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## ALCHEMY REDISCOVERED AND RESTORED

In Two Parts (this being Part II & III) [[PART I](#)]

**Parts II & III**

*With an account of the extraction of the seed of metals and  
the preparation of the medicinal elixir according to the  
practice of the hermetic Art and of the Alkahest of the  
Philosopher*

*By*

*Archibald Cockren*

*To Mrs. Meyer Sassoon*

**PART II**

**THEORETICAL**

**CHAPTER I**

**THE SEED OF METALS**

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In this section I am placing before my readers some alchemystical teachings, together with my own interpretation of the theory of alchemy, in an attempt to clarify some of the apparent jargon in which the alchemist expressed his thoughts, and to demonstrate the scientific truth contained therein—a truth as self-evident and comprehensible as any scientific theory of today.

Instead of dealing with chemistry, occultism, and religion as distinct and separate subjects, alchemy has definitely taught the unity of all Life and Manifestation. It has attempted, and I think successfully, to correlate chemistry, occultism, religion, astrology, magic, and mythology, and to present them all as parts of the One Manifestation. It has attempted also to show that as the health and well-being of the body are as necessary to true religion as true religion is necessary to a healthy and balanced body, so occultism, elucidating as it does the unseen aspects of man, is necessary to both. By true religion, of course, I mean, not the dogmatic teaching of any one church or sect, but the Law of Life and Living; and by occultism, the manifestation of Powers working through and with Man to his ultimate perfection.

That all things proceed from One Thing by the Will of the One Being, that is, that all Manifestation proceeds from one, is the axiom that lies at the root of the

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theory of all alchemical science. The Hermetic Tract expressed it thus: ‘As all things were produced from One by the Mediation of One, so all things are produced from this One Thing by adaptation,’ or, in other words, the One in Manifestation has become many. From this One, this Seed, as it were, which the alchemist has called the Alkahest, have proceeded three, Mercury, Sulphur, and Salt, and again from these three have proceeded the many.

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Now we must remember that these terms are used by the alchemist very much as the modern chemist uses his terms, which when all is said, convey about as much or as little to the lay mind as do those of the alchemist. The alchemist’s Mercury, therefore, must not be confused with the metallic mercury which it resembles neither in texture nor appearance, neither must the Sulphur necessarily possess the qualities of sulphur as we know it, but to a student of alchemy these two substances, together with their salt, convey the idea of the Spirit, the Soul, and the Body. As Paracelsus said: “It is not, however, the common Mercury and the common Sulphur which are the matter of metals, but the Mercury and the Sulphur of the Philosophers are incorporated and inborn in perfect metals and in the forms of them.”

It may perhaps simplify matters a little if I give at this point some of the alchemical terms used. The Spirit of Mercury, alternatively called the Quintessence of the Philosophers, Aqua Vitae, Water of Paradise, Azoth, Mercury of the Philosophers, has also on account of its extreme volatility been termed the Eagle, for unless its container be very efficiently sealed, it rises into the air and is lost. Now as I have stated in a previous paragraph, when this Spirit of Mercury or Seed of Metals is divided, from it issue two, the White Mercury and the Sulphur, whose oily tincture, being the golden red of the Sun, has earned for it the name of the Red Lion, the Sun, according to astrology, being in the constellation of Leo the Lion. These two, the White and the Red, are looked upon as the female and male principles, the negative and the positive, Lune the Mother and Sol the Father, or Lune the Queen and Sol the King. This idea of the male and female, or positive and negative elements, is as old as time ; take, for example, the following extract from the Chinese, translated by Edward Chalmers Werner:

‘Mu Kung, or Tung Wang Kung, the God of the Immortals, was also called I Chun Ming and Yu Huang Chun, the Prince Yu Huang.

‘The primitive vapour congealed, remained inactive for a time, and then produced living beings, beginning with the formation of Mu Kung, the purest substance of the Eastern Air, and sovereign of the active male principle (yang) and of all the countries of the East. His palace is in the misty heavens, violet clouds form its dome, blue clouds its walls. Hsien Tung “the Immortal Youth” and Yu nu

“the Jade Maiden” are his servants. He keeps the register of all the Immortals, male and female.

