

MANIFESTING WORLD ENLIGHTENMENT

Part 1 of 5

Amazing things take root and grow, from the minds of the world. Human creations are much more far reaching than mere cities and nations. We are also creators of *mental and spiritual manifestations*, and these are of world changing scope! Humans are idea and thoughtform-producing creatures. What this means of course, is that our power for creation or destruction is nearly unlimited. For this reason we must be responsible caretakers in this Earthly garden of life. Natural living, and the following of natural laws, is thus a necessity. There is a great need to follow nature or perish, and yet its laws provide much leeway for creative expression. This is true even if it implies the freedom for self destruction, or self ascension. As conscious beings, our creativity has such vast potential, that we ride the wave of natural history with uncertain stride. Our dynamic and active minds leave us no option, but to choose evolutionary lifestyles or reap international chaos.

Many of our thoughts bear the edible fruit of wisdom and revelation, whereas some only bloom for the sake of delight. Others still, destroy all life through sheer self indulgence. The thoughtforms of social imagery and popular culture, all eventually suffer the fate of weeds along the wayside. What is considered unquestionable today, is soon cut down by the modern fascination for what is “new” and “different”. This is a fact that reflects the boredom inherent in materialism. Today’s attitudes will ultimately be ignored by the fickle judgments of history, or like weeds, be pulled up stem and all to provide growth for revolution. Only that which is of nature and the Truth it contains, will last for all time.

It is an ancient saying that “thoughts are things”, for they do indeed stream forth like living entities, to find haven in social habitats around the world. Ideas are lasting forces, and not only because they become known, recorded or memorized. They have lasting power in themselves, *as thoughtforms*, due to the fact that they are propelled and empowered by Intent. From a single idea, the whole of this world society in which we live may be changed forever. We may indeed move mountains with the stroke of a pen, and the flash of a neural chain.

Ideas, and the intentions which psychically propel them, render world changing effects, even after they are long forgotten by their creators. Thus, the relevance of these creations of ours, goes well beyond the personal domain. Our intentions and thoughts exist as a currency of exchange, on both social and spiritual levels. Ideas are the building blocks of synchronicity and simultaneous invention, of cities and subtle glances. They know no boundaries or nation’s borders, and are ultimately beyond copyright or patent. Thoughts, like feelings, travel from mind to mind as

lightning travels wires of copper. Some are flashy though of little use, rendering small significance. Others are of universal and undying scope, reappearing through the ages like a variety of creature that simply will not, and cannot, be eradicated. Ideas based on Truth Itself have such ultimate, lasting value. Thus, to hold truth as the highest ideal in ones' life and mind, is to implicitly empower the thoughts which are based upon it. Truthful minds will ultimately prevail, because truth is itself undying. It is of eternal ideal, making no distinction between peoples, cultures or nations. It provides the most fertile ground for the fruits of social revolution among us all. Ideas based upon Truth are everlasting, surviving all changes, societies and even worlds.

In gaining self knowledge we find that truth resides within. It literally composes both the self and the cosmos in general. Beyond all specific thoughts and emotions, we find within the very founder of societies, cultures and nations. We are the Earthly embodiment of creative, universal force, or in other words, that which is called God. God and soul by another name, are known as consciousness. It is consciousness itself with which we were born, and which we will carry past the day of our physical death. The Truth of our existence as human beings, is that *we are souls in bodies*. As souls, our essence is composed of consciousness, with Intent being the guiding factor within. A study of Intent is an examination of the souls' primary means. This study is best made through introspection. So it is that through self knowledge, we find what is true about ourselves, God and life in general, beyond all cultural bias.

In introspection, (meditation) it is made obvious that we are all One in Consciousness. All things in the universe are composed and guided by this essence of creation. We may each directly perceive the Truth of SELF AS CONSCIOUSNESS for ourselves. The underlying truth of self, is that Watcher and Intention behind every thought. This Watcher is the soul. Consciousness/Intent is behind every feeling and image, As the true self, and is observing even now as you read this page.

The meditator comes to know that the knowledge of Truth exists as a part of the universe itself, encoded into our very souls and DNA. For this reason we gain direct perception into the nature of reality, through self realization. Self realization then becomes Cosmic Realization. Direct perception or intuition into Universal Fact, is a quality of consciousness we all possess. In meditation we realize that there is no "distance between us and ourselves", as psychology would have us believe. Our true identity is not composed of thoughts. Our minds however are so powerful, that we can come to believe our thoughts actually define who we are. Modern culture teaches that the only way to change the self is to change our way of thinking. This is not so, for we are not our own creations, (thoughts, feelings and images). The creator should not confuse itself with its own manifestations, any more than an architect should imagine themselves to be the blueprints they have drawn.

The realm of consciousness, (the true self) is not just a creative place, it is the place of Creation Itself. Propelled by Intent, the thoughts that are our creations, become forces strong enough to tear down high mountains, just as surely as river and earthquake. They are also delicate and subtle things, blown this way and that by the forces of common belief, as clouds in the sky of social consensus. These carriers of mental force are created and recreated like uncertain clay. Yet, they compose only the subtle structure of our inner world, reflected by the outer manifestations of nations. They are not the cause of change, for they did not create themselves. We are their creators. Powerful are these products of consciousness, mighty enough to destroy paradigms, or to create whole new societies in their image. Even so, the world we have been creating and continue to create, is only a reflection of our own inner realm. The modern crisis cannot therefore be called the cruel fate of an uncaring universe. It is in fact the result of humanity's lack of clarity into the Reality of *universal purpose*. That purpose is the continual elevation of consciousness and wisdom.

If we are to sustain the right focus of mind in order to survive as a species, then this will be the result of our own volition. The spiritual will, (Intent) to progress must outweigh the will to accumulate unnecessary material objects, ideas and limiting cultural attitudes. Spiritual will flourishes through clarity and love combined. It grows through a sheer enthusiasm and deep-felt passion for spiritual understanding, in the knowledge that *truth alone* bears significance in daily life. Truthfulness is the mark of the healthy human being. It represents the presence of Divine Intent, manifesting Itself through human affairs. We may channel this Truthful Intent at will, so long as our lives are aligned with the evolutionary process.

It is time we fully realized the impact our thoughts have upon each other, and upon the collective condition of our species. Behind every thought there is an Intent, and every Intent moves the creative energies of the world. Contained in this realization are the keys to REAL self and mutual progress. We must never lose sight of our ability to change the world into a paradise of peace and prosperity. Over the centuries, it is we who have generated this global condition, or current *World Mind*. The materialistic and fearful world society we see today, is the mutual creation of destructive intentions. It is we who may now change that condition for the better. The responsibility for what grows in the garden is the gardener's alone. This planet can either grow the weeds of our carelessness, or the sweet fruits of right action, depending upon what seeds each mind sows for itself and others. Every thought is a seed planted in the surrounding ethers. If we give up on or neglect our garden, then we will neither prosper nor survive, in this self-made collective consciousness. This is just a cosmic fact of life.

It is important to understand which Intentions are most useful in life and spiritual progress. The Intent of Christ Love and Buddha Clarity are keys to the enlightenment of the world. Such Intentions must rise up in us

all! We must allow and even request this to happen within, as we come to know the blatant errors of past wrong Intent. Ask yourself the following questions: Is not the seeking of material wealth and that of becoming a Buddha or a Christ, both simply a matter of holding a corresponding Intention? And is not the task laid out before this life, not simply a matter of choosing between the two? Let us each choose what is clearly the greater seed to be planted, as a measure of our innate human wisdom.

In finding the creator within, we learn of consciousness itself. This is a gaining of the knowledge of universal forces, contained in humanity and Nature alike. By charting the subtleties of Intent we learn the secrets of nature, and the very basis for everything society has brought forth out of the far reaches of human imagination. Through an *awareness of Intent* we gain an increasing synchronization with nature and natural laws. In the knowledge of self as consciousness, (rather than memory, social position or ego) we gain the tools of cultivation we need, to plant the seed of tomorrow's spiritual fruits within human society. Those seeds must grow, from own spiritually progressive will to evolve. It is our prerogative and natural, practical need, to now manifest a greater world than before. It is up to us to set a new spiritual standard.

Thoughts resulting from a spiritually progressive Intent re-build the world, just as they re-build the self. The sub-atomic energies that surround us, are as sensitive to our thoughts as are leaves to a gale. Therefore, that which is focused upon is that which is done, (manifest). In order to manifest those thoughtforms which are of the greatest benefit for the evolution of humanity, and in fact all life, we must first know ourselves as consciousness. When the mind comes to know itself as consciousness, we are reminded of the unity of all life. We are also reminded of our existence is as individual cells within the body of God.

It is important to re-emphasize that we are not the thoughts, images, social attitudes or feelings within. These are the creations of the *consciousness that we are*, not self identity. The potter is not the clay pots they spin, any more natural law is changed by the latest advertising slogan. With the realization of self as consciousness, (soul) in place, we no longer confuse the creations with the creator. Thoughts and feelings are something we DO, not something we ARE. Let us identify with what we are, as creators, and therefore as consciousness, the universal essence. When we do this, we implicitly identify with the essence of God and soul.

Inner knowledge is universal wisdom. Wisdom increases in direct proportion with self knowledge. Through introspection we are provided with the means for Mastery. Self realization or greater Mastery, motivates us to rebuild the body and mind according to Cosmic Designs. It causes us to re-evaluate the actual value of accepted standards, (the thoughts and values of a materialistic society) in favor of the Divine knowledge contained in our very souls. Self realization breaks the traditional shackles, (of the last 50 centuries) surrounding our feet, ones that have confined history to less than noble destinies. We break these bonds to consciously extend our natural

Divinity to the material world. We reject the shallowness of materialism in order to express the innermost desire of the soul. Together our Intent manifests mutual benefit, to bring about a more enlightened world. This is universal wisdom in action! It is also the essence of true freedom!

Self knowledge allows insight into the common motives of all souls, regardless of cultural, ideological or national differences. In Truth we are patterned after the same natural designs, as a united whole. This is so because all things are composed of consciousness, (Intent, Awareness and Energy) and consciousness resembles a great, endless, multi-dimensional ocean. Like consciousness itself, no part of an ocean may truly be separated from another. This is its nature as a fluid, dynamic substance. In the same manner, pain, love and passion flow from mind to mind, and body to body, in endless streams. The joys and sorrows of a changing world are ours to feel, every moment of every day. For this reason we each have no choice but to address the condition of humanity as a united whole, and a singular organism. We must take into account the influences of the *World Mind* upon our every waking moment, knowing that no feeling or thought is an island unto itself.

