

THE
ROSI-CRUCIAN FELLOWSHIP
MAGAZINE

RAYS FROM THE ROSE CROSS

Philosophy and Astrology



FEATURES

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*Daily Thought and Guide
Fellowship and the Coming
Race*

*Mystics Also Must Face
Life*

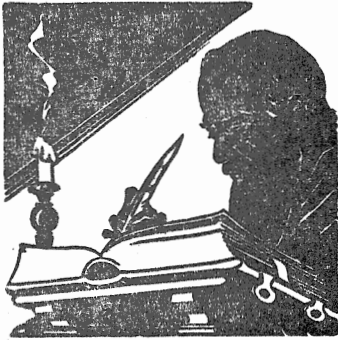
The Wedding Garment

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THE ROSICRUCIAN MYSTERIES

By MAX HEINDEL

Occult Scientist and Initiate

NEW AGE CONDITIONS, based on the use of atomic energy, cosmic rays, sun power, and other modern discoveries, demand for all humanity an increasing understanding of the laws governing life and being.

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226 Pages

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THE ROSICRUCIAN FELLOWSHIP
Oceanside, California, U.S.A.

The Rosicrucian Fellowship Magazine

Rays from the Rose Cross

ESTABLISHED BY MAX HEINDEL
JUNE, 1913

May

1959

VOLUME 52



NO. 5

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Subscription in the United States, one year \$2.50; two years \$4.50. Other countries, same rate, U. S. money or equivalent. Single copies 25 cents, current or back numbers. Entered at the Post Office at Oceanside, California, as Second Class matter under the act of August 24, 1912. Accepted for mailing at special rate postage provided for in Section 1103, Act of Congress of October 3, 1917, authorized on July 8, 1918. Writers of published articles are alone responsible for statements made therein.

Issued on the 5th of each month. *Change of address* must reach us by the 1st of month preceding any issue. Address ALL correspondence and make ALL remittances payable to The Rosicrucian Fellowship.

PRINTED AND PUBLISHED BY

The Rosicrucian Fellowship
OCEANSIDE, CALIFORNIA, U. S. A.

Quid's Metamorphosis

BOOK XV — DRYDEN

NOR those which elements we call abide,
 Nor to this figure, nor to that are ty'd;
 For this eternal world is said of old
 But four prolific principles to hold,
 Four different bodies: two to heaven ascend,
 And other two down to the center tend.
 Fire first, with wings expanded, mounts on high,
 Pure, void of weight, and dwells in upper sky;
 Then air, because unclogged, in empty space
 Flies after fire, and claims the second place;
 But weighty water, as her nature guides,
 Lies on the lap of earth, and Mother Earth subsides.
 All things are mixed of these, which all contain,
 And into these are all resolved again;
 Earth rarefies to dew; expanding more,
 The subtle dew in air begins to soar;
 Spreads as she flies and, weary of the name,
 Extenuates still and changes into flame.
 Thus having by degrees perfection won,
 Restless, they soon untwist the web they spun,
 And fire begins to lose her radiant hue,
 Mix'd with gross air, and air descends in dew;
 And dew, condensing, does her form forego
 And sinks, a heavy lump of earth, below.
 Thus are their figures never at a stand,
 But changed by Nature's innovating hand.



DIFFERENTIATION THE KEY TO INDIVIDUALITY

DR. LAJUNE FOSTER

BIRTH gives new chance to the Spirit to grow by experience of trial and error. It is a new phase in which we forget the past and shift scenes, travel new paths. Birth is the result of the individual's desire for experience; for only thus do we grow and evolve spiritually.

When we have become individuals we have become self conscious channels for the working out of the universal pattern. Without self consciousness we would be without the ability to exercise our freedom of choice and we would have no will of our own. But individuality has its penalty and responsibility. As we become self conscious channels for either good or evil, we come under the great Law of Cause and Effect or Karma. Then man takes his place in the Great Cosmos, a factor for all that is good or bad, a potentiality of construction or destruction, according to the use he makes of his constantly developing talents. He lives or falls by what he himself chooses to do. But his life touches so many others, that his good or evil can end in an avalanche of sorrow and destruction, or in a blazing trail of glory.

Birth is conditioned by our past lives. From where our individuality takes over we are personally responsible for what we do and even think; for thoughts are things and are sometimes even more powerful than the spoken word. When the spoken or written words have an ill effect upon those about us or on the world at large, we are doubly accountable; for they live on even after our own physical bodies are gone. The spoken or written word lives on and multiplies; we may need many lifetimes to correct the results from our words or writings.

If we have discouraged others from taking up a Teaching that might have helped them, even if we may not ourselves have received help from

it, due to our nature, then we may have indeed done a great wrong. Man lives by the good he has been able to extract from the different Religions and Philosophies of the world. They are his help and sustenance in times of stress and represent an organized pattern or program of living. They make him feel less alone. He feels linked to a body of other good aspiring people. If his confidence is taken away in the only thing that at that particular time may sustain him, then we have robbed him of one of his birthrights and have sold our own, for spiritual Good is not easy to come by. The criticism of the world against things and people and movements can be devastating.

All people who participate in philanthropic work can bear witness to this fact. Those who seek to help others and seek to take part in movements that do such work are often misunderstood. Our best example is that of the Christ himself. They crucified Him. They questioned Him and doubted and maligned Him. Failing in all this to stop His work, they killed His physical body. But death of the physical body did not stop the advancement of the spiritual force Christ Jesus had thus generated. No more can it stop the work of mankind when it is truly dedicated in spiritual direction. However we are all human and we can be wrong. We can misunderstand our own motives and reasons for our actions. Our dedication can be real; most all of us are sincere and certainly mean to do right, but our intentions are not what we usually are judged by.

It is not important really what the human judgments are about us. We will be judged by a greater tribunal and according to Divine Judgment we will be given the necessary lifetimes to rectify mistakes we have made. All these disturbing conditions do spring, actually, from the period when, in our evolution, we became individuals. The mere fact of our being different is the source of most human conflict. Being differentiated we had set upon that portion of the divine plan that caused us to see all things from different points of view.

We may love our brother, our children, parents, neighbors, etc., but the mere fact that we do have different ideas or viewpoints is a source of potential problems. But what a dull and uninteresting world it would be if we were all exactly alike, though it might be a less complicated and less tragical existence.

We need to understand the basis of the laws that make these things possible. We are less disturbed by the personality and individuality problem if we know these laws. The Rosicrucian Teachings offer a great fund of valuable information in this line, and if one can study carefully The Rosicrucian Cosmo-Conception, they will never need to worry about the Why of any human experience. It is most necessary to be aware of these facts at this time, as we are in an age of great upheaval and unrest. Humanity is preparing for the final day of this Cycle of Experience. Our own individual differences are crucifying us. Within ourselves we are not at peace and inner conflicts are more devastating than anything that can possibly happen to us coming through another person. "Man know thyself," is indeed a truth for "We cannot then be false to any man."

Being human we are still subject to outside influences and irritations. If we do not understand ourselves how can we understand others, be they ever so close personally? As this Piscean Age closes, which is supposed to bring understanding, we will as races make a new step in progress and the Law of Epigenesis will bring us a step closer to real spiritual development. The Race consciousness must be transcended because at that state of development man is concerned primarily with materialism. It has been said by Wise Ones and explained in *The Cosmo-Conception* by Max Heindel that this phase of our existence will end in the Epoch when there will be an adequate number of ordinary humanity who will have evolved sufficiently to be spiritually alert and able to recognize the Christ qualities in the Highest Initiates who could come to be an inspiration and an aid to present humanity. It would be a voluntary thing.

None of us are obliged to advance until we are ready, but such a group would form a nucleus for the last race which is to appear at the beginning of the Sixth Epoch. After that time races and nations will cease to exist. Differentiation, as we have known it, will no longer be needed. Humanity will form one spiritual Fellowship. We have much to learn of Love and Understanding before this is possible. Man learns to love because he has hated and learns to understand because he has misunderstood. The United States has been the Melting Pot of the World. To it people have come from all lands bringing with them their Race Consciousness and here this has been melted down. They married and intermarried down through the generations so that most Americans are already interblended and now are trying to establish their own identity. They suffer the inner conflicts of their old racial patterns as they dimly remember their national trends and patriotisms. But underneath it all they feel that the present and not the past is their field of conquest. They have found a new something here, a new liberty and freedom. They will not be stood up against a stone wall and shot for a differing opinion. They may criticize any man or project and believe or disbelieve anything they wish, have a religion or not, as they choose. Their children may learn about the great Bible stories, they may learn all that is good of past teachings or grow up as infidels.

This liberty also has its dangers. It is one thing not to be forced to learn a thing, but another not even to have an opportunity to learn of the things our grandparents learned. For when we know about certain basic things, we can judge for ourselves; we have something to gauge our life by. There is a terrific penalty attached to parents who will not give their children a chance to know these basic things, as they may be growing into little hoodlums without much respect for law or order and even less respect for their parents. Children have to have something to go by. At certain stages of our lives we need some sort of pattern to follow until we learn to do our own thinking.

As Nations this is also true. We are overburdened with human laws because we are not as yet capable of living so that we will not destroy ourselves and each other without them. But this cannot continue, our super-structure is now so top-heavy that it may shortly fall from its

own weight. So evolution goes on, forced by man's need to simplify his own pattern of existence. Complexities are man made and must be removed by man.

The present system of taxes is an example. The idea has been constructive as it has provided for schools and education and improved living conditions for all. But man invents an easy way to escape taxes by not declaring his proper income. He is penalized, of course, but this does not disturb him as much as paying the taxes might. So a new step is taken; Social Security is born and a new way to improve man's material, moral and spiritual welfare. It now becomes a benefit for him to declare his assets and earning. He and his family will be more secure and protected as far as material needs are concerned. But now he actually has to pay as he goes along for his future needs.

A normal human debt can be paid for in dollars and cents but a moral debt often only by the last drop of blood one possesses. Thus we learn. We cannot escape the Law of Cause and Effect, we are confronted by the results of our good or bad actions. All cycles of living obey this great law of rhythm; humanities are born and die only to be born again under more fitting conditions. The law of Differentiation that makes us Individuals, takes care of that. Always, hope springs eternal in the human breast, life is glorious and beautiful whether one is awaking to a new day of birth or drawing the last human breath. Man must not lose his courage for he finds himself in the great pattern woven for the destinies of all humanity; for the thread that is his own is as necessary to the whole as even that of the greatest who have walked the earth. His may be the one thread that kept the fabric from unraveling. A chain breaks at its weakest link.

This gives us courage for we are all a weakest link in some regard, we were born to find out what our weakest link is, so that we may strengthen it and no future chains may be broken on account of us. God gives us strength to do what we must do and wisdom to recognize it. The time is growing short and no man knows when we shall be called to the accounting, not only for what we have done but also what we have failed to do. Life's fabric has a pattern that even the wisest cannot altogether know; but there is a guidance that comes to every true seeker. He does not need to read it in a book nor have it explained by the wisest man. He does not have to go through needless experience unless he so elects but he is in closest touch with the Infinite for he is a part of it. When he truly realizes his at-one-ment with the great cosmic powers, the problem of Individuality and Human-Differentiation will have been solved. For recognizing the unity of all things is the surest way of arriving at a solution. All needless things drop away, all necessary things remain. That is why there is no permanence in human form and material things. Only Spirit lives on for only spiritual things are real.

All the states of evolution through which humanity is obliged to pass are in the Ultimate for that specific purpose. Man dies that he may truly live, for thus he shares all that ever was or ever will be. He becomes part of time and space; for on the journey to the Halls of the Infinite lessons are gathered and blended. All will be a composite whole to make the mighty fabric of the Universe complete.



LATENT POWER

L. H. EARLE

(CONCLUDED)

THE occultist knows that each of these rates is part of the whole radiation from God, the creator of the solar system. The inherent wisdom of God through the Spark within us utilizes these vibrations in such a way that we can assimilate food, excrete waste matter, propagate our species, and circulate warm blood. The chemistry within the body appertaining to these functions is independent of human will. The two rates of ether which are so used are called the chemical ether, and the life ether. But when we study the third and fourth rates of vibration, the light ether and the reflecting ether, we learn that we use these consciously in such a way that the area of ether in which we function becomes specialized and typifies that which has been called the personality, especially as to the health of the person.

