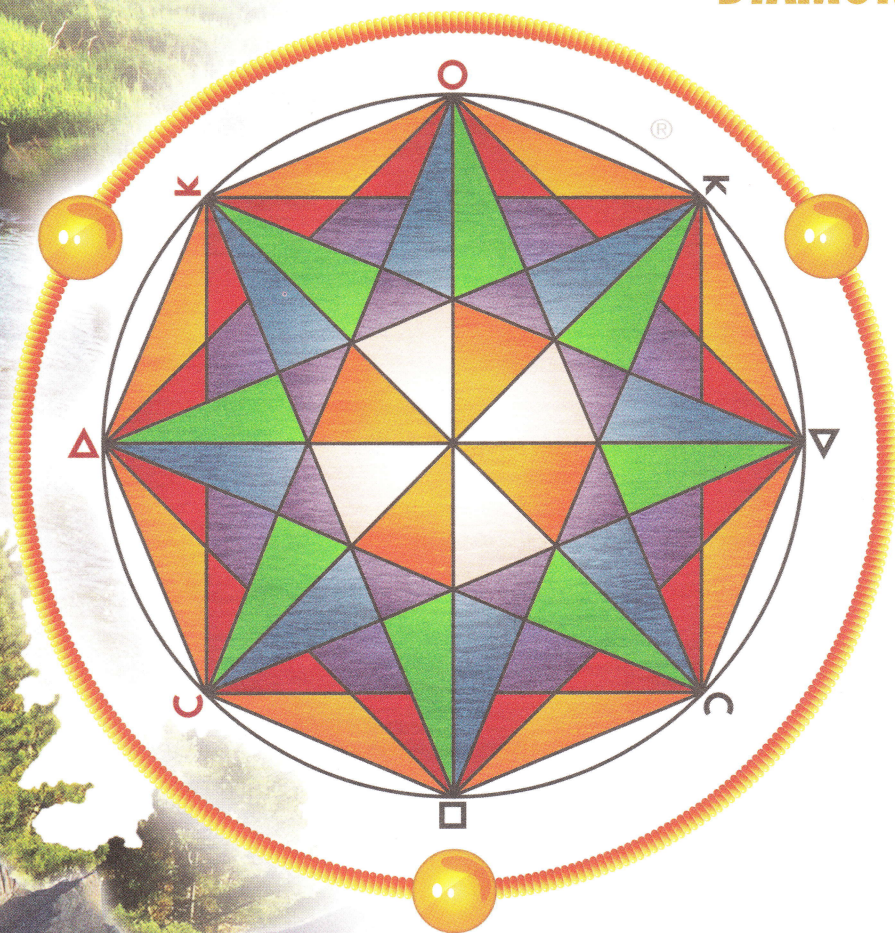


# Diamond Dowsing

**MARIE  
DIAMOND**



**Ancient Secrets,  
Modern Solutions**

 Learning Strategies Corporation

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Notice: The Diamond Dowsing personal learning course is intended for your education of universal energy principles. This self-study course is not intended as a replacement for any treatment or therapy by a physician or other licensed health care provider. Rather, it is intended to help you broaden your understanding of energy principles at work in your environment. Any application of the materials set forth in this course are at the student's discretion and sole responsibility.



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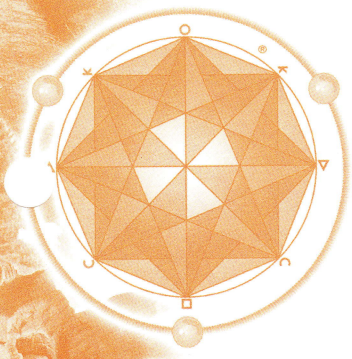
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## CHAPTER 1

# *Introduction to Diamond Dowsing*

### WELCOME

Welcome to Diamond Dowsing, the course designed to help you detect and neutralize stressed energy and amplify positive energy in your environment so you can transform your life—physically, emotionally, mentally, and spiritually.

Unlike Diamond Feng Shui, which helps you work with the energy of the nine compass directions, the five elements, and the 24 Diamond aspects in your life, Diamond Dowsing allows you to work with the physical energy systems that emanate from the Earth's center or exist as numerous grids or patterns around the Earth.

Everyone has a natural ability to dowse—including you. This course gives you the tools and knowledge you need to become a Diamond Dowser. You will learn:

- The causes and possible effects of energy disturbances in your environment.
- How to use dowsing rods to detect energy disturbances, including geopathic stress and various energy lines, zones, and vortexes.
- How to cure energy disturbances and enhance positive energy fields.
- How to determine the level of energy in any room, home, or building (and even of foods and products).
- How to access a higher energy field and clear and protect your personal energy to enhance your dowsing abilities.
- How to create a vibrant environment by releasing stuck energy.

### What Is Dowsing?

Diamond Dowsing is a divining practice used to detect and cure energy in our environment created by disturbances to the Earth's natural, harmonious energy flow that can cause stress in our bodies and our homes.

Considered both an art form and a science, dowsing has been practiced for thousands of years in cultures throughout the world. In more modern times, dowsing has been used by mining companies, engineers, farmers and ranchers, and even the armed forces in various countries to find everything from oil to iron ore to water to buried cables. Energy dowsers often use this skill to find historically sacred and spiritual sites.

The Earth's natural vibrations support our immune and energy systems, our bodies, and our minds. But when the natural vibrations are disturbed by








underground water, geological fractures and fault lines, and even cell phone towers, for example, their energy turns negative.

These stressed energy fields can impact our bodies and immune systems. They challenge our physical, emotional, and spiritual well-being.

Various studies have been conducted on the effect of electromagnetic fields from power lines, electrical appliances, and occupational exposure. They show varied results about the degree of physical risks to humans. However, while cause and effect remains unclear, energy dowsers believe a variety of energy disturbances impact us where we live and work. Buildings where a lot of stress is found are called “sick” buildings.

Diamond Dowsing gives you the means to effectively “cure” those energy disturbances in your living environment and eliminate their stress on you and other people you wish to help. In fact, you now have the tools to significantly enhance the energy level in any room, home, or building. The more you dowse, the more attuned you will become to the energy in your environment, and the more you will begin to notice the impact of dowsing in your personal life.

## How to Use This Course

- Diamond Dowsing is a hands-on endeavor. You will use L-shaped brass rods called “dowsing rods” and specially made copper sticks called “cures.” Be sure to have your dowsing tools by your side and ready to use as you proceed.
- Preview this manual before watching the DVDs to gain the most from your course.
- Watch the three DVDs sequentially. You will be taken step-by-step through the dowsing protocol. If you can, practice the techniques in each chapter of the DVDs before moving on to the next chapter. For your convenience, the step-by-step Diamond Dowsing protocol is provided in its entirety in Appendix A.
- Watch the special features included on your DVDs. These explore the topics from the main program in greater detail. This Learning Strategies icon  appears on the screen during the main program to indicate that a special feature is available for you to watch. When you press the “enter” button on your DVD or remote, the main program pauses and a special feature plays. When a special feature finishes, the main program resumes. (Special features are also available from the menu of the DVD.)

## How to Gain the Most Benefit

Take notes as you watch because the DVDs may trigger useful thoughts and ideas that you will want to remember.

Invite a friend or family member to watch the DVDs with you. Ideally, you will have a partner for practicing several of the dowsing techniques.

Do not expect to get everything the first time you go through the course.

You will only retain what strongly captures your attention. Going through the course more than once allows you to discover *new* material. When you read/see/hear/perceive anything for the first time, you only take in a small amount of what is available. Additionally, your motives filter what you perceive. On some days certain ideas capture your attention, while on other days these same ideas stimulate no interest.

Practice the techniques. The more you practice, the better dowsing you will become.

Be patient with yourself. Have confidence in your ability to dowse, and trust the universe will help you.

Use muscle testing to support your dowsing practice. See Appendix B for instructions on how to do muscle testing with others and by yourself.

If you encounter a problem using your rods or have additional questions, refer to the Frequently Asked Questions guide in Appendix G.

Visit our moderated online discussion forum to ask questions and to interact with other Diamond Dowsing and Diamond Feng Shui users who are transforming the energy in their lives! Go to [www.LearningStrategies.com/Forums](http://www.LearningStrategies.com/Forums).

## Use Your Meditations and Paraliminal Learning Session

### *Tubes of Light* Meditation

This special meditation will help you create your personal “sacred space,” a strong protection for your personal energy. It will help you go deeper into releasing personal energies you no longer need. The clearer your own energy, the more attuned you will be to the energy of your environment and your dowsing rods.

Do the *Tubes of Light* meditation every morning and evening. You can follow along with either of the two guided meditations on the CD or do the meditation on your own. Your options include:

- a two-minute guided meditation.
- a 14-minute dowsing-specific guided meditation.
- a bonus music-only track to extend the 14-minute meditation or to use when meditating on your own.
- a written meditation you can practice on your own. (See Appendix C for more information.)

It is especially important to do the *Dowsing Tubes of Light* meditation every day you dowse (on your own or guided by Marie Diamond on Track 3 on the CD). The short two-minute version of the *Tubes of Light* meditation (Track 2 on the CD) is perfect when you have limited time or want a quick boost, but the longer and deeper the meditation, the stronger your energy will become.







## ***Diamond Dowsing Paraliminal***

Listen to the *Diamond Dowsing Paraliminal* (Tracks 7-10 on the CD) with stereo headphones to balance your whole mind connection and make your dowsing more effective. You can learn more about this unique sound frequency audio technology and how best to listen in Appendix D.

## ***Release Meditation***

Play the *Release*, or space-clearing, meditation (Track 6 on the CD) when you wish to help release energy forms in your environment. You will learn how to do this in Chapter 11. If you wish to do this meditation without the CD, a complete transcript is available for you to learn in Appendix E.

## **Best Ways to Use**

When doing any meditation or Paraliminal session, always try to face one of your Personal Best Directions from Diamond Feng Shui. Refer to the charts in Appendix F to determine these directions.

If you practice Spring Forest Qigong, before you begin listening to any meditation or Paraliminal session say the password, “*I am in the universe, the universe is in my body, the universe and I are one,*” and go into the emptiness at the beginning of your listening session. Finish with the *Ending Exercise* as you would at the end of a *Sitting Meditation*.

## **Possible Outcomes**

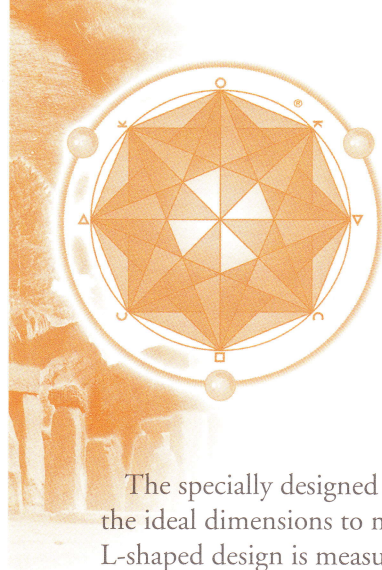
As you begin to dowse and cure stressed energy, you and others may experience a variety of physical, emotional, or mental responses. When an energy disturbance is released, the energy in the environment shifts, and you naturally adapt.

You may notice an immediate feeling of lightness or a sense of relief, as if the weight of the world has been lifted off your shoulders. A gradual or even sudden boost in energy could result.

On the other hand, your body may react physically with cold or flu-like symptoms. On an emotional level, you might find yourself arguing more with your partner or a family member. As you adjust to the new energy level, these symptoms will improve.

## **Updates and Corrections**

At the time of production of this course, we believe we have presented the most accurate information. Any corrections and updates will be available at [www.LearningStrategies.com/DowsingUpdates](http://www.LearningStrategies.com/DowsingUpdates).



## CHAPTER 2

# Using Your Dowsing Rods

The specially designed Diamond Dowsing rods are created from brass in the ideal dimensions to make your dowsing easier and more effective. The L-shaped design is measured according to the Egyptian “cubit,” a length that reacts quickly to energy.

The 18-inch Egyptian cubit was the standard of linear measure in the ancient world dating back to about 3000 B.C. While cubit lengths varied throughout the world, the Royal Cubit as decreed by a pharaoh or king was the length of a man’s forearm from the bent elbow to the tip of the middle finger plus the width of the palm.

### Preparing Your Rods

Before using your rods, place your own personal intention into them for what you wish to accomplish. Hold the rods at your heart level, and state your intention in your mind or out loud. This can be a statement such as, “I will use these dowsing rods to create greater harmony and better health for myself, my family, and my friends.”

The rods are considered sacred tools by many traditions throughout the world. They are not toys and should never be used with anything other than good intentions. You may teach others to use your rods, but you should always communicate their inherent sacredness.

### Preparing Your Mind

Dowsing rods respond to your brain waves as your brain waves are responding to the energy you connect with. The left rod links with the right hemisphere of your brain, the creative and intuitive side, while the right rod links to the left hemisphere, the analytical and rational side. You’ll achieve the greatest results when you bring the left and right hemispheres of the brain together in a higher state of consciousness.

To do this, focus your awareness at arm’s length above your head. This point is called your higher mental body. It may help to imagine you are wearing a tall, magical hat. The tip of the hat is where your higher mental body resides. You can use the *Tubes of Light* meditation to place yourself into this higher state. When you dowse, you do so from this point of awareness.

### Getting Started with Your Dowsing Rods

- 1) Hold the dowsing rods in front of you at heart level. They should point out and slightly down. If they are tipped up, they will fall

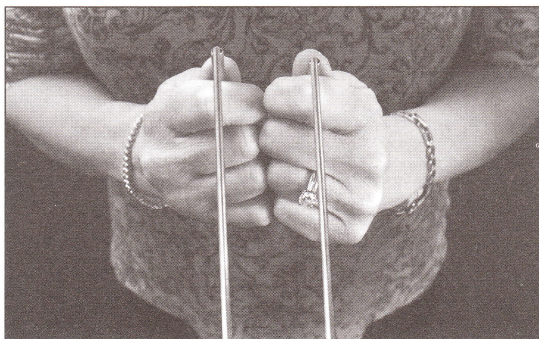






open on their own. If they are tipped too far down, they may not open, because they will have to work against gravity.

