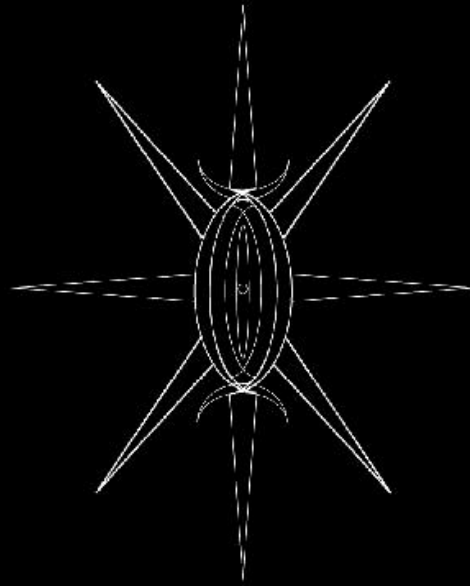


INFINITY FOR

The Infinity Network encourages self expression. In sharing our personal perspectives we not only learn from each other but also about ourselves. The writing of an article can be a seriously introspective process as you have to not only break down and organize your ideas, but also find the best expression for them. In this you may learn you have perspectives you didn't even realize until you put them onto paper. This is an aspect of evolution. Widen your perspective, share with others that they may either widen their own or see where they have been in the past. Infinity Network is a community, we desire through interaction and the sharing of perspective to help each other evolve and wake up. Remember in reading these articles they are personal perspectives. We are all on different personal paths of evolution and all in different stages or platforms of realization.

We seek the ultimate realization of infinite potential. Come here to expand your mind, to ascertain your desires, to enhance and widen your perspective.



Perspectives of Chaos

By: Orme

The void is the thing that which is the source of all energy, probability, and creativity; a thing that can be made simple. The void is all things within infinite in width bottomless in depth words do not transcribe properly what it is, there are not human words for that which can only be seen in the mind's eye, that can only be felt. Through knowledge and attaining a higher understanding of reality can we only hope to glimpse it, but yet we are it we control it.

Reality itself is nonexistent but within the perceptions of the individual. Through internal power and sheer will we can shape it, bend it become it, but also bear in mind that nothing I say is true and it is all open to speculation and hypothesis, but nothing anyone ever says is true nor absolute, and that in itself is also a false statement. However results are results. It comes down to attaining the higher thought forms of the self, leaving behind the flesh made machine and becoming that which flows through it all, is it all. That which is the vastness of the empty space the void. The void is full of nothing, the void absorbs everything, and therefore it is full of something, full of everything. That is merely one aspect of perception of that which cannot be defined other than undefined, the more you question the more you learn the more you know, but in the end the less you know.

Take the concept of a fish that knows nothing outside of what is in the water, unless we enter that world the fish knows nothing of what is outside and cannot grasp the concept of the larger world, if a fish in a pond has never left the pond does the world outside of it exist. Take humans for instance, we can map the flow of galaxies, take photos of 100's or 1000's maybe more galaxies, but yet cannot grasp the concept of the larger scale, but we can begin to see infinitely smaller, which gives insight into that which is infinitely larger. We find that they will directly affect things on the smallest of scales, in one aspect.

The deeper you go you begin to understand the very principles of how it works, and through being objective and seeing what you believe to be the truths of how it works as subjective and not absolute you do not bind yourself to limitation. When the mind is without inhibition you become free, you become closer to becoming the creator god of your own reality/realities and begin the path of attaining those answers and becoming something greater than your flesh made machine. There is a lot to read between and above the lines, and cross referencing with other perceptions and weeding out inconsistencies one can further the knowledge. This is also further subject to being false and cross referenced out of the equation in the future.

From the dawn of time man has set about to explain, categorize and name levels of consciousness, creation, and existence. Here is one thought provoking and highly sensical viewpoint. Perhaps it can widen your perspective?



The Chaotic Universe By Jaiden Null

Our human realm is probably one of the lowest realms in the universe, I believe this as it is very hard to manifest magick without being skilled. This is also why demons and other occult beings have a hard time manifesting here. It takes a very skilled and powerful occultist to physically manifest ones will upon this realm.

The plane above our realm is the Astral. Where spirits can travel, along with demons, thought forms, and other occult beings. This is the linkup that Magick travels through to display its results in it's desired destination.

Above that plane is the Aetheric, which is like the astral but a bit higher. I believe it to be an enormous plane that thoughts from every living being mingle around together, where ideas are created. Everything that is ever thought of is here. It is also a place of great power, that occultists use to their advantage to manifest their will. Different aetheric beings reside here, perhaps agents of chaos, and thought forms of people's worst fears and strongest desires. While the blind human interacts with this realm subconsciously, occultists interact with it consciously to their advantage. This place holds the Collective Subconscious: the database of all thoughts and knowledge of every living and non-living being in the universe, and hidden occult Secrets.

Above the Aetheric is the ultimate force that created the universe. The Chaos Realm. Chaos is a force, it thinks but it doesn't, it does everything at random. It has created everything in the multiverse and this is the force that all occultists tap into to manifest their magick. Inside of Chaos, at its core lives its mother: Null. Null gave birth to Chaos. Before Chaos only Null existed. Inside Null is where everything "never thought of and never imagined" exists. If one were able to travel into the Null we would probably go insane as our minds wouldn't be able to fathom the things that exist in there.

I know of no mortal who has made the journey there. If someone were to, and be able to come out with their mind still intact, they would no longer be able to live as a mortal. They would ascend.

At the end of time, Null will eat its child Chaos from the inside out, and the multiverse will be restored to Nothing as it began.



Human Connections

By Simica

Every day of our lives we connect with people on some level or another. This connection may be as weak as a look towards a stranger or as strong as a bond between family and DNA. These connections effect our everyday lives, most of the time people are not aware of what is going on around them. We walk around blindfolded.

We feel these connections to some degree. Ever walk into a room and you could feel the tension lingering in the air, so thick that you can almost breath it in? As you absorb the energy within moments you are able to determine the general feeling in the room. Is it calm, stressful, saddening? What about the people in the room? What are they saying without words?

Body language can also say alot, most people will act out what their energy and mind are saying through body language. However, this can also be misleading. People lie with their bodies all the time. Take, for example, an escort. Their job is to lie with their bodies to allow them to get more from you. Their mind, will, intent is false in what they give off. Most are able to see through this translucent glamour, but we lie to ourselves to enjoy it. There are many different situations in which we lie to ourselves for the sake of the energy that isn't actually there. In general the people we meet mainly stand on neutral ground. However, this all varies in the aspect of emotions. Many energies are controlled by emotion. Emotion on its own a strand of energy. The mind controls these emotions. Our thoughts, our intent, our will. So then consider those that use these connections to harm without actually meaning to.

For a moment I would like to talk about with people I personally call leaches, those that are depressed and constantly need to talk out their frustrations. Someone that needs attention to allow them to continue on with their day. This is a very common situation between people in everyday life. Say you have a friend that recently has been depressed, and as a friend they vent to you. Now this may not be a problem at first. However, over time, you may find yourself become more 'tired' of hearing the same things over and over again. Perhaps feeling drained in way.

