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Like a real life Indiana Jones, maverick archeologist David Hatcher Childress has taken many incredible journeys to some of the oldest and most remote spots on earth. Writing prolifically of lost cities and ancient civilizations, he has produced no less than six lengthy books (the Lost Cities series) chronicling the dimly remembered glories of obscure locales from the Gobi desert to Puma Punku in Bolivia, from Mohenjo Daro to Ba'albek.

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In September 1992 the Associated Press carried the story, Worldly Worms! Traveling Parasites Leave Latin America to Afflict Big Apple. Four orthodox Jews in New York City had been mysteriously stricken with seizures. CAT scans showed pork tapeworm cysts in the brain, a most startling revelation, considering these individuals never ate pork due to their religious dietary laws. The shocking part is: this is not an isolated incident. Parasites are not a problem reserved for developing countries or the tropics. Parasitic infections are a major cause of illness in the United States, says Dr. Theodore Nash of the National Institute of Allergy and Infectious Diseases (Bethesda, Maryland) in a recent press release.

- **VISION PLUS**

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Just what is going on in the media, anyway? When it comes to the kind of material, you will find in Atlantis Rising, it's obvious that something very unusual is starting to happen. Not too long ago the climate for bringing up such ideas was pretty chilly. Lately it's gotten a lot more inviting.

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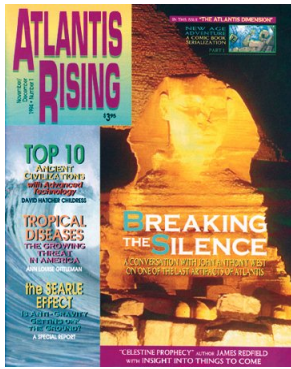
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# ELECTRO- MAGNETIC POLLUTION

by

Richard Conant

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The environment most of us inhabit is filled with an invisible form of pollution that until recently has been largely ignored. But a growing volume of research is heightening concern that electromagnetic pollution may be negatively impacting the health and well-being of millions.

Who may be at risk? Anyone who uses electricity. Do you have a hair dryer, a digital alarm clock, a toaster, coffee maker, TV, or computer in the house? If you occupy a dwelling or office located near high-tension power lines, you may be at even greater risk. Only if you live far from a city with no electricity at all like the hermit are you unaffected.

Man's ability to harness electrical power has transformed the world in a mere two hundred years since we first began to even understand electricity.

But electricity is more than just the energy that travels through lines and wires it creates an energy field that radiates from any electronic device, appliance, wire, or high-power transmission line. Our proximity to electricity places us within electrical fields twenty four hours a day.

Not until the 19th century did scientists understand that forces other than mechanical ones such as gravity are at work. Out of this grew the concept of force fields. Scientists began to realize that space is filled with invisible regions of energy that exist, unlike gravity, independently of material objects. These fields are what we now call electromagnetic fields, or EMFs.

Magnetism and electricity are interrelated, as electricity moves through a conductor, an electromagnetic field is generated. EMFs occur naturally, the earth is enveloped in a static magnetic field, believed to be created by its metallic inner core. The human body itself is electrodynamic, all cells and tissues generate electromagnetic fields.

Man-made EMFs emanate from whatever conducts or uses electricity, appliances, wiring, distribution lines under homes and along streets and highways, railroad cars on electrified lines, and high-tension power lines.

All electromagnetic energy travels in waves. The fields generated are commonly measured and quantified in two ways. Frequency, a function of its wavelength, is measured in hertz (Hz) or kilohertz (kHz). Intensity is measured in gauss, or milligauss (mG).

The human body is naturally accustomed to the earth's static magnetic field. But we are now being continually bombarded by a growing array of man-made EMFs to which we have not adapted. The frequencies of greatest health concern are the extremely low frequency range, 30 to 300 Hz, and the very low frequency range, 3 to 30 kHz. High-tension power lines generate extremely low frequency electromagnetic fields. Video display terminals, another source of worry, fall with the very low range.

The field intensity emanating from common household items can vary from 3 mG to as high as 1600 mG. The intensity drops off sharply with increasing distance. But we may spend hours each day within a 300 mG field surrounding a computer, for instance. For total day-in and day-out exposure, the EPA has proposed a safety standard on one mG. According to many experts, anything over 3 mG is potentially hazardous. The potential detrimental health effects is turning EMFs into a major public health issue, and debate within the scientific community.

## **RESEARCH AND CONTROVERSY**

A growing body of research suggests that prolonged exposure to EMFs increases the risk of cancer.

The studies are mainly epidemiological and occupational, which examines various population and occupational groups to look for trends and associations (ie. a study of the lung cancer among male smokers between 20 and 50 in a particular locale). The problem with epidemiological research, from a purely scientific standpoint, is that it only shows correlations between simultaneously occurring phenomena, such as smoking and lung cancer. In such research, there is no way to isolate all the variables. Thus, correlations do not constitute proof.

Many scientists often thus tend to dismiss or at least minimize findings based on such evidence only, yet numerous others, including investigators with the Environmental Protection Agency, think the overall evidence does indeed justify serious concern. In 1990, an EPA report Evaluation of the Potential Carcinogenicity of Electromagnetic fields concluded that exposure to 60 Hz fields characteristic of high tension power lines, is a probable carcinogen risk factor. A top EPA official presented this report in a meeting with OSTP officials, after which the statement calling EMF a probable carcinogen was deleted. Nevertheless, the report cites case-controlled studies showing that children living in homes near high tension lines had higher rates of cancer than those who did not.

The public awareness of EMFs has been increased by the famous and controversial book *The Great Power Line Cover-up* by Paul Brodeur. Brodeur has meticulously examined reports about neighborhoods located near power lines and electrical substations where cancers are occurring in sometimes shockingly high numbers. The picture painted is alarming. A disturbingly large number of these cancer clusters, areas with increased cancer rates, can be found where people live and work in close proximity to powerful sources of EMFs.

Local and state officials, citing the lack of proof and the wish to avoid creating public panic, tend to downplay any connection between EMFs and cancer. The pattern is one of reluctance among officials to even call for serious investigation, let alone to take action. Thus, innocent until proven guilty is the stance adopted at virtually all levels of government. But does this serve the public's interest?

If we wait for conclusive proof before taking action, it may be too late. Moreover, what should be glaringly obvious amidst all the discussion about EMFs is the narrow health focus. The argument is mostly limited to whether or not EMF exposure causes cancer. Could EMFs also be factors in other health problems?

## **THE BODY ELECTRIC**

More than a collection of atoms and molecules, the body is electrodynamic in nature. Within the body's biomagnetic field, cellular activity is regulated by the harmonious flow of electrical impulses. It seems reasonable to believe that externally generated fields foreign to our natural environment could be disruptive to our biomagnetic field. If this is the case, we would expect that being bombarded by various frequencies and intensities of man-made EMFs could alter cellular activity in ways not necessarily beneficial to health.

The twentieth century has seen the appearance of new therapeutic methods that work with the body as an electrodynamic system, so-called energy medicine. Though largely ignored or suppressed in the U.S., energy medicine is widely practiced with success in Europe and other countries. The body's ability to be healed by electromagnetic energy has been known since at least the 19th century. One of the pioneering geniuses in electronics, Nikola Tesla, conducted research into the effects of electromagnetic waves on living cells which he reported in 1889. Experiments done in the 1920s showed that plant tumors could be destroyed by radio frequencies. In the 1930s, Royal R. Rife invented a machine which used radio frequencies to destroy cancer cells in humans. (Few people have even heard of Rife. When reports of clinical successes using Rife's technology began receiving national attention, his discoveries, which might have heralded a new era in medical treatment, were ruthlessly suppressed, and remain so to this day.)

If the fundamental nature of living organisms is electrodynamic,

and if, as the discoveries of Rife and others have shown, electromagnetic energy can be harnessed for healing purposes, does it follow that these energies bombarding us daily have ill effects on health? Research has already found that electromagnetic fields do indeed alter cellular activity in numerous ways. According to Thomas S. Tenforde, a leading scientist and researcher in environmental health with the Department of Energy, A glaring omission in the executive summary of the OARU panel report is the failure to mention recent advances in understanding the molecular-level events that occur in cells exposed to ELF fields. These events include alterations in membrane functional properties ... and altered gene expression. Research at UCLA has demonstrated changes in the brain cell activity and behavior of animals exposed to electromagnetic fields. Other studies have found that human cancer cells exposed to electromagnetic radiation in the test tube grow more quickly than normal, and resist destruction by the immune system.

One of the keys to understanding how EMFs can influence the body may lie in the pineal gland, a tiny organ located at the center of the brain.

## **THE MELATONIN CONNECTION**

Melatonin is an endocrine hormone secreted from the pineal gland that controls the body's circadian rhythms, the natural cycles of sleeping and waking, temperature changes, moods, and so forth. The pineal's melatonin output fluctuates naturally with changes in daylight and seasonal variations. Man-made electromagnetic fields have been shown to alter circadian rhythms, including sleep-wake, performance, and rectal temperature rhythms. There is now ample evidence that EMFs alter melatonin secretion. According to a report in Science magazine, female rats with EMF-suppressed levels of melatonin are more susceptible to chemically induced breast tumors. The OARU report cited earlier also notes that, changes in pineal melatonin production as a result of either electrical or magnetic field exposure may be substantial. Reductions in melatonin, it is now believed, impair the immune system and promote cancer cell growth.

Unproven as it yet is, the melatonin connection is being taken with increasing seriousness by the scientific community. Melatonin may be an even more critical factor; based on research showing it does far more than simply regulate our biorhythmic patterns. Melatonin now appears to be an important modulator of immune system function. Recent studies reveal that melatonin also neutralizes free radicals, highly reactive molecules in the body which are believed to be involved in cancer and other chronic illness, and may play a role in determining our sensitivity to stress.

In fact, stress itself may be the key factor in the EMF-health equation.

## A NEW THEORY

Amidst the confusion and the controversy about the health effects of EMFs, clearly years away from resolution, a revolutionary new theory has emerged about how both high and low frequency radiation impacts the human biomagnetic field. Based on recent discoveries, the most profound effects of EMFs may lie beneath the level of wavelength and frequency, at the subatomic level, the world of the electron and the photon. Photons are packets of energy in the electromagnetic spectrum. Electrons, surrounding the nucleus of the atom, are not really particles in the material sense. Electrons are actually energetic regions in space, called shells, which absorb and emit energy in the form of photons. The cell can be thought of as an information center, composed of molecules which in turn are composed of atoms constantly sending forth and receiving streams of photons. Photons create a signal potential of subatomic information. In order for cells to function together in the body, the signal potential the transfer of information in the form of photon streams from cell to cell must flow smoothly in an orderly fashion, a coherent signal potential.'

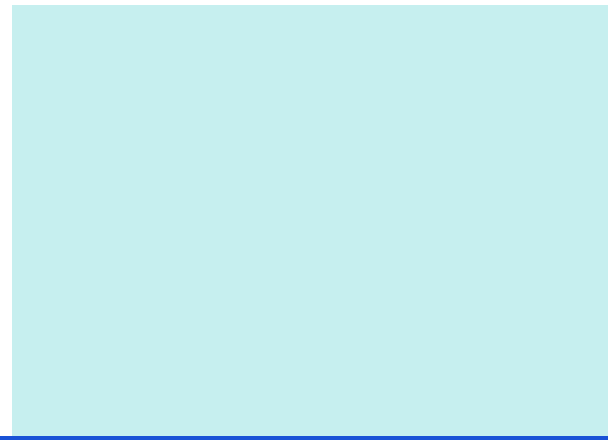
If something disrupts the natural order and coherence of this dynamic flow of photons, the photon stream becomes disrupted. As photon streams become more incoherent, the cellular information flow breaks down. It may be that optimal function of the human body depends upon the smoothness and coherence of the photonic signal potential at the subatomic level. If this is true, disease itself could be a direct manifestation of a breakdown in this subatomic energetic communication that is perhaps the fundamental coordinating mechanism for all physiologic activity.