- 2) Lightly hold the handles or tube-shaped sleeves surrounding the rods so that your hands are not touching the rods themselves. These handles allow the rods to turn on their own without conscious physical influence from you.
- 3) Hold the rods so that your little (pinky), ring, and middle fingers on one hand are lightly touching the same fingers of the other. This allows the rods to move most easily and will help in balancing your analytical left brain with the creative right brain. Your thumbs can rest at the tops of the handles, gently atop your index fingers, so they do not interfere with the movement of the rods.



*How to hold your dowsing rods.*

- 4) Ask questions of your rods while walking or moving into the aura field of the subject. (A person's aura field is generally about one arm's length around their body.) Begin by asking questions for which you already know the answers. For instance, *Is this woman's name Mary?* or *Is she a woman?*
- 5) When the rods swing open, that indicates a "yes" response. When the rods stay closed, that indicates a "no" response. The rods may begin responding slowly at first by opening only slightly. Trust the response you receive, and continue asking questions until you are comfortable and confident with the response you are getting.

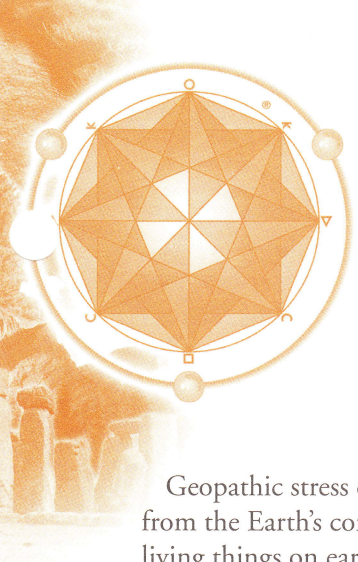
## Additional Tips and Insights

- Ask your questions out loud to begin with; later on when you're more practiced, asking in your mind is okay.
- If the rods move inward and cross, you are experiencing a lack of internal alignment. Do the *Tubes of Light* meditation or listen to the *Diamond Dowsing* Paraliminal to help balance the whole mind connection.
- If you do not have another person with whom to practice, you can try working with a pet or perhaps even a plant. However, the practice will be most effective when working with another person.
- Let go of wanting to know the answer. If you are too attached to the outcome of the question or too tense while asking it, the rods will not respond as easily. Worry and attachment interfere with your connection to your higher awareness. When you are not connected with your highest energy, or your personal energy is not clear, dowsing will not work as well.

- Above all, be patient with yourself. When you do not get an immediate response from your dowsing rods, do not worry. Take a break for a short period or even a week, do the *Dowsing Tubes of Light* meditation every day and night, and then return to your practice. As your mind learns to enter a higher brain state and your personal energy becomes clearer, the rods will respond more strongly.
- Do not ask questions about yourself. Objectivity is key to getting good answers. It is difficult to remain objective, to keep your ego or personality out of it, when asking about yourself.







## CHAPTER 3

# *Geopathic Stress*

Geopathic stress occurs when the natural energy vibrations emanating from the Earth's core are interrupted. This vibrational energy supports all living things on earth. When interrupted, the resulting stress can impact our health and well-being where we live and work.

There are three causes of geopathic stress: fault lines, underground water, and adjoining soils that differ in composition or type.

The impact of geopathic stress can sometimes be seen on the Earth's surface in the form of cracks in walls or in the ground—even in concrete. Breaks in plant growth such as tree lines or shrubs, where one tree or shrub is dying or is much shorter than the surrounding ones, is another indicator.

### **Fault Lines**

Fault lines are fractures in the continuity of a rock formation caused by a shifting or dislodging of the earth's crust. They include fractures associated with major earthquakes as well as smaller, undetected ones. These lines can be located hundreds of feet below the surface of the Earth and originate from any direction.

### **Underground Water**

Our bodies are comprised of 50 to 70 percent water and react fastest to this water-based type of geopathic stress.

The amount and flow of water in the earth determines the intensity of the geopathic stress. For instance, a large amount of water will have an immediate impact and be felt more strongly than a trickle of water. A body of water two miles deep can have a tremendous geopathic influence.

An aquifer is any geological formation containing or conducting ground water. However, most aquifers are not rivers. Water moves slowly through pore spaces in an aquifer's rock or sediment. True underground rivers are found only in cavernous rock formations where the rock has been dissolved away to leave open channels through which water can move very rapidly.

### **Different Adjoining Soils**

The third type of geopathic stress results as a natural line between adjoining soils that differ in composition, such as sand and clay. This type of stress is less intense than the other two.

## Cross Points

The place where two centerlines of stress intersect is called a cross point. No matter what type of energy lines are crossing, the stress in this spot will be the worst. When a person sits or sleeps on a cross point, the organ or part of the body located in that area is the most likely to be affected, and illness is apt to arise here faster. However, these effects happen over time, generally a matter of years.







## CHAPTER 4

# Geopathic Stress (Continued)

### Curing with Copper Dowsing Sticks

You will cure geopathic stress and other energy disturbances with copper sticks of the proper length and diameter. The copper stick, or “cure,” is placed perpendicular to, and centered on, the centerline of the stress line.

It is critical to place a cure with “intention.” In other words, you must affirm the purpose for the cure. For example, as you lay the copper stick in place say: *I cure this geopathic stress.*

To prevent a cure from being moved or accidentally knocked out of place, secure it under a rug with tape or by some other means. Occasionally check your cures to make sure they remain in place.

You may find that a cure needs to be placed in a corner. Simply bend the dowsing stick at a 90-degree angle so that it will fit.

### Diamond Dowsing Sticks

Diamond Dowsing cures are specially made. Their level of effectiveness has been raised significantly through the incorporation of the Diamond Feng Shui facet colors and Inner Diamond energy work. These copper sticks have been enhanced by Marie Diamond to ensure the highest level of energy possible and, therefore, the most lasting, positive effects for your cures.

Each dowsing stick is painted on one end with one of five colors. Each color is designed to cure a particular type of energy disturbance.

<i>Color</i>	<i>Cures</i>	<i>Diamond Facet</i>
<i>Royal Blue</i>	Geopathic Stress	Power
<i>Emerald Green</i>	Negative Hartmann and Negative Curry Lines	Health
<i>Yellow</i>	Interference Lines	Wisdom
<i>Ruby Red</i>	Personal Zones	Balance
<i>Violet</i>	Negative Vortexes	Forgiveness

### You Can Make Your Own Dowsing Sticks

- 1) Begin with 18-inch lengths of 3/32 copper-coated steel, which is common welding wire.
- 2) Release any old energies from the sticks by visualizing violet flame around and through them.

- 3) Paint approximately 2-1/2 inches of one end with the appropriate color.
- 4) As you work, focus on your intention for the cures to make them more powerful.

You will achieve better results the more you raise your personal energetic vibration through Inner Diamond meditation work like the *Tubes of Light* or other energy practices such as *Spring Forest Qigong*. The higher the level of expertise at energizing the copper sticks, the more effective and long-lasting the cures will be.

## Finding and Curing Geopathic Stress

To cure geopathic stress you will need to find each stress line and its centerline. Each geopathic stress line has an aura field whose width varies with the intensity of the stress. Whether the aura field is two feet wide or ten feet wide, the centerline is only about one inch or two and one-half centimeters wide. This centerline is where the energy is strongest and most concentrated, and where the cure needs to be placed to be effective.

- 1) Stand within the property you are dowsing (either inside or outside the building but within the property boundaries) and ask: *Are there any geopathic stress lines here?* You need to move in the energy to get a response, so walk or at least take a step or two after asking.
- 2) If the rods open, the answer is yes. Next ask: *How many geopathic stress lines are there?* Count the number of times your rods open and close. This tells you how many lines to look for and cure.
- 3) Say: *Show me a geopathic stress line.* Then begin slowly walking along one side of the perimeter, allowing the rods to detect geopathic stress from any angle. The rods will begin opening as you walk into a stress line's aura field.
- 4) When you find a geopathic stress line, say: *Show me the center of this geopathic stress line.* Your rods will open the farthest at the centerline, where the energy is most concentrated.
- 5) Next ask: *From which direction is the geopathic stress coming?* Your rods will point to the direction from which the stress should be cured.
- 6) Use the blue-tipped copper sticks to cure geopathic stress. Remember to place your cure with intention.
- 7) The cure is effective for up to one mile and will begin working within 30 seconds. Ask again to be shown the geopathic stress. When you walk across the stress line the rods should now stay closed, in the "no" position. You can use muscle testing as another method to determine the effectiveness of your cure. You may need to adjust the position of your cure if you are not getting a firm response that the stress line is cured.





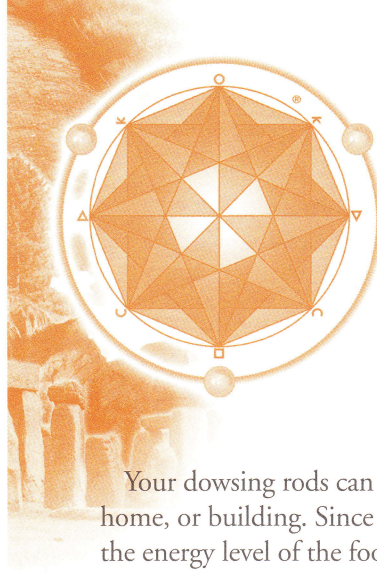
## Additional Tips and Insights

- If the home or workplace has no outside property, you will cure geopathic stress by placing the cures inside the building along outside walls.
- Inside homes, workplaces, and other structures, place your cures at the lowest level possible of the building. This will cure all levels of the structure. If cured at a higher level, any levels beneath it will not be cured.
- If applicable, it is best to cure geopathic stress outside along the property line first. Survey the area, looking for signs that might indicate stress, such as a dip in a tree line or cracked cement. When you place your cures on the property line, any living spaces in the home below ground level will need to be cured at that level as well.
- If your property covers many acres, cure the geopathic stress in your immediate yard. (In the video, Marie refers to a yard as a “garden.”)
- When curing outside, bend the stick into an L shape and place the cure two to three inches, or five centimeters, below ground to prevent it from being moved. Bend it so that the colored end is the shortest and goes perpendicular into the ground.
- You can measure the energy level of a geopathic stress line the same way you measure the energy level of a room. If you find that the geopathic stress is  $-7$  or below, use two sticks, each bent into an L shape, placed right next to the other in the ground. See Chapter 5 for how to measure energy levels.



- Certain species of trees, such as evergreen, willow, and holly, do very well when growing on a geopathic stress line or in the aura field of a stress line. After you cure the stress line, these trees will not die, but they may stop growing. If you want them to continue growing, place your cure so that the tree is still in the uncured stress line.
- When curing a large property like a farm or ranch, there is no need to cure pastures where animals are always moving. Instead place the cures where the animals sleep, such as a barn, or in any areas where they will not go.





## CHAPTER 5

# Energy Levels

Your dowsing rods can help you measure the energy level of any room, home, or building. Since everything is comprised of energy, you can also test the energy level of the foods you eat, the beverages you drink, living things such as plants, and even inanimate objects like books or home study courses.

Energy levels can be measured using one dowsing rod alone, which many people prefer, or using two rods while asking yes/no questions. To determine the energy level, you will count the number of revolutions when using one rod or the number of times the rods open and close when using two rods.

A reading of +10 or above is very enhancing, indicating an environment that nourishes healing, happiness, joy, inspiration, and creativity. A reading of -10 or below is very depleting and may indicate an environment where people are more likely to experience unhappiness, depression, bad luck, or illness.

Even though a neutral reading (in the zero range) is not bad, neither is it all that good. Your dowsing should aim to bring the energy level up to +10 or above.

When dowsing a room or building, it is best to measure the level of energy before you dowse and then again after you place your cures so you can determine the effectiveness of the cures.

### Measuring Energy Levels Using One Rod

- 1) Hold a dowsing rod in one hand in front of you or at your side at about chest level so the rod can spin without touching your body.
- 2) Ask: *What is the energy level of this home/property/room?* You must move a little into the energy of the space to get an answer, so walk or take a step or two.
- 3) If the rod turns clockwise, the energy is positive or enhancing. If the rod turns counterclockwise, it is negative or depleting.
- 4) Count the number of turns until the rod stops. This is the energy level. For example, ten turns clockwise is a +10 or positive 10; ten turns counterclockwise is a -10 or negative 10.

It may take some time to become skilled at this method. Continued practice and work on your personal energy will improve your results.





## Measuring Energy Levels Using Two Rods

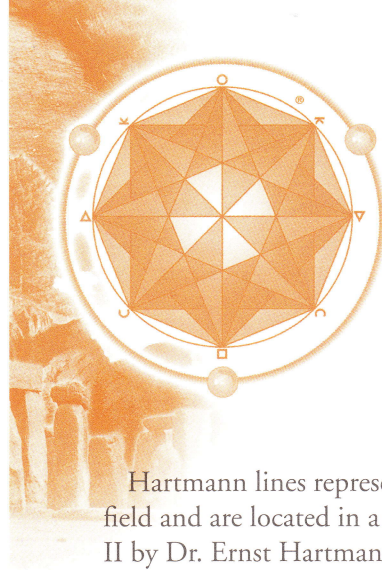
- 1) When using two dowsing rods to measure the energy level, hold your rods in front of you at your heart level in the normal dowsing position. Ask a series of yes/no questions to find the answer.
- 2) Begin by asking: *Is the energy level of this home/property/room above zero?* You must move a little into the energy of the space to get an answer so walk or take a step or two.
- 3) If yes, ask: *Is the energy level above 2?* If yes, then proceed higher at intervals of two or whatever increments you wish.
- 4) Continue until you find the answer. Use the same process in reverse if the energy level is not above zero.