‘Hsi Wang Mu was formed of the pure quintessence of the Western Air, in the legendary continent of Shin Chou. She is often called the Golden Mother of the Tortoise.

‘As Mu Kung, formed of the Eastern Air, is the active principle of the male air, and sovereign of the Eastern Air, so Hsi Wang Mu, born of the Western Air, is the passive or female principle (yin) and sovereign of the Western Air. These two principles, cooperating, engender Heaven and Earth and all the beings of the universe, and of the subsistence of all that exists.’

At this point, too, I should explain that the metals have been recognized as the manifestation of planetary influences and named in accordance. Thus

|                |                      |                |
|----------------|----------------------|----------------|
| <b>Gold</b>    | <b>is termed the</b> | <b>Sun</b>     |
| <b>Silver</b>  | "                    | <b>Moon</b>    |
| <b>Mercury</b> | "                    | <b>Mercury</b> |
| <b>Tin</b>     | "                    | <b>Jupiter</b> |

|               |   |               |
|---------------|---|---------------|
| <b>Iron</b>   | " | <b>Mars</b>   |
| <b>Copper</b> | " | <b>Venus</b>  |
| <b>Lead</b>   | " | <b>Saturn</b> |

According to this teaching the metal is formed as the result of certain stellar vibrations or waves of energy and consequently carries the characteristic of the planet by which it is influenced. Thus:

**Gold** is the manifestation of the perfect metal even as the Sun is the manifestation of Life on this planet:

**Silver**, the colour of white, is the Moon, the negative aspect of the Sun:

**Mercury**, as the planet Mercury, is of a volatile nature, its surface being in constant movement:

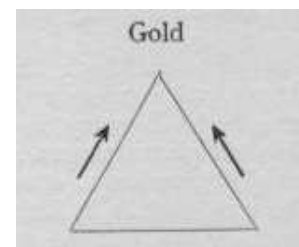
**Iron** is strength and force, Mars being the planet of energy and force:

**Copper** is Venus, closely approaching the colour of gold, Venus being the planet of beauty, and of love:

**Lead** is Saturn the Tester, cold, and known in cabbalistic teachings as the root of metals:

**Tin** is Jupiter, the planet of benevolence and opulence.

All metals are in a constant state of progression. By this I mean that Gold, the perfect metal, stands at the head, the summit of perfection, as it were, whilst all other metals are on the way towards eventually becoming gold; thus the alchemist merely does by art what nature does slowly through the years. Species, says Friar Bacon, are not transmuted, but rather their subject matter. It is the subject matter of the metals, the radical moisture of which they are uniformly composed, that the alchemist maintains may be withdrawn by art and transported from inferior forms, being set free by the force of a superior ferment or attraction.



Metals have always been recognized by the alchemists as living, breathing substances, each one having as its component parts Mercury, Sulphur, and Salt, the difference in the consistency and characteristics of the metal being due to the proportion of these three principles one to the other.

To illustrate this point, let me quote from Basilius Valentinus, one of the greatest alchemists of the fifteenth century:

‘Therefore the metal of Mars (Iron) is found to have the least portion of Mercury, but more of Sulphur and Salt.

‘The reader must moreover know concerning the generation of copper, and observe that it is generated of much Sulphur, but its Mercury and Salt are in an equality....

‘Among all metals Gold hath the pre-eminence because the sidereal and elementary operation hath digested and refined the Mercury in this Metal the more perfectly to a sufficient ripeness. .

‘Good Jupiter (Tin) possesses almost the middle or mean place between metals, it being not too hot, nor too cold, nor too warm, nor too moist, it hath no excess of Mercury, nor of Salt, and it hath the least of Sulphur in it....

‘I tell thee that Saturn is generated of little Sulphur, little Salt, and much unripe gross Mercury, which Mercury is to be esteemed a froth that floats upon the Water in comparison of that Mercury which is found in Sol (Gold).’

These quotations will illustrate what I intend to convey by my reference to the proportionate relationships of the three substances.