This research based on an understanding of sub-particle physics that may have profound implications has led to the development of a new technology for removing EMF pollution from the home and work environment. This technology takes the form of software that can be encoded into the circuitry of electronic devices such as digital clocks. The effect is to realign the random, chaotic sub-particle energy in the environment, thus restoring a naturally coherent field. The stress-inducing sub-particle static created by surrounding EMFs is neutralized. EMF fog the electromagnetic pollution pervading the environment is cleaned-up.'

Now available from the Clarus Systems Group in San Clemente, California, this technology has been tested with computer users and found to reduce the eye strain, fatigue, stress, and muscle tension that result from long hours in front of VDT display monitors. A study has also been conducted on school children showing the Clarus technology can reduce learning disabilities and behavioral problems. In a test conducted by Bell Atlantic, the Clarus technology reduced computer disk failure, showing that computers may also be subject to EMF interference. Clarus now makes products for the home which neutralize EMF pollution up to a radius of 3500 square feet. Other Clarus products clean the

field around computers, and another unit works in cars. Users of these products are said to become more alert, focused, and relaxed, with enhanced creativity and less feelings of being stressed out.'

Electromagnetic pollution is here to stay. The electronic age has brought us many wonderful benefits no one would want to give up, but we clearly need to better understand the consequences of living and working in environments filled with electromagnetic energies.







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# IS ANTI- GRAVITY IN YOUR FUTURE

by

David Lewis

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It's the simple things that defy explanation. The fundamentals of gravity, for instance, still stump modern physicists. With space and time, gravity defines our physical existence. Yet this ever-present phenomenon conceals its nature, somehow woven into the mystery of life. Gravity may be seen as the effect of the planet hurtling through space, pressing us down the same way taking off in a jet glues passengers to their seats. Albert Einstein theorized that gravity bends space, helping to define relativity. Some call it a magnetic force produced by the rotation of the globe. How about a wave structure supported by frequency vibrations from the quantum field? Isaac Newton's theory was easier to understand. Dropping his famous apple, he saw gravity as the attraction between bodies of matter. More recently, Professor John Searl, an English inventor, claims to have reversed that attraction. That's right! Searl claims to have conquered gravity.

John R.R. Searl was born into poverty in Berkshire County, England in 1932. His story has all the makings of a Spielberg movie, from his father's return from India with a shawl used to wrap baby John (out of which John fell causing him to have fits as a child) to his discovery of the Searl Effect Generator. Powered by the SEG, Searl's unmanned levity discs have risen in pink clouds of ionization, we are told, traveled at tremendous speeds and circled the Earth. What's more, Searl claims to have demonstrated his flying machines to scientists at Andrews Air Force Base and to an official in the Canadian government.

One of the discs, according to Professor Searl, flew from Mortimer, England to the Cornwall coast in three minutes, a distance of about one hundred miles. That's two thousand miles per hour, and he says the craft could have flown much, much faster. Brisbane, Australia to London, England, for instance, would take about thirty minutes, hardly enough time for a good nap. Among Searl's other claims: a disc in orbit around the earth for ten years, powering his house with free energy, and startling healing powers resulting from the SEG's ion discharge.

Suspending skepticism for the moment, Searl's childhood seems unlikely for a man who might revolutionize the way we live. After his father disappeared, he grew up in foster homes, his mother having been sent to jail for neglect. While his practical knowledge of electrical engineering is great, his formal education was meager. To fill in the gaps, Searl had recurrent dreams as a child that cryptically revealed his life's work, true to our Spielbergian screenplay. Along with these mysterious dreams, his practical training helped him to become an inventor. While he claims to have inadvertently built his first anti-gravity machine at fourteen, his formal career and training began with electrical and electronic wiring, including the wiring of England's Victor Bombers and the first fully transistorized computer for NATO's large naval guns in Norway, facts that lend to Searl's credibility. He built televisions and radios, too, worked as a mechanical engineer and in radio communications. Searl is also a pilot and has an honorary degree from Oxford University as a Professor of Mathematical Structures of Creation and Energy.

Like Einstein, Searl has tried to prove intuitional knowledge scientifically, which brings us to his childhood dreams. He is playing hopscotch on a set of squares. On square two, with a pebble resting in square three, little John is in the act of hopping onto square four, but his right leg is suspended in the air with his left on the ground. At that instant, the other children have vanished and a giant steamroller looms ominously above him. John has only a short time to save himself from being crushed. From the crucible of this mysterious dream, Searl deduced his Law of the Squares', a new physics, if you will, upon which his SEG is based. Furthermore, Professor Searl perceived an imminent need to perfect his invention before the onset of a catastrophe of global proportions, the hovering steamroller! a pole shift, Searl says.

Searl's life, while resplendent with tales of gravity-defying discs, has been fraught with calamity. His work and records were destroyed or sold for scrap while he was in jail for stealing electricity from his local power company. While there have been articles and photographs in newspapers and magazines dating back to the 1960s, and as the BBC (as of this writing) searches its archives for film footage, none of the flying discs remain intact. The discs were confiscated by the power company or sold for junk while Searl was incarcerated. To make matters worse, the signatures and comments of eyewitnesses to the discs flights were burned by his now estranged wife. Not one scrap of material evidence remains, except some old photographs. Isn't this the stuff movies are made of?

In all, Searl claims to have built forty discs, many of which disappeared into orbit. The disc itself, Searl explains, consists of three rings of spinning, magnetic rollers. The spinning magnets create a gravitational-type force that repels the gravity of the earth, the same way magnets of a like charge repel one another. Searl says the disc creates an inertia-free

field with characteristics of a planet, which the laws of physics say is impossible. The disc's rotation does not accelerate, Searl says, rather, unbelievably, it moves instantly to a cruising speed. Gunner Sandberg, chief technician at the electrical department of Sussex University in England, reportedly had a hard time fathoming this concept. In June, Searl spoke at an alternative-energy convention in Denver. He made reference to Sandberg having witnessed a demonstration. Yet Sandberg told us that, in the early 1980s, he had seen nothing more than magnets oscillating for a few seconds. He was unable to verify Searl's claims, although this was years after Searl's hard evidence had been scrapped. Sandberg said that, although he had seen nothing extraordinary, he had reserved judgment. More resources were needed, he said, to prove or disprove Searl's claims.

Last June in Denver, Searl told his story. Lacking any hard evidence, his unpretentious manner is his most convincing attribute. He appears, one would have to say, guileless. His anecdotes regarding his flying discs and his description of the technology hardly sound fabricated. To the contrary, Searl seems sincere and genuine; yet some have complained of inconsistencies in his explanations. Searl appears to be a simple, honest man, gifted with an earnestness and a grasp of science that transcends his presentation! or he has a lot of us fooled. His grammar and speech are poor, his accent thick, Cockney-like. Searl is no glib or polished spokesman which, ironically, adds to his credibility.

While remaining prudently skeptical, given the nature of Searl's claims, let's take a closer look at what he has to say. In 1949 he had a lucky break, we are told, while working for the Midlands Electricity Board. A friend at the MEB gave him permission to use the Board's magnet-pressing equipment. Searl built small experimental generators at the time, not flying discs, which were supposed to produce power but not fly. He did so with the help of his seventy-year old landlady! that's right! and an elderly Welsh backer named George Hines. In 1952 he moved on to a fourteen-foot model. This SEG produced power at an unusually high potential, 10 to the fifth power volts! Overcharging the disc caused the temperature to drop to four Kelvin, approaching absolute zero. At that point, Searl says the laws of physics reversed and the disc lifted. There was crackling and the smell of ozone as the generator unexpectedly rose from the ground, broke a connection with a start-up generator, and levitated fifty feet in a pink glowing cloud resulting from ionization. Collecting energy from the rim of the craft and applying it to electromagnetic pick-ups made the disc speed up when it should have slowed down. The generator accelerated, to Searl's amazement, spinning at a tremendous clip. After causing local radios to flick on and off, the disc soared out of sight, most likely into orbit. Searl says he has since constructed many flying discs, some of which flew off uncontrollably until he and his team invented a control device. He claims to have built models as wide as forty feet, some with nylon hulls, some of fiberglass, several of which the BBC and English TV stations observed and filmed, although

the BBC has not as yet been forthcoming with any footage. Both the Canadian and American governments witnessed demo flights, according to Searl, but rejected the possibility of inertia-free flight. The Americans at Andrews Air Force Base, Searl claims, said the G-forces in the craft would kill anyone on board.

The levity disc, though, Searl says, has been tested and found to be inertia-free in the cabin. As the structure lifts, all in its field becomes inertia free, a world of its own, violating accepted physical laws. That means a person flying inside would not feel the effects of the tremendous speed, in the same way we do not feel the speed of the earth as it hurtles through space. The SEG creates a high-density electrical field, negative at the rim and positive at the center, while a magnetic field surrounds the hull and extends beyond it. Perpetual motion (considered an impossibility) occurs when the craft exceeds a certain potential. At that point energy output is more or less limitless as the SEG gathers electrons from space surrounding it. As the threshold potential is achieved, the temperature around the craft drops severely, reminiscent of accounts stating that UFOs leave rings of ice on the ground. The disc becomes a superconductor, Searl says. The revolving magnetic field produces gravitational energy (an unknown) and the two likes, earth and levity disc, repel one another. He says the craft would be easy to control in space, homing in on gravity fields of different planets, and that in space the disc could approach the speed of light.

Anti-gravity, the speed of light, space travel? None of this is easy to believe. Spielberg would have a field day with the professor. Searl seems to be a modern hero, a simple yet brilliant man set against orthodoxy, a man with a singular vision who some consider a lunatic or charlatan. The script is all in place, the conflict, the setbacks, the wife who doesn't understand. So far, only the happy ending is missing. The hero/genius gets thrown into jail for doing what comes naturally, which is building flying saucers from technology gleaned from childhood dreams, seemingly ordained by the gods. His life's work is destroyed by the bad guys, bureaucrats or robber barons whose empires are threatened by Searl's free energy. We're all rooting for the professor, but his inventions are burned or sold for junk. This is the stuff movies are made of.

But that doesn't mean the story isn't true. Nor is Searl alone. He isn't the first to have claimed to conquer gravity or draw free power from an omnipresent force. The inventor Henry Moray is said to have fed a step-down transformer from an alternating current derived from germanium crystals resonating, presumably, in tune with the quantum field. That's science talk for: he drew power from the atmosphere! free energy. Moray transformed this field energy into electricity through harmonic amplification', drawing enough power to supply appliances with 500 kilowatts continuously. And Moray had witnesses. Not unlike Searl, Moray's laboratory and credibility were destroyed after he presented his findings to

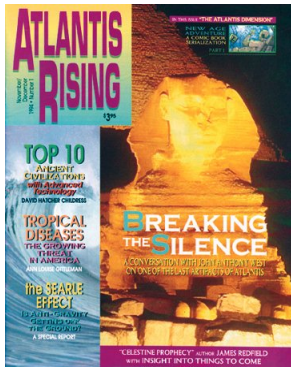
the United States Government. Nicola Tesla had a similar fate, in that his tower for the wireless transmission of electricity was sabotaged, his financing cut off and his career virtually ended when his technology threatened the established order. There are apocryphal stories of Tesla's other revolutionary experiments, death rays, intrigue. The list of inventors and their sad, or tall, stories (depending on your point of view) goes on. All, save Tesla, lack credible documentation. The claim of persecution from on high is always present, turning our screenplay into a formula instead of the story of a unique and persistent visionary. But let's not become too skeptical. Stories of human beings defying gravity (with no external energy source) have existed for some time, documentation included.

