat. But, when she rolled over nothing was there. Suddenly invisible fingers were fondling her breasts. She could see and feel the finger impressions much like in the movie *The Entity*. She got up out of bed and was really frightened as any sane person would be.

Nothing much occurred for a while after that until one evening I called her and she said she was going to the store and would call me when she got back home. But, she called me on her cellphone from the store parking lot and said she had seen him. Seen who I queried? Mr. Bigfoot she replied. Just across from a golf course halfway down the mountain she reportedly witnessed what she described as an 8-10 foot tall dark brown hairy creature. He spoke to me in my mind she recalled as he walked toward the woods he looked over his shoulder and said "it's me." Then she indicated he got closer to the tree line and walked into a blurred circle

and disappeared like in the movie field of dreams. All the elements of her stories are commonly reported according to Kewaunee.

A month or so later she agreed to do a taped interview regarding her experiences with a Bigfoot researcher friend of mine Sherry Malin who was affiliated with the BFRO (Bigfoot research organization). We also had two more ladies with us who were regular attendees at the vortex field gatherings. But, when we arrived noone answered the door. We called on the phone and were told her son didn't want her to do the interview. So, instead the four of us went to the location she had shown me where the sighting happened. We actually found some old footprints but they weren't very clear. We were disappointed but still adventurous. One of the ladies was Anne and the other I will call Janet who for the purposes of this story had downloaded and printed an internet article on recent sightings by a park ranger of a white creature associated with howling when the train comes through at night. The place was fittingly called Werewolf Springs and was only about ten miles away. There was even a back story about wild men escaping from the carnival and a train crash that happened in years gone by. So we set out to find it just for fun. We stopped at a school on the way and got directions from an old black man who was the janitor. His information led us to an old cemetery with civil war slave graves located at the far end of the Hall family cemetery where it dead ends into Montgomery Bell Park. We circled the place twice and parked on the far left side. We walked around the perimeter and I went into the woods and noticed a couple of markers similar to the ones Sherry Malin had pointed out to us in our former locale. I ran back to tell the ladies what I had found. And, at that point we all entered the woods crossing a dry stream at the rear right hand side of the cemetery. Not too far into the park and we encountered giant 3-4 foot tall ant hills and then thousands of ants were beginning to crawl rapidly up our legs. At that time Janet and Anne decided to return to the cemetery and keep an eye on the car.

Sherry and I brushed off the ants which we solidly encamped for about 100 feet. We proceeded further into the lush forest. We saw an amazing variety of huge mushrooms and exotic looking plants. Approximately 35-40 minutes in Sherry remarked she felt we were being followed or watched by something. I agreed and said stop! We both stopped walking but continued to hear a couple of crackling sound like footsteps on the dry

leaves crunching. We kept moving and stopping and heard the sound a couple more times sensing something was really nearby. We came to a TVA power line clearing around 100-150 feet across. Entering the open area I looked to my right and saw my first Bigfoot in the flesh or should I say hair? It stood an estimated 8-9 feet tall with reddish or burnt sienna colored hair. It appeared to have breasts and resembled a female version of Chubacca from the movie Star Wars. She was standing perfectly erect and reacted when she saw me looking directly at her. The startled creature ran beyond the clearing covering a distance of 40-50 yards smoothly and what appeared effortlessly in literally 2 seconds. Our football team could use her. Did you see it I asked Sherry? I was already running that direction. I knew I couldn't catch up but thought I might get another glimpse of her hoping she might hide behind a tree and reappear. Alas, I never saw her again. We went further down all the way to the Harpeth River but she was long gone.