To revert to the subject of the seed of metals, from the ‘Speculum’ of Arnaud de Villeneuve come these words: ‘There is in Nature a certain fine essence, which being discovered and brought by art to perfection converts to itself proportionately all imperfect bodies that it touches,’ so that the first matter of all metals and substances is a fixed something altered by the diversities of place, temperature, etc. This ‘Essence’ has always been recognized by alchemists as the Seed of Metals.

To illustrate my meaning in regard to the Seed of the Species, I quote the following from ‘Ether and Reality,’ by Sir Oliver Lodge (Messrs. Hodder & Stoughton):

‘Matter exists not only in the organic forms of solids, liquids and gases and in the disintegrated forms of electrons and protons, it exists also as the complex molecules known as protoplasm, which for some reason or other has shewn itself to be the vehicle of life. Some forms of matter are endowed with or animated by life. This property of animation is a great mystery; we do not know what Life is, we only see what it can do. We perceive that it can enter into relation with matter, that it has a character and identity of its own, and that it builds up matter to correspond with or to represent identity. Life can take a variety of forms, and every form is characterized by a certain shape; the life of an oak is transmitted to an oak, the life of an elm to an elm. “To every seed his own body.” One form of life takes the shape of a bud, another of a fish, another of a quadruped. The varieties of life are innumerable, and are studied in the great science of biology.

‘Consider any piece of matter. . . . Contemplate any solid object; a vase, it may be, or a jewel, or a statue; what is it that holds the atoms together in that particular shape? If the atoms were not connected they would be moving about at random, like the atoms of a gas; but they are connected, crystallized as it were, together by the forces of cohesion. Even in a liquid they are held together into a body of definite size, though not a definite shape; a liquid has size though not shape; a gas has neither; a solid has both. The shape is most definite and law-abiding in a crystal; but in a plant or animal it has a definite character too—not so definite as in a crystal, a good deal of variety is possible, yet an animal or vegetable body has an undoubted character of its own, even to minute detail. And this character is handed down from one generation to another, modified perhaps, but only slowly, by the age-long process of Evolution.’

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This extract from Sir Oliver Lodge I have quoted in full, for in the words 'to every seed his own body' lies the whole doctrine of alchemy, which has recognized a metallic seed peculiar to all metals.

## CHAPTER II

### THE SPIRIT OF MERCURY

In the previous chapter I spoke of the substances Mercury, Sulphur, and Salt as being analagous to the Spirit, Soul, and Body. What I intend to convey is that the Spirit of the Metal is the Spirit of Mercury (a volatile essence which in its gaseous state is an Aether), the Sulphur is the Soul or the Blood, and the Salt the Ashes or the Body.

Again I quote from Basilus Valentinus, Father of Modern Chemistry:

#### *'Of the Spirit of Mercury.'*

'Though I have a peculiar Stile in writing, which will seem strange unto many, causing strange Thoughts and Fancies in their Brains, yet there is reason enough for my so doing; I say enough, that I may remain by my own experience, not esteeming much of others prating, because it is concealed in my knowledge, Seeing having alwaies the preheminece before Hearing, and Reason hath the praise before Folly: Wherefore I now say, that all visible, tangible things are made of the Spirit of Mercury, which excels all earthly things of the whole world, all things being made out of it, having their Off-spring only from it; for all is found therein which can perform all whatsoever the Artist desires to find; It is the beginning to operate Metals, when it is become a spiritual Essence, which is meer Air flying to and fro without wings; it is a moving wind, which after it is expelled its dwelling by *Vulcan*, it is driven into its *Chaos*, where it again enters, and resolves itself into the Elements, where it is elevated and attracted by the Sydereal Stars after a Magnetical manner unto themselves, out of love, whence he proceeded before, and was operated because it affects its like again, and attracts it to it. But if this Spirit of *Mercury* can be caught, and made corporal, it resolves into a Body, and becomes a pure, clear, transparent water, which is the true spiritual water, and the first *Mercurial* Root of the Minerals and Metals, spiritual, intangible, incombustible, without any mixture of earthly Aquosity; it is that Celestial water, whereof very much hath been written; for by this Spirit of *Mercury* all Metals, may if need require, be broken, opened, and resolved into their first Matter, without Corrosive; it renews the age of Man or Beast, even as the Eagles; it consumes all evil, and conducts a long Age to long Life. This Spirit of *Mercury* is the Master-Key of my Second Key, whereof I wrote in the beginning ; wherefore I will call ; *Come ye Blessed of the Lord, be anointed, and refreshed with water, and embalm your Bodies, that they may not putrefie or stink*; for this Celestial Water is the beginning, the Oyl, and the means, seeing it burns not, because it is made of spiritual Sulphur; the Salt Balsam is corporal, which is united with the Water by the Oyl, whereof I will afterwards treat more at large, when I shall write of them, and mention them.