In 1936 the Illustrated London News published a photograph taken in southern India of a levitated yogi named Subbayah Pullavar. The photographer, P.T. Plunkett, concluded that the yogi remained horizontal in the air for about four minutes and that the man had no support whatsoever, except for resting one hand lightly on top of a stick. John Keel, a writer and traveler through India and Tibet in the 1950s, reported a similar event when a Tibetan lama levitated cross-legged before his eyes. This was after Keel had dismissed other miracle workers as expert magicians. If that's all too exotic and faraway for Westerners, in 1852 in Connecticut there was the case of nineteen-year-old Daniel Home who floated involuntarily from the ground in front of many witnesses. The incident was observed and recorded by F.L. Burr, editor of the Hartford Times. Burr reported that Home levitated to the ceiling in the house of Ward Cheney, a silk manufacturer. As strange as this sounds, Home learned to levitate voluntarily and did so over a period of forty years before hundreds of people including Emperor Napoleon III and Mark Twain. Heavy objects such as chairs and even a grand piano rose in his wake. What's more, Home received the endorsement of Sir William Crookes, President of the British Association for the Advancement of Science. Crookes described the anti-gravitational phenomena in the Quarterly Journal of Science with both certainty and an incredulity betrayed by his very eyes. There are many such accounts involving religious mystics, 230 cases attributed to Catholic saints alone. While patently different from Searl's claim of mechanized levitation, these accounts do serve to support the possibility of levitation without an external energy source. In that they frequently involve mysticism, many draw parallels between levitation and a school of thought arising in the New Physics, where mind and matter are believed to be of the same essence. Was Searl tapping the essence?

Since Searl's claims are often greeted with profound skepticism or even dismissed, Searl does not call his discs flying saucers! understandable if he wants to gain acceptance. Photographs of Searl's levity discs', however, reveal that that is exactly what they are. For those who believe that extraterrestrial spacecraft exist (the U.S. Air Force has not denied that they exist, by the way, only that they cause a

defense threat) there are fundamental similarities between Searl's SEG powered discs and accounts of UFOs. One similarity is that both are inertia-free discs. UFOs are often described as traveling very fast, then stopping, then accelerating instantly. Also, both, according to accounts, produce very low temperatures, disc-shaped ice patches having been found where UFOs have landed and taken off. Another similarity is that Searl's disc and the UFOs magnetize patches of earth, leaving circular rings on the ground. Yet one more similarity is the ionization cloud, the after-effect of a technology that, as far as we know, no government on earth employs.

Coming back to earth, Searl's account is fantastic, the implications staggering. If true, the SEG would change the way we live. Space travel would become routine, as would traveling around the globe quickly. Our dependence on oil for fuel would become obsolete, upsetting the world's financial power structure. Powers that be, the bad guys in our script, would have everything to lose and would almost certainly act to prevent the manufacture of such units or discredit the inventor. But Professor Searl has reportedly engaged companies in Japan, Germany and in the United States. Reportedly, the Germans have developed a prototype but are not willing to display the unit until production, distribution and marketing measures are in place. In the United States, Searl has people working on a small, non-flying demonstration model, but the date of that demonstration came and went. Nothing happened, no SEG. The project is complex and expensive, we are told. They need more time and money. According to John Thomas, Professor Searl's publisher and agent, even a small unit is intricate and costly. He promises a demonstration somewhere down the road, perhaps within a year. Meanwhile the BBC searches its files. Foreign concerns develop prototypes. We watch and wait, on the edge of our seats. Pass the popcorn.



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# JAMES REDFIELD ON THE FUTURE

by

Cynthia Gage

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Last spring, twelve million of us tuned into the PBS special, Ancient Prophecies, fascinated by the foreboding visions of Nostradamus, Gordon Michael Scallions, Edgar Cayce and others. Such an impressive consensus makes calamity seem almost inevitable. But James Redfield, author of The Celestine Prophecy has another vision, one that offers the opportunity to walk a more positive path. According to Redfield, there's still time to avert impending ecological and social catastrophes, if enough of us can actualize the insights he's outlined in his runaway bestseller.

If you're among the shrinking minority who haven't yet read Celestine, it's a magical adventure novel that was written in a waffle house (to give me the sense of a generic audience) and set in the lush, exotic Peruvian Amazon. Though frequently perceived as a true story, Redfield insists that the book is a parable; it's based on my experiences and on the knowledge that's come to me. It's a compilation of my experiences. And though he says the insights are a product of his creative imagination, he firmly believes they are occurring to thousands of us simultaneously, almost on cue, as if we've been programmed to rediscover ancient wisdom long ago lost. Celestine's hero, though an obvious archetype of Redfield himself, is meant to be you and me. And as we make our way through Peru, we have amazing, orderly revelations that lead us from restlessness to full spiritual enlightenment.

The sequential revelations we acquire appear almost too orderly and idealistic. Redfield (who seems to think in images) admits such automatic, linear unfoldment is probably more like a spiral onion. In other words, as we peel through the onion like layers of our psyches, we experience the insights on a particular level. We may then reexperience them on a deeper level as we continue to chip away unreality and self-delusion on our quest for the deeper meaning of life. As the culmination of an ongoing evolution, Redfield sees humanity climbing a collective spiral staircase, ascending ever upward. He acknowledges the existence of ancient, esoteric civilizations who have had the wisdom of the insights, yet feels we are at a unique moment in history to receive them in a mass way. As he puts it, The insights have been around forever, this information has been in esoteric enclaves for centuries, but we are historically set up (with the

advent of the global village and mass media) to have the essence of these insights as a culture.

History is a favorite topic with Redfield, opinions seem framed within whatever historical context best illustrates them. In *The Celestine Prophecy*, our view of history is the subject of the second insight (the first having shown us the importance of seeming coincidences); we are taught to see history and our particular place in time in terms of millennia rather than in decades or centuries. Once our perspective is aligned with a more cosmic overview, we are ripe to begin to see auras around people and other living things, which the third insight teaches us. And the lush vegetation of the Peruvian rain forest is just the place to sit in for hours as we practice learning to see invisible energy and then to project it.

Before you jet off to Peru in search of ultimate truth, no, there isn't a manuscript you can lay eyes on. And no, there isn't a magical place like Vicente, the lodge where we learned to see energy around people and plants. But yes, says Redfield, Peru is a country that's enchanted, beautiful and lends itself to the spiritual mystery. You won't, however, find thousands of companions climbing to spiritual summits, for though the country is willing, the people aren't necessarily clamoring for enlightenment en masse. In Peru there's a mixture of old-world Catholicism and what's left of the Incan religions, so people there are maybe more experientially open to the mystery but don't have any more answers than anyone else.

Answers are important, we learn. After mastering the ability to see the energy, the fourth insight shows us that the core of all conflict (personal and global) lies in an unconscious competition for that energy. Then, through the fifth insight, we understand that we can connect with an unlimited, universal source and fill ourselves up, which frees us to find and solve our life questions.

A major tool in our journey towards energetic independence and in discovering and solving our life questions is the conscious realization of our control drama, the particular, unconscious way we learned to manipulate other people in order to get more energy for ourselves, and the subject of the sixth and seventh insights. Influenced by Eric Berne's work (*The Games People Play* and *I'm OK, You're OK*), Redfield has neatly labeled a small continuum from aggressive to passive behavior (the Intimidator, the Interrogator, the Aloof and the Poor Me types). Intimidators steal energy by threatening others, Interrogators question and probe with the intent of finding something to criticize, Aloof types retreat and act coyly to attract attention and energy, and Poor Me types make others feel guilty in order to pull energy in.

Once consciously aware of how we learned to manipulate, we're free to reinterpret our family experience from an evolutionary point of view and discover who we really are. The control drama will fall away and our real life script, (high adventure marked by coincidences), can take off. (Imagine Castro, Khaddaffi, the Russian Politburo, CEOs and the rest of us realizing and



mending our manipulative ways, changing our diets to include mostly organic grain, fruits and vegetables and respectfully interacting to help others realize answers to their pertinent life questions, receiving in turn the answers to our own.) Such behavior would indicate that we had achieved the goal of the eighth insight, which is to interact in such a way as to further both our own and others growth and evolution.

According to Redfield, answers to life questions come in as clarity; a person can clearly see how their talents and skills seem to be building a picture showing them what to do to make the world a more spiritual place. It just feels like clarity. So, he adds, the questions constantly come in terms of adding to this clarity.

A sociologist with a master's degree in counseling, Redfield is qualified to postulate in the psychological realm. Well schooled in humanistic psychology and the thinking of its forerunners, his speech is peppered with references to synchronicity, Carl Jung's theory of serendipitous meaningful coincidence; he sees the insights as archetypes from the collective unconscious, another pillar of Jungian psychology. It is perhaps this archetypal, mythical aspect of the book that has piqued the interest of people from every walk of life and has us passing it from hand to hand, staying up all night to finish it and using it as a study guide in church groups. There is something very basic here, something generic and nontechnical that forms a natural bridge between Eastern philosophy, Native American/Shamanistic wisdom, Western religion and the Corporate world. Collectively, we sense the critical mass that's building and at some level want to ensure the impending explosion will propel us into a brighter rather than a darker future. We want to know the meaning of life, why we're here, what our unique life mission is.

Once a youth counselor, James Redfield's mission has evolved to helping the whole of humanity lock into positive archetypes and find answers to life questions. Like many seekers of spiritual wisdom, he shuns formal organizations (as he also shuns being called a prophet or guru). Though raised a Methodist and respectful of tradition, his hope lies in the individual. Organizations by their very nature, whether scientific or religious, are obsolete. They're sort of a distribution point of old information. The artists and poets and real explorers are already pulling something new together even while the intellectuals are distributing what's already been found. None of us is exempt from that process. We all have to get past our old way of looking at things before we can really find the truth.

But how do we look with new eyes at the seemingly overwhelming socio-economic and ecological problems facing us? Isn't this uplifting prophecy overly simplistic and hopelessly idealistic in the face of such daunting ills as AIDS, riots, pollution and escalating violence? Redfield remains undaunted, confident that the positive psychological contagion that's emerging will continue to spread. We're going to have more and more alternative community models as people discover their own mission or way of contributing. We're going to have all kinds of solutions to the energy, pollution and social problems.

Such a model is one constructed by the 130 residents of Gaviotas, an alternative community located in a tropical region of Colombia. Its government is a nonprofit foundation; housing, healthcare and food are free. There is no crime; there are no police, statutes or ordinances. Known for innovative technology, energy sources include windmills, solar panels adapted for rainy climates, pedal power and, ingeniously, kid power. Seesaws at the preschool utilize the exuberance of childhood to pump clean water into the community. The food chain is respected and utilized. Feeding cattle walk over a specially designed floor which slides cow-pies down to a receptacle where natural decomposition helps make a dung soup. Rich with methane, the soup is converted to power and fuel for use by the local hospital, a building that has been named by a prominent Japanese architect as one of the 40 most important in the world.

In this important building, patients lie in hammocks suspended from wooden beams while friends and relatives tend vegetables in the greenhouse wing. A unique underground air-conditioning system utilizes north facing intakes to catch the breeze, while photo voltaic cells on the roof run the pump and provide power for solar pressure cookers.