The reflecting ether interpenetrates the other three ethers and the physical body. It therefore extends beyond them. By the fact that we have an agency which protrudes beyond the range of the rates within it, we have a means by which "reflections" from our environment are recorded in a way similar to the way a picture is etched into a film. The reflection of light from any object in our environment therefore

passes through this reflecting ether of our individualized etheric double of our physical body and is etched into it. Now, if nothing happens to arouse any consciousness of this particular object, that is all that would take place. But simultaneously with the awareness of the object we inspire the atmosphere which contains the ether within it, and because these rates of vibration containing the reflected light from the object are drawn into the lungs, these vibrations gain access to the blood and nervous system.

Remembering that the picture of the object has already been etched into the reflecting ether, but that we were unconscious of it, now that we have inspired these radiations and injected them into the blood stream, we may now employ that rate of vibration next to the reflecting ether and called the light ether, to tune in on the inspired radiation from the object. Like an antenna in radio reception, the nerves respond to these oscillations cutting them and we become conscious of the object.

The blood is the vehicle of the Spirit, the Life of man. The blood passes through the heart and on one particular atom at the apex of the left ventricle, these forces are etched. The result is

that a physical record is made as well as an etheric one, and to be brief, the personality or individualized human spirit has become conscious of its environment and has reacted as it willed. This reaction is recorded on the above-mentioned atom—the seed atom.

To illustrate a possible reaction of this effect let us suppose that we meet a person we instinctively dislike. Unless we had met this person in some past life here in earth and had had some disagreeable experience, there would not be any justification for such discomfort. This feeling of antipathy is part of the general latency within our being. What do we do now? Two courses are open. If we are Christian minded and trained to meet such experiences, we send out a loving thought in the form of a smile. We could be indifferent. If we are incapable of this effort and give way to the inherent dislike, we shall soon find ourselves embroiled in further discord. The effect of the first mentioned emotion improves the soul qualities of the spirit and builds a house not made with hands eternal in the heavens. The alternative also builds a house but with hands (fists) and because it is of a disruptive character it is not eternal for it does not use a rate of vibration which is high enough to build soul, the evidence of the incorruptibility of the spirit. Furthermore, sooner or later that discordant house has to be dissolved by love. So-called death makes this possible.

The separation between the visible and invisible vehicles takes place when for one reason or another there is a rupture between the physical seed atom and its etheric double. Just as birth marks the commencement of an accumulation of the forces set in motion throughout the life of the human spirit in earth, so death commences the unwinding of the recorded accumulation. It is like exposing a movie reel and the relative sound track to an audience.

In this instance the audience is the spirit. From the moment of the rupture and usually for three and one-half days after, the ego watches while the etched forces on the seed atom synchronize with the relative pictures on the reflecting ether which has throughout the life been specialized into an etheric vehicle peculiar to the developing spirit. If the spirit is to do this work properly it must have undisturbed quiet. The watching of this transfer of the forces incident to the physical life, and from the physical to the higher vehicles is most important. It is a preparation of the ego for something which was, perhaps, quite unexpected. Instead of being dead, we are very much alive and in all probability wondering what it is all about. Embalming and premature cremation are very disturbing during this three-day period and if the person is of the type easily distressed and incapable of concentration there is a danger of losing much of the benefit of our human experience.

After the three-day period there is a further change in the focus of consciousness and the person starts a process of purging which must go on until evil tendencies have been weighed and the lessons concerning their origin have been assimilated. The length of time such work involves depends on the personal abilities. But until all evil has been expunged the building of the spiritual vehicles without sound of hammer, etc., cannot be resumed. This is the work which constitutes the future latency. (For a complete discussion of these important details one should study Heindel's Rosicrucian Cosmo-Conception.)

Latency is necessary because the next life in earth is not of the same gender as the preceeding one. Let us suppose that we have just finished a masculine life which has been engrossed in the acquisition of physical world wealth. Masculine experience is frequently in business and the nature of business de-

mands so much of one's waking consciousness that there is complete exclusion of spiritual welfare. Were this sort of life to continue the invisible vehicles would crystallize or become so set in the effects from material pursuits that spiritual redemption would become extremely difficult. To avoid this, the creative wisdom underlying all life draws us alternately into a balancing expression. We live at least once as a male and once as a female in any era and thus obtain a balanced understanding of ourselves in it.

We know from human experience that women are the backbone of all spiritual expression in this world. They are governed by their hearts rather than by their minds. They are more gentle than men, softer of heart and craving love more than physical comfort. The universe around us is obviously the last word in balanced achievement, and man being in the likeness of God, must acquire an experience which will enable him to conform with the laws of balance. This experience can be gained only through alternate living as male and female.

This alternating of sex and the latency of the male and female characteristics explains the Mosaic law which deals with the sins of the fathers unto the third and fourth generations. For if a man sins in the first generation of himself in sin, obviously he will not be able to find a suitable circumstance as a woman and the second generation of the same person, to reconcile that sin with our present Christian law. He awaits the third generation of himself which will be masculine and when a suitable environment and circumstance is presented. Then the environment and the circumstances will act as a magnet which draws on the latent forces having tendencies associated with the past. Will conscience save us from repeating the offense? If it does, the victory will be recorded and become as another plank in the floor of the

house not made with sound of hammer. The victory will be a step upward in the spiralling path of human evolution.

Our next thought about human latency lies in the question—when does it all terminate? Read Genesis 17:1. "I AM the Almighty God; walk before me, and be thou perfect." And read Matthew 5:48. "Be ye therefore perfect, even as your Father which is in heaven is perfect." Then Christ goes on to tell us some of the ways and means of human improvement.

We are compelled by such advice to conclude that becoming perfect is to be an achievement by the spirit here in earth. It should be apparent that if perfection were to be an achievement in heaven only, God would not have taken the trouble to set forth a law or pattern to govern us here. This earthly life is but an instant when compared with a great Day of Manifestation. And because the procedure of acquisition is like that of all human pursuits, day by day, effort on top of effect, and an assimilation of the experience between each effort, it must follow that by repeated striving and the accumulation of improvement, we shall ultimately develop a latency of perfection for human expression. Then will the need to be reborn in earthly form cease. God has no choice in this matter. He waits with a patience that He alone possesses. It is we who set the pace. It is we who must develop the determination to become perfect. The needed determination can only be imbued into our consciousness by a thorough understanding of the goal . . . godhood in our own right by achievement.

So we may summarize by assuming that God sent us into this world to learn all about it. The process of learning about the world of form is like the process we follow during our school day training. After the days lessons
(Continued on page 39)

Mystics Also Must Face Life

THOMAS J. CROAFF, JR.

FREQUENTLY we hear of "mystics" seeking solitude and peace of mind by cutting themselves off from civilization. It is true all of us, at times, need quietness, solitude, and peaceful surroundings, but getting away from humanity and separating ourselves from our fellowmen, is surely not the answer to life's problems.

"Peace of Mind," as the expression directly implies, requires mental quietness and orientation, regardless of where we may find ourselves. We cannot escape ourselves and, this being true, as the ancient wise men pointed out: We make our own heaven and hell under the Law of Cause and Effect. This condition or state of being is invariably accomplished by either good or bad patterns of thinking and interpretation.

If we carefully consider the matter of "mental peace," we will come to realize that no one can hurt us, no one can do damage to any one of us, except ourselves. We hurt ourselves as no one else can possibly do. In brief, the injury and damage done to us are the products of our own thinking in distorted terms—our bad thoughts.

Some of us try to escape from reality by the use of drugs and alcohol. Because our attitudes toward life, in the main, are hostile, we seem to suffer from a mental block, which results in feelings of frustration and turmoil.

From the earliest times, it has been difficult for people to "face the facts of life." We just won't look upon the world as a place of basic love, beauty and goodness. It is true that some of the best thinkers of the ages have recognized the world for what it really is; they have understood that love is

the strongest factor in the world; that love can overcome any negative element such as hatred, fear, etc. Love, beauty, and goodness are the constructive qualities that are manifested all about us.

The Apostle Paul, one of the world's greatest thinkers and organizers, advised us to be moderate in all things, and for everyone, mystics included, this admonition carries great meaning and significance. It undergirds the very structure of the Cosmos, which is governed inevitably by God's laws, and from which no one is exempt—not even the mystics who must also obey God's laws, at all times realizing that they too, must practice moderation and use their own intelligence to the best advantage of humanity in general.

There appears to be a trait in human nature causing most of us to be extreme in certain aspects of our daily lives. It is this element about us which gets us into most of our difficulties. Continuously we strive, you and I, to escape from the consequences of our own acts; all too often we fail to understand the Biblical expression of the "Law of Cause and Effect"—"For as ye sow, so shall ye reap."

To strike a balance in life—to hit "the middle of the road" in everything we do is a practice we should cultivate and build upon in our daily lives, thus building the foundation for more pleasant and beneficial relationships with our fellowmen and definitely bringing about conditions that are productive of greater harmony within ourselves.

As we put into life, so we take out of it—no more and no less. This is a blueprint for effective living, which al-

(Continued on page 35)

MAX HEINDEL'S MESSAGE

The Rosicrucian Christianity Lectures

Fellowship and the Coming Race



Forth from little notes in chaos
We have come to what we are;
No hidden force can stay us,
We shall climb from star to star.
We will break away the fetters
That have bound us heretofore—
For the world today is better
Than it ever was before.

O NWARD, Upward, Forever! is the battle cry of the conquering spirit. Ever since "their eyes were opened" the human race has been consciously imbued with that divine discontent which is our means of advancement upon the path of evolution. That is true of the great majority at least; there are some who have lagged and "kicked against the pricks," but continued prodding will and must eventually bring them to the goal of perfection and reunion with God. A "lost soul" is an impossible conception when we consider that we are all a part of God, *in* whom as an actual fact "we live and move and have our being." We could not exist outside God, in a Hell, and if a single soul were lost, that would mean that a part of God would be lost.

But then, it may be asked, what may be the meaning of the number of passages which in the New Testament speak of "everlasting" salvation and condemnation? The passages are easily understood when properly illuminated by a dictionary and a knowledge of the occult teaching.

In the first place such meaning hinges upon the definition of the word "ever-

lasting." Like all other words in the English Version it is translated from Greek. The original word is "*aionion*." By reference to Liddel & Scott's Greek dictionary it will be seen that this word has many meanings: "an indefinite period of time," "an age," "a lifetime," as for instance when Paul used it in his letter to Philemon to whom he returned Onesimus, a slave who had become converted, with the words: "For perhaps he therefore departed for a season that thou shouldst receive him *forever*" (verse 15). The word "forever" is a translation of the very same word "*aionion*" which is rendered "everlasting" in connection with punishment or salvation, and as Onesimus and Philemon were both mortal men the word "*aionion*" must necessarily mean something different from what we usually have in mind when we say "everlasting." In the case cited it cannot mean a more protracted period than part of a lifetime.

As soon as we understand that this word does not mean *eternity*, but only an age of indefinite duration, a period of time which has both beginning and end, these passages appear in a vastly different light; instead of *everlasting* salvation or condemnation—*age*-lasting salvation or condemnation. What does it mean?

In previous lectures we have heard how man started his evolution in the present dense condition in the Polarian

Epoch where he made the first attempt at the construction of a body of chemical matter. The quality of this body is inertia. In the Bible he is called Adm. The Hebrew word Admah means "*firm ground*" and Josephus' rendering "*red earth*" is also illuminating, for that which was then the human body was formed from the same chemical matter which is the *firm ground* today, but at that time it was not as solid nor as cool as the earth's crust of today. The earth was just coming out of Chaos then and was in a red glow, later to become a brilliantly luminous fire mist. In the Hyperborean Epoch that luminosity was attained and man-in-the-making commenced the construction of his vital body, possessing the power to move the dense body.

In the Lemurian Epoch he evolved a desire body, and desire to give incentive to action. In the Atlantean Epoch the mind was added to act as a brake on impulse. Cunning is its inherent quality, but in our present Aryan Epoch the Ego manifests through the mind, evolving the faculty of reason to supersede cunning.