'And that I may further declare what is the Essence, Matter and Form of the Spirit of Mercury, I say, that its Essence is blessed, its Matter spiritual, and its Form earthly, which yet must be understood by an incomprehensible way; these are indeed harsh Expressions, many will think, thy Proposals are all vain, strange Eftusions, raising wonderful Imaginations, and true it is that they are strange, and require strange people to understand these Sayings; it is not written for Peasants, how they should grease Cart-wheels, nor is it written unto those who have no knowledge of the Art, though they be never so learned, or think themselves so; for I only account them Learned, who next unto Gods Word, learn to know Earthly things, which must be pondered and judged by the Understanding, founded upon a true Knowledge, to distinguish Light from Darkness, who choose that which is good, and reject the evil.

'It is needless for you to know what the beginning of this Spirit of *Mercury* requires, because it can in no wise help nor advantage you, only take notice of this, that its beginning is supernatural, out of the Celestial, Sydereal and Elementary, bestowed on it from the beginning of the first Creation, that it may enter further into an Earthly Substance. But because this is necessary which hath been declared to you, leave the Celestial to the Soul, apprehend it by Faith, and let the Sydereal likewise alone, because these Sydereal Impressions are invisible and intangible, the Elements have already brought forth the Spirit perfect into the world by the Nutriment, therefore let that alone likewise; for man cannot make the Elements, but only the Creator, and remain by thy made Spirit which is already formal and unformal, tangible and intangible, and yet is presented visibly. So have you enough of the

first Matter, out of which all Metals and Minerals grow, and is one only thing, and such a matter which unites itself with the *Sulphur* in the following Chapter, and enters into a Coagulation with the *Salt* of the first Chapter, that it may be one Body, and a perfect Medicine of all Metals, not only to bring forth in the Earth at the beginning, as in the great World, but also by help of the vaporous Body to transmute and change, together with the augmentation in the lesser World: Let not this seem strange to you, seeing the Most High hath permitted, and Nature undertaken it.

‘Many will not believe this, esteeming it impossible, despise and vilifie these Mysteries, which they understand not in the least, they may remain Fools and Idiots till an illumination follows, which cannot be without God's Will, but remains till the time predestinate. But wise and discreet men, who have truly shed the sweat of their Brows, will be my sufficient witnesses, and confirm the Truth, and indeed believe and hold for a truth all that which I write in this case, as true as Heaven and Hell are preordained, and proposed as Rewards of good and evil to the Elect and Reprobate. Now I write not only with my hands, but my Mind, Will and heart constrain me to it: Those who are highly conceited, illuminated, and world-wise, hate, envy, scandalize, defame and persecute this Mystery to the utmost Rind, or innermost Kernel, which hath its beginning out of the Center; but I know assuredly, there will come a time, when my Marrow is wasted, and my Bones dried up, that some will take my part heartily, after I am in the Pit; and if God would permit it, they would willingly raise me from the dead; but that cannot be; wherefore I have left them my Writings, that their Faith and Hope may have a Seal of Certainty and Truth, to testifie of me what my last Will and Testament was, which I ordained for the poor, and all the Lovers of Mysteries, though it did not behove me to have wrote so much, yet I could not refrain without prejudice to my Soul, but to drive a Light or Flash through a Cloud, that the Day might be observed, and the dark Night, thick and gloomy, rainy Weather expelled.

