

HARMONY MAGICK



WICCA MOON MAGIC

THE WICCAN GUIDE TO PERFORM MOON MAGIC.
A WITCHCRAFT GRIMOIRE FOR LEARNING AND PRACTICING MOON RITUALS
USING SPIRITUAL PRACTICES, LUNAR CYCLES AND RULES ON
SPELLS, RUNES AND CRYSTALS

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*The Wiccan Guide to Perform Moon
Magic. A Witchcraft Grimoire for
Learning and Practicing Moon Rituals
Using Spiritual Practices, Lunar
Cycles and Rules on Spells, Runes,
and Crystals*

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Introduction

First off, I would like to thank you for choosing *Wicca Moon Magic*. I sincerely hope that it is able to help with your Wiccan practice and that you get hours of fun creating spells with the power of the moon.

This book is going to take you to step by step through the practice of moon magic. Moon magic is a powerful form of magic that harnesses the energy of the moon and helps to enhance your spells. It brings to a stronger connection with the Goddess and everything that she can give you.

We will first go over what moon magic is and what the energy of the moon can do for you. Even science shows that the moon controls many aspects of the world, especially the water, and as humans who are made up of mostly water; we are very susceptible to the power of the moon.

Then we will look at the connection of the moon to the Triple Goddess. The Goddess and the moon are very connected, and when you work with the moon, you are also working with the Goddess, so it's important to understand their connection.

Then we will look at how the moon can affect a person's intuition and creativity. You will notice that many of the spells that you will find later in the book will be about intuition and creativity.

Next, I'll share with you some of the best tools to use for your moon magic. Much of what we will talk about, you will probably already have on hand. If not, these things aren't that hard to find.

Next, we will go through the different phases of the moon and the spells and rituals that you can do during each phase. Different phases correspond with different things, so it is important if you really want to harness the moon's power, that you align your intention with the moon phase.

Then we will look at special moons what they can do for you. Special moons refer to things like eclipses and blue moons. The power during these times is stronger, so this is the perfect time to do spells that have big intentions.

Then the last chapter will be nothing but moon related magic. This is where the bulk of the spells and rituals can be found, but there are some in other areas of the book as well.

By the end of the book, you will not only have quite a lot of spells already, but you will know how to create your own moon magic. Let's get started.

Chapter 1:

What Is Moon Magic

From the beginning of human civilization, the moon has had an important role in practices and myths in cultures all around the world. For millions of years, the moon has served as a light source and a way to measure time. Just like the sun, the moon has been linked to many goddesses and gods in various cultures. Being used in both magic and myths, this heavenly body has been linked to many issues with our very existence like afterlife, rebirth, death, mystery, fertility, passion and love. The moon is still prevalent in Paganism, Witchcraft, and Wiccan practices. Normally, Wiccan covens hold rituals on the full moon so they can honor the Goddess during the Esbats. This practice can be done alone, too.

Moon's Power

Every scientist in the world knows that the Earth has an energy all its own that is different from what it gets from the Sun. The moon gives off an energy that is very distinct but subtle at the same time. Different from the sun's masculine energy, the energy from the moon is very feminine. This is the Goddess's energy. It has been described as magnetic energy that makes total sense if you have ever felt "pulled" by the moon in one way or another. People who are very sensitive can feel an actual tug in the bodies during a new or full moon. Other people might feel more awareness of things around them.

Lunar energy is perfect for anyone who likes tapping into their intuition. Our intuition is also called our sixth sense, and this is our most critical way of perceiving when dealing with magic. When we can consciously connect to the moon's energy, we are literally opening a channel or path for that energy to help us make changes to our lives. If we can learn to do this on a conscious

level and in harmony to the moon's energetic rhythms, we can intensify our magic. This happens because every phase of the moon gives us particular energy that we can harness for certain goals.

The Lunar Cycles

The relationship between the moon and magic could be described just like the moon as waning and waxing. While the moon is growing, we work magic to increase and while it is waning, we work magic to decrease. If you are looking to bring things into your life, you will work while the moon is waxing. If you want to release or banish something you don't want in your life, you will work while the moon is waning.

The full moon is the transitional point between the opposites. It is "harvest" of sorts where we can celebrate the things we have manifested during the first part of the cycle. We will then clean up. We will find and release things that we don't need during the next part of the cycle. During the new moon, we will set our new intentions for the next manifestation and the cycle continues. You can visualize this rhythm as the tides rolling in and out of the sea. Here are a few suggestions to help you time your magic to the moon's phases:

- **Dark Moon:** During the day right before a new moon, most witches won't work magic. They choose to refresh their energy for the next waxing cycle. There are others who find the dark moon is the best time to work the magic that is related to closure and this will bring things to a full circle. The moon's energy holds a destructive potential that you can use to release any karma that keeps popping into your life over and over again like things related to betrayal, abandonment, or lack. Some gems you can use during this time are clear quartz, obsidian, and tektite.

- **Waning Moon:** This would be the time for you to release energy outwardly and align yourself with inward energy. This will eliminate all negative experiences and energies. Your main goal is to do spells that help you get rid of anything that is causing sickness, resolve conflicts, and overcome obstacles. Some gems you can use during this time are unakite jasper, angelite, obsidian, petalite, black tourmaline, and calcite.
- **Full Moon:** This moon phase is the most powerful in the whole lunar cycle. Most Witches consider the day of the full moon the most magically powerful day during the whole month. They usually save their spell work that is related to important goals for this day. All magic is favored when done during a ritual under the full moon. Some gems you could use during this time are quartz, selenite, and moonstone.
- **Waxing Moon:** This is the perfect time to take action toward your goals. Beginning these goals during this time will bring you to them faster. This energy is action energy and it will push your intentions out into the Universe. The magical work you do during this time should be related to strengthening or gaining partnerships with other people. It might be a business partner, romantic partner, or making new friends. It is also a time to improve your well-being and physical health. Gems you can use during this time are emerald, rainbow moonstone, citrine, carnelian, and fluorite, and nummite.
- **New Moon:** This is the start of the lunar cycle. This is the time to dream about what you want to create in life. Magic meant to begin new ventures or projects are great to do during this time. Basically, anything that involves increasing or attracting the things you desire would be great. Some gems you can use during this time are the clear quartz, obsidian, tektite, iolite, black moonstone, and labradorite.

Enhanced Magic

Most people who are new to magic aren't in the habit of paying attention to the moon's rhythms as it orbits the Earth. If this is you, you might want to think about adopting a routine to connect to the moon daily. It could be as simple as a silent greeting or with a formal ritual.

Figure out where the moon is at and acknowledge this as a part of your practice daily. You will be able to find a full moon schedule online. This can help you become more in tune with the subtle differences during the lunar phases. From the new moon to the full moon, from the dark moon and back to the new moon again, this never-ending moon cycle gives you many opportunities to get tuned into the moon's and the world's energies to enhance your spells.

Chapter 2: The Energy of the Moon



Let this sink in for one moment... We are made up of about 70 percent water. The Earth is covered by 70 percent water. Now, who says that the moon's energy won't affect us when the moon alone can create high tides?

We are the Earth. Earth is part of us. We are the sky, moon, and oceans. Energy is around us if we will just give it attention. It could be used as a brick wall or catapult when you are navigating your way through life.

Let's learn how we can align ourselves with this energy and go with the flow.

New Beginnings

The moon's cycles start with the new moon. At this time the moon and sun are perfectly aligned but the sun's reflection faces away from Earth and this is why we can't see her glowing.

During this time the moon will rise and set during the day and it is sometimes impossible to see her without using a telescope. New beginnings and the new moon are pretty much the same things. During these times, you need to focus on the things you want to manifest in your life such as new intentions and projects.

Harnessing the New Moon's Energy

Being able to visualize is the main key here. Where your thoughts go, your energy will flow. You have to bring awareness to the energy you are working with and the things you want to bring to life. If you have conscious thoughts and can direct your intentions and energy, everything you want in life is possible.

Create a Vision Board

You have to make your desires tangible things. Things that you can touch, look at and bring to life. This can be done with poster board, magazine clippings, and glue or you can go digital and make a board on Pinterest. Your goal is to put all your intentions in one place.

When you have finished the board, look at each item and imagine the steps you need to take to make it happen. Will this take a lot of work? Will you need to ask for help from others? What do you need to do to get things moving?

Find some inspiration by defining the process for every intention. Inspiration will build momentum and momentum brings results.

Make a Sigil and Burn It

Sigils are a great way to get creative while pouring your intentions, energy, and love into your work.

The first thing you do is find some pieces of paper and start writing out statements that you want to manifest during the moon's cycle. After you have your statement, take it just as it is stated and think about all the outcomes that might be possible. It might say: "I would like to live in abundance."

That's fine and dandy but the abundance of what? Do you want an abundance of negativity? Would you like to have an abundance of weight? You have to get specific.

If you were to say: "I want to live a healthy, happy life full of abundant love." This is a lot clearer, isn't it? Once you send these out into the Universe

there can't be any confusion about what you are setting fire to. Try to keep away from using alternate definition if at all possible.

Now that you have your intention, it is time to write it again without any spaces and get rid of all the vowels and any letters that repeat. It would look something like:

“wntlvhypfbd”

This is a bit hard to read, isn't it? Now from this point, you begin to combine the words to make a symbol. Place the legs and arms in places they shouldn't be and let your creative juices flow. There aren't any wrong symbols. By the time you are through, it should feel right. If it doesn't, start over and work it until it does feel right.

Once you have it, it is something that has taken your love, intention, attention, and time. You have worked both sides of the brain to make this wish. Within the first three days of the moon's cycle, so you can harness the moon's energy, you need to burn it to release your power and intentions out into the Universe to start manifesting.

Momentum and the Waxing Moon

There are three phases of the waxing moon and all of them have to do with getting yourself ready to achieve and receive your new intentions.

- **Waxing Gibbous Moon:** During this time, you need to redefine your goals and get in tune with them. Use what has happened during the past few weeks to figure out what you need to do to refine your intentions. Things should be a lot clearer because you have taken steps and gotten insight on your goals and how they are coming along.

- **First Quarter Moon:** This is the best time to take action. Figure out the steps you need to do to reach your goals. Don't get off course when an obstacle arises. You have to push forward during this time.
- **Waxing Crescent Moon:** During this time, you need to imagine and plan your intentions. Send your desires, dreams, and hopes out into the world and focus on ways these things are going to affect your life.

Harvest Time

Things have already been set in motion from this and other new moons. This is the best time and it is waiting for you to cash in all your gifts. Look at what is sitting right in front of your face. Have any opportunities presented themselves to you that you might have missed? Do you feel a force pushing you in new directions?

You have to be vigilant, aware, and open. You have to listen with your heart to be able to hear what the moon has to say. She has the power, wisdom, and words to transform your life.

Harnessing the Full Moon's Energy

The moon's energy is most powerful when she is full. Visualization is great during a new moon. Charging yourself physically is great during the full moon. Get outside and greet the beautiful full moon with an open soul, mind, and heart.

This is the time for positive opportunities if you know how to use it right. It could increase your positive energy, or it could create havoc with your emotions.

Because the full moon brings a lot of energy, you have to make sure your mind is calm in order to receive all the positive effects. Remember that

whatever is happening to your spirit, mind, or body is going to be amplified tremendously.

If you feel angry, you are going to feel even angrier. If you feel happy, you are going to feel even happier. When the moon is full, the ocean will swell, and the emergency rooms will always have more patients. Her energy is extremely powerful so make sure you direct it along with positive intentions.

Loving energy and crazy energy will all be intensified. Just know that this is a great opportunity for you to grow spiritually and emotionally.

Here are some ways for you to use the full moon's energy to bring good things into your life:

- Send out blessings to people who need it

Because the full moon's power is behind you, you can send the pink light of loving to strangers, colleagues, family, and friends along with forgiveness, and healing energy. You can also send peaceful energy out into the world that might be experiencing war, poverty, hardship, and strife. It will give them a lot of benefits and you have just created a huge load of karma. During a full moon is the best time to do acts of kindness and be of service to others.

- Meditate

When you pray, you are speaking with your god. When you meditate, you are allowing these gods to talk to you. Bathe in the moon's glow and just breathe. Meditate as long as your body can take it and drink in all the connections, energy, and wisdom that is flying through the universe toward you.

Because the full moon gives off so much energy, you need to create stillness, mindfulness, and calm. This can be done alone or in a sacred space. You can also connect with other friends or a group. You should be able to find a spiritual center, yoga studio or online group that will come together to

meditate during a full moon. This is extremely powerful when you meditate in a group.

The ocean's tides are highest during this time and this means your tide will be high, too. You need to use this to get those messages; otherwise, they will just be falling on closed ears.

- Visualize your dreams being manifested

During the full moon is a great time to work on your manifesting techniques. Take some time to imagine your goals and they write them down on paper. It is also a good time to look at your vision board to see if you need to make any changes. Make sure your vision board is where you can see it every day. Take the time to focus on your dreams during the full moon to give them an extra boost.

- Be positive

Everyone knows we need to think positively as often as possible during a full moon so you will have the wind at your back. Positive thoughts get multiplied and energized. Even if you just take five minutes after you get up and right before you go to bed to think about all the positive things you have in your life, you will be doing a great thing for your life.

You could write out a gratitude list. You could write the Universe a thank you note for everything you have received. Look at yourself in the mirror and tell yourself nice things. Take a walk and see all the beauty around you. Visualize your positive thoughts have been sprinkled with the glitter of the full moon to make them grow larger and larger.

- Don't get angry or argue

You have to stay calm during the full moon. You have to forgive others, breathe deeply during difficult moments, and let things go. If you can't let things go, you have to communicate them with others. Try to postpone talking about what has upset you until the full moon has been gone for two days. The things that happen during this time gets multiplied. It is like pouring fertilizer on your emotions. Keep your energy moving in an uplifting, happy direction whether you are in your car, work, home, and in all your daily interactions.

Family and Friends Bonfire

Have someone play the drums, be present, breathe, and dance around the flame's energy. I was told by an elder that the spirits will see you better by the light of a fire, so make sure you are lighting the way for your spirit guides to find you so they can give you their message. Make sure you are willing and ready to receive it.

Release and the Waning Moon

Just like the waxing moon, there will be three waning moons' during the month. Everyone will help you move toward surrendering and releasing the Universe's plan along with your fate.

- **Waning Crescent:** This is the last phase of the moon's cycle and it has the lowest vibrations. You might feel exhausted and drained, but this is completely normal during this phase. This phase wants you to recuperate and relax because you have cut ties with things that have

been holding you back. While it is normal to feel tired, it is also important to surrender to any feelings you may have. Feel them, heal them and move on. You are trying to manifest greatness and it will take some hard decisions and hard work.

- **Third Quarter:** This is the best time for release. Are there things that are holding you back from reaching your ultimate goals? Is it a relationship? A job? A project that has been sucking your life out of you? Find all the things that are taking away your creativity and energy. Start getting rid of these things. If something isn't serving your greater purpose, now's the time to get it out of your life.
- **Waxing Gibbous:** Now is the time for inner reflection and introspection. Review your goals by turning inward. Make sure you have the right intentions to pursue everything that is in your line of vision. Are the things you do for the correct reasons? Will the goals you have set serve the greater good in your life? Reflect on what your goals are and redefine them if you need to.

There isn't any reason why you have to wait until the start or end of a moon cycle to begin using her energy. You can begin anytime and any day you would like. Find the moon phase for your area and jump in with both feet. Look at how the moon has already affected your life and use her energy to move you forward in the flow of the Universe.

The Eight Phases of the Moon

“I see the moon and the moon sees me.” Women have always had a profound

connection with the moon. Women crave their mystic properties, guidance, and attention. We yearn for it, just like other people yearn for daylight. The moon makes us feel powerful. We gain strength and energy from her presence. We just need to learn how to live during each phase of the moon.