## Additional Tips and Insights

- After you dowse and place the cures, measure the energy level again, asking: *What is the energy level now?* Measuring the levels before and after can be a helpful demonstration of the effectiveness of the cures.
- If you forgot to measure the energy level before you dowsed, you can still determine what that level was. You may simply ask: *What was the energy level before any dowsing cures were placed?*
- You can even ask what the energy level will be after you place your cures. For instance, ask: *If geopathic stress is cured, what will the energy level be?*
- You can check the intensity of any stress line you find while dowsing. While moving in its energy field, ask: *What is the energy level of this stress line?*

## Miscellaneous Detecting

- To learn whether a particular beverage is good for you, dip the tip of one rod in the liquid, wipe it off, and then ask for the energy level. You can do the same with food or supplements by touching the tip of the rod to the item.
- To learn whether a book or home study course would be beneficial for you to study, touch the dowsing rod to the product and ask for the level of benefit you will receive from it.
- When considering a property you want to rent or buy, connect with the energy of the property and ask for the level of benefit you will receive from owning or renting it.



## CHAPTER 6

# Hartmann and Curry Lines

Hartmann lines represent the flow of the Earth's natural electromagnetic field and are located in a grid formation. First described after World War II by Dr. Ernst Hartmann, a German medical doctor, these lines naturally run North to South and East to West and generally have a smaller aura field than geopathic stress, extending up to six feet.

Before electricity was discovered and transmitted in modern times, these lines were all harmless. That changed with the advent of electrical power and the pervasive use of electrical appliances and technologies in our lives.

When Hartmann lines connect with an electrical source within framed structures and buildings, such as an electrical service panel or a wall outlet, they turn detrimental.

The greater the electrical source, the worse the results. A clock radio will affect a Hartmann line less than a TV and a TV less than an electrical panel. When a large electrical source such as a transformer located in a neighborhood or outside a large building sits on a cross point of Hartmann lines, all Hartmann lines within roughly twenty miles become negative.

Curry lines are similar to Hartmann lines, but they run on a diagonal from Southeast to Northwest and from Northeast to Southwest. They were named after Dr. Manfred Curry, a German scientist.

The cross point of a negative Curry line with a negative Hartmann line creates an especially negative energy field.

### Finding and Curing Negative Hartmann and Curry Lines

- 1) Begin by looking for negative Hartmann lines. You may use a compass to determine the directions North and East, but it is not necessary. Your dowsing rods will respond to your questions regardless.
- 2) While moving within the home or workplace, ask: *Are there any "negative" Hartmann lines here?* If you do not qualify the question with the word "negative," all Hartmann lines will be shown, including the naturally harmless ones. If the rods open, the answer is yes.
- 3) Next ask: *How many negative Hartmann lines are there?* Count the number of times your rods open and close. This tells you how many lines to look for and cure.
- 4) If there are seven or more negative Hartmann lines, an electrical service panel may be the cause. See the section below on Tips and Insights for how to cure this situation.







- 5) When there are only a few negative Hartmann lines, say: *Show me a negative Hartmann line.* Walk along the perimeter inside the lowest level of the home or building until your rods open when you find a negative Hartmann line.
- 6) You will need to find the centerline to cure it. Say: *Show me the centerline.* As you walk into the centerline, the dowsing rods will open again.
- 7) Ask: *From which direction should this Hartmann line be cured?* Your rods will point to the direction from which the line should be cured.
- 8) Go to the farthest point in the home in that direction, find the negative Hartmann line, and cure it there. Place an emerald green dowsing stick across the centerline of the Hartmann line along the edge of the wall stating your intention for the cure.
- 9) Follow the same steps to find and cure negative Curry lines. Remember, these run Southeast to Northwest and Northeast to Southwest. Ask the same questions and use the same emerald green copper sticks to place your cures.

### Additional Tips and Insights

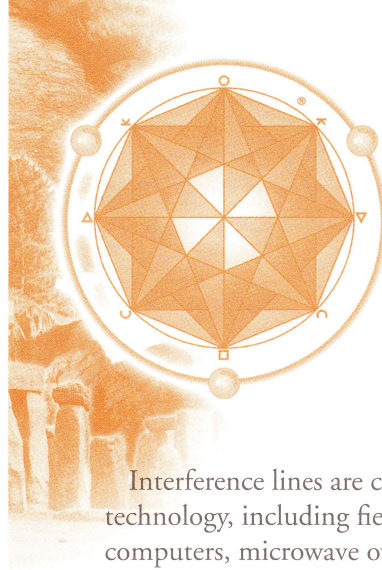
Although Hartmann lines run North to South and East to West, that does not necessarily mean they will be cured along the North or East walls inside a building. A Hartmann line entering a home from the North may run into an electrical outlet on a South wall and bounce back into the room. So the negative line will actually need to be cured at the South wall.

There are times when a building can have many negative Hartmann or Curry lines. This usually occurs when a Hartmann or Curry line intersects an electrical service panel. It is a good idea to check this out first before curing all the individual lines.

A copper energy ring, or quantum ring, can be especially useful in this case. Placing an energy ring around the electrical panel will cure all the negative Hartmann or Curry lines that emanate from that source. Make sure the balls of the ring form a triangle. You can tape them in place if necessary.



(Additional uses of dowsing rings, which can be purchased from Learning Strategies, are addressed in Chapter 8.)



## CHAPTER 7

# Interference Lines

Interference lines are caused by electromagnetic energy created by human technology, including fields produced by power distribution networks, computers, microwave ovens, cell phones, wireless communication antennas, and satellite communication systems.

Interference lines can also be caused by natural disturbances or frequencies from past events, such as divorce. These create emotional scars whose frequency distortions impact us.

Interference lines affect a specific aspect of your life. This can cause issues ranging from depression to lack of romance to poor finances.

You can simply find interference lines and cure them, or you can also determine how they might be impacting you. Some issues to check include:

<i>Clutter</i>	<i>Spirituality</i>	<i>Self-Esteem</i>
<i>Joy</i>	<i>Openness</i>	<i>Success</i>
<i>Finances</i>	<i>Creativity</i>	<i>Relaxation</i>
<i>Romance</i>	<i>Focus</i>	<i>Abundance</i>
<i>Manifestation</i>	<i>Conflict</i>	<i>Friendship</i>
<i>Self-Confidence</i>	<i>Specific Illnesses</i>	<i>Sleep</i>
<i>Passion</i>	<i>Inspiration</i>	<i>Specific Areas or Organs of the Body</i>

## Finding and Curing Interference Lines

You can find and cure interference lines in your entire home or workplace if you wish. You will need to find and cure them room-by-room on each level of the home or building. Or you can just find and cure them in rooms where you spend the most time, such as the living room, family room, office, or bedrooms.

Always check for interference lines on the front door, especially any relating to cash flow or abundance.

- 1) Began by being in the area you wish to check. Walk or take a step or two in the space and ask: *Are there any interference lines here?*
- 2) If the rods open, the answer is yes. Next ask: *How many interference lines are there?* Count the number of times your rods open and close. This tells you how many lines to look for and cure.
- 3) Say: *Show me an interference line.* Then begin slowly walking along one side of the perimeter. The rods will open as you walk into the line's aura field.





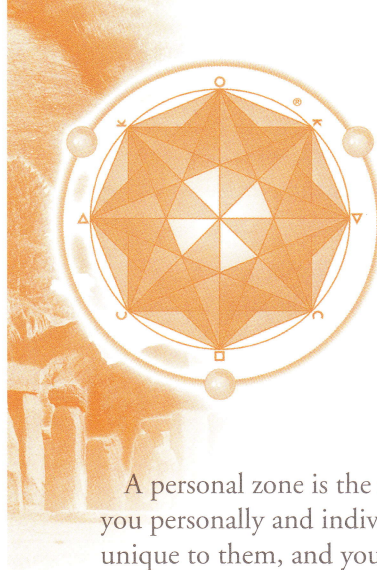
- 4) When you find an interference line, say: *Show me the center of this interference line.* Your rods will open the farthest at the centerline, where the energy is most concentrated.
- 5) Next ask: *From which direction is this interference line coming?* Your rods will point to the direction from which the line should be cured.
- 6) Place a yellow dowsing stick across the centerline of the interference line along the edge of the wall where the line is coming from, stating your intention for the cure.

### **Additional Tips and Insights**

If you find an interference line coming into your front door, place the cure right outside the door along the frame and across the centerline, preferably under a rug or in such a way that it will remain in place.

You can find out what a line is interfering with (mental well-being, romance, abundance, etc.). Move in the aura field of the interference line and ask: *Is this interference on \_\_\_\_\_?* Continue asking until you get yes for an answer.





## CHAPTER 8

# Personal Zones

A personal zone is the same as an interference line except that it affects you personally and individually. Each person will have personal zones unique to them, and you will need to dowse room-by-room on every level of a home or building to find these zones for each person.

The more time you spend in an area with a personal zone, the more it will affect you and your body's energy, or chakra system. Pay especially close attention to your body in the rooms where you spend the most time. You might experience more symptoms of allergies, for instance, or you may feel compelled to avoid the room entirely. This would be a good indication that you need to check for personal zones.

### Finding and Curing Personal Zones

You can find and cure personal zones in your entire home or workplace if you wish. You will need to find and cure them room-by-room on each level of the home or building. Or you can just find and cure them in the rooms where you spend the most time, such as the living room, family room, office, or bedrooms.

- 1) Begin by walking or taking a step or two in the room and asking: *Are there any personal zones for \_\_\_\_\_ in this room?*
- 2) If the rods open, the answer is yes. Next ask: *How many personal zones for \_\_\_\_\_ are there in this room?* Count the number of times your rods open and close. This tells you how many zones to look for and cure.
- 3) Say: *Show me a personal zone for \_\_\_\_\_.* Then begin slowly walking along one side of the perimeter. The rods will open as you walk into a zone's aura field.
- 4) When you find a personal zone, say: *Show me the center of this personal zone.* Your rods will open the farthest at the centerline, where the energy is most concentrated.
- 5) Next ask: *From which direction is the personal zone coming?* Your rods will point to the direction from which the zone should be cured.
- 6) Place a ruby red dowsing stick across the centerline of the personal zone along the edge of the wall where the line is coming from, stating your intention for the cure.





## Additional Tips and Insights

- To locate personal zones for an immediate family member, you can just think of them when you are dowsing, as outlined above.
- For people other than your family, you need to connect with their personal energy by touching them on the arm or shoulder. That person in turn can think of their family members; when you touch that person you are then connected with the energy of those family members as well. If necessary, an alternative is to touch a photograph of the person for whom you are dowsing for personal zones.

## Using Energy Rings

In addition to curing personal zones with copper sticks, you can use copper energy rings to enhance your personal energy level.

These specially made quantum energy rings can create delta waves to help boost your energy level when worn. They can also increase the energy level of plants, water, and food. The copper rings come in many sizes, but three are ideal for dowsing.

Here are a few suggestions for how energy rings can be used:

### *Large Ring (23-inch diameter)*

- Place under chair during meditation or while working.
- Step inside and move ring up and down over your head and down to the ground three times to clear out your energy field.
- Use ring as a wand to sweep out the corners of a room. Hold horizontally with both hands, and then brush up and down in the corners.
- Place around a water cooler to energize the water.
- Place groceries inside ring after bringing them home from the store to energize food.
- Place one or more plants inside ring to energize plants.

### *Medium Ring (13¼-inch diameter)*

- Wear around waist as a belt to stay energized.
- Place in a dark corner of a house that needs more light.
- Place around the water and food dishes of pets.
- Place vitamins inside ring to energize them.

### *Small Ring (10-inch diameter)*

- Place under a car or airplane seat to stay energized while traveling. This helps with jet lag. (This ring is the ideal size for carry-on luggage.)
- Wear around neck while doing any mental activity to stay more alert.
- Place around showerhead to energize the water.
- Place around dinner plate during a meal to energize food.



## CHAPTER 9

# Vortexes

An energy vortex is a spiraling of energy at a specific point. The vortex flows in a cone shape clockwise or counterclockwise, up or down, depending on the type of vortex. There are two kinds—positive and negative.

### Positive Vortexes

Positive vortexes spiral upward in a clockwise motion and create an enhancing flow of energy. A positive vortex is often referred to as “a place where heaven meets earth.” Throughout history, druids, priests, and shamans believed that spending time in a positive vortex could enhance meditation and creativity and lead to experiences of spiritual awakening, enlightenment, and self-realization.

Positive vortexes occur where ley lines intersect at a perfect 90-degree angle. Ley lines are meridians that connect what might be considered the acupuncture points on Earth, similar to the acupuncture meridians in our body that connect our chakras and organs. Positive vortexes are said to exist throughout the world, including places such as the Egyptian pyramids, Stonehenge, the Sedona desert, and sacred temples and cathedrals throughout the world.

The energy of a positive vortex is very yang. People tend to gather and linger in locations where positive vortexes exist. Dogs are attracted by them and may sleep within them, while birds found in a positive vortex may sing and talk incessantly. This energy is good when meditating, working, and practicing yoga or *Spring Forest Qigong*. If you find one in your bedroom, do not sleep with your head over the center of the vortex. It can be beneficial to sleep in the aura field of the vortex, however, some people may find it to be too energizing for sleep.

### Negative Vortexes

Negative vortexes spiral downward in a counterclockwise motion and create a draining or depleting energy. Negative vortexes can also cause a lot of clutter and chaos in the area where they are located. While these areas can create stress for humans, cats tend to be attracted to them.

Negative vortexes are created when ley lines intersect at an angle other than 90 degrees.







## CHAPTER 10

# Vortexes

### (Continued)

You can enhance positive vortexes and cure negative ones. Consider yourself fortunate when you find a positive one. Not everyone will. When you find a negative vortex, you can turn it positive.

### Detecting and Enhancing a Positive Vortex

- 1) Begin by walking or taking a step or two in an area and asking: *Are there any positive vortexes here?*
- 2) If yes, ask: *How many positive vortexes are there?*
- 3) Holding up one rod in the same manner as when checking for energy levels, ask: *Where is the location of the positive vortex?* The rod will point toward its location.
- 4) Say: *Show me the positive vortex.* As you walk into the aura field of the vortex, the rod will spin clockwise. The closer you get to the center of the vortex, the faster the rod will spin.
- 5) To enhance a positive vortex, place a natural quartz crystal at its center point, where the rod spun the fastest. Do this either in the room where you wish to take advantage of the enhanced energy or at the lowest level of the home or workplace.