About a week later Sherry and I returned. Sherry thought we should enter from the right side of the field. It began sprinkling as we arrived. Not fifteen yards into the park we heard a pronounced grunt not ten feet away behind some heavy brush. It grunted again as Sherry and I looked at each other in silent acknowledgement. I moved closer within about 3-4 feet and heard the most god awful, guttural, growling vocalizations I have ever heard. I didn't see anything. But, I could hear it take off down the hill. I ran toward the sound as fast as I possibly could limbs and brush smacking me in the face. A minute or two later I arrived at a dry creek with a small wooden bridge and the park walking trail on my right. The creature was screaming and seemed to be talking to me from somewhere on the other side. It wasn't that I was brave or even foolish I felt I had a nothing to lose attitude particularly after what UFO researcher and possible agent Marc Davenport had warned me would happen if I kept uncovering UFO evidence. Marc said I would be thoroughly discredited and/or killed. Serious attempts have been made at destroying me both ways but what is left of me is still here.

So, I called out to Sherry to come down via the walking trail in front of the cemetery gate. By the time she arrived I was calling back to my newly found friend attempting to emulate whatever sounds I heard. Whatever it was it was angry as heck. We stood under the bridge for another ten minutes and the frenetic conversation continued. I would mimic the

sounds I was hearing which I think really infuriated it.

The sounds ceased and I started to cross the bridge but Sherry wanted to walk along the creek to the left. Instantly we found a perfect Bigfoot print in the sand. It was huge and the sand was so fresh it was wet on top from the rain but totally dry inside the 6 inch deep footprint. It wasn't as long as the size 21 Nike tennis shoes I sometimes wore for my performances when I worked as a professional clown. (Shaq wears size 23) But, the foot was extremely wide and had a disjointed big toe with a gap like an ape. The banks of the creek are about 4 feet high. It looked like one step was all it took to traverse the creek. We videotaped the footprint and found two more old prints and headed up the hill on the other side. We didn't have plaster with us or would have made a great cast. As for those debunkers who claim no bones have ever been found haven't considered the forest giant people known as Bigfoot may bury their dead.

And, besides why wouldn't bones from an unknown primate be misidentified just like the bones of Homo sapiens when found in too old of strata contradicting the current company paradigm. Richard and Mary Leaky would find bones and as mentioned in a previous chapter footprints all the time and comment that if they didn't know better they would swear it was the femur of a Homo sapiens skeleton.

Michael Cremo and I both contend they didn't know better. If it looks like a duck maybe it is a duck. And, the so-called human ancestor known as Ardi or Ardipithecus Ramidus that is supposed to be a million years younger than Lucy and touted as the oldest human ancestor skeleton is in my opinion simply an apeman or primate commonly known as Bigfoot today. It has the gapped or splayed big toe like the footprint I just described.

<http://news.nationalgeographic.com/news/2009/10/091001-oldest-human-skeleton-ardi-missing-link-chimps-ardipithecus-ramidus.html>

The evolutionists are on the defensive throwing out every new find as a candidate for the missing link. The latest is a lemur human connection because the fossil has opposable thumbs and fingernails and cat sized hind legs for someday standing upright. Give me a break!

[http://articles.nydailynews.com/2009-05-19/news/17922526\\_1\\_human-](http://articles.nydailynews.com/2009-05-19/news/17922526_1_human-)

evolution-missinglink-jorn-hurum and  
<http://news.nationalgeographic.com/news/2009/05/090519-missing-link-found.html>

As far as the Patterson/Gimlin footage being a costume it would have to be more like special effects make-up which didn't exist at the time. I was a professional mascot entertainer with a group of gorillas called guerilla warfare. The \$5000 costumes were very well made by the creator of the Harry and the Hendersons movie costume using the same material in neon colors but nothing close to being in the vicinity of making something look like a real ape. Show me a costume like that with the rippling muscles, bulging calves and bleeding thigh that looks like a gunshot wound. It has been tried but I haven't seen anyone replicate the Patterson footage.