The moon is thought of as female in astrology. She presides over our monthly cycles, emotions, and fertility. All females can be affected by her pull. It recedes and renews just like the tides. We feel drawn between times of introspection and introversion and we have moments of extreme energy and passion.

History can't even deny the role that the moon can play on us. The word "lunatic" comes from many different languages that reference hysteria or madness. From the Latin word "lunaticus," that originally referenced to madness and epilepsy because they thought diseases were caused by the moon; and from the Old English "monseoc," "lunatic" actually translates to "moon-sick."

Pliny the Elder, the Roman historian and Aristotle, the Greek philosopher thought that since our brains are an organ that is "moist" that our minds could be influenced by the moon's pull just like the tides.

Ujjwal Chakraborty states in his paper, *Effects of Different Phases of the Lunar Month on Humans* that many studies have concluded there is an association between the lunar phases and human reproduction, patterns of physical activity, diseases, physical health, and mental health.

Elizabeth Palermo found a similarity between the words "month" and "moon" aren't a coincidence. Every phase of the moon: last quarter, full, first quarter, and new; everyone happens one time every month. Speaking scientifically, these phases happen due to the distance between the moon and sun and how much light gets reflected onto the moon from the Earth.

It takes the moon about 29 and a half days to orbit the Earth and during this

full orbit, we can see every phase of the moon. Every phase happens about 7.4 days apart. There are very unique spiritual meaning and energies behinds every phase. Science is able to explain some of them. The others are where faith, experience, and belief have to take over.

Living their life according to the lunar phases have always had special meanings to women since we are physically and emotionally following these same phases. When the moon has to renew, withdraw, and recede every month, we have to, too. We travel across various emotional states the exact same way the moon orbits the Earth.

The more in tune we are to the phases and the way they affect us, we can learn to harness those energies instead of wasting our energy trying to fight them.

- New Beginnings – New Moon

Spiritually: New moon is representative of a woman's menstrual cycle and throughout history, women lived away from other people during this time. Don't think about the new moon as a fresh start but a time to retreat. During this time you can start over and renew your strength. Clean slates, fresh starts, and new beginnings surround the new moon.

You need to use this time to "reboot." Imagine your "battery" getting recharged under the new moon's energy. Throw all your unwanted junk and thoughts away.

In order to do this, you have to unplug yourself and take some time alone. You might begin to feel introverted and anti-social. Watch for these feelings and just embrace them. When the moon turns her dark side toward us, turn away from other people's draining energy and turn inward.

Never feel bad if you have to cancel plans, you don't want to answer phone calls, or be around other people. Turning off and tuning out is the best way to

make it through a new moon.

Scientifically: The new moon begins when the moon and sun are both on the exact same side of the Earth. Since the sun isn't facing the moon, from our view on Earth, it looks as if the moon's dark side is facing us.

- Setting Intentions – Waxing Crescent

Spiritually: This phase of the moon brings wishes, hopes, and intentions. Once you have recharged yourself under the new moon, your desires and intentions have been planted.

This is the time you need to develop your intentions, lay the groundwork for your next project, write checks to the Universe, and bury crystals.

Scientifically: When the moon begins to move closer to the sun it begins to get lighter. You will be able to see a crescent, less than half the moon will be lit until it begins to get bigger or waxes into the first quarter.

- Action – First Quarter Moon

Spiritually: Since the first quarter moon happens one week after the new moon, this is the time that we begin to feel resistance from obstacles. If you planted intentions during the new moon, you will experience your first hurdles here. Actions, decisions, and challenges will all be faced during this time.

Your time of setting intentions and rest is finished and now you have to work harder. Get ready to have to make decisions quickly and don't lose your temper if things pop out of nowhere at you. The easiest way to hand the moon is learning to be flexible. Keep your intention you set during the new moon on your mind the whole time. Make sure the decisions you make will bring the outcome to your intentions.

The best way to begin acting on them is to keep a journal. You need to

physically write and act on your intentions. Create a daily list of things you need to do and mark them off as you finish them.

Scientifically: The moon will reach its first quarter one week after the new moon. We call this the first quarter because the moon is one-quarter of the way through the monthly phase.

- Refine – Waxing Gibbous

Spiritually: Editing, refining, and adjustment surround the moon during this time. Things won't always work out the way we might have wanted to and this moon phase might help you see what you need to change directions on, give up on, or reevaluate.

If you would like to reap all the benefits of the full moon, you might need to sacrifice some things. You might need to change your course. Never resist the feelings of change during this phase.

Scientifically: The waxing moon is just one phase from turning into a full moon. This moon can be easily seen in the daytime since there is a huge portion that is lit up.

- Harvest – Full Moon

Spiritually: Since the moon and sun are on opposite sides of the Earth, they are also in completely opposite zodiac signs, too. This can bring more tension because we are fighting to find a balance between these extremes. Emotions will run high during this time. It is very important not to get extremely attached or emotional to anything during this time.

The first full moon during September is called the Harvest Moon. This is the time that farmers will harvest their crops. Just like they are reaping the benefits of the seeds they planted earlier in the year, you need to be reaping all the benefits from your intentions that you set during the new moon.

You might see these benefits show up as results from all the hard work you've done. They might show up as new opportunities, too. Be sure that you are open and prepared to receive them.

Scientifically: A full moon will happen when the moon and sun are on opposite sides of the Earth. Since the sun is sitting directly across from the moon, the light is lighting it up completely. This makes the moon look full when you see it from the Earth.

- Grateful – Waning Gibbous

Spiritually: Enthusiasm, sharing, and gratitude surround the moon during this phase.

You should feel all the benefits of the hard work you've done in the past two weeks. Your "crops" are abundant, and you should see some, even if they are small, outcomes from your intentions and goals you have set. Now is the time you will be feeling full of love. You want to give back to the people around you. You might treat your partner to a night out on the town. You might buy your friend a present just because you saw something, and it reminded you of them.

You might find yourself spending more money this week than you normally do. Don't go overboard on your spending but don't feel bad about what you have spent on the people you love. Giving back is the main theme during this phase.

Scientifically: Once the full moon has passed, the moon begins to be less lit again. It wanes toward the last quarter moon and then back to another new moon.

- Release – Last Quarter

Spiritually: Forgiveness, letting go, and release surround the moon during

this phase. Just like the moon is slowly getting smaller, you need to be ready to get rid of stuff. During the month you might have been angered, broken, or hurt. During this phase of the moon is when you can release all this anger and grudges. You have to purge yourself in order to receive the intentions you will be set during the next new moon.

A good practice during this phase is cleansing. Clean out your closets, look at friendships, and clean out your house. Look for anything that isn't serving you and toss it out. Watch out for unnecessary physical and emotional clutter that you might have accumulated during the past phases and get rid of it. In order to get rid of all this unnecessary emotional baggage, do whatever physical activity that you enjoy.

Scientifically: This phase of the moon is the complete reverse of the first quarter as it makes its way to another new moon. After a full moon, the moon will wane and get smaller. It turns into another gibbous moon, and then into the last quarter.

- Surrender – Waning Crescent

Spiritually: Recuperate, rest, and surrender. You might feel completely drained during this time. You have lived through a whole moon cycle and things have happened. You might have let things go and received things. You might have willingly received or let things go or you might have fought some things. You need to prepare for a new moon and a new cycle and there isn't anything wrong with setting new intentions but not during this phase.

Right now, you need to surrender to the Universe and relax. Some things are always going to be out of your control and fate has to have its way.

Scientifically: The last bit of moon that is lit up is getting smaller and it is on the way to be a new moon.

Chapter 3: The Triple Goddess



In most Wiccan traditions, the Goddess will take on a three-fold form that is called the Triple Goddess. She has three individual aspects that are known as the Crone, the Mother, and the Maiden. These are all in line with the Moon's phases while it orbits the Earth which are the waxing crescent, the full moon, and the waning crescent. These three aspects are representative of the three phases of a woman's life: before, during, and after her ability to have children. It also represents psychic abilities, mystery, and energy. You might see this symbol on headpieces or crowns of High Priestesses.

Even though a woman will go through these phases during her lifetime, every aspect of the Triple Goddess will have qualities that both female and male can relate to at some point in our lives. This three-fold Goddess can reflect all the complexities of the human psyche along with the cycles of death and life that are experienced by everyone who lives on Earth.

There are other ways to connect and honor the mother, maiden, and crone. Here are other meanings to the Triple Goddess symbol:

- Connection to the divine feminine
- Connection to all women
- Goddesses: Hecate, Kore, Persephone, Demeter
- Cycles of life, birth, death, and rebirth as the continuation of the moon phases
- Realms and planes: heaven, underworld, and Earth

Origin Stories

The origin of this triple deity goes back to ancient civilization like the Celtic goddess Brigid. She rules over three critical skillings in the Celtic society, which is smith craft, poetry, and healing. The goddess Hera, who holds three roles in Greek mythology of widow, woman, and girl. These goddesses are possibly an inspiration for the book *The White Goddess: A Historical Grammar of Poetic Myth* that was written by Robert Graves.

Graves, who was a British scholar and poet, was writing at the same time as Gerald Gardner and other authors who were practicing a form of Witchcraft that we call Wicca. This book brought to life the cultures in the ancient Middle East and pre-Christian Europe who worshipped a White Goddess of Death, Love, and Birth and she went by various names according to the region they lived in. Earlier writers described a Triple Goddess and these included Sigmund Freud and Aleister Crowley.

Gardner didn't worship the Triple Goddess but other Witches during that time were drawn to her. Robert Cochrane has been credited as bringing her into the Witchcraft movement. It was in the '70s the Triple Goddess that we know today became the root of most Wicca forms.

Instead of being one deity that takes on different forms, the Triple Goddess is represented by three individual deities. Everyone is a different aspect of the Goddess. These might be borrowed from various ancient cultures. Some people worship the Hindu Goddess Kali as the Crone, the Egyptian Goddess Isis as the Mother, and the Roman Goddess Diana as the Maiden. These were rooted in the individual roles within each culture they were borrowed from. Isis was a mother goddess of ancient Egypt.

Every aspect of the Triple Goddess can be associated with certain seasons or other natural phenomena along with elements of life and human characteristics. These associations could be used to call on the correct aspect of the Goddess during prayer, ritual worship, and magical work. These

aspects might represent the cycle of birth, life, death or rebirth. Neopagans thought this goddess represents every woman in the entire world.

Followers of the Neopagan, Dianic, and Wiccan religions along with some mythographers and archeologist believe that before the Islam, Christianity, Judaism, and Abrahamic religions, the Triple Goddess was the embodiment of the Mother Earth, Gaia. There was a mother goddess who was worshipped under many names in the pre-Islamic Arabia, Anatolia, Aegean, and Ancient Near East.

Neopagans claim historical antecedent on their beliefs. They hold that the Triple Goddess precedes the nomads who spoke the Indo-European languages as well as in most of ancient Near East and in ancient Europe during the Aegean world.

The moon god Hubal of South Arabia had three other goddesses with her: the youngest was Uzza, “The Goddess” was Al-Lat, and the three cranes or Manat the Crone.

Wiccans will sometimes work with the Triple Goddess in her true form but might look at a certain goddess such as the Crone, Mother, or Maiden even if there isn't any historical proof. One example is the goddess Hecate, who was first seen as three maidens when together or in later times as an old woman. Morrigan is another example.

One more cross-cultural archetype is the three Fate goddesses. They were called Moirai in Greek mythology. They were called the Norns in Norse mythology. In Shakespeare's and Terry Pratchett's *Macbeth*, the Weird Sisters and the Wyrd Sisters are thought to have been inspired by the Fates. Neil Gaiman's *The Sandman* novels play on both the Maiden, Mother, Crone goddess and triple Fates with the characters of the Kindly Ones, Mother of the Camenae, and the Ladies.

The Celtic symbol triskele or spiral of life has been found at the Newgrange

site in Ireland from the Bronze Age. This ancient symbol of the Celtic beliefs was used constantly in Celtic art for three thousand years. Celts think all life moves in eternal cycles that regenerate at every point. Celts also think that everything important will come in three phases, such as spirit, body, and mind along with rebirth, death, and birth.

The same spiral was later used in Christian manuscripts. The same triple spiral has also been used to represent the Triple Goddess in Neopagan religions. In the book *Uriel's Machine* that was written by Knight and Lomas, this triple spiral might be representative of the nine months of human pregnancy because the sun takes a quarter of the year to go from the equator to the poles and the other way around. During every three-month time frame, the sun's path looks like it forms a quasi-helical shape, which could be compared to a spiral. This means that the three spirals could be representative of the nine months and this gives us the explanation for the link between the triple spiral symbol and fertility.

The Maiden

This aspect is in line with the new waxing phase of the Moon. It represents the youth of a woman's life. This is her time to grow as reflected by the waxing moon as it travels toward fullness. In nature cycles, the Maiden is thought of as the season spring, sunrise, and dawn.

The Maiden represents carefree erotic aura, excitement, new beginnings, the female principle, expansion, inception, enchantment, new life, fresh potential, and beauty. In humans, she is their independence, intelligence, naivety, self-confidence, youth, and innocence. She also represents creativity, self-expression, discovery, and exploration. Wiccans might worship the Maiden as the Celtic goddesses Brigid and Rhiannon, the Nordic goddess Freya, or

the Greek goddesses Artemis and Persephone along with many others.

The Mother

During the full moon, the Maiden turns into the Mother and gives birth to the Earth's abundance. The season she represents is summer which is the most fruitful time of year since the fields and forests are flourishing with young animals growing into maturity. The time of day she represents is midday. Within the human realm, she stands for love, patience, power, self-care, stability, fulfillment, fertility, and ripeness, the fullness of life, adulthood, responsibility, and nurturing.

She is the giver of life and she is associated with manifestation. The Mother is thought of by many Wiccans as the most powerful aspect of the three. It was the Mother Goddess that inspired Gerald Gardner's vision of the divine female. Some of the ancient Goddesses that represent the Mother at most Wiccan altars are Badb and Danu the Celtic, Ceres the Roman, Selene and Demeter the Greek, Ambika the Hindu.

The Crone

When the moon wanes and the night gets darker, the Crone comes into her power. Some early iteration called her "the Hag." She is representative of a woman's post-childbearing years. Her seasons are autumn and winter. She is associated with the end of the growing season, night, and sunset. She is the wise elder part of the Goddess and she governs past lives, rebirth, death, endings, and aging along with guidance, prophecy, visions, fulfillment, culmination, compassion, repose, wisdom, and transformations.

She was feared for millions of years. She reminds us that death is a part of life just like the dark side of the moon is before the new moon. The Crone has been associated with the underworld and death like the Celtic goddess Cailleach Bear and Morrigan, the Russian goddess Baba Yaga, and the Greek goddess Hecate.

The Triple Goddess is a complex and diverse expression of the divine feminine. For anyone who worships her, she will give them consistent opportunities to grow and learn by connecting to her three aspects. It doesn't matter if you recognize her as an ancient goddess, or as a part of the Triple Goddess. You could just choose to honor the Maiden, Mother or Crone archetype. You might make a conscious effort to line up your worship with the Moon phases for a deeper and more rewarding spiritual connection.

Why You Should Use or Wear the Symbol?

You don't need to convert to Wicca or Paganism to enjoy this symbol. If you have been wearing it, it might be nice to know its meaning.

Wearing this symbol could be a wonderful reminder that you are constantly connected to the divine feminine and all she represents. It is a reminder of the flow of life, birth, death, and rebirth. If you use this symbol in your sacred space or on your altar, it could help bring you that energy.

Chapter 4: **Intuition and Creativity**



You might like to sit outside and gaze up at the bright moon when the sky is clear. You might be mesmerized by its beauty and imagine how somebody on the other side of the world can see the exact same thing you are seeing whether it is a full or crescent moon.

