
	builders of the adytum B.O.T.A. Online Meeting Schedules by TIME ZONE				
TIME ZONE	STUDY GROUPS Open to the public	COORDINATORS	EMAIL	MEETING DAY	TIME
US EASTERN (EST)	SOUTHEAST Regional SG	Angie	26lvx26@gmail.com	3 rd Wednesday	8:00 - 9:30 pm
	Columbus, OH SG	Mark	mekagylvx@gmail.com	2 nd Tuesday	7:30 – 9:00 pm
US CENTRAL (CST)	MIDWEST Regional SG	Virginia & Marc	vsmith22@gmail.com	1 st Thursday	7:00 - 8:30pm
	SOUTHWEST Regional SG	Laura	lauracioppa@gmail.com	3rd Thursday	7:00 – 8:30 pm
	Chicago/Milwaukee SG	Peter & Mike	petostic2000@yahoo.com	1st Saturday	1:00 - 3:00 pm
US MOUNTAIN (MST)	Phoenix, AZ SG	Darin	darin@dragon.org	2 nd Sunday	2:00 -3:30 pm
US PACIFIC (PST)	Palo Alto, CA SG	Jame'e	jameeb2001@yahoo.com	4th Saturday	10:30 am – 12:00 pm
MEDITATION MEETINGS B.O.T.A. Members only					
CENTRAL (CST)	Sunday Meditation	Sharon & Margaret	sharjoy@joysounds.net	1st & 3rd Sundays	10:00 - 11:30 am
EASTERN (EST)	Thursday Meditation	Angie & Del	26lvx26@gmail.com	2nd & 4th Thursdays	8:00 - 9:30 pm
STUDY GROUPS OUTSIDE THE U.S.					
US CENTRAL (CST)	AFRICAN Study Group in English	Peter	petostic2000@yahoo.com (Coordinator resides in U.S.A.)	2 nd Saturday	10:00am - 12:00 pm Use Time Converter to check African time zones
GMT (London)	UK English Study Group	Wendy	Studygroup.bota@gmail.com	1 st Thursday	7-8:30pm
AMÉRICA LATINA					
En Español	Grupos de estudio y meditación	Visite la página web para más información: https://www.bota.org/group_work/msa.html			
Find the meeting time in your local area.		TIME ZONE CONVERTER https://dateful.com/time-zone-converter			

NOTE: This information is updated periodically as new groups form and other groups go back to in-person meetings.

You may contact any of the coordinators in these areas that are convenient to you.

See Regional Activities tab at bota.org https://www.bota.org/group_work/index.html