Meditation reveals that we share a common essence, source, and root cause. Our passions for life reflect those of all peoples in every obscure corner of the world. Like the rest of the cosmos, we are all inextricably bound to participate in the ONE MOTION of planetary natural history. Evolution or destruction are the only two options open to all living things. We have no real option but to choose between the evolution of consciousness, or the falling back into fear, false division and ultimately, extinction. Life either grows or dies, and so too does love, clarity and spiritual progressiveness among us all. *The Cosmic Intent for human life is that we become Its evolutionary agents.* Our purpose is to be the conscious stewards of the Earth, to be our brother and sisters' keepers, as the revolutionaries of God. As cells in the body of the Divine, our inherent unity goes beyond all false political division. As souls we transcend all special-interest affiliations, because Truth knows no special interests. We are not now, and can never truly be, of nations, states, cultures, towns or clans only. *We are members of the family of God the everlasting.* In consciousness we stand together forever united! This is not only our destiny but the only reality which has ever existed and ever will exist. Only delusion believes life to be otherwise. Only self destruction and self pity, makes petty mockery out of Divine Intention. But this state of world affairs may not last, and delusion is not self-sustaining. The fire of materialism burns itself out, and from those ideological ashes rises the reality that was never absent, nor even slightly maligned. Truth cannot be altered, but it *can* be more fully realized and embodied. As we look within to the true self, we find the dynamic spirit of cosmic design, ever ready to progress. Individual consciousness rises from the destructive storm of modern beliefs and petty thoughts, to take its place as a custodian of Natural law. This is the basic meaning and practice of enlightenment.

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When thoughts are replaced by silence in the mind, perception arises. It is a part of the modern condition wherein the mind of humanity is constantly overwhelmed, by a million considerations and thoughts. In acquiring silence, the mind is enabled to get out of the way of spiritual progress, and in so doing observes the Universal Consciousness of which we are composed. Silent self awareness returns us to our natural state of being, and the natural state has little to do with modern chaos. By calming the inner world, the Mastery of personal Energy, well focused Awareness, and natural Intent is progressively gained. Meditation shows us that these Universal Three compose every aspect of nature and humanity. By recognizing the truth of self as consciousness, we also perceive others as kindred souls. In calm perception we understand nature as a source for spiritual regeneration. Such realization causes the seeker of spiritual revelation to exclaim, "I AM THAT", in a direct perception of the unity of self with the cosmos. Through self discovery, the seeker becomes a Knower of Truth. Through the daily *application* of Truth, the Knower becomes a conscious Creator. As self-aware creators we radiate uplifting effects, as a beacon of light in the darkness of world illusion. The self realized are a source for spiritual regeneration set in motion, everywhere upon the globe.

In self knowledge then, we learn that our true identity is soul. Soul is consciousness itself. In meditation or prayer, it is also learned that we are a part of that which is called "God". God is also Consciousness Itself. Thus, "soul", "God", and "consciousness" are fundamentally synonymous terms. They all are aspects of Truth, deriving their existence from the same universal basis. To Realize ones' self, God and Nature, AS CONSCIOUSNESS, (I AM THAT) is thus a significant spiritual event. Equally significant is to realize the exact nature of the consciousness within and without. Very simply, Consciousness is composed of Intent, Awareness and Energy, and each of these may be readily identified in the self. Each is a concrete and practical element of self and universe, at its most fundamental level. The energy within is sensed as that level of vitality and strength flowing through the body, (also known as "chi" or "ki"). Awareness is noticed as that agency of "seeingness" or "the watcher" behind all thoughts, emotions and daily circumstance. It is "that which looks" through all of the senses and yet is more than any one of them. Intent is seen as that aspect of self that changes our course of action. This happens at the very second any decision is made. When we understand the presence of these three within, our ability to CREATE is increased beyond measure, since this trinity of consciousness is the source of all Creation. Through the realization of self as consciousness, we can consciously direct energy, and focus awareness into any pattern desired, (visualization/thoughtform creation). We may also direct Intent in such a way as to *build enlightenment* itself, and any other progressive quality in life that we wish. In this way our thoughts, inspiration and willpower are turned from the mundane focus of material gain, to the high responsibilities and privileges of Cosmic Citizenship, as conscious

beings. With the truthful view of self as consciousness, we may transform the world to any level of bliss, peace and enlightenment.

The practitioner is compelled by the very forces of evolution, to carry on the work of creating a more enlightened self. As consciousness expands, so too does the perceived need to improve the world condition. The essential fact of Unity becomes not only an intellectual truth, but *a felt reality which one is compelled to address*. The desire to improve the consciousness of the World Mind, or collective consciousness of humanity, becomes indistinguishable from the desire to raise personal or group consciousness. To raise ones' self to new levels of love, clarity, energy and Divine connection, is to become inevitably involved with the raising of world consciousness as well. Fortunately, with the expansion of personal consciousness, comes the enhanced ability to expand the consciousness of the world.

The power of the individual mind to directly contribute to the condition of the world, increases cumulatively over time and progressive Intent. Of particular usefulness is our *Intention to Perpetually Raise our consciousness*, in order to become what is known as a spiritual "Master". Through the Intent of spiritual gain, the Master gradually arises from the ranks of those who imagine material goals to be the purpose of life. In so doing they shed the light of Truth, on a world which would otherwise be plagued by the shadows of self-destructive acquisition.

The Master knows the power that their thoughts have on other body/minds. They know that when personal Awareness focuses on any given thing or person, immediate shifts of energy and pattern begin to arise therein. They understand that Intent is the determiner and shaper of our collective destiny, one that is not written in stone, but which changes according to the applied wisdom of the people.

As the individual evolves, personal Intent proceeds from the arbitrary smallness of ego, to a spiritual force of world changing potential. The force of the human spirit is then wielded for the sake of Divine and Evolutionary Will, in the benefit of all nations. Through self awareness as souls, we manifest a greater world through the instrumentality of the body. Similarly, the mind also becomes the vehicle for soulic expression, and therefore spiritual ministry, (the conveyance of Truth to others). This is especially true of the soul that has fully realized its own nature, as consciousness, while still in a physical body.

The soulic, or consciousness-oriented view of worldly events, imparts deep and factual lessons upon the spiritually-minded. The truth that is directly perceived by the soul, is known by every earnest seeker, natural person and small child. This is the perspective of clarity and intuitive genius. It is the spontaneous and natural love of innocence and purity of Intention. The uncomplicated view of self-as-spirit, offers clear insight into the social challenges of our day. From this clarified view we can easily see the nature of the problems which face humanity. In clarity we also see the

fundamental source of human suffering. It is not difficult to perceive that the foremost cause of world problems today, is the wholesale disregard of natural and spiritual laws. The lack of honesty about what is true and life-affirmative is the modern bane. In an imbalanced, collective focus upon materialism, society has forgotten the fact that life is about spiritual progression. We are an indivisible part of the process of evolution! Evolution is a spiritual progression! What we find today instead of an evolutionary focus however, is grossly exaggerated material accumulation. The quest for money above all other things, is carried out purely for the sake of egotism. Such Intentions run contrary to what has been called the “conscience”, or in other words, the voice and knowledge of the soul. Our souls know that spirituality and human evolution must go hand in hand. We must evolve to survive, and to evolve we must adopt spiritual priorities as our primary collective focus. The unnecessary accumulation of material things can never satisfy. This fact must be reflected as a matter of lifestyle, and not just political speeches or convenient application.

The main avenue for spiritual growth and *all evolution*, is the expansion of consciousness. Through an applied knowledge of consciousness, we contribute to the collective evolution of humanity, and not just the self. Through meditation and the wise employment of Intent, we greatly accelerate true progress by fulfilling the goals of natural law. Our species is at a critical decision point between materialism and spiritual evolution. Making this decision cannot be delayed indefinitely. The time of the Great Transformation is at hand. We will either destroy ourselves through our own misguided works, or we will align our spirits in spiritual progress, and manifest a world of beauty and inspiration in the Natural Divine.

We may achieve true fulfillment not through worldly travel, nor monetary gain. Humanity already possesses the material means to prosper. We will evolve into beings of great ability and wisdom, only through the expansion of consciousness, not the revision of devices or ideologies. There can be no lasting political solutions, for the current problems of the world. It is not a revolution in governmental policy which is now needed. Our greatest need as a species is not new political parties, social orders or technological applications. The foundations of these will still be built upon the same consciousness of selfish concern, if the inner focus of the public is not first shifted. We will only reach the “Promised Land” through a change of our own inner condition, which is itself the very creator of the outer world and all social forms. Only through the expansion of consciousness can we realistically hope to employ the wisdom necessary for right living, rather than wanton destruction. Every state of consciousness is sustained by an underlying Intent. Thus, every act is based upon a given motivation, which is its cause. It is motive and cause we must address, not form and symptom. Our very survival as a species depends on whether or not we recognize this distinction of cause as contrasted to effect, (karma). The ultimate motive and cause of all things, including human society and individual achievement, is based squarely upon the INTENT employed every moment. Intent is the determiner of how consciousness functions, and consciousness is the basis of

all manifestation. The raising of our consciousness or Intent, is therefore of supreme importance to the survival and further evolution of our species.

Through the expansion of personal consciousness, there arises the greater willingness to join our forces of creation with others, in mutual good will. The love that arises within desires to be shared. The seed of the fruits of clarity, has a drive to be planted in other minds. It may be said then, that spiritual ministry is in large part simply the spontaneous desire to propagate Truth, and for its own sake.

There are many different though complimentary aspects to consciousness expansion. All of these are the existing parameters of evolutionary growth, already held by Natural Law long before the arrival of Homo Sapiens. These aspects can be reduced to the basic six Intentions which are described by the Perpetual Raising and GM series, (see the WMS Library at <http://www.eoni.com/~visionquest>). The six are greater vibration, more crystallized clarity, higher levels of energy, increased right alignment with God/Soul/Nature, the expansion of positive Intent, and increased right intent/action in the cultivation of stronger spiritual will.

Higher personal vibration lends itself to a harmony of positive feelings, and collective co-creation. It is the flowing of sweet love throughout all living and evolving beings. Greater clarity gives us the ability to See Truth for what it is, and cut through the falsehoods of media and cultural conditioning. It allows us to know the real cause behind the sufferings and motives of our fellow human beings. Clarity results in an enhanced vision into the laws of nature, and the solutions to which society may apply itself, to cure the collective cancers of fear and political division. Higher energy levels are experienced as we focus our psychic power not upon competitiveness, but upon mutual upliftment. As we learn to share our psychic energies with each other, they are greatly magnified and mutually empowered. In right alignment with the soul, and with God and Nature, we stay in tune with the designs of Cosmic origin. Cosmic designs will always be superior to human-made laws. By staying in right alignment, we insure that the steps of change taken together, are those which are of the highest evolutionary benefit for all. In right action/Intent, we create those spiritual conditions of mutual living most conducive to the true progress of our kind. This may also be called the maintaining of spiritual will, and the drive to align with each other in the spirit of mutual growth. In expansion is found a means through which love, clarity and other useful Intentions, may be spread throughout the world to inoculate the body of humanity, against the dis-ease of fear. These six highlighted focuses above are the very essence of paradise re-gained, whereby we may expand our

personal and collective consciousness. They may all be employed on a personal, group and worldwide basis.

Through the wise use of these six elements does the light of Truth grow bright, throwing back the clouds of despair, and bringing the warmth of a new age of enlightenment for our kind. This enlightenment will be unlike anything ever known in the past 45 centuries. One person with this knowledge can do much to bring about change, especially at the local level of home and neighborhood. "Doing" in this context primarily involves the projection and holding of *consciousness raising intentions* for others. Ten minds in spiritual unison, (meditation/group mind) may redirect the consciousness of an entire city into more uplifting states. One hundred meditators through the combined force of their Intent may uplift a whole region, whereas a thousand or more motivated spiritual practitioners, may well raise world consciousness, like a great wave of relief upon a parched land. Well-directed group mind force, (which employs the six Intentions above) is a major key in the creation of a more evolved era for this planet. We can use this force of mutual consciousness today, to unlock our true potentials, as self aware centers of consciousness.