Did you ever think about how this celestial body could be affecting your actions and choices daily? You might have heard an old farmer talk about planting their crops according to what cycle the moon was in. Everyone has heard about a full moon brings out all the crazy people.

Police and hospital records can show you the truth about these truths. Since more mayhem and crime seem to happen on full moons this is where the word “lunatic” is derived from the Latin word meaning moon “Luna.”

It isn't just crazy people who seem to emerge on full moons. Babies like being born during the full moon. On a clear night under the light of the full moon romance can bloom.

Everything that lives on the Earth gets affected by the moon's cycles. Even though some scientists have tried to debunk this notion, there are still anecdotes and legends that remain about the “madness” that happens on the full moon. It isn't just a full moon that affects our actions, energy levels, and moods. Every phase has a unique effect.

You need to align your energy to the moon's energy. You might notice that during certain phases of the moon that you look through notes and papers. You try to get organized, to take inventory, or to evaluate where you have been and where you are going.

This might be overdue but a desire to do this might be stronger at certain times than others. When the full moon hits its peak about the 28th day of the cycle, its energy and appearance start to diminish. Gardeners and farmers take this time to harvest, prune, or weed.

This might be the perfect time to turn inward some and take stock of your growth during the last cycle. Shift through your experience, document, and clean up as necessary. When the dark side of the moon begins to approach you may feel a dip in your energy. You might feel like you need to replenish, sleep, or rest.

In today's world, these inclinations aren't welcome. We sometimes think: "What is happening? I have too much to do today, why do I feel so tired? Why has this week seemed so long and tiring?"

When this happens to you again, figure out where the moon is at in its cycle. While feeling overwhelmed and exhausted can be caused by more than just the moon, it could help if you surrendered to what nature wants you to do.

During ancient times, before we had electricity and all the modern amenities, we were more effective by the moon and her phases. Many of the women would have their menstrual cycles during the dark of the moon. They would retreat their "red tent" or "moon lodge" and leave the men to take care of the chores, the children, and themselves. It would be great we if could still do this now.

If modern women could take a few days every month and not have to worry about their responsibilities that the whole menopause/perimenopause would not hit us like a monsoon. Unfortunately, we don't have moon lodges now, our bosses and families would look at us like we have grown an extra head if we told them that they were going to have to survive by themselves for a few days every month.

We can still take note of the moon's phases and think about them when planning creative projects, social activities, and for long term strategies.

How the Moon's Cycles Help You Organize Your

Life

You know by now all the cycles of the moon. There are things you can do during these cycles that can help you in your daily life. During the new moon, it is the best time to complete old projects and get prepared for new ones. You might feel a lull in your energy levels, and this makes it the best time to organize and know what you need to move forward.

During the slim crescent, it brings new growth and new starts. If you would like for your hair to grow faster this is the best time to trim it. It is also the best time for being a new exercise program, a new health regimen. Make a list of everything you want to accomplish during the new moon cycle like beginning new art projects or planting seeds.

As the moon grows lighter every night, your energy will return, and you will be able to remain focused on your new tasks. This is all about growing and creating; reaching and stretching.

About halfway through this cycle once the moon is about half full, you will feel a shift or turning point in your project. A few days before the moon is full there will be a sort of crescendo that you will feel from the top of your head to the bottoms of your feet.

On the night of the full moon when it appears on the eastern horizon at exactly the same time as the sun is setting on the western horizon. The full moon is a great time to plan social activities and parties. It is also a good time for businesses to have a sale. Your intuition and creativity might feel heightened and your energy will be at its peak.

When the full moon is over, it will begin to get smaller again and the cycle continues on. If you have wanted to declutter your life, it will be easier to do during the waning moon since you will more inclined to throw things out and let go of things. This is also a good time to begin fasting or start a cleanse.

Your body will accept this change better.

Allow the Moon to Guide You

If you like personal growth, you have probably heard the idea about “how important it is to be and well as to DO.” We aren’t called humans for anything, but we are frowned at if we stop doing things. Have you ever had a friend who told you “yesterday I laid in bed thinking about my toes?”

That was only a joke, something to think about. This is how society looks at us. We can’t even take the time to take a long walk or spend a few days at the beach without explaining why you need this time off and that you have worked hard to build up that vacation time.

Most people understand that we need to stop the constant go, go, go mentality and how important it is to slow down every now and then. It isn’t easy to feel good when you stay still for some time.

If you are like this, you need to think about the waning moon as permissions to slow down on all the endless activities. Take in the moon’s energy and ask her for help in being still. Use some of your normal working time to prepare, replenish, take stock, and review for the burst of energy that is coming when the moon starts to get lighter.

If you can learn how to align your energy and your activities with the moon’s cycles, it will help you feel more in tune with the rhythms of nature and the Universe as a whole. When making decisions, it could help explain why your energy levels or inclinations are leaning in one direction at certain times of the month.

Remember that using the moon’s cycles when making plans is only a guideline. The main idea is to incorporate things into your life only if it works for you. Don’t fall into a trap of making one more “thing” to do. It

only adds stress in your life.

If you like to garden, it would be a great time to plant and reap during the right moon cycles if at all possible. If it doesn't work for you, you can still enjoy your garden. Put your hands in the dirt when you have the time. Enjoying yourself is the main thing to do.

Using the Cycles of the Moon to Get Creative

Most people these days have many irons in the fire. They have projects, clients, and usually volunteer work they do weekly if not daily. Most people find that their volunteer or side projects always wind up at the bottom of their list and never get done because they “don't have enough time.”

The moon's cycles are a great way to inspire personal creativity. Even if you don't buy into the idea of the moon, sun, and planets having energy that can affect our own energy, using the moon's cycles to help your creativity might help structure your projects and allow you to make your visions realities.

- **New Moon**

Most people will begin a project by taking the time to prepare and brainstorm. It doesn't matter what you are pursuing, this step can help set a strong foundation for the whole project.

Just like the name says, the new moon cycle is the phase of the lunar cycle that coincides with new beginnings and initiation. This is the time to generate, focus inwardly, reevaluate, and reflect on ideas for a new project.

- **First Quarter**

When you have established the initial concept of your project, your next step

will involve forming a plan, research, and the end results. This part will create the groundwork that you established during the brainstorming phase and will give you the tools you need to execute the project.

The first quarter is the best time to explore and breakthrough. During this active and dynamic time, you need to focus your energy on honing, getting clarity, and learning about the vision of your creative endeavor.

- Full Moon

Taking the necessary steps to define and prepare for a clear vision is just half of the creative process. The hardest part is usually the execution of the plan. During the full moon, you will feel more assertive, outgoing, and expressive. This will be the best time for evaluation and culmination. Using this time of the moon's cycle to put your project in motion, to get productive, and hunker down.

- Third Quarter

Before you finish any project, you have to take time to review, tie up any loose ends, fill in all gaps, and assess. During this last step, you aren't generating any creative output and you will be able to focus all your energy so you will be able to see the whole process of the project.

This phase of the moon signifies the fulfillment and finalization of the project. During this stage, your project should be at or near completion. You will be able to step back and see the whole picture, see and fix any problems, and bring your vision to completion.

It doesn't matter your beliefs about how the planets, moon, or sun impacts our lives. Look at the seasons: Summer is the time for expression and exploration. Spring is the time of renewal and rebirth. Winter is the time of inward focus and rest. Fall is the time for preparation and change.

Length of day, weather patterns, and changing of the seasons can impact our moods and habits even if we don't realize it. Smaller impacts take place every month during the cycles of the moon.

It doesn't matter where you are in your creative process, you can utilize the moon's cycle to help guide you and keep you accountable for bringing you're the idea to life and hitting your deadlines.

Activating Your Intuition

Once the dark moon is upon us and we start to retreat from the activity and bustle of the world, it's time when our intuition can become stronger.

For some women, the same is true during their menstrual cycle. These times might coincide, and they might dance around each other for months, or they might not ever meet. Whatever your pattern is, it is as it is meant to be.

Intuition is being able to understand something right off without any need for reasoning. It has been described as a sense of knowing or a deep inner feeling. We just need to learn how we can tap into it. If you have ever been doing something and you get that tiny little voice that only you can hear, that is your intuition letting you know what you need to do. Most of the time this voice gets drowned out by our daily images and thoughts that race through our minds. It might be a feeling that arises to let you know if you should trust or not trust a situation you might find yourself in. It's that "gut" feeling you get when you just know.

We can get huge benefits if we know how to tune into these subtle shifts in our souls. Once you activate your intuition, these results won't be confined to your non-tangible, personal, and internal sphere.

The external world that we walk through each day is just a reflection of our internal world: our deep, subconscious fears, desires, feelings, and thoughts.

Our intuition lives here too. That sense of knowing that you are trying to access meant that this is also in our reality. When you activate your intuition doesn't mean you look inside yourself for the answers. It meant you have to be vigilant so you can see them when they decide to show themselves to you. Along with your sense of knowing, you might have dreams or visions, this tells you that your intuition is turning on when you begin receiving the things you need from around you. You might hear a conversation or "see" a newspaper headline that gives you the answer to a question you might have. You might keep seeing the same image or word over and over again that seems to be telling you that you have made the right decision. Once you realize these oddities are not a coincidence and you understand how significant they are, your intuition is becoming activated. This means you are receiving and recognizing guidance that was only meant for you. Deep down you might know this, so you are receiving it from your inner self.

This guidance might be coming from many sources. If you are able to see the difference between the channels all depends on the things you are aware of and what you believe in. I personally think the origins are always the same: The Divine, God, or the Source. It will be whatever you feel comfortable calling it. It might come through Gaia, your higher self, or your guides. These are all sources of energy that can attend to you, protect you, and show you how to make the right moves through life. All you have to do is listen.

How can you do this?

- Live in the Moment

The best way to accomplish this is to be present in each moment. This means you have to be physically, emotionally, and mentally present. You can't think

about what you will be doing later. You can't get emotional about things you talked about with other people last week. You can't try to change, judge, or control things you see while being in the moment. You have to just experience pure existence. Intuition's voice is very quiet. It's transient. It never feels the need for urgency. It lives in the spaces between your thoughts where there are stillness and space.

To quote Eckhart Tolle: "The best way to develop your intuition is to develop the ability to be still. Instead of trying to develop intuition, go where all intuition lives. You won't have to worry about developing your intuition if you can just learn to be still."

This isn't telling you to sit still all the time just some of the time. Basically, you need to create or find stillness inside your emotions and mind.

- Never Respond to Your Ego

The guidance that we get intuitively doesn't come from our ego or rational mind. Our perspective or the "why" we are being asked or shown what to do doesn't come from that same place.

What this means is that the tricks your ego uses to get your attention and to make you do things like making you feel as if you are running out of time, creating fear to force you to make a decision, making you compare yourself to others. These messages aren't being sent from your intuition. Don't let this fool you.

What we intuitively feel like we have to do might not make sense to us, they might not seem to fit into our life plan, or they might not seem logical. The biggest part of living intuitively is the ability to release our control over the outcome and trust the results.

- Ask Questions

If you are looking for advice from a good friend, you have to explain the problem to them and then ask them what they think. You have to do the exact same thing if you want your intuition to tell you things. You have to be very specific.

You could do this by talking out loud, silently in your mind, or by writing it down in a journal.

Most of the time when I am sitting and expressing my concerns over a situation by writing, the answer pops into my head while I am writing. It is as if I had it inside me all the time. I just needed to use another source to be able to release it.

Begin by asking questions about things that aren't important like: "should I go here to buy that gift he wanted?" Next, start getting more complicated: "I want more people to see my work. How can I do this?"

Now, you just open up and let the encouragement, knowledge, clues, or direction, whatever it is that you need to show itself to you. You have to be open and receptive. Keep that energy flowing in your life by accepting new things. Don't go looking for signs. When you are actively seeking for things, you put yourself in subconscious acceptance that doesn't exist for you, so you are resisting it energetically. You have unknowingly created a block to your intuition. You have to completely accept and believe the outcome or answer you want exists already. It is just waiting for the right moment to show itself to you.

- Meditate

This tool can give a boost to every other technique.

Regularly meditating can show your mind the paths to these times of stillness, so during your normal life, it can navigate its way to you easier. It can teach you to see the difference between your higher self, that part that

connects you to your ego, Source, or that part that likes to stay separate, so we can choose the way that we get directed.

This will create a space for you to know what you value so you can direct your energy where they will benefit you and the world the best.

Why should we use intuition? Why should we bother letting ourselves be guided by intuition?

We want to always be able to do better at the things we are good at, in a way that will make everyone happier and that will serve everyone.

When you follow your intuition, it will only lead you in the direction of things since it comes from a higher consciousness instead of your logical, rational mind that we always use to make decisions. Your logical, rational mind operates on the polarity that we live in on Earth. The decision your rational mind makes is in response to the existence or fear of judgment and pain. Nobody can escape this.

Our higher consciousness, that guidance our intuition uses, is a higher part of ourselves, it could exist outside of ourselves, but it won't ever work against our highest good. When you get to these levels, we know that everyone exists as ONE, so harming one is harming all.

When you have committed yourself to strengthen and activate your intuition, know the path you are taking is one of a greater purpose and joy that isn't just for you but for every human consciousness. Those connections that you are making are going to benefit everyone.

Chapter 5: Tools for Moon Magic



Moon rituals are the most sacred, divinely connected experiences that you can have. These nights are reserved for you and the Universe. During moon rituals, you have to clear yourself energetically, let go of anything that is on your mind, and receive the guidance from the Universe, spirit guides, or your higher self. Some people see these as one; others will see each one has its own individual.

Everyone who does moon rituals is going to use different tools. It is about getting that spiritual connection and unplugging from the real world and getting into the spiritual realm. There isn't any wrong or right way, no wrong or right tools. What you do or use to reach your spiritually is completely yours.

Here is a list of basic tools that most people use. If something doesn't feel right to you, then don't use them in your rituals.

Before you use a tool in your rituals, you have to first consecrate them. You need to do this inside your magic circle. Every item has to consecrate, and they placed onto of your pentacle, sprinkle them with water and salt, and they burn some sage and pass them through the smoke.

- Candles

I normally begin my moon rituals by taking a bath, especially when the moon is full or new. I light tea lights around my bathtub.

Using a new moon candle when doing rituals under a new moon can help set the right moon for your ritual. The Sage Goddess candle is dark like the moon and is scented with essential oil that smells great. It is great to use while meditating to so you can set your intentions for the new month. Use it the day before, the day of, and the day after the new moon to get those intentions set in stone.

The candles you use on your altar can be any normal candle. You need to have candles of every color and lots of white ones. The size of the candles is important, too. Some spells and rituals require you to burn a candle on multiple days and then to allow them to burn out. The most important thing is to have candles of every color, shape, and size.

- Bath Salts

Using Epsom salts will help you detox and clear all the excess energy out of your energy field. You can also use special Epsom salts that have essential oils and flowers in it.

- Pendulum

Pendulums are great for divination. You can use them to ask which tarot deck you should use or any yes or no answer you might be looking for.

- Black Moonstone

This dark crystal is great for new beginnings. You can use any shape or size and it can be tumbled or rough. Carrying a tumbled stone in your pocket on the days that are leading up to the new moon, can help keep you calm. Holding a larger piece in your hand while meditating or resting it on a body part can help keep you centered and grounded.

- Labradorite

This is my favorite stone. It is great for working on new beginnings, creativity, transformation, and during the dark moon. Holding one in your hand during meditation can help focus your intentions and keep you focused. Keeping a stone in a prominent place where you can see it daily can help you

remember the intentions you have set for yourself.

- Eclipse Stone

This is also called a silver feldspar. It can help reveal things that have been hidden from you. It can help you see things like opportunities, creative ventures, or ideas. You can use this stone along with the Sage Goddess Unearthed perfume.

- Oracle Decks

The best part of any ritual is being able to connect to the Divine. You can do this in many ways; I like to use oracle decks. Doing a spread for every phase of the moon is great. Write down and keep records of what you receive.