### Detecting a Negative Vortex

Look for a negative vortex the same way you did a positive one. Your rod will spin counterclockwise if you find one. Remember, the faster the rod spins, the stronger the vortex and the closer you are to its center.

You may get a false reading of a negative vortex where two stress lines intersect (geopathic, Hartmann, or Curry). Curing both of the stress lines will alleviate the stressed energy and eliminate the false reading. Another possible cause for a false reading is that you are in a location where past negatively charged events, such as a murder, have happened or where an energy form is found. See Chapter 11 for information about how to clear this energy.

To reduce the chances of a false reading, ask to be shown negative vortexes created by ley lines. The more specific your question, the more likely you'll get an accurate result.

- 1) Begin by walking or taking a step or two in an area and asking: *Are there any negative vortexes created by ley lines here?*
- 2) If yes, ask: *How many negative vortexes are there?*

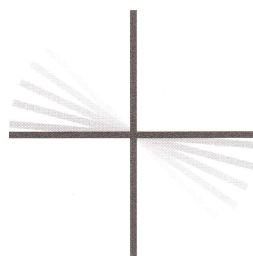
- 3) Holding up one rod in the same manner as when checking for energy levels, ask: *Where is the location of the negative vortex?* The rod will point toward its location.
- 4) Say: *Show me the negative vortex.* As you walk into the aura field of the vortex, the rod will spin counterclockwise. The closer you get to the center of the vortex, the faster the rod will spin.

### Curing a Negative Vortex

You can simply place a large energy ring centered over the center point of the negative vortex to create a more positive energy field.

In order to *cure* the negative vortex, you will need to shift the ley lines to a perfect 90-degree angle. Follow these steps:

- 1) Stand on the center of the negative vortex with one rod held up and say: *Show me the first ley line for this negative vortex.* Your rod will point to the direction of the ley line. You will want to find the exact centerline for the ley line. Place a violet copper stick along this centerline. The middle of the copper stick should be in the same position as the center point of the vortex. Remember, unlike other cures where you lay the copper stick perpendicular to the centerline, these are placed straight on.
- 2) Say: *Show me the second ley line for this negative vortex.* Again, find the centerline for the ley line and place a violet copper stick on it with the center of the stick over the center point of the vortex. The two copper sticks will be at an angle other than 90 degrees.
- 3) Find which of the two ley lines is strongest. Touch your rod to one copper dowsing stick and ask: *What is the energy level?* Count the number of revolutions. Then touch your rod to the second stick and ask the same question to determine its energy level.
- 4) Shift the copper stick of the weakest ley line so it is at a 90-degree angle to the strongest one. Hold the energy there and say: *This is now a positive vortex.*



- 5) Measure the energy level of the vortex. Your rod should begin to spin clockwise. It may be slow, but it will get stronger with time. (If your rod is still detecting a negative vortex, recheck the location of the ley lines and their centerlines and adjust your copper sticks.)



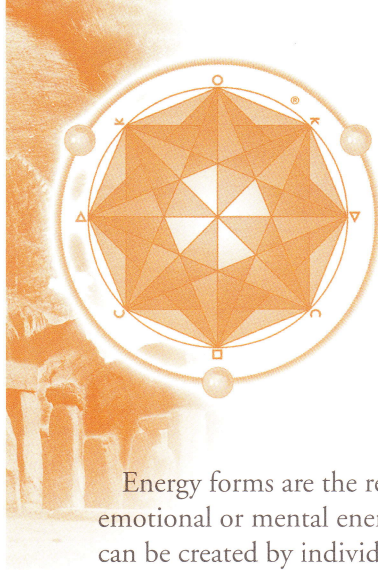


- 6) Place a large energy ring around the crossed copper sticks to strengthen the cure and enhance the now-positive energy of the vortex even more. Position the three little balls of the ring to indicate a triangle.

### **Additional Tips and Insights**

- Secure the sticks and the ring to the ground with tape so they are not disturbed, and place a rug over them.
- Cure a negative vortex at the lowest possible level in the home or workplace.
- You can now attain the same benefits from this cured negative vortex as from any other positive vortex.





## CHAPTER 11

# Energy Forms

Energy forms are the residual energy of a person who has died or the emotional or mental energies created out of events or circumstances. They can be created by individuals or by a group of people experiencing the same events. The more intense the circumstances, and the more people that are involved, the stronger the energy form will be.

Emotional energy forms arise from emotional experiences like pain, anger, or sadness. Mental energy forms result from repetitive or intense thoughts or actions. These could include a pattern of excessive worry, excessive behaviors, or intense and continual anger.

Wandering spirits, or spiritual energy forms, are the energy of people who were not able to transfer to the next dimension after death. For whatever reason, they remain stuck.

People living or working in a place inhabited by energy forms may experience their effects. For example, a worker moving into an office formerly occupied by a workaholic might begin acting out similar patterns of behavior. A person whose bedroom has an energy form created from a sad experience may find that they become inexplicably sad or depressed.

The level to which a person is affected by energy forms varies depending on an individual's own personal energy and protection. A regular daily practice of the *Tubes of Light* meditation is a powerful method for blocking these affects. Your tubes of light will also prevent you from inadvertently creating any energy forms yourself since your emotions and thoughts will remain in your own energy field.

Energy forms are attracted to areas with a negative vortex. They react to the pulling energy (and the stuck energy) of the vortex because like attracts like. Energy forms will be pulled to the area of a negative vortex from throughout the home. A very strong vortex can even pull energy forms from the surrounding area. However, energy forms can be around even when there is no negative vortex, so always check for them.

You can release all types of energy forms and help them to the next level by creating an energy portal with the releasing meditation, also referred to as space clearing.

When you help emotional, mental, or spiritual energy forms move on to another dimension, you are doing important healing work, both for the home or property and for the people or souls to whom those forms were once connected.

This is not something to be afraid of but rather to be proud of—it's a technique for which you can be truly grateful. You could think of these



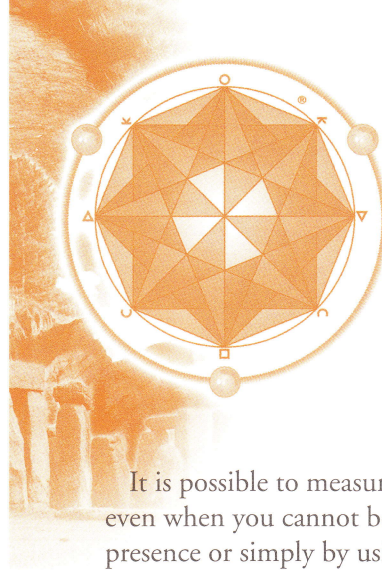


forms as blockages, similar to those you learn about in *Spring Forest Qigong* for healing the body.

Remember, be sure to do the *Dowsing Tubes of Light* meditation before doing any release work.

## Detecting and Releasing Energy Forms

- 1) Walk or take a step or two in the area you wish to check, and ask your rods the following questions: *Are there emotional energy forms here? Are there mental energy forms here? Are there spiritual energy forms here?*
- 2) If you wish, you can ask: *How many energy forms are there?*
- 3) If there are any energy forms, follow along with Marie's guided *Release* meditation (Tracks 5 and 6 on your CD). The script of this meditation can be found in Appendix E. If you like, you can learn the words and do the meditation on your own.



## CHAPTER 12

# Body and Distance Dowsing

It is possible to measure energy levels and dowsing a home or workplace even when you cannot be on-site. You can do so with the person in your presence or simply by using a diagram of the property.

### Body Dowsing

Geopathic stress, negative Hartmann lines, and other stressed energies leave an etheric imprint on a person's aura field that remains for up to three weeks after a person has left the location of stress.

Body dowsing is a technique that allows you to detect the stressed energy and help the person cure the stress. This is most effective in detecting stressed energy in locations where people spend a lot of time, such as a bedroom.

- 1) To dowsing a bedroom, ask the person you are dowsing for to draw a diagram of their room. The larger the diagram, the more accurate the placement of the cures will be.
- 2) Ask the person to lie down and visualize being in their bed.
- 3) Walk horizontally and vertically next to the person as they are visualizing their room, asking the same questions you would ask when dowsing a home.
- 4) Each time you find a stress line, indicate on the diagram where the appropriate copper dowsing stick needs to be placed in the room.
- 5) When you are done body dowsing, send the diagram and the proper amount of copper sticks with the person so they can cure the room when they get home. Remember to explain to them how to place the sticks with intention.

You can also body dowsing for a person's office or any other room. With an office, for instance, simply have the person sit in a chair and visualize their office. Proceed as above, using a diagram to mark where the cures need to be placed.

### Distance Dowsing

You can dowsing from a distance using only a diagram of the property. Unlike body dowsing, the person does not need to be in your presence. Distance dowsing requires strong telepathic energy, which you can enhance through meditation practices such as the *Tubes of Light* and regular practice of Diamond Dowsing.

- 1) Have a large diagram of the floor plan for the home or workplace you are dowsing. The larger the diagram, the more accurate the

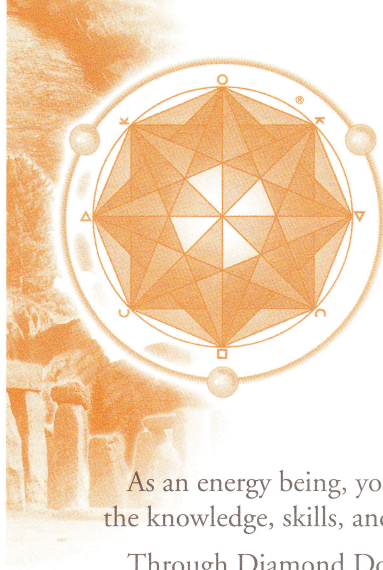






placement of the cures will be. It is best to work with exact floor plans. Each floor of the home must be included, and the directions of North, South, East, and West should be placed on the diagram.

- 2) Write down the address on the diagram, and focus on it.
- 3) Visualize your tubes of light. From the top of your magical hat send out a ray of light to the address to connect with the energy there.
- 4) Proceed the same way you would with an in-person dowsing session. Hold one dowsing rod in your hand. While holding the diagram in front of you or working on it over a table, ask the dowsing rod to respond as you move the rod slowly above the diagram.
- 5) Indicate on the diagram where any lines, zones, vortexes, etc., need to be cured. You can highlight these with different colored markers corresponding to the various copper sticks so they can be easily differentiated.
- 6) Send the person the diagram and the proper amount of copper sticks. Remember to explain to them how to place the sticks with intention.



## CHAPTER 13

# *Step-by-Step Wrap-Up*

As an energy being, you were born a natural dowser. And now you possess the knowledge, skills, and tools you need to be a Diamond Dowser.

Through Diamond Dowsing you can energetically transform your life and support the health and well-being of your family and friends. With your dowsing tools you can measure the energy level of any room, home, or building; detect and neutralize stressed energy; and enhance the natural flow of positive energy in any environment.

The following summarizes the steps to take as you proceed with your dowsing practice. Refer to these steps when you dowse for yourself and others to achieve the most effective results.

### **Steps for Diamond Dowsing**

#### ***1) Do the Tubes of Light Meditation***

Do this meditation before every dowsing session and anytime you want to enhance your connection to universal energy and your higher state of awareness. You will create a harmonious space within and around you.

#### ***2) Measure the Energy Level***

It is important to check the energy level of the room, home, or building you plan to dowse before you begin. You will measure the energy level again after placing your cures to help determine their effectiveness. The “before” and “after” energy readings will demonstrate the positive energy shift.

#### ***3) Find and Cure Negative Vortexes***

Look for negative vortexes first, because curing these will immediately shift the energy to a more positive level. Look for any clues that could indicate the presence of a negative vortex, such as difficulty sleeping in a bedroom or avoidance of a particular area. Use the violet copper sticks to cure the ley lines, and use a large energy ring if you have one.

#### ***4) Find and Cure Geopathic Stress***

If possible, cure geopathic stress outside of a home or building along the perimeter of the yard. Use the royal blue copper sticks. When working inside, place your cures along the edge of the outside walls at the lowest level.





Consider using muscle testing to determine the effectiveness of the cures, and measure the energy level again. If the space previously registered a negative reading, Steps 3 and 4 alone should bring the reading above zero.

#### ***5) Find and Cure Negative Hartmann and Curry Lines***

Cure these lines inside the building along the edge of the wall. Use emerald green copper sticks.

If you find there are seven or more of either negative Hartmann or Curry lines, check the space around an electrical service panel. If that is the source of the negative lines, you can place a large energy ring around the panel to cure all of the negative lines at once.

#### ***6) Find and Cure Interference Lines***

Always start looking for interference lines at the front entrance, because a disturbance here can impact anyone entering the home.

Check for interference lines room-by-room on each level, and cure each one along the edge of the wall. Use the yellow copper sticks.

#### ***7) Find and Cure Personal Zones***

Check for personal zones for yourself or others room-by-room on each level, and cure each one along the edge of the wall. Use the ruby red copper sticks.

#### ***8) Find and Activate Positive Vortexes***

If you find a positive vortex, you can enhance it with a natural quartz crystal.

#### ***9) Find and Release Energy Forms***

Check for energy forms. If you find any, you can perform a space clearing with the *Release* meditation. Follow along with the guided meditation on the CD or do the meditation on your own.

#### ***10) Measure the Energy Level Again***

When you have completed your dowsing, measure the level of energy again to check the effectiveness of your cures. You can check the energy level from time to time to see if it has changed.

#### ***11) Repeat Every Five or Six Months***

Dowse your home at least twice yearly. Your energy will improve, and your sensitivity will increase with your initial cures in place. As time passes, you may notice other disturbances or lesser ones that also need to be cured.



