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MIND OVER BODY: How to Build Massive Muscle & Herculean Strength by Philip Research. J. Cullinan's tape system for bodybuilders & Sportsmen. £4.95 (\$9.95)

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THE POWER OF GENUINE ANCIENT MAGICK

Materializing a Powerful Magick Mentor and Other Acts of Ancient Magick

CARL NAGEL

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FINBARR INTERNATIONAL (BC2)

16 Turketul Rd., Folkestone CT20 2PA, England.

**Materializing a Powerful
Magick Mentor and Other Acts
of Ancient Magick**

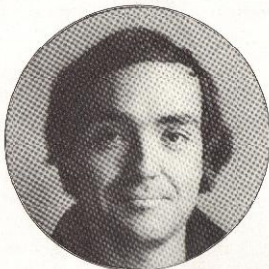
CARL NAGEL

DEDICATION

For Ralph, fellow seeker
after things unknown and
who shall await me at the
Threshold of the Infinite.

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FINBARR BOOK No. 126

Case Histories given in this book are based on actual happenings. In most instances names and places have, for the protection and privacy of the persons concerned, been changed along with certain other identifiable references, but the actual content of the said histories remain exact in every way.



Carl Nagel, for a fee, can offer personal guidance in matters Mystic.
Your correspondence will be treated in strict confidence.
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Occult materials mentioned in this book may be obtained from the following reputable suppliers:

ENGLAND
Celtic Connection
Box 277, Windsor SL4 6PT

U.S.A.
Magickal Childre
35 W. 19th St., New York 10011.

INTRODUCTION

Magick! Every time you hear the word it invokes racial memories from deep within you of ancient and mysterious powers. Powers that can be used to attract money, arouse love and desire in another of your choosing, bring good health and youthful vitality, enjoy luck in games of chance, travel invisibly into the homes and minds of others to learn their innermost secrets, and much much more!

Magick! This ageless power source can help you to a better and more fulfilling life where enemies are punished and friends are rewarded. The once secret spells and rituals that were passed via word-of-mouth from one generation to the next are now revealed to you in the pages of this book so you may learn how to benefit from the invoking of these magickal powers. By learning and using the easy-to-understand rituals contained in the following chapters, you will discover how to create an almost perfect life of power and success with the motivating force known as Genuine Ancient Magick.

THE WORLD OF MAGICK

For many people the practice of magick goes hand in hand with devil worship; along with bizarre and horrific rituals of human sacrifice or sexual excesses. While it cannot be denied that such things have taken place during the course of history and have a specific place in shadow areas of magick, the many spells and rituals contained in the pages of this book do not fall into this category. You invoke only Benefic Forces which are designed to help you in the attaining of desire. Neither do the spells require hard-to-obtain occult materials; the occult suppliers mentioned on page 2 of this book will supply you with any of the occult ingredients you cannot find at your local supermarket. Celtic Connection operate a worldwide mail order service.

Magick is as old as man and as modern as tomorrow. Long after both you and I have left the physical plane of existence magick will still be practiced. Magick uses the secret rituals and Words of Power given to the Ancient Ones by supernatural forces to achieve results by what appears to the uninitiated to be unnatural means.

WHAT GENUINE ANCIENT MAGICK CAN HELP YOU TO ACHIEVE IN YOUR DAY-TO-DAY LIFE

Do you desire more money for greater financial security? Do you desire greater harmony in all your interpersonal relationships? Do you wish to enjoy perpetual good luck? Do you desire to live a more fulfilling and meaningful life? Do you want better health? Does some area of your life need changing for the better? Do you want a power able to create the future? Are there enemies you would like to see punished? Is there some secret desire that you wish to have manifest in your life?

If you answered Yes to any of the above questions, worry no longer, your entire life is about to change.

Long before you have reached the end of this book, you will have discovered a way of changing any area of your life — forever! You will learn the ancient spells and rituals of magick which can now draw to you the events, persons, and situations required for the total fulfillment of your every goal, dream, desire and ambition. Each and every one of your individual wishes can be achieved with relative

ease, so claim the ancient grimoires, with the powers of ancient magickal rites and ceremonies. The future will begin taking shape under your conscious control. You can experience mystic illumination as your entire life is transformed into mirror image of divine perfection. Love, money, health, protection and happiness can appear in your life at your command. You can, in fact, be the luckiest of individuals, possessing the miracle-working power of a Master Adept!

A MAGICKAL JOURNEY OF DISCOVERY

In the following chapters you will learn the ancient art of magickal invocation for the creating of specific events and conditions for the achieving of specific and worthwhile goals.

First, you will learn what magick is really all about. Not movie type magick of flashing lights and weird noises, but the real purpose of magick and how it can be used by you so that your whole life can become better. The various physical "tools of the trade", along with the first very simple rituals will be explained to you in easy to understand terms so that you are fully prepared, both mentally and physically, for your initiation into the Sacred Science.

Then will come the first of easy-to-perform spells from the past which still can have an effect in this age of high technology. Each one's effectiveness will be in direct proportion to the amount — or lack of — of genuine belief instilled in you in their power to produce results. This is why so many people fail in their attempts to influence events by magickal means; wrongly believing it is simply a matter of reciting a few Magick Words and leaving it at that. You must become a part of the spell or ritual to achieve results.

Next, you will be given instructions on how to create a familiar to aid you in your magickal operations. Your Magick Mentor can be of great assistance; instructing you on which particular spell, rite or ceremony is most suited to your purpose, as well as revealing to you secret occult knowledge and events of a future yet to be.

You will be taken through the various stages of Ceremonial Magick which was so popular during the Middle Ages, and which can still produce results if one's desire is strong enough. Ceremonial Magick encompasses both positive and negative forces and

should only be approached with care.

The technique of astral projection will then be explained to you, so that you may explore the multi-dimensional Astral Plane where you can create your own reality.

Finally, you will be given the secret spells and rituals of High Magick which can, according to the ancient textbooks of magick, release a floodtide of happiness, success and wisdom into your life. Whether you are a Neophyte new to the world of magick or an Adept, these secrets of Advanced Magick can help you to achieve happiness.

ANCIENT MAGICK CAN BE FOCUSED LIKE A LASER BEAM

The power of ancient magick can be focused on any problem area of your life and, just like a laser beam, it can disintegrate negative conditions which may be hindering you as you travel along life's pathway to fulfillment and success. Ancient magick is a powerful force which does exist and has the capability of manifesting each genuine desire you possess.

The Ancient Avatars of the Mystic East were the first to use this creative power source by meditating and uttering powerful chants and mantras given to them by the Higher Spiritual Forces of the Astral Plane. The magicians of the Middle Ages would perform often complicated and time-consuming rites to draw the power out into the physical world of matter. In more recent times there has been a marked and ever-growing interest in the magickal world of spells and rituals; it is the purpose of this book to enlighten you on how an individual can use the power of genuine ancient magick to achieve an otherwise unobtainable goal.

MAGICK IS ALIVE AND WELL AND LIVING IN THE HOUSE ACROSS THE STREET

Let's get something straight right here and now, and hopefully put to rest once and for all some misconceptions regarding the so-called requirements for becoming a successful practitioner of magick.

You don't have to be super-intelligent or hold a degree in Latin.

Neither do you have to be the seventh son of a seventh son. You don't even have to come from a family of witches, or anything else for that matter, to perform a successful magickal operation.

In fact, the vast majority of modern-day miracle workers come from such a diverse background as: housewives, bankers, general managers, taxi drivers, doctors, teachers, etc.

Magick today is, for the most part, practised behind closed doors away from the prying eyes of the idle curious. Unfortunately even in today's so-called "enlightened" age persecution of those following a different religion can still occur. Where magick is performed is the magician's choice, but more often than not a special room is chosen. Were you to be invited to attend a piece of Ceremonial Magick, you'd find that the magician had redesigned a room in his house for magick with the Magick Circle of Protection drawn in chalk upon the floor.

So anyone one of your neighbours could be a magician in disguise!

CHAPTER ONE

INITIATION: HOW THE POWER OF GENUINE ANCIENT MAGICK CAN CHANGE YOUR LIFE!

Congratulations. You have just taken the most important step of your entire life. From this moment on, many thrilling and mystical things will begin happening in your life as your every need is met and every desire fulfilled.

Know and accept these basic Occult Truths:

You have the potential to create the future of your choice!

You can become Master of your life!

You can transform yourself into a multi-dimensional identity!

You can have whatever you desire most out of life!

There are magical powers which man can use to manipulate and control situations and events on the physical plane of existence so that his life can become better. These powers can be as close as your own heartbeat and distant as the farthest star — you must call to Them if you are to enlist their help and assistance in your affairs.

Within the pages of this book you will find the simple rituals and ceremonies with which to summon these magickal powers from an Inner Dimension of the Astral Plane, at which point every genuine desire will come within your reach.

FEAR OF THE UNKNOWN

As mentioned in the Introduction, the power of ancient magick has the potential to bring an individual such things as: love, money and happiness, yet many people in this world greatly fear anything even remotely connected with that awful word "occult", believing, quite wrongly and foolishly, that they are dealing with dark and Satanic forces which eventually lead to a one way trip to eternal damnation; and as such, continue to exist with poor health, financial limitations, and never realize their full potential as an individual.

It is my purpose in writing this textbook of magick to show you a way by which you can at last leave behind all the troubles, worries, and frustrations which plague your every waking moment; and embrace, with all your heart, a joyous and ever-changing world of comfort and happiness.

After you have finished reading this book, you will be a very different individual to the one who began his personal journey into the world of magick. No longer will you be content to just sit back, stagnating in a cocoon of despair, and let the world pass you by and neither will you want to be just another face in the crowd. Without a doubt, the greatest gift that magick can give one is a realization that he or she possesses the potential for greatness; that anyone can free themselves from the chains of bigotry and restriction to emerge as a beacon in the night to guide others to a glorious rendezvous with Destiny.

This then is the true purpose of magick; the transformation of the self from material servitude to multi-dimensional freedom.

This book will show you how to utilize the creative force known here as:

Genuine Ancient Magick.

Your entire life is about to change.

HOW MAGICK CAN CHANGE DESIRES INTO REALITIES

Thoughts. Formations of both images and notions. Crystal-

lizing inner desires for better conditions and general well-being. Now, if only there was some way of putting these mental energies into dynamic and creative action to provide solutions to life's various problems.

There is a way!

This book describes in an easy-to-understand manner how to use the limitless powers of ancient magick to help solve the problems worries and obstacles presently preventing you from enjoying your life. The only requirement on your part is an open mind and a few minutes of your time each day to set the surging energies of genuine ancient magick into motion. With luck, you should discover a spell or ritual, the one you have always searched for which has — until now — remained ever elusive, which can cause the materialization of your desires.

Many of you are, no doubt, beginning to wonder if you will need to be an experienced magickal adept who is skilled in the occult sciences to produce success and happiness by using the spells and rituals described in succeeding chapters.

The answer is a very definite NO!

No such expertise is required to experience the personal and life enriching benefits of ancient magick. Nor should you fear for your safety, for you will be invoking only positive occult forces and not anything even remotely Satanic in nature. These benefic forces shall help you to realize each and every goal.

Let yourself go and allow the multi-dimensional and spiritual knowledge revealed in these pages guide you to a new, happy, and fulfilling life where you are the master of your own destiny!

Desires are the most powerful force in the Cosmos. They can, and do, create the future.

THE GRAND OLD MAN OF MAGICK

The rebirth of interest in all things magickal can be, in no small way, traced back to the rather unusual activities of an equally unusual gentleman by the name of Aleister Crowley.

Crowley (also known as the Great Beast 666) was born in 1875. He was the son of strict Christian parents and as a result of his strict upbringing formed a passionate hatred of Christianity in all its evil

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As you read through this book you will, hopefully, begin to realise that the sincere practitioner of the Sacred Science has access — by divine right — to a power source that is beyond belief, and that a mortal can acquire the attributes of a god incarnate in the creation of physical events and conditions.

Magick is the only answer to solving life's problems.

ANYONE CAN ATTRACT MONEY WITH MAGICK

The ability to magnetize and attract money into your life is in no way dependent upon your social or educational background. The factory worker who never had a chance to finish high school can attract just as much money as the business executive with the college degree. This is an important fact to remember as you put the powers of ancient magick into dynamic and creative action.

Pause for just a moment and consider great men of wealth such as Howard Hughes, J. Paul Getty, Aristotle Onassis, and John D. Rockefeller to name but a few. What is the common bond shared by each and every one of these men? I'm not just talking about money, but about a special quality possessed by these men which caused the money to flow into their lives — as if by magick.

Give up?

Each of those men were ever alert to money-making ideas and schemes with which to increase their respective bank balance, and whenever such an opportunity presented itself these men would not simply think about the possibility — they grasped it with both hands and proceeded to put it into practice.

To begin the process of producing money with the powers of genuine ancient magick, you must first know just exactly how much money is in fact required to meet your current needs. Then couple this knowledge, and desire, with a strong and lasting belief in the awesome powers of magick to produce that which you desire out of life. This faith in an invisible power is vital to the success of any magickal act.

Remember, anything is possible with the powers of magick at your beck and call. All the money, happiness, and success you could ever want can be yours if you put the amazing powers of Ritual Magick to work in your life.

Desire. Belief. Faith. These then are the three mystic forces that can, when united through ritual, materialize money and success.

THE SECRET OF SUCCESSFUL MAGICK

The difference between spells and rituals that work and those that don't work is invariably the level of desire and faith, or lack of, instilled in the performance of the chosen magickal operation. You'll now be shown how to become a successful practitioner of the Sacred Science of magickal manipulation of events; an Adept who doesn't just succeed a few times, but is an achiever nearly every time he employs the awesome powers of magick; someone who is master of his own life.

Diligently follow these rules and regulations, practice them at every opportunity, and you will maximize the powers of genuine ancient magick into producing startling and life-changing effects nearly every time it is used.

FAITH

Believe in the powers you invoke; know that they have the potential to bring you all those things which you truly desire to have manifest in your life experiences. Never for one moment doubt the efficacy of a spell or ritual. Doubt is tantamount to hitting your head against that proverbial brick wall — you get nowhere and hurt yourself in the process.

SECRECY

Until you have achieved each and every one of your desires, keep the fact that you are utilizing ancient magick to improve your life a closely guarded secret. Telling others of your magickal endeavour will only open you to ridicule and suggestions that you have become unbalanced. So please, keep your mouth shut.

DESIRE

A strong emotional desire for changing an unpleasant situation is vital at all times for the successful completion of any magickal act as it generates the required level of kinetic energy.

CONCENTRATION

If you desire attainment of your emotional and material desires by magickal means, then you must develop the ability known as controlled concentration in which the mind dwells upon a single thought or goal. You must focus your whole attention upon the individual spell or rite and, in doing so, become a part of it.

Strict adherence to the foregoing rules and regulations can vastly improve the success factor for the beneficial results sought from the practice of Ritual Magick.

ALTAR

For some of the rituals which follow you will require the use of an altar on which to place parchments, candles, incense, etc. Any small table, such as an ordinary coffee table, will suffice. You'll be using the altar as a point of concentration for the magick power invoked by Ritual Magick.

If the room you have chosen for the practice of magick is filled with several items of furniture and personal belongings, you will need to rearrange these items so that you are left with an area of at least nine feet (circular in shape) around the perimeter of your altar.

(Please note: The nine-foot circular area around the altar as is given above can be reduced to approximately three-feet should it be impossible to create the larger area).

Place the altar in the approximate centre of the circle, facing the East. You must face East during the course of a ritual as this is symbolic of a future created by the magician's will.

To produce the correct magickal atmosphere with which to invoke the aid of Benefic Beings, the altar should remain undisturbed and within the circle at all times. If the room you have chosen is one used by you and you alone then this will be easily accomplished; if however, the room is used by others other than yourself, you shall have to position the altar, after having first created the circle, every time you wish to perform magick.

ALTAR CLOTH

For each magickal operation you will be required to cover your altar with an altar cloth — the appropriate colors are given with each

ritual — of either silk or cotton. Silk is preferred as this will help to create an air of respect between you and the invoked magickal power with which you have placed the outcome of your own quest for fulfilment. The ancient grimoires made a great deal in one's strict observance of the smallest detail relative to whatever magickal operation was being performed: this was to prove the magician's sincerity of intent, the importance of which cannot be stressed enough. It is, therefore, most important that you observe the rules and regulations of every spell and ritual you decide to perform, including the correct color for the altar cloth. Your chances of success will be improved by this simple act of respect and intent.

BOOK OF SHADOWS

A Book of Shadows is the personal textbook of a practitioner of magick and is a most important tool in the development of your own magickal power of creation.

Any notebook will suffice for this purpose, though it is better to select something a little more ornate to create the right mood.

The initial entries in your very own Book of Shadows would consist of a detailed listing of your desires and what you hope magick will help you to achieve. You then add the result of your magickal workings; listing the individual desire, the spell or ritual and the outcome of the controlled use of magick in your life.

CANDLES

Perhaps the most important ingredient of any spell or ritual is the homely candle. Candles, or to be more precise, their flame act as focal points for positive occult forces. The brightly burning candle acts as a guiding light for the positive forces rushing at you from the Inner Flames.