- Grimoire

This can be as simple as a binder where you keep your ritual worksheets for all the moon phases along with your card readings. It is your own “book of shadows” where you can record your Divine guidance.

- Selenite crystal

Selenite is great to use during rituals. It can bring mental clarity. It absorbs negative energy and turns it into positive energy. It can be used to talk with your spirit guides and your higher self. Hold it over your third eye or heart to experience sensations of love and relief.

- Wishing Oil

If you can only afford one perfume, it should be the Desidera wishing oil. It is a bit expensive, but it is worth it because it is pure magic. You can wear it as

a perfume, and it will make you feel like a goddess if you do. It is very powerful when used during a new moon ritual. Just like any oil, you can anoint yourself, stones, cards, etc. before your rituals.

- Anointing Oil

Anointing oils are great to use during rituals because of they carry specific energies along with healing properties. They can help create a specific mood for your rituals. Setting the mood for a ritual is extremely important. This is what sends you out into the spiritual realm. It can create a sacred and special feeling.

Jasmine is thought to be a mystical flower that blooms each evening, so it is great to use for divination and moon magic. You can dab some on your third eye, heart, wrists, and neck. You can also anoint your Selenite crystal or cards before you start shuffling.

- Manifestation Oil

Once you open this bottle, its power makes itself known. Sandalwood and frankincense are the two prominent scents in this oil. You can anoint yourself, stones, room, whatever, the day of, and after the new moon. When you anoint yourself, and your stones, settle down for meditation before you start your ritual to set your intentions and wishes for the new moon.

- Palo Santo

This is great to use for smoke cleansing. The smell can relieve stress and it can help reduce asthma and allergies. It was done during ancient times by the Incas for its spiritual properties. It changes the air by releasing negative ions. When you begin your ritual, you can light a Palo Santo stick and swirl it around your space and our body. You can light it when you use your cards to cleanse them, too.

- Lights

Stinging up some “fairy” lights around your sacred space can set the mood for your rituals. You can use them anywhere you want to add some ambiance. Most come with a remote control so you can dim them to the brightness you like.

- Music

This is completely up to you. Listen to whatever music relaxes and inspires you. It can be gospel, rock, Celtic, sounds of nature, it is completely up to your preference.

- Wish List

Writing down your dreams and intentions is a great way to bring them to life. The only tools you need for this is paper and pen. You can write your wishes down after you have meditated just in case any more intentions come to you while you are meditating. Write them down, anoint the list with the wishing and manifestation oil and put the list in a safe place. You can fold the list and put it under your new moon crystals and candles in your sacred place. By doing that, it will be there for you to see. It will be a reminder of your intentions every time you walk by it.

- Paten or Pentacle

This is a disc that has a magical symbol or sigil inscribed or engraved on it. This most commonly is a pentagram inside a circle. More specifically a pentacle even though other symbols could be used such as a triquetra. This disc is symbolic of the Earth element. It is used to represent the Earth during

evocation to energize whatever is placed on top of it and as a symbol that blesses the item.

- Chalice

A goblet or chalice stands for the element Water. Most Wiccans don't think of this as a tool but rather a symbol of the Goddess. The chalice has many similarities to the Holy Grail, but it has been used for witchcraft. Instead of representing Christ's blood, it symbolized the Goddess' womb. It is normally used to hold wine.

- Wand

A wand stands for the element Air even though many traditions use it to symbolize Fire. It could be made from any material like rock, metal, or wood. Some wands can be set with crystals or gemstones. Some traditions conflate and confuse various staves and wands into one symbol. The wand can be used to summon specific spirits who are afraid of steel and iron.

- Knife or Sword

This is sometimes called an athame and is used in many rituals. It is associated with the element Fire. It normally has a black-handle and is inscribed with some symbol. It can be used to cast a magic circle or to direct energy, to control spirits and many other purposes. It is never used to draw blood and this will taint it and you will have to destroy it.

- Jewelry

In different Wicca traditions, jewelry showing pentacles or other symbols can be worn daily or just during rituals. A Wiccan necklace is worn by all

women inside a circle creates a Circle of Rebirth.

- Cauldron

The cauldron has been associated with Wicca in western culture. It can be used to represent the womb of the Goddess just like the chalice. It can be used to hold a large pillar candle, burn incense, and making oils. Fire is normally lit inside. The flames are sometimes leaped over during a fertility ceremony or at the end of a handfasting ceremony. It can be filled with water and used for scrying. It has a huge role in Celtic magic.

- Besom

This is also known as a broom. This has been associated with witchcraft and witches. All the stories of witches flying on brooms came from the besom. It has been used in handfasting ceremonies for the couple to jump over. It can be used in fertility danced to represent the phallus.

- Boline

This is a knife with a white handle. It might have a curved blade representative of a crescent moon. It can be used for more uses than the athame. It can be used to cut ritual cords, to inscribe symbols or sigils on candles, or to cut or harvest herbs. Where the Boline serves on the physical plane, the athame works on the astral plane.

Chapter 6: The Phases of the Moon



In the first chapter we touched on the different phases of the moon, but now we are really going to look at what the phases can do for you. You'll also find spells and rituals related to each of these phases.

Living by the moon helps make your life more efficient. As a magic practitioner, when you time your rituals and spells with the phases of the moon, it can feel like swimming with the current. It makes things go smoothly. They get an added oomph in their power as well. Working your life with the moon's cycle can help you to feel more energetic and healthier and it can aid in helping you give up your old habits. The key is to make sure that you work with nature.

Regardless of whether or not a person views themselves as a Witch or not, the majority of humans will feel some sort of connection to the Earth's natural satellite. Witches often view the moon as the mother energy and the sun is the father energy. Since the moon controls the tides and the human body is made up of about 60% water, it makes sense that the phases of the moon affect us. So how can we use the phases of the moon in our magic?

Moon rituals are a sacred and ancient practice that has roots in Egypt, India, Babylonia, and China where worshiping the moon was part of their culture. They understood that the phases of the moon influenced the decline or growth of their plants, humans, and animals. Basking up the moonlight was viewed as something sacred and needed as part of each cycle.

In today's time, the moon ritual carries a similar sacredness and brings about a primal practice into the world. These rituals are things that we need in our life, especially when life is full of despair, challenges, and heartbreak. The most beautiful part about rituals is that they give you a chance to be quiet. They ask you to set intentions and to connect with the environment. You will find rituals in the next sections of this chapter.

First Phase: New Moon

The new moon is everybody's fresh start. This is the time where you don't see the moon at all and the sky look black, except for the stars of course. Magic has a tendency to be quite literal, and when the moon isn't in the sky, this can be the best time to work on the shadow self or acknowledge your dark sides that are normally hidden away from people. This is also a good time for starting new things and new beginnings.

For example, maybe you have a bit of a manipulative streak and you often try to ignore this part of you even if you're called out. Are there any good ways that you could use this skill, like getting ahead in your career without hurting other people? Maybe you could also use your skills to read other people so that you can encourage them to communicate more so that you don't control them. This is the time of the cycle to exploring your shadow side and find positive ways to use them.

Additionally, since the new moon is the beginning of the phase, it is a great time to set intentions and goals for the cycle. How would like you next month to look? Is there a toxic person that you would like to cut ties with? The new moon is the perfect time to encourage new beginnings, especially when they have to do with love. Guess what beginnings require? Letting go of the past. If you want to let go of bad energy within your love life in order to attract your soul mate, then the new moon can help you

A good idea for your magic during this time is to try some bath magic. Your bathtub is basically a gigantic cauldron. Water and salt are very cleansing, so run you a bath and fill it up with some bath salts or sea salt. You can even try using some witchy bath bombs if you want to. Really set the mood by lighting a few candles. Take a relaxing bath and start picturing all of your

past pains and hurts being washed away by the water and then draining away as you drain out the water. Sure, you can make detailed and intricate spells, but they don't always have to be. They can be just simple and natural as taking a nice bath.

New Moon Ritual

To start this ritual, you will need to organize and clean your space. This is something that you should do before every ritual. Getting rid of excess clutter and straightening up helps to set a clear intention and tone for your ritual. Burning some sage, lighting a candle, and playing some soothing music will help to clear out the energy. You should also keep a pen and paper close just in case you need it.

Next, create a connection with your Divine. This would be the time to cast a circle and call the four elements into your ritual. Then call in the Sun and the Moon to represent the God and Goddess.

Once you are ready, sit inside your circle and grab that pen and paper that you have and start to write down the things in your life that you either want to create or you want to get rid of. These could be barriers, feelings, or fears, basically, anything that isn't serving anymore. Consider these things that you want to bring into your life. This can be anything and everything you want, financial abundance, a relationship, a job, a new adventure, anything.

Then read the things that you want to bring into your life out loud. Saying these things out loud is a very crucial role in bringing them to fruition. You may even find that they cause an emotional response when you speak them, and this feeling is extremely important for them manifesting.

Lastly, all you need to do is sit quietly and let your desires sit with you. Focus on your breath and visualize all of your desires come true. Set the intention to remain open to all of the elements and experiences that are coming into your life, and all other growth opportunities that you may need

to have along the way.

Once you are done meditating, close your circle and thank everything that you called in for being there and guiding you.

Second Phase: Waxing Moon

The waxing phase of the moon is when the moon starts to get bigger, moving from the new moon to the full moon. During this phase, the moon is growing and turning brighter, and this is the perfect phase for growth and sympathetic magic. Sympathetic magic is the type of magic that works through symbolic resemblance. Since the moon is growing, we need to use this energy to make your love life, self-esteem, and career brighter.

Some people like to break waxing and waning phases down into three parts. The first section of the waxing moon is the waxing crescent. This is where the moon looks like a smile. This part continues until the first quarter with the moon is half full. Then it becomes a waxing gibbous where the moon looks fatter before it becomes full.

The waxing crescent period can help to bring things out. This is a great time for constructive magic. This is a great time for magic on yourself that pertains to new beginnings, like making future plans or projects. If you want to bring new energies into your life, like patience, and a positive attitude, this is a great time for these types of goals. People who are artistic or creative love this time of the moon's phase for spell work. This time brings more passion and inspiration into your work.

During the first quarter, the moon's energy is connected to the attraction. This is a great time for the magic that draws things into you. This is a great time for meditations and spells that are meant to bring things into your life like success, protection, and money. This is also a great time to attract people

like clients, lovers, and friends. If you are trying to find something that you have lost, or are trying to buy a house, this is a great time to perform spells for success with these things.

The waxing gibbous is also a great time for constructive magic, which is best oriented around “reeling in” the things that that you have been working on. If you have been working on something and it has stalled, floundered, or you are coming into the home stretch, use this energy to bring it around and push it home. This time has a lot of energy for renewing your strength, determination, and will.

Some great ideas for magic during the entire waxing phase is to write out a letter of intent that states what you would like to get from your career. This could mean a raise or a change in your position, or it could be a complete change in careers. Evidence has proven that writing down things and journaling is a great emotionally process and help you to go after the things that you want. If you are looking to make more money, get a green candle, if you can't find one, a plain white one will work just as well.

To keep things different, carve your name into the candle along with different money symbols to represent your desires. Read the letter you have written out loud with intention and meditate on it. Visualize yourself getting whatever it is that you want because you deserve it. Then you should like the candle and allow it to burn out. This transmits your desires out into the Universe.

Third Phase: Full Moon

The full moon can be a crazy time. Some wild things seem to happen during this phase of the moon. Emotions are often elevated during this time, and everything tends to be intense. This intensity can be harnessed and used for pretty much any spell. A lot of people like to charge the crystals during this

phase of the moon by putting them either outside or in a windowsill to be exposed to the moon's light. You can also create a full moon by placing a cup of water under the light of the full moon. You can also place a letter of intention underneath the cup of water. Allow the water to be charged by the moon and then you can drink it.

You can do pretty much do any type of magic under the full moon and gain extra power, but this is also a time where your psychic abilities are stronger. You should trust your instincts during this time, even if your emotions are running crazy. One of the easiest ways to use the full moon energy is to meditate under the light of the full moon for clarity.

Some great magic to practice during this phase is sex magic and use the power of orgasm to manifest what you want. Open up your shades and a window to allow the light of the moonshine. You can do sex magic by yourself or with your partner. As you orgasm, visualize your intention, whatever it may be. Sex and the full moon are a recipe for success.

Full Moon Ritual

Since there is a lot of energy during this time, it is a good idea to bring calmness into your area so that you will be able to harness all of the energy to benefit you. Sage your space, take some cleansing breaths and then try to relax.

Take some time to think about the past month. What types of things have happened? What things did you succeed with? What problems did you face? Where do you think you could improve and grow?

Once you are clear on the things that you have brought into your life and what you haven't, you need to write down and release whatever it is that is getting in the way of your experiences that you haven't brought into your life. You can do this by either flushing or burning away the blocks.

If you are able to, go outside and allow the moon to touch you. The sunlight

gives us Vitamin D that helps nourish our bodies, but the moonlight also benefits you. Moonlight is believed to reduce inflammation and it can also help a woman's menstrual cycle.

Whether you are celebrating, or you are trying to call in your dreams, dance around to your favorite music to get rid of stagnant energy and to bring in more joy and light.

Fourth Phase: Waning Moon

The waning period of the moon is a time where the moon is growing smaller, heading back to the new moon. The waning phase is a great time for banishing work or to cut cords with people. However, banishing a person from your life completely may not have to always be done. Some of the more powerful banishing work that can be done are spells to get rid of feelings for a person that you know isn't good for you, self-doubt, or insecurity. Spells that tend to work better than banishing spells are working on changing yourself. Get rid of those thoughts that tell you that you don't deserve anything better because you do deserve better. Get rid of unfair treatment at your job. Get rid of unwanted negativities that are keeping you from getting the things you deserve.

Like that waxing phase, the waning phase is made up of three parts: the waning gibbous, the third quarter, and the waxing crescent. They look the same as the waxing phase, just in reverse.

Minor banishings are a great thing to do during the waning gibbous. This would be the time to clean your home, garden, office, and other personal spaces so that things don't end up building up. You can cleanse personal objects during this time too. Doing this regularly is a good idea. If you need some sort of closure, or you want to end something, this is a good time to

perform spells for just that. This is a good time for introspection.

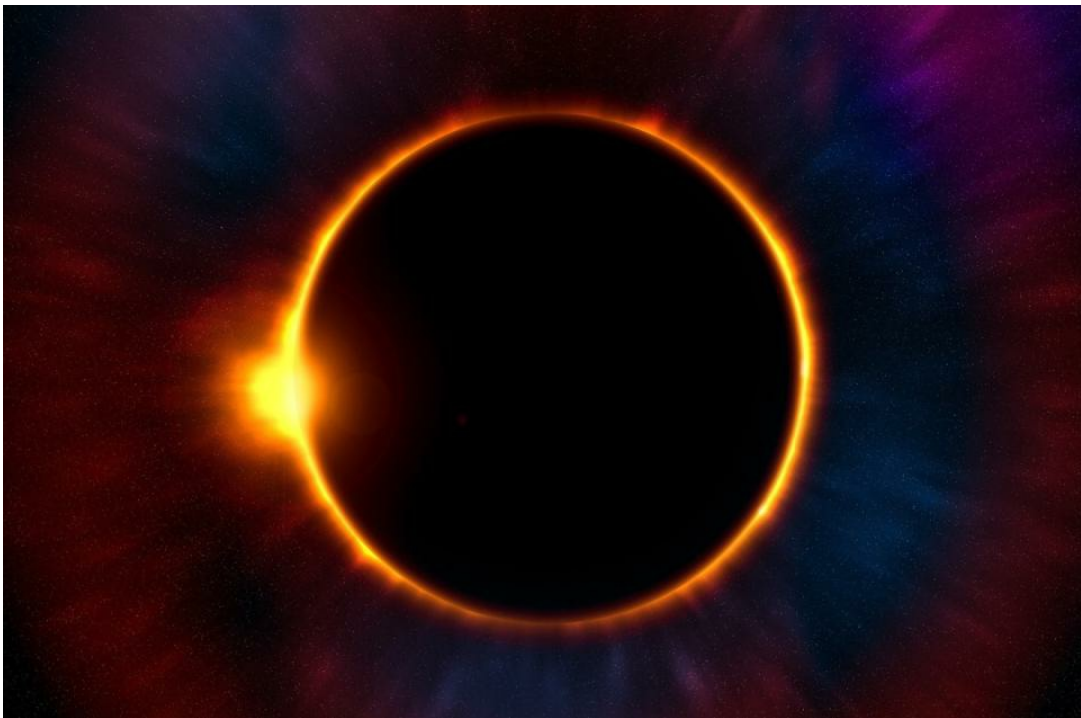
The third quarter is when you should deal with obstacles that could be standing in your way of reaching your goals. Whenever you are trying to work towards something, there will be roadblocks. This moon phase will provide you with appropriate energies to deal with these. Temptations are something that you can deal with during this time as well. This time can also help you through transitions.