The WMS article entitled; "The Perpetual Raising" discusses the Intentional formation of group minds, for this purpose of self, group and world enlightenment. It emphasizes the potentials and practices involved with the mutual use of Intent. Through such universal knowledge, we may raise the level of consciousness of all those gathered together in spiritual focus. In group meditation/prayer, each practitioner learns for themselves the experiential benefits of group mind action. They learn the potentials of what an Intentionally formed group mind can do, to change the psychic conditions of fear and pain in the surrounding fields of consciousness.

Through unified field principles, (such as the resonance of feeling and thought, person to person) psychic connectedness is a familiar fact of everyday existence. However, it is fact of life we are "normally" not consciously aware of, because of the influences of the present materialistic culture. When this experiential knowledge arises fully in the individual, the inspiration to act for the well being of group and world gains momentum. This happens when we realize the considerable impact our thoughts, feelings and states of consciousness have on others. Such psychic effects occur, each and every time we socially interact. Even the thought of someone who is clear across the world, renders psychic effects upon them that should not be underestimated. With each effect we create in the consciousness of those surrounding us, there is an underlying intent involved. Through the right use of such Intent, we can reconnect our lives with the aims of Nature, Soul and God, taking up the work of the Masters of all ages willingly, and with relish. There is no greater purpose in life than this, nor any source of greater satisfaction and fulfillment.

Groups of practitioners may therefore meet, with the specific aim of raising world consciousness. This practice is similar to the process of group consciousness expansion, as described in The Perpetual Raising. The

employment of group Intent for this purpose, is not unlike the Intent employed by a Master, (such as a Christ, Buddha or Lao Tzu) in the improvement of the human condition. Through the combination of individual Intents, the *group mind principle* of nature comes into play. It renders the geometrically greater psychic effects of many minds in spiritual accord. Through such psychic and spiritual knowledge, group focus may be used to co-create world-enlightening effects, just as the spiritual Masters of history have been known to do. This is not the creation of “miracles” however, but simply the practical and mutual engagement of natural laws. By employing the four steps in the Manifestation of Intent on a joint basis, strong psychic currents are generated, which impact the fields of consciousness at large. Mutually focused Intent reinforces itself over and over again. The Intent of mutual love for instance, can be rendered worldwide, just as it can be manifest mutually. Mutually held feelings of love will automatically extend themselves to some degree, to any area jointly or individually visualized. In fact, any time we visualize anything, this mental picture starts to change environmental energies according to the Intent behind it. This is the basic essence of what a thoughtform is, and how it functions. When mutual love is held and visualized, shifts of consciousness within all persons in that area, be it a neighborhood or the entire planet, immediately begin to manifest, (to a variable degree and depending on current psychic conditions).

Knowledge of intent also strengthens our psychic projections. A review of the four steps for the *manifestation of Intent*, is as follows;

Let us first review these steps on a personal basis;

THE EMPLOYMENT OF INTENT

(for rendering personal change)

- 1) Be aware of your current state of body/mind, (this is accomplished through meditation).
- 2) Gain familiarity with that which is to be Intended, (such as a higher love and clarity) and the Intent to be acted upon is crystallized.
- 3) The desired state is held steady in the mind, (for at least 5 minutes). Visualize and feel this state as if it already exists, until the body/mind shifts into it.
- 4) The desired state is "held in place" throughout the body, (or a given chakra). This new state is maintained by treating it as the new reality of the self on a permanent basis.

Subsequent applications of the above four-step process render cumulative results, so please be persistent!

Through these four steps we can raise our degree of personal love, clarity, energy, spiritual will, expansion, and right alignment to any degree, thereby progressively becoming “Masters”.

Now compare the above to the below four steps for, “Raising the World”:

THE MANIFESTATION OF INTENT

(FOR WORLD CHANGE)

1) Be aware of the current state of World Mind, (this is accomplished through meditation, and a body-wide sensitivity to the feelings/Intent currently traveling around the globe. Just visualize the world and FEEL.

2) Gain familiarity with that which is to be Intended around the world, (such as a higher love and clarity) and the Intent to be acted upon is crystallized.

3) The desired result and state is held steady in the body/mind, as though it already exists. The meditator superimposes the visualized result of higher world consciousness, upon the existing World Mind. Our focused Awareness acts to Create external psychic changes, by providing environmental energies with a pattern to crystallize around. [In this way our awareness may be compared to the lines of force exerted by a magnet upon iron filings] A re-patterning of global consciousness, in accord with personal, (or group) Intent, then begins to take effect. This initiates psychic changes in the nations of the world, first at the unified field, (subatomic) level of existence, and then subsequently at the material level of social policy. Awareness extends outward from the self, (or selves) into the environment, and according to ones’ visualized Intent. It causes the Energy there to conform to the desired changes. To accomplish this step in raising the world consciousness, the entire Earth is visualized. Also pictured is “the light of change”, which manifests positive Intent, (described hereafter).

4) The desired result and state is “Intended into place”, (and held there). The new pattern of consciousness, generated through focused Awareness at the direction of Intent, is now made manifest. This new level of love, clarity or other desired Intention is then stabilized, by treating it as the new reality of the World Mind. Psychic changes created in these four steps, are *Intended into place* as a lasting benefit for all of humanity, and/or for the Earth itself.

Subsequent applications of the above four-step process render cumulative results, so please be persistent! Each time we have a group meditation, it stabilizes the Intent of greater world enlightenment in progressive increments!

Through these four steps we can raise the planetary degree of love, clarity, energy, spiritual will, expansion, and right alignment to any

extent we are so willed, thereby becoming more evolved as a conscious species.

Groups may gather at any time and follow the above steps, when endeavoring to create environmental change. One could call this, “intentional unified field modification” or simply “casting”, as in the casting of a “spiritual spell”. The raising of world consciousness represents a very high level of spiritual Intent. Its employment by an individual using the above four steps, (through determined and progressive Intent) is of powerful benefit. But when such a focus is the subject of Group, (mind) Intent, the effects rendered are geometrically multiplied many times over, due to the right use of several natural laws. It is recommended that groups who endeavor to raise the World Mind in this way, use the six elements of consciousness expansion as their primary focus. This simplifies, streamlines and unites the Intent of each individual practitioner in concert with all others present, and throughout the world. These six are also inherently potent, making their use very desirable. Thus, the world consciousness may be expanded meditatively via;

- 1) Greater group clarity, (*Awareness of Awareness*)...as Created by the psychic specialists known as Visionaries *.
 - 2) Higher group vibration, (love)...as Created by the psychic specialists known as Purifiers *.
 - 3) Increased group Energy, (chi)...as Created by the psychic specialists known as Energizers *.
 - 4) Increased right alignment, (rapport with God/Universal Intelligence)...as Created by psychic specialists known as Channelers *.
 - 5) Implemented right action/Intent, (spiritual progressiveness or will)...as Created by psychic specialists known as Motivators *.
 - 6) Greater expansion, (of any mindstate or Intent over a greater geographical area)...as Created by psychic specialists known as Manifestors *.
- Descriptions of all of the psychic specialists noted above, can be found in the Perpetual Raising series, which also describes group mind action in detail. Look in the World Mind Society Library at <http://www.eoni.com/~visionquest>

Part 3 of 5

One of the very best ways to raise personal or group consciousness, is to MANIFEST spiritual Intentions into the environment at large. The projection of love into one's surroundings for instance, results in love being reflected back to the sender, like a returning echo. In the group setting this principle holds equally true, except that it is far more amplified. The psychic feedback which results from the projection of any state can realistically be called, "the instant karma of psychic action". Waves of feeling and Intent sent forth, (into the unified field of consciousness which surrounds us) return in like kind.

The intentional, psychic projection of love on a personal level is potent in its effects. This is especially true when the mind holds that focus in a one-pointed manner, as a meditation. The intentional "broadcast" of love however, is usually far more powerful than the unconscious projection of Intent found in most persons. Intentional psychic action on a group level is geometrically greater still, as is the level of psychic feedback created through Group Mind Intent.

Our world, like all others, is composed of fields of Energy, which are coordinated into cohesive patterns by Awareness on a global basis. Energy and awareness are coordinated in accord with the Intent of all beings on this planet, as a conglomerate force. The conglomerate Intent of humanity forms what is known in the WMS materials, as *the World Mind*, whereas the Earth Mind is the sum total of all plant and animal consciousness on a planet-wide basis. The Intent at large (planet-wide) that exists as a result of both the Earth Mind and the World Mind, is *the primary determining factor for all world events*. Personal Intent shapes individual life, regional Intent shapes national policy, and world Intent determines international relations. It is through Intent that both energy and awareness combine to form the patterns of consciousness, and from consciousness all material things are either manifest or changed. We are literally surrounded and permeated by fields of (subatomic) Energy, Awareness and Intent. These subatomic energy fields are highly reactive, responding in like kind to any impulse which is projected into them.

Communities of people also display this natural principle of field reaction. As a system of minds, any community is capable of unconsciously reciprocating in entity-like fashion, to whatever state of consciousness is projected at it/them. In this way, groups of people of like mind, react as does an individual person to "vibes" (intent) sent toward them. The fields at large in nature, (generated by the Earth's forests, rivers, lakes, mountains and all creatures) and the fields at large generated by all human minds worldwide, (cities, towns, groups) [the Earth and the World Minds respectively] are both dynamic systems of consciousness. They both respond to psychic inputs, on a collective, global basis.

As social creatures we automatically form group minds with one another, creating interconnecting psychic networks. These networks or *group mind connections*, then function as a collective agency, even without the conscious knowledge of the participants! Even the widespread fascination over fads and new ideas are in large part examples of group mind activity. This is why communities, (which are also local group minds) can often rally together around a cause of mutual focus so easily. Their pre-existing psychic connections with one another, sometimes makes mutual action very smooth and spontaneous.

Intentionally formed group minds, (such as meditation groups) can project very influential psychic stimulus into any given community, city or region. This is why organized global meditations can be so spiritually effective. Stimulus in the form of Energy, patterned by Awareness and propelled by the Intent of focused minds, creates a psychic reaction in the surrounding (unified) fields, which mirrors the original projection. The same is also constantly true, at the individual level. This is true even of those who are quite unaware of this psychic reciprocation, (karmic) principle. Through our own radiated inner state of consciousness, we psychically change the circumstances which surround us. Both love and fear, as well as every other state of consciousness conceivable, returns to the creating mind, often with amplified effect. Thus the statement, “we create our own reality” bears a great deal of truth.

Group mind phenomena is made possible through the collective force of “separate” lifeforms, acting resonantly with one another. One might call this “a synergy of inner states”, (of consciousness). Such a synergy of many minds in common focus, creates a “mutually manifested environment” that reflects the internal conditions of each being, as averaged by the group consensus. In a very real way, *group mind Intent* is the ultimate source for social ideas, attitudes and actions. It is the essence of society. The synergistic emanations of consciousness, (particularly of Intent) of all life forms, is also responsible for much of the intelligence of Nature. Through the group mind strength of all the plants and animals in a forested region for instance, the collective consciousness that results is of a wise, self balancing and intelligent kind. Such collectives are fully capable of sophisticated response to psychic stimulus, on a collective, (group mind) basis. Anyone who has ever meditated or spent long periods in isolation in the woods can attest to this fact. The collective group mind intelligence in nature, is the basis for the Earth Mind, or that which has been referred to as “Gaia”.