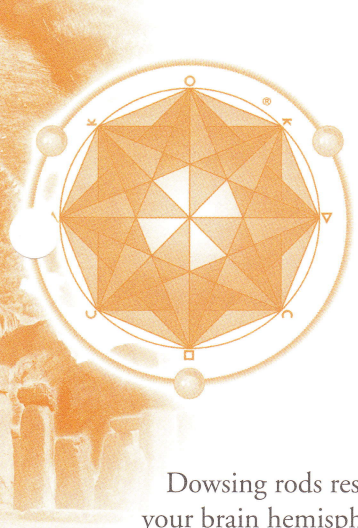
Energy lines can change as well. Shifting fault lines within the Earth could alter geopathic stress, for example, or new cell phone towers could introduce more interference lines into your environment.

### **Additional Tips and Insights**

- It is helpful to have a diagram of the home or building on which to mark the location of the disturbance. Use color markers that coordinate with the colors of your cures to mark their placement.
- Remember, before helping another person, dowse your own home first, because your own energy will then be stronger and your dowsing more effective.
- As you move through the dowsing steps, you may begin to physically notice the energy shifting in the environment. The air may feel lighter and smell fresher.

As you proceed with your dowsing practice, be patient with yourself. Trust that the universe will support you. The more you practice Diamond Dowsing, the better a dowser you will be!





## APPENDIX A

# Diamond Dowsing Protocol

Dowsing rods respond to your brain waves, so it is important to balance your brain hemispheres and to bring yourself to a higher state when dowsing. This will increase the effectiveness of your dowsing practice. It is also important to protect your personal energy. To support these requirements, do the *Tubes of Light* meditation twice a day, in the morning and evening.

### To Dowse

- 1) Hold the rods at heart level, facing outward, parallel to the ground and pointing slightly downward.
- 2) Move into the energy field you are asking about and state your question, either out loud or in your mind. For specifics, see the following section, called Questions for Dowsing.
  - a) If the answer is yes, the rods move outward.
  - b) If the answer is no, the rods do not move.
    - i) If you feel you are getting no answer as opposed to a “no,” try focusing on connecting to your higher mental body again. You may need to do the *Tubes of Light* meditation again as well.
- 3) If the rods indicate there is something to cure, make your next statement, then walk in one direction across the area. The rods will open in a “yes” indication when you come into the aura field of what you are checking for.
- 4) When you find a stress line or zone, ask to be shown the center of the line/zone and walk across it again.
- 5) Ask which direction the line/zone is coming from. The rod will point to that direction.
- 6) At the farthest possible point in the direction that the line/zone is coming from, cure with a color-tipped copper dowsing stick placed horizontally on the ground and perpendicular to the centerline of the line/zone.
- 7) Place the cure with intention by stating its purpose out loud or in your mind. For example, *This is to cure this geopathic stress line.*
- 8) Repeat the process, walking the length and width of each area until you have found and cured each one.
- 9) For vortexes you can ask the rods to point to the place in the room where the vortex is located and then walk toward that area to determine the exact location.

- a) Hold one rod up and out away from your body, over the location of the vortex.
  - b) For a positive vortex the rod will rotate clockwise.
  - c) For a negative vortex the rod will rotate counterclockwise.
  - d) Enhance a positive vortex by placing a natural quartz crystal in the center.
  - e) Cure negative vortexes with 18-inch violet copper sticks placed in an "X" on the exact center of the vortex along the ley lines. Place one rod on each ley line. The place where the two rods cross should be the center of the vortex. Determine the strength of each line. Adjust the weaker line so it is at a 90-degree angle to the stronger line, the optimal position. (In addition to asking your dowsing rods, you can also use muscle testing to make this determination.)
  - f) Additionally, you can place a copper energy ring over the center of a negative vortex to create a positive vortex. The energy ring will also fix the cure if by chance you have missed the exact center of the vortex with your copper sticks.
- 10) If you find eight or more geopathic stress lines, cure those and any negative vortexes. It is advised that you then wait two to three weeks before continuing with further dowsing.
- 11) Energetic fields are continuously changing as a result of new cell phone antennae, shifts in the Earth such as earthquakes, and other causes. Re-dowse your home or workplace every five to six months to monitor and cure any changes.

## Questions for Dowsing

### Geopathic Stress Lines

Ask: Are there any geopathic stress lines?

Ask: How many?

Say: Show me a geopathic stress line.

When you find one:

Say: Show me the centerline of this geopathic stress line.

Ask: Which direction is it coming from?

### Hartmann Lines

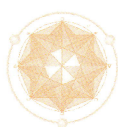
Ask: Are there any negative Hartmann lines?

Ask: How many?

Say: Show me a negative Hartmann line. (Remember, these run East to West and North to South.)

Say: Show me the centerline of this negative Hartmann line.

Ask: Which direction is it coming from?







### **Curry Lines**

Ask: Are there any negative Curry lines?

Ask: How many?

Say: Show me a negative Curry line. (These run Southeast to Northwest and Northeast to Southwest.)

Say: Show me the centerline of this negative Curry line.

Ask: Which direction is it coming from?

### **Interference Lines**

Ask: Are there any interference lines in this room?

Ask: How many?

Say: Show me an interference line.

When you find one:

Say: Show me the centerline of this interference line.

Ask: Which direction is it coming from?

Ask (optional): Is the interference on \_\_\_\_\_?

### **Personal Zones**

Ask: Are there any personal zones for \_\_\_\_\_ in this room?

Ask: How many?

Say: Show me a personal zone for \_\_\_\_\_.

When you find one:

Say: Show me the center of this personal zone.

Ask: Which direction is it coming from?

Check every room in the house for personal zones for every person in the house.

### **Vortexes**

Ask: Is there a positive energy vortex?

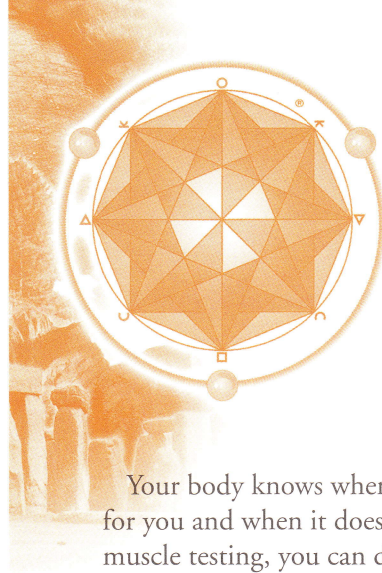
Ask: How many?

Ask: Is there a negative energy vortex?

Ask: How many?

Ask: Where is the location of the positive/negative vortex? (Use one rod for this.)

Say: Show me the vortex.



## APPENDIX B

# Muscle Testing

Your body knows when the flow of energy in your environment is good for you and when it does not support you. Using a simple technique called muscle testing, you can determine whether the dowsing cures are in the correct location and if they are effectively supporting you or others.

The body has the ability to answer questions through muscle testing. You can ask a yes or no question and apply pressure to a muscle. Muscles will stay strong or go weak depending on the body's response to the question.

### The History of Muscle Testing

Muscle testing, also known as applied kinesiology, was developed in the 1960s by chiropractor George Goodheart.

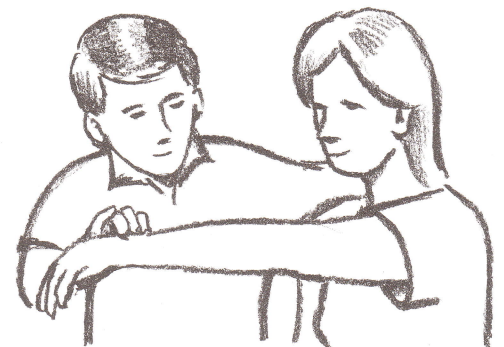
Based on standard orthopedic/neurological muscle testing and theories from Eastern medicine, Goodheart believed the body to be a network of energy lines running along the acupuncture meridians and connected to our muscles by circuits. A broken circuit, blockage, or imbalance could be detected by assessing muscle tone and strength.

Weaknesses in certain muscles, Goodheart believed, related to specific disorders or diseases. He used muscle testing to help diagnose and treat a variety of disorders, from allergies to back pain. His techniques have evolved to include joint manipulation, myofascial therapies, cranial techniques, meridian therapy, dietary management, and reflex procedures.

Today, many alternative medical practitioners, including chiropractors, naturopaths, dentists, nutritionists, and massage therapists, use applied kinesiology to help detect energy blockages, organ dysfunction, nutritional deficiencies, food and drug allergies, and even emotional disorders.

### Muscle Testing with Another Person

- Have the subject stand up straight. They should be relaxed, especially in their shoulders.
- Ask them to raise one arm to shoulder height, either straight out to their side or in front of them, so it is parallel to the floor. Their hand should be open and their palm down.





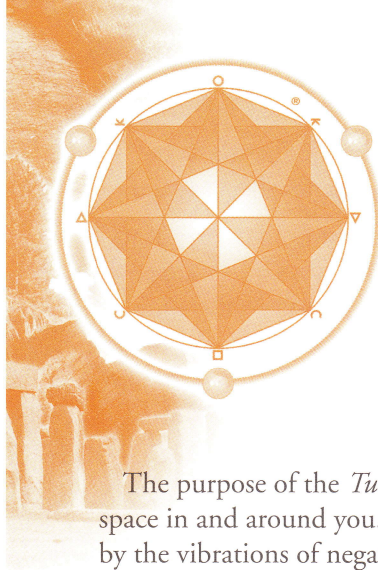
- Tell them to resist as you apply pressure downward at the wrist of their arm. This helps you establish a baseline for their strength.
- Ask the subject a question with an obvious answer to demonstrate how the process works and to determine what a yes or no response feels like. Tell them to resist your downward pressure while they are answering, either out loud or in their mind, and ask: *Are you a man?* Do the same while asking: *Are you a woman?* Their resistance should feel stronger with the correct answer. The difference in response may be quite obvious with some people but nearly imperceptible with others. With practice, you will improve at distinguishing the responses you receive.
- When dowsing, use the process in a location where you have found an energy disturbance such as geopathic stress. Before placing the cure, ask: *Are you strong or weak?* Notice how strongly their arm resists your downward pressure.
- After placing the cure, repeat the muscle test by again asking: *Are you strong or weak?* If the subject's resistance is strong, the cure is working. If their resistance is weak, consider adjusting your cure through further dowsing. Then muscle test again.
- You can use muscle testing to verify the effectiveness of a particular cure. Or you can use it before you begin dowsing and again when you have completed, to test the impact of all the cures.

## **Muscle Testing by Yourself**

When you are dowsing your own home or workspace and do not have a partner to help you muscle test, use the individual muscle testing technique.

- With your left hand, make a circle with the fourth finger (pinky) and thumb, and gently hold the fingertips together.
- With your right hand, place the first finger (index) and thumb together with the pads of the fingers touching.
- Slide the two fingers on the right hand into the center of the circle created by the fingers on the left hand.
- Open the two fingers on the right hand so they apply pressure on the fingers on the left hand to open up and spread apart.
- Practice with the pressure the right hand will use to push open the fingers on the left hand. The pressure is gentle, engages for a moment, and then releases.
- Practice with the amount of pressure you use to hold the two fingers on the left hand together. The pressure needs to be strong enough to give a clear response yet light enough to allow an opening for a "no" response.
- Practice saying, *Show me a "yes"* and *Show me a "no"* until you get clear answers.

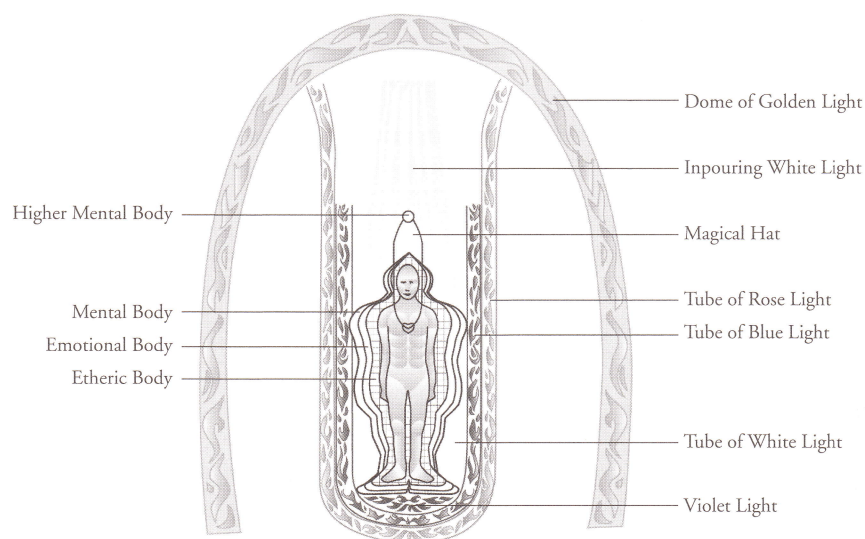




## APPENDIX C

# *The Tubes of Light Meditation*

The purpose of the *Tubes of Light* meditation is to create harmonious space in and around you. You will attract more peace and feel less influenced by the vibrations of negative people and places. Ideally, use it at least twice daily, in the morning and before you go to sleep.