The waning crescent is a good time to clear your home and life of stress, chaos, negativity, strife, and so much more. This is a suitable time for stronger banishing spells than any other time during the waning phase. This is the time to get rid of anything that has really been concerning, annoying, or frustrating you.

Some other great spells that you may want to perform during this entire phase could include writing your insecurities and fears down. There are some people who will take these things to a crossroads to get rid of it. You don't have to do it this way though. You can simply burn it and then bury the ashes.

When it comes to aligning your spell work up with the moon phases, don't over think it. While you may think that the closest moon phase doesn't work for the spell you need to do, think again. You may not want to wait three weeks for the best phase, so see if there is a time to work around it. Also, this isn't an exact science. You and your intention are the most important things in your magic practice, so focus on that and do your best.

Chapter 7: Special Moons



Besides the different phases of the moon, there are other specialty moons that can offer you more power. The two specialty moons that Witches look out for are blue moons and eclipses. These times of the year are rare, especially the blue moon, and offer extra power to your magic.

Blue Moon Magic

In modern times, a blue moon refers to the occasions when there are two full moons in a single month. The majority of the time, there is only one full moon in a month, but sometimes a second full moon can fall into a month. The only month of the year that can't have a blue moon is February. Some blue moons, according to this definition, that have happened or will happen occurred on July 31st in 2015, the first full moon was July 2nd, January 31st in 2018, where the first full moon occurred on January 2nd, March 31st of 2018, where the first full moon occurred on March 2nd, and October 31st of 2020, where the first full moon will occur on October 1st.

The *Sky & Telescope* magazine, in 1946, erroneously referred to a blue moon as a month having an extra full moon. This is the definition that caught on and is what most people believe.

Before this, a blue moon referred to have an extra full moon during any season. Season refers to the span of time between the solstices and equinoxes. Most of the time, each season will have three full moons, but sometimes there will be a fourth. Since every full moon has its own name associated with its season, an extra moon can mean that the names line up wrong, so the additional moon gets a different name, so it is referred to as a blue moon. Blue moons, in this definition, are the third full moon during a season that

will have four full moons.

These blue moons tend to happen once every 2.7 years. Some blue moon dates, following this definition, are May 21, 2016, May 18, 2019, August 22, 2021, and August 19, 2024.

Blue moons, by the first definition, tend to happen more often than the other type of blue moon. When you hear somebody talk about a blue moon, there is a good chance they are referring to the first definition. However, this definition is dependent on an arbitrarily imposed month length while the second goes with the natural cycle. For most Wiccans, Pagans, astronomers, and astrologers, they follow the second definition that follows the seasons is the most useful. That being said, it tends to be harder to track and most people will just follow the first definition.

The blue moon is twice as powerful as the regular full moon. This is a good time to perform anything that needs an extra kick. Any spells, intentions, or rituals performed during this moon are great for long-term results because it really sets things in motion and helps you to reach your end result.

You can harness the magic of the blue moon to invoke spiritual energy, improve vibrations, and set intentions. Blue moons are also a good time for truth-seeking, meditation, love spells, divination work, protection, wishes, and banishing. The Goddesses most associated with a blue moon are Isis, Artemis, Hathor, Diana, Selene, Luna, and Astarte.

Shakespeare was the one who came up with the “blue moon.” Depending on the type of culture you grew up in, the blue moon could be tricky and mysterious. Other people think that this time is lucky. But the funny thing to look at is what some of the old wives’ use to say about it. Let’s take a quick look at some blue moon superstitions.

1. Native Americans view a blue moon as a time of change.

2. If a blue moon happens during an eclipse, when you do good deeds, you will get that back in your life. This is also the best time to resolve feuds.
3. Teachers of the Islamic faith suggest praying for a person's wellbeing during a blue moon.
4. Working spells for fertility during the day before, of, and after the blue moon gives them more power.
5. The energy of the blue moon can assist with your goals, which include finding a job, exciting travel, figuring out legal problems, and improving finances. You can also place objects that represent any of these types of goals on an altar under the moon.
6. Turning a coin that is in your pocket during the blue moon will give you more luck and fortune.
7. Pick flowers and berries during a blue moon for abundance and love. You can also dry and label these to use in the future.

As you can see, much of this work into Wicca, and you can use some of the pieces of old wisdom to improve your practice. Now, let's take a look at some blue moon magic that you can have ready the next time a blue moon occurs.

Moonlit Walk

This is a very simple ritual that you can do during a blue moon. Take a walk beneath the blue and moon and allow all of its vibrations to wash over you. This could also be used as the start of a ritual or spell to help cleanse you.

Blue Moon Money Spell

A blue moon is a great time to perform money spells. It helps you to set intentions for wealth and good fortune while also opening you up to prosperity and abundance. If you really want to harness the power of the moon, you can time your casting to just after midnight before the moon reaches its peak.

You Will Need:

- Matches
- A statue of your chose lunar deity
- A Pen
- Dried bay leaf

At midnight on the night of the blue moon, place the statue on your altar. Take some time to think about the money that you want. Hold the bay leaf in the palm of your hand and begin to visualize different ways of getting that money. Try to think up at least five ways that you could get this kind of money. Really think about the amount of money you want and think about how it makes you feel.

Now, on the bay leaf, write down the amount of money that you want. Hold the leaf again and breathe. Now light a match and burn the leaf as you focus on the money. As the smoke begins to rise, ask out loud for the money. That's it. Trust that the lunar forces will bring you everything you want.

Cleansing Ritual

To get ready for your ritual, you will want to cleanse yourself. You can do this however you would like. You can take a simple shower or bath or can do something more special.

Get everything that you will need:

- White candle
- Pen
- Paper
- Black thread
- Matches or lighter

Decide if you are going to do this inside or outside. Doing it outside has an amazing effect on this spell. If you do it inside, try to do it close to a window that can be opened up as it will sometimes get a bit smoky.

Once you are clean and have everything ready, spend some time focusing on your breath. Release things that could be bothering you so that you can give your ritual all of your attention. Now, light your candle. Take a little bit to watch as the flame moves.

If you want, this would be the time to call the elements and your chosen deities.

Next, take your paper and do some free writing. Write down anything that has been troubling you as of late. Pour all of your feelings out on the piece of paper. There is no need to worry about if it is legible, spelled correctly, or makes sense. Just write things down. The paper can hold these things. Use as

many sheets that you may need.

Once you are done writing, roll the paper up into a tight scroll. If you want to use some related herbs, place them in the center of the paper before rolling it up. Tie the black thread around it to keep it tight.

Get to where you are under the light of the moon. If you are outside, you don't have to move. Outside, you can get next to the window and poke out your arm or face. Take a few deep breaths and as you exhale, feel all of these worries slipping away.

Light the paper. Watch as it burns. As it is burning, picture darkness flowing out of your and into the Earth, anything else that helps you picture yourself releasing your worries. At this point, you can do whatever feels right to you. You can chant, dance, sing, drum, and play music, whatever feels right to you.

If at any point the paper stops burning, light it again. Let it burn completely.

The ashes or bits left on the plate can be buried or given to a plant

It is now time to end the ritual. Do this by thanking and saying goodbye to any elements or deities that you called. You can add in any closing words that you want at this point. If you can, allow the candle to burn out as you meditate in the afterglow of your ritual.

Blue Moon Happiness Spell

If you are looking to add happiness into your life and make others around you happy, then this is the perfect spell to do.

You will need:

- Bowl of water

- Citrus oil
- Clear quartz
- Orange candle

Begin by lighting your candle. Drop some of the citrus oil into the water. There is no exact amount, just use as much as you think you need to. Dip your quartz into the water. Now, take a moment to clear out your energy, so take a few deep breaths and allow yourself to become presents. Once you feel sufficiently cleared and centered, say:

“There is a bright light surrounding me and all of my loved ones. We are protected, we are blessed. Nothing can stop us.”

As you are doing this, picture the light of the moon surrounding you and everybody that you care about. Visualize it as much and as deeply as you can. Once you feel ready, take the quartz out of the water and then hold it whenever you need to feel happy. Let the candle burn out.

Blue Moon Beauty Spell

This is a great spell if you have been focusing on your flaws. This will help you to feel confident and see yourself as a beautiful person.

You will need:

- Bowl of water
- Any black crystal
- Lavender oil

- Purple candle

Begin by lighting your candle and dropping some of the lavender oil into the bowl of water. Place the crystal into the bowl of water. Then, take a moment and center yourself. Take some deep breaths, and you can even close your eyes and meditate for a moment. Once you feel ready, say this:

“I am filled with beauty, from head to toe. This beauty remains forever. It will only continue to grow. I will fight forever to protect it. It is a fire within me that will forever remain free.”

You may need to say this as much as you need to. It will continue to intensify the more you say it. Believe the words you are saying. Once you feel ready, take the crystal out of the water. Keep this crystal with you and use it for self-love. Let the candle burn down.

Lunar Eclipses

The next magical moon moment is the lunar eclipse. Before we get into the magical powers of the lunar eclipse, let's take a look at the science behind the eclipse.

The moon on its own doesn't emit any light. The light that we see in the sky is the sunlight reflecting off the surface of the moon. A lunar eclipse happens when the Earth's shadow blocks the sunlight, which makes it look temporarily dark. Unlike with the solar eclipse, which only certain areas of the world can see, a lunar eclipse can be seen by any area where it is dark when it happens.

The shadow of the Earth is called its umbra. Specifically, the umbra is the

darkest part of the shadow of the Earth. The outer edge of the shadow is called the penumbra.

There are several different types of lunar eclipses. The first is a penumbral lunar eclipse. This is where the moon passes through the outer shadow of the Earth, which creates partial darkness of a part of the moon. You can have a total penumbral lunar eclipse. This is where the moon is completely shadowed by the penumbra, but it never reaches the umbra.

Then there is a partial lunar eclipse. This is where the umbra of the Earth shadows a significant portion of the moon but doesn't cover it completely.

Then there is a total lunar eclipse. This is where the moon is completely covered by the umbra and fully shadowed. However, since there is light refracted through the atmosphere of the Earth, the moon will look a bit reddish.

Then there is a selenelion. This is a horizontal eclipse and only occurs if the sun and the moon are visible when it happens.

Scientists like to measure the brightness of the moon during a total lunar eclipse around mid-totality using what is called the Danjon Scale. This scale was created by the French Astronomer, Andre Louis Danjon.

0 – is when the eclipse is very dark and is pretty much invisible.

1 – is when the eclipse is dark and either dark brown or grey in color.

2 – is when the eclipse is rust-colored. There will be a dark central shadow that will be light around the edges.

3 – is when the eclipse is brick-red. There will be an umbral shadow that has a yellow edge.

4 – is when the eclipse is copper-red. There will be an umbral shadow with a bluish edge.

Another very specific type of lunar eclipse that Witches love is called the blood moon. On the Danjon Scale, the blood moon is considered level 3. The blood moon is when an eclipse occurs when the moon is in its closest position to the Earth, which called perigee. Whenever the full moon occurs at perigee, you will likely hear the phrase “Super Full Moon.”

Despite the name, there isn’t anything ominous about the blood moon. This moon is seen as more witchy because it looks red. Within the scientific community, this color-changing phenomenon is referred to as Rayleigh scattering.

Raleigh scattering helps to describe how the sunlight appears to change colors as it moves through the atmosphere of the Earth. The atmosphere works like a filtration system for the sunlight. While sunlight is considered to be “white” light, we know that it really contains the full visible spectrum of colors that are seen whenever light passes through a prism. This is the reason why we sometimes see rainbows whenever it rains because the water vapor acts like tiny prisms.

Having a basic understanding of this scientific wisdom is very helpful when it comes to your magic practice. It explains the mechanisms that help to fuel our work during a lunar eclipse. If we don’t understand how the material world works, it is possible that we could fall prey to superstitions and fear-mongering that surrounds these natural occurrences. Witches don’t allow fear to control them. Knowledge is power.

So here is a quick little science lesson for you. Depending on the sun’s angle, and the number of Earth’s gasses, water vapor, and volcanic dust is moving through the atmosphere, these things shift the wavelength of the sun’s light. The colors on the red end of the spectrum will have longer wavelengths and their frequencies are lower than the other colors. The colors on the violet end have higher frequencies and shorter wavelengths. The Rayleigh scattering

effects is the reason that sunrises and sunsets look orange and red in color.

So, the blood moon looks red because it only has a small amount of light to reflect back onto the Earth's surface. Since red is least altered during the filtration process, you only get to see the color that was able to survive the trip. This means that the moon reflects red back onto the Earth.

There are a lot of legends and folklore surrounding lunar eclipses.

Christopher Columbus used his almanac to figure out that there would be a lunar eclipse in February. He used this piece of information to scare some natives of Jamaica into offering shelter and food to him and his men. He told the chieftain that God was angry that the natives didn't want to help him. He told them that God was going to turn the moon blood red, and then take it away to show his displeasure. The moon did disappear, and this created a lot of terror for the locals. Right before the eclipse ended, Columbus told them that God would forgive the natives as long as they made sure that the sailors were fed. The moon came back, and Columbus and his men got to eat very well until the next ship arrived.

In Benin, Africa, a tribe views the lunar eclipse as a time of battle between the moon and the sun. They dance and chant during this time to encourage their reconciliation in the sky. They use the period as a way to work through quarrels that they are having, much like the sun and moon resolving their feud once the eclipse ends.

In Norse mythology, a monster called Managarmr the Moon Hound eats the moon and stains the sky in blood during Ragnarok. Managarmr is the son of a giantess and Fenrir the grey wolf.

There are some practitioners who view the eclipse as being the equivalent of a full lunar cycle packed into a single event. After all, the moon does look like it is going from waning, waxing, and reappearing during the eclipse.

There are some modern traditions that consider the eclipse as a metaphysical

bonus round. Basically, any spell work that is done during this time is amplified and has extra power. So, what kind of magic is best done during an eclipse? Eclipses only take place during the full moon, so keep your intentions turned towards spiritual development and personal growth.

The majority of Wiccans see the lunar energy during an eclipse to be more potent. There are several different ways to look at this energy. It could be like I mentioned earlier, that you get all of the energy from every phase in a single night, but there is another way to look at it. You can look at the energies of the sun, Earth, and moon in alignment. The moon is reflecting the energy of the Earth and sun back on the Earth. The moon and sun will be in opposite zodiac signs during an eclipse.

Also, if there is a lunar eclipse taking place somewhere, you can still harness its power even if you can't physically see it. It is all in your intention.

But why, exactly, do Witches care so much about all of these special lunar eclipses like the blood moon?