That depressed person needs the attention and energy he or she from you. You give your energy by listening and helping them through their problems. Now this is not a bad thing, energy transference between people is very common and healthy. However, there is a point where it becomes too much. You may find yourself become more "tired" of hearing the same things over and over again. Perhaps feeling drained in way. When you start feeling the same way as them because they are taking your energy and bringing you down it's time to cut the connections. One of the common ways that people break energy connections on is to leave the friendship or relationship. Depending on the level of connection however, sometimes even the thought of the other person can bring the connection back full force.

"The total amount of energy in an isolated system remains constant over time. A consequence of this law is that energy can neither be created nor destroyed, it can only be transformed from one state to another."

-The law of conservation of energy



The Theory of Love Energy

By: Sarah-la

Do you ever wonder where love comes from? Why do we love? When love is lost, why does it affect us so drastically? Why do we use such terms to describe love or our lover as "electric", "rekindle", "hot", "spark", ect?

Every person has their own "love energy" for lack of a better term, that they produce just by being alive. We can love lots of things and no matter what it is, the effects are often the same. We become fools about the one we love. When we come across a love energy that is compatible with our own, the two energies combine. This could explain why we fall in love sometimes with people who are so wrong for us. Or at least we see it that way in retrospect., but remember the beginning? Love is almost always the best in the beginning, fading to dullness after a while. Why does love fade this way? Why was it once so strong?

Well if "love energy" is neither created nor destroyed and only changes form, this could explain a little bit. Everything we do changes our being and our energy. The same goes for the significant other. Sometimes I think that the once compatible "energies" shift and change as the person does. When that happens, the sources may no longer be compatible. Thus, love fades. We fall so hard because we only notice the "love energy" of another when it is strong and draws us in. A weak energy source does not interest us. To put it backwards, this could explain why we sometimes fall in love with friends or people we've known forever and never felt "that way" about before. We have different energies to begin with but as we grow together our love energies may become more compatible.

In the case of an abrupt halt to love there was an abrupt change of some kind in the one person's energy. Like a switching of negative to positive polarities and all of a sudden it's just gone from us. We may still care about the other party, caring is not a part of love energy, just an emotion, or we may suddenly not care at all anymore! Why, why does love hurt so much when it goes? I'm not talking about crushes here, or fascinations, or obsessions, but real love...We've all had an experience with losing love even if we feel it is insignificant now.

You are a source of love energy on your own. When you find another source matching yours perfectly both of the two energies feed each other and benefit. You become used to running off of two sources and you come dependent upon each other's love energy. All of a sudden you find it gone. Whether you caught your significant other messing around on you or there was a slow death to the relationship. You feel empty, like you are only half a person because half your energy disappeared. You need time to readjust and learn how to live off only one energy source once again. You may resent the other person or feel betrayed, or even sometimes

just don't understand why they don't love you anymore. You can physically feel love energy. When it's good, your heart speeds up, you feel refreshed, and you are overwhelmed with bouncy good feelings! Your partner's love energy is fueling you! When it's bad you feel the lethargy, the sadness, betrayal, emptiness. You just lost half your energy supply and are running on half the fuel you once were. This is hard. it can be brutal. But later on when you think about the time you spent depending upon the strength of shared love energy you may feel kind of silly about it. How is it you were you so devastated by that person? Congratulations. You are officially back to supplying yourself!

Sometimes people are lucky and they find a love energy so closely matched, so perfect to their own that this combination of energies lasts forever. It happens! As the people change, they are so in tune, they change together and the energies remain compatible. There may be some fading and then renewing over time as the paths of change cross or bear off a bit from each other. Bu that's ok, it only adds to the dimension of your own love energy and hence can maintain the interest of your partner. True love does happen. It can last forever, if you allow your energy to sync and grow.



DTTI:HTNF

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Fractal Model of Self-Consciousness
A Proposal of Concept of Machine Consciousness
By John Thomas Didymus

The notion of ontological "emptiness," or more meaningfully, "nonbeing-ness" of physical things follows from the "Axiom of Transcendence."

"Being" (in the metaphysical ontological sense of the word) may be taken as absolute at hypothetical point of zero- singularity convergence of manifold. Given, however, the fact of the "no-zero-point axiom," the realm of what we call "physical" becomes the realm of virtual phenomena. The term "physical" is, therefore, used in this article in reference to structured things, and not with reference to any notion of a structured thing as ontologically self-existent.

Given, a fractal structure of biological self-consciousness, the degree of self-consciousness of an autopoietic ("self-organizing") system may be assumed to be closely related to the ability of the system to implement "scale invariant" recursive structure of its fractal. A primary rule of set logic which sets a limit on the self-consciousness potentials of a system is that which states that the "part is less than the whole." Thus, given, say, a line M, as the universe of an autopoietic organism, and a point R as a "brain-point" location on the universe of organism M, a complete description of M may not be implemented on R.

This article proposes that any autopoietic system which obeys the set logic rule of "part-less-than-whole" is a machine system regardless of whether the system is built of organic substance, as in biological systems, or inorganic substance as in man-made machines.

It follows, therefore, that any machine may be taken as exhibiting a limited degree of self-consciousness given the imposed constraint of the set logic rules on which it runs. The set point logic principle that the "part is less than the whole" may therefore be considered as being associated intrinsically with nanotechnical constraints which drive the elaboration of the fractal structure of consciousness into a terminating cul-de-sac; a non-zero point singularity of system's structure. In other words set logic operates to a degenerative effect on fractal structure in time.

Machine consciousness, in effect, encounters the "Planck scale" of propagation of its fractal structure as if it were an absolute(zero-point) singularity, boundary or edge of structure in the scalar dimension of self-propagation. Singularities encountered in machine systems are therefore the consequence of application of set logic principles to autopoietic systems function.

With regard to the ontological crisis of being inherent to manifolds, a machine system avoids rather than confront the ontological problem by arbitrary adoption of a "Planck unit" of its fragmented whole as point-source origin of its system's mutli-dimensional extension. Thus, for a machine system the representationalist ("intentionalist") distinction between "inner representation" and reality holds.



Perspectives of a Germanic Heathen By: Maire Hell

“Enlightenment”, how does that sound to a Germanic Heathen? It is a big word, and it reminds me of tie dye silk. Great, but it does not suit me. A lot of strictly written communication tends to get lost, and we spend useless hours of nit-picking, defining and re-defining terms which have been defined already by people who get paid for it. As a European I also associate Enlightenment to a certain period in the past, which pushed science and the development of our morals as we know them today, and that certainly did not appear very spiritual to the religiously interested of those times – at least to the ones who were insecure. In a way, this period of Enlightenment was the end of the world.

Many folks think that all Heathens are Neo-Heathens. In my home country, we never stopped honoring Lady Perchta/Hulda and Wuotan, even though we did that in our uniquely Catholic fashion which is precisely as strange as the South American variation. (Austria and Mexico as well as Brazil have a special relationship which had been established by the House of Habsburg). Before I go too much astray, I should specify the branch of Paganism, that Germanic Heathenry is. In the Euro-variation, it is the faith in the Gods who grew with us, as we as folk are rooted in our environment, the Deities are as well. Asatru perhaps the best known, provides all Germanic Heathenry with important sources, which I cannot deny. Never the less, many stories the Icelandic Asatrurur which I enjoy so much, actually happened around my native regions and were exported to the north!