The inhabitants of Gaviotas have yet another unique accomplishment, they have successfully begun replenishing their rain forest. Using pines from Honduras which thrive on thin soil, they have created a protective environment for over 40 indigenous trees that have lain dormant in the moist undersoil, trees which are beginning to rise again. It is in just such forests (particularly in virgin forests on mountain tops) that Celestine prophecy predicts the majority of us will one day choose to live.

The Celestine path is one of personal responsibility. We have to be willing to stop giving our power away by blaming others or depending on socialized programs to take care of us, considering instead the preventive methods of self-discipline in diet and fitness, the monitoring of our own health and the choosing of appropriate caregivers when we need help.

While in Peru, by the way, you and I don't exercise. Oh, we walk some, but there aren't any aerobics classes, and no mention is made of daily physical regimen. Though he does some personalized Tai Chi and his wife, Salle, is a former massage therapist, Redfield seems more enthusiastic about traveling to sacred sites and reenergizing by sitting in power spots. He is reputed to have been led to a personal power site by a crow circling him twice while in Sedona, Arizona, and having had a transcendent meditative experience much like the one we have in the book (where we grasp all of evolution and sense ourselves as the eyes of the universe looking out upon itself).

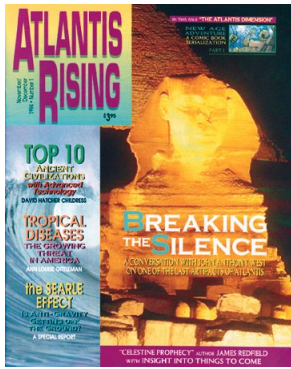
The enormity of the health care issue illustrates the need for change not only in the field itself but in the financial realm as well. Redfield sees decentralization as a key to solving the crisis and predicts: Health care needs change when people refuse to

take some of the treatments that cost so much and seek doctors who utilize more holistic and spiritually oriented health procedures. That will solve the health-care crisis. We have to be very careful about giving our authority to huge government bodies in the name of somehow helping the little guy.

The ninth insight discusses the changes Redfield envisions for the emerging culture. By the middle of the next millennium, he says, our needs will be completely met without the exchange of any currency and that once we begin to give constantly, we will always have more coming in than we could possibly give away. He affirms that we will have moved from the stage of finding our right livelihood and be entering the stage of getting paid for evolving freely and offering our unique truth to others. And he's certainly paving the way. He and his wife, Salle, offer seminars, a monthly newsletter (The Celestine Journal) which chronicles his present experiences and reflections, and personalized astrological reports. Redfield observes that the world constantly reflects back on itself, and sees astrology as just one more way of exploring synchronistic messages, like the I Ching or the Tarot cards. Astrology is one of the greatest synchronistic mysteries.

The final word is yet to come. Redfield is working on an eagerly awaited sequel which will offer a tenth insight.

As we spiral our way through, insight by insight, it may be wise to keep the more dire of the ancient prophecies in the background of our consciousness. For each of us has a major part in determining the outcome of the great drama taking place, as Redfield acknowledges; All psychic prophecies give us a picture of what's possible and probable, but things change after the prophecy is uttered. I believe there is a path of positive shift out there waiting for us. We can still walk that path; California does not have to fall into the ocean. But we have to make history conscious. We have to move from assuming that history is going to be just like the past to actually envisioning the future that we see ourselves walking. Enough of us have to visualize a positive outcome in order for that to take place. Otherwise there are lots of natural and ecological disasters just awaiting us. It does truly depend on us



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## Top Ten Ancient Civilizations With Advanced Technology

by  
David Hatcher Childress

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Like a real life Indiana Jones, maverick archeologist David Hatcher Childress has taken many incredible journeys to some of the oldest and most remote spots on earth. Writing prolifically of lost cities and ancient civilizations, he has produced no less than six lengthy books (the Lost Cities series) chronicling the dimly remembered glories of obscure locales from the Gobi desert to Puma Punku in Bolivia, from Mohenjo Daro to Ba'albek. We caught up with him shortly before taking off for New Guinea on yet another archeological expedition and asked him if he would be willing to write an exclusive for Atlantis Rising on the Top 10 Ancient Civilizations with Advanced Technology. He agreed to dig through his archives and give us a story. ED

### 1. ANCIENT MU OR LEMURIA

According to various esoteric sources, the first civilization arose 78,000 years ago on the giant continent known as Mu or Lemuria and lasted for an astonishing 52,000 years. It is sometimes said to have been destroyed in earthquakes generated by a pole shift which occurred some 26,000 years ago, or at approximately 24,000 B.C.

While Mu did not reach as high a technology, supposedly, as other later civilizations, it is, nevertheless, said to have attained some advanced technology, particularly in the building of long-lasting megalithic buildings that were able to withstand earthquakes. However, it was the science of government that is sometimes said to have been Mu's greatest achievement.

Supposedly, there was one language and one government. Education was the keynote of the Empire's success, and because every citizen was versed in the laws of the universe and was given thorough training in a profession or trade, magnificent prosperity resulted. A child's education was compulsory to the age of 21 in order for him to be eligible to attend citizenship school. This training period lasted for seven years; so the earliest age at which a person could become a citizen of the empire was 28.

### 2. ANCIENT ATLANTIS

It is said that when the continent of Mu sank, the oceans of the world lowered drastically as water rushed into the newly formed Pacific Basin. The relatively small islands which had existed in the Atlantic during the time of the Lemurian civilization were left high and dry by the receding ocean. The newly emerged land joined the Poseid Archipelago of the Atlantic Ocean to form a small continent. This continent is called Atlantis by historians today, though its real name was Poseid.

Atlantis is believed to have taken technology to very advanced stages, well beyond what exists on our planet today. In the book *A Dweller On Two Planets*, first dictated in 1884 by Phyllos the Thibetan to a young Californian named Frederick Spencer Oliver, as well as in a 1940 sequel, *An Earth Dweller Returns*, there is mention of such inventions and devices as air conditioners to overcome deadly and noxious vapors; airless cylinder lamps, tubes of crystal illuminated by the night side forces; electric rifles, guns employing electricity as a propulsive force (rail-guns are similar, and a very new invention); mono-rail transportation; water generators, an instrument for condensing water from the atmosphere; and the Vailx, an aerial ship governed by forces of levitation and repulsion.

The sleeping clairvoyant, Edgar Cayce, in a reading spoke of the use of aeroplanes and of crystals or firestones used for energy and related applications. He also speaks of the misuse of power and warnings of destruction to come.

### **3. RAMA EMPIRE OF INDIA**

Fortunately, the ancient books of India's Rama Empire have been preserved, unlike those of China, Egypt, Central America, Peru. Many of these ancient nations are now either desert wastelands, swallowed by thick jungle or literally at the bottom of some ocean. Yet India, despite devastation by wars and invasion, managed to maintain a large part of its ancient history.

For a long time, Indian civilization was not believed to date from much earlier than about 500 B.C., only about 200 years prior to Alexander the Great's invasion of the subcontinent. In the past century, however, the extremely sophisticated cities of Mohenjo Daro (Mound of the Dead) and Harappa have been discovered in the Indus Valley of modern-day Pakistan.

The discoveries of these cities forced archaeologists to push the dates for the origin of Indian civilization back thousands of years. A wonder to modern-day researchers, the cities were highly developed and caused leading archaeologists to believe that they were conceived as a whole before they were built: a remarkable early example of city planning. Even more remarkable is that the plumbing-sewage system throughout the large city is superior to that found in Pakistan, India, and most Asian countries today.

### **4. OSIRIAN CIVILIZATION OF THE**

## MEDITERRANEAN

It is said that at the time of Atlantis and Rama, the Mediterranean was a large and fertile valley. This ancient civilization, pre-dating dynastic Egypt, was known as the Osirian Civilization. The Nile river came out of Africa, as it does today, and was called the River Stix. However, instead of flowing into the Mediterranean Sea at the Nile Delta in northern Egypt, it continued into the valley, and then turned westward to flow in the deepest part of the Mediterranean Valley where it created a large lake and then flowed out between Malta and Sicily, and south of Sardinia into the Atlantic at Gibraltar (the Pillars of Hercules). When Atlantis was destroyed in a cataclysmic upheaval, this cataclysmic change in the Atlantic slowly flooded the Mediterranean Basin, destroying the Osirian's great cities and forcing them to move to higher ground. This theory helps explain the strange megalithic remains found throughout the Mediterranean.

It is an archaeological fact that there are more than 200 known sunken cities in the Mediterranean. Egyptian civilization, along with the Minoan and Mycenaean in Crete and Greece are, in theory, remnants of this great, ancient culture. The civilization built huge earthquake-proof megalithic structures and had electricity and other conveniences common during the time of Atlantis. Like Atlantis and Rama, they had airships and other modes of transport, often electrical in nature. The mysterious cart tracks of Malta, which go over cliffs and under water, may well be part of some ancient Osirian tram-line, possibly taking quarried stone to cities that are now submerged.

Probably the best example of the high technology of the Osirians is the amazing platform found at Ba'albek, Lebanon. The main platform is composed of the largest hewn rocks in the world, the famous ashlar of Ba'albek. Some of the individual stones are 82 feet long and 15 feet thick and are estimated to weigh between 1,200 and 1,500 tons each!

## 5. UIGER CIVILIZATION OF THE GOBI DESERT

Many ancient cities are said to have existed at the time of Atlantis and Rama in the Uiger civilization of the Gobi Desert. Though the Gobi is now a parched land-licked desert, these cities were ocean ports. Edgar Cayce once said that elevators would be discovered in a lost city in the Gobi Desert, and while this has not happened yet, it is not out of the question.

Vimanas and other advanced devices are said to have been in use in the Uiger area, and the famous Russian explorer Nicholas Roerich reported seeing a flying disc over northern Tibet in the 1930s. Perhaps the craft was an ancient vimana coming from a still active city using Uiger technology that exists in Northern Tibet or the Gobi Desert.

Significantly, it is claimed that the Elders of Lemuria, known as the Thirteenth School, moved their headquarters prior to the

cataclysm to the uninhabited plateau of Central Asia that we now call Tibet. Here they supposedly established a library and school known as The Great White Brotherhood.

For instance, the great Chinese Philosopher Lao Tzu, born in 604 B.C., talked frequently of Ancient Masters and their profound wisdom. He wrote the famous book, Tao Te Ching, probably the most popular book ever written in Chinese. When he finally left China, near the close of his very long life, he journeyed to the west to the legendary land of Hsi Wang Mu. According to the ancient Chinese, this was the headquarters of the Ancient Ones. Could this have been The Great White Brotherhood and the Thirteenth School of Mu?

## **6. TIAHUANACO**

As in Mu and Atlantis, construction in South America was on megalithic scale with polygonal construction techniques designed to make the massive walls earthquake-proof. Earthquake-resistant walls were important all around the Ring-of-Fire, ancient Mu.

Homes and communal buildings were built out of megalithic blocks of stone. Because of the high regard the culture had for the well being of future generations and the value they placed upon the gradual, sustained growth of the community, structures were built to last for thousands of years. A house built of cement, wood and plaster-wall will last a hundred years or so, if kept up. Witness the megalithic construction of Egypt, Malta, Peru. These buildings are still standing today. Cuzco, the ancient capital of Peru, which was probably built before the Incas, is still inhabited today after thousands of years. Indeed, most of the buildings of downtown Cuzco today incorporate walls that are many hundreds of years old (whereas more recent buildings constructed by the Spanish are already crumbling).