Thus, in each of the previous ages a vehicle having a certain faculty or quality has been evolved to a certain stage of completion, just as in a school, the children pass onward from grade to grade year after year, evolving the faculty of reading, of writing, etc., to a certain stage in each grade.

But there are some who fail in each class every year, there are some who are "weighed and found wanting" in the requisite attainment of knowledge necessary for promotion to a higher grade. Therefore they are *condemned* to remain in the same class for another year, to gain the necessary proficiency to enter a new class and obtain more advanced instruction.

Those who have diligently endeavored to master their lessons are *saved* from that necessity and are told to "enter into" a new class. They have not at-

tained once and for all; in the new class there are new lessons to be learned, and unless each one keeps on in patient and persistent well-doing he will certainly be condemned when the next examination comes.

As in the school for children, so in the school of life, constant endeavor is the price of promotion and in each stage there have been those who have lagged behind. We of the Western World are the pioneers, generally speaking, and the other races: brown, yellow, and black, are stragglers at varying stages of inefficiency; nevertheless they are all advancing and they will sometime reach our stage of attainment and we shall have gone higher—if we continue to be diligent.

To properly understand this matter it is necessary to clearly differentiate between the race-bodies and the spirits who inhabit them. The pioneers are always given race-bodies soft, pliable, and flexible, responsive and capable of attaining a certain height in evolution. Under the sway of the pioneer spirits the race or nation evolves as far as it may, and when it has reached its zenith of attainment the pioneers leave it to the next class of stragglers and then commences the decline of the race as it is taken in turn by class after class of spirits of increasingly inferior abilities, until at last it has degenerated so low that there are no spirits belonging to our human life-wave backward enough to progress by birth in such bodies. Then the women cease to be fruitful, for no fertilizing seed-atoms are deposited and the race dies out.

Such is the divine plan of advancement, but here as everywhere man has the equally divine prerogative of bringing disorder in nature for a time, and so attach himself to a race that he may resist for ages the efforts of the Great Leaders to help him progress, as we shall see has been the case with a certain class of spirits.

Considering the fact that the task of the Aryan races is to evolve reason, and

that we of the Western World are the most advanced, it is not at all surprising that we analyze everything, religion included. Religion like all else is in a state of growth and becoming, and as the present work of the Western World is principally along material lines its religious teachings are not yet so clearly enunciated as in some of the Eastern religions. The result is that some of the investigators scoff at the Christian teachings, and others have been led to forsake the Christian religion and have adopted Eastern systems.

From the occult standpoint that is a retrogression. The Great Recording Angels who have charge of our present evolution give to each nation the religion suited to its stage of growth, and we may rest assured that those Great Intelligences make no mistakes. They have given to us the Bible containing both the Jewish and the Christian Religions. One would not have been enough, *both* are absolutely necessary to our evolution as we shall see when we consider the matter thoroughly. When we have done that we shall also find that of all the religious systems in the world, this is positively the only one suited to the needs of the Western World, the only one which is capable of making us "wise unto salvation" and enable us to "enter into" the "new heaven and the new earth"; the coming age and the coming race.

As previously stated, we evolved a dense, a vital, and a desire body during the Polarian, Hyperborean, and Lemurian Epochs, but the spirit had not yet drawn into its vehicles, it hovered outside much as the group spirits of the animals do, for there was no connecting mind whereby it could link itself with its vehicles.

In the latter part of the Lemurian Epoch there was a small part of this nascent humanity who were sufficiently advanced so that a germinal mind could be given them and the spirit could commence to slowly draw into its vehicles.

On that account these people were different from all the rest of the to-be-human beings of that time, *they were the first race*, a chosen people, selected from the rest on account of special fitness to receive in germ the mind which was to be evolved during the coming Atlantean Epoch.

There are no sudden processes in nature, however; the spirit did not draw into its vehicles in a day. It took ages, and was not fully accomplished until the middle of the Atlantean Epoch. In the meantime the mind had also been growing, and for reasons more clearly given in Lectures No. 13 and 14, it coalesced with the desire body which is ruled, as a sort of animal-soul by cunning, using brain rather than brawn to further its ends.

In the Polarian Epoch the earth was a dark heated mass, "without (definite) form and void." In the Hyperborean Epoch "God said let there be light," and the dark mass became a luminous fire-mist. In the Lemurian Epoch the contact of the heated fire-mist with the cold of outside space produced moisture, dense water nearest the fiery core which, being heated, rushed outwards as steam to be cooled and fall back to the central source of heat. Thus, "God divided the waters from the waters," the dense water from the steam.

In that manner incrustations commenced to form in the latter part of Lemuria and upon such crust islands man lived in an atmosphere of fire-fog.

In the early Atlantean Epoch the earth became fully incrustated and from this damp earth "there went up a mist from the ground and watered the whole face of the earth."

This mist grew less and less dense and its extension above the surface of the earth diminished gradually until at last it ceased to envelop the human beings who then began to see the clear atmosphere around them at about the same time that the spirit had drawn fully into its vehicles.

Again there were some who had advanced further than others and were therefore "a chosen people" to become the forbears of a people "multitudinous as the sands upon the seashore" in a "promised land."

At that time the mist had condensed into water which gradually flooded the valley of Atlantis, situated between the present Europe and America, so it became necessary for "God's people" to migrate and they were led out of the doomed Atlantis, as variously related in the stories of Noah who first saw the rainbow (for that phenomenon was impossible in the foggy Atlantean atmosphere), and of Moses who led "the chosen people" through the waters of the Red Sea where Pharaoh or the wicked Atlantean kings perished.

The chosen people were the *Original Semites*, the fifth of the Atlantean Races. There were no races prior to the one spoken of in the latter part of the Lemurian Epoch. In the Atlantean Epoch there were seven; seven more there will have been before our present Aryan Epoch is ended and there will be one in the beginning of the Sixth Epoch which the Rosicrucians called the "New Galilee," a total of sixteen races.

During Periods, Revolutions, and the other Epochs there is such an abundance of time that the Great Leaders manage to get nearly all the spirits in their charge through, but during the periods in which the sixteen races are born and die, conditions are dense and the time of their rise and fall is comparatively very brief so that there is grave danger to the spirits who may become fettered and crystallized in the dense race-bodies and fail to progress. Salvation is therefore to be striven for more earnestly at this time, for the possibility of condemnation is greater during the spirits' passage through the sixteen races than at any other time. Therefore occultists call these races *the sixteen paths to destruction*, and they are a very serious concern to the Great Leaders of humanity.

Race pertains to the body, and when a new race is to be bred a Great Leader selects the most likely among the old stock and regulates their marriage relations with a view to produce the right kind of a body for the coming race. When his "chosen people" marry contrary to his directions they frustrate his object. In the earlier epochs before man became endowed with a mind it was easy to lead him, but at the time when the Original Semites were "chosen" they had already become sufficiently evolved to resent a curb on their liberty; besides, that curb must not be too strong for it was necessary that they should have a certain amount of free will rather than remain God-guided automatons.

Therefore it was hard to guide such a "stiffnecked people," and many of "the sons of God married the daughters of men" and frustrated the designs of their leader. It was therefore necessary to segregate them and their offspring from the faithful who were led away from them and thus became "lost" in the estimation of the rebels who do not realize to this day that in reality they are the "lost" ones and are no longer a chosen people.

The faithful ones were secluded in Central Asia and there became the forbears of the Aryan races which have emerged thence and are now inhabiting "the promised land," not insignificant Palestine, but the whole earth as now constituted. The rebels are the Jews.

In the coming Sixth Epoch there are to be no races, Universal Brotherhood is to obtain again, and therefore a new "chosen people" must be taken out to usher in the new dispensation; but now man has progressed so far that no outside influence may be exerted to coerce him, and therefore each must choose himself as dictated to from within; and as he is now a reasoning, intellectual being, what better method could be devised than to bring before him the awful example of how a former

pioneer-race, a chosen people, had frustrated the designs for their advancement and had become the "lost sheep of Israel"?

Surely, example is a better teacher than precept, and as these people had kept a record of their choosing and of the dealing of their leader with them, what better could be done than to give to the pioneer-race, whence the nucleus for the coming race is to come, that record? It does not matter that these rebels still think themselves "a chosen people," or that their records have been mutilated: the lesson is as valid, the example is an awful one, and it is needful for us, for, as Paul says, "If the word spoken by angels was steadfast, and every transgression and disobedience received a just recompense of reward; how shall we escape if we neglect so great salvation: which at the first began to be spoken by the Lord?" The Christian religion as popularly expounded suffices for the spiritual needs of the great majority of the Western people who are yet working out the material phase of evolution and for those who desire to be among the pioneer nucleus of the coming race it is but necessary to seek and they shall find the esoteric Christianity which will be the universal religion of the Sixth Epoch, superseding the race-religions of Hinduism, Buddhism, Judaism, etc., as Universal Brotherhood will supersede races and nations.

To properly realize the dreadful example of the Jews it must be noted that they have from the beginning become imbued with the idea of being a chosen people, and all other people have been despised by them as Gentiles. Thus, instead of progressing through the races this class of spirits have incarnated again and again in the Jewish race-bodies and have become so crystallized in them that they cannot progress along with the rest of the human race, if they keep on. They were lost by marrying outside the race, and it is probable that at that time there came to them a slight

realization of their mistake so that since they have persistently married within their own tribes. The Great Leaders in evolution have tried to help them by exiling them repeatedly among other nations; but in vain; they have always refused to amalgamate, and again and again they have returned to their arid land, happy if they could but shut themselves away from others. Therefore, as a last resort, when the Great Leader, Christ Jesus, came to teach that Universal Brotherhood is to supersede nations and tribes He went to those who needed it most, the crystallized Jewish people. Other people may stand lower in the scale of evolution, but none were or are "lost" in the same dreadful sense as they. All other spirits are progressing from race to race, they alone are continually reborn as Jews, and in time they will be behind all others; may even have to go into Chaos when they have been left too far behind, and they will then have to take up their progression when a future evolution has advanced sufficiently to accord them the necessary facility, as probably is the case with the Lucifer spirits.

To save them from such a fate Jesus was born among them. A stranger could certainly not have helped them, him they would have despised, so he was born among them as Booker T. Washington has been born among the negroes to help them, for being one of their own from the standpoint of color he can help them as no one in a white body can, and it was for a similar reason thought that the Jews might accept the teachings of Christ Jesus if they could be brought to regard these teachings as coming from one who seemed a Jew. Thus it was said that "He came to his own," but alas, "they chose Barabbas" and crucified Christ Jesus.

That was the last straw; the Great Leaders saw that henceforth it would be useless to make further attempts to save them as a body. Therefore the Jews have been scattered over the face of the

earth, a people without a country. In spite of all, such is the tenacity with which these spirits hold on to their race, that despite all persecutions they are as much Jews as ever, they despise their neighbors as Gentiles yet, and are therefore in turn hated and despised. Besides, they are strongly imbued with the Atlantean faculty of cunning, and that is what holds them back more than anything else. They do not want to amalgamate now any more than they have always wanted to, so far as the Jews of Europe and Asia are concerned, but in America there is now a distinctly observable falling off from Orthodoxy, particularly among the younger generation of Jews. More and more they are marrying among other nationalities gathered here in the "melting-pot" where the nations are being welded together to form a new race having all the best qualities of all the different race-bodies. In time, as they come here in greater numbers these Jews will do their share and bring their quota of mixed children into the world, furnishing the excarnate Jewish spirits bodies having less and less of the Jewish race characteristics, and in time these spirits will be saved by marrying into a higher race as they were temporarily "lost" by marrying into an inferior nation.

As the Lemurans evolved *desire* through the desire body, the Atlanteans evolved *cunning* through the mind. We are evolving reason by the activity of the Ego which is the threefold spirit acting solely through its outermost veil, the Human Spirit, and in the Sixth Epoch the Life-Spirit will implant and ripen the faculties of *intuition* and *love*. Those who aspire to become the pioneers of the coming race must therefore strive to cultivate these faculties within themselves.

