

# DOMAIN OF THE RAJA OF ATLANTA

## FEBRUARY 20, 2007

In attendance: (Elaine traveling)

### I. Vaidya tour

Raja; we want to do everything we can to have a vaidya tour, but we have to make it feasible. We should have people signed up. Since Elaine is not here tonight, we can talk a little bit more next week about the mechanics. We might want to take a few notes about the Vedic Experts. We never call them doctors. Certain states are more lenient about what people can do. California, for example, is lenient. We have to be careful not to do two things unless we have a medical doctor sitting. If a person diagnoses or prescribes, both, then legally they are practicing medicine and of course our Vaidyas don't have a medical license. What we do to work with this is we don't diagnose and we don't prescribe. The first thing we do legally, and this is not iron clad but general recommendation from lawyers we have worked with. We have a form and ask people wanting an evaluation to list the problems then have. That way if the vaidya says, oh you have a liver problem or a heart problem—and generally better not to go to that—they are not diagnosing because already on paper. The vaidya's are there to give traditional ayurvedic evaluation of the doshas in light of ayurveda, ayurvedic theory. Vata is out of balance. Pitta out of balance. Another important thing for everyone to know. We don't treat the disease. We treat the person, the physiology. Treat isn't a good word. We evaluate according to traditional ayurvedic theory the imbalances of the doshas. Vata is air and akasha. Pitta is metabolism or fire. Kapha is structure, water and earth. Which intimately makes mud in the spring. That is why spring is kapha. We don't diagnose. We look at pulse to see vata pitta, kaph. Prescribing. How do we work with that if we don't have a medical doctor sitting with vaidya. We have a copy of Mapi catalogue. Vaidya goes over what person has written. I have indigestion or stiff joints. Whatever is going on, you can turn to that catalogue and because they are all written with disclaimers, so that is legal. We are not saying that will cure anything. You can have something called Sniffle Free. You have told me you have stiff joints so you can take this for stiff joints. We rely on protection from label and disclaimers form label. Next question, how do people get stronger herbs like MA 631 rather than men's rasayana. In reality those MA herbs are simply stronger, more potent formulations to address the same imbalances as the labeled items with a disclaimer. So you let the person choose. If you let the person choose you are not prescribing. Just as they go to the drug store and get either Tylenol or Advil. Vaidya simply advises, we have men's rasayana but if you would like something stronger you might get

631. Generally people start with labeled rasayana. This is an overall view of what we do to work with vaidya where everything is smooth and they are not breaking any state laws.

Alcine: If we have doctor trained in older training course, would that be better.

Raja: Always better to have a doctor if possible. Alcine: he is very busy. He has

done it before and he might have time to do it. Raja: This is good. This is the

kind of thing we look for. Jeff: Would there be any compensation if he were to

spend time with the vaidya. Raja: No. Many doctors like to do it because they

are learning something. Mary: If people come for particular disease that they

have, if we don't treat for disease how does that fit in? They are going to ask

questions. Raja: They have already filled out form. Expert is not diagnosing

disease. They give about diet. It is a health consultation. It is not a medical

event. It is a consultation about health, proper diet, what exercise is good for

you. It is not considered to be prescribing. There are people all over the earth

that talk to you about health. That is okay. Does that answer your question.

Mary: They will probably go over vata pitta kapha. Raja: umhunh. Yes food is

medicines. Good rest is very healing. So all of these things are okay, but again

we are careful. We never promise that we are going to cure this or that. If the

vaidya were to start doing that Raja Konhous or I should know about that. The

vaidya has to work very innocently according to law of land. Healers are

working in states like California where it is legal to say I can do this, I can do

that. We don't make claims.

Alcine: what additional can vaidya do with doctor as opposed to without

vaidya. Raja: He can feel more free to go into more detail. That herb is good for

the eyes, or the joints. Something like that. It is just a more relaxed, open kind

of session with him. But in reality, people are going to get the benefit if they do

the proper diet, routine, proper rest, proper exercise all of these things. People

are going to get the benefit. We all want the details but as Maharishi says, keep

it simple, keep it simple, keep it simple. Alcine can doctor explain and go into

more detail. Raja: Yes that is always a good thing. I will check a little bit more.

With what I have told you that is not as important. Maharishi definitely wants

to protect the vaidya. Now there seems to be more leniency to send the vaidya's

into the field. The best situation is to have the doctor and have even have the

vaidya tell the doctor,. If he knows the person is extremely agitated or

confrontational, it would definitely be best with the doctor. Vaidya and doctor

go out of room then they come back and say vaidya said this and this and this.

Raja: There will be financial remuneration just like with the Vedic Expert. All

of it, I think will be counted toward your Netscape account when they come to

visit.

Alcine: What do we do with the records where people write down their

concerns. are there forms that they fill out. There are very strict privacy laws

now, called HIPA. Raja: I will have to look into that. Those privacy laws apply to doctors. That is a very good question, Alcine. I will have to make a note of that.

## **II. School project**

Jane: meeting tomorrow

Talked to Dr. Hagelin today. Another nice donation to David Lynch foundation. The more the merrier. Also at the Raj Debra Ray, Healthy talk radio is at the Raj broadcasting for 5 days. We had her three or four years ago. I was on today with Alaric. We are doing the brain mapping at the Raj. Had a nice lunch with Raja Monohar, Nancy Lonsdorf. It is very, very good. We are having some good response. I am pushing when I talk and when anyone else talks, TM.org site and Raj website. We are driving anyone we can to sites. She has two audiences, satellite radio Cirrus and the other one is the terrestrial. First two hours are terrestrial station. The last hour goes to satellite radio that hits a totally different audience around the country. We usually have 100,000 people for each 15 minute block. It is a very nice audience. She meditates and she has been to the Raj and Lancaster, and she lives in the Tampa, St. Pete area. She broadcasts 6 days a week. We are very, very happy to have her here at the Raj. She is a very nice person. Very into organic, natural. We are going to have speakers, one from our organic farms, and Ed Molloy, the mayor. We have a wide group of people we are excited about having. We are very diversified. It is 15 hours of broadcast time over next 5 days. Our last broadcast will be Saturday.

## **III. Brahmasthan**

Raja Paul and Bevan are in Kansas going to the Brahmasthan. There are several helicopter trips looking at property from air. You can always get a better feel from helicopter. You can't get lay of land for a 5 foot drop here or there, but both are very valuable. When I worked with my father he had two helicopters. It is really amazing what you can see from the helicopter. You need to be on the ground to see the lay of the land too. Maharishi is still sending people there to push Maharishi Central University forward. It is very exciting, but we will see how quickly it comes up. Raja Paul and Susie were staying at the Raj but now they are in Kansas. Bevan spoke in dome and very appreciative of feeling here and noting good things that are happening.

## **IV. Atlanta**

We are still interested in people for Atlanta. Sandy Nidich it will be a study of 15 men and 15 ladies. Dori has been very, very busy with telephone calls. It is a very busy time in Atlanta. It is a very good place if anyone knows of anyone

moving to Atlanta and take over nice big population. If no more questions let  
get an early start.