I must not forget I write this drivel for someone who is into Chaos. I as Heathen understand the cosmos and everything it gives birth to as ruled by chaos, naturally. Yet humankind and gods need Order to exist and prosper. Actually it is nothing but constructivism, there is no meaning to our existence until we give it meaning. I am not obliged to worship the gods, and my worship would not improve my situation. The only thing which improves my situation and gives my life meaning is action. This is a personal attitude. Other Heathens are closer with the Gods and accept the idea of asking for help. Religiously, I (try to) obey to a rather long list of established rules, rites (recurring rituals) and taboos in order to not upset the gods. This ranges from not peeing into a well to not doing house-keeping work during the nights of Christmas. These taboos are varying from region to region, they are based on understanding the natural laws, cause and effect and superstition. It is something that belongs to folk tradition. One of the best ones would be having to say a prayer if you have to throw away food to appease the provoked Goddess of the hearth. It is classical superstition mixed with the region’s history, and ultimately family history (poverty and starvation). Another one is not to pluck certain plants on certain times, which is based on herbllore as well.

Rules, rules, rules and regulations.

Most of these rules appear absurd, and that is for a very smart reason. They teach us being attentive; you may understand that in the Buddhist way, to our entire environment in a subtle and non “moralistic” way. One has to understand that people in my region take great pride in not obeying random authorities. We have a partisan tradition, and I come from a family of mountain farmers. Even though all my family, father's generation, basically consists of more or less talented artists, we still remain mountain farmers, as if it was imprinted in our DNA.

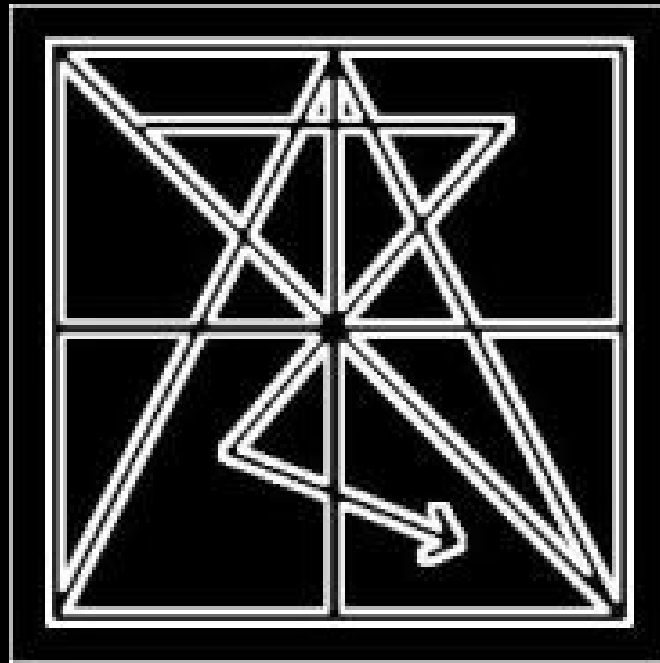
And that's the point. My faith is not so much about being an individual, it is being one element of an endless chain. What I may accomplish perhaps will never be to my own benefit, but it would be of use for someone else. This is not something I believe. It is something I believe to know. It is not who I am, it is what I can contribute. Realization of the self and realization of the ideal purpose of one's existence may not be the same ultimately. Yet, what good is self realization without creating a meaning to ones existence from within oneself? And if one does not know ones potentials, and as well ones limits, how can one speak about “self realization”. I sensed that “limits” are something which are supposed to be defeated. Now this requires us to contemplate the nature of expansion, and, as the ultimate goal to surprisingly many individuals, dissolve and merge with the famous All. Would that be, racing towards something, or expanding like a sphere, would it be transformation into another level of existence, or something east of everything?

A Heathen goal is not traditional enlightenment. Becoming a god is the ultimate goal. A Heathen desires this “transformation” for various reasons, depending on which deity one leans towards. One of our most famous gods is Wuotan. In the Norse creation myth, he and his brothers created the world out of the remains of slaughtered Ymir, a giant. Ymir is all matter, everything is made of Ymir. He was, like some other Giants, licked free out of a even greater block of ice by a cosmic cow called Audhumla (The great horn-less). Audhumla is cosmic potency, or sheer possibility. My idea is that she does not need horns because it is impossible to bring her down, just like you can't bring Shakti down for good. Audhumla fed all with gigantic streams of milk, and enabled them to prosper and create. We have no idea what the cow did afterwards, but I am digressing. Our creation myth is meeting science in a pleasant way, I needed to articulate it.

Back to Wuotan, known as Odin, in order to illustrate progress and expansion. This god did not start out as the big boss, he worked his way up. Of all his attributes, his greed for insight and wisdom is the most remarkable, and the driving force for his career. He is also a god of the hunt, of ecstasy and war. Yet I think that it is his way that entices, nothing more. In my opinion, Wuotan does not require worship even, I may honor him, yet worship will improve nothing. More so, the ones among us who feel the same desire are invited to do it like him. One thing many Heathens tend to ignore is that this god gave us the most important tools in order to accomplish our transformation, which are the Runes. The runic alphabet contains not only all secrets of life, but also the laws of the cosmos (material and non material planes) in context with man.

There are no boundaries and no limitations about how and where the wisdom is to be gained. We know from the Lore that Wuotan did not mind tricking innocent people for the sake of improving. Yet that does not mean we must do the same thing. The key word is self-reliance. In our system, “But X did it, too” does not work. One must not forget that all gods have their wisdom, even Donar (Thor). He just appears stupid next to gods who mastered glamour and deception. There cannot be only one god, for there is not only one type of wisdom, and there is not only one valid road to it. Asgard (and Vanaheim) are mirrors of our nature. We require different kinds of people to get work done, just as we cannot be one people, there cannot be one god. We would lack the necessary impulse if there was no friction, and we would fail to realize ourselves if there were no differences. I have not decided to commit myself to Wuotan because the price is incredible and it is very risky for sanity in a way that is not glamorous. If one is not a warrior, life with Wuotan as a patron is very hard and very unrewarding in the conventional sense. The advantage is, for Wuotan in particular, but for most gods in general, that you don't have to be interesting; You have to be interested. Individuality in the common sense of the meaning is entirely overrated. I see it as a way to find relief from unnecessary burden which would only slow you down on your way.

Most gods die during Ragnarok (the judgment of the Gods, meaning, the Gods being judged), which is their fate, and Wutans core desire is to avoid Ragnarok. Regardless of my own interpretation of when and how exactly Ragnarok takes place, and yes, I did some really crazy interpretations to amuse myself, the underlying theme is that all that is and not is, is brought to existence, governed and penetrated by Wyrđ, which would be "fate". I would go a little farther and call it Dao. It is non personal, collective and personal, it can be influenced, like you influence the stream, but you cannot make the water disappear, just like you can't make any matter truly disappear. Our challenge is to influence our personal Wyrđ to our advantage, but we cannot undo what has been done already, and we cannot remove the Wyrđ we have and replace it by another one completely. A little like body shaping, fortunately much less limits, yet there are limits still. For example, I have to accept that I am just not talented to be a circus acrobat. By recognizing my limits I may recognize my possibilities, and that is what freedom means. Not to be enslaved to an ideal, not even an ideal of one's self. There is so much to say and so many details I could examine to illustrate it, but the more I learn the more silent I become. I hope I explained myself sufficiently.



Sigil Magic - What it is and How to Get Started

By: Karl Trigona

Sigil magic is a technique of the (non-stage) magical arts originally put forth by Austin Osman Spare, often referred to as the father of chaos magic.