As in former cases, the breeding of a race means generation and at the present time that is performed through passion rather than love. Marriages are made for convenience, a home, or other

ulterior considerations. Therefore so many who desire to live the higher life seek to escape marriage and parenthood; which is a great mistake, for of all people those who have become imbued with a higher knowledge are the best fitted for the duty of bringing up children; they can best control passion and perform the generative act from love, as a sacrifice laid upon the altar of humanity.

In the coming race the fellowship and this love will also extend to our younger brothers—the animals. Instead of doing as we are at present, hunting, killing, and often tormenting them, we shall care for them and win their confidence. Thus all the glorious prophecies will come into effect. Men will beat their swords into ploughshares and their spears into pruning-hooks, they will sit each under his fig tree and eat the fruit thereof; there will then be peace on earth and good will among men.

It is our privilege to help usher in that glorious age. The age is ready when we are. There is no outside force to bring it about, there is no exterior leader to be expected till a sufficient number have commenced to *live* Brotherhood. It is vain to look for a second Coming of Christ in any other way than by making ourselves ready to receive Him, for it has been truly said of that coming that "the day and the hour knoweth no man." It may be long or it may be short, there is no fixed time. As we live lives of selfishness, indulge in passion or vice, we retard His coming, and vice versa do we hasten it by living lives of love that lighten the burdens and bear the sorrows of others. Only when the Christ has been formed within can He be perceived without for—

Though Christ a thousand times in
Bethlehem be born
And not within thyself, thy soul will
be forlorn.
The Cross on Golgotha thou lookest
to in vain
Unless within thyself it be set up
again.

WESTERN WISDOM BIBLE STUDY

Miscellaneous Interpretations

(Concluded)

PART V

REFERENCES: I Corinthians 5:7; Hebrews 6:20; 7:1-28; 11:28; Job 19:26; Mark 16:15.

THE *Christian Feasts*.—The feasts of the year have a very deep occult significance. From the material point of view, the planets are but so many masses of matter revolving in their orbits in obedience to so-called blind laws, but to the occultist they appear as Great Spirits, moving about in space as we move in the world.

When a man is seen gesticulating, we attach a certain significance to his gestures. If he shakes his head, we know that he is negating a certain proposition, but if he nods, we infer that he agrees. If he beckons, having the palms of his hands turned toward him, we know that he is motioning for someone to come to him, but if he turns the palms outward, we understand that he is warning someone to stay away. In the case of the universe, we usually do not think that there is any significance to the altered position of the planets, but to the occultist there is the very deepest meaning in all the varied phenomena of the heavens. They correspond to the gestures of man.

Krishna means anointed, and anyone who had a special mission to perform was so anointed in olden times. When, in the winter time, the sun is below the equator at the nadir point of its travel, the spiritual impulses are the greatest in the world. For our material welfare,

however, it is necessary that the sun should come again into the northern hemisphere, and so we speak of the time when the sun starts upon its journey northward as Christmas, the birthday of the Saviour, anointed to save us from the famine and cold which would ensue if he were to stay at the nadir point always.

As the sun passes toward the equator, it goes through the sign Aquarius, the water-man, at that time the earth is deluged with rain, symbolizing the baptism of the Saviour. Then comes the passage of the sun through the sign Pisces, the fishes, in the month of March. The stores of the past year have been all consumed, and the food of man is scant, hence we have the long fast of Lent, where the eating of fish symbolizes this feature of the solar journey. Then comes the Passover, when the sun passes over the equator. This is the time of Easter, when the sun is at his eastern node, and this crossing of the equator is symbolized by the crucifixion or crucifixion, so called, of the Saviour; the sun then goes into the sign of Aries, the Ram, and becomes the Lamb of God, which is given for the salvation of the world at the time when the plants begin to sprout. In order that the sacrifice may be of benefit to man, however, he (the sun) must ascend into the heavens where his rays will have power to ripen the grape and the corn, and so we have the feast of Whit-Sunday and the Ascension of the

Saviour to the Throne of the Father, which is at the summer solstice in June. There the sun remains for three days, when the saying, "Thence he shall return," takes effect as the sun commences his passage toward the western node. Thence he passes into the sign Leo, the Lion of Judah, and we have the feast of the *Assumption*, on August 15, in Leo. Next he traverses the sign Virgo, the Virgin, *the nativity* of the virgin, who seems, as it were, to be born from the sun.

The Jewish Feast of Tabernacles occurred at the time when the sun was crossing the equator on its passage into the winter months, and this feast was accompanied by the weighing in of the corn and the harvest of the wine, which were the gifts of the solar God to his human worshippers. Thus all the feasts of the year are connected with the motions of the stars through space.

Melchizedek.—We are told that Melchizedek was king of Salem and also a high priest. We are told that his priesthood was far above that of Aaron, for it was unchangeable, while that of Aaron and the Levites was subject to frequent change.

During the times of which we have record in history, there has always been a division of the temporal and the ecclesiastical powers. Moses was the temporal ruler and leader of the Jewish people, while Aaron was the priest who looked after their spiritual welfare. Down the ages this division of the church and the state has ever been apparent, at times causing great strife and bloodshed, for their interests seem ever to be diametrically opposite. However, at the time of this Melchizedek, king of Salem, which interpreted means "peace," there was no such division, the two offices were combined in one individual. The story of Melchizedek, a being without earthly pedigree, refers, of course, to the time in early Atlantis when humanity had not yet been divided into warring nations, but were one vast,

peaceful brotherhood, and the leaders of the people were Divine Beings, who were both kings and priests.

The later division of the church and state has been one of the most fruitful sources of enmity and war among humanity, for each of these powers has striven for supremacy over the other, while in reality there should be no prejudice, for no one who is not as spiritual as a priest should be fit to rule as a king, and no one who is not as wise and just as a king should be fit to have the spiritual guidance of humanity as the priests have. When these qualities are combined in one leader again, the reign of universal peace and brotherhood will become a fact. The Christ has been heralded as such a leader, capable of uniting church and state as king and priest after the order of Melchizedek. His Second Coming inaugurates the millennium, the age of peace and joy, where the symbolical New Jerusalem, the city of Peace (for Jerusalem means "there shall be peace"), reigns over the nations of the earth, united into one universal brotherhood.

The Apostles' Creed and the Resurrection of the Body.—The Apostles' Creed was not composed until centuries after they had passed away, and then it was taken to embody what they had believed. Neither they nor the Bible teach the resurrection of the body. That phrase is not to be found in the Good Book at all. In King James' version we read (Job 19:26) that "though after my skin worms destroy this body, yet in my flesh shall I see God"; and this passage is the chief reliance of those who endeavor to establish that absurd doctrine. However, the translators appointed by King James were poor Hebrew scholars, and most of them died before the translation was completed. In the Revised Version you will find another interpretation as follows:

"And after my skin, even this body, is destroyed; then without my flesh shall I see God." Flesh and blood cannot

inherit the kingdom of God; therefore what in the world would be the use of having a body such as we have now? Furthermore, this body must be perpetuated at the present time, and we hear that in the resurrection there shall neither be marrying nor giving in marriage, another argument that shows that a vehicle of a different kind from the flesh will be used. Besides, it is a well-known, well-established scientific fact that the atoms in our bodies are constantly coming and going. Now, if there is to be a resurrection of the body, which set of atoms is to be that which shall come forth in this resurrection? Or, if every atom that ever was in our body from birth to death is to be in that resurrection body, would it not be an enormous conglomeration, for we should then have immense bodies composed of layers; in fact, it would be a scientific conundrum. Now, as Paul says, the *seed* is put in the ground each time to gather a new body. (I Cor. 15.)

“Go ye into all the world and preach the gospel to every creature.”—The meaning of the Christ’s words obviously rests upon the interpretation of the word “world.” If by that word we understand the whole earth, it may be right to send missionaries to foreign countries; but the Bible tells us that *the disciples to whom the command was given* returned after having accomplished their mission, showing that word of command could not have been meant to include the whole earth. In this connection the word “world” should rather have been given the interpretation “polity,” which will also be found in some of our dictionaries as another meaning for the word.

At the time of Christ people did not know the whole world. We find even to this day the westernmost cape of Spain called Finisterre—*the end of the earth*. Therefore this term at the time when Christ spoke His command could not have included the whole earth as we know it today. The statement is, there-

fore, not contrary to Bible teachings. It is wrong to send missionaries out to the people we call “heathen,” for their development is as yet such that they cannot understand a religion which preaches *love* to one’s neighbor, a religion which even we have not yet learned to practice. Besides, if the great Recording Angels who have charge of man’s evolution are capable of judging our needs, and placing each one in the environment where he will find the influences most conducive to progression, we must also believe that they have given to each nation the religion most salutary to its unfoldment. Therefore, when a man has been placed in a country where the Christian religion is taught, that religion holds the ideal which he should strive for, but to try to force it upon other people who have been placed in a different sphere is to set our judgment up as greater than the judgment of God and His ministers, the Recording Angels. It is safest to rest in the religion of our country, to study and practice that, leaving to other nations the privilege of doing the same in respect to their own religions.

HEALING DATES

Visible Helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30, and in the Pro-Ecclesia at 4:45 P.M. when the Moon is in a cardinal sign on the following dates:

April	6—14—21—27
May	3—11—18—24—31
June	7—14—20—27

Relax, close your eyes, and make a mental picture of the white rose in the center of the Rosicrucian Emblem on the west wall of our Pro-Ecclesia, and concentrate on *Divine Love and Healing*.



Daily Thought and Guide

These daily meditations are based partly on the planetary hours of the day, daily aspects and vibrations.

FRIDAY — May 1

On this Venus day in the Venus month of May the stars will help us to recall the verse of the poet MacDonald: "The holy spirit of Spring is working silently."

SATURDAY — May 2

Today is a day for high and important action as it is a day when the planetary aspects will make it easy "to let our lights shine" to the glory of our Maker.

SUNDAY — May 3

May we have room in our hearts today for the Great Sun Spirit who does so much for mankind and may "the words of our mouth and the meditation of our hearts be acceptable in God's sight."

MONDAY — May 4

When we serve our fellow-man we know what is meant by "higher love." Let us realize that "Service is the safest, the sanest and the most joyful road to God."

TUESDAY — May 5

This is another day of action, so let us not put off until tomorrow what we can do today. In this way we will accomplish that which we set out to do. May it be well done.

WEDNESDAY — May 6

This is a day to be quiet and listen to the counselor within. Faith and fortitude will help us to learn the lesson Neptune has in store for us. Obstacles that have been overcome always strengthen us. "Even though it be a cross that raiseth me."

THURSDAY — May 7

If we know where we are going we can go far today. Saturn, Mars and Venus all help us to arrive at the desired destination.

FRIDAY — May 8

Prayer is always appropriate but today we need to ask God in the quiet chamber of our heart to give us peace. And in the silence we will find contentment.

SATURDAY — May 9

Mars and Venus will help to make this day a joyful and profitable one. In the poet's words. "Experience is the child of thought and thought is the child of action."

SUNDAY — May 10

Today we should be able to do some independent and original thinking. Intuitive and vivid ideas may lead to invention, if followed through. The vibrations today also may aid efforts of healing.

MONDAY — May 11

Everything seems to combine today to give us a chance to advance. Mind and heart are both in action and when both work together they are sure to help us to reach the throne on high.

TUESDAY — May 12

If we have accomplished all we could yesterday we will be ready for a quiet period. Rest in the Lord, wait patiently for Him and He will strengthen thee.

WEDNESDAY — May 13

On this fine day of Mercury we look to Emerson for inspiration. He says: "Raphael paints wisdom, Handel sings it, Phidias carves it, Shakespeare writes it, Wren builds it, Columbus sails it, Luther preaches it, Washington arms it, Watt mechanizes it." But we must live it!

THURSDAY — May 14

Today a prayerful effort to control the mind is in order. If we can do this Uranus the planet of loving compassion will help us and we will learn a much needed lesson.

FRIDAY — May 15

Today brings mixed vibrations. Sarah F. Adams expresses it in this way: "He sendeth sun, he sendeth shower, alike they're needful to the flower; and joys and tears alike are sent to give the soul fit nourishment. As comes to me a cloud or sun, Father! Thy will, not mine, be done."

SATURDAY — May 16

Today is sure to be a busy day. The planets in their orbits give us many chances for action. Heart and mind will work together and weave the Golden Wedding Garment of the one who can work with these powers today.