Candles of all shapes and sizes can be easily obtained from the local supermarket. Whilst the "twisted" style of candle can be used for the magick rituals, it is advisable that the more traditional "straight" candle be used for this purpose.

You will also need candlesticks in which to place the candles. These can be purchased for a minimal cost; however, I suggest you purchase some ornate candlesticks to help in creating the correct mood and atmosphere.

The required amount of candles along with the correct color is given in the instructions for each of the appropriate rituals.

INCENSE

The burning of a specific incense will often aid in attracting and securing the help of magickal forces in your quest for a better and more fulfilling life. The most readily available form of incense is that of joss sticks. Be sure to purchase a suitable container burning the incense. The placing of a small amount of sand in the bottom of the metal container will help to hold the joss sticks firmly in place.

PARCHMENT PAPER

For the construction of amulets, talismans, and magick squares. It is readily available from most newsagents and department stores and, of course, any occult supply establishment.

A MAGICK ROOM

It is preferable that you set aside one special room in your own home in which to practice the magickal rites and ceremonies contained within the pages of this book.

Ideally, it should be a room used only by you yourself such as your own bedroom, but if this is out of the question then select a room where you are confident that you'll not be disturbed during an important part of a magickal act.

If there are several rooms from which to choose, then select that one which is farthest from such distractions as traffic, radio, etc. A basement or attic would be ideal for just such a purpose.

HOW TO INCREASE THE EFFECTIVENESS OF RITUAL AND CEREMONIAL MAGICK

To help focus the creative magickal forces invoked through the art and practice of Ritual and Ceremonial Magick, it is a good idea to make a short list of things you desire to achieve out of life. This list should be included in the first few pages of your personal Book of Shadows. List those things you wish to achieve for others as well as yourself.

Your list might look something like this:

1. I desire to increase my income this year by the total sum of \$5,000.
2. I desire to find my ideal soul mate for mutual satisfaction and love fulfillment.
3. I desire to meet with success in my chosen career.
4. I wish to heal my friend of his illness.
5. I desire to find a profitable outlet for my creative ideas.
6. I wish to help my friend attract the money he needs to pay all his debts.
7. I desire to influence important and powerful people who can help me achieve my goals in life.

Read through the list a total of seven times before commencing any of the spells and rituals contained in the pages of this very special book. Visualize with intense clarity one — and only one — of the desires on list as being fulfilled. Visualizing one desire at a time will help you to attune your mind to the Benefic Beings you are commanding.

The power is there within your reach.

PURIFICATION CEREMONY

Having assembled all the Instruments of the Art, you will need to purify and consecrate them so as to remove any negative vibrations which may have become imbued in them prior to their coming into your possession. This ceremony must be performed before the commencement of any magickal act if positive results are required from said act.

The ceremony is performed on a Sunday.

Place all your magickal instruments upon the altar, which must be covered with white altar cloth, and light two white candles to the rear of the altar. On the altar should be all the candles and incenses, your Book of Shadows, and any other occult tool you are intending to use in your magickal work. All things being in their proper place, recite the following invocation:

"In the Power of the Most Holy Adonay, Tetragrammaton, and the eternal Jehova; I purify thee, thou Instruments of the Sacred Art of Magick, of all earthly and negative forces and influences.

"By the earth beneath my feet, by the wind against my face, by the air which I breathe, and by the everlasting fire, I command a purification of these instruments. So mote it be!"

Now visualize a ray of bright white light from above bathing the altar in a mystic glow. Hold this image for at least two minutes or more.

Next, sprinkle a circle of salt around the occult tools assembled on the altar; extinguish the two candles and lay them within circle, cover the altar with white cloth and leave both it and the assembled instruments untouched for a period of no less than thirty-three days and nights.

Your tools and altar are now free of negative influences and are ready to assist you in your magickal endeavours.

For those of you in desperate need of magickal help, you'll be glad to hear that the purification period can be reduced from 33 days to just 33 hours. However, the longer period is the better, according to occult lore, of the two.

START CREATING THE FUTURE TODAY

Pause for just a moment and consider what it is you desire the most out of life.

Done that?

Now jot it down in your Book of Shadows.

No matter what you have asked for, there is a spell or ritual ideally suited to your needs.

CHAPTER TWO

USING THE POWERS OF THE SEVEN OLYMPIC SPIRITS FOR HAPPINESS AND SUCCESS

Are you ready to begin an amazing journey of self-discovery and personal fulfillment?

The motivating power of genuine ancient magick is a mighty power force that can bring positive changes in your life. In this chapter you will learn how, through the importance of ritual invocation, it's possible to release this omnipotent power force into your own life; to use as you will for the achievement of desires. Genuine ancient magick can be used to realize the full potential of your soul, gain greater personal and emotional well-being, achieve success, attain personal goals and desires, and to attract positive happenings almost instantly!

All in all, magick can make life a very happy experience indeed.

Man is a god incarnate. Believe and accept this ancient occult truth and you can achieve whatever you desire out of life – be it

love, money, or happiness. Use the powers of magick to become the happy and successful person you have always wanted to be.

Anything is possible with the powers of ancient magick.

Don't wait another second, begin using the miraculous powers of Ritual Magick today and watch the truly amazing results. Sadness can become happiness. Loneliness can become friendship. Lack can become the cornucopia of plenty.

Prepare yourself now for some of the most thrilling experiences of your entire life.

A STEP IN THE RIGHT DIRECTION

The art and practice of Ritual Magick can be a most important and satisfying step in the quest for personal occult power, as it can be a channel through which the powers of externalized magick energy can flow out into the objective world of tangible reality. Ritual Magick can also be used to focus the power on specific problem areas of an unhappy life.

The rituals contained in this and succeeding chapters are secret and ultimately powerful, and they should be treated as such with an air of respect. Always perform them in a solemn manner, and recite the words of the invocations in a firm and decisive voice, for you are commanding the Occult Forces of the Cosmos to bend to your own desires — and They will obey a firm master.

Before commencing any form of invocation it is first most vital to have the object of your desires clearly in mind; this will help in the forming of a strong mind-soul link with the awesome occult powers released by the rituals.

The results of these rituals are, according to the ancient books of magick, automatic and assured providing you have diligently obeyed all the rules and regulations pertaining to them. More so, the results will, it is said, be more positive and long lasting if just one ritual is performed on any given day. When you have had a wish, dream or goal realized, you can then use another ritual or spell to bring your next desire into focus. So please read this chapter very carefully, for it has the potential to bring you results.

THE RITUAL OF INITIATION

This Initiation Ritual is performed only once, on any day of the

week. It will initiate you into the amazing world of Ceremonial and Ritual Magick. You will become as one with the Light of a Universal Mystic Brotherhood permeating the Inner Planes of the Astral World. The exact same power mentioned in the occult writings of nineteenth century magician Eliphas Levi.

To perform this Ritual, you must first become as relaxed as possible. This will help to open the seven occult power centres, known to the Hindus as chakras, which are located throughout your central nervous system. These power centres are the connecting links between the physical world and the surging energies of the Astral Plane. Once activated, through this Initiation Ritual, the kinetic energy, produced by emotional desire, is increased and can then be used for the manifestation of desires.

Remember, there is absolutely nothing to fear about Magick Power Force for it is as abundant and natural as the air we breathe — the only difference being that it is more pure and less polluted!

Now, proceed as follows:

1. Retire to your Magick Room and place upon your altar an altar cloth of pure white. Light a single white candle. Sandalwood is the correct incense to burn for enlightenment.
2. Take the phone off the hook, turn off the television and radio and shut out all other distracting sounds from the immediate environment.
3. Darken the room so that the only illumination is from the candle's flame.
4. Sit or kneel before the altar. If you choose to sit, be sure that the chair you have chosen is a comfortable one in which to relax your body.
5. Position the burning incense in such a way that the smoke passes before the candle's flame.
6. Close your eyes and relax, breathing evenly and deeply, placing your mind into a passive and receptive state of occult awareness.
7. Gently open your eyes and gaze into the centre of the candle's brightly burning flame. Know within yourself that this is the Eternal Flame of Illumination.

Now that you have achieved this divine state of occult reverie,

recite the words of the following invocation to yourself aloud and with feeling:

"I _____ (your name) _____, stand at the threshold of the Infinite Void; becoming as one with the Universal Light that bends to become Truth, creating all things that are good and pure.

"Within me is a giant celestial vortex of pulsating occult power; reaching out to make my desires total reality through the powers and forces of ancient magick – as it is expressed in my every action and thought.

"I, as a human being, reflect the perfect state of Cosmo-Astral Awareness. The life force within me becomes the spiritual essences of creation; interacting with all dimensions, and with all things, be they physical or non-physical in their manifestations.

"I become as a beacon of light shining out of the darkest night; radiating occult power from my eyes and aura – drawing a never ending flow of success, happiness and fulfilment into my life as long as I remain worthy.

"In the Name of Eternal Jehova, I swear to use the powers at my command for only good and constructive purposes. So mote it be."

As you sit or kneel before the altar, reciting the power words of this most important ritual, visualize in your mind a swirling mass of pulsating power, gold in color, radiating out from within you. See this power flowing through your eyes and aura. The aura is an energy field surrounding the physical body. Feel your power level increase.

Have no doubt that the Initiation Ritual will stimulate the flow of occult power through your seven power centres. I have had a book and paper cups fly out of my hands for no apparent reason due to an excess of occult energies in their most pure and natural forms; but you need have no fear that an array of knives or forks will come flying through the air on a collision course with your head because occult power in its most basic, though sometimes uncontrollable, form always works for you – never against you.

Though the Initiation Ritual should really only be performed once in your lifetime, if you feel that your magickal powers are slipping or not producing results, then simply react the entire Ritual.

WHAT YOU WILL EXPERIENCE DURING THE RITUAL OF INITIATION

After you have performed the Initiation Ritual you should, and I stress the word "should", as there is no guarantee as to what you'll experience, but you should begin feeling a slight tingle throughout your body – particularly in the hands and feet – filling you with a sense of supreme power and benevolence. There may even be a slight tendency to sway from side to side or backward and forward as would a branch blown in the wind. There may even be the sensation of movement within your own body. Have no fear, for this is merely a sign that one of the Benefic Beings from the Astral Plane is merging and blending with the personal psychic vibrations radiating out through your eyes and aura. Fear will cause you to become tense and contact may be lost – perhaps forever.

Fear nothing during the performance of your rituals, and whatever you truly desire can be yours.

Others among you may become aware of a pleasant smelling perfume, which will seem to permeate the entire atmosphere of your Magic Room during the course of the Ritual. Some may feel a gentle caressing of their arms and faces by an invisible presence. Others may feel vibrations along their spines and a tingling sensation in other areas of their bodies.

You may see multi-coloured flashing lights before your closed eyes or a sensation of hands placed upon your shoulders. You may hear the sounds of voices in your mind, sometimes little more than a whisper, revealing ancient occult knowledge.

Whatever sensation you experience, it is a sure sign that you have been accepted into the Ancient Society of Magicians; transforming you into one of the luckiest individuals on earth.

Call to Them, and They shall answer.

THE CABALISTIC CIRCLE OF PROTECTION

Whenever we open a "door" between dimensions, which is exactly what happens every time a ritual is performed, there is always a slight chance that evil spirits will use the Ritual as a means of gaining access to our world.

The Benefic Beings you will be invoking are in no way evil – the

exact opposite, in fact. The apparent miracles that They can cause to happen in your life will amaze you, and their overwhelming love, kindness and goodness will leave you with a warm glow in your heart long after they have gone.

However, to ensure that you are absolutely safe, and to make certain that no Satanic Force can come through the "doorway" to lead you astray here is a Cabalistic Ritual that will protect you from harm, creating an impenetrable force-field against which all evil influences are powerless.

Before commencing any of the rituals described in this book, perform this Cabalistic Ritual. The Ritual dates from the latter half of the nineteenth-century and is extremely effective.

Stand facing East with your feet together. Close your eyes and relax. Visualize a bright white sphere of light a few inches above your scalp.

Curling the thumb, third and fourth fingers of your right hand into your palm, raise your hand up with the first and second fingers together and touch the sphere of light.

Say: "Ateh."

Bring your hand straight down, visualizing as you do a fiery shaft of light being drawn down through your body to your feet. Visualize a second sphere of light forming at this spot, touch your chest.

Say: "Malkuth."

Bending your arm at the elbow, touch your right shoulder and visualize a third sphere of power at that spot.

Say: "Ve Geburah."

Bring your hand straight across your body, visualizing a second shaft of fiery light passing through your body, and touch your left shoulder: visualizing a fourth sphere of light forming at that spot.

Say: "Ve Gedulah."

Clasp both hands in front of your chest.

Say: "Le Olahim. Amen."

This ends the first stage of the Ritual, known as the Cabalistic Cross. The Cross symbolizes the four elements Earth, Wind, Fire and Water.

With the image of the Cabalistic Cross firmly in your mind,

visualize a huge sword held upraised in your right hand.

Recite the following invocation:

"In the Name of Eternal Jehova, and Most Holy Adonay, whose Names are superior to all Spirits, I raise this Sword of Power and Protection in defiance of Lucifer, Master of all the Fallen Angels at his command, and against all malefactors."

Maintain a strong mental image of the Sword in your mind and visualize yourself as being twice your normal size: a gigantic and immense figure, filled and vibrating with Power, the epitome of defiant occult force.

Now, lower the Sword of Power and draw a circle (either nine-feet or three-feet wide depending upon the amount of space surrounding an individual altar) in a clockwise direction. Visualize a golden flame flowing from the point of the Sword creating a golden circle of fire encircling both you and the altar.

When the circle is complete, reject the image of the Sword from your mind and clasp both hands above your head.

Facing East, recite:

"I call on Thee, Mighty Archangel Raphael, who stands in the East, to protect me from all evil forces residing in the eastern quarter."

Facing South, recite:

"I call on Thee, Mighty Archangel Michael, who stands in the South to protect me from all evil forces residing in the southern quarter."

Facing West, recite:

"I call on Thee, Mighty Archangel Gabriel, who stands in the West, to protect me from all evil forces residing in the western quarter."

Facing North, recite:

"I call on Thee, Mighty Archangel Uriel, who stands in the North, to protect me from all evil forces residing in the northern quarter."

Facing East, completing the Circle, repeat the words and gestures of the Cabalistic Cross Ritual.

You can now be assured that nothing evil can come anywhere near you.

The Ritual should be practised at every opportunity until the visualized circle of fire is so vivid that it would be almost a physical reality to even the untrained eyes of a casual observer of the Ritual.

THE POWERS AND OFFICES OF THE SEVEN OLYMPIC SPIRITS

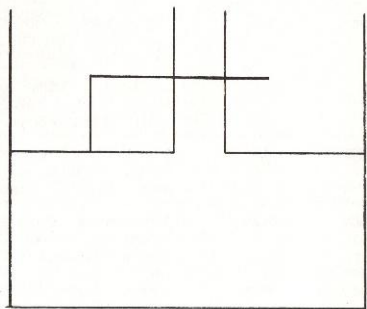
The Abratel of Magic, an ancient grimoire of unknown authorship, lists a total of Seven Olympic Spirits, residing in the firmament and the stars thereof, who hold sway over certain areas and manifestations of the material world. The number seven is a mystic number in occult lore, with strong magickal vibrations associated and accredited to it, and this in itself would help to increase all of the productive powers accredited to the Seven Olympic Spirits.

The powers possessed by these Spirits are very diverse and far-reaching in nature; from the acquisitions of gold to the prolonging of life. A full list of these Spirits and their governed areas of physical manifestation shall be given in due course.

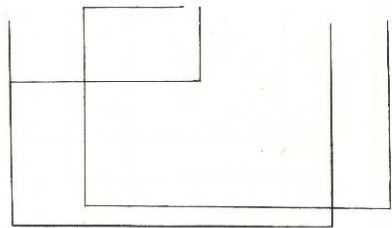
The Arbatel teaches that, together with faith and determination, meditation and inner contemplation of the Self are the best of aids in the development of the Magickal Art. Only someone who knows, and experiences, the joy of inner peace can truly succeed as a practitioner of the Sacred Sciences. Set aside ten minutes of your time, either morning or night, for the purpose of meditating upon the many mysteries of the mind, soul, and spirit. These moments spent in this manner will bring forth the magician within you.

The powers and offices of the Seven Olympic Spirits are as follows:

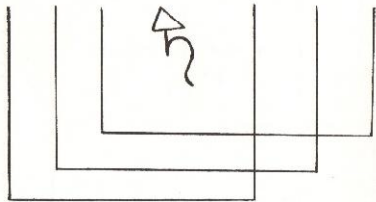
SPIRIT	PLANET	CONTROLLING SUBJECTS
Aratron	Saturn	Invisibility. Spirits. Alchemy. Magick. Long life. Fertility.
Bethor	Jupiter	Great wealth. Honours. Gambling. Long journeys. Precious stones. Plenty.
Hagith	Venus	Love. Beauty. Pleasure. Social affairs. The arts. Extravagance. Luxury.
Och	Sun	Good health. Wisdom. Gold. Money. Success. Material power. Mental abilities.
Ophiel	Mercury	Business affairs. Short journeys. Written know- ledge. Messages. Papers.
Phaleg	Mars	Military affairs. Anger. Destruction. Hatred. Vitality. Sexuality.
Phul	Moon	Water. Ghosts. Women. Silver. Spirits of water.