### To Practice the Meditation on Your Own

- 1) Stand or sit facing one of your Diamond Feng Shui personal best directions. (See Appendix F.)
- 2) Create a tube of white light:
  - Visualize that your whole physical body is filled with crystal white light and the highest level of Qi, like pure mountain air. This white light comes in from above your head and moves slowly down toward your feet. Clear out all the dense energy in your body toward your feet, where the earth will transform it.
  - Now expand the crystal white light. Visualize filling your whole aura field, a five- to six-foot diameter around your body. All the negative emotions and thoughts that are in the energy field around your body are being cleared. Let them move toward your feet, where the earth will transform them.
  - This creates a sacred space of light in and around you.
- 3) Confirm your sacred space with a tube of blue light:
  - Now that you have cleared your body and aura, guard that space with blue light. Visualize a tube of royal blue light all







- around you, outside the circle of white light, as high as your arms can reach above your head. Create a bottom to the tube under your feet that connects with the earth.
- Your intention for the blue light is that no negative energy can invade your sacred space for the rest of the day or night.
  - Now intensify this royal blue light by visualizing that the tube of blue light becomes a wall of royal blue flames.
- 4) Open yourself to heavenly support with a tube of rose light:
- Now that you have confirmed your sacred space with the tube of blue light, tell the universe what kind of energy you want to come to you. By visualizing a tube of rose light around the outside of the blue light, you put the intention out that you are supported by the universe and that you connect with the unlimited source of life.
  - Visualize a tube of rose light all around the tube of blue light. Let this rose light go as high as you can visualize, reaching the unlimited energy of the universe. Make it complete by visualizing it under you, connecting with the support of the earth.
  - Connect consciously with anyone you wish to for heavenly support. This could be God, Jesus, Buddha, Mohammed, angels, native spirits, or just the almighty energy that is in the universe.
  - Intensify this light by visualizing that the tube of rose light becomes a rose wall of flames, surrounding you with love and support.
- 5) Release dense energy:
- Now that you have surrounded yourself with heavenly support, do a stronger personal space clearing. The more you release your inner shadow, the less disharmony you will attract into your life.
  - Visualize a violet light coming from under your feet, up through your whole body, and about one arm's-length above your head. Use this light to clear anything that is still limiting your full potential and awareness.
- 6) Connect with your higher mental body:
- Now that your tubes of light are in place, focus on a point one arm's length above the top of your head. Imagine wearing a magical hat. Focus on the top of the hat. Visualize a clear bright light there, and let your magical hat unfold onto your head. This connects you to your higher mental body.
- 7) Attract the abundance of the universe:
- Visualize a golden dome coming down over your tubes of light and magical hat. It brings in the abundance of the universe, like golden dust coming into your personal sacred space as well as your environment.

## The Dowsing Tubes of Light Meditation

The following is a transcript of the *Dowsing Tubes of Light* meditation on your CD (Track 3).

In case you are not familiar with the terms atlas or solar plexus, here are brief definitions.

**Atlas:** The atlas, the first vertebrae of the cervical spine, supports the weight of the head. It is named for the mythical Greek God who supported the weight of the world on his shoulders.

**Solar Plexus:** The solar plexus is a dense cluster of nerves in the abdominal cavity. It sits below the sternum and behind the stomach and sends nerve impulses to the abdominal viscera. The solar plexus chakra supports the spleen, pancreas, stomach, and liver. It is an emotional center associated with psychic intuition.

\*\*\*\*\*

Close your eyes and sit in a relaxed position. Have your arms and legs uncrossed with your hands resting on your lap without your thumbs touching.

Breathe in and out. I invite you to focus your mind into a pleasant state of relaxed awareness.

Right now, take a deep breath in, filling your lungs fully, and as you slowly and gently exhale think of the word relax repeating in a space behind your eyes.

Imagine a pleasant wave of relaxation flowing from the top of your head all the way down to the soles of your feet. Along the way this wave of relaxation can relax the muscles of your face, your shoulders and arms, your torso, pelvis, and all the way down through the muscles of your legs and feet, to the soles of your feet and out. Enjoy this state of increased freedom and ease. You can allow the wave of relaxation to flow down through your body several times.

Now, allow the universal energy, called qi, to come into your body. Fill your whole body with qi. Visualize the energy as crystal white light, very bright, pure, brilliant crystal white light, coming from the universe. First it fills your head. All your senses are filled with crystal white light, your eyes, your ears, filled with crystal white light, your nose, your mouth, filled with crystal white light. Your whole head, your neck, your shoulders, are filling with this universal energy. Make it as bright as you can. Let it just flow into your arms and down to your fingertips. Light, bright light. Let it go to your torso and fill it with crystal white light, sparkling diamond light, every organ of your body, filled with this light, bright light, your hips, your spine, from your atlas to your tailbone, is filled with crystal white diamond light. Let it flow to your legs, and knees, to the tip of your toes. Let every cell of your body become light, bright brilliant light. Totally relaxed, totally clear. You are the universe within you. Focus on every cell of your body. You are as pure and strong as the crystal white light of the universe.

Now visualize crystal white light coming into your etheric body, the two to three inches around your physical body. Let it come like a rain shower from above, washing down all the impressions, all the energy that is stuck or





that you no longer need. Give the energy to Mother Earth knowing that she is transforming it back into beautiful energy. Feel how fresh it becomes around you, especially your back and shoulders, your arms and fingers where you will hold the dowsing rods, and around your feet as you will walk the earth to find stress. Wash the old impressions off. Your etheric body is now pure and clean, all the old energies washed away.

Now visualize crystal white light coming into your emotional body, one foot around the etheric body. Let it come like a rain shower from above, washing down all the impressions, all the energy that is stuck or that you no longer need. Any emotional energy that may block you from Diamond Dowsing, let it flow away with the crystal white light to the earth where it will be transformed. Any doubts, fears, or hesitations you have now for Diamond Dowsing just let all this flow away. Feel how fresh it becomes around you. Focus on your solar plexus and visualize very strong crystal white light there. This is extra protection for you, to block any emotional energy from where you will dowse. You can even visualize in the crystal white light, at the level of your solar plexus, a symbol of protection, any symbol you feel comfortable with. Breathe in and out, and feel that you have a whole new emotional body now. Focus on flowing the emotional energy down to your feet, all this is given to the earth.

Now focus on the top of your etheric body, and imagine you are gently grabbing the top of it above the top of your head. You stretch the etheric body to the top of your emotional body. Feel that the two bodies are clicking together just above the top of your head.

Now focus on your mental body, which reaches another foot outside your emotional body. The universal energy, the crystal white light, let it flow into your whole mental body, left and right, front and back. Any ideas you have that are limiting you, let them flow down, let them flow with this universal energy, this bright light, to the earth that will transform them.

Focus on the top of your emotional body, where it is clicked together with your etheric body, and stretch that point up to the top of your mental body. Click them together. You have created a single point for your entire personality body.

Now focus on the energy point one arms length above your head. This point is called the higher mental body and it's the top of an imaginary magical hat. Create a bridge going from the point of your entire personality body to the crystal white light that is the top of your magical hat. You click them together and your magical hat unfolds, the right and left brain in perfect balance.

While you are creating the next tubes of light maintain your focus on the top of your magical hat. When you dowse you do so from that energy point.

You have created your tube of white light. Focus now on creating a tube of royal blue light, calling in the power of the universe that you are. Visualize around the tube of white light a circle of dazzling royal blue light, around you and under your feet. This royal blue energy allows you to create your own space where only the power of the universe can work. Whatever you connect with in this house, all the energies of stress, you are protected from it because you have created your own powerful, sacred space.



Strengthen this royal blue energy coming down from the universe, wrapping under your feet, and connecting with the power of the earth. The tube is open on top, a beautiful tube of royal blue light, and know that you are the power within you and around you.

Now focus on the rose light of the universe, radiating love and support, and bring in this as another tube of light, coming down from the universe from as high as you can imagine, around you and wrapping under your feet. While you are creating your rose tube of light, know that you will be totally supported by the universe in dowsing. If you wish, connect now with anyone who loves and supports you spiritually. It can be any name of God you want to use, angels, masters, or loved ones. I will be with you, supporting and loving you. Experience the oneness of the universe.

Now that you have created a powerful place and all the support you need, visualize from your feet, from the earth itself, violet light blazing up through your whole body and personality body. If there is any residue of limitations, energies that are blocking you, this can all be released now. Visualize the violet light surging through your body, flowing out above your head, above the top of your magical hat, and up to the universe.

Focus again on the top of your magical hat, take your dowsing sticks in your hands, and connect through the dowsing sticks with the universe. Visualize the brilliant golden light of the universe. Bring a golden dome of golden light over you, knowing that whatever dowsing work you do will be perfect according to the laws of the universe. When you feel ready you can open your eyes and step into the world as a master of dowsing.







## APPENDIX D

# *Your Dowsing Paraliminal*

Paraliminal literally means “beyond the threshold of conscious awareness,” derived from the Latin prefix “para” (beyond) and “liminal” (threshold). With the Paraliminal technology of your *Diamond Dowsing* Paraliminal session, you will hear separate messages coming into each ear from Paul Scheele and Marie Diamond. However, it is beyond the conscious mind’s ability to listen to these messages simultaneously for more than a few moments. The result is an enjoyable multilevel communication to different hemispheres of the brain.

Rather than listening to one voice or another, relax into the middle of the voices. Let the words flow over your mind as you expand your internal awareness and relaxation. Enjoy letting your conscious mind observe the flow of ideas without concern for full understanding. The nonconscious resources of your mind process everything and send key ideas to the conscious mind as needed.

- Listen to your Paraliminal learning session with stereo headphones.
- Ideally, create a quiet time to focus your mind inward. Be in an environment relatively free from distractions.
- Do not listen to your Paraliminal recording when driving or operating machinery.
- Sit or lie back with your eyes closed so that you can devote your conscious and nonconscious attention to learning.
- If you are interrupted at any time during the listening session, simply open your eyes, deal with the interruption, and then continue where you left off.

To enjoy the benefits of *Paraliminal Sleep Learning*, set your audio player to repeat the Paraliminal Sleep Learning track (Track 9). Adjust the volume so that you can tune out the sound as you sleep. Waking is an indication that your mind has completed the process, so turn off the player at that time. Use the Paraliminal sleep-learning feature as often as you like.

Holosync audio tones have been embedded in your Paraliminal recording, increasing your ability to benefit and learn from the Paraliminal session.

Centerpointe Research Institute’s Holosync audio technology, when used with stereo headphones, creates the electrical brain wave patterns of many desirable states, including deep meditation, increased creativity, focus, concentration, and accelerated learning ability. Holosync use creates new neural pathways between the left and right brain hemispheres, balancing the brain, enhancing mental/emotional health, improving mental functioning and self-awareness, and healing unresolved emotional problems.

For more information on how you can use Holosync to accelerate mental, emotional, and spiritual growth, and to receive a free Holosync demo CD and a free special report, visit [www.Centerpointe.com](http://www.Centerpointe.com).

For more information about using Paraliminis, read the articles on our website at [www.LearningStrategies.com/Paraliminal](http://www.LearningStrategies.com/Paraliminal).





## APPENDIX E

# *The Release Meditation*

The following is a transcript of the *Release* meditation and its instruction on your CD (Tracks 5 and 6).

\*\*\*\*\*

Hello. This is Marie Diamond. I am going to guide you in a meditation to release energy forms in your environment. These can be mental, emotional, or spiritual energy forms. Think of this as a beautiful healing work, as you assist these energies to move on to the next level, leaving pure energy around you.

If you like, you can memorize the words I use in order to do the meditation on your own or you can choose to simply play this recording aloud when you wish to do this releasing process and follow along as I lead you through it.

It is essential that you, and anyone participating in the meditation to release energy forms, first go through the extended tubes of light meditation on the preceding section of this recording. The tubes of light prepares your personal energy and protects your personal sacred space as you go through the process of releasing energy forms.

To begin, be in the space where you believe there are energy forms. You can be anywhere in the building or on the land, wherever you feel most comfortable. If you have one, place a large copper energy ring on the ground with the three little balls set in a triangle. The top of the triangle should be positioned the furthest away from you. If you are with other people doing this work, hold each others hands and form a circle around the copper energy ring. If you are alone, stand about one foot from the energy ring, hold your arms out and open your hands. Be sure that anyone participating in the meditation is standing facing one of their personal best directions. You can find these listed in your dowsing course manual. Now we will begin.

As you close your eyes, breathe in and out, and connect with the universal energy. Focus on the top of your magical hat, which is a point about one arms length above your head, and fill this space where you are standing with crystal white light. Ask the universe, God, your master, or spiritual guides, to be with you in this room. I will be with you now. If you're holding hands with a circle of people, I am taking a space in this circle with you, I'm part of the circle now. If you're alone, I'm standing next to you and holding your hand.

We are here today in harmony with this place, the people living or working here. First, we are going to clear the energy for the whole space. Visualize crystal white light radiating from where we are throughout all the rooms, the whole building, even to the property line. Let us radiate out this crystal white light as far as we can go. Fill the whole space with crystal white light, asking the universe that all that is light remains here. All that is not clear pure white light, we ask these energies to leave now and to go to the place in the universe where they belong. We ask that only brilliant crystal white light remain in this place and on this property.



We now call in a royal blue circle of energy around this place, bringing the power of the universe for protection. We call in a rose circle of energy around the blue circle, bringing the love and support of the universe. We call in the violet energy of forgiveness and detachment to come from the earth in the center of this space, this home, this property, this land. If there is anything here now from the past; experiences, actions, emotions, thoughts, we ask them to release now. Go to the violet energy, a huge violet fire in the center. We ask all these energies to release now and go to that circle of violet fire, go to the universe.

We now open an entrance to the circle, opening hands between people in the circle and create space around the copper ring.

We now speak to all the wandering spirits that have attached themselves to this home, this property, this land, all the ones that have passed away, come to the circle, to this energy ring. See this energy ring as an elevator of light, a portal. Step into the elevator, go to the universe and find the right place, the right time, the right loved one to continue your evolution on your journey to God.

We ask all the wandering spirits to come now, there is no judgment from our part, only true compassion. We ask you not to connect and stay with us, we are here simply to help you move on to the next dimension of your journey. We honor and respect you, whoever you were, whatever you did in your life, whatever happened, now is the time to let go. Go to the next level of your existence.

Come into this circle, come into the energy ring and let go. Whatever you believed in, whatever name of God you had, follow the light now. If anyone is present here that you feel attached to in an emotional or spiritual way just say goodbye and let go now. Only on the other side will you be helpful to the people that are living here. In this dimension of experience you are limited without your physical body. You can only regain a physical body, the experience of support, when you pass on through the elevator of light into the next dimension.