SUNDAY — May 17

This Sunday let us plan to take a thoughtful walk in the out of doors,

thinking of our blessings and thanking the Father with every step we take. "A sane mind, a soft heart and a sound body" must be our goal.

MONDAY — May 18

Today we prize the fellowship of kindred minds as Father Time, Saturn, may have his way with us. It will help us to think of our friends and always of Christ, our wayshower.

TUESDAY — May 19

A quiet day today. He said to all who seek peace and understanding: "My peace I give unto you; not as the world giveth, give I unto you."

WEDNESDAY — May 20

We may ask for peace when there is no peace. The best way to attain it is to start the day with a prayer to the Lord and leave our troubles with Him.

THURSDAY — May 21

Today our love for humanity may have a difficult time to turn into compassion, but compassion is "The crown of justice and the glory."

FRIDAY — May 22

Today we must strive for peace, in our surroundings and we pray for peace for the whole world. Then we will hear the gentle Christ whisper "Peace."

SATURDAY — May 23

If we have laid the foundation for peaceful living yesterday, tranquility will be ours today. In the words of Thomas á Kempis: "Thou wilt enjoy tranquility if thy heart condemn thee not."

SUNDAY — May 24

This day of the Sun is an exceedingly inspirational day when soul qualities may be developed in contact with the higher vibrations. We all should spend some time in prayer today for the heavens are open.

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MONDAY — May 25

Today our intuitive faculties will have their chance and as energy will be coupled with them we will be able to solve some of our problems today, and "speak the truth we know."

TUESDAY — May 26

Today again the planets in their course turn many different faces to our planet earth. There is a chance for many things to do and much accomplishment, if we are able to keep our tempers under control. We can tune in on Jupiter and the Sun who are ready to aid us.

WEDNESDAY — May 27

Today should be more quiet. Thoughtfully we can go our way and follow our everyday duties. Those associated with us need understanding as well as we ourselves also need kind cooperation.

THURSDAY — May 28

"Be still and know" should be our watchword today. Let us express our love for others this day and know that all will be well.

FRIDAY — May 29

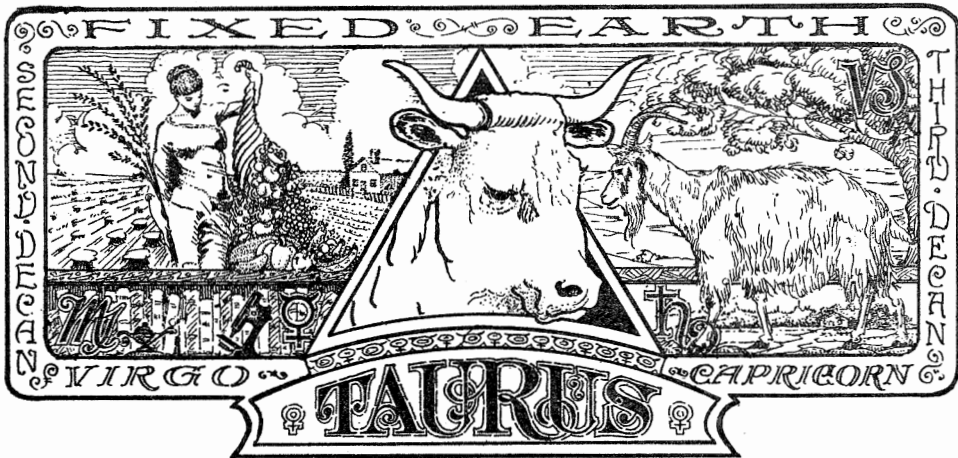
Today let good judgment prevail. When we are expectant the spiritual planet Neptune will help to lift our thoughts until they reach the Throne of God.

SATURDAY — May 30

The planets vie today with each other to make things harmonious. "Great men are they who see that spirit is stronger than any material force; that thoughts rule the world."—Emerson.

SUNDAY — May 31

This fine Sunday is a good day for spiritual realization. Let us strive to keep this day holy and we will know that "God is in His heaven and all is right with the world."



The Children of Taurus, 1959

FRANC HAMMER BAIRD

AT 8:17 P.M., April 20, 1959, the Sun enters the Zodiacal sign Taurus and remains until 7:36 P.M., May 21, Greenwich Mean Time. Every child born within this time will be a native of Taurus and will to some extent partake of the general characteristics of this sign.

Taurus is the second sign of the Zodiac and the first of the earthy triplicity; it is fixed in nature.

The bull is the symbol of Taurus and like the bull these children have more latent strength than any other group. They are rugged, determined, patient, practical and plodding. Taurus is a primitive type whose powers are renewed by contact with the earth. They are pillars of strength and become the backbone of their community, they form the solid foundation upon which society is based. Natives of Taurus may be considered the "Salt of the Earth."

Taureans are slow to start and sure to finish. Their intellect is slow and persistent. Once the Taurean has conceived an idea he will cling to it per-

sistently and will resent contradiction, but once convinced he is mistaken, his sense of justice prompts him to acknowledge it and he tries to rectify it.

Taurus is ruled by Venus, the planet of love and beauty and Taurus natives react strongly to this planet, they are basically kind, affectionate, amiable, and peace loving; they are slow to anger and will tolerate a great deal for the sake of peace, but do not try the Taurean too far, for he will *not be imposed upon*. If tried too far the Taurean will break into a violent rage and will charge and bellow like a bull.

Taurean children are emotional and possessive, they are inclined to bestow their affection only upon their own which they guard jealously. Taurus rules the 2nd house of finance and all possessions of intrinsic value in the horoscope. The key word for Taurus is I HAVE, and these children have a strong desire for material possessions and are usually fortunate in acquiring them. They want wealth more for comfort, pleasure and security than for the satisfaction of acquiring or hoarding it.

Many Taureans are to be found at the head of or as employees of such financial institutions as banks, loan companies or stock market. Others become successful land owners, farmers or cattlemen.

Taurean natives are heavy eaters, they revel in rich foods and usually dislike exercise. It is more a sign of inertia than action.

Consequently they are subject to heart, liver and kidney disorders. These children should be set a good example by their elders and taught to live moderately. They should be encouraged to take part in outdoor games and sports which provide interesting physical exercise. They can best be guided by an appeal to their practical sense and their loving nature; Taurus will do a great deal to please those whom he loves.

The key note for Taurus is Peace (at any price). His watchword is stability. He is refined and talented, luxury loving, fond of art, drama, music and poetry. Taurus rules the throat and produces many fine singers. The Moon is exalted in Taurus and when found here it gives a good retentive memory, excellent coordination and charm of personality. Any affliction in Taurus is likely to bring about throat ailments.

Yellow is the color allotted to Taurus, copper is the metal and the emerald is the jewel.

Children born with the Sun well aspected in Taurus will be deliberate, determined, self-reliant, cautious and dependable. They will be sympathetic, composed and faithful; they will be slow, thorough and conservative.

Children born when the Sun is unfavorably aspected in the sign of Taurus are likely to express some of the negative qualities of this sign. They are more likely to be concerted, intolerant, grasping and jealous. They may be unreasonable, secretive, inclined to be gluttonous in appetite or even inclined to indulge in drink.

Throughout this entire solar month

Saturn in the early degrees of Capricorn remains in close sextile to Neptune in Scorpio and in trine to Pluto in Virgo and Neptune still within orb of a sextile to Pluto. These slow moving planets and their long lasting aspects form a vibratory basis for every horoscope of the month. Children born during this solar period may, or may not develop the qualities they make available to all.

These aspects bring out the best qualities of each of these planets and indicate spiritual values. They offer success in worldly affairs. They produce honorable, self reliant and determined men and women who have the ability to delve deeply into occult and mystical subjects with power to become proficient in these arts. These individuals will have a natural inclination for research into the mysteries of life and death with souls closely attuned to divinity. Some of the children born during this period are destined to fulfill a special mission in life.

From April 21 to 24, Mercury is trine Jupiter. This is one of the finest aspects, it hardens and increases mental powers. It gives a cheerful optimistic disposition, a versatile mind and good judgment. These children will be honest and sincere, well qualified for legal or literary careers. This influence is favorable for study and travel.

April 21 to 30, Mercury is sextile Venus and Mars is trine Neptune. This refines the mind and makes the disposition diplomatic and sociable. This indicates talent and the ability to express it; it produces fine singers. The parallel of Venus to Saturn to some extent has a counter-acting effect. It inclines the native to be narrow and selfish, liable to inhibitions and financial losses. These children will have strong emotional and desire natures with a leaning toward the occult and mystical. Some may be able to consciously penetrate the invisible worlds and obtain first-hand knowledge.

April 21 to May 2, Mars is opposite

Saturn, considered a thoroughly unfavorable aspect for it indicates a selfish, violent and cruel streak in the nature, making the native quick-tempered and vindictive with a tendency to be untruthful, dishonest and unscrupulous. These children must be firmly disciplined and started on the right path in order to prevent juvenile delinquency, and suffering in later life. During the same period the Sun is trine Pluto which offers a solution for the former for it unfolds spiritual impulses in the native and brings into the life opportunities for world-wide service and endows prolific energy to overcome obstacles.

There are several aspects of opposite nature running concurrently this month the one counteracting the other and giving the native a free will choice to express the positive or the negative side of his nature. Between April 24 and 30, Mercury is square Saturn and Venus is sextile Uranus. The former indicates trouble and delays, disappointments in life, gives an inclination to be depressed, melancholy, bitter and sarcastic. These are not favorable attributes for social popularity, but the Venus, Uranus combination offsets this for it makes the native intuitive and altruistic. It imparts a magnetic quality to the personality which attracts hosts of friends to him and denotes an early happy marriage. This gives some talent for art, music and poetry which should be cultivated.

April 21 to May 4, the Sun is trine Saturn but opposite Neptune. These vibrations raise the auric vibrations of the native which may put him in touch with undesirable denizens of the invisible worlds, but also indicates strength of character and gives moral stamina. These children have foresight and organizing ability, make good executives and diplomats. They should be successful in judicial or political positions or with agriculture and mining industries. There is some temptation here toward

indulgence in alcohol, but sufficient strength of character to control it. Indulgence in alcohol or drugs could be their ruin.

During the entire solar month Mars travels along hand in hand sextile with the Sun. This gives zest to life and radiant health; this helps to "pep" up the otherwise inactive Taurus native, for it contributes extra vitality and energy, gives strength and courage and arouses an enterprising spirit. From April 21 to May 6 Mercury is square Mars. This gives a quick and sharp sarcastic tongue with an impulse to be excitable and to jump to conclusions. April 24 to May 4 Mercury is trine Uranus. This is the mark of a pioneer, a genius and an inventor. It indicates lofty ideals and ingenious ideas. These children will be original and independent; they may be inclined to disregard tradition and convention; they attract many friends. They should be educated for positions in scientific pursuits such as electronics or in literature; some will be inventors.

The Sun square Uranus April 25 to May 12 gives a high strung nervous temperament, uncontrolled emotions, and impulsive behavior. There is a predisposition toward nervous diseases and a disregard for the conventions. These children are headstrong and difficult to handle for they have a resentment against authority or restraint of any kind.

May 7 to 17, Venus sextile Pluto gives a strong love nature and ability to express sympathy for humanity and indicates financial benefit through large organizations. Mercury is trine Pluto May 10 to 16. Due to this there is an inclination to follow literary pursuits. It gives a good memory and a gift for languages. These children will become excellent interpreters and linguists.

May 10 to 21, Venus is trine Neptune and opposite Saturn. These children have deep emotions and fertile imagi-

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Reading for a Subscriber's Child

REO McC.

Born November 19, 1955, 1:15 A.M.
Latitude 49 N., Longitude 123 W. 07.

Cusps of houses: 10th, Gemini 15;
11th, Cancer 21; 12th, Leo 22; Ascendant, Virgo 18:10; 2nd, Libra 11;
3rd Scorpio 10.

Positions of planets: Dragon's Tail, Gemini 18:20; Uranus, Leo 2:17 retrograde; Pluto, Leo 28:34; Jupiter, Virgo 0:13; Mars, Libra 23:45; Neptune, Libra, 29:01; Part of Fortune, Scorpio, 11:19; Saturn, Scorpio 24:07; Sun, Scorpio 26:16; Venus, Sagittarius 16:35; Dragon's Head, Sagittarius 18:20; Moon, Capricorn 19:16.