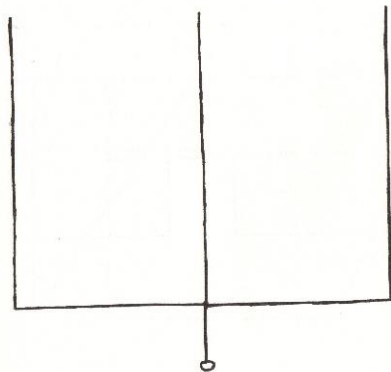
The Official Seal of Aratron
Figure 1-1



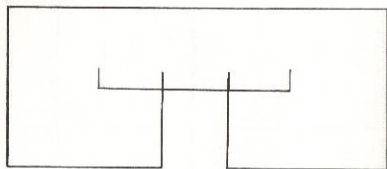
The Official Seal of Bethor
Fig 1-2



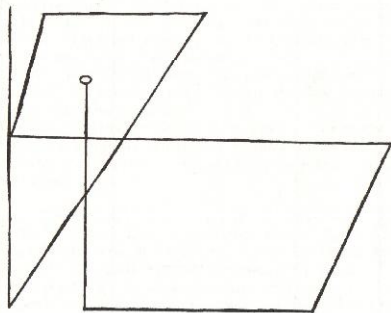
The Official Seal of Phaleg
Fig 1-3



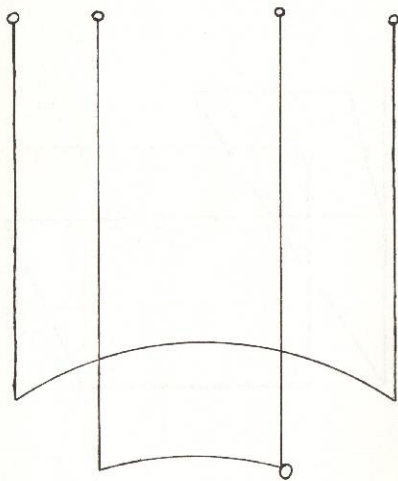
The Official Seal of Och
Fig 2-1



The Official Seal of Hagith
Figure 2-2



The Official Seal of Ophiel
Fig 2-3



The Official Seal of Phul
Fig 3-1

HOW TO USE THE POWERS OF THE SEVEN OLYMPIC SPIRITS TO WORK MAGICK IN EVERY AREA OF YOUR LIFE

You can use the seven different magickal spells and rituals contained on the following pages to bring success, increase your money supply, aid in a healing, and generally improve your whole life.

The invocation of the Spirits is simple. The rituals are performed during the day and hour of the planet which is associated with the Olympic Spirit to which the Ritual is dedicated. The hours and days are given at the start of every ritual so as to remove chances of error in your magickal endeavours.

You will also require the Official Seal of the Olympic Spirit. A stone which is associated astrologically with the planet is also an important ingredient of the spell.

The Arbatel of Magic states that all magickal operations carried out in such a manner, observing the rules laid down for the ritual, will invariably be successful; but should you show even the slightest doubt, all will fail.

THE ASTROLOGICAL PLANETARY STONES

Occult lore states that certain stones possess the magickal attributes of the Seven Major Planets, and that the Spirits of the seven planets look kindly upon the possessor of said stones. It is also held that to ensure the success of any given spell or ritual it's necessary to include, along with the incense and seal associated with the planet, the astrological stone symbolic of the planet's celestial influences.

Those stones are as follows:

- Sun - Diamond, topaz, chrysolite.
- Moon - Opal, crystal, quartz.
- Mars - Ruby, garnet, bloodstone.
- Mercury - Agate, sardonix, amethyst.
- Jupiter - Turquoise, sapphire, blue diamond.
- Venus - Emerald, aquamarine, jade.
- Saturn - Black diamond, onyx.

Obviously some of these stones are beyond the reach of many

people; should you find that you are unable to obtain the stated stone for an important ritual, then simply use a stone of a similar color in lieu of the more traditional symbol of the planet as listed here.

HOW TO INVOKE THE SEVEN OLYMPIC SPIRITS

All of the Magick Rituals on the following pages must, and this is most important, be preceded by the Invocation as listed below.

"O Eternal and Omnipotent Adonay, Who hast created all things, I beseech Thee to send (name of spirit), of the fiery firmament, that he may bend to my and Thy will, granting my every wish this day and forever more. Amen."

Now you can relax and wait. The Spirit-Force is rushing to you on the wings of an Angel. This Invocation must be uttered for each one of the Seven Olympic Spirits you seek to invoke.

THE OCH SUCCESS RITUAL

Ingredients: Three gold candles, incense of saffron, gold or yellow altar cloth.

Day and hour: Sunday. The first and eighth hour of the day, or the third and tenth hours of the night.

Proceed as follows:

1. Inscribe on parchment in either gold or yellow ink the Official Seal of Och (Figure 2-1), and place it in the centre of the altar.
2. Place the correct astrological stone, or one of a similar colour on the Seal.
3. Light the three gold candles and set them in a triangle with the stone and Seal at its centre.
4. Recite the following invocation:

"I call Thee, fiery Och who holds sway over the affairs of men and the forces of success.

"I instruct Thee to respond to my desires for personal success and recognition.

"I now project Thy mystic energy to the minds of those holding positions of authority and importance, and who can help me to achieve recognition for my creative talents and abilities.

"Our minds and souls shall now blend with the Creative Forces which brought the Cosmos into existence, and all obstacles to my success shall become as leaves against the wind.

"I know now that all of my creative efforts shall soon be recognized and personal fulfillment will be mine.

"Hear and obey this command, fiery Och, and guide me to glorious success in all my undertakings always and forever. So mote it be."

5. Wrap the stone in the Seal and pass the talisman through the fumes rising up from the burning incense, while reciting the following conjuration:

"In the Power of the Names Jehovah, Elohim, Adonay, Shadai El Chai and Tetragrammaton, as I will, so mote it be!"

6. Carry the talisman on your person until your success arrives.

This Ritual is particularly suited to the aspirations of budding artists, writers and actors.

How Warren N. Became a Successful Writer With the Help of The Och Success Ritual

Warren N. (not his real name) was a nobody with a dream. He wanted to be a writer of occult books; spending hours and hours at his typewriter, putting everything he had into his work, only to receive one rejection after another from cold and aloof publishers.

"I might as well give up," he thought to himself one day. "It is obvious that I'm never going to make a cent from writing. Almost 30 without any prospects for the future. The only thing that I have to look forward to are the weekly unemployment handouts from Social Security. No new clothes, no money, no luxury items, no hope seeing the world - no nothing. Trying to fulfill my dream has brought nothing but sadness and frustration. I spend every minute sitting here at my typewriter, all for nothing. What have I got to live for?"

It was about this time that Warren discovered The Och Success Ritual and, very grudgingly, decided to give it a try. After all what did he have to lose?

Absolutely nothing happened for the next three weeks and Warren was beginning to feel like a fool for trying such a desperate method to gain success.

Then, suddenly, things started happening for Warren in such an amazing way, that the whole affair left him utterly breathless.

Firstly he was inspired to write a new manuscript in the record time of just three weeks. Then, having completed his manuscript, he had a dream in which he "saw" his book published by a well-known publisher of such works. Warren sent his manuscript to the publishing firm and it was accepted. The first of many, in fact. Within a couple of months of performing the Ritual, Warren's life had undergone a total change.

Money came flooding into his life. He bought a wardrobe of brand new clothes. The few little luxuries he always wanted to have were now his to enjoy. He also went on to visit such countries as Malaysia, Saudi Arabia, and England.

For Warren, the days of existing on Social Security were over.

THE HAGITH LOVE SPELL

Ingredients: Three green candles, incense of rose, green altar cloth.

Day and hour: Friday. The first and eighth hour of the day, or the third and tenth hours of the night.

Proceed as follows:

1. Inscribe on parchment in green ink the Official Seal of Hagith and place at the centre of the altar.

2. Place the correct astrological stone, or one of a similar colour on the Seal.

3. Light the three green candles and set them in a triangle with the stone and Seal at its centre.

4. Recite the following invocation:

"I summon Thee, might Hagith, Thou Spirit of love and joy. I desire to radiate Thy invisible rays of love attraction.

"I command Thee to bring into my life the perfect partner for love, fulfilment and mutual satisfaction.

"I order Thee, Thou Spirit of love, to manifest in this person all the qualities I desire in a partner. So mote it be."

5. Wrap the stone in the Seal and pass the talisman through the fumes rising up from the burning incense, while reciting the following conjuration:

"In the Power of the Names Jehovah, Tzavoos, Shadai El Chai, Elohim, Gibor and Tetragrammaton, as I will, so mote it be!"

6. Carry the talisman on your person until your love desires have been fulfilled.

This Spell could be your personal key to emotional fulfillment.

How Sam B. Found Love With The Hagith Love Spell

Sam B., a young man from Melbourne, was desperately lonely without a romantic interest in his life. Awfully shy, Sam had always found it difficult to speak to women – let alone show his true feelings for an attractive woman. This, along with the painful memories of several unsuccessful attempts at forming relationships, caused Sam to retreat into a protective cocoon where his only companions were books.

During one of the many endless nights he spent alone in his small apartment, Sam chanced upon The Hagith Love Spell in its original form in the well-worn pages of an old book of magickal ceremonies hidden away in his large collection of occult books.

"I just wonder," he thought that cold and lonely night "can this ancient spell bring me the love that I crave?"

There was beautiful young redhead living in the same apartments – everything Sam had ever dreamed of in a woman – yet his shyness along with the fact that she appeared to be totally indifferent to him made the chances of anything "happening" between the two of them very slim indeed.

One week after performing The Hagith Love Spell everything had changed.

The very next morning after invoking the aid of Hagith, the young woman in question actually smiled at him.

On the third day, she invited Sam up to her apartment for coffee and a chat.

By the seventh day, the two of them were virtually inseparable; going for long walks in the local park, lunching in out of the way restaurants, and generally enjoying each other's company.

Sam can never again say that he is lonely.

MAGICK WORKS BEST WHEN USED ONLY FOR POSITIVE REASONS

You have probably already used the powers of the Seven Olympic Spirits, or are in the process of deciding just which spell is an

expression of your needs as you prepare to practise magick in the prescribed fashion. The Olympic Spirits always, according to occult lore, respond to our call, but even more so when our needs or desires are just and honorable and do not harm or injure innocent persons.

Perform a magickal rite or ceremony only when magick is needed. Never perform a ritual to attract money just for the sake of having it. . . this will simply negate any chances you have of success. The world is filled with money, and there is enough for every person at a time of genuine need. Just take what you really need when needed. Leave the rest until later.

Spells and rituals that are performed in a tongue-in-cheek manner usually don't work, and can be down right dangerous!

You must know exactly what it is you wish to achieve in this way, and most importantly you must perform the spell or ritual — be it for yourself or another — in a serious frame of mind, and in solemn reverence for the Powers you are invoking.

You need not be selfish with magick. By all means use the Powers to help yourself to a better life. But you can also use the rituals contained in this book to help others who are unaware of the vast invisible world surrounding us on all sides. Become an occult teacher by showing others how it is possible to enlist the help and assistance of powerful Benefic Beings and, in so doing, help your own self to a better and more fulfilling life.

Repeat the spells and rituals as necessary.

THE BETHOR GAMBLING LUCK RITUAL

Ingredients: Three blue candles, incense of frankincense, blue altar cloth.

Day and Hour: Thursday. First and eighth hour of the day, or the third and tenth hours of the night.

Before beginning this Ritual, pause for a moment and decide on exactly what form of gambling you desire to win at with this Rite and see, in your mind, yourself winning not just once, but again and again.

Now, proceed as follows:

1. Inscribe on parchment in blue ink the Official Seal of Bethor

and place it at the centre of the altar.

2. Place the appropriate astrological stone, or one of a similar color, on the Seal.
3. Light the three blue candles and set them in a triangle with the stone and Seal at its centre.
4. Recite the following invocation:

"Mighty Bethor, who holds sway over the forces of luck and gambling, I require Thee to bring me success.

"I now command Thy mystic energies to surround me and to influence the outcome of the contest I shall enter.

"I also require Thee to heighten my intuitive powers, so that I may be guided to the successful attainment of this, my true desire. So mote it be."

5. Wrap the stone in the Seal and pass the talisman through the fumes rising up from the burning incense, while reciting the following conjuration:

"In the Power of the Names Ehieh, Iod, Tetragrammaton, Elohim, El, Elohim Gibor, Eloah Va-Daath, El Adonay Tzavos, Elohim Tzavos and Shadai El Chai, as I will, so mote it be!"

6. Carry the talisman on your person whenever you enter any game of chance to help increase your chances of success.

This Ritual is suitable for bingo, number games, roulette and other games of chance.

How Conrad C. Won \$1,000 at the Races With The Bethor Gambling Luck Ritual

Conrad C., from a small suburb of Sydney, liked to gamble, but never really had a big win in any of his encounters with games of chance.

Now and again he would win back a little of what he had invested but most of the time he would lose everything. It just seemed that the forces of luck were forever flowing to others and not to him.

"I don't know why I bother," he told his son one day. "I used to enjoy the thrill of the game, but now all it brings me is unhappiness and frustration. I can't afford to go on losing like this."

Conrad's son just smiled a knowing smile and left his father to be

alone with his thoughts. That night Conrad's son performed The Bethor Gambling Luck Ritual, visualizing his father winning big at the races, and changed the words of the invocation to fit his purpose of intent.

The following Saturday, Conrad plunged heavily on a "long shot" in a desperate bid to regain some of his lost savings and self-respect. Imagine his joy when the "long shot" came home in front, netting Conrad a cool \$1,000.

THE OLYMPIC HEALTH SPELL

Ingredients: One gold candle, one red candle and one black candle, incense of pine, gold altar cloth.

Day and hour: This Spell can be performed on any day and at any hour of the day.

Before beginning this Spell, stop for a moment and focus all your attention on the area of your body that is diseased and in need of healing.

Now, proceed as follows:

1. Light the three candles and set them in a triangle with the red and black candles forming its base.

2. Gaze into the fumes rising up from the burning incense, while reciting the following invocation aloud and with feeling:

"I summon and command Thee Aratron, Och and Phaleg, Thou Spirit of physical and emotional well-being. I require Thine aid and help for Thou hath dominion over such things.

"Bathe me in Thy mystical Healing Powers, for it is my desire to be rid of all physical and emotional disorders and discomfort from my mind, body and soul.

"Thine Powers are now flowing throughout my body, healing and cleansing every nerve and cell which is diseased.

"I am now filled with new energy and vitality as every nerve, cell and muscle of my body vibrates to the Cosmic Rhythm of perfect health and everlasting vitality. So mote it be."

3. Repeat the above Invocation twice more, making a total of three times in all. Between each reciting of the Invocation, spend an adequate amount of time (two to three minutes) visualizing your body as being bathed in a ray of golden light

from above; using your imagination to focus the Healing Power of the Spirits on a specific area of your body in need of healing.

Obviously this Spell should only be used in conjunction with prescribed medical treatment, and not as a cure-all.

THE ARATRON SECRET KNOWLEDGE RITUAL

Ingredients: Three black candles, incense of musk, black altar cloth.

Day and hour: Saturday. First and eighth hour of the day, or the third and tenth hours of the night.

Proceed as follows:

1. Inscribe on parchment in black ink the Official Seal of Aratron and place it at the centre of the altar.

2. Place the appropriate astrological stone, or one of a similar color, on the Seal.

3. Light the three black candles and set them in a triangle with the stone and Seal at its centre.

4. Recite the following invocation:

"I invoke Thee, O Great and Mighty Aratron who hast dominion over things hidden from the minds of mortals. I command Thee to transform me into one who knows the hidden secrets of the Inner Planes, and is receptive to the thoughts and intentions of both friend and stranger.

"Be Thou ready and able to place this secret knowledge within my mind during both sleeping and waking hours. I command Thee in the authority of Shadai Tetragrammaton. So mote it be."

5. Wrap the stone in the Seal and pass the talisman through the fumes rising up from the burning incense, while reciting the following conjuration:

"In the Power of the Names Ehieh, Jehovah Elohim, Adonay and Shadai El Chai, as I will, so mote it be!"

6. Carry the talisman on your person at all times.

How I Used The Aratron Secret Knowledge Ritual to Obtain Secret Occult Knowledge and Wisdom

When I was very young, I can remember, quite vividly in fact, running down the side of the house where I lived with my parents and, upon rounding the corner, encountering a gray and shapeless

mass floating in the air. The memory of standing rooted to the spot and screaming a silent scream is still fresh in my mind, as if it had only happened yesterday. When I confided this incident to those about me as a child, they would only laugh and say that I had imagined it all.