If humanity were to take the example of the, (harmonious) group minds of natural beings as a pattern for society, our species would quickly evolve to a much higher level of existence. Any group focus which holds a positive and progressive intent, creates a very beneficial “space” for all of its participants. All people have at some time felt the truth of this principle of positive group mind effect. In fact, it is well within our power to Intentionally evolve at a much greater rate by virtue of *group spiritual will* alone. The group fields created by most human communities today however,

are based upon the Intent of material gain and competitiveness. This is why the modern community is so permeated by fear, because these focuses are not in accord with evolution and therefore natural law. Any intention which is not in accord with natural law creates fear, because fear, (like pain) is a warning signal indicating ERROR. Unnatural Intentions literally create destructive, entropic conditions in our collective environment. If communities were patterned instead after the natural state/Intent of harmony seen in nature, (in love and spiritual unity) our world would look very different today. The very simplest and most direct way to change the crisis evident in modern society, is to change its prevalent, negative, group mind Intentions. This group consciousness change, is a key method in transforming the material and social world as a result. To change group intention we must obviously change our own personal intention as well. Each of us are like cells within the greater body of humanity. For the body to be healthy, each of its cells must re-pattern themselves after the example set by nature.

Practitioners knowledgeable in the employment of consciousness, and particularly Intent, may psychically reach out into the collective fields of the World Mind, using the positive feelings in their own bodies. Feelings are actually energy (chi) resonating at a given pitch, both inside and outside the body. Our subtle sensitivity to energy resonating at various vibrations, (feelings) makes our bodies the ideal instruments for the exploration of unified field physics, as well as the occult and spiritual sciences. Every feeling we have within, represents a resonant psychic connection with the world at large. Our strongest feelings are in each of our chakras, and every chakra is as a portal or connection to all of humanity. Thus, our personal feelings are also strongly effected by the mindstates in the surrounding environment. Such feelings, (especially those in the chakras) are a direct, two-way psychic connection with the World Mind, (global human collective consciousness).

In group meditation, we realize the truth of psychic connections, to and from fellow meditators. The same principle is true of prayer groups and other spiritual gatherings. The group experience thus serves as training for us to register the two-way psychic connection we have with all of humanity. By extending our positive feelings and intentions to the world, just as we would a dear friend, we may make significant changes in the global social structure, of a lasting and beneficial kind. From our own places of meditation, we can transform international policy-making! Through positive use of the group mind principle, groups of practitioners may *Intend into place* the progressive states of greater love and clarity into the world environment, on a large scale basis. When many practitioners do this simultaneously, the gradual conversion of the Intent in society, (as a collective organism/World Mind) will come about. The ultimate aim of this work is to generate is “flash point” or “boiling point” in humanity’s collective consciousness. When this occurs, the standing State of being for this world society, will no longer be alienation, fear, competitiveness and pain. Instead, the standing World Mind consciousness after this Flash Point, (sometimes called the “Omega Point”, a phrase coined by Teilhard De

Chardin) would be one of love, clarity, relaxed friendliness and strong spiritual motivation. All people around the world will feel these *World Mind shifts* wherever they may be, within their own bodies. They may not immediately understand their scope or origin, but the change will be increasingly reflected, in the more enlightened manner in which people relate to each other. Subsequent to such World Mind changes of Intent, (and therefore feeling) communities, tribes and nations around the world, will automatically and synchronistically change their social policies for the better.

The physical conditions of the world today, are clearly based upon the states of consciousness which underlie them. The first step in changing those world conditions, is the transformation of one's own state of consciousness. This allows the spiritual work for which human life is Intended, to be carried out. We cannot realistically expect to contribute to world enlightenment, without first elevating our own state of consciousness as much as we possibly can, and in the shortest period of time. *Now is the time for this change.* We can and we are pulling together at this very critical moment in world history, to facilitate these World Mind Flash Points or changes. [Toward this end, all people, wherever they may be on this Earth are invited to participate in the Global Group Mind meditations now underway. These occur at 3PM PST, on the second and fourth Sunday of each month! See the WMS website at <http://www.eoni.com/~visionquest> for details]

The second major step for world change is through the projection of the appropriate life affirming, spiritual Intentions by the individual practitioner. This projection of increasingly greater love and clarity into the fields at large of the world, is an extremely useful part of ones' daily spiritual ministry. The effects thus rendered upon the world by the spiritually-motivated individual, should not be underestimated.

The third major step in world transformation, and ultimately the most important one, is occurring through the formation of groups of spiritual practitioners, knowledgeable in the mutual employment of consciousness. These groups project their Intent into the world, just as can the individual, making considerable psychic impact upon all life on Earth. [All existing groups of meditators are similarly invited to join into the GGM meditations]

As individuals and groups project higher Intentions into the World Mind, they convert the Intent already existing there, into higher forms. Thus the Intent currently residing in the World Mind, as the result of many centuries of wrong focus on the part of humanity, (upon materialism) can in this way be Intentionally shifted into more progressive states. The accumulated force of Intent of the last 5000 years of civilization, is acting to maintain the stress, fear and aggressive competitiveness that to a large degree, still permeates the human species for destructiveness and pessimism. These conditions of mind, and the entropic state of the material world in which we now live, *is a direct result of wrongly directed human*

Intent. Through occult and spiritual knowledge, we may quickly reverse the trends of past centuries, and create a new standing reality within which to prosper and grow.

Conversion of the current world Intent is one of the highest forms of spiritual ministry which can be engaged in. Through our World-Group focus, we will eventually reach certain global thresholds, or critical-mass stages of consciousness. When crossed, these will increasingly transform the world mindstate into a far more elevated position than it currently maintains. In essence this type of transformation is no more mysterious or esoteric than the change of intent seen in any local meeting of people, (“As above, so below”). Eventually the global transformation of consciousness will result in the widespread re-alignment of humanity with God, Nature and the Earth Mind. Such an accomplishment will imply the evolutionary success of our species. Natural ways and wisdom will replace materialism as the world focus. In so doing we will regain the paradise of our ancient ancestors, who knew right living to be the joy and connectedness of natural focus and a simple lifestyle. We will remember that technology and so called “progress” are not a valid goals in themselves. Technology, like material wealth, is best used as a tool for far greater things. They are best used for the facilitation of spiritual endeavors, which nurture the soul and the welfare of all living beings, not the hollow images of consumerism. A soul is not a “consumer”.

Groups gathering together for the purpose of mutual consciousness expansion, may thus decide to proceed one step further, into a higher level of spiritual work. This is the projection of expanded states of consciousness, (attained through meditation) into the world at large. Group Intent may be projected locally, regionally, continentally or world wide, depending upon the preference of meditators. As a general rule of natural law, the larger the scale of focus and the higher the level of Intent employed, the greater will be the resulting spiritual effects. The raising of world consciousness as a meditative focus has very powerful potentials. A group may “raise the world” as follows;

RAISING THE WORLD

Meet together at a pre-arranged time and place, which will be conducive to meditational practice. Then:

- 1) Employ the usual procedure for meditational preparation.
- 2) Meditate together as a group. Use a pre-agreed meditational format, such as the Chakra Meditation, or any of the other meditations mentioned in The Perpetual Raising series. Other meditational methods with which you are currently familiar, can be similarly useful. The recommended time for this step is 10 minutes.
- 3) Once the desired state of consciousness has been gained by the meditators present, they may then, *Intend each other into higher states*

of consciousness, (see the four steps of Intent above) just as they would do for themselves as individuals. We may thus raise the state of consciousness of each other in our local groups, and/or the World Group, as described by The Perpetual Raising series. The group focus creates a reciprocating psychic field, that envelopes all present. Positive vibrations (such as love) and Intent, travel back and forth between meditators. This reciprocating field elevates all involved, to an unlimited degree of spiritual potential, (by stages). Each stage or threshold can be clearly felt by all meditators within a group simultaneously, and this is a natural aspect of group mind action. The mutual raising of consciousness then enhances the group's ability to manifest higher states of being, (such as spiritual love or clarity) into the world environment. [As a general rule of natural law, one must first be in an elevated level of consciousness, before being able to raise the environment into that level.] Again, the higher the level of consciousness of an individual or group, the higher their global, spiritual effects will be

- 4) Step 4 consists of the employment of a group visualization of the entire Earth. Visualize our planet as if seen from space. While maintaining an image of the planet in the mind, see the influence of the group in the form of a bright light, extending out from the local region in which it exists, and spreading rapidly over the entire Earth. Picture in the minds' eye, this happening again and again.
- 5) *Expand* the group mind state at the same time, while visualizing the expanding light in step four. Reach out with your feelings, in the spirit of giving and compassionate aid. Feel love, clarity and spiritual progressiveness expanding outward from the group, (throughout your body) while maintaining this visualization. Send love and clarity to the entire world and all of its peoples, just as you would a dear friend.
- 6) *Intend* that all people wherever they are upon the globe, be affected by this projected state. *Know* that they are gaining the best possible benefit from it, allowing them the greater access to their own enlightenment. *Intend* that the group mind effects so projected, render permanent benefit for the World Mind in general.

The above group focus is a fairly sophisticated combination of practices and Intentions. For this reason it is useful and often necessary, to appoint a facilitator to direct the group meditation, (sometimes according to a written format) as pre-agreed by the participants. The facilitator, (also known as the Guide in the Perpetual Raising series) acts to keep track of time, staying on the schedule needed if any, for the meditational format. They coordinate each step of the above process, keeping the joint focus unified and therefore at maximum effectiveness. When the group space is at a certain peak, it is then that the facilitator will shift the group focus from one of mutual psychic augmentation, to *raising the world* in general. Or, they may do this according to a given time frame, as desired. Individual and group meditation will prepare the meditator for more

advanced *World focuses* of this kind. Repeated “world raising sessions” will yield greater and greater results through practice, cumulatively. “Raising the world” represents the employment of highly potent spiritual Intent. It employs a more sophisticated inner focus to manifest with proficiency, but its effects are also much more powerful than simple group practice.

In the projection of any state of consciousness worldwide, groups of meditators will often note the strong “psychic feedback” that is generated, (as mentioned above). This fact will often provide very profound experiences for all concerned. The use of high levels of group Intent in this way, creates very excellent karmic results for practitioners. Projected group-mind love results in an immediate reciprocation from the World Mind, in the form of similar feelings, echoing back to the group in an amplified form. As “waves of love” are sent forth over the world, they return as a much stronger waves, a fact that resembles the phenomena experienced between individual meditators in group mind meditation.