This little boy has some unfinished work to complete in this life. This is indicated by common signs on the angles; five planets, Sun, Saturn, Mars, Neptune, and Pluto all in final degrees of signs; fixed sign configurations, and many square aspects. Square aspects indicate obstacles and delays to be overcome in life. They represent hard work and determination which develops character. Square aspects favor soul growth and spiritual progress rather than material success.

Reo has power which he has generated in previous incarnations, he is an old soul (old in experience), for only an old soul is permitted to undertake the heavy karma indicated by many squares. His planets distributed through six consecutive zodiacal signs give additional power and the majority of them rising in the Eastern hemisphere show that he will accomplish his goal in life on his own resources; possibly not until after midlife as seven

of the planets are below the horizon which delays their action.

Reo is well balanced, he has initiative, fixity of purpose and adaptability. He has inspiration, intelligence, and practicality. Reo has many negative qualities to transmute which will not be easy for him as he has a strong desire nature and determination to have his way. Scorpio is the sign of desire; the keyword for this sign is "I desire." It is the most powerful sign of the zodiac and Reo has sufficient will power to accomplish whatever he wishes. He is inclined to be too fixed in his ideas and stubborn in nature. The Sun square Jupiter makes him over optimistic and opinionated, somewhat egotistical or self-important. He can never be driven or forced, but must be guided, an appeal should be made to his higher nature and his practical sense of values. He should be taught philosophy and the "Law of Compensation."

The Sun is the focal point in every horoscope for it is the source of life and symbol of the incarnating Ego. It stands for the individual and indicates his will and character according to the sign in which it is placed and the aspects it makes. For this reason it is necessary to give the Sun major consideration.

Reo has the Sun in close conjunction with Saturn in Scorpio and Mercury (ruler of the Ascendant and the Midheaven) rising ahead to light the way. All three planets are in the third house of the mind. This illumines the mind and makes Reo bright and observing, gives him good reasoning ability and foresight. This boy is highly intelligent. He is a prober and has a natural inclination for scientific research. He is endowed with both practical and occult knowledge. He has the mark of an

eternal seeker, striving to solve the mysteries of life and death. He has the power for deep concentration and thinking and is very psychic.

Reo has plenty of energy, courage and independence. At times he may appear blunt and brusque in manner or speech; he has a tendency to ride roughshod over anything that stands in his way.

The Sun closely conjoined with Saturn, both of them in square to Pluto is a very strong indication of old karma operating through the present life, and has a strong influence from the father. Reo is marked by destiny to fulfill a mission in this life which will not be easy for him as he is inclined to indifference to duty, intolerance and often cruel in intent and purpose. He must learn to face facts and meet destiny face to face for Pluto positioned in the 12th house can cause him much sorrow. Here he is the Dweller on the Threshold, the uninvited and unwelcome guest who leads one into temptation and self undoing.

Pluto must be faced and conquered in this life. Indulgence in alcohol, drugs, misuse of the creative force and riotous living means self destruction. Reo must be taught physical hygiene, the sacredness of the sex force and the Law of Cause and Effect. This may best be accomplished through the Rosicrucian Philosophy for Venus, ruler of his 9th house of the higher mind is in the philosophical sign Sagittarius and Jupiter the natural 9th house ruler is in the 12th house. Jupiter's position just above the Ascendant gives great protection.

Saturn with the Sun square Jupiter and Pluto may have a detrimental effect upon this boy's health, for it has a tendency to lower vitality and retard recuperation. However, Scorpio has great healing power which may be used for self as well as for others. The negative aspects may act only as a stumbling block in the road to success,

and force him to make greater effort for recognition.

In Reo's horoscope the Moon is in Capricorn in sextile to Mercury, Saturn and the Sun. This gives him a proud ambitious personality. It contributes to his mental qualities, gives inner harmony and offers him excellent opportunities for expression. He will have help from people and friends, influential in the business world and higher in the social scale. As the Moon is also square Mars in Libra in the second house, he should be especially careful in forming partnerships as they are likely to result in trouble and prove costly.

With Mars (his life ruler) in Libra sextile Venus. Reo is likely to marry young and happily, but in order to avoid quarrels and misunderstandings he will have to curb his quick temper and sharp tongue.

Virgo rising on the Eastern horizon gives him a practical analytical outlook and contributes to his scientific tendencies. This indicates an interest in health and disease and as Mercury rules both the ascendant and the 10th house, he will personally accomplish his purpose in life, and will eventually receive recognition for his efforts.

Reo has a promising future ahead of him, but he will be forced to work hard for the success which will come later in life. He is inclined to be too critical and exacting. He must learn to talk less about his plans, and exert his energies toward their fulfillment. He has pride, ambition, and strength of will to overcome the stumbling blocks, so will have to work hard and render much service.

Reo is exceptionally well qualified to follow a scientific career. He could become a successful medical doctor, surgeon, or pharmacist. He should specialize in emotional or mental ailments as a psychiatrist. He is at home in hospitals for Jupiter the great benefic and ruler of his 4th house is well placed in the 12th house. He derives benefit and

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VOCATIONAL GUIDANCE ADVICE

This page is a free service for readers. Since advice is based on the horoscope, we can give a reading ONLY if supplied with the following information: full name, sex,

place of birth, year, day of month, hour. No reading given except in this Magazine and ONLY FOR PERSONS 14 to 40 YEARS OF AGE.—EDITOR.

THOMAS P. C.

Born: June 12, 1940, 1:15 A.M.,
D.S.T.

Latitude 41 N. 41, Longitude 86
W. 15.

Cusps of houses: 10th Sagittarius 28; 11th, Capricorn 19; 12th, Aquarius 15; Ascendant, Pisces 16:06; Aries intercepted in 1st house; 2nd, Taurus 9; 3rd, Gemini 6.

Positions of the planets: Dragon's Tail, Aries 16:55; Jupiter, Taurus 5:54; Saturn, Taurus 10:16; Uranus, Taurus 23:44; Part of Fortune, Gemini 15:18; Sun, Gemini 21:07; Venus, Cancer 12:23, retrograde; Mercury, Cancer 12:34; Mars, Cancer 16:21; Pluto, Leo 1:20; Moon, Virgo 10:19; Neptune, Virgo 22:45; Dragon's Head, Libra 16:55.

In order to give vocational guidance it is necessary first to summarize the entire horoscope, especially observing the Sun's sign, house position and aspects, for the Sun is the focal point of every horoscope and indicates the basic character and qualities of the individual upon which success in life is largely dependent, but especial attention must be given to the 6th, 10th and 2nd houses as these denote respectively the type of service or employment one is best suited for, the general success and recognition one may achieve and the remuneration he may expect.

In Thomas' horoscope the 6th house is ruled by the Sun and he was born with the Sun in the 3rd house, in the sign Gemini, the most versatile and changeable sign of the zodiac. This

makes Thomas essentially mental and dual in nature. He is breezy, alert, affable, charming and diplomatic. He is cheerful, witty, and care free, a good mixer and very popular wherever he goes.

Gemini people dislike to remain long in any one place or to delve deeply into any one subject. They have a great deal of intellectual curiosity and quickly acquire a smattering of knowledge on many subjects, which they are never at a loss to express. They make good investigators and adjusters.

Gemini natives are best pleased in occupations which enable them to travel about and make frequent changes, they are especially attracted to corporations concerned with transportation, communication or publication, where a wide variety of occupations are available.

Thomas would make an excellent newspaper employee, anywhere from typist, reporter, columnist, to editor. He would be efficient and happy as a bus driver, railroad or postal clerk. Because he is mentally and physically alert with skilled agile hands he could excel as a stenographer, telegraph operator or other skilled occupation. He could be a file clerk and is especially well qualified to become a successful traveling salesman. In fact, there is very little that a native of Gemini cannot adapt himself to. Thomas may choose and succeed in any one of the above-mentioned vocations, but he must acquire stability of purpose. The most important thing in life for Thomas to do is to make *decisions* and abide by them. He *must* decide *what he wants* to do and prepare himself for that. "A rolling stone gath-

ers no moss" and a "Jack of all trades is master of none."

The Sun and Part of Fortune in Gemini square to Moon and Neptune in Virgo in 6th house make Thomas especially undecided, and dissatisfied regarding employment. He is overly critical and worried about his work. Pisces on the ascendant ruled by Neptune square the Sun in mental 3rd house makes him fearful. Pisces is full of fear complexes. Thomas is not lazy; just fearful of starting something.

Common signs on the angles and Sun, Moon, Neptune in common signs indicate worry as well as indecision. He is a hard worker and has considerable money-making power. Eighteen-year-old young men are seldom able to make a definite decision as to their future career. It is best (especially for the dual mental Geminian) to get a good basic college education which includes a B.A. degree and makes teaching possible. Such an educational foundation can always be extended into some special field.

Gemini always suggests a literary career and produces the most successful authors, and Sagittarius on the 10th cusp of this horoscope indicates the highest type of professional career. Thomas has all the qualifications for the development of a legal career. Mercury, his life ruler, is placed between Venus and Mars sextile Jupiter and Saturn on one side and the Moon on the other. This gives him oratorical ability, makes him a diplomatic arbitrator able to see both sides of a situation and bring about harmonious adjustments. Thomas would make an outstanding lawyer, politician, or foreign diplomat. He must aim high and persist in his efforts.

This boy's material success is inevitable; Jupiter, the great benefic with Saturn in Taurus, the money sign, and in his money house sextile Venus, Mars and Mercury in Cancer and trine the Moon in Virgo gives him the "touch of

Midas." He will make money whatever course he pursues. Uranus in Taurus, in 2nd house trine Neptune suggests an ingenious money maker, a financial wizard: Thomas could become successfully established and very valuable in some monetary corporation such as bank, loan company or stock exchange, but he must be scrupulously honest in all undertakings and transactions (Sun square Neptune).

Thomas has the choice of a very wide variety of vocations any one of which he can develop successfully. His great problem is to make a choice. As the ruler of the 10th house, Jupiter is in a fixed sign with Saturn he should be able to do this with not too much difficulty. The position of the planets in the wheel indicate his greatest success may be expected in later life and the positions of Venus and Jupiter and their aspects show inevitable success, the degree of which is up to Thomas.

Sagittarius on the midheaven and over his entire 9th house gives him knowledge and ability to teach philosophy successfully. His greatest interest in life and profession is money, however, and Sun square Uranus thus will always be a degree of dissatisfaction in his life and with his efforts.

READING FOR A SUBSCRIBER'S CHILD

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good fortune from behind the scenes. Gemini on the 10th house cusp always suggests a literary career and the three planets in his 3rd house indicate literary ability. He is equally well qualified to become an outstanding writer on scientific subjects or of mystery fiction. He has a choice of more than one course to follow and will probably not confine himself to one only. He has money-making power but lacks the ability to make good investments or accumulate wealth.



Crude Black Molasses: A Natural Health-Food

JEAN MEDINA

PARADOXICALLY, in this year of 1959 while man is so outstandingly proving himself capable of using his intelligence in building mechanical creations with which he is penetrating outer space, he is also busily removing from many healthful foods their most essential and wholesome elements. One of these foods is sugar cane, a natural health food, but it is not allowed to remain so. On the contrary, man willingly spends time, money and effort in order to render it devoid of nutritional value. Not only does he do this willingly—he insists upon it. He demands for his own use the white sugar from the sugar cane and feeds its most valuable elements to the livestock in the form of crude black molasses, thus saving for himself that part which is useless as a food and even conducive to disease.

Having implied that crude black molasses is a "health-food," the thought comes to mind that it might even be called a great deal more. One might go so far as to call it a "wonder-food." Such statements as this naturally demand some sort of proof and that is the reason why this article is being written.

It would seem proper to begin with a report on a sample of crude black

molasses, which usually is fed to the livestock: sucrose, 39.5 percent; invert sugar, 11.5 percent; ash, 9.0 percent; water, 22.5 percent; and organic matter, 17.5 percent. The quantity of insoluble matter is negligible. The nine percent ash represents soluble mineral matter largely consisting of potassium and calcium salts.