‘Now how the *Archaeus* operates further by the Spirit of Mercury in the Earth, or Veins of the Earth, take this Advice, that after the spiritual Seed is formed by the impression of the Stars from above, and fed by the Elements, it is a Seed, and turns itself into a *Mercurial* Water, as first of all the great World was made of nothing, for when the Spirit moved upon the Water, the Celestial Heat must needs raise a Life in the cold waterish and earthly Creatures; in the great World it was Gods Power, and the Operation of the Celestial Lights ; in the little World it is likewise Gods Power, and the Operation to work into the Earth by his Divine and Holy Breath. Moreover the Almighty gave and Ordained means to accomplish it, that one Creature had obtained power to operate in the other, and the one to help and assist the other, to perform and fulfil all the Works of the Lord; and so an influence was permitted the Earth to bring forth by the Lights of Heaven, as also an internal Heat, to warm and digest that which was too cold for the Earth, by reason of its humidity, as unto every Creature a peculiar fashion according to its kind; so that a subtile sulphurous Vapour is stirred up by the Starry Heaven, not the common, but another more clarified and pure Vapour, distinct from others, which unites itself with the *Mercurial* Substance; by whose warm property, in process of time, the superfluous Moisture is dried up, and then when the soulish property comes to it, which gives a preservation to the Body and Balsam, operating first into the Earth by a spiritual and sydereal influence, then are Metals generated of it, as it pleaseth the Mixture of the three Principles, the Body being formed according as it assumes unto it the greatest part of those three. But if the Spirit of *Mercury* be intended and qualified from above upon Animals, it becomes an Animal Substance; if it goes upon Vegetables by order, it becomes a Vegetable Work; but if, by reason of its infused nature, it fall on Minerals, it becomes Minerals and Metals, yet each one hath its distinction as they are wrought, the Animals for themselves, the Vegetables on another manner and form by themselves, and so likewise the Minerals, each one a several way, whereof to write particularly would be too tedious, and yield large and Various Narrations.

\* \* \*

‘This is the summe in brief, that without the Spirit of *Mercury*, which is the only true Key, you can never make Corporal Gold potable, nor the Philosophers’ Stone. Let it remain by this Conclusion, be silent; for I my self will at present say no more, because Silence is enjoyed thee and me by the orderly Judge, recommending the Execution and further search thereof to another, who hath not as yet reduced the Matter into a right Order.’

And here the words of Alexander von Suchten, from the ‘Blessed Casket of Nature’s Marvels ‘ by Benedictus Figulus:

'The primary matter of man and the primary matter of the great world are one and the same thing. But this primary matter of the world and of man is a Crystalline Water of which Holy Writ says " Before God created Heaven and Earth, the Spirit of the Lord brooded over the waters." This water became a primary matter of both. But where remains the Spirit of the Lord, which brooded over the waters, after the two worlds, i.e. heaven and earth, and man had been created from the same? I reply, in the primary matter of man and of the world, God who is Perfection, has wished to dwell in Man. But here the following question might be put; how did man know—since the primary matter of man and the world is a crystalline water—how could man know whether the Spirit of the Lord had remained in this primary matter of the world, or of man? I reply, he knew it by the Art of Water, for Water was his teacher. This teacher shewed him how the world dies, how the Spirit departs from it, how the body is without spirit, the spirit without body. He saw how the spirit returns to the body, and the body revives. He saw by the decay of the world that it did not become again what it had been before. Hence it became plain to him that God dwells not in that which passes away, but in that which is eternal.'

### CHAPTER III

#### THE QUINTESSENCE (1)

Space, whether inter-planetary, inter-material, or inter-organic, is filled with a subtle fluid or gas, which we call, as did the ancients, Aith-in-Solintaire Aether. This fluid or gas, unchangeable in composition, indestructible, invisible, pervades everything and all matter. Metal, mineral, tree, plant, animal, man; each is charged with the Ether in varying degrees. All life on the planet is charged in like manner; a world is built up in this fluid, and moves through a sea of it.