Sigil magic, like the name implies, has to do with creating sigils in order to achieve a certain end, such as gaining higher spiritual wisdom or getting a new girlfriend. Sigil making is one of the easiest forms of magic, and can be accomplished with just a few small items and a Will - your own.

What you need to get started are two sheets of white paper. Buying a pack of printing paper is the easiest and most affordable way to obtain the kind of paper you need. Next you'll need a permanent marker, preferably a Sharpie, in order to write your letters and design your sigil.

That's all the equipment that you'll need, except for the very last thing...intention. In order for the sigil to work, you'll need to have a certain level of concentration and focus on what you want to get out of it.

Now that you have everything you need in order to get started, take two sheets of white paper and put them side by side. When doing magic of this kind, it's generally agreed that the best way to get your magic to work is to speak about what you want to accomplish as if it has already happened. In capital letters, write your statement on the first sheet of paper in the context of the present.

For example, if your goal with sigil magic is to have lucid dreams, write on the first sheet of paper, "I AM HAVING LUCID DREAMS." This solidifies the statement in your subconscious mind, and affirms that the magic is going to work. If you don't believe in the magic, there's no way it could possibly work.

Next, go letter by letter and on the second sheet of paper, begin designing a sigil made out of the individual letters of the statement. Using the example previously, draw an 'I' however you want to on the second sheet of paper.

Once you begin to understand how all of this works, you'll want to draw/design your sigil in a way where it'll be hard to tell what the individual letters are. You'll see why in a minute. After you've drawn the letter, cross out every instance of that letter in the original statement. In sigil magic, it's tradition to use a letter only once.

Repeat this process until all of the letters have been drawn onto the paper and formed into a work of art. Throw away the statement paper once you're done. This is your sigil. Your goal now is to charge it.

Charging a sigil involves creating a mental atmosphere of absolute clarity or euphoria. The point is to focus on the sigil single-mindedly, releasing all of your energy into the symbol. The best way to charge the sigil is to listen to music, dance, sing, chant, meditate, or masturbate. Anything that will put you into a state of altered consciousness will do.

The goal then is to forget the sigil ever existed. Hide it some place safe and don't look at it for weeks, or months if you have to. After you've forgotten all about what the sigil represents, bring it back out and meditate on it. Let it become part of your being and absorb the sigil fully. Eventually, your request should come to pass.

This is how almost every chaos magician, and magicians in general who like to experiment with other forms of magic, do sigil magic. It's a fun and easy way to get into magic, and involves the person in psychology and artistic creativity. Hopefully you will now have the means and knowledge to design your own sigils.

Karl Trigona is a world traveler and modern day Renaissance Man with many tastes in a wide variety of subjects. One of his latest pursuits is helping parents find the best deals on Peg Perego strollers. Visit his website today at <http://pegperegostrollersdeals.com/> for the best information on Peg Perego strollers on the internet.

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Chakra Basics



There are 7 chakras separated by color in 7 separate locations. These correspond to 7 of the major endocrine glands in 6 locations covering the 7 chakra areas. These locations are best not imagined as two dimensional spheres but rather as a projection point of a torus shaped gathering of energy, or a ring shaped gathering of energy.

The aura or aether is often referred to as the eighth chakra. While not really a Chakra by definition as it engulfs the entire body in its energy sphere. However its focal location is just above the Crown Chakra, between six and twenty four inches above the head. It is said to be the interpreter of Cosmic consciousness, and awareness within our level of being. The embodiment of our whole and gateway for connection to IT/TAO/GOD/THE ALL.

The Seventh Chakra: The Crown

Sanskrit: Sahasraram

Location: Top of the head.

Qualities and Functions: Universal identity. The crown of understanding inspiration, spiritual self, idealism, perfection, the epicenter of divine infinite intelligence

Stone or Crystal: Amethyst, clear quartz, ametrine, apophyllite, prehnite

Corresponding Areas of The Body: Pineal gland, cerebral cortex, central nervous system, right eye

Exercise with meditation and prayer

The Sixth Chakra: The Brow or Third Eye

Sanskrit: Ajna

Location: Center of the forehead

Qualities and Functions: Archetypal identity. Third eye, psi ability, clairvoyance, intuition, imagination, vision, wisdom, devotion, concentration, creative visualization

Stone or Crystal: Sodalite, diamond, lapis lazuli, smokey quartz, angelite, sapphire

Corresponding Areas of The Body: Both the pineal and pituitary gland, nose, ears, left eye

Exercise with remote viewing, meditations and visualizations, and lucid dreaming

The Fifth Chakra: The Throat

Sanskrit: Vishuddha

Location: Throat area

Qualities and Functions: Creative identity. Communication, speech, creativity, truth, knowledge, loyalty

Stone or Crystal: Turquoise, blue lace agate, sodalite, lapis lazuli, moonstone, aquamarine, sapphire, kyanite

Corresponding Areas of The Body: The thyroid gland, parathyroid, throat, mouth, hypothalamus.

Exercise verbally with communication, singing and/or chanting

The Fourth Chakra: The Heart

Sanskrit: Anahata

Location: Center of the chest

Qualities and Functions: Social identity. Love, hope, compassion, hate, fear, abandonment, balance, peace, understanding, harmony, forgiveness, soul center.

Stone or Crystal: Malachite, jade, diopside, emerald, aventurine, rose quartz, agate, rhodonite, rhodochrosite

Corresponding Areas of The Body: The thymus and adrenal glands closest to thymus, heart, circulatory system, lungs, arms, hands,

Exercise with compassion and physical exercise with movements focused on chest area (ie: pushups breast stroke in swimming)

The Third Chakra: The Solar Plexus

Sanskrit: Manipura

Location: Below the chest

Qualities and Functions: Ego identity. Energy, vitality, desire, power, death, ambition, failure. Self-esteem, willpower, confidence, warmth, humour, physical energy, nervous sensitivity, centre of human recognition

Stone or Crystal: Citrine, yellow agate, amber, yellow calcite diopside, malachite, topaz, rhodonite, rhodochrosite

Corresponding Areas of The Body: Adrenal Gland.

Exercise this by activating adrenaline through excitement or fear, and through physical exercise with movements focused on torso area as well (ie: belly dance and hula hoop)

The Second Chakra: The Sacral

Sanskrit: Svadhisthana

Location: Lower abdomen

Qualities and Functions: Emotional identity. Emotions, sexuality, intimacy, procreation, change, joy, tolerance, harmony, adaptation.

Stone or Crystal: Carnelian, chrysoprase, orange calcite, bloodstone

Corresponding Areas of The Body: Prostate gland, spleen, genitals, testicles, ovaries, womb, bladder

Exercised through spell casting, reproduction, and physical exercise with movements focused on the pelvic area (ie: pelvic thrust and kegal exercises)

The First Chakra: The Root

Sanskrit: Muladhara

Location: Base of Spine

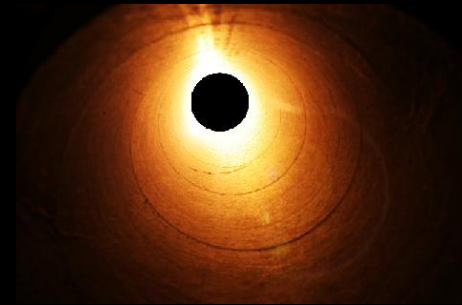
Qualities and Functions: Physical identity. Survival, self-preservation, adrenalin, security, grounding, balance, social order, self esteem, courage, material stability, passion, the power to create vitality,

Stone or Crystal: Red jasper, garnet, ruby, hematite, apatite

Corresponding Areas of The Body: Adrenal glands, kidneys, colon, spinal column, bones, legs, feet

Exercised through grounding and physical exercise with movements focused on the legs (ie: squats and walking/running)

The All (also called The One, The Absolute, The Great One, The Creator, The Supreme Mind, The Supreme Good, The Father, and The Universal Mother) is the Hermetic or panentheistic view of God, which is that everything that is, or at least that can be experienced, collectively makes up The All. One Hermetic maxim states, "While All is in The All, it is equally true that The All is in All. The All can also be seen to be androgynous, possessing both masculine and feminine qualities in equal part.