The World Mind, like the Earth Mind, is highly sensitive and reactive. When it receives inputs such as strong love it enters a state of greater excitation, like molecules of water being brought to a boil. Meditators will thus experience powerful surges of returning psychic Energy, being reflected back from the World Mind in general. We must be prepared for these. They represent thresholds of consciousness expansion at large, and are a natural phenomena. When love or clarity for instance is projected into the World Mind, the energy fields around the planet are adjusted to a variable degree. *These psychic adjustments have lasting effects and are cumulative in nature.*

Through experience, the practitioner learns how to effectively absorb and then redirect this returning Energy once again into the environment. In sending forth love, stronger love will often be sent back to the group. An experienced group or individual, will then know this incoming surge for what it is, (psychic feedback from the fields at large). They can then absorb it, and send it outward again in an amplified form, *that is even greater than their first projection.* The experienced group is easily enabled to do this, because the resulting feedback from the World Mind gives them an enormous psychic boost. It may happen that an even stronger reciprocation from the fields at large will occur again and again in this way. Individual practitioners and groups may make use of such psychic feed-back phenomena, to boost themselves into extremely high levels of consciousness. The only real limit to how far this reciprocating psychic reaction of world-to-group and group-to-world can go, is imposed by the abilities of the practitioners themselves to sustain and employ it. In theory a single, highly experienced and motivated group mind, (seven experienced meditators for instance) could by themselves and in the above fashion, convert the entire World Mind into a much more evolved state, at least for a limited period of time. A single individual may also do this, if they have such a level of Intent as a Buddha or a Christ. Higher vibration, (greater love/positivity) clarity, right alignment, spiritual motivation, greater energy, and expansion, can ALL be sent globally in this way, benefiting all

persons wherever they may be. Current world-raising projections of Intent, make future meditations more potent on a progressive basis. Projected Intent builds up its own inertia, acting to aid future efforts. Remember that changing world consciousness is in principle no different than the changing of the “atmosphere” or “vibes” of a given roomful of people through ones’ positive presence. This fact demonstrates that natural laws apply equally to all levels of existence, (from the atomic to the multi-galactic).

The main factors which tend to limit meditational success of this type, are 1) the prevailing psychic conditions, which are sometimes more chaotic than others, and 2) that there is a great deal of inertia from the past use of wrong Intent, (past wars, negative feelings etc.) which must be offset. Also, current periods of warfare anywhere on the planet, create World Mind tension that is registered in each of our chakras. It is during these periods in particular, that we feel the most stressed and disempowered, and yet it is at exactly these times when our positive psychic projections are most needed. The collective effects and resulting karma of centuries of wrong human focus must also be corrected, just as personal karma is gradually corrected through meditation. Patience is thus required for this type of spiritual work, and persistence is most valuable as well. Practitioners should keep in mind that when changes are made in the fields at large, they rarely last at their peak level for an extended period. Love sent into the environment for instance, may render significant influence upon communities for days or even weeks at a time, which can be distinctly felt. They may also *perceptibly* last for only hours or minutes, depending upon current psychic conditions, the Intents used by practitioners, and other variables. When these psychic effects apparently fade, know that there is always some permanent spiritual gains being made, and that these will make themselves apparent over time of practice and repeated meditations. The Transformation of the World Mind is no small matter, and is a process which involves much spiritual work

World Raising Intentions

(and their associated techniques, as described in The Perpetual Raising series <http://ww.eoni.com/~visionquest> library section)

Right alignment, or enhanced connection with God, (used by Channelers) may be Intended into place on a worldwide basis. Visualize the entire Earth being covered by a bright light, representing the extension of the group influence. Intent is employed in this case, to initiate greater rapport with God, (Universal Intelligence) for the benefit of the world in general. While holding the above visualization of world-wide light, Intend that its visualization aid in the manifestation of greater rapport with the Divine, or the highest cosmic purposes that exist for our planet. At the same time, allow *That which is known as God*, to manifest Itself as a stream of influence/feeling running through your body. Let the body serve as a conduit for Divine Manifestation. Allow the body to radiate Divine Intent like a powerful, radio broadcasting tower. Visualize an expanding light that represents the manifestation of “Heaven on Earth”, “Nirvana”, or spiritual

rapture in accord with Natural Law, for every human being around the globe. See this bright light streaming in from the Universe in general, and acting upon the Earth to raise its level of consciousness. FEEL Divine love and evolutionary influence flow through the body and out through the chakras, to all beings on Earth. *Use the Intent* that this incoming light brings the greatest Divine benefit for all people, including the meditational group itself. [Groups and individuals may also employ the same thoughtform as that used in the Soulic Rapport Meditation, to gain *Divine Rapport*, or communion with God. When used on a planetary level, the Intent of God is also effectively visualized as entering into the planet Earth, via the North Pole. See the Perpetual Raising for details]

The Chi Gaining Meditation (used by Energizers) may also be converted into a world energy-raising focus. Again, visualize the entire Earth as being covered by bright light. Picture this light growing brighter as incoming Energy streams into the Earth. See in the mind's eye enormous lightning bolts entering the planet from all points in space, and raising its current level of chi. See these bolts or steams of Energy filling the Earth, (and all people upon it) causing them to glow brighter and brighter. *Intend* that this Energy enter the Earth in a balanced way, providing the best possible benefit to all people and the planet as well. Note; It is also useful to visualize the symbol of the Tao, (Yin/Yang) superimposed over the globe while drawing in planetary chi. Intend that this visualization represent a cosmically balanced manifestation of greater chi for the planet. The practitioner will note that there will sometimes arise in the minds' eye, a geometric patterning of the energy so directed. This patterning may take the form of an interlocking grid-work over the surface of the planet, semi-circular lines of force, (as with the electromagnetic lines around a bar magnet), and other such mental manifestations. These images are naturally occurring, and should be encouraged, (they should not become ones' primary focus however).

Clarity may be manifested globally by practitioners, who first enter into a state of *awareness of awareness*. (Visionaries use the Advanced Chakra Meditation to place themselves in a state of awareness of awareness, usually via the sixth chakra) Visualize the entire Earth as being covered by bright light, representative of the group mind influence. With this picture firmly in place in the minds eye, expand or in other words project, your state of clarity to the world, via this light. *Know that the Intent of greater clarity is manifesting itself* in every person on the planet, with the most progressive spiritual results. Know that it is activating the higher chakras in all people, allowing them to perceive themselves and the current world conditions clearly. FEEL clarity flowing through the sixth chakra into the World Mind, creating greater manifest intelligence among nations. Know that this greater world clarity will result in the constructive formation of treaties, accords, and peaceful cooperation.

Enhanced spiritual will, or right intent/action, (as implemented by Motivators in the Perpetual Raising Meditation/third chakra) can also be sent world-wide. Through the planetary visualization of the groups'

spreading light, *Intend* that the will to spiritually progress be manifest among all the peoples and nations of the world. FEEL with the area of the stomach, the sheer motivation and enthusiastic will of humanity to evolve and become stronger and stronger. Extend this motivation and enthusiasm to all people as one. Know that this Intent is being manifest in accord with Cosmic Laws, for the best benefit of all beings on this planet.

Love, (heightened vibration,) can be projected around the world in greater and greater levels of intensity, through a global visualization of light. Picture the group effect expanding around the planet, while FEELING love, especially in the area of the heart, (fourth chakra). As the visualization of light expands around the world, FEEL a corresponding expansion of love as it similarly travels outward. [This is accomplished by the psychic specialists known as Purifiers] Let love build up within your being, preferably throughout the entire body. Send it out into the world just as you would to a most beloved best friend or soul mate. Let all people be psychically bathed in its uplifting effects, while occasionally visualizing how people will look when effected by this high vibration. See in the minds eye people all around the world deeply moved, strengthened and empowered, by loving vibrations. Know that this love is manifested for them according to Cosmic design, and with the most progressive, evolutionary effects.

The expansion of all the above focuses around the globe is implicit to some degree, when using such visualizations above, and the Intent to *Raise the World*. (Manifestors will therefore focus on the expansion of the group state around the Earth. They act to aid all other psychic specialists in the projection of their specific focuses above, as a boosting of their psychic influence)

[The psychic specialists known as Guides, will perform their usual function of *Field Coordination in group world-raising*. They will use their Intent to help coordinate the entire World Mind. While visualizing the light of the group spreading world-wide FEEL throughout the body, each of the six modes of consciousness expansion mentioned above. Focus on each one in turn as you are lead to do, according to felt need. Sometimes there will be more need of increased group and world love, so the Guide will focus on vibrational raising. Sometimes there will be a felt need of greater group and world clarity, and the Guide will then focus accordingly. At other moments there will be a felt need of greater Divine Rapport, at which time the Guide will Intend more right alignment, etc. In this way the Guide will act first to strengthen the psychic cohesiveness of the group, and secondly to coordinate *the raising of the World Mind*. For this reason their focus must be as unwavering and as motivated as possible, for obvious reasons.]

In all of the above “world raising” functions and focuses, practitioners may expect considerable psychic feedback in ways which are unexpected. As mentioned, a focus of love will produce greater love in return, yet sometimes there will occur very unexpected psychic phenomena, such as the hearing of melodic tones, dizziness, the seeing of geometric

patterns and more. Projected clarity produces raised clarity levels for the group, but sometimes the insights which result, are so profound that they will act to distract practitioners from their world-raising focus. Make effort not to be so distracted, and instead be motivated to hold an even more purified and dynamic spiritual focus. Right alignment Intended upon the world will similarly bring increased soulic and Divine rapport for practitioners involved, but sometimes to degrees and in ways which produce both awe and wonder. Increasing the world's chi, will act to energize all meditators. This may sometimes reach a point which causes the practitioner to feel as though their body has enlarged and/or strengthened, many times over in a matter of seconds. Keep these facts in mind, and allow the body to accommodate the spiritual changes it will undergo as a result of such psychic transformation.

Part 4 of 5

There can be no doubt that the world situation today is grave. It is becoming increasingly apparent that the institutions, governments, and traditional methods of society, have little effectiveness in solving a collective crisis of global proportions. In this respect even wholesale environmental destruction or international war, is not the true essence of the modern crisis. Political parties and social policies are not in themselves at the root of human suffering. Wars and corruption are not at ultimate fault in the failure of world peace agendas. All of these conditions of the modern age are but symptoms of a central problem, one that is far beyond the reach of presidents and governments to remedy. Our worldwide social obstacle to fulfillment as a species, comes from the central root of wrongly focused consciousness. Therefore, the modern condition stems not from procedural inadequacy, but from a deep spiritual deficit.

Thousands of years ago we began to collectively assume that the purpose of life was the accumulation of material possessions beyond need. Materialism arose through artificial thinking, and we began to fear truth and our true nature, as spiritual beings. As we turned away from our spiritual selves, we also began to de-value nature and even that which is called God, as a spiritual resource. In doing this, we began believing that only what is immediately perceived by the senses has any value in life. It is this spiritual deficit which drains the energy away from all efforts at world peace. It is materialism which robs our natural joy of its sparkle, making fear the materialists' ever-present shadow. To reverse the trends of the modern condition, it is our responsibility to turn away from materialism and the society which embraces it, to again realize the central purpose of life and living. This central purpose is the expansion of consciousness. Consciousness has always driven the course of evolution forward, and even now it is the central foundation for every reading eye, every breath, and every act we perform. To expand consciousness is therefore to

fundamentally change and improve our every act in life, and also to intentionally evolve ourselves and our planet as conscious beings.