Ether, which the occultist terms astral light, determines the constitution of bodies. Hardness and softness, solidity and liquidity, all depend on the relative proportion of ethereal and ponderable matter of which they are composed.

The arbitrary division and classification of physical science, the whole range of physical phenomena, proceeds from the Primary Aether, for Science has reduced matter as we know it to Ether, which, although not solid matter, is still matter. When most of us speak of matter, of course, we usually visualize solid substance, but it has been proved by Science that matter is not actually solid, but merely a stress, a strain in the Ether. The atoms, and finer still, the electrons and protons of which it is composed, all move in a sea of Ether, so that in accordance with this theory, the very air we breathe, the very bodies we inhabit, all must likewise be moving in this sea of Ether, the parent element from which all manifestation has come.

This principle that all things proceed from one is demonstrable in the physical; in the principles of Biology, the multicellular organisms, complex as they may be in their structure, nevertheless arise from a single cell. Science postulates that all matter is composed of atoms: the atoms, however, are composed of protons and electrons, and the electrons in their turn are evidently composed of Ether. This Ether is a universal connecting medium filling all Space to the furthest limits, penetrating the interstices of the atoms without a break in its continuity, and so completely does it fill Space that it is sometimes identified with Space, and has, in fact, been spoken of as Absolute Space.

'The Ether of Space,' according to Sir Oliver Lodge, ' is a theme of unknown and apparently infinite magnitude, and of a reality beyond the present conception of man. It is that of which everyday material consists, a link between the worlds, a consummate substance of overpowering grandeur. By a kind of instinct one feels it to be the home of spiritual existence, the realm of the awe-inspiring and supernal. It is co-extensive with the physical universe, and is absent from no part of space. Beyond the furthest star it extends, in the heart of the atom it has its being. It permeates and controls and dominates all. It eludes the human senses and can only be envisaged by the powers of the mind.

' Yet the Ether is a physical thing; it is not a physical entity, it has definite properties. It is not matter any more than hydrogen and oxygen are water, but it is the vehicle of both matter and spirit. . . '

Now the occultist has divided matter, seen and unseen, into seven principles or planes, and of these the fifth principle, or Quintessence, corresponds to Science's Ether of Space. If we are willing to admit that there is truth in this statement, then we may begin to see that alchemy is based on absolute Law. All the forces of our scientists have originated in the Vital Principle, that one Collective Life of

our Solar System, which life is a part of, or rather one of the aspects of, the One Universal Life.

During life there is present in man a finely diffused form of matter, a vapour filling not merely every part of his physical body, but actually stored in some parts ; a matter constantly renewed by the vital chemistry, a matter as easily disposed of as the breath, once the breath has served its purpose. Of this matter Paracelsus wrote

‘The Archæus is an essence that is equally distributed in all parts of the human body. . . . The Spiritus Vitæ takes its origin from the Spiritus Mundi. Being an emanation of the latter, it contains the elements of all cosmic influences, and is therefore the cause by which the action of the cosmic forces act upon the body of man.’

This Archæus is of a magnetic nature and is not enclosed in a body but radiates within and around it like a luminous sphere. Alchemy and alchemy alone, within historical period, and in so-called civilised countries, has succeeded in obtaining a real element, or a particle of homogeneous matter, the *Mysterium Magnum* of Paracelsus. By his age-old science the alchemist may set free this Vital Principle in his laboratory, destroy the body of the metal on which he is working, purify its salt, and bring its principles together in a higher form. This process, which is after all but a miniature reproduction of a superior process in operation around us all the time, undoubtedly proceeds from Master Intelligences who have lived at some time or another on this Earth.

It is a pity that Science must always reject old ideas and cast them away as useless before rediscovering them as something new to be incorporated in its current theories. To discard the alchemist’s theories is as intelligent as to dismiss as rubbish Einstein’s Theory of Relativity merely because one does not happen to understand his language. Some of our scientific men have realized this, for F. Hofer in ‘*Histoire de la Chimie*’ (Paris 1866) remarks: ‘The systems which confront the intelligence remain basically unchanged through the ages, although they assume different forms. Thus, through mistaking form for basis, one conceives an unfavourable opinion of the sequence. We must remember that there is nothing so disastrous in Science as the arrogant dogmatism which despises the past and admires nothing but the present.’