The All
By: Laura

I would like to begin by saying that I am a seeker. Nothing I know is set in stone. At the time of this essay I do not have a path, I don't know if I am any one path. I believe in Father Sky and Mother Earth. I believe in a spiritual web that connects all the living things of the earth. I believe that all humans can connect to the All, if they so choose. We all have free will to do as we please on this earth. The All is the Universe. It is the creator of everything. The American Indians split this force into Mother Earth and Father Sky and I think that is a beautiful way to see it, but the All is so much more. It is everything that isn't a human being or animal. It is rivers, mountains, oceans, deserts, glaciers. If you have ever sat on a cliff overlooking the ocean and have been moved to tears, if you have ever been struck speechless by the majesty of the sun coming up over the Rocky Mountains, this is the All. When I see a garbage strewn ghetto with crumbling buildings I feel sadness at the waste. When I think of pollution, or the oil spill in the gulf, or a strip mining operation, I want to cry.

I strive for balance in my life. Like the Yin and Yang, there is no darkness without light. No person is good or evil they are both because the All is both. It is a human paradox to want to do one thing yet do another, we often suppress our true desires. I think that allowing yourself to be human, and to accept your true desires, is the first step to connecting with the All. We are made of flesh which is made of desire. Desire in itself is not wrong, but the actions we take to fulfill our desires can be. The All could have created us to be perfect creatures with no flaws. But a creature without flaws or desires is pretty boring.

I feel a strong bond with the moon because it is a face to the All. I do full moon rites and I don't do rituals during the day. I just feel the most connected during the full moon. When I do a full moon rite, I feel as though I am in the presence of the All. My body seems to vibrate with energy. I feel connected to the All and it is then that I make my requests. Some call this casting spells, some call it projecting intent, the name is relative. Magic is energy, at the same time its more. I cast my goals and intent to the all and things work as a result. I can't know the mind of the All but the All provides. I feel connected to the All when I work in the earth with my hands, or walk barefoot through a stream. Or simply when I take a deep breath of clear morning air. Consider the Lilies, they don't toil or worry. All they need is earth to grow in and rain to feed them. The All provides. Life seems so much more complicated for humans; it's just not that simple. Why is it not simple? Because WE choose for it not to be. In the end all I am saying is this: Take time to consider the Lilies, breathe some fresh air, stop making life so complicated. Relax, watch the sun go down, or come up. Love as much as you can, and laugh, because love and laughter keep you young. They also help you forget that we are destroying the thing that gave us life to begin with. Connect with the All, let its joy be your joy and its pain be your pain. This is what keeps me going and gives me strength to face every new day.

Belief Systems; Are They ALL Wrong?

By: Peggy Androes

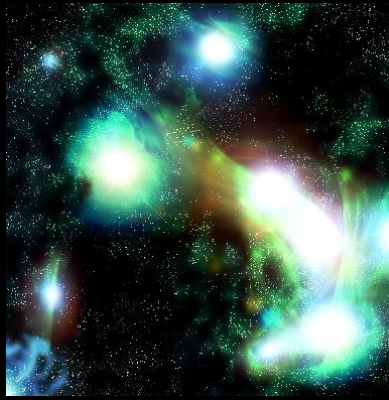
There are so many different belief systems in paganism that one could safely say that no two people's beliefs are the same. They are just as individual as people are. What works for one person may not work for another.

I have heard recently that many people do not believe that the deities in any pantheon are actually people per se, but more of an idea of how things should be done. However, in my walk, I have found the deities to be actually people. I am not saying by any means that those that believe that they are not people are wrong; I am saying that it is how I see them. Let us take the Greek deity Ares, the God of War. I personally know people that have channeled him. I know this to be true, because instantly life around me became chaotic, and people instantly began arguing. If Ares was to manifest himself in this plane wars would escalate, and possibly bring about the end of life as we know it. But, if he weren't a person, how could someone channel him?

Another good example of differences in belief structures is opening a circle. Circles are used in spells and rituals for protection of the caster that no negativity may enter and muck up the spell/ritual. What has worked for me is that East uses a yellow candle, and it is the powers of Air. South uses red candles and is powers of fire, west is blue and water, north is brown and earth. However, not everyone uses this formula. Others may say that north is Air, etc. Some may call upon a deity, some may not. I normally do call upon a deity for protection. Some may make an actual circle of salt, some may use energy, and some may build a circle of fire. But is any one way the correct way? No. I myself use energy. I find it easier to cast a circle of pure energy than to have to sweep up a circle of salt.

I have seen a lot of judgments in the pagan way lately. I see a lot of "how can you practice that?" or "No, you're doing it wrong!" I have also been asked a question that would deter some fledglings to the craft. "What are you insane or something? That couldn't possibly be true!" If you are practicing the craft, then you would know that there is absolutely nothing that is impossible. Haven't we been taught all of our lives that gravity is impossible to overcome? Yet there are Buddhist monks that are able to levitate, or walk on a bed of nails without a single poke to their feet. Nothing is impossible. There are things that are improbable, but not impossible. To every law, and to every rule, there are exceptions. We expand in breaking them and the sooner humanity is able to realize this, the better off we will be..

What right do we as humans have to say that something is wrong for another? For that matter, what right do we as Pagans/Wiccans have to say that something is wrong for another? Aren't we living proof that the Christians have that belief wrong, that magick does work? Haven't we proven it to the United States Congress that Wicca/Paganism is not only a religion, but a way of life? They have accepted us even though all of them are Christians. Can't we learn to accept each other with their beliefs, no matter how strange they think we are? When are we going to wake up and see that we're acting just as judgmental and hypocritical as those that judge us because we don't believe the same as the general consensus? We need to start stopping and taking a good long look at ourselves before we tell others that their belief systems are wrong.

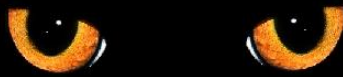


Cosmic Religion By Anthony J Pace

Definition is limitation; therefore a cosmic religion would remain undefined. Rather, it would be as organic as humanity itself - ever growing, evolving and simplifying. Dogmatic peonage would be replaced by pragmatism. Despite such promise, practitioners of such methodology would be hesitant to scowl at traditional spiritual approaches - as to do so would be to fall into pits that lead to their irrelevancy. Addressing reality upon context would be a hallmark of a cosmic religion. Truths held within traditional religions would not be discarded due to their affiliations, but rather truth would be sought, filtered, and compiled - indiscriminately and with respect. A conservative system of values and beliefs would move towards a more liberal position. Focus on subjective context would prevail, shifting away from patriarchal model of modern man in which knowledge is handed down by the Elite, and towards the importance of personal experience and revelation.