There can be no political solutions. The systems and laws created by humanity are not the essence of reality, and cannot be the source for our renewed progress in peace and spiritual prosperity. We cannot realistically expect to find peace and fulfillment within the folly generated by politics or modern governments of any kind. The reason for this is clear. There is yet a much higher order than that which has been invented by courts, popes and presidents. This higher order is known as Nature, and its edicts are those of Natural Law. In applying ourselves to this higher order completely, and without allowing interference from the inferior laws of human-kind, we are then freed to ascend and evolve at will. But to accomplish this significantly greater degree of enlightenment, the willingness to both reject society, and disregard its petty considerations as irrelevant, is extremely useful. Modern beliefs in the Dollar as God for instance, simply must be dethroned, and so must the governments and corporations who peddle such religious notions. To reject materialism is therefore necessary to significantly progress on the path of spiritual realization. This act becomes a matter of lifestyle, and not just intellectualism. In so doing we find that our only true need is to satisfy the intentions of both our own souls and Nature/God.

The road to greater self realization is endless, and there is no such thing as ultimate enlightenment, only higher and ever higher levels of spiritual embodiment. One of the main obstacles to progress on this road, is belief in that which is not in accord with natural law. In other words, belief in the false, is as sure a deterrent to real progress, as is apathy and ignorance. To expand our consciousness then, it is of paramount importance to re-evaluate all the suppositions which make up the modern world. In so doing we find that society has been permeated by the lies of centuries. These falsehoods are a block to not only personal enlightenment, but world peace. The more false beliefs are removed from the mind, the more consciousness will tend to naturally expand. Likewise, the more consciousness expands, the more we tend to challenge the status quo in the most fundamental manner, because clarity and love allow insights into what is normally accepted as unchallengeable.

Those who have already challenged the falsehoods of our day, have emerged victorious in their defeat of personal illusion, to a great extent. It is they who are ready to cooperate in the spirit of good will, for the further growth of not only themselves, but the entire planet as well. In some practitioners the realization of what is naturally true and therefore worthy of life focus, (and what is not) has grown to a great extent. At this point they are prepared to engage the power of their consciousness to actually *manifest a new world*. It is understood at some level by such persons, that intent is a force of consciousness which is capable of not only transforming the self, but also the environment in which we live. As we combine this inner force of Intent together for the sake of mutual upliftment, our spiritual will begins to reverse the trends of society. In effect it begins to transform the state of the World Mind, or collective consciousness of

society. Such effects are manifest initially on a psychic level, and subsequently on the physical level of social relations. Just as love is made perceptible when lovers enter an otherwise cold room, so too is are the loving intentions of meditators from around the world, in combined focus.

Through group meditation we are making perceptible and cumulative shifts in the “world vibration and intent”, (World Mind). In so doing, world meditations act as a psychic/social purifier, of international fear and discord. The world crisis can ONLY be effectively addressed at this level of international and domestic action. Political and social reform *cannot* in themselves be successfully implemented by throwing dollars at the collective symptoms of spiritual disease. Only by addressing the root of the modern crisis, in the expansion of consciousness, do we have any real hope of the lasting improvement in the human condition. This is true because no system or constitution, no matter how noble its original intention, can afford lasting peace so long as the consciousness of those who implement it remains lacking. The maintenance of high(er) levels of consciousness, using a progressive intent on the other hand, can take any system or document, no matter how corrupt, and turn it into a productive and satisfying social collective. Let us then turn our attention away from corrupt political parties, social systems and governments, to the true source of governance which cannot lead us astray. Let us return to nature and natural laws, to God and soul for real nurturance in the application of genuine wisdom. In accomplishing this we expand the essence which underlies our every act, and which the soul knows well. This essence is consciousness itself, composed of energy, awareness and intent, just like everything else in the cosmos.

There are very notably six major focuses, or intentions, which have consciousness-expanding properties. These six are described intensively by the Perpetual Raising series as;

- 1) Energy, (the progressive gaining thereof).
- 2) Vibration, (or love, and the progressive raising thereof).
- 3) Clarity, (or awareness of awareness, and the progressive crystallization thereof).
- 4) Expansion, (of the progressive enlargement/manifestation of any state).
- 5) Right Intent/action, (ever increasing spiritual will).
- 6) Right alignment, (the deepening of one’s connection to God, Nature and soul).

These have been described in detail previously, (see the Perpetual Raising). The reader is invited to explore how these six intentions, or focuses, combine to greatly expand ones’ consciousness raising efforts.

For the practitioners’ reference, the following table demonstrates the effects in combining two or more elements of consciousness expansion. This table reflects very similar results at the personal, group and worldwide

levels. Cross-reference the six elements of consciousness expansion below to find their combined result. Note that clarity combined with clarity, (the first cross-referenced cell below) simply results in more clarity, and therefore an “X” is shown. Clarity combined with love, (vibrational height) results in “Ecstasy, enhanced intelligence, great spiritual insight”, etc...

THE COMPLIMENTARY EFFECTS OF THE SIX ELEMENTS OF CONSCIOUSNESS EXPANSION, UPON THE PRACTITIONER, GROUP AND WORLD

Cross reference each element as shown:	CLARITY (Visionaries)	VIBRATION (LOVE) (Purifiers)	ENERGY (Generators)	RIGHT ALIGNMENT (Channelers)	EXPANSION (Manifestors)	SPIRITUAL WILL, (right Intent/action) (Motivators)
CLARITY (Visionaries)	X	Ecstasy, enhanced intelligence, great spiritual insight	Enhanced mastery of Energy, dynamic clarity levels	Clearer perception of soul, God and Nature, insight into Mastery/truth	Greater area of effect of manifest clarity	Very stable insights, enhanced control of awareness and energy
VIBRATION (LOVE) (Purifiers)	Ecstasy, enhanced intelligence, great spiritual insight	X	Powerful, deep states of love which are long lasting	States of extremely high vibrational levels, spiritual rapture	Greater area of effect of manifest love	The enhanced ability to ascend vibrational levels at will
ENERGY (Generators)	Enhanced mastery of Energy, dynamic clarity levels	Powerful, deep states of love which are long lasting	X	Enhanced ability to maintain soulic and Divine connections	Greater area of effect of raised chi	Psychic action and personal power are enhanced
RIGHT ALIGNMENT (Channelers)	Clearer perception into soul, God and Nature. Insight into Mastery	States of extremely high vibrational levels, spiritual rapture	Enhanced ability to maintain soulic and Divine connections	X	Greater area of effect of (induced) right alignment	The Intent of God is empowered to act within, the ego is transformed into Divine vehicle
EXPANSION (Manifestors)	Greater area of effect of manifest clarity	Greater area of effect of manifest love	Greater area of effect of raised chi	Greater area of effect of (induced) right alignment	X	Enhanced spiritual will is manifest according to visualized parameters
SPIRITUAL WILL, (right Intent/action) (Motivators)	Very stable insights, enhanced control of awareness and energy	The enhanced ability to ascend vibrational levels at will	Psychic action and personal power are enhanced	The Intent of God is empowered to act within, the ego is transformed into Divine vehicle	Enhanced spiritual will is manifest according to visualized parameters	X

Naturally, the graph above only shows the simple combination of two types of Intentions at a time. For the advanced meditator who has a disciplined mind, all six of the above elements can be used simultaneously, or one after another in succession. In so doing the advanced practitioner can render much greater results than those shown above. But in the group setting where practitioners specialize in their Intentions, each participant need only focus upon one type of Intent at a time, while keeping aligned with other specialists and their effects. Such specialization amplifies the group-mind strength of the meditation, to expand the consciousness of all involved. This accounts for much of the psychic power inherent when meditators specialize in their Intent, for the good of the group.

Individual practitioners and groups are invited to explore the potentials of the multiple focuses listed above, in the World Raising meditations. This table is only a rough outline of the potentials involved with the multiple use of the six intentions above. Many potential effects other than those listed are very possible. Only experience and experimentation will reveal greater specifics, (and exceptions) which exceed the scope of this present text.

Groups and individuals are invited to try variations on the meditational themes presented in this article series, (and that of The Perpetual Raising). Practitioners within local groups may opt to mutually focus upon only one of the six consciousness expanding focuses at a time. A group may meet for instance, for the expressed purpose of gaining mutual clarity, and projecting this sole quality to each other and the world. Greater love, energy, right alignment, expansion, and spiritual will, may also be the sole subject of group or individual focus, for the duration of a given meditation. The most highly recommended technique however, is the specialization of Intent within the group, meaning that each individual member take on one of the six specialized roles above, for the good of the collective focus. When meditators do this, they employ their specific focus in both raising themselves and everyone else in the group AS ONE. Generators for instance, will raise chi not only into their own bodies but all others present, by visualizing the entire group as gaining energy, (see Perpetual Raising series). The minimum recommended number for such specialized groups, (where each of the six consciousness expanding elements is represented) is seven. This number includes the six focuses above, as well as the position of Field Coordinator or Guide, (see the Perpetual Raising series). Additional participants over the recommended seven, are perfectly acceptable and desirable, due to the *Group Mind principle*. In the case of our Global Group Mind Meditations, such focuses render similar psychic effects, except at a distance. *Remember that consciousness is not bound by time or space.*

Thus far we have discussed the raising of the World Mind of Humanity, particularly in Part 3. The consciousness of the Earth however, (the Earth Mind) may be raised even more readily than that of the World

Mind. Interestingly, the individual and group-mind raising of the Earth Mind, results in various psychic effects, which are generally more pleasant for the practitioner. Earth-raising Intentions create feedback that is qualitatively different than that received from most modern human communities, or the World Mind in general.

To focus awareness upon Nature, is to implicitly align ones' consciousness with the plants, animals and minerals which compose it. Most animals and plants do not possess the same mental capacities as the human being. This fact however, does not imply that the consciousness (intent, awareness and energy) of plants and animals, is to be underestimated. Plant and animal life renders very sophisticated effects upon the fields of consciousness at large, especially in terms of group mind influence. Their collective effects are in fact very deep ones, reflecting a natural state of being which humanity has currently forgotten, (for the most part). A forest for instance is a local group mind, which is itself a splinter of the overall Earth Mind, just as a human community is a splinter of the World Mind. The psychic effects of a forest, (particularly one which has not been recently disturbed by human interference) is a source for healing and spiritual regeneration. This is especially true of old growth forests.

The natural states of being found in wild areas have very profound qualities, which we may regain if the Intent to do so is in place. Among these qualities are high, wide-spectrum vibrations, (feelings) high energy levels, a purity of Intent, and expansive, unobstructed clarity. Even Divine connection, (right alignment) is enhanced in nature. For these reasons, the Native peoples of the world have always rightly considered nature to be their very source and temple of God, and worship its forms accordingly.

In acquiring natural states of mind, we are returned to the dignity of a balanced lifestyle, and deep wisdom for right living. The practitioner should take every opportunity to align themselves with Nature and natural areas, so as to regain their many psychic benefits. Alignment with the Earth provides a psychic cleansing of the body/mind. The high vibrational levels of natural areas, and their full spectrum of radiated, (psychic) emanations, balances our state of being. They make us more receptive to the inputs of the soul and the Divine. With knowledge of consciousness we may even access the wisdom of the Earth Mind, as the holder of eons of wisdom, just as Native peoples have always done. The Earth Consciousness maintains those states of right living and evolutionary Intent, which benefits all creatures. Thus it is an indispensable resource for spiritual regeneration, in this current artificial-ized age.