This encounter with the Unknown had a very marked effect on my life and in the way in which I perceived the concepts of Good and Evil, even at such an early age. At the time, the early 1960s, the Psychic and Occult Worlds were still being persecuted by the Catholic Church, even more so than it is today, and anything unusual was immediately considered to be the work of the gentleman horned and fork-tailed. Everyone about me during my childhood would warn me of the evil forces behind such things as Spiritualism etc, and would suggest that I take an interest in something "normal". The only person to listen was my late mother, who was herself the epitome of psychic awareness. While others found the world of the occult frightening, I found it strangely comforting and reassuring that there existed a way for someone to change their lives with an ancient spell or ritual.

By the time I had reached my late twenties, I had made an intense study of psychic and occult powers and wrote a number of books on the subject (available from Finbarr International), but I know now that I had barely scratched the tip of the iceberg.

During those long years of researching ancient grimoires and other books of forbidden knowledge, I came across The Aratron Secret Knowledge Ritual in its original and highly confusing form. I had never used it because I considered at the time that it would not reveal to me anything that I did not already know. Then I started to realize a great deal of occult knowledge was being kept from me, knowledge and wisdom that could be of great value and help to others. So I opened, with mounting excitement, my mind and soul to occult forces and performed the ancient ritual.

The secret knowledge revealed to me is being passed on to you, in very special ways, through the pages of this book.

THE PHALEG PROTECTION SPELL

Ingredients: Three red candles, incense of sassafras, red altar cloth.

Day and hour: Tuesday. First and eighth hour of the day, or the third and tenth hours of the night.

Proceed as follows:

1. Inscribe on parchment in red ink the Official Seal of Phaleg and place it at the centre of the altar.
2. Place the appropriate astrological stone, or one of a similar color, on the Seal.
3. Light the three red candles and set them in a triangle with the stone and Seal at its centre.
4. Recite the following invocation:

"Hear me, powerful Phaleg, Thou most noble of all the Seven Olympic Spirits, I command Thee to place around me an impenetrable barrier against which all evil shall be as ice against a fire.

"Those who would seek to harm me shall have their evil sent back to them a hundredfold until the End of Eternity.

"All evil shall be powerless against Thy mystic shield, now and forever be ready to protect me, powerful Phaleg, from harm and injury. So mote it be."

5. Wrap the stone in the Seal and pass the talisman through the fumes rising up from the burning incense, while reciting the following conjuration:

"In the Power of the Names Jehovah, Tetrgrammaton, Adonay, Shadai El Chai and Elohim, as I will, so mote it be!"

6. Carry the talisman on your person until the negative forces have been returned to their source.

This particular operation should be used whenever you suffer a sudden and mysterious bout of bad luck, poor health, lack of a good night's sleep, and general unhappiness; as these are all the signs of psychic attack. This ancient magick spell can repel the forces of negative occult power sent to you by your known or unknown evil attacker.

How Robert S. Used the Phaleg Protection Spell to Punish an Evil Woman who had Mistreated Him

Robert S. was a very disillusioned and bitter young man. He was angry and deeply upset when the young woman he loved suddenly rang one day and told him that their relationship was over

for good. He was utterly devastated, especially considering how he had given to her diamonds and money out of his deep affection for her, only to be told that he had now outlived his usefulness. This was to him, the worst kind of evil that anyone could fall victim to.

As far as Robert was concerned there was only one thing left to do, get even with the woman who had so cruelly used him.

Robert was really into the occult and mind power, something which he had once told his beloved in the hope that it would impress her - it hadn't and now he would use the knowledge to ensure that she'd suffer for her actions. He would unleash the full fury of Ritual Magick against her.

The kinetic energy generated by his incredible hatred was a force in itself, made even more destructive when united with the Powers invoked by Ritual Magick.

The very next day, after performing the Phaleg Protection Spell, the young "lady" in question started quarelling with her boyfriend of a few days.

On the second day, she came down with a sudden bout of 'flu.

The third day saw her fired from her job.

And on the fifth day, she received the news that she faced an expensive and delicate operation to save the sight in her eyes.

As for Robert, a sadder but wiser man, he went on to achieve success in his chosen field of endeavour. If he will ever be in the position to truly love again is another matter entirely.

THE OLYMPIC POWER OVER OTHERS RITUAL

Ingredients: One gold candle, one red candle, one purple candle, incense of musk, red altar cloth.

Day and hour: This Ritual can be performed on any day of the week during the first and eighth hours of the day.

Before beginning this Ritual, picture clearly in your mind the face of the person whose thoughts and actions you wish to influence in this occult manner.

Now, proceed as follow:

1. Light the three candles and set them in a triangle with the

purple and red candles forming the base.

2. Gaze into the fumes rising up from the burning incense and recite the following invocation aloud and with feeling:

"I summon and command Thine aid, fiery Och, mysterious Phul and powerful Phaleg, Thou Spirits of the Silver Planets. I now instruct Thee to bathe me in Thine rays of mystic power, so as to blend my thoughts with those of whom I would seek to control and bend to my will.

"With Thine aid shall I turn enemies into friends, failure into success, defeat into victory, and sadness into happiness.

"I now attune my mind with the mind of (name of person). I now control this person's thoughts and actions as they relate to me. So mote it be."

3. Repeat the above Invocation twice more, making a total of three times in all. Between each reciting of the Words of Power (Invocation), visualize the face of the person you have named in the Ritual and project the appropriate thought command to the person - all the time knowing that it will be received and acted upon.

This Ritual should only be used for positive and constructive purposes.

HOW TO END THE RITUALS AND SPELLS OF THE SEVEN OLYMPIC SPIRITS

Just as every spell and ritual described in this chapter must be preceded by the ritualistic invoking of the desired Spirit, to end the chosen spell or ritual an invocation must be spoken aloud which will dismiss the invoked Spirit.

This is most important as every spell and ritual must have a beginning, middle and an end.

The invoked Spirit should be "licensed to depart" in the following manner:

"I adjure Thee, Mighty Spirit who camest in peace to grant me my stated desires, I give thanks unto Eternal Jehovah, in Whose Name of Fire did Thou descend from the firmament fair. Go now, in peace and gentleness unto Thine own area of dominion; but be Thou ready, willing and able to return at my call, when I shall

summon Thee by Thy Name. Amen."

This then ends the Rituals of the Seven Olympic Spirits.

CHAPTER THREE

HOW TO CREATE A SPIRIT FAMILIAR TO BE YOUR OBEDIENT SERVANT AND MAGICKAL MENTOR

Whatever you are trying to achieve by invoking the powers of genuine ancient magick, you know that it will be accomplished that much more quickly and efficiently if you could call upon the guidance and knowledge of someone well-versed in such things. In the previous chapter you learnt how to invoke the aid of the Seven Olympic Spirits in your quest for personal occult power, and now you will learn the closely guarded occult secret for virtually assuring success in all your magickal endeavours. That secret is how to create a Familiar or Magickal Mentor to aid you in your work.

A familiar is the attendant spirit companion of either a magician or witch; it obeys its master's bidding and can assume the shapes of things other than that of a simulacrum of the magician or witch. The well-known witch's black cat is a classic example of the many different forms in which a familiar can appear on earth. Perhaps

the most famous of all familiars is that of the one possessed by Agrippa von Nettesheim, a German philosopher of the fifteenth-century, which was in the form of a large black dog called Monsieur. Occult Lore is, in fact, filled with tales of familiars mating with witches to produce monstrous offspring; not be confused with the incubi and succubus sex demons which can be summoned, by either witch or magician respectively, for the purpose of sexual intercourse during the hours of the sleeping state. The Familiar Creation Ritual is revealed to you in this chapter is the only way in which a mortal can secure the services and help of a familiar.

The Ritual is in itself a little time-consuming, but it is worth the effort on your part; creating a Magick Mentor will bring you the services of a powerful and faithful servant who can assist you to achieve your goals and desires. This spirit, which will be your own astral simulacrum though it can be of a different sex entirely, can act as your personal contact with the Inner Planes to bring you secret and forbidden knowledge. You will become a happier person by accepting this friendly spirit's help and advice.

How Stella S. Became a Successful Psychic and Obtained a Fur Jacket by Listening to Her Spirit Familiar

Stella S. was a poor and forlorn divorced woman with no money and a teenage son to care for. She had no income at all, except for what she received from welfare and the miniscule amount she would sometimes earn from sewing dresses at home. She and her unemployed son had lived in one rented house after another, being forced to pack bags – their meager possession being little more than a few old clothes – whenever the rent got in arrears, which was quite often.

Stella was a natural and gifted psychic, though she had never put those talents to positive use in her life, and had always had a very healthy interest in all things psychic. This interest was to prove a godsend, for this interest led her to discover the Familiar Creation Ritual and that, in turn, led to a whole new way of life for her and her son.

Her Spirit Familiar revealed to her that she was destined to be a successful psychic and seer, with a regular and satisfied clientele.

He also went on to advise her that she should use such things as the crystal ball and tarot cards merely as "props" because he would use, in a most positive way, her as a channel through which to pass on to her paying customers information about their futures.

Stella was not an overnight success; but within a few months of beginning her new career her reputation for giving amazingly precise predictions to her clients spread by word-of-mouth which in turn enabled both her and her son to move into a comfortable and modern apartment.

"This is the best thing that has ever happened to me," she said one day. "Now I can afford to buy that fur jacket I've always wanted. All I have to do is work a few hours a day to earn over 300% more than the small pittance I received from Social Security in my 'bad old days' of struggling to make ends meet."

Stella has now joined her Spirit Familiar on the Astral Plane, but I'll always remember how she changed her life from one of the darkest to one of the brightest by employing just a single aspect of genuine ancient magick.

THE SPIRIT FAMILIAR CREATION RITUAL

You are on the threshold of performing the true Magick of an advanced Adept; and as such, this Ritual should only be attempted when you feel within yourself that your psyche is prepared, and willing, to accept the implications of creating an imitation of life, which is exactly what your Spirit Familiar will be — a pseudo-life form!

Having carefully considered all the possible consequences of this magical act, you can begin the process of creating, via an ancient ritual, your personal Spirit Familiar. It is important to keep in mind, during the course of the Ritual, that you are creating a Spirit Being to help you overcome obstacles in life.

First, take a brightly-coloured object and look at it closely. Now close your eyes and try to reproduce the image of the object clearly in your mind. Repeat the process of visualization until you can see, in exact detail, including even the most subtle of shadings, the object vividly in your mind.

When you are expert at creating the mental reproduction in your mind, which shouldn't take more than thirty minutes at the most if you possess patience and determination, reverse the entire process and begin to project the mental image out into the objective world of tangible reality. Select an empty space and imagine that whatever object has been chosen for the exercise is beginning to appear in the apparently empty space before you. Visualize with such clarity that you begin to actually "see" the mentally produced image.

When you have achieved success in these preparatory exercises, you can begin the actual creation of your Spirit Familiar (Magick Mentor).

Proceed as follows:

Stand facing East with your feet close together. Close your eyes and relax. Visualize a bright sphere of pulsating white light a few inches above your scalp.

Curl the thumb, third and fourth fingers of your right hand into your palm and raise your hand up, with the first and second fingers together, and touch the sphere of light.

Say: "Ateh."

Bring your hand straight down; visualizing a shaft of fiery white light being drawn down through your body, and touch your chest; visualizing the shaft of light is forming into another sphere of energy at your feet.

Say: "Malkuth."

Bend your arm at the elbow and touch your right shoulder as you visualize a third sphere of pulsating white light at this spot.

Say: "Ve Geburah."

Bring your hand straight across your body, visualizing a second shaft of fiery white light passing through your body, and touching your left shoulder, visualize a fourth sphere of light.

Say: "Ve Gedulah."

Clasp both hands in front of your heart and visualize the Cross of Fire firmly in your mind.

Say: "Le Olahim. Amen."

This ends the first stage of the Ritual.

(Many of you will no doubt recognize the preceding as the

Cabalistic Cross Ritual which forms the first half of the Cabalistic Circle of Protection; however, this is where any similarity ends. The words, by the way, stand for: "To Thee the Kingdom, the Power and the Glory, Forever. Amen.")

Both the foregoing Invocation and the forthcoming Ritual must be committed to memory if you wish to have any hope of succeeding in your desire to create life out of an emptiness.

Stand erect, with your feet close together, and face East. Your hands should be hanging limply at your sides. Close your eyes. You should take a few deep breaths to help you relax.

Visualize in crystal-clear detail, a small athame (black-handled knife), surrounded by a flickering blue flame, held firmly in either your right or left hand depending on what type of familiar you seek. Right hand for a truthful familiar, left hand for a messenger of the Evil One. Since we are seeking to create a positive life-force you'd hold the imaginary athame in your right hand.

Raise your hand, with the imaginary athame pointing outward away from your body, until it is in line with your forehead.

Draw a large pentagram (five-pointed star) in the air before you, using the flickering blue flame of the athame to create the outline, (Figure 3-2), of the giant star. Visualize the criss-crossing lines, forming the pentagram, as blue fire. Literally a giant star of blue flame.

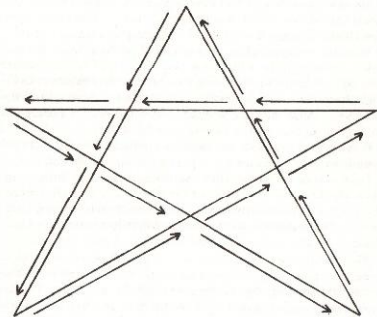
The five-pointed pentagram is, above all others, the most powerful symbol of protection in the occult world of magick. The pentagram for use in this way must be created and completed in one firm continuous, assured motion of the right arm. As with any occult ritual, practice will bring perfection. The pentagram should be drawn in the manner as indicated in the above diagram.

When the pentagram is complete, and the image of a giant star of blue fire is strong and clear in your mind, say the following Words of Invocation:

"Yod Hay Vau Hay."

Next, a beautiful and colorful dawn accompanied by a soft breeze must be visualized at the centre of the pentagram as you feel breezes gently caressing your face.

With the image of the dawn, and the sensation of a gentle breeze,



The Pentagram of Fire
Figure 3-2

firmly established in your mind, call to the Spirit of the East Wind by Name.

Say: "Eurus, Thou Spirit of the East Wind, I call Thee."

Having called to the Spirit of the East Wind by Name, we must now gradually remove the images and sensations associated with this pure spirit-force from our minds.

Turn slowly towards the South, tracing a line of blue fire as you do so, and create a second fiery pentagram in the exact same fashion as before.

When the pentagram is completed, say the Sacred Name of:

"Adonay."

A picturesque tropical island with shady palm trees and golden beaches must now be visualized as existing beyond the centre area of the pentagram. At the same time as the image is created within your mind, you must also "feel" a warm wind coming towards you.

Having achieved the sensation of being touched by this warm wind, call to the Spirit of the South Wind by Name.

Say: "Notus, Thou Spirit of the South Wind, I call Thee."

Once more after vividly visualizing this scene of tropical splendour and its accompanying sensations, slowly remove it from your mind and turn slowly towards the West, tracing a line of blue flame, and draw a third pentagram in the Western Quarter of the circle.

When the pentagram is completed, say the Sacred Name of:

"Eheich."

Having called aloud this Sacred Name of Power, begin to visualize a tropical surf complete with misty spray rushing towards you from an area beyond a centre of pentagram.

Feeling the spray flowing over and around you, call to the Spirit of the West Wind by Name.

Says: "Zephyrus, Thou Spirit of the West Wind, I call Thee."

Again after mentally creating the image and sensations of a tropical sea and misty spray, remove it from your consciousness, and turn slowly towards the North, tracing a line of blue fire with the imaginary athame, and create a fourth pentagram.

When the giant pentagram is completed, say the Sacred Name of: "Aglia."

Picture a background of rich fertile soil filled with an abundance

of ripe fields of plenty existing beyond the centre of the pentagram, and "feel" with your heightened senses a soft and fragrant wind flowing towards you from the centre of the flaming pentagram.

Call to the Spirit of the North Wind by Name.

Say: "Borus, Thou Spirit of the North Wind, I call Thee."

Slowly remove the image and sensations associated with the Northern Quarter from your mind and return to the East, continuing to trace a line of blue flame as you do, to complete the circle. You are now at the centre of a large flaming circle of flickering blue fire, and at each of the four cardinal points stands a giant Pentagram of Fire.

HOW TO CREATE YOUR SPIRIT FAMILIAR

The whole of the Ritual described so far is known in occult circle as the Spirit Familiar Creation Ritual; and as you stand facing East, all that remains is for you to manifest your desires through the creation of pseudo-life out of nothingness.

You no doubt already have a preconceived idea of what your personal Spirit Servant will look like in its human form. To help in creating your Spirit Familiar, sit quietly, prior to the commencement of a Creation Ritual, and record in your Book of Shadows a detailed description of the physical characteristics that your invisible companion will possess: Blonde hair, blue eyes, medium build, etc. List the sex you wish your spirit friend to be. You may also give your servant any name you like.

Your list might look something like this:

My Spirit Familiar

Name: Tiberius.

Characteristics: A youthful young man (early twenties), blonde hair, slim build, bright blue eyes. Tiberius will assist me in all my magical endeavours.

Having crystallized your inner thoughts in writing, all that remains is the actual creation of your Spirit Familiar in the following manner.