Personally, when people ask me what religion I am, I express that in following one single religion, you'd be cutting yourself short. Spirituality is a quest, and religion a method of journey. Religions should be compared to supply kits and maps. In expedition towards the summit (Divinity, Heaven, Unity, Realization of Self, Nirvana, etc.) a deep analytical understanding of various religions and mystical life styles can converge into a candid avenue, which serves as a guiding mantra to the spiritual process. The process can be imagined to percolate best under the conditions of an intentionally and mindfully designed program. Such a program can be sought to be developed through the recognition of consistencies among belief systems and the isolation of underlying principles found within traditions riddled with cultural (or other) abstraction. In setting the context of a cosmic religion, science would certainly be considered a belief system and source of gnosis, and be included in an atlas of spiritual truth. Well then, this seems as a chance to develop the ultimate travel bag for the soul's journey through the wilderness.

Considering the imminence of technological advancement it is imperative to consider its implications on a method of spirituality. Philosopher Hans Jonas asserts that the development of modern technology has changed the very nature of human action. It is becoming clear that human nature is rapidly changing: for the first time we are able to change ourselves and the world on a global scale. Historical religion has always catered to the human condition providing a seemingly practical guide to everyday living. Considering social, familial, and dietary precepts it becomes obvious that such a design limits an individual process of existence (a person) to an elementary level of humanness. These principles developed prior to the arrival of modern technology were based on a seemingly universal human condition and set of limitations. In order to embrace divinity cosmic routine must be implemented. I think this is what the idea of Tao is all about. A universal flow certainly seems to exist, and this is what must be focused on. It is the origin, the structure, and the final destination of all that is. A Cosmic Religion must transcend the minutia of details to which we are emotionally invested, and reflect the beauty and elegance found in the mathematics of the natural world.



I Am Warlock
By: Tamara Star

Being a Warlock is not something I ever expected. There was no list of possible Paths or schisms I perused and thought, "Oh! Warlock...that looks like fun, think I'll be that!" Like most, when I renewed my search for spiritual progress and understanding some years back, I thought the term meant 'oath breaker' but even then I did understand that the Church had applied that meaning and it was to their benefit to vilify it. Having determined that Wicca did not fit me, I considered myself an eclectic witch for many years, though I knew deep down that the term was not a 'perfect' fit. At the time, it was as close as I could get. In 'communing' with my deities (yes, they were often changing as I 'felt' my way in the dark) I always added, "Aid me in drawing to myself that which I need to further myself along my Path, and in attracting those who would aid me, inspire me, enlighten and guide me." Enter Stone Warlock. I'll admit it was intriguing to meet one with the audacity to boldly proclaim himself Warlock and when I realized how learned he was, how well versed and well spoken he was on such a wide variety of topics, my curiosity rose to new heights.

When Queen Poppa de Bayeux sent her "Warlocks" out across the land back in 932, to protect the law and defend the innocent, she must surely have set in motion a ripple in time that reverberates still to this day. There may be others who use the term for other meanings, but in THIS line, we go directly back to her, serving no man, no king, no potentate and no religion. We serve and protect the Truth. As Warlocks are a curious breed, we investigate and study everything; no topic is forbidden or taboo. We do not interfere with religion of any sort, but we protect the rights of those who practice, as each is entitled to do so. You will not find a Warlock proselytizing, preaching, or crowing his or her beliefs, but we are happy to share our information, our knowledge, and our perceptions with any whom ask. Our 'energy manipulation' does not involve rites or invoking spirits, ours is a more scientific based Free Energy Manipulation involving the use of silver.

Being Tamara Star Warlock has broadened my perceptions greatly. I've learned to "feel" the "truth" and seek it in matters where its presence is missing. To realize that the Singular Collective is not only aware of my existence but that I'm a functioning part of it in that microcosm/macrocosm concept has been an awesome, and yes, somewhat daunting thing. A Warlock will use every tool at his (or her) disposal and in seeking a greater understanding I've studied Astrology, Parapsychology, Numerology, all sorts of scrying, as well a wide variety of other curriculum. And I now have found a comfortable connection between that considered 'spiritual' and that accepted as 'scientific'. Realizing those two concepts could merge and support as well as enhance one another was a bit of an 'ah-hah' moment for me personally. The logical progression of that was that what I had previously believed, perhaps even the very foundation of 'reality' as I had built the concept since childhood, crumbled, fell away and for a time had me feeling as if in suspended animation. That one simple realization, one tiny glimmer of truth could so easily and thoroughly cause my entire perspective to shift so completely was both terrifying and thrilling. Having been raised by wolves, (oops! I mean Christians...kidding Mom!) my understanding had been mostly an 'either/or' thing. One was 'saved' OR (gasp!) one was not, you

were either with THEIR God or you were against him, things were black or white, good OR bad. Even among Pagans, some still choke on their chai tea should you mention you consider yourself Norse yet you read Tarot. "If you're Norse, you must read runes, not Tarot!" (Okay fine, I read runes also among other things!) There are cultural aspects that do not, according to some, mix well. Serving the Singular Collective, as Warlocks do, removes the dichotomy from our perceptions. We see value in all belief systems, though we also see the human manipulation involved, via finance, politics, and separatism. We acknowledge no boundaries or constraints in our search for understanding; we honor no rules.

In conclusion, I should perhaps mention that I've had 'issues' with authority and structure for many years. I see structured belief systems as limiting and constraining and I'm generally suspicious of any group willing to accept me as a member. That being said, I'm very proud of being Warlock. Warlocks live by the Warlockian Creed, which is really just a list of obvious reminders and mostly unnecessary, as its common sense and I suspect imprinted on our DNA, though I've not had the opportunity to challenge that notion yet. Yes, there is hierarchy among Warlocks, I'm told, and though I honor those who blazed the trail before me, I pay little attention to any 'pecking order'. Quantifying or qualifying myself beyond Warlock just seems superfluous to me. Being Warlock, I now realize, is not simply a matter of being trained, it's a journey of self-analysis, spiritual seeking, and having the courage and audacity to acknowledge what I am and what I am capable of doing, a 'stepping up to the plate' so to speak. In truth, I feel like I've come a very long way in a very short time, and what's more delicious is that I have so much further to go.

Chaos Magic - Secret Source Of All Power By Enoch Tan

Chaos magic is magic without limitations. The rule is that there are no rules. You choose what the rules are, you choose everything. "Do what thou wilt shall be the whole of the Law." It is a form of no holds bared magic. "Nothing is true, everything is permitted." Chaos Magic deals with subjective reality rather than objective reality.

Chaos magic works with metabelief. It is the belief that belief itself is only a tool for achieving effects and not an end in itself. It means that you can believe anything you want, but it is the belief alone that has power. It is the idea that belief is nothing more than a state of mind, and as such, can be manipulated by the will. Magic is the art of causing change in conformity with will, whether it be lower will or higher will. It is the will that moves the energy of reality.

Belief is a psychological state that can be deliberately self-manipulated, although it has the power to shape our own reality, and sometimes other people's reality as well. It is the means not the end, the vehicle not the destination. Any object that you use and any belief that you choose is just a means for magic to work its effect. Hence it is the most powerful form of magic in the universe because it involves and transcends all other forms of magic. Chaos is the creative principle behind all magic.