The simple answer is that when the moon is close to the Earth it has a strong pull on the tides. The interaction between the sunlight, its passage through the atmosphere, and its reflection off of the moon that is created by the eclipses move the moon's energy into the "red" end of the light spectrum. All of this relates to the element of Earth, the root chakra, and our animalistic survival needs.

The long explanation; when I said "tides" I was referring to more than the ocean. In Wicca and other Pagan traditions, it is understood that the ocean is simply a metaphor for our mysteries and depths. The moon affects how water flows and this same power ebbs and flows through all of use with our emotions, moods, instincts, and intuitions.

Let's look at this in a metaphorical way. The sun represents our outer persona, the conscious thoughts we make, our energy, our will, and how we

project the power in the world to make the life we live. The Earth represents the body, our home, our material world, and our sustenance. The moon represents our intuition, our subconscious mind, and our shadow illusions that can change our true will. These things are in a near perfect line where the material self is shifted, and the conscious self is changed to show and energize our deepest desires.

This is a lot of crazy cosmic drama. So, when a blood moon occurs, take a look into the zodiac signs to see what special conditions are being enhanced and use that.

The way that the lunar eclipse will affect you depends on the astrological sign that the eclipse occurs in. It's important that we don't forget that the stars surrounding the moon set the stage for all of these solar system movements. To figure out what drama the moon will intensify, you need to look at the zodiac.

Each full moon occurs because the moon is 180 degrees opposite the sun. This creates a gateway effect for everybody on the Earth where we are in the middle of polar opposites. Knowing the spectrum that we are placed in during the eclipse helps us to work with the eclipse.

So, if the eclipse happens when the sun is in Aquarius, then the full moon will happen on the opposite end in Leo, which is what happened on January 20, 2019. These two signs are fixed in Air and Fire. Aquarius' dreamy thoughts process is empowered by the bold actions of Leo that helps to support our egos.

There are 12 possible mixtures of zodiac signs within eclipses. You will have to figure out for each eclipse before they happen in order to use their power. Since an eclipse will place the Earthly, material spin on your conscious and subconscious dreams, it creates a very strong gateway through which you can use to bring your hidden desires to heart.

Blood Moon Spell

For this spell, all you will need is a calm mind and yourself. It is a good idea to meditate before you begin.

To start, begin by taking a ritual bath. Sit in the bath and visualize all of your negative energy being washed away. Then, when you drain all of the water out of the tub, believe that all of that negativity is being drained away.

When the eclipse is getting ready to happen, step outside and find a place where you can view the moon clearly. Once the moon is completely eclipsed, say: “I summon the Triple Goddess in all her names, forms, and faces. I summon the Maiden, Mother, and Crone and ask them kindly to grant me a wish. I wish (state what you want and be as explicit as you can). I thank you, great Triple Goddess. As I will so mote it be. Blessed be.”

Go back inside and know that your wish has been heard.

Lunar Love Spell

If the lunar eclipse falls in Leo, this spell will be even more powerful.

You will need:

- A picture of whatever it is that you are trying to attract or another symbolic representation
- Pen
- Paper
- Essential oil – you can pick your favorites and mix them together

before casting the spell

- Gold candle
- Sage or favorite incense

Start by clearing your space and altar with incense or sage. Take this time to cast your circle, call the elements, and any guides that you want to help protect you and to help guide you in your spell.

Once you know exactly what you want, write it down with as many details as you can use with the pen and paper that you have. You want to really feel everything that you are writing down. As you write it, make sure you visualize it as well. After everything that you write down, write, “Thank you for bringing (the thing you want) into my life now.” Your guides and the Universe like a little recognition.

Once you are done writing, anoint your candle with your mixture of oils. Do this by pulling the oil from the bottom up the candle and out towards you. You should also anoint the picture or symbolic representation of what you want in your life.

Now, safely burn the paper with your intentions written on it. Do this safely in a fire-proof bowl. Take the ashes of the paper and place them in a potted plant and mix it in with the dirt. This will help your intentions come to life.

Each day, for an entire week, light the candle. Make sure the symbolic representation of your intention is kept with you whenever you light the candle and acknowledge your guides and thank them.

Lunar Spell for Freedom, Gratitude, and Strength

This is a great spell whenever you are finding it hard to detach yourself from

things that are no longer serving you.

You will need:

- A musical instrument
- A black or white candle
- An altar

Begin by casting your circle and summoning the elements, God, and Goddess, and whoever else you would like to call in for this spell. Some good Goddesses to call in for this spell are Kali, Nyphthys, Nyx, and Hekate.

You don't have to do this outside, but if you can, it will feel amazing. Start by lighting your candle. Pick up the musical instrument, even if it is something you have had to improvise. The important thing is that you feel comfortable. Allow the energy of the eclipse guide you and play the instrument. As you are playing, say: "In the light of the Lunar eclipse, I summon thee oh (you have chosen guide), to stay with me. The power of the moon, together with the sun, is providing me with strength for my journey has begun. I, (state your name), am here to honor my Goddess, my God, and my ancestors for everything they have made me. I am free from my habits (think about old habits you want to release). I am free from my addictions (again, think about addictions you want to release). I am free from my problems (think about the problems.) Under the shadow, I begin a new path full of blessings and motivation. The sun will guide me, and the moon will light my inspiration. I thank thee! I thank thee! I thank thee!"

Allow the candle to burn out. You can have fun at this time in whatever way you want. Once the candle is out, close your circle and thank your guides.

Chapter 8: Moon Magic



We've made it to the chapter we have all been waiting for. Here you will find lots of spells that you can use during different moon phases to improve their power. Each one will tell you what moon phase works best as well as everything you will need.

Full Moon Love Spell

If you want some extra power for this spell, try to do it on a Friday that is close to the full moon. Make sure that your thoughts are focused on love. You really want to capture and hold onto these feelings.

You need:

- Jasmine oil – optional
- A light green or pink candle
- Paper
- Pen

If you are using it, begin by anointing your candle with the jasmine oil.

Now, sit down and use the pen and paper to write out a letter to your soul mate and to your current significant other if you want to boost your current relationship. Write your letter in the future tense. Tell them the person of your dreams all of the things that you love about them and your relationship. Write as long as you want to.

Once you are finished with your letter, lay the letter on your altar and place the candle on it.

Light your candle as you say: “This flame represents my burning desire. I summon the energies to draw me a magical love.”

Spend some time meditating on the feeling of having the love of your life in your life. Once you feel you have meditated long enough, fold up your paper and then drizzle some of the candle wax on it to seal it closed. Sit the candle back down on the paper and let the candle burn out.

Once the candle is completely burned, bury the remains of the wax and place the letter into your book of shadows or in a place that is sacred to you.

Forget all about the spell and then start taking some action to bring your love into your life.

Full Moon Luck Spell

This is a very easy spell to do. You don't need anything special. All you need is a full moon. Once the moon is full, all you need to do is chant:

“Lady of luck, come out tonight. Bless your light upon me as the light of the moon shines above in this light bless me with your luck. Until the moon is next to be full.”

This will keep you in luck until the next full moon comes around. If you want to keep good luck, say this on every full moon.

New Moon Ritual for a Job

Keep some type of talisman with you as you are doing this ritual. This could be a ring, a moon pendant, or a crystal. After the ritual, make sure that you keep your object with you for the next 30 days and allow it to remind you of how amazing you feel as you stick to your healthy new habits.

You will need:

- Talisman
- Green candle
- Paper
- Pen
- Green envelope

Before starting your rituals, take a salt bath so that you can relax and take this time to get ready for your ritual. You can also add in some herbs that correspond with your intent and spell. Next, save the space you are using for your ritual with some sage to prepare.

You want your space to feel relaxed, safe, and private. This ritual can be done by a solitary witch or with an entire coven. It can be done inside or outside, just make sure it is someplace that is private and safe.

Turn off any sources of distraction and noise and if you can, keep your pets out so that you don't get distracted.

You can play some soft music if you want, and then make sure you are comfortable. Gather the things you need and begin.

Light your candle and then take the pen and paper and write down a list of everything that you would like your job to be. Please be sure be specific as possible. Write down the title, the company, how your office will look, and anything else that is important to you.

Flip the paper over, and then on the other side write down ten things that you would bring to the job. Once you have finished writing, seal the paper inside of a green envelope and then leave the letter and candle in place that you see

every day.

With the next full moon, light the candle again and then burn the letter and envelope. This does not mean that it is going to take the entire lunar cycle to manifest your job opportunity, it can take more or less time, it is simply complete the cycle of coming up with your intentions for the job on the two most powerful lunar cycle days.

New Moon Ritual for Romance

You need:

- Three red candles
- Rose quartz
- Small Pot
- Dirt to fill the pot
- Seeds of choice
- Paper
- Pen
- Red envelope

Before starting your rituals, take a salt bath so that you can relax and take this time to get ready for your ritual. You can also add in some herbs that correspond with your intent and spell. Next, save the space you are using for your ritual with some sage to prepare.

You want your space to feel relaxed, safe, and private. This ritual can be done

by a solitary witch or with an entire coven. It can be done inside or outside, just make sure it is someplace that is private and safe.

Turn off any sources of distraction and noise and if you can, keep your pets out so that you don't get distracted.

You can play some soft music if you want, and then make sure you are comfortable. Gather the things you need and begin.

Start by lighting your three red candles. Add some dirt into the pot and place the seeds in it. Add the rest of the dirt into the pot and then place the quartz in the pot. If the quartz is too bit, sit it next to the pot.

Take your pen and paper and then write down everything that you want from your romantic partner. Make sure that you are as specific as possible, especially about how they make you feel, their attributes, and possibly their name. Flip the paper over and then write down a list of qualities that you will bless them with. Once you are done, place the paper into a red envelope and seal it up.

Keep this envelope in your pillow and sleep on it until the seeds that you planted have grown enough to be replanted outside. Burn the letter and then bury the ashes with your plant.

Every time that you walk past your plant, or when you make sure the envelope is tucked into your pillow, remind yourself about everything that you hope to get and give with this new romantic relationship.

New Moon Money Ritual

You need:

- Three green candles

Before starting your rituals, take a salt bath so that you can relax and take this time to get ready for your ritual. You can also add in some herbs that correspond with your intent and spell. Next, save the space you are using for your ritual with some sage to prepare.

You want your space to feel relaxed, safe, and private. This ritual can be done by a solitary witch or with an entire coven. It can be done inside or outside, just make sure it is someplace that is private and safe.

Turn off any sources of distraction and noise and if you can, keep your pets out so that you don't get distracted.

You can play some soft music if you want, and then make sure you are comfortable. Gather the things you need and begin.

Begin by lighting your candles and then really focus on how much money you would like to bring into your life. Then, recite this prayer:

“From the light I am. From the love I am. From the power I am. From the heart I am. I declare that I dwell in the midst of infinite abundance. The abundance of the Universe is my infinite source. The river of life always flows. It flows through me into lavish expression. Good comes to me in unexpected ways and the Universe is always blessing me. I open my mind to receive the good. Nothing is too good to be true. Nothing is too wonderful to happen. I trust my infinite source. I am no longer burdened by the thoughts of the past or the future. One is gone. The other hasn't happened. By the power of belief, coupled with my purposeful actions and my deep connection with the source, my future is created and my abundance made manifest. I ask and accept that I am connected to my higher truth in every moment. My mind is quiet. From here on out, I give freely and fearlessly into life and life gives back to me with an increase. Blessings come in all different ways that are unexpected and expected. The Universe provides for me in many different ways. I am grateful. And I let it be so.”

Make sure that you burn the candles at least once a day until they have completely burned out. Every time that you light them, take a moment to think of your intention to attract a certain amount of money and repeat your prayer.

New Moon Health Ritual

This ritual is very simple and won't require anything special or a lot of prep work. All you need to do is to decide what habit you would like to adopt. Then, on the night of a new moon, you will need to do a version of the habit, even if it is only a symbolic action.

For example, if you would like to start eating healthier dinners, then the night of the new moon, lovingly fix yourself a healthy soup by candlelight and then slowly eat it, savoring every bite and how good it makes you feel.

If your new habit is to exercise each day, then during the new moon, plan to take a nighttime stroll around your yard or someplace safe. You want to do this by yourself so that you don't become distracted by a pet or another person. You want to focus on how amazing your body feels as you are walking. Feel how your body craves this exercise and movement, and how relaxed and alive you feel.

New Moon Ritual to Release a Past Love

You need:

- A picture of your ex
- Matches

- Fireproof dish

Before starting your rituals, take a salt bath so that you can relax and take this time to get ready for your ritual. You can also add in some herbs that correspond with your intent and spell. Next, save the space you are using for your ritual with some sage to prepare.

You want your space to feel relaxed, safe, and private. This ritual can be done by a solitary witch or with an entire coven. It can be done inside or outside, just make sure it is someplace that is private and safe.

Turn off any sources of distraction and noise and if you can, keep your pets out so that you don't get distracted.

You can play some soft music if you want, and then make sure you are comfortable. Gather the things you need and begin.

Once you are ready to begin, take the photo of your ex. The point of this ritual is to provide you with a "new beginning" from that person, so keep that in mind. Take your matches and set the bottom of the picture on fire and then sit in your fireproof dish. As you watch the photo burn up, picture the end of the relationship and how all of the emotions that you are feeling right now will change just like the picture is turning to ash. After the picture is completely burned up, and you can touch the ash without getting burned, take it outside and bury it in the Earth so that your old relationship can be used to help something else grow.

Full Moon Journal Ritual

A big reason why people tend to be more emotional during the full moon is that it brings to light many unconscious feelings. This can also include

relationships and habits that aren't aligned with our highest good. If we don't make sure that we face and process these things, we can end up finding ourselves feeling overwhelmed, confused, and hypersensitive.

One of the best things that we can decide to do during this time is to express these repressed feelings in a healthy and safe way. This ritual will help to bring all of your darkest feelings out into the light by writing them down.

You can do this outside in the moonlight or inside, it doesn't matter. Take a pen and paper and start writing down all of your feelings. Do you notice if there are any insights or surprises? Are there are feelings in certain areas that you are suppressing or ignoring? Have you been compromising your boundaries and truth? Do you want to release everything that isn't serving you?

You don't need to start trying to figure out the answers at this point. What is important is that you ask yourself some hard questions. You will learn how to awaken your intuition more as you continue to work with the moon, which will help to guide you in the things that you do.

For now, once you feel as if you have released everything that you need to on that piece of paper, burn it. Place it in a fireproof dish and light it on fire. Before you burn it, you can choose to write a statement at the end like "I release everything that is no longer serving me for total transmutation, healing, and purification for my highest good."

As you watch the paper burn, wash the ashes away or give them back to Mother Earth, and feel the light of the moon wash away your dark areas.

Full Moon Smudging Ritual

This is a great ritual to do after an emotional spell, like the previous ritual. This is also great to do on its own. The only thing that you will need for this

is a sage wand or bundle.

Smudging is a very powerful cleansing tool that was a common ritual for the Natives and other Earth-based religions during ceremonies. It is believed that sage helps to release negative, stagnant, and toxic energies and it can even get rid of spirits that are attached to the Earth.

Smudging during a full moon is a very powerful ritual, and if you have done the previous ritual where you released things, it can help to push those energies further out of your life.

To do this ritual, light one end of the sage bundle and fan out the flames so that it is only smoking. Keep a fire-proof dish under the bundle to catch any ashes, and then begin to waft the smoke around your body. As you are doing this, set an intention. A good choice would be, "I release everything that isn't serving my highest good."

Once you have finished smudging yourself, you can go through and smudge your home by wafting the sage smoke into all of the corners and spaces of every room in your house, or anywhere else you feel needs to be smudged. Trust what your intuition tells you on this, and you may end up smudging places you didn't think needed to be or staying in one area longer than another.

Make sure you are completely safe as you are doing this, and keep your distance from fabrics, children, pets, and always make sure you have a dish underneath. Watch out for any falling ash and put it out if it lands elsewhere than the dish.