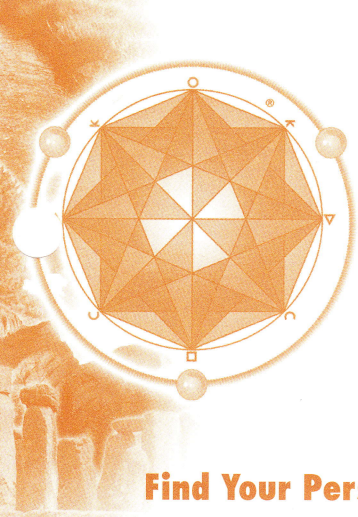
If any wandering spirit is still around the circle, this is no longer your time to stay with us. Go into the energy ring and go forward. This is no longer your time or space to live. Others will take over the care of everything. Step into the elevator, go to the universe and find the right place, the right time, the right loved one to continue your evolution on your journey to God.

Now we gently close the circle, close the energy, and come back to ourselves. Pick up the energy ring now so the portal is no longer there and rejoin hands in the circle.

Now visualize the golden light of the universe and create a golden dome of energy. See the golden dust floating down around all the people present, knowing that all is perfect, all changes were done in perfect alignment with the universe. Whatever you want to express now towards the beings that passed on you can share, whatever comes in your heart. Then, when you are ready, you can open your eyes, and smile, knowing that you have done well. Not only for this home, this property, this land, but for all the beings you have brought to another dimension. Feel a warmth and a great fullness in your heart, you have done very well.







## APPENDIX F

# *Personal Best Directions and Fortune Element*

### Find Your Personal Energy Number

Use this chart to find your personal energy number and fortune element.

Year	From - To	Fortune Element	Male Personal Energy Number	Female Personal Energy Number
1920	Feb 20, 1920 - Feb 7, 1921	Wood	8	7
1921	Feb 8, 1921 - Jan 27, 1922	Wood	7	8
1922	Jan 28, 1922 - Feb 15, 1923	Water	6	9
1923	Feb 16, 1923 - Feb 4, 1924	Water	5	1
1924	Feb 5, 1924 - Jan 23, 1925	Metal	4	2
1925	Jan 24, 1925 - Feb 12, 1926	Metal	3	3
1926	Feb 13, 1926 - Feb 1, 1927	Fire	2	4
1927	Feb 2, 1927 - Jan 22, 1928	Fire	1	5
1928	Jan 23, 1928 - Feb 9, 1929	Wood	9	6
1929	Feb 10, 1929 - Jan 29, 1930	Wood	8	7
1930	Jan 30, 1930 - Feb 16, 1931	Earth	7	8
1931	Feb 17, 1931 - Feb 5, 1932	Earth	6	9
1932	Feb 6, 1932 - Jan 25, 1933	Metal	5	1
1933	Jan 26, 1933 - Feb 13, 1934	Metal	4	2
1934	Feb 14, 1934 - Feb 3, 1935	Fire	3	3
1935	Feb 4, 1935 - Jan 23, 1936	Fire	2	4
1936	Jan 24, 1936 - Feb 10, 1937	Water	1	5
1937	Feb 11, 1937 - Jan 30, 1938	Water	9	6
1938	Jan 31, 1938 - Feb 18, 1939	Earth	8	7
1939	Feb 19, 1939 - Feb 7, 1940	Earth	7	8
1940	Feb 8, 1940 - Jan 26, 1941	Metal	6	9
1941	Jan 27, 1941 - Feb 14, 1942	Metal	5	1
1942	Feb 15, 1942 - Feb 4, 1943	Wood	4	2
1943	Feb 5, 1943 - Jan 24, 1944	Wood	3	3
1944	Jan 25, 1944 - Feb 12, 1945	Water	2	4
1945	Feb 13, 1945 - Feb 1, 1946	Water	1	5
1946	Feb 2, 1946 - Jan 21, 1947	Earth	9	6
1947	Jan 22, 1947 - Feb 9, 1948	Earth	8	7
1948	Feb 10, 1948 - Jan 28, 1949	Fire	7	8
1949	Jan 29, 1949 - Feb 16, 1950	Fire	6	9
1950	Feb 17, 1950 - Feb 5, 1951	Wood	5	1
1951	Feb 6, 1951 - Jan 26, 1952	Wood	4	2
1952	Jan 27, 1952 - Feb 13, 1953	Water	3	3
1953	Feb 14, 1953 - Feb 2, 1954	Water	2	4
1954	Feb 3, 1954 - Jan 23, 1955	Metal	1	5
1955	Jan 24, 1955 - Feb 11, 1956	Metal	9	6
1956	Feb 12, 1956 - Jan 30, 1957	Fire	8	7
1957	Jan 31, 1957 - Feb 17, 1958	Fire	7	8
1958	Feb 18, 1958 - Feb 7, 1959	Wood	6	9
1959	Feb 8, 1959 - Jan 27, 1960	Wood	5	1
1960	Jan 28, 1960 - Feb 14, 1961	Earth	4	2
1961	Feb 15, 1961 - Feb 4, 1962	Earth	3	3
1962	Feb 5, 1962 - Jan 24, 1963	Metal	2	4
1963	Jan 25, 1963 - Feb 12, 1964	Metal	1	5
1964	Feb 13, 1964 - Feb 1, 1965	Fire	9	6
1965	Feb 2, 1965 - Jan 20, 1966	Fire	8	7

Year	From - To	Fortune Element	Male Personal Energy Number	Female Personal Energy Number
1966	Jan 21, 1966 - Feb 8, 1967	Water	7	8
1967	Feb 9, 1967 - Jan 29, 1968	Water	6	9
1968	Jan 30, 1968 - Feb 16, 1969	Earth	5	1
1969	Feb 17, 1969 - Feb 5, 1970	Earth	4	2
1970	Feb 6, 1970 - Jan 26, 1971	Metal	3	3
1971	Jan 27, 1971 - Feb 14, 1972	Metal	2	4
1972	Feb 15, 1972 - Feb 2, 1973	Wood	1	5
1973	Feb 3, 1973 - Jan 22, 1974	Wood	9	6
1974	Jan 23, 1974 - Feb 10, 1975	Water	8	7
1975	Feb 11, 1975 - Jan 30, 1976	Water	7	8
1976	Jan 31, 1976 - Feb 17, 1977	Earth	6	9
1977	Feb 18, 1977 - Feb 6, 1978	Earth	5	1
1978	Feb 7, 1978 - Jan 27, 1979	Fire	4	2
1979	Jan 28, 1979 - Feb 15, 1980	Fire	3	3
1980	Feb 16, 1980 - Feb 4, 1981	Wood	2	4
1981	Feb 5, 1981 - Jan 24, 1982	Wood	1	5
1982	Jan 25, 1982 - Feb 12, 1983	Water	9	6
1983	Feb 13, 1983 - Feb 1, 1984	Water	8	7
1984	Feb 2, 1984 - Feb 19, 1985	Metal	7	8
1985	Feb 20, 1985 - Feb 8, 1986	Metal	6	9
1986	Feb 9, 1986 - Jan 28, 1987	Fire	5	1
1987	Jan 29, 1987 - Feb 16, 1988	Fire	4	2
1988	Feb 17, 1988 - Feb 5, 1989	Wood	3	3
1989	Feb 6, 1989 - Jan 26, 1990	Wood	2	4
1990	Jan 27, 1990 - Feb 14, 1991	Earth	1	5
1991	Feb 15, 1991 - Feb 3, 1992	Earth	9	6
1992	Feb 4, 1992 - Jan 22, 1993	Metal	8	7
1993	Jan 23, 1993 - Feb 9, 1994	Metal	7	8
1994	Feb 10, 1994 - Jan 30, 1995	Fire	6	9
1995	Jan 31, 1995 - Feb 18, 1996	Fire	5	1
1996	Feb 19, 1996 - Feb 6, 1997	Water	4	2
1997	Feb 7, 1997 - Jan 27, 1998	Water	3	3
1998	Jan 28, 1998 - Feb 15, 1999	Earth	2	4
1999	Feb 16, 1999 - Feb 4, 2000	Earth	1	5
2000	Feb 5, 2000 - Jan 23, 2001	Metal	9	6
2001	Jan 24, 2001 - Feb 11, 2002	Metal	8	7
2002	Feb 12, 2002 - Jan 31, 2003	Wood	7	8
2003	Feb 1, 2003 - Jan 21, 2004	Wood	6	9
2004	Jan 22, 2004 - Feb 8, 2005	Water	5	1
2005	Feb 9, 2005 - Jan 28, 2006	Water	4	2
2006	Jan 29, 2006 - Feb 17, 2007	Earth	3	3
2007	Feb 18, 2007 - Feb 6, 2008	Earth	2	4
2008	Feb 7, 2008 - Jan 25, 2009	Fire	1	5
2009	Jan 26, 2009 - Feb 13, 2010	Fire	9	6
2010	Feb 14, 2010 - Feb 2, 2011	Wood	8	7
2011	Feb 3, 2011 - Jan 22, 2012	Wood	7	8
2012	Jan 23, 2012 - Feb 9, 2013	Water	6	9
2013	Feb 10, 2013 - Jan 30, 2014	Water	5	1
2014	Jan 31, 2014 - Feb 18, 2015	Metal	4	2
2015	Feb 19, 2015 - Feb 7, 2016	Metal	3	3
2016	Feb 8, 2016 - Jan 27, 2017	Fire	2	4
2017	Jan 28, 2017 - Feb 15, 2018	Fire	1	5
2018	Feb 16, 2018 - Feb 4, 2019	Wood	9	6
2019	Feb 5, 2019 - Jan 24, 2020	Wood	8	7
2020	Jan 25, 2020 - Feb 11, 2021	Earth	7	8
2021	Feb 12, 2021 - Jan 31, 2022	Earth	6	9
2022	Feb 1, 2022 - Jan 21, 2023	Wood	5	1
2023	Jan 22, 2023 - Feb 9, 2024	Wood	4	2
2024	Feb 10, 2024 - Jan 28, 2025	Fire	3	3





## Your Personal Best Directions

Use your personal energy number and the chart below to identify your four best directions linked to success, health, relationships, and growth.

DIRECTION NAME	PERSONAL ENERGY NUMBER									
	1	2	3	4	MALE 5	FEMALE 5	6	7	8	9
SUCCESS	SE	NE	S	N	NE	SW	W	NW	SW	E
HEALTH	E	W	N	S	W	NW	NE	SW	NW	SE
RELATIONSHIPS	S	NW	SE	E	NW	W	SW	NE	W	N
GROWTH	N	SW	E	SE	SW	NE	NW	W	NE	S

EAST OR WEST GROUP	E	W	E	E	W	W	W	W	W	E
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### COMPASS READINGS FOR EACH DIRECTION

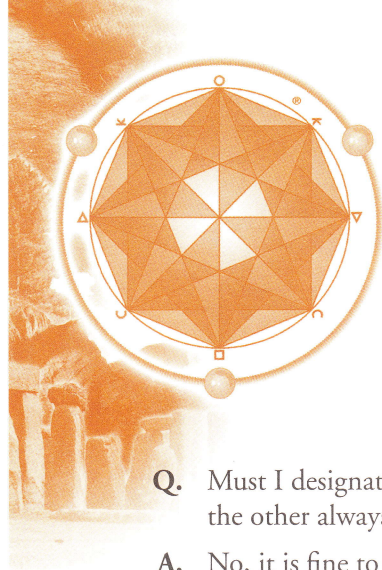
SW = 202.5° to 247.5°    W = 247.5° to 292.5°    NW = 292.5° to 337.5°  
 N = 337.5° to 22.5°    NE = 22.5° to 67.5°    E = 67.5° to 112.5°  
 SE = 112.5° to 157.5°    S = 157.5° to 202.5°

## Fortune Element Colors

When you dowse, you can wear colors from your Diamond Feng Shui fortune element. Your fortune element is one of the five elements (fire, earth, metal, water, and wood) that will create more good fortune for you.

FORTUNE ELEMENT	FORTUNE COLORS
Fire	Fire colors: red, orange, yellow, purple, rose, ruby, cherry red, fuchsia, magenta
Earth	Earth tones: yellow, orange, rose, brown, red, beige
Metal	White, silver, gold, copper, grey
Water	Blue and black
Wood	Green and brown





## APPENDIX G

# Frequently Asked Questions

- Q.** Must I designate one dowsing rod always for my right hand and the other always for my left hand?
- A.** No, it is fine to interchange the dowsing rods in your hands.
- Q.** When using only one dowsing rod, such as when measuring the level of energy in a room, does it matter whether I hold it in my left hand or right hand? Should I always use the same hand?
- A.** It does not matter which hand you use, but more than likely you will naturally tend to use your dominant hand. If you are comfortable using both hands, either is perfectly fine.
- Q.** How important is the timing of my movement as I dowse? For example, after asking a question, how long must I wait before moving? Do I have to walk in order to get an answer, or can I just remain stationary?
- A.** Your movement depends on the information you are seeking. Move a step or two into the area when you ask: *Is there geopathic stress in this room?* or *How many geopathic stress lines are there?* Then when looking for the stress, ask: *Where is the geopathic stress?* Or say: *Show me geopathic stress.* Then begin slowly walking to find the stress.
- Q.** Is there a standard range of movement I should see in my rods when asking questions?
- A.** The range of movement of the rods will vary from dowser to dowser. At first your rods may only make the smallest movement when opening with a “yes” response. As you become more attuned to your higher state of awareness, the rods will become more responsive and open wider.
- Q.** What does it mean when I ask for the energy level of a room and the rods do not move?
- A.** It could mean that the energy level of the room is neutral. Or it may mean that you are not connected with your higher awareness. Be patient with yourself and try again. Consider doing the *Tubes of Light* meditation to balance your left and right brain hemispheres and reconnect with your higher awareness.