If Science would but try to understand the conception of the Universe as taught by occultism throughout the ages, taking as its starting-point the teaching of the One Life in Manifestation, its seven planes of consciousness, its infinite forces, and as the basis of its philosophy the Hermetic axiom ‘as above, so below,’ it would found a system based on eternal Truth instead of on a quicksand of theories. Science will never really understand the truth about life until it reaches this realization, which cannot be attained through its instruments and appliances, but only through the inner powers of the mind.

## THE QUINTESSENCE. (II)

‘Nothing of true value is located in the body of a substance, but in the virtue thereof, and this is the principle of the Quintessence, which reduces, say 20 lbs. of a given substance into a single ounce, and that ounce far exceeds the 20 lbs. in potency. Hence the less there is of body, the more in proportion is the virtue thereof.’

Paracelsus has said:

‘The Magi in their wisdom asserted that all creatures might be brought to one unified substance, which substance they affirm, may by purification and purgation, attain to so high a degree of subtlety, such divine nature and occult property, as to work wonderful results. For they considered that by returning to the earth, and by a supreme and magical separation, a certain perfect substance would come forth, which is at length, by many industrious and prolonged preparations, exalted and raised up above the range of vegetable substances into mineral, above mineral into metallic, and above perfect metallic substances into a perpetual and divine Quintessence, including in itself the essence of all celestial and terrestrial creatures.’

By this Quintessence or *quintum esse*, Paracelsus meant the nucleus of the essences and properties of all things in the universal world.



From the 'Golden Casket' of Benedictus Figulus comes the following:

'For the elements and their compounds in addition to crass matter, are composed of a subtle substance, or intrinsic radical humidity, diffused through the elemental parts, simple and wholly incorruptible, long preserving the things themselves in vigour, and called the Spirit of the World, proceeding from the Soul of the World, the one certain Life filling and fathoming all things, so that from the three genera, or creatures, Intellectual, Celestial and Corruptible, there is formed the One Machine of the Whole World. This spirit by its virtue fecundates all subjects natural and artificial, pouring into them those hidden properties which we have been wont to call the Fifth Essence, or Quintessence. . . . But this is the root of life, i.e., the Fifth Essence, created by the Almighty for the preservation of the four qualities of the human body, even as Heaven is for the preservation of the Universe. Therefore is this Fifth Essence and Spiritual Medicine, which is of Nature and the Heart of Heaven, and not of a mortal and corrupt quality, indeed possible. The Fount of Medicine, the preservation of Life, the restoration of Health, and in this may be cherished the renewal of lost youth and serene health be found.'

Turning from the words of the alchemists of the fifteenth and sixteenth centuries to those of a twentieth century scientist, let me quote from Sir Oliver Lodge's 'Ether and Reality' once again:

'Apollonius of Tyana is said to have asked the Brahmins of what they supposed the Cosmos to be composed.

' " Of the five elements."

' "How can there be a fifth," demanded Apollonius, "beside water and air and earth and fire?"

' "There is the ether," replied the Brahmin, "which we must regard as the element of which the gods are made; for just as all mortal creatures inhale the air, so do immortal and divine natures inhale the ether." '

And:

'What you choose to call this unifying" Something" is of no consequence. The Ancients sometimes spoke of the "Ether," possibly as an addition to the usual four elements, and Sir Isaac Newton adopted this term for the connecting medium. The optical medium connects the particles together in a solid or a liquid, and the same medium connects the heavenly bodies together into systems and clusters and constellations and nebulae and Milky Way.

'All pieces of matter and all particles are connected together by the Ether and by nothing else. In it they move freely, and of it they may be composed. We must study the kind of connexion between matter and Ether.

'The particles embedded in the Ether are not independent of it, they are closely connected with it, it is probable that they are formed out of it: they are not like grains of sand suspended in water, they seem more like minute crystals formed in a mother liquor. . .