To achieve greater mastery of the self and progress as souls in bodies, we must make full use of our Earth connections, for these are our

true foundation as biological beings. So long as we are in a physical body, we must attend to the physical realities of existence and spiritual practice. There is no better way to care for the balance and well being of the mind and body, than to stay aligned with the Earth Mind. This is accomplished in large part through natural and practical living. It is also accomplished by communing with nature, while in meditative states of consciousness. The same is true for our collective consciousness. For society to regain its balance and natural wisdom, we must all return en masse, to the Earth for council and healing. This is an inherent part of spiritual practice and cannot be neglected.

The World Raising meditations mentioned previously, (for use in World Mind improvement) may also be used in the context of Earth Mind benefit. Basically, the same procedure may be employed in Earth Raising as those mentioned in Part 3 of this series. Groups of practitioners may meet at a specific time and place that is appropriate for meditation. In Earth Mind focus, the place of meditation is ideally a natural area such as a forest. It should also be one that will be relatively undisturbed. Holding the meditational setting in a natural area is not a necessity, but it is a bonus for the achieving and maintaining of higher consciousness. The felt, psychic emanations of plants and animals act to relieve the stress of urban living, implicitly performing the function of psychic protection and spiritual purification. Forests act as a literal “psychic buffer” from the general stress and fear in society. This makes them ideal places for meditation and psychic/spiritual work of all kinds. If it is not possible for the group to meet in a natural area, then an acceptable alternative will have to be a communion with nature via the power of thoughtforms. To employ thoughtforms of this kind even while in the midst of a large city, one need only hold the visualization of being in a deep forest, (preferably involving all of the senses of sight, sound, touch, smell and even taste). By picturing yourself in a forest in this way, you create a resonant thoughtform-connection with nature, which is the second best thing to being there yourself. Perform this thoughtform connection for 3-10 minutes prior to your Earth Raising meditation.

Note the differences in the following meditation, to the World Mind-raising format, (see Part 3);

- 1) Employ the usual procedure for meditational preparation.
- 2) Meditate together using a pre-agreed meditational form, such as the Chakra Meditation. This step may be shortened according to preference, and the experience level of the group.
- 3) Once the desired state of consciousness has been gained, meditators may then turn their focus to one another. A raising of mutual consciousness through group mind focus, will always enhance the group's

ability to project higher states of being into the environment. A group which first elevates itself through the mutual Intent *raise*, is then in a better position to psychically aid the Earth Mind. The higher the level of consciousness of an individual or group, the higher will their psychic/spiritual effects be, as a principle.

Note;

The group may opt to include the local surroundings they are in, as a part of the mutual, group mind enhancement process. Each meditator may visualize and feel not only the psychic connections between themselves, they may also visualize and feel the connections with surrounding trees, animals, the land in general, etc. In essence, practitioners may include in their group mind, such entities as trees, animals and even surrounding regions.

The group can then proceed to raise its mutual level of consciousness through the Intent to do so, (as described by The Perpetual Raising series). The recommended length of this step is about 15-30 minutes, as coordinated by the Guide or other facilitator. Once a group has raised its collective level of consciousness to a degree that is mutually satisfactory, they may then proceed to step four.

- 4) Step 4 consists of the employment of a group visualization of the entire natural world. Visualize our planet as if seen from space. See in the mind's eye all the great remaining forested regions, the deserts, oceans, rivers, plains, the atmosphere, polar ice caps, the molten core beneath the surface, etc., of the Earth.
- 5) While maintaining the image of the planet in the mind, see the influence of the group in the form of a bright light, extending out from the local region in which it exists, and spreading rapidly over the entire Earth, (and all of its natural areas).
- 6) *Expand* the group mind state at the same time, while visualizing the expanding light in step five. Feel love, clarity, energy, right alignment and spiritual will *expand* outward from the group, (as registered by the feeling/Awareness throughout body). It is important to do this while maintaining the light visualization. Send love, clarity, greater energy, Divine connection, (right alignment) and spiritual will to all parts of the planet, including the Earth's core and surrounding atmosphere. In sending these out simultaneously, a group of seven or more meditators can create a very powerful psychic effect. This effect is of great aid to the Earth Mind. Practitioners will note that after they send out such intentions for the aid of the Earth, it will respond by sending a reciprocating wave of consciousness back to the group on a progressive basis. The higher the states of consciousness sent into the Earth, the greater will its psychic feedback become. This is sometimes not the immediate case, when dealing with the World Mind of humanity. Be

prepared for this feedback-reciprocation, it can give you an enormous spiritual boost!

- 7) *Intend* that the Earth Mind as a conscious entity, gain the best possible benefit from the projected qualities of the group. *Intend* that the effects so projected, render permanent benefit for the Earth Mind and all of its creatures in general. In so doing you will gain the support of the Earth Mind, and achieve very high states of consciousness, (as well as receive profound insights on many occasions).

Part 5 of 5

All things in the universe have at their basis, one fundamental essence which governs their creation, destruction and on-going actions. That singular essence is consciousness, (also known by some as God, or the Unified Field). Everywhere in Nature does consciousness exist, providing unity and cohesion for all beings. Since we are beings of Nature, we too not only possess consciousness, but are in fact composed by it. In meditation we learn that the consciousness within is the same in essence as the consciousness in our environment. It is due to this fact that all psychic phenomena, synchronicity, synergy and group mind actions are possible. Governing all consciousness is that which is called Intent, which initiates or sustains every action. Of second-most importance is Awareness, which focuses where intent directs. Finally, Energy serves as the raw material, (particularly at the sub-atomic particle level) wherein Awareness enters to create new patterns, (morphic fields) according to Intended parameters.

Meditation also reveals that we have within our power the ability to direct Intent, (and therefore Awareness and Energy) at will. The greater mastery of Intent is therefore the greater mastery of all aspects of life, so long as we exercise the will to improve. We may even raise our level of intent, thereby entering progressively higher plateaus of being. This is the act of Intent transforming itself! This act is known as intentional self evolution. We may *Intend into place* ever higher levels of consciousness within ourselves. Because of our unity in consciousness with the world, we may also Intend into place a higher World Mind, (collective consciousness, together). As mentioned in the Perpetual Raising series, there are six major avenues to accomplish this, as determined by Natural and Spiritual Law. Any of these six may be Intended into higher levels in the self, (such as greater love and clarity for instance) and without ultimate limit. When this is done in the self to a certain minimum extent, the result is Mastery. When it is done on a world-wide level to a certain minimum extent, the result is World Enlightenment. Through such means we may literally fashion ourselves into a species of spiritual masters...a planet of Buddhas and Christs that can be the glory of the galaxy. Through Intent we may *Manifest World Enlightenment*.

Any of the six consciousness-expanding focuses, may be used to raise both the Earth and World Minds. Greater clarity, higher vibration, (love) and energy levels, right alignment, (with God/Nature/soul) spiritual will, (right Intent/action) and expansion, can all be used effectively to aid Earth consciousness. This may be accomplished in any local area, forest, region or planet-wide, depending upon one's preference and ability. Generally speaking, it is easier to raise, (Intend into place) the consciousness of a local area, than to significantly raise the entire planetary body. Likewise, it is easier to raise one's own consciousness than to raise a local area. Larger area "broadcasts" of love and clarity however, render greater psychic feedback to the meditator or group. It is up to each individual to gauge the extent of their effective psychic broadcast at any given moment, just as an athlete takes into account their current level of physical fitness. Let feeling be a guide in this regard. As inner feelings elevate, know that you have "Intended", (manifest) successfully. However, like the physical athlete the psychic practitioner is well advised to constantly push the limits of their psychic endurance and strength, and thereby gain greater ability. Be persistent in your casting of such Intentions as love and clarity to the environment!

The functioning of the chakras can often be likened to that of muscle groups, in that they "enlarge" and strengthen through use. It is wise then, for the beginning meditator to practice *manifesting positive intentions* into the environment on a small scale. After a short time they may then attempt larger scale projections, of the six consciousness-raising intentions noted above. Groups of meditators though, need not be so conservative in

the scope of their projected Intent. Due to the group mind principle, a cohesive group is very much like *a greater being unto itself*, with much higher potentials than the mere addition of like minds. Intentionally formed group minds have collective spiritual abilities which surpass the comprehension of the large majority of participants. This is a major value of group meditation. Such group-empowered spiritual abilities, allow meditators to manifest very powerful psychic influences upon a much larger scope, than the individual alone.

Each of the six consciousness expanding Intentions, act to create useful, spiritual manifestations in the fields at large. This is particularly true of meditations which focus upon *Earth Mind raising*. Our very purpose as beings of the Earth, and as the products of natural law/history, is to coordinate and raise the Earth through our well-focused Intent. Individuals and groups are again encouraged to experiment with the use of various projected Intentions of a progressive nature, for the good of this planet. The varying psychic results, (feedback) which occurs as a result will fascinate the meditator as to their depth and startling implications. Practitioners will find that the Earth Mind is a far more receptive and responsive group mind than is the World Mind of humanity. The openness, flexibility, high vibration and most of all, positive Intent of the Earth, makes it an excellent ally in spiritual endeavors of all kinds. The Earth retains the natural intelligence and wisdom of which humanity was formerly a part. It thus remains as one of the foremost guides for right action, right Intent and right living in general.

As a collective mind however, the Earth is not as powerful or as balanced as it used to be. In the past several centuries of deforestation and species extinction, brought about by an imbalanced humanity, the Earth Mind has suffered great losses in its ability to regulate itself in a cohesive manner. The forests and extinct life-forms, which once acted to fill out the psychic feeling-spectrums of nature, and which contributed to its collective intelligence, are now seriously depleted. This condition is analogous to a given human being losing say, a fourth of their brain cells, resulting in a noticeable depletion of manifest intelligence and capability. A reckless humanity has forgotten the more important value of the natural world, and has wrongly viewed the forests and oceans as merely reservoirs of material "resources". This is a serious error in judgment. The primary value of life is not in its material composition, but its psychic and spiritual contribution to the collective consciousness planet-wide. The real truth of the matter is that humanity as a species, is a "resource" for Natural Intelligence, so that It may expand Itself. By destroying the balance of nature, we are implicitly

destroying our own inner balance. The surrounding ocean of consciousness keeps us intimately interconnected with the condition of the Earth. We are a part of nature inseparably and unavoidably due to its universal laws, and sooner or later we must acknowledge this fact or fail as a species. The projection of the strengthening qualities of love, clarity, right alignment, spiritual will and increased chi, are very much needed by the Earth at this time. As these elements are *Intended into place* by practitioners around the world, the Earth Mind is allowed a better opportunity for efficient self regulation and conscious evolution. The environmental imbalances we see today are not simply of physical origin. They are also a result of a decay of Earth consciousness, particularly because of chaotic World Mind influences and deforestation. Practitioners may act to reverse these psychic trends, (which are primarily composed of pain and fear) thereby offsetting much of the destructive karma of humanity.