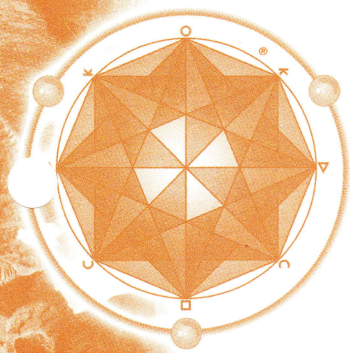




- Q.** What can I do if the rods do not respond?
- A.** If you have trouble dowsing, there may be a personal zone for you affecting your dowsing or an interference line. Before you begin with the regular dowsing protocol, ask: *Is there a personal zone for me on dowsing?* Then check to see if there is an interference line affecting your dowsing. If there is one, cure it and continue with the regular protocol. If your rods still do not respond, spend more time meditating with the tubes of light to connect with your higher awareness. Put your rods away for one full week. Do the *Dowsing Tubes of Light* meditation two times daily during that week and then try again.
- Q.** What should I do if I get a different response when I ask the same question more than once?
- A.** When the answer varies, keep trying. Ask the same question several times, and go with the response you get most often. You can also practice asking simple yes or no questions to get a better feel for how the rods respond for you.
- Q.** How do I ensure that my mind is not influencing the answers from my dowsing rods?
- A.** Place your faith in your higher awareness, trusting the response of the universal energy. Whenever you feel yourself doubting your experience, do the *Tubes of Light* meditation to strengthen your connection to your higher awareness.
- Q.** How can I verify answers to my questions?
- A.** You can verify your answers through muscle testing, a technique where the body responds to questions. See Appendix B for instructions. You can also work with a partner to compare answers. Third, ask questions for which you know the answer, and see what the rods say.
- Q.** What information about a person's home can I get by doing muscle testing with them away from home?
- A.** You can use muscle testing in distance dowsing the same way you would if you were actually in the person's home. For instance, you can test their energy strength before you begin dowsing the home. Be sure the person closes their eyes and visualizes being in their home. After you determine where the stress needs to be cured, you can then muscle test again, asking: *When this geopathic stress is cured, how strong are you?*

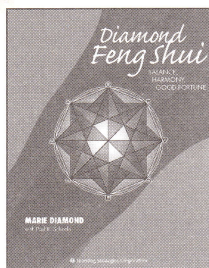
- Q.** What should I do when a cure has been moved or accidentally knocked out of place?
- A.** Check the placement of your cures from time to time. If a cure is out of place, refer to the room diagram, if you made one, and replace the cure. Or dowsing the area again to find the line/zone and replace the cure. Try to secure the copper sticks so that they stay in place. If you can, place a rug over them so they are less likely to be moved.
- Q.** Can I ask spiritual energy forms to leave my home if I do not know their names?
- A.** Yes. Just ask all energy forms to leave your space. It is yours, and they will leave. If you are doing a space clearing in someone else's home, that person can request the energy forms to leave. Or, after creating an energy portal, you can say: *What is from the light can stay. What is not from the light must go.*
- Q.** Can I use my dowsing rods to ask questions about future events?
- A.** Diamond Dowsing, including your dowsing rods, can help you work with the energies around you, your family, and your friends. In this course they are not presented as divining tools for foretelling the future or choosing lottery numbers. Remember, objectivity and highest good are the foundation for the best dowsing results.
- Q.** Can I use my dowsing rods and cures while traveling?
- A.** Yes. You can take your dowsing rods, copper sticks, and energy rings wherever you go.
- Q.** Does it matter what I wear while I dowsing?
- A.** If you can, wear colors from your fortune element. You will find your fortune element and colors in Appendix F. Avoid wearing black.
- Q.** How do I purchase energy rings, dowsing rods, or copper sticks?
- A.** Contact Learning Strategies to purchase. You can visit the website at [www.LearningStrategies.com/Dowsing/Tools](http://www.LearningStrategies.com/Dowsing/Tools).





# Tools for Learning

We publish what we believe to be the finest programs in self-improvement, education, and health to help you maximize your potential. All programs come with success coaching as well as the money-back satisfaction guarantee.

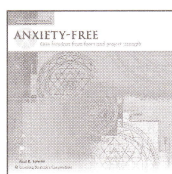


## **Diamond Feng Shui** *Balance, Harmony, Good Fortune*

by Marie Diamond with Paul Scheele

Universal energy continuously flows in and around our homes and workplaces. Learn to attract positive energy and deflect negative energy so that you experience fortune and happiness in the four main areas of living: success, health, relationships, and spiritual growth.

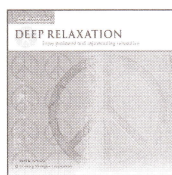
Feng Shui master Marie Diamond shows how universal energy responds to you personally, including how a room with good Feng Shui actually stimulates your brain to access desirable alpha brain waves. You also learn how to energize your home and workplace, reduce stagnant energy, and harness a type of dynamic energy that ebbs and flows over time.



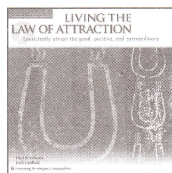
## **Paraliminal Sessions**

by Paul R. Scheele

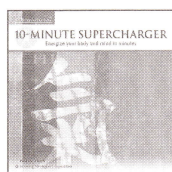
If you find your best intentions to improve your memory falling by the wayside, consider listening to Paraliminal learning sessions.



Paul R. Scheele created the Paraliminal learning technology to help people experience their potential. By activating both hemispheres of your brain with a precise blend of music and words you can readily make necessary changes or enhancements that support your goal.



- *New Behavior Generator.* Use Session A to move past behaviors that keep you from attaining a goal. Use Session B to model another person's behavior.

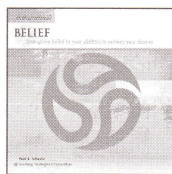
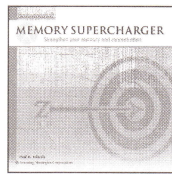
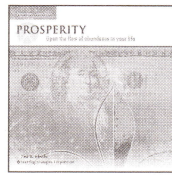


- *Self-Esteem Supercharger.* Build confidence in your ability to improve your memory, among other things. Immediately feel good about yourself.

- *Anxiety-Free.* Gain freedom from fear and anxieties. Project strength.

- *Get Around To It.* Eliminate procrastination. Be compelled to do what you need to do, including using the tricks of the *Memory Optimizer*.

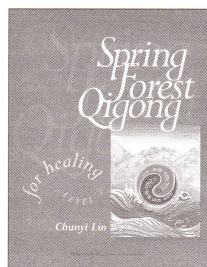
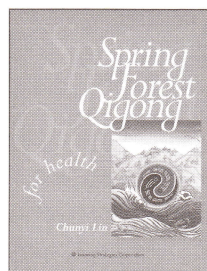




- *Automatic Pilot*. Eliminate negative self-talk and vaporize self-sabotage.
- *Belief*. Strengthen belief in your ability to accomplish anything, including optimizing your memory.
- *New History Generator*. Use this program whenever you feel limited by past incidences, emotions, or memories.
- *Dream Play*. Program and remember your dreams.
- *Prosperity*. Bring abundance into any area of your life.
- *Memory Supercharger*. A perfect complement to your *Memory Optimizer*. This session is included with the *PhotoReading Personal Learning Course*.
- *Personal Genius*. Get into the flow state for learning. Like the *Memory Supercharger*, this session complements your *Memory Optimizer*.

Other Paraliminal sessions include: *Living the Law of Attraction*, *You Deserve It!*, *Happy for No Reason*, *Focus and Concentration*, *Creating Sparks*, *Break the Habit*, *Peak Performance*, *Talking to Win*, *New Option Generator*, *Ideal Weight*, *Positive Relationships*, *Sales Leap*, *Smoke-Free*, *Deep Relaxation*, *Holiday Cheer*, *Instantaneous Personal Magnetism*, *Perfect Health*, *10-Minute Supercharger*, and *Youthful Vitality*.

More information on Paraliminal learning, including an article called *Foundation and Research*, can be found on our web site, [www.LearningStrategies.com/Paraliminal](http://www.LearningStrategies.com/Paraliminal).



## Spring Forest Qigong For Health and Healing

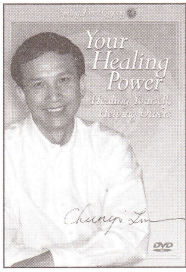
By Chuyi Lin

For thousands of years the Chinese elite have known that controlled breathing techniques combined with focused concentration and simple movements can significantly improve one's health.

They call this practice Qigong (pronounced "chee-gong"). Chuyi Lin, a Qigong master with over 25 years experience has demystified this ancient practice and made it practical for today's modern people. His *Spring Forest Qigong* course guides you through learning simple, easy-to-follow exercises for a vibrant sense of energy and well-being. With the practice of Qigong you can take away stress, pain, and sickness at speeds that will amaze anyone...leaving you with more energy.



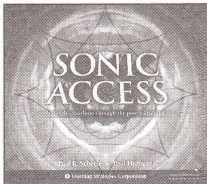




## **Your Healing Power** *Healing Yourself, Helping Others*

by Chunyi Lin

This DVD follows a 6-day retreat led by teacher and healer Chunyi Lin and organized by Learning Strategies. In *Your Healing Power*, you'll see practitioners use Spring Forest Qigong, hear their commentary and personal insights, and witness miraculous healings. You will learn a soothing chant that helps heal the body, an easy way to reap healthful benefits of fasting, Chunyi Lin's process for helping another person heal, a powerful group healing method that you can use at home, and a sample exercise to experience the healing benefits of Spring Forest Qigong.



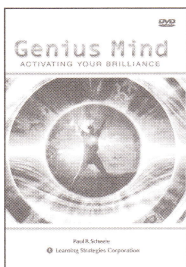
## **Sonic Access** *Instantly Transform Through the Power of Sound*

by Paul R. Scheele and Paul Hoffman

*Sonic Access* truly is the most mind-blowing personal transformation program we've ever published. In one extraordinary program, we've brought together Paul Scheele's unique Paraliminal technology, the cutting-edge audio frequencies of Holosync, the energy principles of *Diamond Feng Shui*, and the healing sounds of *Spring Forest Qigong*, all wrapped up in the most beautiful and transformative music you will ever experience.

There are no exercises to do. Nothing to practice. No homework.

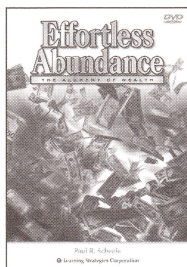
Paul Scheele and Paul Hoffman have created these soothing, meditative sessions so you can tap into all levels and layers of your being—right down to your DNA. After just one listening, you'll immediately begin your transformation toward greater success, richer relationships, balanced health, and spiritual growth. *Sonic Access* includes nine audio sessions and a comprehensive course manual.



## **Genius Mind DVD** *Activating Your Brilliance*

by Paul R. Scheele

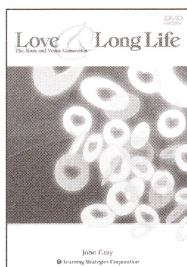
Forget boring talks about “brain power”... this is a rock concert of mental potential. You'll see how the brain works and learn how to use this knowledge to further your financial, relationship, and academic success.



## **Effortless Abundance** *The Alchemy of Wealth DVD*

by Paul R. Scheele

Most traditional self-improvement approaches and wealth-making programs try to get your conscious mind to control your success. Paul Scheele shows you how to step out of the limited conscious mind's desire to control your life. He helps you gain access to a powerful—yet seldom used by everyday people—way of thinking that produces miraculous results.



## **Love and Long Life** *The Mars and Venus Connection DVD*

by John Gray

Renowned relationship expert and best-selling author John Gray uses his phenomenal metaphor of “men are from Mars and women are from Venus.” He explains the difference between men and women and gives concrete advice for creating the brain chemistry of health, happiness, and lasting love. Based on cutting-edge research from his book “The Mars and Venus Diet and Exercise Solution,” John shares new findings of gender-specific solutions for optimizing brain chemistry, diet, exercise, stress management, and romance.

## **How to Order or Enroll**

To order the products, please use the order form that came with your course. Additional information can be found on our website, [www.LearningStrategies.com](http://www.LearningStrategies.com) or by calling toll-free 1-888-800-2688.

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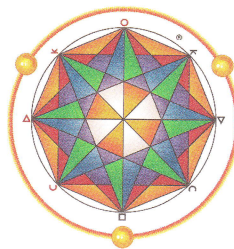
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*58 - Diamond Dowsing*

# Diamond Dowsing



## DVD 1

### Chapter 1:

#### Introduction to Dowsing

##### Special Features:

- Marie's Personal Dowsing Story
- Dowsing Through History
- Personal Stress
- Dowsing and Feng Shui

### Chapter 2:

#### Using Your Dowsing Rods

##### Special Features:

- Balanced and Connected
- Tubes of Light
- Asking Questions About Yourself
- Throwing Prana
- Questions and Answers

### Chapter 3: Geopathic Stress

##### Special Features:

- High-Rise Buildings
- Roman Roadways
- Living on an Aquifer
- Questions and Answers

### Chapter 4: Geopathic Stress (Continued)

##### Special Features:

- Cross Points and Health
- Questions and Answers

## DVD 2

### Chapter 5: Energy Levels

##### Special Features:

- Balancing Exercise
- Tips and Alternatives
- Checking Products

### Chapter 6:

#### Hartmann and Curry Lines

##### Special Features:

- Interior Rooms
- Outlets and Appliances
- Energy Rings
- Questions and Answers

### Chapter 7: Interference Lines

##### Special Features:

- Hertz Frequencies
- Identifying Interference
- Questions and Answers

### Chapter 8: Personal Zones

##### Special Feature:

- Experiences

## DVD 3

### Chapter 9: Vortexes

##### Special Features:

- Ancient Uses
- Ley Lines
- Architecture
- Adverse Effects
- Questions and Answers

### Chapter 10: Vortexes (Continued)

##### Special Feature:

- Questions and Answers

### Chapter 11: Energy Forms

##### Special Feature:

- Ghostbusting

### Chapter 12: Body and Distance Dowsing

### Chapter 13: Step-by-Step Wrap-Up

##### Special Features:

- Consulting
- Before Construction
- Effective Cures
- Adjusting Period

## CD

- 1 Introduction
- 2 *2-Minute Tubes of Light* Meditation
- 3 *Dowsing Tubes of Light* Meditation
- 4 *Dowsing Tubes of Light* Meditation (music only)
- 5 *Release* Meditation – Preparation
- 6 *Release* Meditation
- 7-10 *Diamond Dowsing* Paraliminal