

A FAREWELL MESSAGE FROM SAM FRYMAN

Over the Summer of 2005 after hearing about the torrent sites from a friend, I decided to write a few books putting into words as best I could all the knowledge I had gained over several decades of experience, research and study in the fields of psychology, spirituality, philosophy and theoretical science.

I guessed rightly that although it would have been futile to try to get these books published by a mainstream publisher - due to them being far too revolutionary and liable to offend too many people in high places - that I might however successfully be able to give away for free what really has been my life's work via the torrent sites.

Because all the knowledge revealed in the four books I have placed on the sites was already a long established part of my psyche, I was able to write each in just a few weeks, with virtually no research whatsoever except for a few occasional forays onto the Internet to check out a few facts, though due to pressure of time, no doubt a small number of not materially significant things were overlooked and went astray.

For the record, the books were respectively – *A Men's Guide to Liberation from Women (final 4th edition)*, *A Women's Guide to Liberation from Men (final 2nd edition)*, *Preventing the Apocalypse (about Kundalini)*, and finally *How to Meditate*.

I wrote the books because, long being aware of the woeful state of the modern educational system and mass media, it was clear to me that the average person was never otherwise going to gain access to this information, which I hope the discerning reader of any of the works has by now realised is virtually indispensable to any modern man or woman who would consider themselves truly educated and well informed.

But we feel that, at least for the present, we have said everything worthwhile that we have it in our power to say, and thus like every performer, one must know when enough has been said, and it is time to leave the stage.

For those who approve the content of the works however and have found them beneficial, permission is given by the author to copy or quote from them in any manner desired, or to translate them into any foreign language, should one have the requisite skill to make an accurate literal translation, remembering that every word counts, and not to alter anything whatsoever if humanly possible.

Similarly, if anyone would like to put the books on a personal web site available for free download, they are given permission to do so.

For it is likely that sooner or later the books will disappear off the torrent sites, or the torrents may become inactive, so it will then be down to *you*, the reader, to see that this important educational material gets to as many of our brothers and sisters around the world as possible, and if we can really get this enlightening knowledge to *millions*, rather than merely the several thousand people who have downloaded the books so far, the world really could change for the better.

For Sam Fryman himself is not important – it is *you* and *your life* that matters, and so thus does Sam Fryman exit from the stage, and leave the new parts to be played by those who come next.

Best wishes to all men and women around the world everywhere.

Sam Fryman,
England, UK.
8th October, 2005.