So, back to our 100% true, I will swear on whatever story. Sherry and I didn't see or hear anything for another thirty minutes as we walked in the direction where our understandably angry Bigfoot person's vocalizations were emanating from. Then a hickory nut or rock zipped between us skipping like a flat rock in a calm pond. It couldn't have fallen from the trees. Some kind of outside force had acted on it. Seconds later another one skipped by. Then another one came zipping by. Then, another skipped past. It happened 7 or 8 times. Nothing was near us and we could see clearly for 3-400 yards. We moved forward carefully checking behind a few large trees to no avail. No one, at least no one visible seemed to be throwing the nuts/rocks. Four hours in we saw nothing but a proliferation of X-shaped markers some that were fifty foot tall trees culminating in a wall of them in front of a huge briar patch. The message was clear Stay Out! Fear didn't stop us but hundreds of feet of briar patch did. We turned around and used the compass to find our way back to the cemetery. We met a lady and her son coming the other direction who were planning to camp in a small park shelter with bunks and a grill out front. We didn't mention our experiences to them. Ha ha! I truly didn't feel they were in any danger from the being(s) we had encountered.

A friend of mine Dr. Mary Rose Grant agreed to take a look at the place a few months later to find out where my wild stories were coming from. After showing her the areas where the previous contact incidents occurred we set out on a general search hoping to see something. A couple

of times she noted that maybe she had seen something distantly in the shadows. Five hours later I finally gave up and leaning against a tree retorted, "You know something we can't find them unless they want to be found. We won't find them until they are ready to let us find them." I leaned back, closed my eyes and mentally asked them to show up please! Mary Rose exclaimed "What's that over there?" pointing to an area where the river forms a slight cove or inlet at the base of the largest hill. It runs parallel to another area where several civil war battle walls are still standing. I looked up and saw a large black male Bigfoot leaning his head out from behind two trees at the point of the cove. I had decided not to run or move too abruptly and startle him. I slowly waved my hand high above my head as I stared into the eyes that were staring back at me. Approximately 200 feet from us he majestically stepped out from behind the two trees standing perfectly erect like a human as if to say "here I am!" Dr. Grant commented "I could see his face and eyes." We both remained entranced for a minimum of 2-3 minutes. I said "stay here and keep your eyes on him while I slowly walk in his direction. He was at least 8'6" tall because the top of his head was just above a limb we later measured by flipping a six inch ruler 17 times. He had jet black bristly hair like a giant woolly worm. As I walked I had to descend into a huge crevasse. It was only briefly but he had left or disappeared before I could see him again. Mary Rose said he walked behind the tree and disappeared. He may have simply moved away quickly or dropped onto the ground but why speculate? I was ecstatic we both had seen what we had both seen. It was as clear as the pronounced nose on his face. It was not all that apelike but more human. It was different than the Arkansas photos (On the Mystery Us website) of a male who is very steep faced, flat nosed and apelike. We walked down to the trees where he was standing and looked for any signs but found none.

At that point we had been there for several hours. We were exhausted and hungry and decided to head back to the car. Dr. Grant was the one who had first sighted the huge male next to two trees with his head slightly higher than the limb we had measured at 8'6". We did this using a six inch ruler which we had flipped over 17 times walking it up the tree to reach the limb. I had to stand in the fork of the trees to get it to the top.

Then as we were leaving the area, on our way back we reached a small opening 30-40 feet in diameter with a huge tree stump where we sat down

to rest. Suddenly, a hickory nut or rock or something had cracked loudly and sharply against the oak tree next to the left side of my head. Again, a few seconds later something hit the large oak tree just behind my head so loud it was almost like a gun shot. I assumed this was a rock but I didn't see it bounce off or where it went. This Happened 7-8 more times within the course of a couple of minutes. I could see an impact on the tree, but no object was clearly seen flying off. It seemed as though something wanted to scare us and make us leave. So, I said aloud that we would be leaving in a few minutes to go eat but unless the rocks started hitting me I was going to rest first. The rocks stopped after I said that. We could see for hundreds if not a couple thousand yards in every direction, but didn't see anything. We waited several minutes more to see if it was going to happen again before finally leaving the spot.