Once you have finished this ritual, go through and open your windows to help the smoke leave the house and allow your new energy to come in. Plus, you will get the moonlight shining through as well. The sage can also be used to clear your spiritual objects as well.

Full Moon Magical Infusion

The full moon's light will amplify anything you do on this night, so it is the perfect time to infuse the moon's energy into your spiritual tools, such as crystals, incense, and essential oils.

I suggest smudging these items with sage before you start this spell so that they are clear and pure before you let them absorb the moon's energy. In order to charge them, you need to set an intention with each of the objects and then place them in a place where they can get as much moonlight as possible during the night.

For example, if you have a crystal that you want to use for a certain reason, you can state what your intention is for that crystal, and then say, "I welcome the magic and light of the full moon to empower and bless this crystal, and open me to all its gifts for my highest good."

Pick up all of your objects the next morning. There are some crystals and spiritual tools that may end up reacting with the sunlight. As you put the object that you charged back into its rightful space, thank them, and the moon for all of its energy, and notice how there is now a shift with the item each time that you work with them.

Full Moon Bathing Ritual

Since the full moon tends to bring out our animal instincts, this is a ritual you should try to do at least once. Don't do anything that could get you into trouble, though. Use common sense. If you have a way to do it safely and privately, try to do this outside in no clothing or minimal clothing so that you can bathe in the moonlight. But you don't have to do this outside, if you have

a private room with a good view of the moon, you can do it in there. In fact, it may be advisable to do this where you can lock the door for privacy.

All you need to do is lay down and let the rays of the moon infuse your body with their energy. This is a great way to replenish your energy and health, especially if you have released negative energies lately. When you release things, you create a space, and when there is space, you want to make sure that you fill it with something good.

What better thing to fill that space than with the magic of the moonlight?

As the moon shines on you, picture your heart, energy fields, body, and mind soaking up all of the silvery rays. While the sun is able to uplift and energize us, the moonlight awakens our natural intuitiveness, spiritual and softer side. When you absorb the light of the full moon, it is especially healing for women as it helps to nourish the sacral chakra or the womb.

You don't have to lay in the moonlight all night. All you need to do is about 20 to 30 minutes depending on how feasible it is for you. If you want, you can use the Kundalini mantra, "Ra Ma Da SA SA Se So Hum." This helps to invoke the healings of the heavenly and physical bodies.

This is a great bonding experience to do with a friend or partner that you trust.

Full Moon Goddess Meditation

Due to a woman's monthly cycle, they have a special connection to the moon. The waxing, full, and waning moons are connected to the triple Goddesses three parts, the Maiden, Mother, and Crone. These same three phases also represent a new menstrual cycle as well as the cycle of birth, life, and death.

Since the full moon is the Mother, the Goddesses associated with the full

moon are the Egyptian Goddess Isis, Mayan Goddess Ixchel, Celtic Goddess Morrigan, Greek Goddesses Selene and Demeter, and the Norse Goddess Freya. Since each of these Goddesses can provide you with different feminine aspects, feel free to ask for all of their gifts or for specific ones. It all depends on what it is that you are looking to bring into your life.

To begin this ritual, get into a comfortable seated position so that you are in the moonlight. This could be outside or inside. Once you are comfortable, state the Goddess that you would like to invite in and anything specific that you would like her to help you with. Demeter can help you to nourish yourself. Frigg can help with fertility. Ixchel can help to heal your menstrual cycle. Morrigan and Isis and can help you with improving your intuition.

Now, simply sit in this meditation for as long as you would like. It's important to remember that these Goddesses represent your sacred feminine qualities. By meditating, you are connecting with what resonates with you.

You don't really need to do anything else. Once you feel you have meditated enough, come back to where you are sitting and thank the Goddess you called in. Thank her for her guidance and help.

Draw Down the Moon

This should be done during the full moon. There are different variations of drawing down the moon, and you can customize it depending on what your customs and needs may be. For this particular version, start out standing next to your altar and cross your arms over your chest and keep your feet together. Face the full moon and then say:

“Goddess of the moon, you are known by several names in many lands and at many times. You are constant and universal. In the dark night, you shine upon us and wash us in your love and light. I ask you, oh Divine one, to

honor me by joining me, and letting me feel your presence within my heart.”

Now step your feet out to about shoulder width apart and bring your arms up and out to greet the Goddess. The next thing that you will do can either be what is written below, or you can simply speak from your heart. You might start feeling tingling or a surge of energy. Don't worry, this is simply the Goddess letting you know that she is there. You will be speaking for her, in her voice, so allow you to say whatever she wishes, so feeling free to change these words:

“I am the Mother of life, the one who watches over everyone. I am the Wind in the sky, the sparks of Fire, the seeds in Earth, the Water in the ocean. I am the vessel from which all things come from. Honor me from within your heart. Remember that pleasure and love are my rituals, and there is beauty in everything. Honor me on the night of the full moon. I have been with you since you were born and will stay with you always. Let there be strength and beauty, honor and wisdom, courage and humility within you. If you need me, call me and I will come to you, for I am everywhere, always. Honor me as you seek knowledge. I am the Maiden, Mother, and Crone, and I live inside of you.”

Really feel the power of the Goddess that is within you. Once you feel like you are ready to move on, finish the ritual with:

“I look down upon the sands of the desert. I crash the tides onto the shore. I shine on the trees in the forests, and I watch with joy as life continues every cycle. Be true to me, honoring that which I have made, and I shall be true to you in return. With harm to none, so it shall be.”

Take some time to stand and bask in the glow of the moonlight and meditate upon everything that you have experienced. Once you notice that the energy has started to subside, let your arms fall back to your side and then continue on with whatever else you would like to do to celebrate the full moon.

New Moon Cleansing Bath for Good Luck

You need:

- A white candle
- 3 guinea hen weed leaves
- A sprig of rosemary
- A sprig of rue

Begin by drawing a bathtub full of water. Take a piece of cheesecloth and place the guinea hen weed, rosemary, and rue in the cheesecloth and tie it closed. Place your herb bag into your tub and let it “steep” for a few minutes as you get undressed and light your white candle.

Before you get into the tub, set your intention for your bath. You can even cast a circle if you would like and call in the elements and guides that can help bring more luck into your life.

Once you are ready, get into the tub and soak for as long as you want. Really allow yourself to visualize your body soaking in the luck from these herbs. If you have a window in your bathroom where you can get a good look at the dark sky, watch the sky and pull in the power of the new moon.

Once you feel like you have soaked in enough of the lucky powers of the herbs, get out of your bath and drain the water. This is a great way to start any ritual for the new moon as well.

New Moon Curse Removal Candle Spell

You need:

- Salt
- Cinnamon powder
- A green candle

Sit the candle on your altar. Then, make a protective circle around the candle with some salt. As you do so, say: “Bad luck, I command you to leave me now.”

Now, light your candle. Picture all of your bad luck and say: “All of my adversity now dissolves.”

Take some time to visualize, meditate, and focus on all of your problems and watch them as they leave. After about five minutes have passed, sprinkle the cinnamon over the top of the salt circle, and say: “There are only positive energy and good luck that flows through me now.”

Picture all of the good luck coming into your life as bright blue light as you picture all of the positive things that you would like to bring into your life. Push out all of the negative memories and thoughts that may pop up and replace them with pictures of new happy opportunities.

Allow the candle to burn out completely.

Full Moon Protection Spell

You need:

- Sage

- Water
- A tablespoon of cloves
- A white candle

Start by filling up you a bowl with some water and set it on your altar. Place the white candle next to it. Light the candle and then start burning the sage.

Sprinkle the cloves into the water. Take a deep breath in and let your mind clear out. Start to focus on bringing in powers of protection. Picture a shield of light all around you. As you do, say: “I invite in the protection of the Lord and Lady to wrap me in a powerful shield of Fire and to fill me with the grace and strength of the Earth. Winds bring me wisdom and Water brings me a fortune. I let go of my fears so that I can keep in touch with the pulse of life. Let this be done under the moon and for the greater good of all. So be it, so it shall be.”

All the candles burn as long as you would like it to. Take this time to meditate and allow all of the magic to release out into the world.

Once you feel ready, snuff your candle out and dispose of the water with the cloves into nature under the light of the moon.

New Moon Banishing Spell to Remove Negativity

You need:

- A knife
- A bay leaf – dried or fresh
- A red apple

Set the apple on the altar so that it is positioned right in front of you. Gaze at the apple and focus completely on what your goal is, which is getting rid of negativity. Picture a protective shell around you that causes all negative energy to simply bounce off of you. Make sure that you keep this picture in your mind as you continue.

Slice the apple in half and place them on the table so that they face up. Lay the bay leaf on top of one of them and say: “Red and green, banishing grace. Cast all evil out of this place.”

Repeat this three times. Fully believe and have faith in the words that you are saying and that what you want will be fulfilled. This is an extremely important part of the spell.

Once you fully believe that the negativity has been banished, place the two halves of the apple together and then bury it in some fresh dirt. You can do this in the park, the woods, or in your garden.

New Moon Salt Ritual

I would not suggest doing this ritual if you have carpet because you will likely find it hard to sweep the salt up. This is best to do on a wood, linoleum, or tile floor.

You need:

- Broom
- Coarse salt

This is something that you can do each new moon, or only when you feel like you need to rid your house of negativity.

Start by using a regular broom to sweep the floor so that it is actually physically clean before you start the spiritual cleansing.

Fill your hand with salt and place it on your clean floor. With the broom, sweep the salt all over your room and chant these words: “As I sweep these crystals with my broom, I send all spirits out of this room.”

Then, sweep the salt back up and then dispose of it in the toilet. When you do this, ask that the Water removes all of the negativity that has come into your home.

7-Day Waxing Crescent Money Visualization

You need:

- Candle holder or dish
- Pen
- Paper
- Green candle

Before you begin, draw a symbol for money on the piece of paper. The easiest thing to do is to draw your currencies symbol. You can decorate the piece of paper and your symbol however you would like. Spend a little time doing this so that it brings money to the front of your mind and it helps you to start relaxing.

Still, on this piece of paper, write down how much money you need. This should be a realistic number. Really picture yourself with the money, either

in your hands or in your bank.

Set the candle in the holder or on the dish and place the piece of paper under it. Light your candle. Take some deep breaths to center yourself and then spend the next 15 minutes picture the money coming into your life. If you aren't sure how the money is going to come to you, relax, let your mind clear, and don't think about the money. It will simply come to you.

Continue to meditate as the candle burns. Some of the wax should start to cover some of the paper. If it isn't, angle the candle a bit and let the wax fall on the paper, without burning yourself.

After the paper has some wax on it, blow your candle out. Do this every night for seven nights. Try to do this at the same time each day. On the last night, use the candle to burn the paper and then let the candle to burn all the way out.

Simple Waxing Crescent Money Spell

You need:

- Five bills and five coins of any value
- Cinnamon powder
- Peppermint incense
- Green candle

Take a comfortable seat on the floor, using a cushion if you need to, and place the ten pieces of money you have in a circle around you. Make the circle slightly bigger than you to fit the other items.

Within the circle, light the candle and incense. Take some time to visualize

and meditate on how you can make your money issues go away. Picture yourself with the amount of money that you need. This amount of money is your goal to focus on it.

Once you feel as if you are completely focused on your goal and the amount of money you need, take the cinnamon and sprinkle just a little bit on top of each bill and coin that you have around you. As you sprinkle the cinnamon, say: "I have all the money I could need. I am truly prosperous indeed."

You should say this five times. Moving in a clockwise motion around your circle, pick up the money. Place this money in your purse or wallet and allow the candle and incense to burn out.

During the next few days, spend this money so that all of the energy that you have created will be flowing along with your money.

Waxing Crescent Bath for Career Success

You need:

- Black marker or pen
- Paper
- Cinnamon incense
- Yellow candle
- Green candle
- White candle
- A cup of dried rosemary

Begin by crushing up the rosemary leaves and setting them to the side. Boil

five cups of water and set it off of the heat and add in the rosemary. Allow this to infuse for about ten minutes.

Get into a bathtub and take a bath. There's nothing special about this part, all you are trying to do is get physically clean. Once you are clean, and the rosemary infusion has cooled a bit, pour the infusion down your neck and then sit and relax.

Once you feel relaxed enough, take a shower to rinse off and then put on your comfiest clothes and don't leave your house. Go to your altar. Taking a piece of paper and a black writing utensil, write down whatever it is that you would like to attract in your career or the things that you would like to improve about the place you work. You want to be as detailed and specific as possible. Don't worry about how many words you are writing down. Also, be as realistic as possible without downplaying your expectations and desires.

Take you three candles and the incense and place them in a circle on your altar. Lay the piece of paper in the middle of the circle and then light all of the candles and incense.

Take three deep breaths and let yourself relax and focus on your feelings. Read through your letter and while you do so, picture how all of this is going to manifest. Really fill yourself up with the feelings of power and satisfaction.

For about five minutes, meditate with this feeling and leave all of your worries to the side. Make sure you are smiling while you do this. Once you feel completely relaxed, say: "Goddess Mother, you are alive and are my guide. In your name, I ask that good fortune and luck come to me. Be with me every day in my career and my work. So, mote it be."

Blow your candles out and then for the next seven days, light the candles back every night. On the seventh night, allow all of the candle to burn out completely and then bury the letter and the candle remains together.

Waxing Gibbous Cleansing Bath

You need:

- Lavender essential oil
- Coarse salt

Fill a tub with warm water, or whatever temperature you like your bath to be. Add a cup of salt into the bath. Don't add in anything else, like soap or bubbles. Then drop in ten drops of lavender.

Move yours have through the water to help dissolve the salt. Get into the water and then relax there for about 20 to 30 minutes as you gain all of the benefits of the lavender and salt. During your bath, you can chant the following prayer as many times as you would like to gain spiritual cleansing: "I cleanse myself of my vanity. I cleanse myself of discontent. I release my body of my ego. I fill myself with self-respect."

Picture all of your issues, problems, stresses, and concerns disappearing and vanishing from your life. Get out of your bath and then all the water to remove the salt as well as all of your negative energies away.

First Quarter Love Charm

You need:

- A red sachet
- Amber stone

To start out, wash your amber stone with plenty of water. On a piece of paper, write down all of the qualities that you would like for your perfect mate to have. Lay the piece of amber under your pillow and head to bed.

The following morning hold the amber in your left hand and hold close to your heart. While you are doing this, pay attention to how you are feeling. Really try to feel love deep inside of you. Think about how it would feel to find your significant other and savor all of this. If you are able to picture it, do so in as much detail as possible. You don't have to think about a specific person. Instead, simply think about the feelings of happiness and joy that you would get from finding your true love.

Place the amber inside of your red sachet and keep this in your jacket pocket, in a purse or bag, or close to your heart. The important thing is to keep it with you. Over the next six days, do this morning visualization and make sure that you keep the bag under your pillow each night. Keep it with you until your true love manifests.

First Quarter Lucky Coin Amulet

You need:

- Red string or ribbon
- A yellow candle
- Seven bay leaves – fresh
- Sandalwood incense – optional
- Seven Chinese coins – you can buy them off of Amazon. They aren't real currency; they are simply used for amulet purposes.

Start by forming a circle on your altar with the seven coins. Set the candle in the middle of that circle and then light it. This would also be the time to light the incense, also inside of the circle if you are using it.

Look at the moon, or picture it in your mind if you aren't able to see it, and with truth and faith, say: "Oh moon, you advise and reveal. Tonight, allow my wishes to reach the skies. Make your power reach my home and enchant these coins. Allow them to protect and fill me with joy and love. I am surrounded by you bliss and fortune. As I will so mote it be."

Crush up your bay leaf and then rub it between your hands. Move its aroma all of your skin. Feel free to sniff and really smell it. Do the same thing with about three or four leaves, however, much feels appropriate.