Practitioners may commune with natural areas, thereby receiving benefit from them through the use of thoughtforms, and a knowledge of consciousness. They may in turn, also do much benefit for nature by *Intending into place* valuable qualities of consciousness, such as love and clarity. In so doing they fulfill the true purpose of humanity as Earth Stewards, contributing directly to the welfare of the planet. Practitioners become the coordinators and overseers of the (unified) fields at large in our world, ensuring that only the highest and most progressive Intentions are manifest. In this way, the meditator becomes an agent of Divine Intention, and evolutionary progress.

The following recommendations are just a few examples of how practitioners may send and receive psychic benefits, to and from the Earth.

COMMUNING WITH NATURE

The practitioner should first enter a state of *Awareness of Awareness*, (see Advanced Chakra meditation in *The Perpetual Raising*) as a preliminary for spiritual work with the Earth. This state will allow direct contact with the Awareness and Intent of the planet, as well as the greater ability to channel Earth chi. Such a state is without thought...the mind is instead focused on the Focuser Within. After achieving *Awareness of Awareness* in a quiet place, preferably one that is in nature itself, the meditator may employ any number of thoughtforms which are effective in Earth Mind interactions. In the case of communing with natural areas to receive their benefits, the meditator may visualize the region or area they are in as if seen from above. While maintaining this image, (which need not be technically accurate) see it shrink to about the size of the body. With the image of the region thus reduced, visualize it superimposing and merging with the your own body and mind. Use the Intent that this image will make a strong psychic connection with the surrounding natural area, and all of the plants and animals therein. Intend that the natural energy, awareness and Intent of that region, enter into the body/mind as a result. Maintain this image superimposed over the body for at least 15 more minutes, in addition to a preliminary *awareness of awareness* meditation.

Then, wait quietly in a state of centered *clarity*, for information and/or altered states of consciousness to make themselves apparent. If you wait patiently in a stillness of mind, spiritual revelations will show themselves as intuitive flashes of insight. There will also be unusual feelings and energies running through the body on occasion. Just be receptive to these. In most cases, the messages received from the natural consciousness at large, will be simple, direct and self-explanatory. Embodiment of such information will increase the practitioners' wisdom, strengthen the body and clarify the mind.

A variation of this "communing" exercise is to visualize oneself as a part of an ocean of Energy, as one center of consciousness among many. Visualize this ocean stretching outward for tens, or even hundreds of miles in all directions, as it connects you with animals, trees and other forms of nature. *Expand* your feelings and awareness out into this ocean, (particularly those of love and clarity). Wait with a quiet mind in *Awareness of Awareness*, for whatever knowledge and states of consciousness are sent back to you from the Earth Mind. After a few minutes *expand* your feelings and awareness again, out into the visualized ocean of Energy. [Note; It helps to take a deep in-breath before every expansion, in the manner of the *Chi Gaining Meditation*, (see the Perpetual Raising). With each in-breath, visualize lightning bolts entering the feet and accumulating in the body as an ever-brightening glow. This will increase your level of chi, and make all efforts for the outward expansion of your feelings and awareness, far more effective.] Again passively wait for incoming results, while in a state of *Awareness of Awareness*. Repeat this procedure for as long as desired, and be receptive to the inputs so received. Seek to understand and apply received information and states of consciousness. Messages will not usually come in the form of words, but rather, feelings and images in association with "intuitive knowledge packets". These "information packages" sometimes contain huge amounts of information, or just simple "advice". [See The Earth Mind Material in the WMS Library] It is up to the practitioner to decipher these messages from the Earth Mind, into a practical, crystallized form. This can be a lengthy process, shortened only by living in accord with natural law, a simple lifestyle and further meditations. It is also useful to write these impressions down soon after they are received.

Always remember that the Earth Mind is a functional and wise collective consciousness. It has its own Intent, Awareness and Energy as a planetary system. It is aware of many things, which the majority of humanity would never suspect. Although this Awareness is of the same essence as that found in the human being and in all other places in the universe, it does not function in exactly the same manner as human consciousness. The ant also possesses Intent and Awareness, but it would be equally inaccurate to say that an insect's consciousness functions according to the same parameters as the human being. The more evolved a system of consciousness is, the more sophisticated are its functions, even though it is based on the same universal constants of Energy, Awareness and Intent. The Earth Mind is in most ways, a collective consciousness which functions in modes that are far more sophisticated than any one human being. It has

“motive” and purpose just as we do, and yet we must be careful not to personify the Earth. It is by no means comparable to a human mind, any more than an ant’s consciousness is, at the other end of the spectrum of sophistication. Although the Earth Mind is currently off balance, it is never the less an intelligence vast and ancient, one that is primarily responsible for our very existence.

It can realistically be said that Earth Mind consciousness is the local presence of God. The Earth is a place where Universal Intent continues to be intelligently carried out. Native peoples worldwide have always recognized this, and treat the Earth as a sacred Being accordingly. Any planetary or stellar body possesses consciousness in fact, as do all life forms. This planetary body upon which we live though, has a very enriched consciousness, because of the diversity of life present here for eons. This intelligent Earth can be our advisor if we choose to listen to its council. Its advice to us contains the messages of union with nature, and the re-adoption of natural ways, so that we may regain the depth and wisdom our species once possessed. The Earth Mind message is that of God and our own souls, of love and oneness with the consciousness at large, and also ways to achieve Mastery. By embodying such messages we adopt right living. It is the same one advocated by the spiritual Masters of all time, and this is no mere coincidence.

The Earth Mind plays a very critical role in our lives, though this has been largely forgotten by society. It is fully capable of supporting or withdrawing its support, from any person or group of persons, depending on the Intent they employ. Earth Mind support comes in the form of increased Energy, enriched Awareness, and the realization of how to employ higher levels of Intent. Thus the Earth “seeks” to enhance those persons who employ appropriate spiritual Intent, one that benefits all people and Nature alike. Practitioners should seek to gain Earth Mind support and maintain it, as they would a valued friend and trusted advisor. To gain the Earth’s support, the employment of natural Intentions, (carried out through the recognition that Nature is an intelligent force with its own higher ends) is a good place to start.

The practitioner should also keep in mind that the purpose of life and of humanity, is the expansion of consciousness. One of the few things of

real value to the Earth Mind, is the continued survival of the full spectrum of species in dynamic harmony. This is so because every life form emanates a unique psychic signature of feeling and awareness states. Each species thus enriches the Earth and World Minds, so as to facilitate the evolution of consciousness. Also important to the Earth Mind, like all centers of consciousness, are those states of being which are progressive. Love, clarity, and those states enhanced by right alignment, as well as greater levels of chi and spiritual will, are all inherently valuable to the planet and the universe in general. These aspects of consciousness expansion are also of primary value to any soul as well. It is apparent that what our own souls value, has a great deal in common with the Intentions of the Earth Mind. This is predictable since both are composed of consciousness. Both exist in accord with the natural laws of the universe, (also known by some as the Will of God).

As the practitioner raises their own level of consciousness, their value to Nature and the Earth Mind increases accordingly. Those who embody greater and greater levels of love and clarity for instance, progressively gain states of being that do real benefit for this planet. The benefits of love and clarity are rendered simply by their continued presence. By embodying these states of consciousness, we act to further the aims evolution (the course of natural history). By expanding personal consciousness, we literally fulfill not only human evolution, but also planetary and cosmic evolution. Our success as evolving beings is in some noteworthy measure, also the success of the entire planetary Mind upon which we live. Thus the Earth Mind “desires’ or “Intends” that we succeed in this endeavor, and it will support anyone who supports this cause. This is what is called “gaining the support of nature”, and it is accomplished by carrying out the aims of natural law/design. To work for the cause of evolution, by expanding personal and collective consciousness, is to gain the Earth as a personal ally. So long as we work for this cause it will continue to support us.

We have only begun to realize the potentials of benefiting each other through group mind action. To a much lesser extent, does our society realize the benefits and implications of working with Earth Mind consciousness. By acting on behalf of spiritual purposes, we develop a deeper and deeper relationship with the Earth on a direct basis, *for it is aware of our effects and Intents*. To Intentionally work with Earth consciousness, develops our relationship with it at a very accelerated rate.

Keeping the above in mind, the practitioner may begin a meditational session of any focus, with the ultimate Intention of working with Earth consciousness. Regardless of specific differences in personal meditational practice, all expansions of consciousness are of value to the Earth Mind and the World Mind alike. All gains made through spiritual practice of any type,

are of value to our race, our planet and each other. In essence, specific techniques are ultimately irrelevant. Only progressive, spiritual Intent creates the needed planetary changes. Realize this and make full use of the fact, for it is extremely important.

RAISING THE EARTHMIND

Whenever we enter useful states of consciousness through meditation, prayer, contemplation, in friendship or a loving relationship, we then have the immediate opportunity to employ them for the benefit of the world. Whenever we feel love, we may then project this state to the world, by *immediately expanding it* into the environment. [Visualizations will add potency to such projections, by giving the outgoing spiritual Intent a specific structure through which to manifest itself.] FEEL love expand away from you, throughout your body. Just as we can project/visualize feelings of love and respect to people we care about, we can in exactly the same way, project love and respect for the Earth as a whole. When we consistently engage in this practice, we become Earth Stewards, whose spiritual privilege it is to carry out the Will of God in nature.

Whenever you enter a notably positive state of mind, of inspiration, good will, love, clarity, or spiritual Intent of any kind, try taking that opportunity to immediately project that state/Intent to the entire Earth. Notice the results with a quiet mind. Use the four steps in the manifestation of Intent, to create consciousness-expanding benefit whenever possible. Experiment with this process and discover incredible beauty, knowledge and ability in return. The Earthmind Material <http://www.eoni.com/~visionquest> contained in the WMS Library, was obtained through a receptivity to Earth consciousness, using such methods as noted above. Any person or group may similarly gain much useful information, through quiet attentiveness to natural areas.

Times of extreme change and transformation are upon us all. Many people will be driven to desperation and crisis, and will begin to seriously question the validity of current social assumptions. This will seem to be a time of world calamity, and on the material level of the Earth, it is. On the other hand, it is also a time of great opportunity for our kind, to finally make the right decisions regarding the spiritual purpose of life. Those of us who seek the betterment of our species, as well as ourselves in alignment with Universal purposes, may take this opportunity to present an entirely different view of life to the public, than what materialism has offered. It is during this period of crisis that the spiritual voice will be most distinctly heard. Through the practices of consciousness expansion and the right use of *the group mind principle*, we may establish a new social paradigm, whose sole objective is the reformation of world consciousness. This is our

privilege as the carriers of the Knowledge of All Time, whose essential Truth may be witnessed by anyone who looks within.

We must rely upon our mutual strength, to carry out the spiritual mission of world consciousness transformation. No one person may accomplish this task alone. We must learn to work together to build a new world, where love and clarity are the daily norms to be expected in all social circles. This is especially true of the psychic level of social relations. To this end many meditational groups must form themselves, so as to best employ the potentials of group consciousness. *We must "raise the world" through our mutual psychic influence and Intent.* The continued formation of communities around the world dedicated to this purpose, is also very desirable. Such communities can facilitate an intensive spiritual focus, through very stable group mind action. Through these spiritual centers we are creating points of light around the globe, which will act as beacons for those who seek self realization and spiritual knowledge. May all the brothers and sisters of this work find complete fulfillment in their quest. May the World Mind be transformed, and the Earth Mind healed, according to COSMIC INTENT...