THE OCCULT SECRET FOR CREATING LIFE

Now that you have completed the circle and stand protected by

the four pentagrams of fire, you can begin creation of your familiar via the accepted concepts of Ceremonial White Magick.

Imagine, if you will, a phosphorescent blue mist appearing before you within the circle of fire. Gradually the mist assumes the opaque outline of a figure, becoming more solid and well-defined as the remainder of the body materializes into a form of pseudo-reality.

The being standing before you should now resemble, in exact details, the Spirit Familiar described in your Book of Shadows.

This Spirit Being is actually an astral extension of your own self, yet separate and independent from you to the extent that it can pass untroubled through the Veil which separates the two worlds of reality and spirituality.

Slowly, like a child learning life, your Spirit Familiar will become a totally separate identity with complete freedom of movement and expression. However, it is important to remember that the familiar is only a servant and not a master.

Do not permit the familiar to leave the protection of the circle, as this would cause its instant destruction and a small part of your own self would be lost forever.

After you are completely satisfied with its appearance and mental capabilities you may communicate with your familiar.

HOW TO COMMUNICATE AND WORK WITH YOUR SPIRIT FAMILIAR

On your first, and all subsequent meetings with your familiar, communication between the two of you will be direct mind-to-mind contact. You have created both the circle and your invisible — to the uninitiated — Spirit Familiar within the secure confines of your Magick Room, and your familiar is now standing before you as it awaits your commands.

Now mentally state your problem or request — any problem, there are absolutely no limitations on what can be achieved with the aid of your invisible Spirit Familiar.

Then let your thoughts run free and "listen" for the answer to your question. You will be amazed at how clearly you can hear the familiar's voice in your mind.

A problem can be solved easily. A request can be granted

quickly. And a question can be answered clearly.

A typical conversation between magician and familiar could run something like this:

Magician: "Welcome, Spirit Familiar. I am in severe financial debt and have no way of solving my problem. Also, I am about to be evicted from my home and have nowhere to go. What can I do?"

Mentor: "Fear not, for you have been chosen to be a channel through which may be heard the Voice of Truth. The problems shall now be taken away from you forever."

And they will be. This example is based on the actual conversation which occurred between Stella S. and her personal Spirit Familiar. Her Case History was described at the beginning of this chapter.

Keep your meetings with your Spirit Familiar restricted to only one hour at a time. Any longer will only tire you and leave you in a state of emotional and mental exhaustion.

HOW TO SEE INTO THE FUTURE WITH THE SECRET OCCULT POWER OF SPIRIT-VISION

You have hidden deep within the depths of your subconscious mind the occult power to look far into the future, and to other times and places.

The power is called Spirit-Vision and it can help you to achieve a great many wonderful and marvellous things in your life.

With this power you can know well in advance about the good/bad things which await you along the endlessly flowing river of Time and Space. "You can 'see' all the new opportunities, friends, success, money, love and happiness of a future yet to be. You can also know in advance of any dangers so that you can take adequate precaution to ensure your safety.

All of these things can be made known to you.

You are now advanced enough to project a small amount of magick energy into a crystal (ball) and have that kinetic power force use the mystic energies on an invoked Spirit-Force to reveal images of a future yet to be, so that you may avoid the dangers and prepare,

in happy expectancy, for the positive experiences ahead.

As you assimilate the occult knowledge contained within the pages of this book into your psyche, you will learn how to "see" far ahead and create the future of your choice.

"Is it possible," you may ask, "for anyone to see into the future dimensions of time and space?" Yes, anyone can transcend the barrier of the fourth dimension with the help of spirits and the kinetic power of Spirit-Vision. Of course, it does help with the success rate of an experiment such as this if you have been using the magick rituals of this and preceding chapters, as these will help to stimulate the correct kinetic energies required to receive true visions of the future.

Spirit-Vision Power will enable you to go beyond the barriers of time and space to change your life by making the correct decisions. Imagine, if you will, a giant maze with many dead-end paths and only one correct path to a central point. It is the same with your life. A right choice at a crucial time can bring a life of happiness, but an incorrect choice or decision can bring utter disaster.

Proceed as follows:

Place a medium-size crystal ball (available from any occult supply store) on a square of black velvet. Position the ball in front of you on a small altar. Make sure that there are no distractions, this will help in concentration. Gaze at a spot midway between yourself and the crystal — which is your window on the psychic plane of existence — in a relaxed and receptive state of mind. Place candles on either side of the crystal. One blue candle representing Truth and one white candle representing Spirituality. Light the two candles. The mystic forces of Truth and Spiritually serve a twofold purpose in the occult art of second sight. They ensure that you are given a true vision of the future and help direct positive spirit forces to you during the course of the experiment.

You are now ready to begin.

THE SPIRIT-VISION POWER RITUAL

Ingredients: One blue candle, one white candle, square of black velvet, one medium-size crystal ball.

Day and hour: This Ritual may be performed on any day and at any hour of the day or night.

Proceed as follows:

1. Perform the entire Spirit Familiar Creation Ritual, and ask your familiar to assist you in developing the art of second sight and to help in the invoking of positive spirit forces during the experiment.
2. Sit in a comfortable straight back chair and relax by taking deep breaths for two or three minutes. Continue breathing in this way until you feel all the tension and stress flow from your body.
3. Blank your mind of all distracting thoughts of any kind.
4. Recite the following Invocation softly and with feeling:
"O Mighty Spirit Forces of the Astral Plane, I call on Thee, Thou Masters of Time and Space, to reveal unto me a true vision of the future within this crystal.
"Blend Thine mystic powers with mine, revealing the good and the bad hidden beyond the Veil of Time. All things both pure and impure shall Thee show me.
"I beseech Thee, O Mighty Spirits, to grant me this request of heart and mind; revealing all that is yet to be. So mote it be."
5. Sit in quiet meditation for ten minutes. Concentrate upon the person, place, or event of which you wish to receive information. Gaze into the crystal to receive your Spirit-Vision and guidance.

Practice and patience together with determination will bring you the desired results.

Spirit guidance is available in this manner twenty-four hours of every day.

Patner Reveals How to Win at Gambling

One unemployed young man who used this occult power, Paul B., "saw" the outcome of a horse race which would be held at a local racetrack the following Saturday. In his vision, Paul "saw" that a particular jockey would ride the winners of two races and that they were both long-shots. Luckily for Paul, both horses came home as predicted!

HOW TO DISMISS YOUR SPIRIT FAMILIAR

When you are finished questioning your Spirit Familiar on

whatever topic you have chosen, you must remove both it and the circle from this dimension.

First, order your familiar to return to whence it came. If your familiar refuses to depart, threaten it with the imaginary athame.

Then, repeat the entire Cabalistic Cross Ritual and draw the four pentagrams in reverse - in other words erase both them and the circle from the atmosphere.

You must repeat the whole of the Spirit Familiar Creation Ritual every time you wish to communicate with your familiar.

CHAPTER FOUR

USING THE POWER OF MAGICK CHARMS, POTIONS AND POWDERS TO WIN THE HEARTS OF OTHERS

What greater pain can there be than the pain of loneliness? Do you spend night after night sitting alone beside the fireplace in silent solitude with only your thoughts of ever-elusive happiness for company? Is there someone in your small circle of acquaintances within whom you would like to arouse the emotions of love and desire? There are literally hundreds of millions of individuals – the world over – in this highly unenviable position: cold and alone in the midst of even the largest crowds. Going about their everyday affairs wearing a mask of happiness, while the cancer of loneliness is leaving them an empty shell inside. What could, one might think, be worse than to love someone ardently only to have that love rejected or not even recognized at all? If only a power existed with which to influence another's emotions and feelings so as to end your loneliness and frustration.

There is just such a power – an ancient magickal power!

In the previous chapter you learnt how to create a faithful and obedient Spirit Servant; and in this way you can never be denied a companion, for your Spirit Familiar will always appear before you.

The many Benefic Beings invoked by Ritual and Ceremonial Magick can also be classed as the witch's or magician's friends who are at all times ready to lend us a helping hand while they bathe us in mystic rays of love and understanding. The practitioner of the Sacred Arts is never truly alone in the world.

This mystical companionship with other-worldly beings is all well and good; but we, as mere mortals, require, shall we say, a somewhat more "physical" relationship with members of the opposite sex – or even the same sex, if you are that way inclined.

COMPATIBILITY IS THE GREATEST MAGICKAL POWER OF THEM ALL!

The world can be an awfully lonely place in which to live. Reduce that down to the restrictive dimensions of the average-sized bedroom and you have a prison-cell from which few ever manage to escape from in their lifetime. Spending up to one third of your life in one room without companionship can be the very worst kind of punishment for a past "sin" – there are those who would have us believe that everyone is punished at some point in their lives by a loving (?) God – which is endured by millions of people all over the world.

Using magick to arouse love in another is fine, but we need to be sure that we are using it to attract the right person – someone who will be compatible with us on all levels of being: mind, body, soul. Your companion must be one who can satisfy you both in and out of an adequate sized bed. There is nothing more stupid or pointless than a relationship which is based on nothing more than pure sexual attraction – believe me, I speak from experience. The sex act must be done out of mutual love and affection, and not just to satisfy one of the more basic desires.

Find someone with whom you can share both the good and the bad of everything, and you will have found the greatest magick of all!

YOU CAN ATTRACT ANOTHER WITH THE ANCIENT POWERS OF LOVE MAGICK

Love is perhaps the oldest and most elusive of all the emotions of man. During the Great Age of Magick, the Middle Ages, the neighbourhood witch or magician was called upon by people from all walks of life for help in winning the hearts of those desired. In the frequently soul-rending search for love and affection along with mutual satisfaction, one is prepared to try anything – regardless of how bizarre it may seem at first glance – which gives one hope for securing the love and companionship of another.

If you sincerely desire to arouse love and passion in the heart of another, to win that person's affections, then all you have to do is to employ one or more of the nearly thirty different charms, potions and powders for gaining love, which follow, and all of your love desires, so claim the ancient grimoires, will be granted in full.

DOES LOVE MAGICK REALLY WORK?

The charms, potions and powders contained within the pages of this chapter have been taken from the grimoires and folklores of many different nations and cultures. While each charm, potion or powder has the potential to produce an effect of one kind or another in the tangible world – due to occult power instilled into them from thousands of years of belief in their magick and life-changing qualities – no-one, including myself, can give you a guarantee as to their efficacy in producing the desired reaction to their use, as this is, to a very large extent, dependent upon the individual user of said charms, potions and powders.

AN A TO Z GUIDE TO ANCIENT LOVE CHARMS, POTIONS AND POWDERS

Love is as old as man. Some people have always believed in the powers of the following Love Magick formulae, others have classed them as the worst form of self-deception. Only you can decide the ultimate results. You must have faith in yourself and the formula you have chosen to test.

Amethyst: When worn by a woman as a protective love charm, it can ensure her of her husband's love and

affections all their married life. For a single woman, it will ensure that her lover remains faithful and true.

Agate: Take a black agate and have it set in silver. Wear the stone as a pendant for seven days and nights, removing it only to bathe. On the eighth day, give it to the woman you desire and she will speak love to you.

Adam & Eve: A magickal herb which represents the male and female principles of life. When used as a love charm it can help to sustain the love between a man and a woman. For a man to obtain the love of a woman, he must, so claims occult lore, bring the Eve root in contact to the chosen lover. A woman would give the man she has chosen the Adam root to invoke the magickal forces. The root is a very powerful Voodoo charm.

Balm: Another magickal herb which is famous in the occult for its legendary powers to influence affairs of an unhappy heart. The herb should be soaked in a glass of red wine for a number of hours, and then strained and used as a powerful love potion.

Coriander: To arouse the passions of a member of the opposite sex. Mix some of the seeds, having first reduced a fair portion to a fine powder, into a glass of red wine and give it to the chosen lover. A very famous aphrodisiac and general love potion.

Cumin: A magickal herb used to ensure the fidelity of one's spouse. The herb is either eaten or powdered and mixed with a drink. Another legendary herb, thanks to those powers it possesses, to influence romantic affairs of the heart.

Eggs: Yes, even the everyday egg has a place in the world of love gained by magickal means. Occult symbol and image of fertility, the egg is buried in an anthill during the first-half of November. Exactly one week later, retrieve the egg from its

resting place and, according to the lore of witchcraft, whoever comes in contact with said egg will be yours to love.

Emerald: Worn by a woman as a protective love charm to ensure continued happiness in all affairs of the heart. The legendary occult stone can also bring safety during the crucial moments of childbirth.

Elecampane: A legendary occult aphrodisiac when reduced to a very fine powder and mixed with powdered mistletoe and the herb vervain. The entire concoction is then sprinkled over the food, or added to a drink, being offered the beloved. A very famous love potion.

Endive: A magickal herb which was once quite well-known as a powerful charm for attracting the love and adoration of the opposite sex for so long as the herb remained fresh. Also quite effective as a love potion, ground to a fine powder it is added to either food or a glass of red wine and offered to the beloved.

Mandrake: Perhaps the most famous love root of all occult lore. Attributed with the magickal powers possessed by the golden-haired Circe, the root resembles the human form in shape. To gain female love and affection, the female effigy is carried as a charm by men; and to arouse the passions of a man, the male effigy root is carried by women. The plant is also known as mandragore, and is a member of the potato family.

Myrtle: A magickal herb which is associated with the Goddess Venus, it has several uses in the quest for love and affection. For a woman to hand a man a sprig of myrtle, will bring love and matrimony. Constant affection between lovers can, it is said, be assured by both parties drinking a cup of myrtle tea. A woman can ensure the loyalty of the man she loves by sprinkling myrtle at his doorstep.

- Olives:* If a man wishes to make a woman long for his touch he should sprinkle dried mustard seed and the herb cheyanc over a handful of olives. The olives eaten by the desired woman will make her love him. This is a favourite of warlocks in pursuit of love and affection.
- Periwinkle:* A popular occult aphrodisiac, the flower is made into a fine powder and sprinkled on food for the increasing of strength and virility.
- Red Wine:* A love potion which can be used by either sex to gain the love of another. Mix together in a pot honey, aniseed, rosemary leaves, cloves, orange rind, ground cumin, green leaves of a rose and a small amount of chilled red wine. When the concoction begins to steam, place in a cool area. You must then strain and reheat while counting backwards from 100. Pour potion into a cup and give to one whose love you wish to secure.
- Roses:* If you have found a lover only to lose him to another, go out into the countryside at night during the second half of December, and pick three red roses while the moon is full. Bury one of the three red roses at the base of a young yew tree, one in the ground beneath your feet and one is kept hidden beneath your pillow at home. After three days, it is said, your lost lover shall return to your side.
- Rue:* In occult circles, the lowly rue is used as an incense and potion for the attracting of one's soul mate. Rue tea is drunk at the same moment the incense is burned. This simple ritual must be performed during the day dedicated to Venus and Love, which is a Friday. The person partaking of this magickal formula is freed of all misconceptions regarding love and lovers.
- Snake Root:* Used by witches and warlocks as a very strong and powerful aphrodisiac. The same procedures as

with all alleged sexual stimulants would, no doubt, be applied to its use in romantic affairs.

Sea Holly: Yet another herb to which are attributed magickal properties for influencing the outcome of affairs pertaining to the heart. Reduced to a fine powder it is sprinkled on food offered to the beloved. Women can also wear the root as a love charm to arouse the interest of men.

Venusian Love Charm: The herb known as Maiden Hair is associated astrologically with the planet Venus, and as such has strong amatory powers to use in affairs of the heart. To gain the favor of the Venusian Love Spirits, take the herb and immerse it in water during a Friday while reciting:

"O Most Noble Anael, Thou Spirit of Love and Happiness, I beseech Thee to bless my life with unending joy. So mote it be."

Having removed the herb from the water, it is then worn as a powerful love charm by a man or woman.

Venusian Love Potion: To produce this legendary love potion, you take a pinch of the herbs cinquefoil, vervain and periwinkle, which have been mixed together, and left to seep for half a day, and add to a glass of red wine.

Vervain: One of the planetary herbs associated with Venus, the Planet of Love, the vervain is used when one desires to make someone fall in love with them. The hands are first soaked in juice which has been squeezed from a vervain plant, and anyone who is touched with the wet hands, so claims occult lore, will idolize you.

Yarrow: If a married woman wishes to keep her husband true for seven times seven years, then all she has to do is a piece of old witchery and hang some yarrow over a bed in which both she and her husband have slept.

Any one of the foregoing charms, potions and powders for love and affection could be the magickal solution to all your romantic upsets and lack of reciprocated affection.

FINDING THE PERFECT PARTNER

Having all the love potions in existence at your beck and call won't do you one iota of good without first having someone to use them on. So the first thing that you have to do before you can be successful in the art of influencing people's emotions with magick charms and potions, is put yourself in a position where different people and potential partners are at your disposal. This means an effort on your part to get out and mix, not even magick can bring love knocking on your front door.

Good luck!

CHAPTER FIVE

THE SECRETS OF OCCULT POWER

The first step toward releasing occult power into your life is the actual controlling of your thoughts. This is achieved through the elimination of certain negative concepts which have been programmed into each one of us from a very early age. The subconscious responds to all the psycho-commands (thoughts) sent to it during the course of your life. Unfortunately a great many commands are of a highly negative nature reflecting inbred beliefs of lack, disease, loneliness and despair, causing these negative energies, which are generated from within your own mind, to take on a solid and tangible reality in your own life.