Only a few hundred miles to the south of Cuzco lie the fantastic ruins of Puma Punku, high in the Altiplano of Bolivia. The ruins of Puma Punku, about one mile from the famous ruins of Tiahuanaco, are massive megalithic constructions that are tossed about like toy building blocks. What kind of cataclysmic upheaval could have done such a thing? Here is the kind of megalithic construction meant to last for thousands of years, yet, the 100-ton blocks have been torn asunder by mighty geological forces.

It would appear that the South American continent was suddenly and violently thrust upward during some kind of cataclysm, most likely a pole shift. A former sea-level canal can now be seen at 13,000 feet in the Andes Mountains. As possible evidence for this scenario, many ocean fossils can be found near Lake Titicaca. The lake is even inhabited by the only known fresh water sea horses.

## **7. THE MAYANS**

Mayan pyramids are found from Central America to as far away as the Indonesian island of Java. The pyramid of Suku, on the slopes of Mount Lawu near Surakarta in central Java is an amazing temple with stone stelae and a step pyramid that would match any in the jungles of Central America. The pyramid is in fact virtually identical to the pyramids found at the ancient Mayan site at Uaxactun, near Tikal.

The ancient Mayans were brilliant astronomers and mathematicians whose early cities lived in agrarian harmony with earth. They built canals and hydroponic garden cities throughout the ancient Yucatan Peninsula. Some of the Mayan glyphs were allegedly radionic-type insect control devices that broadcast an etheric vibration of the targeted pest.

Edgar Cayce mentions the Mayas and their technology in one reading: As for a description of the manner of construction of the stone: we find it was a large cylindrical glass (as would be termed today); cut with facets in such manner that the capstone on top of it made for centralizing the power or force that concentrated between the end of the cylinder and the capstone itself. As indicated, the records as to ways of constructing same are in three places in the earth, as it stands today: in the sunken portion of Atlantis, or Poseidia, where a portion of the temples may yet be discovered under the slime of ages of sea water, near what is known as Bimini, off the coast of Florida. And (secondly) in the temple records that were in Egypt, where the entity acted later in cooperation with others towards preserving the records that came from the land where these had been kept. Also (thirdly) in records that were carried to what is now Yucatan, in America, where these stones (which they know so little about) are now, during the last few months, being uncovered.

It is believed that an ancient Hall of Records resides somewhere in the Mayan region, probably beneath an existing pyramid complex, in an underground tunnel and chamber system. Some sources say that this repository of ancient knowledge is kept in quartz crystals that are of exceptional quality and capable of holding large amounts of information in the similar manner as a modern CD.

## **8. ANCIENT CHINA**

Ancient China, known as Han China, is said to have come, like all civilizations, from the huge Pacific continent Mu. The ancient Chinese are known for their sky-chariots, their geomancy, and the jade manufacture that they shared with the Mayas. Indeed, the ancient histories of the Chinese and the Mayas seem indelibly linked.

Anthropologists makes a good case for a Taoist influence coming to Central America by showing Shang dynasty symbols and motifs (the yin-yang is the most famous, but there are many more) and then relating them to known Mayan art and sculpture. Jade was of particular importance to the Shang Chinese. So far,



the source of Chinese jade has not been pinpointed. Much of it may have come from Central America. Even the source of Central American jade is a mystery; many ancient jade mines are believed to be still undiscovered. Anthropologists suggest that Chinese voyages to Mexico, between 500-300 B.C., may have been related to Taoist trade in magic mushrooms or drugs of longevity.

The ancient Chinese are often said to be the originators of every invention from toilet paper, earthquake detectors, paper money, canons, rocket technology, printing methods, and thousands of other clever and high-tech items. In 1959 archaeologists in China discovered belt buckles made out of aluminum thousands of years ago. Aluminum is generally processed from bauxite with electricity!

## **9. ANCIENT ETHIOPIA & ISRAEL**

From such ancient texts as the Bible and the Ethiopian book Kebra Negast, we have tales of the high technology of ancient Ethiopia and Israel. The temple at Jerusalem is said to have been founded upon three gigantic ashlar blocks of stone similar to those at Ba'albek, Lebanon. Today, the revered Temple of Solomon and Muslim Dome of the Rock mosque exist on this site, whose foundations apparently reach back to the Osirian civilization.

Like much of the later Phoenician construction, the building at the Temple to hold the Ark of the Covenant and the temples in Ethiopia are the last of the megalithic stone constructions. The massive Temple Mount, built by King Solomon on the ruins of earlier megalithic temple, was made to house the ancient relic known as the Ark of the Covenant.

The Ark of the Covenant is said to have been an electrical generator box which housed several sacred objects, including a solid gold statue from earlier cultures that is called the Holy of Holies. This box and gold statue were said to have been removed from the King's Chamber in the Great Pyramid in Egypt by Moses during the period of the Exodus.

Many scholars believe that the Ark of the Covenant, as well as other ancient artifacts, were actually electrical devices, some of which were worshipped in temples as oracles. The Bible recounts how certain unauthorized persons would touch the Ark and be electrocuted.

## **10. THE AROI SUN KINGDOM OF THE PACIFIC**

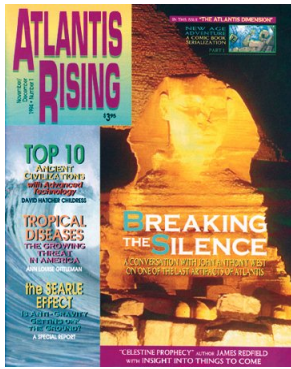
The last of my list of ancient civilizations is that of the virtually unknown ancient culture of the Aroi Sun Kingdom of the Pacific. While the so-called lost continent of Mu sank over 24,000 years ago in a pole shift, the Pacific was later repopulated by a racial mixture of all civilizations, coming from Rama, China, Africa and the Americas.

An advanced island nation, with larger areas of land than are currently in the Pacific, grew up around Polynesia, Melanesia and Micronesia. Ancient legends in Polynesia attribute this remarkable civilization to the Aroi Kingdom that existed many thousands of years before the European rediscovery of the Pacific. The Aroi allegedly built many of the megalithic pyramids, platforms, arches, roads and statues throughout the central Pacific.

When some of the more than 400 gravel hills on New Caledonia were excavated in the 1960s, cement columns of lime and shell matter were carbon dated by Yale and the New Caledonia Museum as having been made before 5120 B.C. and 10,950 B.C. These weird cement columns can be found in the southern part of New Caledonia and on the Isle of Pines.

According to the Easter Islanders, the statues of the islands walked or levitated in order to move in a clock-wise spiral around the island. On the island of Pohnpei, the Micronesians claim that the stones of the eleven-square-mile city were levitated into place.

The Polynesians of New Zealand, Easter Island, Hawaii and Tahiti all believe that their ancestors had the ability of flight and would travel through the air from island to island. Was this the Air Atlantis flight that stopped in Malta, Ba'albek, and Rama destined for the remote but popular convention center at Easter Island?



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## TROPICAL DISEASES

by  
Ann Louise Gittleman

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In September 1992 the Associated Press carried the story, Worldly Worms! Traveling Parasites Leave Latin America to Afflict Big Apple. Four orthodox Jews in New York City had been mysteriously stricken with seizures. CAT scans showed pork tapeworm cysts in the brain, a most startling revelation, considering these individuals never ate pork due to their religious dietary laws. A Center for Disease Control formal investigation discovered the single common denominator in every case, a housekeeper originally from Central America where pork tape worm infection is relatively common. The investigator theorized that the housekeepers unknowingly carried the tapeworm eggs and infected the Jewish families by contaminating their food.

The shocking part is: this is not an isolated incident. Parasites are not a problem reserved for developing countries or the tropics. Parasitic infections are a major cause of illness in the United States, says Dr. Theodore Nash of the National Institute of Allergy and Infectious Diseases (Bethesda, Maryland) in a recent press release.

Actually parasites have been making headlines in this country for a while. In fact, they first surfaced in the 1990s in connection with the Desert Storm veterans. An article entitled Gulf War Parasite Halts Troop Blood Drive in USA Today (November 1991) stated that 540,000 American troops returning from Desert Storm were told not to donate blood because of the incidence of the parasitic disease Leishmaniasis, spread by desert sand flies. Diarrhea, abdominal pain, and fever are symptoms of this infectious disease.

The word parasite again made headlines in 1993 when people in Milwaukee drank city water that was contaminated with a microscopic organism called Cryptosporidium. As a result, 400,000 people came down with severe stomach ailments and diarrhea.

According to the Environmental Protection Agency, Cryptosporidium is currently the leading cause of waterborne illness in the United States.

### WHAT EXACTLY IS A PARASITE?

A parasite is technically an organism that is receiving food and shelter at the expense of another organism without giving anything in return. On the contrary, parasites often irritate the gut, become tissue-invasive, create arthritic-type aches and pains, obstruct the GI tract, and sap energy. The problem in America today is that parasites seem like a foreign, third-world concern and so most physicians don't suspect or search for them. Their symptoms often mimic other more familiar diseases, like flu, for example. The important element, in my opinion, is to recognize the signs of parasite-based illness. One of the easiest ways to do this is to ask for a detailed travel history before the patient became ill. You would be amazed to find out how many trips to Mexico, Greece, Israel, India, and China provide clear-cut clues to chronic illness.

A number of seemingly unrelated factors unique to the late twentieth century have contributed to the unrestrained parasite epidemic and added to the increased risk of parasitic infection.

## **TRAVEL CONNECTION**

Today more than ever before, American tourists are traveling to remote areas of the world. An affluent society is a mobile one. In 1990, 15 million Americans made international trips. Half of these traveled to Third World countries. More adventurous trips to exotic destinations like the Caribbean Islands and remote areas of Mexico, South America, Asia, Africa, China and Israel have replaced the old-fashioned grand tour.

Unfortunately, travel can be fatal. Malaria, the most virulent of the parasitic diseases, is on the rise both here and abroad. Malaria is a ruthless killer, responsible for up to two million deaths per year in over 100 countries. The rise of this disease is partly due to the fact that mosquitoes have become resistant to DDT and other insecticides. Drug-resistant parasites have also been found throughout South America, East Africa, and Southeast Asia. There are many documented clinical cases of travelers, including businessmen and foreign exchange students, who have been infected in other countries but did not manifest symptoms until after their return home.

Most of us expect less threatening conditions like bouts of diarrhea as souvenirs of world travel. We pack our Pepto-Bismol right along with our passports and think nothing of it. But if you visit St. Petersburg, Russia, you will find your Pepto-Bismol to be an inadequate remedy. The city's tap water is infected with *Giardia lamblia*, a microscopic parasite. Visitors to this Giardia City may take home severe diarrhea, fevers, chills, muscle pain, and intestinal bloating.

## **WATER CONNECTION**

Steven Rochlitz, Ph.D., in his book *Allergies and Candida*, states, Giardiasis may be a rampant problem in the United States today,

since 50% of our water supply is contaminated with it and, unlike bacteria, it is not killed by chlorination. Hundreds of small water systems throughout the country do not have adequate purification systems. And in urban as well as rural areas, streams and watersheds can become contaminated through infected human sewage.

## **DAY CARE CENTERS**

The Centers for Disease Control has estimated (estimated because exact figure are not known) that every year, day-care centers are the source of nearly 20,000 cases of giardiasis. Since the disease can be spread through direct contact with infected feces, day-care centers provide a ready environment for transmission and have been referred to as the open sewers of the 20th century. Because giardia cysts lodge under the fingernails, the infection can be inadvertently spread by inquisitive toddlers touching dirty diapers and then contaminating toys, drinking faucets, and themselves with their frequent hand-to-mouth contact. According to Dennis Juranek, D.V.M., chief of Epidemiology and of The Parasitic Disease Branch at the CDC, roughly 20% of parents become infected themselves while caring for their sick children.