Pick up the coins and start to tie them together using the red string. While you do this, repeat the above chant once more. Once you are done tying them up, lay the amulet beside your candle and let it stay there until the candle burns out.

First Quarter Fire Flower Spell

You need:

- Dish or candle holder
- Pencil
- Paper
- A cauldron or fireproof container
- Three dried white flowers – lilies, tulips, daisies, daffodils, and so on

- Favorite essential oils – yarrow, vanilla, rose, orange, myrtle, jasmine, clove, or cinnamon
- Favorite incense – ylang-ylang, roses, jasmine, or cinnamon
- Pink candle

Start by lighting the incense and allow its aroma to fill the room. Start by dressing your candle with the essential oil that you have prepared in order to open up the door to powerful love that will transform everything that it comes in contact with. While you dress the candle, say: “I consecrate and clean this candle in order for it to serve as a sign of the covenant between me and the Element Fire.”

Next, light your candle and then set it in the dish or holder. Pick up one of your white flowers and then gently take the petals off, one by one. While you are doing this, slowly breathe in as you say: “I am (breath in) Full of power (breathe out) A powerful love (breathe in) that burns like fire (breathe out).”

Repeat this with all three of the flowers and lay the petals inside of your cauldron. Take some time to clear your mind of all thoughts and worries. Take the piece of paper and then write down your full name. Use the flame of the candle to light the paper on fire and place it in the cauldron so that it can burn safely.

Allow the candle to burn all of the ways down and then bury its remains in a flowerpot and thank it for helping you. Take the ashes of the paper and the petals that remain out of the cauldron and bury them as well.

Waxing Crescent Fresh Funds Spell

You need:

- A white handkerchief
- Favorite essential oil for money – like ginger, sandalwood, patchouli, cinnamon, or myrrh
- Five basil leaves – fresh
- A head of garlic
- A bill of your currency
- A wooden chest

Put the bill in your wooden box; the highest denomination that you can afford, the better. Place the garlic head on top of the bill. Now, say: “It’s time, it’s time to combine and connect. Timeless magic, fresh allure, funds increase, and stay secure.”

Place the basil leaf on the money as well. Lay the white handkerchief over everything and then drop three to four drops of your favorite prosperity oil on top. Close up the chest and then place it under your bed.

Don’t let anybody know about this spell and keep it under the bed for at least 28 days.

Waxing Crescent Door Opener

You need:

- Dish
- Knife

- Cloth sachet
- Three bay leaves
- Sea salt
- A handful of uncooked rice
- Green candle

Using the sea salt, draw a circle on your altar, or, if you are working outside and on the ground, you can make a large circle of protection with your salt. Carve your name into your green candle. The first letter should start at the top near the wick and end towards the base of the candle.

Set the dish inside of the salt circle. Light your candle and allow a couple of drops of the wax to drop on the dish so that the candle will stick to the center of the dish. Place the rice inside of the dish.

Lay the bay leaves over the rice. As you watch the candle burn down, say: “Oh Goddess Mother, Queen of wisdom and magic, your doors are open. They never close during the night or day. Your hands are reached out in my favor and will clear out the way, preparing me to work a job according to your will. By the power of three, so mote it be.”

Allow this candle to completely burn out and meditate with it as it does. Give thanks to the Goddess and the wheels of manifestation because they are working in your favor. Blow out the candles and place all of your tools back in their respective place.

Place the bay leaves and rice inside of the sachet and place them in a safe and secret place. After a week as past, light that same candle and repeat the chant from above as you are holding your sachet.

You can keep the bag with you or in a safe place.

Full Moon Money Spell

You need:

- A quarter
- Water
- Cauldron

During the night of the full moon, fill your cauldron up with some drinking water. Place the quarter inside of the water and sit the cauldron in a place where the full moon will hit it.

Say this three times: “Good full moon, your will, and my desires are always connected. Fill up my pockets with gold and silver, so that all I need, I can afford.”

Leave the cauldron in the moonlight all night long. The next morning, remove the quarter from the pot. Pour the water in your garden or in your flower pot. Keep the quarter in your wallet, purse, or pocket for at least a week. Then you can feel free to spend it.

Waxing Gibbous Pure Light Cleanse

You need:

- A cauldron
- White candle

- Sage stick
- Palo Santo stick

Prepare your altar by sitting the candle and the cauldron next to each other. Light the Palo Santo and then sit it inside the cauldron. Light the sage stick and set it in the cauldron as well.

As you watch the smoke rise up, light the candle and say: “Goddess of Earth, and the celestial dome, pure is my heart, clear is my home.”

You can continue to whisper or sing this prayer, but the most important thing is to focus on bringing good energy into your home to protect it. Continue to say this prayer as many times as you need. If you have to, relight the incense and allow the smoke to really fill up the room.

Let the candles to burn all the way out. All of the new positive energy that you have invited in will clear out all of the bad moods, and negative intentions from your home.

First Quarter Couples Love Spell

You need:

- Pen
- Paper
- Lidded glass bottle
- Two red roses

Place the two roses inside of the glass bottle. Write out the full names of the

two people in a relationship on the piece of paper. This could be for you and your significant other or another couple. The important thing is to make sure you have the permission of the couple before doing these spells.

Then place the paper with the names on it inside of the bottle. Then say: “Flowers and crystals, conspire and pact, burn in their heart with endless desire.” Seal the bottle using a cork. Bury the bottle someplace where nobody is going to find it. This could be in the forest, your back yard, or in a garden. Leave it be and forget about it.

Waxing Gibbous Stress Charm

You need:

- Blue candle – optional
- A mug
- Hyssop tea
- Water

Boil the water. As the water is heating, turn off anything that could distract you like your phone and TV. Breathe a few deep breaths and will allow yourself to relax. Place the tea in your cup and fill the cup with the hot water. If you are using the candle, light it now. Sit down and relax. Meditate as you slowly drink your tea.

A word to the wise, anybody who is currently taking sleep pills or other types of sedatives, or if you are in treatment for insomnia or depression, make sure you check with your doctor before drinking this tea. Children and pregnant women should also be careful.

Full Moon Money Chant

You need:

- A glass bowl
- A small glass
- A dollar bill
- Water
- Sugar

Set your altar up outside if you can, if not, set it up near a window where you can see the full moon. Add some tap water in the glass bowl and set it on your altar. Add a spoonful of sugar into the small glass. Sit the glass inside of the bowl of water. Don't let the water get into the sugar.

Sit the bill under the bowl. Whisper: "Shining moon, may your light and radiance touch my finances. May this water be its mirror. May the sugar be its conductor, and abundance spread to every part of my life. Thank you, moon, because you are always there."

Let this sit where it is all night and take it up before it is hit with direct sunlight. Take the bill and use it as an amulet and keep it inside of your purse or wallet. Stir together the sugar and water and dispose of it in a small hole in the ground or pour it into a flower pot.

Waning Gibbous Protection Spell

You need:

- A cauldron
- White Carnation
- A sage stick
- Two black candles

Find a comfortable seated position on the floor, using a cushion if you need to. You should be as close to the main entrance to your house. Place a black candle on either side of you. Light the one on your right first, and then the one on your left. Light your sage stick and then sit it in your cauldron.

Watch as the smoke begins to rise and move throughout your room. Pick up the carnation and hold it in your hands and picture the smoke clearing your home and your life of any and all negativity.

Imagine that white light is being emitted from the carnation and is wrapping its way around your entire body. Picture how it continues to slowly and fills up the entire space around you. Really feel being healthy, free from danger, and being safe. Meditate with these feelings for as long as you would like to, and once you are done, say: “Bless this home and all who enter. Drive away the ill-tempered. Laughter and love live here all night and day. Clear out the obstacles in our way.”

Once you are ready, stand and open the front door of your home. Allow all of the smoke and the negativity to flow out. Place the flower outside of the house next to the door. Place the candles someplace safe so that they can burn out completely.

Third Quarter Justice Spell

You need:

- A handful of cloves
- Incense stick – use something like cinnamon, ginger, or pepper
- A knife
- Lemon
- Black candle

Begin by lighting the incense. Think of everything harmful that has been going on lately. You don't need to worry about who has caused them, simply focus on the way that you feel.

Next, light the candle and then slice the lemon in half. Take three whole cloves and press them into one of the lemon halves. Repeat with the other half of lemon. While you do this, say: "The pain that has hurt me is now your own. Justice is here, I'm not alone."

Take a moment to visualize what justice means for you. Once you feel ready, allow your eyes to come open. Extinguish the candle and allow your intentions to be released out into the Universe.

Place the lemon halves in a container or cup and set them under your bed for the remainder of the night. The lemon will cleanse you and the cloves will protect you as you sleep.

The following morning you need to dispose of the lemon in either your compost pile or in regular waste. If you find that you need to recharge the spell to add some extra protection, light the candle again.

Waning Crescent Salt Spell

You need:

- A dish
- Coarse salt
- Seven red rose petals
- White candle

Set the dish on your altar. Use a handful of salt to draw a circle on the dish. Lay the rose petals on top of the salt circle. In the middle of the circle, set the candle and light it.

Take a moment to simply sit and breathe slowly to relax yourself and your mind. Picture all of the different paths in your life clearing away and doors opening for you. Thank the God and Goddess for all of your good fortune and luck by saying: “Only good and positive luck and energies flow to me now.” Let your mind go clear and sit here and meditate for ten minutes. Focus on the different ways you will be able to find and see all of your opportunities. For the next seven days, repeat this ritual with the same ingredients and candle. On the seventh day, allow the candle to burn out.

Waning Gibbous Ritual to End Jealousy at Work

You need:

- Fresh sage
- A spiritual pendant that is important to you
- White candle

Place the candle your altar and light the candle. Hold the pendant in one hand and some sage leaves on the other hand. Now say: “Come, Oh God and Goddess and bind me with your power and help to protect me from all of the envious who want to harm me and my family. Show us your kindness and bless our work. I remove the envy in the name of God and Goddess. So mote it be.”

Allow your candle to burn out as you picture a protective shield around you, coming from the pendant you are holding. Sit in meditation as the candle continues to burn. Throw the remains of the candle away.

Wear the pendant. Each time you go to work, touch the pendant with your right hand and ask the God and Goddess for their protection for the day and to keep all negative energies away.

Waning Crescent Release Spell

You need:

- Pen
- Paper

On the paper, write down the full name of whoever it is that you would like to forget. Fold the paper up several times until it is a small square. While you are folding the paper, free your mind of any thoughts and then ask your higher self to release the person forever.

Once you are ready, say: “I release you and I decree, it’s the best for you and me.”

Place the small square of paper under the main door of your house. The next morning, remove the paper from your home. You can take this a step further and bury it at the edge of the road at a crossroads. If you can't do this, you can simply bury it someplace that is far from your home. This is a symbolic act of releasing that person from your life.

Waning Gibbous Cord-Cutting

You need:

- Matches
- A wand or athame
- White candle

Begin by placing the candle in front of you and lighting it. Get into a comfortable seated position with your back straight and focus only on your breathing. Let your eyes gently close and then let your mind relax.

Start to picture the connection points between you and the person you want to be free of. Picture them, as if they were strings tying you to that particular person. Where are these strings? Heart to heart? Head to head? Don't judge them because they can end up being in unexpected places and every cord can be in a different spot. Maybe they are drawing energy from you or they are sending different feelings to you. Picture this for a minute.

Allow your eyes to come up and then carefully stand. Take your athame or wand in your dominant hand. You can also simply use your index finger on your dominant hand. Stretch the arm out so that you are pointing in front of you. Slowly walk in a clockwise fashion until you are back where you

started. You have just cast a circle.

Now, say the following affirmations. They can be said out loud or silently in your head: “I release this energy.” “I remove and slice every cord for my greater good.” “I forgive and release myself.”

Make another turn, and while you are turning, picture yourself cutting all of the cords. Everytime a cord is cut, watch it melt away and disappear. Watch as a protective circle of light wrap around you and healing all of your wounds.

The energy of your circle is protecting you. Remind yourself that you deserve to be free from that person. You can end the ritual whenever you feel you are ready to. You can also write the affirmations down and keep them with you if you need to have them as a reminder.

Feel free to do this ritual as often as you need to until you feel that you have been completely freed of your connection with that other person.

Waning Gibbous Banishing Jar

You need:

- Paper
- Pen
- Vinegar
- Coarse salt
- Lidded glass jar

Begin by cutting out a small piece of paper and then writing the person’s full

name on it that you would like to get rid of. Fold the paper twice as you picture the person disappearing from your life forever.

Place the paper in the jar. Add just enough salt so that the paper is completely covered. Add in about nine drops of vinegar and continue to picture how the person will be removed from your life.

Right before you close up the jar, say: “Find happiness, but not from me. Far and away you are banished from me.”

Seal up the jar and take it someplace that is far away from your house. It can be buried, or you could simply throw it in the trash someplace other than your house.

Waning Crescent Banishing Ritual

You need:

- Paper
- Pen
- Cord or string about 24 inches long – does not have to be precise
- A dowel or stick that is about six inches long – does not have to be precise
- Black crystal – optional
- Black candle – optional

You can begin by casting a circle if you feel that you need to. If you are using a black crystal, such as tourmaline, you should set it on your altar in front of you. This will act as protection and will take in any negative energy that

could be around you.

Begin by sitting quietly and start to deliberately feel the emotions that are attached to the intention of the spell. This could be empowerment, or it could be fear. You really need to get your emotions up because they are the basis of this spell. Think about all of the things that this person has done to you. Think about how it will feel once they stop. Hold onto these emotions. This is your chance, as well, to change your mind about doing this. Sometimes all you need is a moment of reflection before realizing you don't have to do something this drastic.

If you decide you want to continue, light the candle now if you are using it. Make sure you still have all of the emotions. Picture the flame being fed by all of those emotions.

Now, write that person's name down on the piece of paper and then wrap it around the stick. Slowly start to wrap the string around the stick and paper, binding them together. While you do this, you should say these words three times: "Your negative actions are going to cease. Any thoughts of me, you will release. My feelings for you are as stone. I command you to leave me alone."

Every time that you say this, allow your energy and emotions to increase. Really pop the words, "I command." You have to mean these words, or this spell won't work.

Then say: "As I speak it, so mote it be."

Secure the end of the string around the stick. Allow your shoulders to drop down and relax. Sit now and allow all of the tension to be released from your body and let it seep down into the floor and into the Earth beneath you. It is now finished. Close your circle if you began by casting one. Set the candle in a safe place so that it can burn out. Place the stick in an area that you can find it when you need to. The only reason you would need the stick again is if you

want to undo the spell.

Simply New Moon Banishing Spell

You need:

- Bowl
- Mirror
- Black salt
- Bat's blood ink
- Piece of paper

Start by cleansing your sacred space with a bit of sage. Start by casting a circle if you feel that you need to.

Now, write the person's name down that you want to banish on that piece of paper. Next, you will charge the paper by saying: "Your harm and lies will not hurt me anymore, for they will simply come back to you."

Place the paper in the bowl and then cover it up with black salt. Place the mirror over the bowl so that their harmful ways will be reflected back onto them.

If you started by casting the circle, then you should now take the time to close the circle. Once you are finished, remove the mirror and then take the things in the bowl outside and bury them in some fresh dirt. You also need to cleanse the mirror so that you can use it for another spell.

Conclusion

Thank for making it through to the end of *Wiccan Moon Magic*, let's hope it was informative and able to provide you with all of the tools you need to achieve your goals whatever they may be.

I hope that you find everything that you need within the power of the moon.

The last tip I can offer you is to make sure you have a clear and strong intention before beginning any spell. This is important whether or not you are practice moon magic. Intentions are what stand between you and your goals.

The moon wants to help and wants you to use her magic, but you must know what you are doing with it before you start.

Finally, if you found this book useful in any way, a review on Amazon is always appreciated!