Remember, the kinetic energy produced during Ritual Magick has a magnetic-like quality affected by your thoughts and can draw to you Unfriendly Forces and the physical equivalent of those forces in the shape of failure and sadness.

Begin to change this negative programming of your mind today!

Replace negative beliefs with a positive belief in a bright and happy future. Everytime that you find yourself beginning to think along any negative or self-destructive lines of thought, say aloud the following magick affirmation:

"This is not so!"

Replace the negative thoughts with one or more of the positive beliefs given in the following lists:

Negative Thought Concepts	Positive Thought Concepts
War	Peace
Poverty	Wealth
Disease	Health
Darkness	Light
Evil	Spiritual
Bad	Good
Hunger	Plenty
Hate	Love
Sadness	Happiness
Restriction	Freedom
Discord	Harmony
Loneliness	Friendship
Failure	Success

Remember, whatever psycho-commands you send your mind will come to pass with the powers of genuine ancient magick. Send yourself a constant flow of positive commands. Think and speak in an attitude of positive acceptance, and your entire life will begin to take on new meaning, depth and happiness.

HOW TO BECOME A POSITIVE CHANNEL FOR THE PROJECTION OF CREATIVE MAGICKAL POWERS

As mentioned in Chapter Two, meditation is a powerful ingredient in releasing externalized magick energy into every area of your life. It can help you to succeed in your every undertaking. You can become more sensitive to the invisible forces which surround us on each and every side. Your kinetic powers can become more developed. It can help your body heal itself of mental and physical illnesses. So much can be achieved through the simple practice of meditation methods.

Remember, do not attempt to form any magic or meditation until you have achieved the right mental attitude. If your mind is filled with a high percentage of negative thoughts and concepts, magickal powers can do more harm than good, producing many negative and disappointing results.

THE TECHNIQUE OF TRANSCENDENTAL MEDITATION

Here then is the method to use for achieving a deeply relaxed state of mind, and in so doing become a positive channel for the flow of creative magickal powers.

1. Set aside from ten to fifteen minutes of your time each day to practise the art of transcendental meditation. Early in the morning is best, when the mind is refreshed from a good night's sleep.
2. Retire to your Magick Room, where you are confident that you'll not be disturbed during your meditation sessions.
3. Sit either cross-legged upon the floor, or in a comfortable chair with both feet flat upon the floor. If you choose the latter, lay your hands (palms up) in your lap.
4. Close your eyes and relax.
5. Visualize yourself as standing in the centre of a lush green forest. At your feet is a gently bubbling brook of fresh and crystal clear water. Feel the sun upon your face and the grass beneath your feet. Walk over and touch one of the giant oak trees which seem to surround you on every side. Feel the interchange of energies between yourself and the tree. Next, immerse yourself in the wonderful feeling of kinship between you and the old oak tree. Remain in this highly positive and receptive state for a minute or two before proceeding on to the next stage of meditation.
6. Turn your attention to the location of the occult third-eye, situated in the square inch space between the eyes.
7. Visualize a slow countdown from 30 to 0. With each passing number, feel yourself slipping into a deeply relaxed state of mind as you continue to breathe evenly and deeply.
8. Transfer your attention to the exact centre of your head, imagining as you do that the interior of your head is now

hollow and filled with an inky darkness, and visualize at that spot a pinpoint of bright golden energy. Dwell upon this pinpoint of golden light for a full five minutes.

9. Let your mind go free for two or three minutes, allowing your thoughts to run free. Make notes of all notions and concepts which appear in your mind during this period of your meditation. Answers to important questions and the solutions to problems will often appear in your mind for you to act upon.
10. Finally, form a vivid image in your mind of some special desire you would like to have materialize in your life. Dwell upon this mental image for a full five minutes.
11. End session.
12. Repeat daily.

Sit in a relaxed meditative state for at least ten to fifteen minutes of each day. Visualize what you wish to achieve with the creative powers of genuine ancient magick, and believe that it will indeed come to pass. This will stir your latent kinetic power force into dynamic and creative action.

What you visualize in your mind during the meditative state will soon appear in your life. It really is as simple as that.

THE MAGICKAL WORLD OF OCCULT POWERS

There are miracle working powers latent within us all. Kinetic and occult powers of the mind which can reach out into the nether void of time and space. Powers capable of affecting and influencing the minds of others, the Laws of Nature and the Spirit World.

You can create material objects as if "out of thin air" by using the motivating power of creative visualization. An inanimate object can "speak" to you through the medium of psychometric vibrations in the atmosphere. Hidden deposits of gold and oil can be revealed to you, when you once learn the ancient art of dowsing for an exclusive look at the hidden world beneath our feet. All these things - plus a whole lot more - can be yours when you once develop all your latent occult powers.

You may be asking yourself the question, "If these powers are so

good for us, then why doesn't everyone use them all the time?" This is because so many people, due to their misguided religious beliefs and convictions, greatly fear the occult world; believing, wrongly and to their detriment, that it is the home of the Devil, and power of any kind is his demons in disguise.

Let me assure you, right here and now, that nothing could be further from the truth, and that no harm whatsoever will befall you as a result of using these amazing kinetic and occult powers within us all.

In this chapter you will learn the simple methods and exercises for developing these occult powers with which to materialize those desires for happiness, love, money, success, health and enjoyment, you wish to manifest in your life. All you need is patience and a firm belief in your abilities to ensure success and happiness from the powers of which you are about to learn.

Just as all apparently solid objects are composed of minute particles of energy known as atoms so too is the human mind made up of its thoughts which are, in turn, comprised of electro-magnetic energy originating from within the Universal Mind. When a thought command is sent to the subconscious, these particles of mind energy are stirred into dynamic and creative action to produce appropriate results in accordance with the original command. It is these same energies which are the controlling factor behind the successful development and implementation of occult power in your life.

To form these energies into the varied kinetic powers which are latent within your mind, you should diligently practise each one of the following development exercises each day for ten or twenty minutes at a time.

HOW TO "SEE" YOUR WAY TO A NEW TOMORROW

The power of creative visualization is just one of a vast array of kinetic energy forces which you can use to literally change the negative aspects of your life in a matter of weeks, or even a few days. With this miracle power you can materialize money, power and personal happiness. As if by magick, you can draw to yourself each and every material possession you truly desire to own and enjoy in your life.

With the motivating power of creative visualization, you create a vivid mental image of that which you desire the most to have appear, and then impress it upon an imaginary screen before your mind's eye. This mind image of visualized desire will begin at once to stimulate the creative kinetic energies of the subconscious mind into dynamic action to produce the desired object in a solid and tangible form. Your every thought and action will be directed toward attaining the specific and worthwhile goal. Kinetic energies, stimulated by the visualized mind image, will then begin to flow out into the objective world, while at the same time giving you creative and intuitive guidance on a higher level of awareness than a person receives on the material plane of consciousness.

The power will flow freely, and continuously, to bring your every desire into sharp clear focus.

Your visualized desire becomes a giant pulsating and everlasting vortex drawing into its centre all your kinetic energies; forming a vast and limitless power with which to crystallize and materialize a powerful desire into solid reality. This might kinetic power force, once generated through creative visualization, will continue to work day and night, even while you sleep, to bring each and every one of your secret desires to pass. You possess the power to work wonders in your life.

To gain the maximum benefit from the creative power of the higher mind centres you should spend at least ten minutes each day in a relaxed meditative mood, visualizing what you wish to accomplish with your life – be it material success, or emotional fulfilment, it matters not. The only requisite is that you possess a strong desire.

Visualize, with intense mental clarity, yourself formulating new and original money-making ideas and schemes that can make you rich and financially secure. See yourself as becoming a human money-magnet to draw an endless flow of money to you from all directions. See money, either dollars or pounds, piling up all around you. Go on a mental shopping spree buying whatever your heart desires; nothing can ever be denied you again.

Creative visualization can accurately be described as daydreaming with intent and purpose. Most daydreams are, by their very

nature, a two-dimensional image of unconnected thoughts devoid of direction or purpose. The mind images created by visualization must have depth of character, richness of color, and most important of all: a sense of purpose. Strive to create the most vivid mental image that you can. Feel that if you were only to reach out before you that you could touch the visualized image of desire, such is its richness of color and fullness of image. Know that it has already happened in the Astral Plane, and that it will soon come to pass in the physical world of matter.

Creative visualization has the potential to make you rich, if you truly desire great wealth; and help you to attain your every goal in life. Have a strong emotional desire to possess a specific material thing such as a color television, stereo system, or car. Then use creative visualization to focus all your kinetic energies on the one specific goal. You will generate powerful rays of externalized magick energy with which to draw your desire to you and make it a reality.

Create an Occult Scrapbook of Fulfilment to help crystallize and visualize your desires into solid reality through the externalized magick energy of spells and rituals. Cut out bright and colorful pictures from magazines of the material objects you wish to have in your life and paste them on the blank pages of an ordinary book, and then meditate upon these images of satisfied desire for at least ten minutes each day; then visualize, for the next five minutes or so, yourself with the wished-for object enjoying the happiness it will give you.

For example, if you wish to travel to distant and exotic lands, get some brochures from your local travel agent and paste the most attractive pictures in your Occult Scrapbook of Fulfilment. Imagine the entire trip in your mind and believe that it has happened. You will stir your latent kinetic power into action to make it happen.

Whatever you desire out of life can now be yours.

PSYCHOMETRIC VIBRATIONS: WHAT THEY ARE AND HOW THEY CAN BE USED TO FIND LOST PEOPLE AND HIDDEN TREASURES

Every animate and inanimate object and thing, from human

beings to small pebbles on the beach, radiates an invisible energy field.

The kinetic power of psychometry is the art of sensing and understanding this invisible field and its unseen vibrations. Thought and emotion are imbued in these vibrations. Psychometry can be the key to a vast storehouse of secret information and knowledge.

We have all seen in the movies how the police solve a murder by dusting for fingerprints left by the killer at the scene. The same applies to the invisible kinetic vibrations emanating from the auric energy field; a slight residue of energy is left on and around everything we come into contact with, including the atmosphere: the ghosts of stately homes are, in fact, powerful psychometric vibrations trapped within the limited confines of a past tragedy.

Every inanimate object can speak to you through the sensing and understanding of the psychometric vibrations. In this way, a ring, for example, can reveal much about an individual, such as desires, intentions, thoughts and, in some cases, future happenings. All of these things can be made known to you through the information contained within the energies of the psychometric vibrations.

We possess a brain with which to think and reason in a logical and practical manner to help solve the varied problems of day-to-day living. The higher psychic mind centres operate on a mystical level which is beyond logic and reason interacting, as they do, with the abstract feelings known as emotions. Instant "likes" and "dislikes" of people, places and things can be directly attributable to the psychometric vibrations interacting with the energies of the higher mind centres.

We are being literally bombarded by these invisible forces twenty-four hours of every day. Tuning in to these unseen vibrations can be most revealing in regard to the true character and nature of people. If all is not as it seems, your heightened sensitivity can warn your higher mind to any possible danger or disappointment which may arise if a friendship is formed with a person. One of the biggest stumbling blocks in the pursuit of personal happiness is, not surprisingly, learning to take notice of your feelings about people and to act accordingly.

The kinetic power known as psychometry can help you to sensitize your seven occult power force centres to these vibrations of mind; transforming you into a gaint, psycho-spiritual radar locator. With this psychic ability fully developed, you can use it to find a host of different things such as lost treasure, missing persons, water and oil, valuable minerals, precious gems, gold: and other valuable things which are hidden deep beneath the surface of the earth.

Development of psychometry can, as with any occult power, often be slow and time-consuming; but with patience and practice, the art of reading by touch can be mastered and put to use. Do not expect positive results for at least two to three weeks. From ten to fifteen minutes of each day should be spent in developing an adequate mastery of this occult power.

Proceed as follows:

1. Hold in your hand a ring or any small item belonging to another person - preferably a stranger about whom you know very little or nothing at all.
2. Close your eyes and relax.
3. Visualize the object in your mind. It is most important that the mind is kept free of all distracting thoughts.
4. Concentrate on the mental image of the object.
5. Open your mind to the flow of psychometric vibrations. The information may come in the form of an image, word, or a general feeling representing a specific emotion.

First impressions are most important in this particular mind game, and they are, nine times out of ten, usually accurate and can act as a guiding light to the overall psychometric reading.

A good example of this is a personal experience of my own in the not too distant past. Attending a psychic development class at the Psychic Research Society of Australia, a young girl gave me a small item of jewellery for a psychometric reading. Though the young girl in question regularly attended the weekly development classes, I did not know her on a personal level and was, at the time, totally unaware of the incidents in her life.

I held the said item of jewellery in my hand for a few minutes and instantly saw the image of a jet airliner superimposed over a map of

Europe along with a feeling of coldness. "This has," I remarked "come from a cold area of Northern Europe. It was purchased in a small jewellery shop located in a large city. The shop is not located along a main thoroughfare, but in a side street."

The young girl looked at me in utter amazement, "Yes, that is right. That is absolutely right," was all she could say.

It is important to give out whatever you see, sense or feel in the first few minutes of holding the object from which the psychometric reading is being taken. Do not allow the logical side of your mind to take control during the early stages of development. The power of psychometry is one of the easiest and simplest to be mastered in your growing arsenal of kinetic and occult powers.

Using psychometry to find missing persons requires the holding of an item of jewellery or an article of clothing worn by the person prior to their sudden disappearance. Perform the entire Psychometric Development Ritual. Record in your book of Shadows any feelings you receive. The psychometric vibrations can be used as guides to locating the missing person. You can also find lost pets in much the same manner by holding the collar or favourite toy belonging to the missing animal.

You can also use the power of psychometric detection (dowsing) to find lost treasure or valuable mineral deposits. You will need for this to construct the first of your occult tools, a Psychometrical Divining Rod.

Go to a tree, no more than one year old, and snap of a small branch which has two extended twigs forming a Y-shape. Face East and speak aloud the following conjuration:

"I conjure Thee, Thou Spirits who guardeth lost treasures, to showeth me, through this virgin branch, where silver and gold is hidden beneath my feet. So mote it be."

If you live in an area which is short on one-year old trees take and ordinary metal coathanger and, using the hook as the base, form it into a Y-shape. In this case, the above conjuration is not used. The divining rod will pick up the psychometric vibrations radiating from the desired substance. The rod will either point downward at a spot on the ground if made of wood, or begin to vibrate in rhythm with the psychometric vibrations if made of metal.

To use the power of psychometry in this way it is necessary for you to blank your mind and to concentrate upon a mental image of a simulacrum of that which you seek. Hold the divining rod gently, with your thumbs keeping the rod in place in the palms of your hands. As you walk slowly around the area you are searching, keep your senses alert to the slightest response from the rod. You can then be certain that the substance you are seeking is in the immediate area of the spot you are standing in.

Remember, time and patience are the magick keys to success in the amazing world of occult powers.

CHAPTER SIX

HOW TO USE THE ANCIENT POWER OF ASTRAL PROJECTION TO BECOME AN INVISIBLE ASTRAL TRAVELLER

The practitioner of the Sacred Sciences has the potential to gain the ability to travel great distances in the twinkling of an eye, to discover the secret intentions of friends and strangers, and explore any part of the world, even past and future ages.

By following the simple instructions contained within this chapter you can learn the occult secret for separating an individual's two halves of consciousness: the physical and astral, to become an invisible traveller, visible to only the most skilled of psychics. You can then use this fantastic ability for a variety of purposes, including finding out what your neighbours really get up to in bed of a night!

While in this invisible astral state you will be able to transcend the dual dimensions of time and space, visit the Spirit World to see and converse with departed loved ones, discover secret information

a person may be keeping from you, improve your lot in life, and generally have one hell of a good time!

Are you ready to embark upon the most thrilling adventure of your entire life?

How Mary Became a Psychic After Travelling in the Astral State of Reality Awareness

The female subject of this particular Case History is a very well known Australian psychic who was once an acquaintance of mine in the not too distant past. Celebrities from both Australia and America, as well as company directors and other influential people, flock to her modest home to pay her for her psychic advice on such things as what stock to invest in, to which suitor is most suitable for marriage, and all points west. She was, when I knew her, earning hundreds of dollars every week, fifty-two weeks of the year. A very lucky lady to be sure.

Mary (not her real name) was not always so lucky.

A few years earlier, Mary was just another housewife, perhaps just a little forlorn, living in suburbia, struggling to pay the bills on time and raise two small boys in an environment of little financial prosperity. Recently divorced, Mary found life a little hard going — at times downright impossible — but managed to maintain a positive, healthy and happy disposition in the face of every hardship. She was not living the perfect life, but things could have been a lot worse.

Then one day Fate seemed to deal her the hardest blow of all.

Returning home from doing the weekly shopping, her arms filled with the meagre supply of food which she could afford to purchase on the pittance she received from Social Security, Mary collapsed in the street.

The next thing she remembered was lying in a hospital bed surrounded by concerned doctors who could not find a suitable reason for her sudden collapse.