## **IMMIGRANTS**

Parasitic infection is more associated with the tropics and the subtropical areas of the world because of climate and unsanitary conditions. Parasites are much more prevalent in immigrants from areas like the South Pacific, Mexico, South America, Asia, and Haiti. Recent immigrants to this country, who are often unskilled and unable to speak English but willing to work for minimum wages or less, very often seek jobs in kitchens where today there are no obstacles to their employment. I have observed that the majority of restaurant workers no longer wear hair nets or gloves when handling food, and often the same person who serves your food takes your dirty money. With this lack of basic sanitation in the restaurants of America, the exposure rate to infectious diseases is mushrooming.

## **ARMED FORCES OVERSEAS**

More than the troops come home. Headlines such as Disease Is Cited in Veterans Suit graphically bring the awareness of parasitic diseases from foreign shores to America. From 1963 to 1975, thousands of troops returning from southeast Asia were carrying parasite-induced diseases that affected their intestines, lungs, liver, and central nervous systems. In 1985, five Vietnam War veterans filed a class-action medical malpractice suit against the Veterans Association for failing to properly test, diagnose, and treat them for parasitic filariasis. Filariasis, a disease endemic to southeast Asia, is caused by worms carried by infected mosquitoes and can lead to swelling of the lymph glands and a condition known as elephantiasis. Lawyers and doctors for the five veterans contend that hundreds to tens of thousands of

Vietnam veterans might be suffering from this disease.

## HOUSEHOLD PETS

Pets are host to numerous parasites and are often the unexpected spreaders of disease. There are 240 infectious diseases transmitted by animals to humans. Of these, 65 are transmitted by dogs and 39 by cats. There are 110 million dogs and cats living in America's households, making exposure to some of these diseases significant. One pet-food manufacturer says that 89 percent of all house cats in America sleep with their owners. Dog and cat roundworm, hookworm, and cat-transmitted toxoplasmosis can become severe in pregnant women and children and even life threatening in immuno-compromised individuals.

## RESTAURANTS

The more cosmopolitan the city, the greater the proliferation of exotic restaurants. Our fascination with regional foods has led to an increased incidence of parasites. Exotic foods that are prepared raw or undercooked pose a significant parasite risk. Sushi...sashimi...steak tartare...cevich... Dutch herring. The CDC 1976 nationwide survey into parasitic diseases pinpointed a 100 percent increase in tapeworm infections in the preceding ten years. Tapeworm is transmitted in raw or undercooked fish, beef, and pork.

Antibiotics kill bacteria indiscriminately, both the good and the bad, upsetting the natural ecology of the gastrointestinal tract and vagina. This often leads to yeast overgrowth and trichomoniasis. *Trichomonas vaginalis* is a microscopic parasite that causes foul-smelling vaginal discharge, burning sensation, and inflammation.

In some areas of the United States, this condition is found in 50 percent of all women. It is sexually transmitted and when passed to a male partner can cause non-specific urethritis.

The sexual revolution of the late 1960s and early 1970s made it acceptable to have a variety of sexual partners and practices. The increase in the number of sexual partners also increased the likelihood of sexually transmitted parasites which include *Trichomonas vaginalis*, *Entamoeba histolytica*, *Giardia lamblia*, pinworms, and pork tapeworms. The increasing acceptance of anal/oral sex among heterosexuals has opened the door to the spread of parasite infections because many of these infections are spread to hands, mouth, and body via fecal contamination.

## AIDS

Parasites may be a cofactor in the development of AIDS. An article appearing in *The New England Journal of Medicine* draws a connection between the disease and epidemic outbreaks of amebiasis two years prior to the San Francisco AIDS outbreak.

University of Virginia School of Medicine researchers point out that amoebas produce a substance that ruptures immune defense cells that have engulfed the HIV virus. Once those cells are ruptured, the virus spreads throughout the system. In addition, as a result of the AIDS epidemic, the incidence of unusual parasitic diseases, such as *Pneumocystis carinii* pneumonia, cryptosporidiosis, and strongyloidiasis have increased. These diseases can be fatal in the AIDS victim.

## DIAGNOSIS

A stool sample (either random or purged ) is the most common way to find parasites. A technique utilizing rectal mucus has also been perfected and can be administered by some physicians. Many labs specialize in parasite testing. It is important to note, however, that even if the stool sample is negative, many doctors will go ahead and treat anyway based on symptoms. There is no fool-proof diagnostic method when it comes to finding these uninvited guests. A parasite questionnaire may be helpful.

As for treatment, some of the medications most commonly prescribed are Flagyl, Iodiquinol, Atabrine, and Vermox. Any one of these will usually rid the system of parasites if taken long enough. The major drawback is that many people suffer unpleasant side effects from these specific medications. These side effects include nausea, mental disturbances, and liver problems.

For those that opt for the natural route, many individuals report outstanding results from two herbal-based products, Paratox 11 and Paratox 22. The Paratox 11 is used for the larger worms (round worm, tape worms, and thread worms) while the Paratox 22 is best for microscopic organisms like giardia, amoebae, blastocystis and cryptosporidium. Paratox II contains several herbal ingredients including pink root which was the American Indian's favorite vermifuge. Paratox 22 features grapefruit seed extract with cranberry as a base, plus other ingredients. Some people follow up the allopathic medium with these herbal preparations. The products are available through UNIKEY Health Systems (at 1-800-888-4353).

Prevention is the key. Since parasites flourish on sugar, it is important to eliminate it from your diet. This includes excessive fruit and fruit juices. The exceptions are cranberries, pineapple and papaya which contain anti-parasitic enzymes. A strong immune system will be your best ally in keeping parasite free. Keeping away from processed, fiber--depleted foods is essential. Instead, eat unprocessed, high-fiber foods that encourage elimination. Sage, cloves, fennel and thyme can be used in cooking.

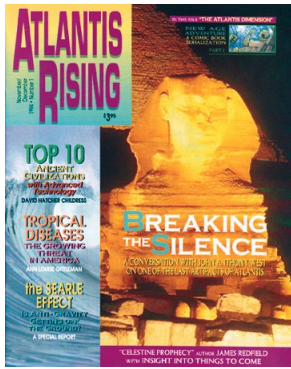
Some foods eliminate parasites naturally. These include several cloves of fresh garlic or a couple handfuls of pumpkin seeds per day. These can also be taken until your condition improves or used for prevention purposes.

You can effectively prevent parasites through common sense. Be careful eating in strange, exotic restaurants where the food is undercooked or eaten raw. Instead, order medium or well done. Wash your hands before eating and after cleaning or after handling your family pet. Instruct your children to do the same. When traveling, take a good digestive aid and acidophilus product for the intestines and take along some Paratox 11 or 22 just in case!

Ann Louise Gittleman, M.S., is a Certified Nutrition Specialist and noted author. Her books include, Beyond Pritikin, Super Nutrition for Women, and Super Nutrition for Menopause. She is currently practicing in Bozeman, Montana. The office number is (406)585-9837 for those who would like an individual consultation or want to know more information on parasites.

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## VISION PLUS

by  
Thomas Miller

### SUPER SEARCH ON:

[Thomas Miller](#)

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Just what is going on in the media, anyway? When it comes to the kind of material, you will find in Atlantis Rising, it's obvious that something very unusual is starting to happen. Not too long ago the climate for bringing up such ideas was pretty chilly. Lately it's gotten a lot more inviting. Witness such happenings during the past 12 months as the release through major television networks of The Mystery of the Sphinx (see page 18), Ancient Prophecies and Angels; and the appearance on the best-seller list of two books about out of the body experiences (OBE), Embraced by the Light and Saved by the Light. Moreover, also on the best-seller list is The Celestine Prophecy.

In September Unsolved Mysteries aired a detailed account of the Roswell incident (updating an earlier story which they had aired), which according to many, is the first major UFO encounter fully authenticated by a multitude of credible sources.

For many years now, we have had the ongoing syndication of the marvelous In Search Of series and it's still going strong in reruns on A&E.

NBC told us that after the airing of Ancient Prophecies they were deluged by 50,000 phone calls. The network even had to put in a special line and an automatic answering system to handle the overload.

NBC, which aired The Mystery of the Sphinx, November 10, 1993, considered it a sacrificial offering by scheduling it opposite Dances with Wolves on ABC. The response certainly caught the attention of NBC executives who have since re-aired the show once and moved forward with other new age projects.

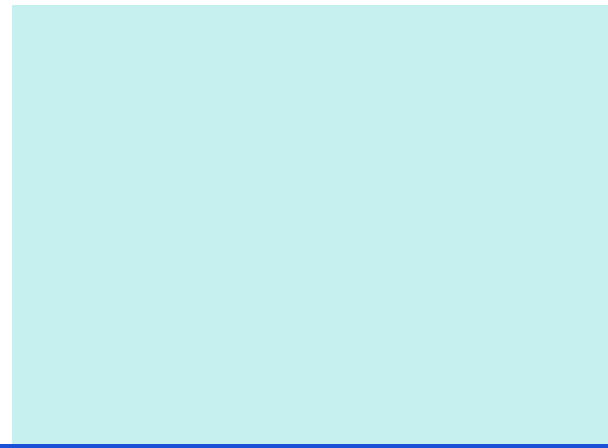
Not only did Sphinx pull an audience equal to Wolves in most markets, but in some, actually topped it. It received a remarkable 13.4 Nielsen rating and a 20% market share. On September 8, John Anthony West won an Emmy for best research.

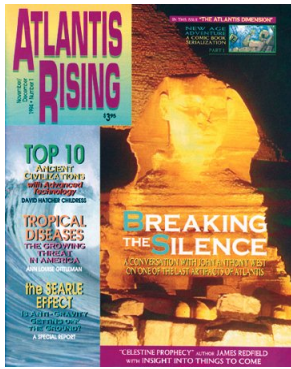
Speaking of ratings, ten years ago a poll of students at a small midwestern university asked the question do you believe in reincarnation. Faculty members had guessed only a small percentage might say yes, but were reportedly dumbfounded

when almost 55% said they did believe.

A few years later a lady who worked for Time-Life Inc. spoke to me prior to their series on occult phenomena about a marketing study Time-Life had done which had persuaded them to do the series. Of all conceivable subjects, more people were interested in occult phenomena and ancient mysteries than in any other subject.

As has been sometimes said, Atlantis is Rising.





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### AIR FORCE VS. ROSWELL: UPDATE

The U.S. Air Force has launched a new offensive aimed at ending persistent reports that it recovered the remains of several aliens and their spacecraft from a crash site near Roswell, N.M. in 1947. Clearly, unhappy with the growing number who believe the story, the Air Force issued a new report in September purporting to document that the famous wreckage was, in fact, the remains of a top-secret high-altitude balloon project called Project Mogul which was intended to detect Soviet atomic tests.

The report, which appears to have put the Air Force to considerable trouble, was prompted at least in part by the efforts of Rep. Steven Schiff, R-N.M. to get the Pentagon to declassify its documents relating to Roswell.

Depite its extensive nature, though, the report does not explain the hieroglyphic characters on the wreckage observed by several witnesses, nor does it address many other details in the accounts of credible witnesses.

It seems unlikely that the Pentagon has finally succeeded in putting the matter to rest.

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### ARCHEOLOGY ON MOON & MARS

Extra terrestrial archeology is taking new strides toward respectability here on Earth. Eighteen experts from across the scientific and professional spectrum gathered at Cody, Wyoming in September for a Moon/Mars Forum to discuss evidence for alien architecture on Mars and the Moon, as well as other controversial topics. In the process, the group created quite a stir. Area papers provided front-page coverage, treating the event as more-or-less serious news and making no attempt to cast aspersions on the revolutionary findings of many of the conferees.