Chaos Magic uses a special state of consciousness known as gnosis. It is a state of single-mindedness where a person's mind is focused on only one point, thought, or goal and all other thoughts are thrust out. You will know that you are in a state of gnosis once your mind stops rationalizing about your experience. It is the gateway into your subconscious. Users of chaos magic each develop their own ways of reaching this state.

All such methods hinge on the belief that a simple thought or direction experienced during the gnostic state and then forgotten quickly afterwards is sent to the subconscious mind, where it can be enacted through means unknown to the conscious mind. Once the intention is in the subconscious mind it will operate unaided. If the thoughts or desires come back into your conscious mind, suppress it. Do whatever to push it back out of your mind. Don't consciously dwell on it.

Practicing Chaos Magic involves the temporary adoption of an obsessive belief system that allows for the possibility of magic to accomplish specific effects, and then the abandonment of that belief system upon the completion of the work. Subsequently even contradictory belief systems are adopted in turn as need or desire may dictate. It follows the principle of polarity that all truths are half truths.

Chaos Magic is based upon the principle of whatever the mind can conceive and believe, you can achieve. There are no rules and there are no limits. Everything is mental and is ruled by the mind. There is nothing you cannot be, do or have. Nothing is impossible and anything is possible. An unlimited mind is the source of unlimited power.

The word "chaos" is Greek in origin. Its original meaning is "a vast gulf or chasm, the abyss, empty space, infinite darkness, the first state of the universe." In English, this was refined to mean "the formless void of primordial matter, the 'great deep' or 'abyss' out of which the cosmos or structure of the universe was evolved." The popular modern interpretation of the word as being a synonym for "disorder" is a recent and somewhat misleading development. When chaos is used in magic, there is no place for confusion or disorder.

Chaos Mathematics shows us that what seems random has a higher order that can be perceived only from a great enough perspective. So the truth is Chaos is not disorder but it is a higher order of the universe. Chaos is unperceived unity. It is the field of pure potentiality. Both order and disorder are themselves manifestations of the Primal Chaos. The original meaning is equivalent to what the Eastern mystics call the Tao. So this primal connectivity is called "Chaos" or "Tao" instead of "God" to relate it with the universal aspect of God rather than the personal aspect.

Chaos Magic does not attribute significance to any particular God or Deity. Chaos magicians may pick any concept or set of concepts to worship, invoke or evoke. The Chaos Magician seeks to understand the natural laws behind the workings of magic which are the reasons behind the use of ritual in the performance of a magical working

"When the ego is personified, it is like a slave to three harsh masters: the id, the super-ego, and the external world. It has to do its best to suit all three, thus is constantly feeling hemmed by the danger of causing discontent on two other sides. It is said, however, that the ego seems to be more loyal to the id, preferring to gloss over the finer details of reality to minimize conflicts while pretending to have a regard for reality. But the super-ego is constantly watching every one of the ego's moves and punishes it with feelings of guilt, anxiety, and inferiority. To overcome this the ego employs defense mechanisms. The defense mechanisms are not done so directly or consciously. They lessen the tension by covering up our impulses that are threatening."
-Wikipedia. on The Ego.

"What is a Magical Operation? It may be defined as any event in nature which is brought to pass by Will"
-Aleister Crowley

Egomagic- Offensive Technique

By: Frater Seth A. Moris

The Ego will defend itself. The human mind is a tempest of contradictions in personal truths, morals and opinion, and the Ego manages all of this so that one may function on a daily basis. While there are those of us who have accepted the contradictions and move on (for they are prevalent in human nature) as well as socially "Bad" things, as hypocrisy is often viewed, those who are in denial of being hypocrites, liars and animals often have intricate (and often fragile) defenses built to ensure they continue in their world view and mindset.

The problem is often these systems have flaws within their own internal logic. The Egomagician understands that it is NOT about what he perceives as logic, but rather the system of logic in those that he is dealing with. He must think within their paradigm. However, just because he are thinking/debating/attacking one from inside their own paradigm does not mean that they are immune to the Ego assault. For often they do not actually follow their own logic, it being a common, consensual system or their own. This is to be exploited in Ego assault. There are Cracks in the armor. Weak points to be capitalized on should the Egomagician decide to.

Egomagic is magical action to manipulate the Ego, either your own, or someone else's Ego. The two branches of Egomagic can be separated by two types of workings one can do with Egomagic.

The first is Offensive Egomagic, the second is Illusionary Egomagic. The first is using the will to actively assault another's Ego, to either harm them or to uplift them (for both are reliant on the degree of pressure in the assault). The second is Illusionary Egomagic is used to change the perception of your Ego as others see it, or the Ego of someone else to others. This article will focus primarily on Offensive Egomagic.

An example of working Offensive Egomagic :

Henry and Pam are discussing how humans are harming the environment due to pollution, and then the topic turns on how Pam is excited about getting married and would like to have 4 children in the course of the marriage. Pam is also enraged about humans defacing the planet, and has made several allusions to "hating the blight that is humanity".

Henry notices the Crack in Pam's Ego as thus; She claims to hate pollution and the world being harmed by humans. She also claims to want to bring in exponentially more humans, who will most likely live in the same culture as their mother (The modern culture) and therefore she is planning to bring in exponentially more pollution into the world by having said children.

Henry notices this and has three choices.

1.) Do nothing.

2.) Henry can exert much power into an Ego assault by bringing up this logical fallacy, and he will most likely meet much resistance in the forms of anger, self righteousness, and denial. Given enough time and power placed into the assault could crack her Ego armor even further and cause her to receive emotional harm, should she see being a hypocrite as a bad thing. This is Assaulting the Ego because of the vast amount of power and Will placed into it in such a small amount of time, Pam will be mentally assaulted by it. *

The formula for this would be;

Power minus a Defense = Impact. If Impact is greater than Acceptance/ Denial they will experience harsh side effects. If you put too much pressure on, in too short of a time, the two defenses of the Ego (Either Acceptance of the new "logic" or Denial of the new "logic" in its entirety) will not have time to let the subject cope.

3.) Henry could slowly exert his Will onto the subject, bringing it up delicately and with much guile, slowly re-shaping her Ego like clay in his hands so that she accepts it and does not raise her defenses. This is Uplifting as it doesn't matter OBJECTIVELY if Henry's logic is right, but that deep down Pam believes it to be true. She will then be gently molded into what Henry desires.

The formula for this would be;

Subtlety greater than Pam's Awareness + Power minus Defenses (of which in this scenario there should be little to none) = Impact.

The negative impact on Pam's ego is quite less this way, given that the manipulation must reside underneath her Ego's awareness lest she raise her defenses and potentially ruin the results of the magical working. In this case, Impact must be continued to be made until Acceptance, for X amount of time, until Pam's Ego has reached Acceptance. On an Unconscious level she will realize SHE believes Henry's new logic to be "true" and will Unconsciously reformat her belief system to shift over and avoid adverse reaction.

"Yoga, an ancient but perfect science, deals with the evolution of humanity. This evolution includes all aspects of one's being, from bodily health to self-realization. Yoga means union - the union of body with consciousness and consciousness with the soul. Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions."

-B.K.S. Iyengar, Astadala Yogamala



Sage Twist

Presented By: Athenas Echo

Sage Twist (bharadvajasana, one of seven legendary seers, credited with composing the hymns collected in the Vedas)

This is a very simple, yet effective pose. It releases tension in the shoulders, neck and spine.