A more detailed analysis reveals the minerals iron, copper, and magnesium; also that it is a rich source of most of the vitamins of the B family with the exception of B₁. According to Hauser, the well-known diet expert, it is extremely high in vitamin B₆, pantothenic acid (which is part of the vitamin B₆ complex) and inositol. It is his opinion that it should be put on one's table as regularly as salt, and used as a sugar substitute on cereals, stirred into milk and eaten instead of jam or jelly. Furthermore, a very important ingredient of molasses is phosphoric acid and it has been thought that a combined deficiency of this and potassium in the human body causes a general breakdown of the cells, especially those of the brain and nerves. The above refers to the crude sugar cane molasses which contains about 50 per cent of fruit sugars. In all cases of human consumption it is

better to use the crude molasses obtained from sugar cane than that which is taken from beet sugar.

Now let us turn our attention to the prophylactic and curative properties of crude black molasses. This valuable substance is useful in counteracting the baneful effects of a diet deficient in vitamins and mineral salts. It's value in the human diet has been known for some time. Before the first world war, the late Dr. Forbes Ross drew attention to the value of molasses. He pointed out that workers on sugar cane plantations who were constantly sucking the crude sugar, seldom if ever were known to suffer from cancer. He attributed this to the large percentage of potassium salts in unrefined sugar cane; his contention being that the disease was caused by a deficiency of potash in the human cells and blood. At that time, Dr. Ross' contentions were not well received, although he made numerous cures. However, several eminent physicians of various schools have since come to uphold his views. Dr. Ross also found that crude black molasses brought about cures—in some cases spectacular ones—in the treatment of arthritis, ulcers, dermatitis, colitis, constipation and varicose veins as well as many other diseases. In fact, it would seem that one could not do better than to use it as a "preventive" in the daily diet on the theory that acute diseases are much less likely to occur when the blood and tissues are kept in a healthy state through absorbing the requisite vitamins and mineral salts. Moreover, as we all know, it is always best to absorb the required salts and vitamins from the food rich in potash and other valuable salts. As Dr. Dorothy Shepherd has written in one of her interesting books, "Let your foods be your medicines."

In our present day the distressing fact is that we are addicted to the consumption of refined and deficiency-foods. White bread, white sugar and over-

boiled vegetables are all deficiency-foods. For too many generations we have given little thought to this dangerous practice.

What is the answer to this problem? It would seem that if we cannot live on food that gives us a well-balanced diet, we must supplement it with at least one food which contains within itself a large amount of essentials to keep the blood and cells in a healthy condition. It is the opinion of many trained in the nutritional field that crude black molasses answers this need since, in addition to the valuable cell salts content, cane sugar molasses contains 700 international units per hundred of vitamin B₂. In addition, it contains 9 percent of the necessary mineral salts. Mr. Cyril Scott, who has written much on the subject of crude black molasses, even goes so far as to contend that sugar cane is a life sustaining food in itself, and tells this story: "The following information was given to me by a lady who has recently returned from India, where an associate of hers owned a cane sugar plantation. She told me that food was at times so scarce, that they were obliged to live on and to feed their children on sugar cane exclusively. They ate all but the fibres, which they ejected; and on this monodiet contrived to sustain life and remain healthy."

No claims are being made that the taking of crude black molasses will cure all diseases. Nevertheless, many people have benefitted from adding this natural food to their diet. The reason is not hard to find, of course, for in some cases people are supplied the essential elements their bodies needed for the first time in their lives. This would apply to those who have been living on a deficiency diet and not to those whose bodies are receiving the elements necessary for health. All the same, most of us need potassium salts for they require constant replenishing and are so often

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VEGETARIAN RECIPES

CABBAGE AND FRUIT SALAD

Required: $\frac{1}{2}$ cabbage, 2 tablespoons seeded raisins, 2 bananas, 2 apples, and $\frac{1}{2}$ cup of orange juice. Chop cabbage and apples and mix with seeded raisins. Mash bananas until smooth and blend with orange juice. Pour orange mixture over cabbage and serve on lettuce.

CABBAGE, ORANGE, AND LETTUCE SALAD

Shred cabbage, orange, and lettuce leaves and a small portion of carrot and mix all with dressing. Garnish with ripe olives and tender celery tips.

CARROT AND PINEAPPLE SALAD

Grate as many carrots as are required for meal and mix with half as much grated pineapple. Serve on lettuce leaf.

CARROTS AND RAISINS

Shred or grate required amount of carrots and mix with well washed raisins and chopped walnuts or pecans. Use orange juice as dressing and serve chilled. Apples may be substituted for the nuts.

ENDIVE AND POTATO SALAD

Cut fine three heads of blanched crisp endive and dice five medium-sized cold boiled potatoes (potatoes boiled in their jackets are best for salad), one medium-sized onion chopped fine; mix all well with dressing and serve on plates garnished with whole endive leaves.

HEALTH SALAD

On a bed of chopped cabbage place finely shredded raw beets, then top with shredded carrots. Serve with mayonnaise.

POTATO SALADS

1. Boil potatoes in jackets. Remove from stove before entirely soft, for potatoes will not work into a salad well when mushy. When cold, dice, adding finely chopped celery and olives. Mix with dressing and serve on lettuce leaf.

2. Quarter and slice thin, six cold boiled potatoes and one large onion; place in alternate layers in salad dish, sprinkling a tiny bit of salt on each layer. Boil one-third cup of lemon juice and two tablespoons of butter or oil and pour over potatoes and onion. Cover closely till cold and serve with squares of boiled beet.

3. Dice 4 cold boiled potatoes and $\frac{1}{2}$ cup cheddar cheese. Pit and chop 1 cup of ripe olives and 1 green bell pepper. Add $\frac{1}{2}$ cup chopped walnuts and a little chopped parsley. Mix with mayonnaise and serve on lettuce leaf.

AVOCADO SALAD

Peel and cut ripe avocados into eighths, or smaller pieces if desired. Combine with orange or grapefruit sections. Serve on lettuce leaves with dressing if preferred.

BANANA AND DATE SALAD

Garnish dish with slices of pineapple. Peel and slice bananas; chop dates and mix with bananas and place on dish with pineapple. Serve with mayonnaise or fruit dressing.

CHEESE, APPLE, AND NUT SALAD

One package Philadelphia cream cheese, $\frac{1}{2}$ cup broken walnut meats, 3 cups diced apples, 1 cup mayonnaise. Cut the cheese and apples in $\frac{1}{2}$ inch cubes. Add enough mayonnaise to blend the ingredients and serve on garnished salad plates. Use the broken walnut meats on top of each serving.



The Father's Healing Power Is In Every Soul

EARL SCHRACK

THE true power of healing permeates all our universe. The seeds of this universal healing power are in each of us. By developing the power of feeling and love in our hearts and Divine Being, we become one in full unity with the great universal power, the source of all good, all wealth, all health. We are the instruments of this universal power. It is our prerogative to intensify this upspringing, absolute knowing and feeling of this universal power in our very spirit and soul that sets into living and feeling motion the fullness and wholesomeness of this great reservoir of already existing power which is always everywhere present. Eliminating all lust, greed, resentment, hate, fear, and guilt, and realizing ourselves as the very God-power in actual Being, we give the fullness of expression to this power by our very soul of Being—being in at-onement with the Father's source.

Series of successful healings flow through us as we inspire and open the gates of universal love to all others through our positive inward assurance of healing as we establish health in the area of sickness and maladjustments to life in general.

The patient, asking for healing, must

bring a self-born faith in the universal healing power and his positive relationship to it. He must open his heart in a search for purity of consciousness and love for all men. He must have faith that in his own purity of unselfish purpose he has likewise made of himself a purified instrument into which the universal healing power can flow. The Christ is recorded to have always asked for, and received some indication of confession of guilt or faith in His, God's healing power, as a linking symbol of the essential unity of relationship between Himself and the Universal Healing Power.

All healing of sickness begins in this inner spiritual relationship between the Father, the Healer, and the healed, and is strengthened by way of the healer's positive inward assurance of his own established contact, in his purified vehicles, with the pure loving God power. When the patient opens himself and feels this transference of the Universal power flowing through the healer and stepped up by the transforming warmth of love and feeling for his recovery coming through the God-self in the healer, the patient's own God-self is thereby freshly awakened, wherein the

indwelling God-self in the patient also is set in curative motion and emotion, to work on his own sick vehicles.

So it is that the patient, in his own being, learns to automatically and habitually become his own healer as each developed spirit in each man must eventually become, for this is the normal process of every healthy individual. Actually, there is nothing phenomenal in the state of being a normal healthy individual. Perfect health is God's own established permanent order for the natural enjoyment of all men everywhere. The positive and trained assured healer has the indwelling abiding faith of this certain knowledge. By living out this practice in a practical world, in his purity of thought, of life, of act and being, he normally radiates this natural state of perfect health. The healer inspires his patient by demonstrating this state of natural God-being, intuitively, and by his positive assurance to the patient. In accordance with the patient's acceptance, his willingness to *let go* of false conceptions of his past thinking and acting which allowed the sickness to enter—to this degree of faith and willingness to turn his face into the full God-light of love and well-being, he, the patient, through the positive assurance of the healer, can be made whole.

The essentials to receiving the normal, natural inflow of radiant health is therefore, pure love for all mankind, letting go of fears, of hates, of self-guilts, and to see ourselves as truly God-beings, in purity of life and beauty of living. This newly-found and established radiance of the Father's Being within, will be self-contagious, self-augmenting, self-nourishing, and self-healing.

Why is there so much sickness in all the world? Because man becomes entrapped in the cares of this outer world of impure thinking and living. The one comprehensive word that covers all negation is blind, loveless, *selfishness*.

Out of self-love, as selfishness, spawns all the other offsprings of fear, guilt, hate, and self-abasement.

To correct all this in one single concept, we remember and use Christ's words of singleness of purpose, in love to God and love to our fellowmen. The state of health is this completing state; man's true heaven on earth, the natural state, ready and waiting for all.

We cultivate this healthy state by setting aside definite periods of study from the sacred writings of all philosophies and religions as a wholesome form of regular communion of spirits with others who have made these rules of life their own, and associate with them in purity of spirit, in purity of life, in purity of living ideals. For this purity of Being, there is no substitute!

Out of this inner organization there springs the element of pure and unselfish love for the original sanctity of God's life manifested in all living creatures. We cultivate and live by a positive and healing love for all our fellowmen whether we know them personally by their names or not. In the great family of all mankind, there are no divisions. We live in the purity and love of this greater universal family, each one a part of every other one, in origin and final fulfillment in the Father of all.

We are ourselves the very fountain-head of a living, loving purity of perfect health. We are normally and naturally expressing this practical well being in every detail of our total lives. This is the health-giving normal plan the Father has instituted for all of His great family of living creatures. Let us all renew our heritage and live according to this never-ceasing wealth of perfect health, life, and happiness. Not only have we built the soul's Life, Light and Power, but we have laid the very foundations for the vast healing ministrations of our destiny as Invisible Helpers.

CRUDE BLACK MOLASSES A NATURAL HEALTH-FOOD

(Continued from page 31)

lost in the cooking of our daily food. It would seem a natural and easy way of getting these salts into the system by taking crude black molasses.

For those interested, it has been found that the most convenient way of taking crude black molasses is before meals, and that an average dosage is one teaspoonful melted in a cup of warm water three times a day. Each person must, of course, use his own judgment and adapt the amount to suit his own individual needs. I believe all will agree, after reading the foregoing facts, that Nature is a better chemist than the scientist.

MYSTICS ALSO MUST FACE LIFE

(Continued from page 10)

ways must be a reciprocal thing, with no man or woman able to function for long simply on his own efforts and activities. Team work and loving self-forgetting service to others gets us where we want to go in life.

The very essence of civilization is co-operation. Humanity, mystics included, have gotten as far as they have simply because they have worked together as well as they have throughout the years.

As time marches on the cry increasingly will be for more and more co-operation—for cooperative living in a united world, as we strive for peace and abundance for all peoples, regardless of race, color or creed.

Realizing that this is God's World, as we must, and that all that is of God is good, we will continue to work diligently for world recognition for those principles of good which make for universal peace and abundance for all mankind.