The Mystery Us website has photos from Arkansas when I visited a friend a few years ago who had been having bigfoot contact and telepathic communications with a Bigfoot family. We left apples in the woods overnight and found them bitten into with huge human like teeth the next morning. We also found huge bedding sites with body impressions. In the photo the blonde matriarch Magnus is seen crouching on the left side. She is accompanied by a very young Bigfoot child in profile. While not definitive by any stretch of the imagination these photos are similar to my sightings except my sightings were crystal clear, up close and personal. It is nothing like the indistinguishable photos that are commonly referred to as Blobsquatches. There is also an enormous adult black male behind the skinny tree on the right in the foreground. He is supposedly a young adult male something like a nephew to Magnus according to the telepathic contact reports. My good friend, Dr. Mary Rose Grant commented that "he looks precisely like the male bigfoot we spotted at Montgomery Bell Park in Werewolf Springs Tennessee before. Dr. Grant was at the time a microbiologist and administrator for the School for Professional Studies at Saint Louis University. I think he only generally looks like the other Bigfoot because they are big and they both have black hair. However, the Bigfoot from the park had a much more human face and stood stunningly more erect.

That is about all I can tell you about that. I guess the conclusion is that Bigfoot is both a physical as well as paranormal or perhaps interdimensional being. Maybe, it is a being that can morph itself into



various forms according to the projections and perceptions of the witnesser/experiencer. Stories abound of a trickster that does whatever one thinks it can do. You decide. Then tell me. I believe the phenomena can occur at anytime and anywhere. Do, I fully understand it and conduct telepathic conversations with Bigfoot and/or aliens on command? No, not really. It doesn't quite work like that for me. Jeffrey Teagle and I concur about this one.

Kewaunee Lapsertis author of *Psychic Sasquatch and their UFO connection* who I interviewed on *Paranormality Radio (Paranormal Nashville)* claims a very specific continuous contact over a long span of years. And, his general knowledge and understanding of how these interactions occur are in my experience quite authentic and accurate. He has been wrongfully attacked by skeptics and smartasses who think they know something but have zero to offer other than uninformed criticism. The two hour Kewaunee interview is available on You Tube in twelve parts. I posted it online before I was granted permission from You Tube to post longer videos. Some You Tuber guy actually pieced it all back together and posted it on his channel. So, I posted my link in his comments section. Woohoo! Either way you can hear it on You Tube.

This chapter has focused mainly on Bigfoot and UFOs however I have had a wide range of paranormal experiences leading back to 1976 when I taught a form of remote viewing I called point of consciousness projection to classes of Psychology students at Volunteer State Community College. I have had a knack for out of body experiences since childhood and tried to come up with a step by step method anyone could do it.

And, as I was a member of the Rosicrucians and always studied religious and esoteric books all my life. I later studied Edgar Cayce and was a member of his A.R.E. Association for Research and Enlightenment while living and teaching martial arts in Hopkinsville, Kentucky. I read the complete IRF individual reference file volumes one and two numerous times over.

My martial arts training was key to me witnessing UFOs and other phenomena that are visually fast. And while working as a Tennessee State Capitol Police officer in 1986 I discovered along with the other officers

that the Capitol was extremely haunted. Apparitions, footsteps on the marble stairs and huge rooms filled with voices would become silent when the door was opened and return when closed. Officers working on third shift were required to sign an agreement they would not discuss any strange incidents with the press.

In 2004 I started producing and hosting my own radio program called Paranormality on WRFN - radio free Nashville. Hence the You Tube Channel User name ParanormalityWRFN. Two years later in January 2006 Mystery Us television was born. I have continued as a field researcher and investigator and still enjoy it as much as when I started.

In conclusion, I want to emphasize that the mysteries of the universe are connected to the mystery that is Us! Everything in the Mystery Us Universe is connected. How, much of these various resultant phenomena are the result of our own mental projections onto reality? And, do we in fact create our own reality? I could ask many similar questions. The point is not only to always question but to always seek by immersing oneself into the truth of the moment. Being aware in the now is the essence of experiential living and therefore knowledge. It is Perception itself. Street version: It is what it is.