Richard Hoaglund, best know for his book, The Monuments of

Mars, which argues that NASA photographs reveal ancient artifacts of civilization in the Cydonia region of the red planet, told conferees that the time for a privately funded mission to the moon is near. The idea would be to uncover evidence suppressed by NASA of exotic structures including a seven-mile high tower supported by a geometric matrix. Hoaglund says such a private mission is not only practical but preferable (to a government funded mission).

Attendees also heard Dr. Eugene Malove report on the progress of Cold Fusion technology. It turns out, that, notwithstanding rejection and ridicule by the American scientific establishment, new research is now vindicating the work of Drs. Pons and Fleischman, the two Utah chemists who in 1989 startled the world with the announcement that they had achieved by relatively simple and inexpensive chemical means the holy grail of high-energy physics, atomic fusion. Researchers in France with Japanese backing report a 107% return on the energy invested in the process.

The weekend conference was open to the public and drew hundreds to its programs including many students from the local high school who learned early in life that there are indeed many possible explanations for the mysteries of the world we live in.

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## **GODDESS OF THE HIGH ROCKIES**

Did ancient North Americans create a giant geoglyph (1,287 long and 330 feet wide) in the Paradise Valley of southwestern Montana? Dr. Robert Cartier, a California archeologist says he believes they did. If he's right, it would be the largest pre-Columbian man-made structure yet identified in North America.

The figure, which Cartier discovered in a high-altitude U.S. government photo, appears to have a long torso, short legs, a rectangular head, earrings, and a long train along its body. He thinks the figure is the work of Avonlea Indians over 1,500 years ago and he thinks it represents a mother deity called Changing Woman.

Other archeologists say it's all just a natural configuration of rocks placed by volcanic and glacial activity.

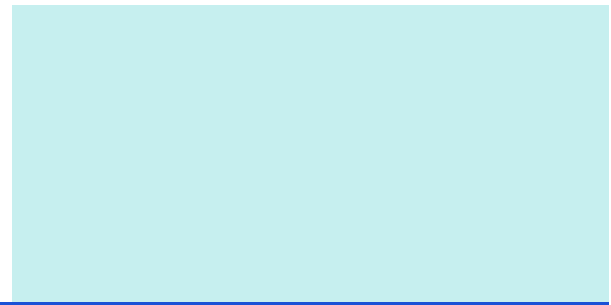
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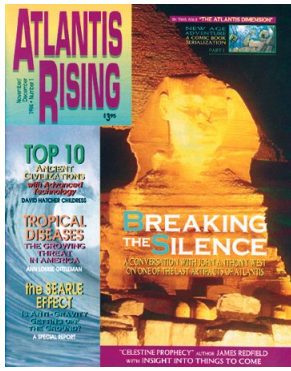
## **NEW AGE "MGM"**

One of Hollywood's top producers has joined a major effort to launch what has been described as a kind of metaphysical MGM. Robert Watts, whose credits include most of the mega-hits created by Steven Spielberg and George Lucas including Star Wars and all of the Indiana Jones movies, has joined forces with some top industry insiders to form North Tower Films. The

company, presently in development, seeks to produce movies aimed at raising the planetary consciousness.

Other principals are veteran film financier Steve Staples, ex-Zoetrope CEO John Peters, Director Walter Murch, and ex-astronaut Edgar D. Mitchell.





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# THE LEGACY DE LUBICZ

by

Dr. Joseph Ray

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What we have in mind here is a non-review of books. Thanks for stopping. The aim is to present selected book titles, all of them in print, related to one another by a common thread and currently topical, if not necessarily new. We'd like to convey enough here to enable you to decide with some assurance if you want to read more.

The focus in this premier issue is books concerned with ancient Egypt. We've selected a real family as you shall see. We'll begin with *Serpent in the Sky: the High Wisdom of Ancient Egypt* by John Anthony West. This well-written, scholarly and intellectually exciting work will provide a central point from which we shall digress and periodically return.

The intent of *Serpent...* is to make clear to a broad audience the remarkably fastidious and deeply insightful, if somewhat tedious, Egyptological research work of R.A. Schwaller de Lubicz, his family and a few colleagues. That work began when R.A. went for vacation to Egypt with his wife Isha and step-daughter Lucie Lamy. For 15 years they were immersed in and by it, returning then to Europe to ponder, organize and write. Lucie's *Egyptian Mysteries*, Isha's own extraordinary works and R.A.'s many treatises have all been published since. Thus the knowledge possessed by and, most significantly, the mode of thought engaged in by the highly elevated individuals who assembled, integrated and embedded that knowledge into hieroglyphs, as well as Pharaonic edifices, sculptures and paintings, continued to occupy most of their waking hours until the deaths of both R.A. and Isha. Lucie's *Egyptian Mysteries* was first published in 1981, by which time all the books by Isha and R.A. had appeared in print, in French. English readers are indebted to various translators who have, over the last 25 years, made available every one of them.

*Serpent in the Sky* is a great contribution to any thinking person's experience, but it's not easy reading. How could it be? The subject matter is nothing less than a description, with examples par excellence, of a mode of thinking long totally foreign to us. So, we need to go slowly, to permit digestion. But, if we do, assimilation will take place, and months later, we'll notice subtle differences in our perceptions and understanding.

West helps us too. Throughout *Serpent...* in the wide margins are notes and quotations to illustrate the narrow mindedness and arrogance of the Egyptological establishment. Indeed, these scholars were so shaken by the painstaking work of Schwaller and his group that they ignored them, preferring the old, ostrich-head in the sand trick or, as Jimmy Durante used to say, my head's made up, don't confuse me with the facts. The tactic, though neither scholarly nor scientific, remains a favorite among such academics. Actually, it demonstrates a chief characteristic of what the ancient Egyptians called cerebral intelligence, the intelligence of the brain and the lower of the two intelligences potentially operative in us humans.

Schwaller's insights and conclusions that the ancient Egyptians thoroughly understood human psychology, physiology, anatomy as well as the mechanisms of genesis, the nature of numbers, the use and nature of forces and the human experience following bodily death were just too much to see, much less swallow. Easier to ignore it. The history of all areas of science is replete with similar stories, for despite contrary statements, scientific establishments function as do other bureaucracies. Individuals in the higher echelons do not happily receive ideas that contradict whatever they themselves have come to embrace and feel comfortable with. Bureaucracies resist change but not for good reason.

In her *Opening of the Way, a Practical Guide to the Wisdom of Egypt*, Isha shows us that the ancient Egyptians understood why this is so. She characterizes cerebral intelligence and clarifies the organization and characteristics of brain consciousness and real consciousness as understood by these ancients. The personality, they said, is associated with brain consciousness and existed according to its values. These included: concern for the mundane, an orientation toward mediocrity, temporary (i.e. relative) values, emphasis on job-oriented education (!), temporality, superficiality and satisfaction. Real consciousness, associated with the intelligence-of-the-heart (that has its place in the brain), embraced different values, permanent, non-egoistic values along with an unequivocal, enduring love of life and of reality. Westerners, and Americans particularly, might find these ancient teachings disturbing, perhaps abhorrent. But such is the power of cerebral intelligence whose transcendence has brought about the life exterior superficial and unreal to unprecedented degree.

These books suggest that the entirety of ancient Egyptian thought was ultimately directed to the possibility of and the means to accomplish a personal evolution. This was every human's purpose. The structures, edifices, paintings, sculptures and writings left in the temples and tombs were meant as examples of and teaching instruments for those who wished for the truth as then understood, to discover and put to use in their own lives. Repeatedly, Schwaller teaches that everything is consciousness, that consciousness evolves in humanity only through individual effort.

The architecture of the ancient Egyptian temples is itself sacred, incorporating profound wisdom and embodying the laws of nature that we play with today but have not understood. One might think we understood gravity, magnetism, electromagnetism, electricity, and life. In his *The Temple in Man* (published early in 1949), Schwaller meticulously examines many aspects of the temple at Luxor. Hidden in a strangely askew series of buildings or chambers at precisely the correct positions, as determined by overlays of the human skeleton, are brain and body outlines, the olfactory orifices, ear canals, eye openings, the twelve cranial nerves, brain structures, body organs and so forth. Yet this is only the beginning.

West took seriously Schwaller's thought that the Sphinx was far older than the pyramid near which it is situated which has resulted in an Emmy-winning television show and considerable controversy (see *Getting Answers from the Sphinx* on page 18).

Both *Serpent...* and *Lucie's Egyptian Mysteries* (which is a fine introduction to West's work) contain over 100 photographs and drawings which illustrate how a symbol or a thought was represented in carvings or hieroglyphs.

Studying the photos is, in itself, interesting and enriching. Human-headed birds, jackal-headed humans, men with erect phalluses protruding from the navel area, humans with either two left or two right hands. In every case an important message is being conveyed. These strange-to-us means were utilized by the ancients to enable direct, immediate communication with the real consciousness of the intelligence-of-the-heart. Such intelligence, though common to us all, has been stunted by humanity's adherence to lesser and material values and by the unwholesome educational practices arising therefrom. It knows things directly, absolutely and without comparison. Hieroglyphs, allegory, symbol and myth (in the true sense of these terms) sidestep cerebral intelligence, which thinks by comparison. But the method of our higher intelligence is intuition and a higher teaching must appeal to and activate it. This is foreign to us, yet vital and alive in a way cerebral intelligence cannot appreciate.

The capacity to explore nature and oneself according to its subtle principles of action leads to super science and super people. These individuals can, and did, establish a social order that benefits all who function within it, from the point of view of each individual's psychological evolution. Clearly, the magnificent, enigmatic structures, the masterful sculptures, paintings, friezes, carvings, everything, could not have been accomplished with such elegance, grace, delicacy, intelligence and attention to detail if the artisans and laborers had not known and deeply felt that they themselves were individually benefited by their work in a way that exceeded mere care or satisfaction of the body. Here we may observe a true civilization, a real culture with an actual understanding in which wisdom established a constructive milieu for all citizens. Many may grimace at this, but, does anyone seriously believe that societies such as those of today's western world could possibly last 5000 years on the good earth we have poisoned?



Isha Schwaller de Lubicz gained extraordinary wisdom during her long life. An expert in hieroglyphics and Egyptian symbology, she wrote both non-fiction and novels about it. In *Her-Bak: Egyptian Initiate*, she weaves an illuminating, exhilarating, edifying story from the life of Her-Bak and the profound knowledge the masters of the temple of Karnak teach him. Even though a novel, it's not easy reading. Every day Her-Bak is challenged to learn something new that further breaks the bonds of cerebral intelligence on his mentations and places him among those who truly can understand. Understand what? Suffice it to say, the subtle interaction of the forces of creation, the hierarchical organization of everything existing, the structure of our psyche, the complete nature of our psychology and the essence of the relationship between the natural realm and the organizing principles according to which it continually comes into being.