CHILDREN OF TAURUS

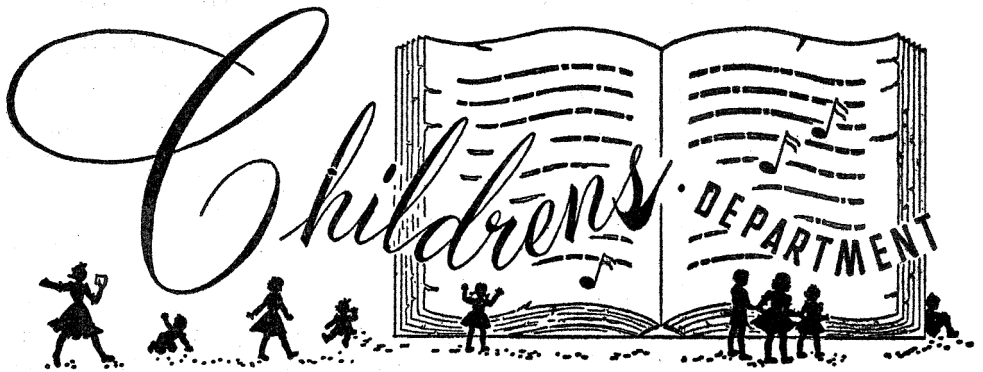
(Continued from page 25)

nations. Some more highly evolved may hear the music of the spheres and produce inspirational music for they have a soul for music, but there is a lack of affection in their make-up. A jealous or selfish streak in their disposition and they may suffer financial losses. From May 12 to 18, Mercury is opposite Neptune. This gives poor memory and a disposition to be dreamy and indolent. There is a restless desire for finance but inability to fit into the scheme of things with danger of fraud and deception. During the same period Mercury trines Saturn which acts as a brake on the mind for it gives a serious depth to it and ability to concentrate and overcome the dreamy tendency. Mercury in good aspect to Saturn gives forethought and profound reasoning ability; it helps the native to success for it gives him patient persistence, caution and a diplomatic disposition and qualifies him for high positions in church, government and politics.

May 12 to 21, Mercury is sextile Venus bestowing talent for music or poetry, a cheerful disposition and makes him a suave talker.

May 16 to 21, Mercury is square Uranus which is the mark of a crank who has extreme ideas regarding reforms and the tearing down of social structures. These people rave and rant and use their abilities for destructive purposes.

From May 10 to 21, the Sun is opposite Jupiter which is not good for the health because it inclines toward the forming of bad habits such as over indulgence in good things and neglect of exercise which results in too rich blood and poor circulation. From the 17th to 21st the Sun is square Pluto which often forces the native to undergo material failure for the purpose of developing spiritual consciousness. This is a forerunner of bankruptcy.



THE MODEST VIOLET

By F. B.

ONCE upon a time there was a modest little Violet. This Violet was so very modest that scarcely anyone knew about her outside of her own family. Now you know that our Violet was a little girl—not a flower as you might have supposed. She was like a flower though, for she was very pretty. You are probably already curious to know why our little Violet was so modest, so I will tell you all about her and her family too.

When she was quite a little girl, her mother was very ill and slept a great deal. One night she went to sleep and did not wake up again in this world. This was very sad for little Violet, who cried and cried and wished her mother would wake up. But her mother just smiled a sweet smile and slept on.

Violet was a lonely little girl. Her father was kind and tried to love Violet more and more, but somehow he, too, was very lonely. The days went by and grew into weeks and months and years. Her father grew more lonely and sad, and even Violet's love was not sufficient to brighten his hours at home. Then one day something happened—it was a great surprise to Violet and made a great change in her life. Her father brought home a new mother. He seemed

very happy, and of course, Violet was glad because her father smiled again and seemed so happy. Besides having a new mother there were now two little sisters as well.

At first Violet rejoiced in her new-found sisters for she had longed for companionship. But this joy was short-lived. The sisters were very plain and not at all sweet-tempered, while Violet was very pretty and had a sunny disposition. Violet tried so hard to be kind and generous, and she really loved these two little stepsisters. Unfortunately jealousy (which is really a twin sister to selfishness) grew in the hearts of the stepsisters, and they told many little fibs about Violet to their mother. And, do you know, she believed these tales and never even asked Violet if these stories were true? Instead she scolded Violet and gave her many hard tasks to do as a punishment.

Violet grew quiet and sad and went about her duties in a matter-of-fact way. But she didn't complain and she never changed in her manner toward her mother or her little step-sisters. How do you suppose she managed to keep so sweet-tempered? Now, this is really Violet's secret—but I am going to tell it to you.

Before Violet's own mother passed away she had taught Violet to pray. She had told her a great deal about God and His wonderful love for all His children. She had told her about the Heaven World and that there was no death—that death was really only a passing into another life. Though Violet was only a little girl, in her own way she knew many things about the world of God to which her mother had gone. She knew that when she had said her prayers at night and fallen asleep, she would be in the Heaven World with her mother. She knew, too, that during the day her mother could come to her and help her in her studies and and her work. So our modest Violet, though often disheartened and discouraged, lived in a world of make believe.

As Violet grew prettier and the step-sisters grew plainer, the stepmother became more and more severe with Violet, giving her harder tasks to perform and was really almost cruel. Her father noticed this, and he did not know how to make things any easier, and he dreaded to interfere, especially as Violet did not complain. The stepmother became so cruel that the neighbors noticed it, and they became more friendly with Violet. They invited her to parties and picnics, and many lovely things were done for her, but the stepsisters were overlooked and passed by. This really made it harder for Violet, and if it had not been for the world of make believe she never could have lived at all.

Finally, one day her stepmother, very flushed and angry, called Violet into the library and scolded her for something which she had not done. She listened but made no denial. In fact, she did not reply at all. This made her stepmother more angry than ever, and she insisted that Violet say something. What do you suppose Violet said? You will never guess, so I will have to tell you. She raised her lovely violet eyes and looked right into her stepmother's angry ones and said: "I am not afraid

of you, and even though you punish me and even strike me, I have no fear. 'Perfect love casteth out fear,' and I dwell in God's perfect love. I am His child, and no evil can befall me." She was so calm that her stepmother grew calm too.

There seemed to be something strange going on in that room. Of course, Violet knew that her real mother was there to help her. The stepmother tried to be cross but could think of nothing to say. Finally she said: "Violet, you are such a strange child; while I would like to hate you, I cannot. Why is it?" Then Violet told her many wonderful things which her own mother had told her in her dreams during the many years since she had gone to the Heaven World—how father and stepmother and the little sisters had all been brought together in this life to work out some debt of destiny; that this was all in God's great plan; that it was not good to go on hating each other and being jealous; that hate was only the wrong side of love, and that love must take the place of hate. Violet also told how she had looked forward to her visits at night with her own mother in the Heaven World, where she learned these beautiful lessons of life.

Now you will never guess what happened! Violet's stepmother believed all that she had told her, and she took her in her arms and loved her. Then she asked her to tell her sisters all about the Heaven World. While they were talking earnestly about this strange new world, father came in and he, too, listened.

Oh, what a wonderful change took place in that family! They all began to live in the world of make believe, and they soon came to know that the Heaven World is right here about us and that the Kingdom of Heaven is within us. Violet told them the secret of her happiness, which was to—

(Continued on page 39)

The Wedding Garment

ELLA VAN GILDER

ONCE upon a time, way out at the edge of all creation, away past all the twinkling stars, in the little kingdom of Mundi there lived an old woman and her two lovely daughters, Celeste and Terra.

Although these maids were very fair to look upon, they were very different in character. Celeste was good and kind and thoughtful, while Terra was rude and selfish.

But nevertheless the mother loved Terra better, because she was like her; so she lavished all her love upon Terra and gave her all the beautiful things she possessed and let her grow up vain and careless.

Celeste never had the beautiful things her sister had, and on her frail shoulders seemed to fall the burdens of the others; but she was always bright and cheerful and helpful, never complaining because her tasks were hard.

Now the king of this country was going on a long journey, and when he returned he was to bring his bride with him. But as there were many difficulties in the way and many obstacles to hinder his progress, he could not tell just when his return would be, so he bade his people be ready always, so that the moment they heard the herald announce his appearance, whether it were night or day, they could come to the feast prepared in honor of his return.

As soon as he was gone the people began doing various things; some thought it would be a very long time before he came back and they would wait a while before getting ready; some thought he might be killed and never come home; some got their clothes ready and put them away to be used when he came; and a very few did what he

had asked them and expected him any day.

Terra and her mother planned a gorgeous robe; it was spun cloth of gold and embroidered with rubies and precious stones, and when it was finished they laid it away in a beautiful carved chest, for it was far too lovely to be used except for the banquet of the king.

But for Celeste nothing was planned, and she had only her everyday clothes which she wore to her everyday task of going out to the hilltop to tend and feed the sheep and the helpless little lambs; and no one knew while she was on the hilltop of the dress she planned to wear when the king came. Every night, no matter how tired her hands, she would weave a little on her robe, working in little strands of wool left on the briars by the sheep in passing, and the petals of the bright flowers she loved so well; sometimes tears would fall, but she brushed them away and laughed for joy for she knew the king would be pleased with her work.

And after a long time, when the wind that blows around the stars had many times circled this little kingdom, the herald proclaimed that the king was coming; everyone began hurrying to get ready and some of them didn't have time so they were left out; but Terra and Celeste put on the dresses that they had prepared and went to the banquet hall. Terra made Celeste stay by the door because she thought her too shabby to be seen, while she went up to the front near the royal throne.

After a while the master of the ceremonies came through the hall to see if everything was in order; but when he came to the people who had hurried so fast that they were not properly ar-

rayed, he made them go out for no one who was not carefully clothed could appear before the king.

As he passed Terra, he stopped and asked her why she had not on a suitable dress; in amazement she looked down at her gorgeous apparel and was horrified to see that it was all tarnished from disuse, the rubies looked like drops of blood and the embroideries were all black. As she was going out she tried to take Celeste with her, but the master stayed her hand, saying, "Look! she has on the Wedding Garment." Terra looked and behold every thread had turned to gold, the tears were pearls and the bright flowers and leaves were glowing gems. The master led her to the seat which Terra had occupied, for Celeste was fit to sit with those who had watched and were ready for the coming of the King.—Reprinted from RAYS FROM THE ROSE CROSS, February, 1920.

THE MODEST VIOLET

(Continued from page 37)

"Build a little fence of trust
 Around today.
 Fill the space with loving work
 And therein stay.
 Look not through the sheltering bars
 Upon tomorrow;
 God will help thee bear what comes
 Of joy or sorrow."

ERRATUM

The first sentence in the last paragraph on page 3 of the April, 1959, issue should read: It has been known that matter consists of atoms, each an exact replica of the solar system, with a central sun (or proton of positive electricity), and a number of planets (or electrons of negative electricity), revolving around it.

LATENT POWER

(Continued from page 9)

have been studied, we do our home work of assimilation. We may then enjoy the pleasure we have earned. The next day or the next life we repeat the procedure. School training eventually makes scholars of us. We are good, bad or indifferent according to our efforts. But to God that is not enough. We are told to become perfect. We are given the standard—as the Father is perfect.

The final conclusion must be that perfection means the creation of such latent powers as a god which will ultimately permit us to create a system of our own.

Consider the teaching that God made man in His own image. Within man is the spark of the divine Flame. Therefore latent in that Spark within are all the forces appertaining to godhood. And the relationship between the God within and the evolving reflection called the ego may be likened to the operation of a stereopticon. Suppose the reflecting lens itself resembles the latency of God within. Then, if we think, act and feel as God would wish us to do, we make a colored slide representing the ego which is complementary to similar and latent forces of the Spark. When the light is turned on, that which is latent in the Spark and that which is pictured on the slide are revealed on the screen in their true Godlikeness. Persistence in the process of slide making must ultimately develop the perfected state.

Is this beyond our reach? Certainly not! Christ assured us that the things He did, we shall do, and greater things. Such is the promised achievement for man.

This conclusion introduces us to the true significance of the doctrine of Faith—in ourselves—as long as we do the will of the Father.

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