During the time she spent within the confines of her hospital room, Mary had a spontaneous astral experience which was to change an unhappy life into something very special.

Idly gazing out through the window of her room, admiring the

first colourful flowers of what promised to be a wonderful Spring, Mary suddenly found herself "floating" in the air above her bed. Looking back at the bed she saw her physical form apparently sleeping undisturbed between the sheets. The room seemed to dissolve around her and Mary, feeling somewhat unsettled by it all, found herself in the midst of a remote aboriginal camp somewhere in the Australian wilderness. Returning to her physical body, Mary found to her surprise that her psyche had undergone a transformation and that she now possessed a very high degree of latent ESP and other psychic abilities.

This was quite a shock, since prior to this astral experience Mary had not been in the least bit psychic.

The rest you already know.

Thanks to the ancient power of astral projection, Mary's life was never a struggle ever again.

THE FOUR LEVELS OF REALITY AWARENESS

In the introduction to this chapter, I made mention of the fact that it was possible for the experienced astral traveller to go on extended astral journeys to dimensions beyond time and space, such as the Spirit World of matter. Perhaps now is as good a time as we could hope for to explain exactly what I meant by that perplexing, and slightly unusual, statement.

There are four — and only four — levels of what can be termed as reality awareness, and as a practitioner of the occult you'll be in frequent contact with all four.

The most important, from a magical viewpoint, is the Astral, or Spirit World, for it is the Inner Planes of this dimension in which reside the Benefic Beings you will be calling upon for help through the solemn performance of the various spells and rituals described within the pages of this book. The Astral Plane has the ability, in quite amazing ways, to bring excitement into an otherwise dull life.

The different levels of awareness are as follows:

The Light	(Cosmic Intelligence)
The Astral Plane	(Spirit World)
The Level of Eternal Darkness	(Negative Occult Forces)
The Physical World	(Here and Now)

All these realities are manifest within every man, woman and child, being as follows:

The Spark of Life	(The Light)
The Spirit Body	(The Astral)
Negative Thoughts	(The Darkness)
The Physical Body	(The Physical)

So it can be truly said that man is the perfect reflection of the Cosmos in its totality and, in a divine state of being, will draw upon the mystical energies of mind, soul, and spirit latent within him to bring about positive changes in circumstances.

The Man Who Appeared in Two Places at Once

"If there is such a thing as an animal body then there is also a spiritual body." The man who made that profound statement was — wait for it — none other than Saint Anthony of Padua, a twelfth-century Portugese Franciscan friar who is perhaps now better known to most of you as the patron saint of the poor and homeless.

St Anthony gained something of a reputation in southern France and Italy for being a great cathralling preacher, and it was during a sermon in a church in Limoges, during 1226, that St Anthony induced an astral experience.

Suddenly remembering that he had committed himself to teaching a lesson to a group of monks assembled in a church clear across town, St Anthony ceased his sermon, much to the confusion of those before him, knelt to the floor and remained there in silent solitude for a number of minutes. During that time, St Anthony suddenly appeared — as if by magick — in the midst of the monks patiently awaiting Anthony's arrival at the other church, gave his lesson to grateful students, and just as suddenly as he had appeared the good saint promptly vanished. Meanwhile, back at the other church, St Anthony rose to his feet and resumed his sermon.

WHAT YOU WILL EXPERIENCE WHILE IN THE ASTRAL STATE OF BEING

Put simply, when a person projects onto the astral, their entire consciousness — that part which possesses their senses — is released

as an amorphous mass of mobile intelligence, while the physical host body remains safe and secure upon the bed.

All physical processes continue to function normally. The heart keeps on pumping, the lungs continue to inhale and exhale precious oxygen, and the body's digestive system functions at peak performance, as the individual's awareness moves about quite freely, without the restrictions of a tension-filled physical body to hold it back, to pass unseen through walls and doors.

During the astral state of being, a person's sense of sight and hearing are heightened. Astral colors are incredibly vivid. Astral sounds are crystal clear. And the astral state of reality is much, much more satisfying than the world in which we are now existing. In one's astral form the body is transparent and as light as that proverbial feather, which enables one to instantaneously cross the vast dimensions of physical spaces and to attend secret or private meetings completely undetected!

Astral projection is fun and absolutely safe — providing you take adequate precautions prior to your departure from the physical plane of existence. An Astral Protection Rite is given in full later on in this chapter. Best of all, upon returning to your physical body your memory of everything that you saw, heard and felt during your astral adventures is clear and precise in your mind.

THE ASTRAL TRAVEL PROTECTION RITUAL

When you travel astrally you leave your physical body an empty shell, and it is necessary for you to create a psychic shield and astral barrier to protect your sleeping body against possession by negative forces.

These negative occult forces can be classed under three main types, and are as follows:

Demons	-	Desiring to possess your mind and soul so that they may use you in their evil struggle against the positive magickal forces of the Light.
Elementals	-	Desiring to possess your mind and body

so that they may cause dangerous forms of mischief and cause you to suffer an unending series of nightmares.

Evil Spirits - Desiring a physical host body so that they may once again walk the earth.

Now is the time to protect yourself against these unseen dangers. Proceed as follows:

1. Perform the entire Spirit Familiar Creation Ritual, and ask the good and kind spirit to blend its mystic energies with kinetic energies of your own to increase the protective field.
2. Lie down on your bed and relax. Visualize golden pentagrams at the base, head, sides, above and below your bed. As each one is created, say:
"By the Powers of Jehova, Elohim and Adonay, I am protected."
3. Repeat the entire Ritual every time you wish to astral travel to ensure your safety.

HOW TO USE ANCIENT MAGICK TO TRAVEL ASTRALLY
The power of genuine ancient magick will put you into the astral state of being easily and simply.

Proceed as follows:

First of all you must use the Astral Travel Protection Ritual, using your Spirit Familiar to increase the protective powers. This is a most vital part in your quest for positive life-enriching experiences of astral power, as it will ensure that your body is at all times protected from possession by negative occult forces while you are travelling astrally to your predetermined destination be it in time, space or beyond.

Next go and lie down on your bed and let both your mind and body slip gently into a passive and relaxed state. This is most important for tension of any kind will only negate the entire experiment. See in your mind the destination you wish to reach while travelling in the astral state. On your first few attempts it is best to reach an area which is only a few feet from your bed, perhaps the hallway or next room, because just as a baby has to crawl

before it can learn how to walk, so too must the astral traveller learn to control, and direct, this most sought after occult ability. Then imagine yourself to be actually there, in the flesh so to speak.

That night, as you lie in your bed between sleeping and waking, recite the following Invocation to the Guardians of this power:

"Scaboles, Habrion, Elimigit, Gabolli, Semitriion, Mentinobol, Heremobol, Cane, Baluti, Catea, Timeguel, Bora, and all ye Spirits of Invisibiity, I command Thee, by the powers ye possess, by the empire which ye command, grant this my stated desire, so that I may become invisible.

"O ye Mighty Spirits of Invisibility, and all things which go unseen by man's eyes, I conjure and command Thee to consecrate a poor mortal's request, so that easily and without deception, I may become one who is invisible to the eyes of his fellow man. Further I conjure you by the Nameless One, your prince and master, to give me assistance by consecrating this experiment, without loss of the body and soul which I now possess. So mote it be."

Close your eyes and relax both your mind and body. Do not begin to fear anything during this period. Fear is a barrier to success, and must not be allowed to take hold of you. Separation of the two bodies will occur in one of two ways.

There will be some slight tingling and prickling sensations throughout the body and flashes of brilliant colours before the astral eyes as your consciousness moves outside of your physical body. Your perception of your immediate environment may be slightly confusing at first because you will be regarding your bedroom from an area above your sleeping body.

Separation can also occur during the hours of sleep, when the physical body has reached a very deep state of relaxation indeed. This form of separation will be of an instantaneous nature: one moment you will be peacefully dreaming, and in an instant you will find yourself at your predetermined destination in time and space.

It is best to practice astral projection at night, prior to the onset of sleep, when one can assume an attitude of rejection to an active day of time-consuming events. Practice this ability to reject the whole world and all that is going on about you for no less than fifteen minutes each day, and soon you will be able to assume this state of

rejection easily and automatically.

In the astral state of being you will be able to become as one with the Benefic Beings invoked by Ritual and Ceremonial Magick — and in so doing, increase the individual powers of the rituals in this book.

**NOW YOU CAN BECOME AN INVISIBLE
ASTRAL TRAVELLER TO ANYWHERE IN
THE PHYSICAL WORLD AND BEYOND!!**

Practise makes perfect.

How often have you heard that old saying in your life?

Nothing could be more true when it comes to the successful development of the ability to astrally project one's consciousness beyond his or her physical body. Do not expect to succeed on your first few attempts. Astral projection, above all other occult powers, requires time and patience. But once you project for the first time — either spontaneously or by an act of will — your life will never seem quite the same ever again.

No matter how hard other people try to confuse and mislead you, you can use astral projection to become an invisible extra in that private office or secluded home listening to their every word, and watching their every move!

Astral projection is, without doubt, one of the most powerful occult abilities one can possess in his or her lifetime.

Practise it — you'll be very glad you did!

CHAPTER SEVEN

THE SECRET SPELLS AND RITUALS OF ADVANCED CEREMONIAL MAGICK

You can use the secret spells and rituals of Advanced Ceremonial Magick, as described in this final chapter, to bring you better health, fulfillment in love, and many other positive experiences in your lifetime.

In the following pages you will learn special ways to use this ancient power force, which has the potential for being the greatest addition of them all to your very own army of kinetic powers. The mystic energies imbued in the arcane chants, invocations, and incantations can help you draw into your life all the success, money, love, power and happiness you could ever hope to enjoy in your life here on earth.

The powers invoked by Advanced Ceremonial Magick are among the most powerful of all the magickal forces to ever interact with an individual person. You will, in fact, be dealing with the legendary

Occult Forces of Creation of which so much has been written, yet so little experienced.

THE MAGICK IS WITHIN YOU

Magick energy is an invisible omni-present power force latent within us all that can be stimulated and released through an act of concentrated desire out into the objective world of tangible, solid reality. A power force capable of creating events, conditions and situations needed for the positive fulfillment of one's most secret desires.

The world of magick and its varied occult powers is a truly remarkable place; yet, as any student of the Sacred Sciences will gladly tell you, the average person is totally unaware of this unique world and the many possibilities it has to offer. Just imagine the many wonderful achievements, marvellous successes, and the glorious happiness which could be made to appear in the world if all mankind practiced the Ancient Art of Magick.

Money would appear when needed. Friendships would increase. Success would crown everyone's endeavours. And happiness of a universal nature would become the dominant emotion.

There would be no more war. No more hunger. No more poverty. No more disease. The world would become the paradise it should always have been.

When you begin to use the power of genuine ancient magick, many apparent miracles will begin to happen in your life on an almost daily basis. Miracle after miracle of fulfilment, love, happiness and success.

In fact, many of you will have already become that new and successful person you have always desired to be. If, however, an apparent miracle of personal fulfilment has not as yet appeared and blessed your life with happiness and success fear not, for as with the development of any occult power progress is often slow, but the potential for ultimate success is right there within your own self. Study, practise and assimilate the spells and rituals as detailed in the preceding chapters of this book and you will start the magickal process of materializing your desires into solid reality. Your seven

occult power centres become the mystic link between you yourself and the Occult Forces of Creation, at which point apparent miracles can begin happening for you.

The awesome might of legendary lost Atlantis. The ageless beauty of the Pyramids. The silent monoliths of Easter Island. These are all expressions of externalized magick energy, and of the positive interaction down through the ages between mankind and the good Benefic Beings invoked by magick. The ancient priests and holy men were the living personification of these Higher Magickal Forces and knew how to tap the limitless power of Advanced Ceremonial Magick to work apparent miracles of love and endless happiness.

This mighty power force is as abundant as the air we breathe, yet the vast majority of people are unaware of its existence, or how very simple it can be to tap its magickal energy for creating an amazing future filled to the brim with positive life experiences.

The power, and the future, is there within us all.

YOU CAN BECOME A NEW PERSON

"What will happen," you may ask, "when I begin to use the power of Advanced Ceremonial Magick?" You will begin to gain inner strength of purpose, confidence, and an abundant supply of fourth-dimensional powers. With this new strength, confidence, and power will come the ability to achieve the goals you have set in your life. The moment that your psyche accepts that this invisible generator of occult power actually exists, metaphysical energy will begin to radiate out from your aura and give you the results, in one form or another, you desire. At first, the results may seem to you to be indefinite or slow in coming, but the more you invoke this magickal power, the quicker and more definite shall every one of your wishes be granted.

You will also begin to notice subtle changes in yourself and in those around you. Every aspect of your life will become more meaningful as your mind, body and soul begin to radiate fourth dimensional occult power. All your business and personal affairs can be improved, becoming more successful and fulfilling. You will become a lucky, successful and happy individual with the knowledge

that — despite what others may say or do — you have the ability within you to achieve whatever you desire out of life.

Many of you will find yourselves receiving mystic insight into reality and the invisible occult forces which influence all our lives. This is a sure sign that the rituals of Advanced Ceremonial Magick have forged a strong and everlasting mystical link between you and the forces behind all magick. It is this wisdom which, if used on a collective scale of thought, would bring peace to the world and an end to every form of suffering.

This wisdom was known to all the great spiritual leaders of the past; people such as Master Jesus, Buddah, Plato and Socrates, spread this knowledge around through their teachings and actions.

All things are possible once you rid yourself of doubt and negative emotions and concepts. Advanced Ceremonial Magick can bring an amazing transformation within yourself; becoming your own idea of a perfect individual, reflecting the positive emotions of happiness and success in everything you say and do.

Ceremonial Magick is an everlasting occult force which works in silent and unobserved ways to make dreams and wishes come to pass.

HOW TO TUNE IN TO THE POWER OF ADVANCED CEREMONIAL MAGICK

The controlling force behind Ceremonial Magick is Astral Light which, as its name implies, originates on the Astral Plane of our consciousness. Astral Light can best be described as an intangible form of electromagnetic ether which has the capacity to become imprinted with the vibratory emanations of thought and the chants of magick. (This is why the controlling of one's thoughts is so vital in the quest for personal occult power.) Your mind is the controlling factor behind the successful application of this power force in the day-to-day affairs of your life. When your mind is in line with the positive forces of magick it can, through an act of invocation and concentration, draw into your very being this magickal power and produce the desired physical or emotional reaction from such an influx of positive astral energies.

The process is very simple. You merely learn to control this

power source to supply you with positive and life enriching results. This is achieved by coupling the innate magickal power of Astral Light with the powers imbued in the ancient Latin chants invocations and incantations which can be found in this chapter.

Remember, your mind and soul must be in a highly positive and receptive state in order to gain the maximum benefits from one's implementations of Advanced Ceremonial Magick in one's life.

If you are in any doubt whatsoever as to your current state of mental health, I strongly suggest that you diligently practise a form of "mind-cleansing" technique like the one described in Chapter Five of this book. When you are confident that you have achieved the right frame of mind with which to harness and manipulate Astral Light Power then — and only then — proceed onto the Advanced Ceremonial Magick techniques described in the following pages of this chapter.

You will, however, find that once you have been using the Astral Light Attunement Ritual on a daily basis your mind will be cleansed forever of all negative thought concepts.

You are now ready to begin.

THE ASTRAL LIGHT ATTUNEMENT RITUAL

Retire to your normal Magick Room. Loosen any tight clothing you may be wearing. Darken the room so that you are not disturbed by an excessive amount of light. Stand erect and close your eyes.

Now proceed as follows:

1. Take seven very deep breaths.
2. Visualize yourself as standing in a beam of very bright white light. Feel its warmth.
3. Take three more deep breaths and feel the Light flowing in and filling your body from head to toe.
4. End session.
5. Repeat daily.

Pausing a few times each day, visualizing yourself surrounded by the Light, will help to reinforce your attunement to it.

BEGIN EACH DAY BY ATTUNING YOURSELF TO THE POWERS OF ASTRAL LIGHT

To ensure that every day for the rest of your life is a cornucopia of love, success, happiness and friendship, begin it with an early in-the-morning session of Astral Light Attunement. This will help you to generate positive experiences on a day-to-day basis as the cosmo-astral rays radiate out from your mind and aura to influence the actions and thoughts of others in silent and unobserved ways.

Having learnt how to tune into this everlasting magickal power, all that remains is for you to put it to work in your life.

THE VENUSIAN LOVE CHANT

Ingredients: Two green candles, incense of musk, green altar cloth.

Day and hour: Friday. The tenth hour of the day, or the eighth hour of the night.

Proceed as follows:

1. Inscribe on parchment in green ink the Astrological Symbol of Venus (Figure 4-1), and place it at the centre of your altar.
2. Light the two green candles and place them on either side of the parchment toward the rear of the altar.
3. Dwell upon the Astrological Symbol of Venus for a few minutes as you allow its celestial powers of love and beauty to merge with your psyche.
4. Pick up the parchment with the Symbol inscribed upon it, and hold it close to your heart.
5. Perform the entire Astral Light Attunement Ritual.
6. Recite the following magick chant, imagining as you do that the bright white light has changed to a beautiful shade of green.