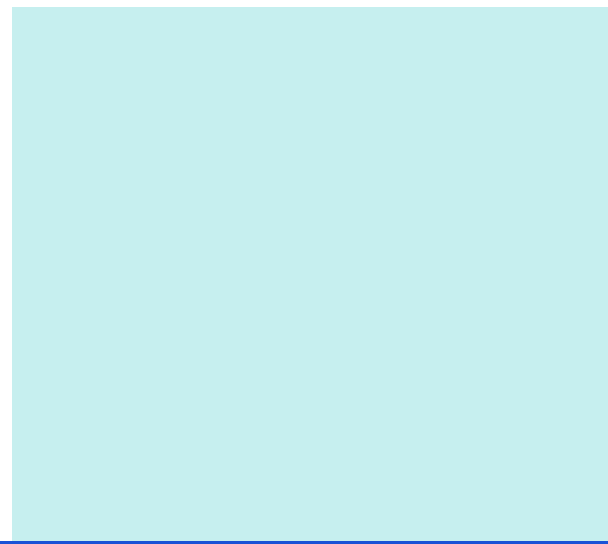
We can learn with Her-Bak. At one point, we overhear a master informing Her-Bak that: The commonest error among men is to think they are free.... As Her-Bak, we twinge, then dispute, rebut or reject. But with Her-Bak, wisdom prevails: in one way he lived at a better time. We do appear to be slaves of our cerebral intelligence with its remarkable capacity to form associations (habits) and to run our lives for us, we being typically unaware of all that's cooking. Indeed, a goodly portion of chapter three is devoted to a consideration of the automaton and the existence of two independent wills in humans. Of course, the brain, having gained ascendancy through no fault of its own, does not happily yield to the higher will. In those who sustain the higher will, a duel results. This is inevitable and as it must be. But why? R.A. explains in *The Egyptian Miracle*, the Pharaonic mentality understood, ...that every phenomenon is a reactive effect. Further, A cause never produces a direct effect... i.e. resistance is required for a force to have an effect, he says. Incomprehension of this idea is the basis of error in Western mentality. Reaction, he says is life. Absorption or non-reaction annul a force, as can be seen clearly in martial arts.

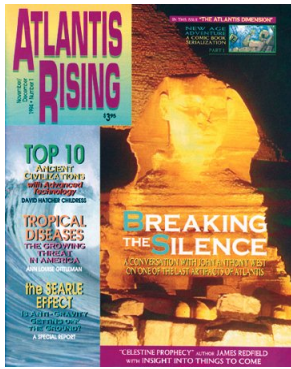
All of these works concern humanity, our position in the universe and the fulfillment of our promise, our actual potential, through psychological evolution. Perhaps for many people today these topics do not command attention. Evenso, many of the books can be read simply for intellectual enrichment. This is particularly true for *Serpent...* wherein West considers a broad array of subjects, quite often as their treatment today compares with their treatment by the Pharaonic sages. The process is intrinsically educational, interesting, and often inspiring. If one has any humility at all (it's not a value these days, is it?) one finds oneself in awe and conjecturing on the understanding the sages must have attained to do what they did. Science, then, integrated everything art, literature, philosophy, theology into a unified, mutually related, internally consistent whole. This was not, as some think, because the Pharaonic sages knew less; it was because they knew and understood far more than we.

The truth of this ancient science can be verified and already

some has. In a remarkable little book, *Esotericism and Symbol*, R. A. states, Pictorial writing is the only means of conveying a thought directly to intelligence-of-the-heart. Hieroglyphs depend upon visual gnosis, they evoke innate consciousness and can be translated thereafter by the cerebral intelligence.

By the way, R.A. tells us that our understanding of many key terms (such as symbol, esoteric) is now incomplete or worse. In turn, this increases the difficulty we have in coming simply to experience their form of thought: it is synthetic, not analytic; holistic, not fragmentary. It appears to be but is not authoritarian and absolutist. It is simply beyond rational thinking, sequential logic and the dualization essential to cerebrally based thought.





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# STRESS RX

by

Robert Resetar

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With so many recordings to choose from now-a-days, it's often extremely stressful trying to find some good music for de-stressing. Where do you begin? Bin after colorful bin all vying for your attention. Oftentimes I'll find myself browsing the local record store's new age or ethnic music sections while my already jangled nerves are getting pounded and screamed at by the latest heavy metal hits that the kids who work behind the counter are so impressed by. My best shot is to grab something that looks reasonably peaceful and make a mad dash for the cash register.

## CELTIC TWILIGHT

Various Hearts Of Space Artists (Hearts of Space)

In the never-ending quest to find recordings that don't assault, insult or use too much salt, this one is certainly worthy of note. Ten Hearts of Space artists present fourteen selections inspired by the Celtic tradition. Simplicity, Nobility and Sensitivity, Not a bad combination for any work of art.

- Style: Nouveau-Celtic
- Instrumentation: Acoustic guitar, solo strings, harp, piano bass, occasional woodwinds and light percussion, synthesizers, and solo female vocal on one selection.
- Feel: This recording pretty well captures the feeling of its Celtic ancestors.
- Performances: Excellent
- Compositions Good
- Arrangements: Varied styles, with each HOS artist presenting their own version of a Celtic feel. Tasteful arrangements.
- Tempos: Mostly slower except for cuts 3-6-9.
- Recording Quality: Excellent
- Remarks: A worthy addition to any collection. Of particular note is Brian Keane's arrangement of the traditional Scottish Melody, SKYE BOAT SONG, performed by John Boswell.

## AIR BORN

Michael Jones (Narada Mystique)

Interesting solo recordings are perhaps the most difficult to make. A naked instrument has nothing to divert the listener's attention from any imperfections. You have to be interesting within the limited scope of a single instrument and reasonably flawless in your performance for the entire duration of the recording. If anybody is capable of such an impressive task, Michael Jones certainly is one of the best in his field. Air Born is his 10th recording for Narada and he's still interesting and pretty darn flawless. In keeping with the theme there is an energy throughout Michael's performance on this recording that makes you feel like you're riding on the wind. Like the feather at the beginning of Forrest Gump, the music is always floating, flying or soaring in a non-stop journey to somewhere. The sheer motion of this music seemed to demand that I be up-and-doing, in an active mode.

- Style: Piano impressions
- Instrumentation: Solo piano
- Feel: Energetic, flowing and sensitive
- Performance: Excellent
- Compositions: In the flowing-stream-of-consciousness
- Arrangements: genre of composition, Michael's musical impressions are extremely well done.
- Tempos: Varied but generally active
- Recording: Quality Excellent
- Remarks: Over 76 minutes of music on the C.D.! A good selection for active times of day.

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## CHANT

The Benedictine Monks of Santo Domingo De Silos (Angel)

If you're looking for a great way to quiet the mind and gently direct it inward, this may be your answer. Gregorian Chant is the oldest form of Western music we know of. It is sung in Latin and dates back to the late 6th century. Performed here by the monks of Santo Domingo de Silos, CHANT is a high quality recording of the timeless devotional music of the early Catholic Church.

- Style: Gregorian Chant Instrumentation (Unaccompanied male voices).
- Feel: Devotional
- Performances: Very good
- Tempos: Medium slow throughout
- Recording Quality: Excellent
- Remarks: There are several recordings of Gregorian Chant available by various monasteries. Some are much better recordings than others and all have differences in feel. If you can, I recommend listening to a wide

assortment to find the ones that you most prefer.

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## SACRED GROUND

Gordon Grey (Grey Matter Music)

I'm impressed. This is some mighty fine guitar playin and arranging. It doesn't force itself on you, it just takes you on an enjoyable horseback ride through the southwest. Gordon Grey composed, played guitar on and produced this enjoyable recording.

- Style: Acoustic instrumentals with a southwestern theme (not sacred music)
- Instrumentation: Acoustic guitars, Bass, Violin, Piano, Violin, Light Percussion, Vocal backgrounds occasionally.
- Feel: Has a positive upbeat feeling overall.
- Performances: The guitar playing on this recording is extremely musical! Gordon Grey and Larry Robinson compliment one another very well. Light, energetic and colorful performances that never grow tiring.
- Compositions: Likable, acoustic guitar compositions that hold their own.
- Arrangements: Very musical arrangements that work extremely well. Tastefully understated. No drum set, only congas and shakers which keeps the tone light. One disappointment to me was the use of a rock electric guitar solo with distortion on one selection (The Northwest Wind). I found that sound and style to be out of context. Also slightly disappointing was the use of a sampled oboe when just about everything else was real.
- Tempos: Fairly lively throughout
- Recording Quality: Excellent
- REMARKS: I definitely recommend Sacred Ground. Gordon Grey is someone to watch. His deceptively simple style has character and musical integrity. Available from: Grey Matter Music. 518-884-8511.

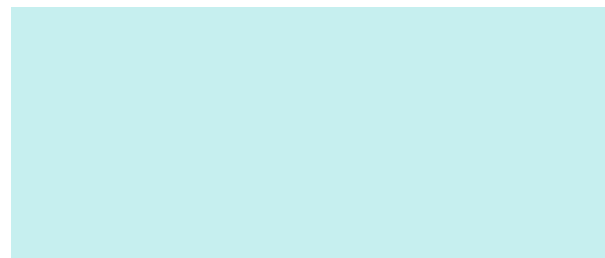
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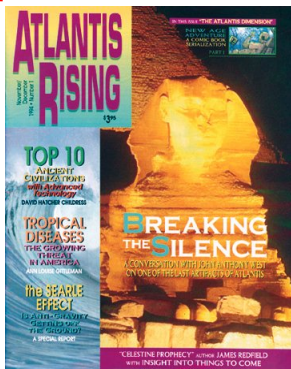
If you cannot find the reviewed selections at your local music store, most of them can be ordered through the Present Moment book store in Minneapolis, MN. The toll-free number is 1-800-378-3245. Ask for John.

Robert J. Resetar is a composer/orchestrator currently living in the Minneapolis area. His musical scores and orchestrations have been heard on network television programs, recordings, and performed by symphony orchestras.

If you would like to have your recording considered for a review in ATLANTIS RISING please send it to ROBERT RESETAR, P. O. BOX 23528, MINNEAPOLIS MN 55423. No selections will be

returned and due to the constraints of space only a limited number will be selected for printing. Please include information on where readers can purchase them and what formats they are available in. Preference will be given to alternative styles that are especially calming, colorful or unique.





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## WELCOME TO THE DAWN OF ATLANTIS RISING,

a different kind of  
new age publication.

by  
Douglas Kenyon,  
Publisher

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As you leaf through the pages of our premier issue, I believe you'll sense what we have in mind, but lest there be any doubt, allow me to spell things out.

Most new age magazines focus strongly on holistic health and life-style matters, and well they should. If the new age is not about developing a higher understanding of the human body and its relationship to the world, then what is it anyway? So we agree with the preeminent importance of holistic health issues and we intend to give them plenty of quality space in this publication.

Having said that, though, it seemed to us that a couple areas very much neglected by most magazines with similar demographic intent were ancient mysteries and future science. We were at a loss to explain why. Here were two subjects which, by virtue of their broad appeal, have a greater potential to attract a large following to the new age banner than yoga or vegetarianism ever could.

Sadly, it appeared that both ancient mysteries and future science have, in fact, been co-opted by those notorious crowd chasers, the tabloid press. In the meantime, those with serious aspirations to raise the planetary consciousness seemed to find such matters somehow beneath them, choosing instead to concentrate on more rarefied concerns. The curious public is left to choose between interesting material presented without credibility or boring material presented in an apparently credible way. An unhappy state of affairs, indeed.

The public's growing fascination with the hidden secrets of our ancient origins and the extraordinary possibilities of our future is an open door to the kind of universal consciousness-raising that all of us hope to see in a dawning new age. Besides, we at Atlantis Rising share that fascination, and we can think of nothing we would rather do than cater to it. We do believe, however, that it is entirely possible to cover such areas with dignity and credibility, while avoiding the sin of becoming bland or boring.

Now you can now decide for yourself if we have succeeded. Be sure to write and let us know what you think. In the meantime,

we'll keep raising our sights.

J. Douglas Kenyon

Publisher