Finally, this first volume of Mystery Us has been largely focused on our possible origins and destiny. I want to personally thank all our tremendous authors for their incredible contributions. Each one of these authors have demonstrated integrity in their respective field(s) and possess high level perspectives on the subjects they address in their writing contained herein. I must express a personal heartfelt thank you to Dr. Michael Cremo. You have affected my life deeply. And, also a deep thank you to Paul Von Ward, Jose Escamilla, Jeffrey M. Teagle, Connie Kis Andersen, Bret Oldham, Sean Barnes, and Patricia Martin. And, I hope you the reader have found some inspiration from it to seek and discover your own truth. What is real to the individual is what is real. Remember the Mystery Us motto: The truth lies within each of Us!

Hey, y'all none of Us are telling lies or fabricating evidence here. We are each telling our own truth in our own special way and identifying sources of information that generally agree with our own hypothesis usually based on personal experience, research, investigation and

collection of evidence by experts including our own field research. We are all honestly expressing ourselves and communicating what we believe might prove interesting, helpful, entertaining, enlightening, and somehow useful to our viewers and friends.

Thanks for the enormous support from our all great friends on Facebook and in the Mystery Us group, our You Tube Subscribers, our Livestream viewers, our local Nashville and all our Middle Tennessee area viewers. Please, encourage your friends to get the book. And, ask them to subscribe to Mystery Us on You Tube, join the Mystery Us Facebook Group and visit the Mystery Us website.

Today is the most important performance of our life simply because it is happening right now.

**Tony Pratt**

**Executive Producer and Host of Mystery Us - A television program broadcast locally on Nashville Channel 19 by Comcast cable the Internet Service Provider for Nashville, Tennessee.**

Portions of this chapter are taken from the following two previously published Hub page articles which include photos and video links:

<http://mysteryus.hubpages.com/hub/How-to-Film-UFOs-anywhere>  
<http://mysteryus.hubpages.com/hub/BigfootTennessee>

**Mystery Us website**

<http://mysteryus.tvheaven.com>

**Mystery Us You Tube Channel**

<http://www.youtube.com/user/ParanormalityWRFN>

**Mystery Us Facebook Group**

<https://www.facebook.com/groups/375822235803202/>

## **ABOUT THE AUTHOR(S)**

**In some cases more information about the authors and links to their work are included at the end of each chapter. All the authors are either former interview guests of Paranormality Radio and/or Mystery Us television or they are personal mentors and respected researchers in their field(s) who were invited to contribute chapters to volume number 1 of this series. Mystery Us Universe: Origin and Destiny.**

**Dr. Michael Cremo is a world renowned expert and speaker, author and frequent television presenter on the History Channel, Discovery, The Learning Channel, and CNN and is principle author of Forbidden Archaeology and Human Devolution.**

**<http://www.mcremo.com/>**

**<http://www.humandevolution.com/>**

**Paul Von Ward (interdisciplinary cosmologist and independent scholar) is author of We've Never Been Alone, The Soul Genome, Our Solarian Legacy, and others.**

**Paul Von Ward**

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**[www.reincarnationexperiment.org](http://www.reincarnationexperiment.org)**

**Jose Escamilla is the discoverer of rod type UFOs and well known filmmaker and producer of The Celestial Movie.**

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**Jeffrey A. Teagle is a well-known Bigfoot researcher and the host of Chattahoochee Bigfoot Radio.**

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**Connie Kis Andersen is an award winning Australian country music singer.**

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**Bret Oldham and his wife Gina are Halo Paranormal and are based out of Lebanon, Tennessee. Their research encompasses a wide spectrum of the paranormal including Ghosts, UFO's and**

**Cryptozoology. They are known for attracting large number of EVP's during ghost investigations and for their ITC (Spirit Box) work.**

**Bret and Gina have recently contributed two articles to the new book,**

**"Real Ghosts, Restless Spirits and Haunted Places" by renown paranormal author Brad Steiger. Bret is also the author of the audio book, "Ghost Stories of Las Vegas".**

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**Patricia Martin is the producer and host of the Health, Wealth and Happiness Show.  
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