"Conjuro et confirm super vos Angeli fortes, sancti atque potentes, in nomine On, Hey, Heya, Fa, Fe, Adonay, Saday, et in nomine Saday, qui creavit quadrupedia et anamalia reptilia et homines in sexto die, et Adae dedit potestatem super omnis animalia unde Benedictum sit nomen creatoris in loco suo.

"Per nomina Angelorum servinium in tertio exercitu, coram Dagiel Angelo Magno, principe fortu atque potenti; et per potenti

nomen Stella quae est Venus; et per Sigillum ejus, quod quidem est sanctum, et per nomina praedicta conjuro super et Anael, qui est praepostus diei sexta, ut prome labores."

7. Pass the parchment through the fumes rising up from the burning incense and then carry it as a talisman to draw love and romance into your life.

Rest assured that this Chant has the potential to seek out and attract the ideal life partner, someone who will share an interest with you.

How soon will this person appear in your life?

That will depend on just how sincere you really are in finding a partner with whom to share your life.

USING THE POWER OF ANCIENT MAGICK TO ATTRACT RICHES

You have within you the power to attract all the money you will ever need to meet the financial and social demands of modern life.

Does that statement astound you?

It shouldn't.

The power of genuine ancient magick can be turned into a giant money magnet with which to draw to you an almost instant flow of cash to meet all of your financial needs and desires.

All I ask of you is to have absolute faith in this almighty power force to materialize your financial desires. Once this mental acceptance of a yet proven fact has been attained, you can have all the money you truly need and desire.

Those yearnings for a new car, a holiday in the sun, new clothes, a new stereo, or a better place to live can be fulfilled, almost immediately, with the motivating power of ancient magick.

How will the money come?

The answer to that is in an infinite variety of ways. It shall be different for each individual person who uses the power of magick to attract riches into their lives.

A lottery win.

An unexpected pay rise.

An inheritance.

Money that is owed to you is suddenly repaid.

You find the money in the most unexpected place, such as in the street.

You are suddenly filled with an urge to create or invent some new device which can bring you the desired sum of money.

A better paying job is offered to you.

As a writer, I usually think along the lines of an idea for a new book.

The money can come in any number of ways for you to see, feel and possess.

Remember, though, that the magick power should only be used at a time of genuine need. . . using it to attract money just for the sake of having money, you run the risk of Psychic Backlash.

INCANTATION TO DESTROY AN ENEMY

Ingredients: Two black candles, incense of musk, black altar cloth, photograph of enemy.

Day and hour: Tuesday. The tenth hour of the day; or the eighth hour of the night.

Please Note: This is genuine Black Magick from the Middle Ages with the only difference being the photograph in lieu of a waxen image, and as such should only be approached with extreme care. It is definitely not something to be played around with. We are dealing with highly destructive forces.

With that warning clear in your mind, you may proceed as follows:

1. Perform the entire Cabalistic Circle of Protection Ritual.
2. Place photograph of intended victim at the centre of your altar.
3. Light the two black candles and place them on either side of the photograph toward the rear of the altar.
4. Gaze at the photograph of the intended victim and, filled with an intense and calculated hatred, recite the following incantation:

"Arator, Lapidator, Omtator, Somnator, Subaerfor, Iquator, Signator, Sudator, Combustor, Pugnator, Ductor, Seductor, Comostor, Onerator, Vos Omnes it ministri oday et destructiones et seratore discorde et tractibus et quod eat noce vos conjurase idec vos

connoiro et deprecur, quod ad ministrer et consecrots ista imagnem et odid fiat mier alve (*name of victim*), et (*name of victim*)."

5. Destroy the photograph of the intended victim as you give a detailed account of your victim's torments and destruction, and no attempt should be made to end the Ritual while an ounce of destructive kinetic energy remains within you.
6. End the Ritual only when the expended kinetic energy has left you in a state of utter physical and emotional exhaustion.

USING THE POWER OF ANCIENT MAGICK TO HELP HEAL YOUR BODY OF DISEASE

Are you plagued by ill health? Do you desire better health?

If you answered Yes to those two questions, then please read on and learn how to control the natural flow of Magick Healing Energy to burn away illness and disease.

Good health is made possible by releasing the healing qualities of the seven occult power centres, and then focusing this power on the diseased area of the body.

The vast majority of all disease and illness beings as a minor disruption of a person's auric energy field, usually appearing as a dark spot or spots in the aura — sometimes months before actual disease occurs — which ultimately manifests as a physical or emotional disorder. This disruption is, more often than not, caused by negativity — so please, think in only the most positive way to remain in perpetual good health.

Words, thoughts, and actions which reflect any kind of negative concept can affect your health in a highly negative manner.

Remember, a positive mental attitude plus a clean and strong aura equals good health and vitality.

The ancient magick techniques and rituals as described in this book can help to keep both your mind and aura free from demon created negative influences, allowing your physical body to begin to become more healthier and dynamic as the flow of magick energy begins to fill your body with the kinetic tingle of cosmic vitality.

To release Magick Healing Energy into your life perform the entire Astral Light Attunement Ritual and form a mental picture of the energy flowing to specific area of your body needing the healing.

Obviously, the magick power should only be used in conjunction with prescribed medical treatment. Use it as a supplement and not as a cure-all.

When you once reject the negative concept of illness from your mind you will effectively free your body from all illnesses that are caused as a direct result of negative thinking.

Don't let the demon of negative thinking ruin your happiness and peace of mind by manifesting illness and disease. Use the energy of the Astral Light Health Ritual daily to fill your body and aura with the surging power of Magick Healing Energy to help prevent illness and despair from appearing in your life.

Block out negative thoughts and words forever — in this way you can increase the flow of positive occult energy through your body cells: making you a healthier, happier and more successful individual, capable of achieving whatever you desire out of life!

INVOCATION TO SUMMON SPIRITS OF THE DEAD

Ingredients: Two black candles, one white candle, grey altar cloth, photograph of deceased person.

Day and hour: This particular piece of black magick necromancy can be performed on any day at the exact stroke of midnight.

Please Note: This is a form of black magick and there are certain innate dangers associated with it so please, do be careful.

Proceed as follows:

1. Perform the entire Cabalistic Circle of Protection Ritual.

2. Recite the following conjuration:

"Consecro et benedico istum Circulum per Nomina dei Attissimi in ec Scripta, ut sit mihi et omnibus Scutum Protectio Dei Fortissimi Elohim Invincibile contra omnes.

"In Nomine Dei Patris Dei Filii Dei Spiritus Sancti. Amen."

3. Place photograph of the deceased person at the centre of your altar.

4. Light the three candles and set them in a triangle with the photograph at its centre.

5. Gaze at the photograph of the departed loved one and recite

the following invocation a total of three times:

"Exurgent mortui et odme vuriunt.

"Ego sum, te peto et videre queo."

6. End the Necromantic Ritual by reciting the 91st Psalm as follows:

"He who dwells in the shelter of the Most High, who abides in the Shadow of the Almighty.

"I will say unto the Lord, 'My refuge and my fortress: my God, in whom I trust.'

"For he will deliver you from the snare of the fowler and from the deadly pestilence;

"He will cover you with his feathers, and under his wings you will find refuge:

"His faithfulness is a shield and a buckler.

"You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the destruction that wastes at noonday.

"A thousand may fall at your side, ten thousand at your right hand; but it shall not come nigh you.

"You will only look with your eyes and see the recompense of the wicked.

"Because you have made the Lord your refuge, the Most High your habitation, no evil shall befall you, no scourge come near your tent.

"For he will give his angels charge over you to guard you in all your ways.

"On their hands they will bear you up, lest you dash your foot against a stone.

"You will tread on the lion and adder, the young lion and the serpent you will trample under foot.

"Because he cleaves to me in love, I will deliver him:

"I will protect him because he knows my name.

"When he calls to me, I will answer him:

"I will be with him in trouble.

"I will rescue him and honor him.

"With long life I will satisfy him, and show him my salvation. Amen."

During the night you will have a "dream" in which you will converse with the spirit of the deceased person.

THE POWER OF SUGGESTION

Whenever you use a spell, chant, ritual or incantation you are, in fact, using the powers of suggestive self-hypnosis. Whenever an individual believes a mental concept, however wrong it may be, his entire psycho-physical condition begins to react to the stimulation which culminates with his very life forming itself to function in accordance to his beliefs.

For example, tell a perfectly healthy and normal individual that he looks ill enough times and within a relatively short period his whole psycho-physical system will undergo a dramatic and radical change - culminating with the person becoming run-down and lethargic.

USING THE POWER OF THE 91st PSALM FOR PROTECTION FROM EVIL

You can use the magical powers of the 91st Psalm to generate a very powerful protective force around yourself which can repel any and all of the varied negative occult forces which can threaten an aspiring Adept.

Each day will become a happy and fulfilling experience when you surround your mind and body with this miraculous protective force.

Simply have faith and believe that this power will protect you and it most definitely shall - in more ways than one!

You will be able to sense approaching danger before it appears, allowing you time to take adequate steps to protect your safety.

The 91st Psalm can be your key to freedom from fear.

To invoke the protective powers of the 91st Psalm, simply perform the entire Astral Light Attunement Ritual and, as you inhale the Light into your very being, recite the Psalm in full.

If you were to read the words of the 91st Psalm from the Bible, they would produce only a mild sense of contentment, but reciting them while bathed in the warm glow of Astral Light can create the protective force against all evil and negative occult forces. Try it for a few days and you'll begin to notice a very definite sense of well-

being and peace of mind as the protective barrier is built into your auric energy field.

Once you have successfully generated the protective force around you, pause for a few moments and concentrate on your immediate surroundings. If there is evil in the atmosphere your heightened sense shall, like a built-in kinetic detection system, warn you of approaching danger.

Creating the protective kinetic barrier on a daily basis can help to programme your mind to automatically warn you of unseen danger 24 hours a day. It is also advisable to perform the Astral Light Ritual of Protection just before you retire at night: this will ensure that you are protected from negative thoughtforms which will try to merge with your consciousness during the hours of sleep when the mind is a target for outside influences.

USING THE POWER OF TALISMANIC MAGICK TO ATTRACT GOOD LUCK AND PROTECTION

The creation and consecration of a talisman always has been, and always will be, an integral part in man's pursuit for a magical or supernatural power by which to obtain his desires, attract love and receive protection from the onslaught of demonic and psychic attack and natural disasters.

From the lost ages of magical wonders their legendary powers shine like a beacon in the night, guiding magicians down through the ages to the inner mysteries of time, space and beyond.

The four-leaf clover and rabbit's foot charms of modern day life have their origins rooted in Talismanic Magick and the invoking of a supernatural agency for the attracting of good luck and protection.

The Talismanic Spell described on the following pages, the famous and legendary Talisman of Almadel, is representative of an Advanced Ceremonial Magick Rite; however, occult lore states that the possessing of any unusual root, herb, stone, etc., has its own special kind of magical power associated with it. The love charms as described in Chapter Four are a good example of this widely-held occult belief.

The talisman, its origins lost in the mists of ages past, is said to bring its possessor good luck, success, protection and the power to control spirits.

THE TALISMAN OF ALMADEL

Ingredients: Two red candles, one orange candle, incense of musk, salmon color altar cloth, parchment, red ink.

Day and hour: Wednesday. Three o'clock in the morning during the first quarter of the moon.

Proceed as follows:

1. Inscribe on parchment, six inches square, in red ink the Talisman of Almadel (Figure 4-2), and place it upon your altar.
2. Light the three candles and set them in a triangle with the talisman at its centre.
3. Dwell upon the ancient symbolism of the talisman as you allows its magick to seep deep within your psyche.
4. Pass the talisman back and forth through the fumes rising up from the burning incense, while reciting the following consecration:

"Lofham Mahfelon Athonota Sapientissime, artises qui shovo servi tuo dedestint justus febricar qua adusan taberculi in servi et a sanctificert alus rebus hic presentibus pater virtutem et efficacian ad mehe operanti seheter, en servant et sicti frecur. Lofham! Mahfelon! Amen."

5. Wrap the talisman in red silk and carry it upon your person at all times.

HAPPINESS AND SUCCESS ARE NOW WITHIN YOUR REACH

If you have been finding it difficult to experience the joy of happiness and success — then perhaps it is due in part or full to your past magick attitude. You cannot experience that which you believe, however wrong, does not exist and is beyond your capabilities as a person to attain. You can only experience something you truly believe exists, not just for a handful of lucky individuals, but also for you too, whenever you desire it to be so!

You must begin to realize that new horizons are beckoning and that with the power of genuine ancient magick you can achieve the things you desire most out of life — be they physical, emotional or spiritual.

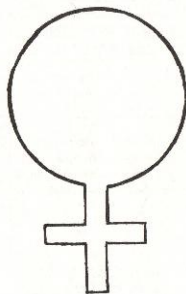
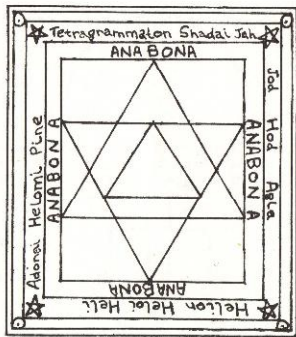


Figure 4-1
The Astrological Symbol of the Planet Venus



The Talisman of Almadel
Figure 4-2

Negativeness and self-doubt are the greatest of all barriers to the attainment of happiness and success. Free yourself from these demons of the mind, and you will be amazed at how fast you can become the happy and successful person you have always dreamed of being.

Believe in the powers of ancient magick to bring you happiness and success, and they most assuredly shall!

USING THE POWER OF ANCIENT MAGICK TO RECEIVE PSYCHIC AND INTUITIVE GUIDANCE

Who among us has not, at some time in their life, longed to receive help and guidance in their affairs?

Answers to important questions.

Solutions to pressing problems.

Peace of mind.

Contentment and self-confidence.

All these things can be achieved when you once put the power of Astral Light to work in your life. This metaphysical power is yours with not only the surging energies of the Astral Plane, but with the All-Knowing and All-Seeing Universal Mind.

Whenever you require the answer to an important question, the solution to a seemingly unsolvable problem, or creative guidance, simply perform the Astral Light Attunement Ritual, while concentrating on your question and, much to your delight, a response to your request for help will be received within a very short space of time — sometimes even instantaneously!

If, however, you are tense or agitated your mind will be unable to transmit psychic and intuitive guidance to your consciousness; you need to be in a relaxed and tranquil state if you are to receive the sought after help.

When you use Astral Light Power Rituals as described in this chapter, you link your mind and soul to positive astral forces, and they will help you to contact the Universal Mind (God) for guidance and help in your life experiences, and to realize all the desires, goals and wishes you have deep within you.

This method is ideal whenever genuine help is needed in a hurry. It can be the solution to many of life's ever-present problems such

as romantic, financial and emotional turmoils that can cause one to experience extreme stress and suffering.

THE TIME TO CHANGE YOUR LIFE IS NOW!

This book has been written for the express purpose of helping you to achieve all of your desires with the aid of mystic knowledge possessed by the powerful Ancient Adepts of Magick, as recorded in ancient grimoires and Medieval Folklore.

Remember, every man, woman and child has the power within them to create the good and bad experiences in their lives. Ancient Magick is a means of drawing this inner power out into the objective world of tangible reality to create the ideal environment in which every dream and desire is fulfilled.

The ancient spells and rituals contained within the pages of this revealing book can do all of these things for you. Your life can begin to change for the better, taking on new depth, meaning and the increased sense of purpose as your seven occult power centres begin to vibrate with power; drawing to you the purity of perfect success, and the joy of achievement. You will become the personification of a Avatar – a god incarnate!

If you possess a strong and genuine desire for attaining a certain objective, the results will be so fast and so amazing that you'll be in awe of the limitless power source at your fingertips.

Genuine ancient magick is the most powerful occult weapon that one can possess in the personal war against the negative realities of the world in which we live.

With this awesome and limitless power at your beck and call, you can become happier and more successful. You can realize your goals, dreams and ambitions in life. Begin right this very minute to use a spell or ritual to achieve your goal – you will be very glad that you did.

I AM IN COMPLETE CONTROL

New Dimensions in Self-Mastery

This book by David Savage shows how you can *instantly dispel any craving*. It shows how to come to terms with the sinister "sub-personalities" within one's self – AND HOW TO MAKE THEM WORK TO YOUR ADVANTAGE.

The book's inspiring message is that you need not be the helpless victim of your own weaknesses... You need not suffer from guilt, fear, depression – or whatever it is that robs you of happiness. You don't have to turn to religion or a psychiatrist to resolve your inner conflict. *This book gives you the answer.* In simple language it describes the true reality of your thoughts. **ITS REVELATIONS COULD CHANGE YOUR THINKING FOREVER.** This book shows that you don't need rituals or tape recorder. You don't need great will power. Its message is absolute simplicity – its instructions easy to apply. It can give you **POWER OVER YOURSELF and OVER YOUR LIFE.** It can remove your desire for drink or cigarettes or your desire to indulge in self-damaging habits. It can replace fear with courage. It can bring peace of mind instead of confusion. It can remove nervousness in favour of buoyant self-confidence. Use this book and you, too, can say "I AM IN COMPLETE CONTROL". Price only £3.95.

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