1. Start by sitting on the floor with your legs straight out in front of you. Bend your knees and bring both your feet beside the thigh bones are parallel.
2. Press your sit bones into the floor and lift up through the spine. Take your left arm across your body and place the left hand on top of the right knee. Put your right hand on the floor behind you.
3. Inhale then on an exhale, look over your right shoulder and twist your body towards your right arm.
4. Inhale and lift again through your spine. Lean slightly forwards and place the fingers of your left hand underneath your right knee, the wrist of your left hand should be facing outwards. Take the right arm behind your waist and take hold of the upper left arm with your right hand. Bring the spine vertical and continue to gaze over your right shoulder. Hold for five to 10 breaths, elongating the spine on an inhale and deepening the twist on the exhale.
5. On an inhale, release your arms and stretch your legs out. Repeat on the other side. If you have any back problems only take this pose as far as step three. To lighten the effect of the pose you could either place a cushion under your buttocks or keep the left hand on the floor instead of bringing it behind your waist.

Safety Guideline: Try not to twist your back too far. It's possible that you could incur or worsen any current back pain.

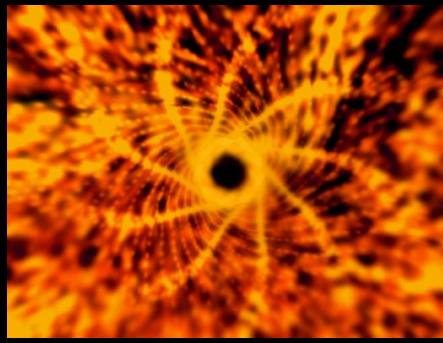
Benefits Of Sage Twist

- The Sage Twist stretches the shoulders, spine and hips
- It improves digestion, massages the abdominal organs and relieves neck pain, lower backaches and sciatica
- It is known to help relieve stress
- This pose is beneficial in the 2nd trimester of pregnancy, particularly for strengthening the lower back

Contraindications:

- The Sage Twist is best avoided when suffering from headache, any blood pressure, during menstruation and by people afflicted by insomnia

(consult your physician before starting this or any new exercise routine)



RAGE

By: Kye Rendosa

Emotional based majik is a fickle thing. Though there can be much power behind it, it often has a fast crescendo and leaves little time for clear focus of intent. To me, working with emotional majik is much like working with elemental majik. Both are natural, and you can use this organic energy to amplify your will. The trick to emotional majik is not only in harnessing the raw power of emotional response, but also in being able to call forth this force at will. My favorite emotion to use in majik is rage.

Rage is the raw primal side of anger; it is quick to come and quick to go. The intensity of rage is exactly what holds the appeal for me. This is not slow building anger from annoyance or ongoing situations, but rather the burst of intense desire to destroy that comes on with such a ferocity it can often intimidate the person experiencing it. How to use such a force in your majik practice? Well, like anything it takes the understanding and learning of the force and developing technique to harness it. Often dismissed as being too volatile to be useful in anymore than off the cuff cursing or banishments, I would argue that rage dismissed is power lost. I experience rage as an emotional reaction, but also have added it to my majik practice as something that can be called upon.

While I assume no expertise in this subject, I will share with you the basis of my personal technique and belief system when working with rage energy. The first thing is to be aware of rage, the next time you experience it as an emotional reaction take heed to notice the subconscious physical changes in your body. Your pulse quickens, eyes open wider, pupils dilate and focus. For me I tend to draw back my shoulders, have straighter posture and a defined set to my jaw, quicker breathing and a tightening of abdominal muscles. In calling rage, one of the easiest ways to invoke this state is to begin by mimicking your body's natural response. Pull your shoulders back, open your eyes wider, set your jaw, flex your abdominals, breath deeper and faster. You will find that even without the emotion to define it, these changes in the physical can manifest a feeling of power.

Next in my study of rage I employ visualization techniques. I picture rage as a red mist moving at lightning speeds in chaotic swirling patterns. During times of emotional reactive rage I would visualize this all consuming mist. After a while, due to classical conditioning, that visualization became a tool to call the emotion of rage and ultimately control it. Pick your own visualization or borrow mine, it matters not, it's about the association. Next, in a state of calm, begin with your physical mimicking of rage and add to that your visualization. You may now begin to feel the echoes of rage reactions, this is good. Play with your visualization to better grow and manipulate that feeling. It is important that you do not get lost in this emotion; I find the best way to do this is to stand apart from it in my visualization. My personal technique is to visualize the fast moving chaotic red mist as it begins to shift into a pattern. The mist begins to swirl in my mind's eye, fast and ferocious it becomes a hurricane. The eye of the hurricane is still, the winds do not blow through here. There is a drop in air pressure and an eerie silence and calm. This is where I stand, drawing the rage energy but not touched by the storm itself.

Any source of power can be manipulated for use in your majik practice. The key for me is understanding the patterns of the power, developing a system to harness it and manipulating the patterns to your will. Play with emotion majik if you feel so inclined. Not all find this to be the most effective practice for them while others get fabulous results with it. This works for me, just a glimmer of insight into my world.

Prelude to Individualism: A Rant

By: Jarrod Ean-Dixon

Back when I was a child and would get into trouble with a friend, if I was asked why I did it almost instinctively I would answer, "Because (insert name here) did it!" I could always expect the answer, "If (insert name here) jumped off a bridge, would you do it too". The answer was usually "no" and those words from my mother, God bless her soul, (just kidding Mom - you're not dead) stayed with me into man-child adulthood. Truth be told, I have parted ways from many friends after they would jump off that figurative bridge. Which brings me to my topic.

Individualism - There are many ways to apply this concept. Dr. Seuss once said, "Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." James Frank Dobie proclaimed, "Conform and be dull". And Notorious BIG and Method Man rapped, "Fuck the world, don't ask me for shit. Everything you get you gotta work hard for it". No matter how you look at things the truth of the matter is that individuals working in their own self interests, promote society as a whole, (somebody said that). While groups and teams can work on a great idea and build upon it, that idea was derived from some lone guy or girl who, A) figured out a way to change the channel without getting off his ass or, B) needed to find a more efficient way to make me my Goddamn sandwich. There is a saying that no one of us is as stupid as all of us and that seems to be my own general consensus. Just look at Congress. One congressman may have a great idea. However, once it passes through all of them, that idea not only looks like a retarded kid got drunk and refused to stay on topic, but now that once good idea just makes things worse for everybody but them (if you need a reference, just reference EVERYTHING THEY EVER DID). Then cry yourself to sleep because it's not going to get any better if things stay the same (which they will unless more people scream loudly).

As for the collectivist, fuck him (or her - you bitch). Somehow these neo-liberal douche bags feel like they've cornered the market on intelligence. I'm sick of hearing about 'the intellectual'. These are the people that believe that society as a whole should all conform to be as one. However, they are the first to bitch if someone 'steals' their idea. The collectivist wants us to have a high level of uniformity, which not only stifles innovation but makes us all carbon copies, all running around sucking at life equally. No thanks, Stalin, I'll take the bet to make my own individual mistakes and collect my own individual rewards. Jump off your own bridge, asshole.

End Transmission

By Suzanne Dome

I am silent
a vacuum.

Blackness enshrouds
what I say.

What slips past
fizzles, buzzes,
radio static, snow
on a TV screen.

I must speak
with a book,
several in fact,
distorted.

My creations
don't remember the
things I have told them.

Perhaps they don't remember
because they never listened.
Perhaps they could not hear.

LULZ :D



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