Again:

'Speculatively and intuitively we feel to be more in direct touch with the ether than with matter. How we can act on matter is a mystery. How we have constructed and how we move our bodies, we do not know. We are apt to identify ourselves with our bodies. But there is evidence which shows that we are really independent, that we continue in existence, and can leave our bodies behind. Matter is not part of our real being, not of our essential nature it is but an instrument that we use for a time and then discard. Probably we do not act directly upon matter at all. Our will, our mind, our psychic life, probably act directly upon the Ether; and only through it, indirectly, on Matter. Ether is our real primary and permanent instrument. It is in connexion with the Ether that our real being consists; and through it we are able to manipulate the atoms of matter, to move them, to rearrange them, and thus 'employ them to express our thoughts and feelings and to manifest ourselves to other individual entities who in the long course of evolution have been enabled to construct and employ similar most ingenious, though imperfect, instruments of manifestation. By this means we can become aware of a

multitude of existences, the whole animal and vegetable kingdom, of which otherwise we might have remained ignorant; by this means our conceptions of existence have been enlarged and extended, the possibilities of friendship enhanced, the perception of a new realm of law and order attained. And thus is our own nature enriched by the effort and experiences belonging to a new and most interesting— though from our point of view imperfect and rebellious—physical mode of existence.’

And his closing words:

It is the primary instrument of Mind, the vehicle of Soul, the habitation of Spirit. Truly it may be called the Living Garment of God.’

This comparison between the writings of scientists of different centuries is interesting, since it seems to me that while there may be some difference in actual verbal expression, each man refers to the same principle.

## CHAPTER IV

### THE QUINTESSENCE IN DAILY LIFE

Since it is not possible for everyone to follow its reactions in the laboratory, I am devoting this chapter to the manifestation of the Quintessence in everyday life, for it is not merely in the laboratory that this vital principle evinces itself, but through all phases and conditions of existence.

#### *Vitamines.*

First, what of our food? The physicist has found that for a food to be really worthy of that name it must contain a certain vital essence, which he has called the Vitamine. Without this vital quality, which I believe to be this same Quintessence or Divine Energy, any type of food whatsoever is just so much dead matter. For instance, expeditions on which the men have subsisted entirely on a diet of tinned food have invariably shown that whilst ingesting the bulk of food necessary for the satisfaction of their hunger, they yet suffered from starvation since that food was devoid of its vital principle—the Quintessence or Vitamine. Most of us have read at some time or another of the sufferings of the early navigators who would sail for weeks without sighting land, living the while on dried food. From those islands which could provide anything in the way of fresh meat and fruit they would replenish their miserable stores, and for a time whilst these fresh provisions lasted, the crew would improve in health and vitality, but with the exhaustion of the supply would come depletion of vitality, scurvy, and other trials occasioned by a deficiency diet. Citrous fruits, in particular, were found to be extremely effective for combating scurvy, and British sailors at one time in their history were called ‘limies ‘ by reason of the citrous fruit included in their food quota.

This food problem, then, which we have confronting us is surely a proposition of vast dimensions. From all sides we are bombarded with demands for a fitter people, for an A 1 nation, but if this high standard of national health is to be attained, then the food problem of the people must be tackled in all seriousness. While the peoples of the world depend for their sustenance (as the greater part of our Western civilization does today) on a diet of highly refined food, from which all real food value has been extracted in the process of refinement, there is little hope of any improvement in their physical status, and this lack of vitally charged food may easily be a reason, and a very important reason, for such diseases as cancer and kindred complaints; infantile paralysis, sleepy sickness, and influenza. As a preventative to many diseases, medical men are now recommending Vitamin D, but actually this question of Vitamines is only touching the edge of a problem which is of very real importance and urgency to each one of us—the necessity for a diet incorporating in its constituents that vital energy or quintessence without which a food is no food at all.

#### *Digestion.*

From the food itself let us turn our attention to the digestion of that food in the human body. In the process of digestion we find a much more complex action taking place than physiology has so far been able to demonstrate. The process of ingesting food into the human stomach is really a mild form of poisoning, and in order to utilize to the best advantage the foodstuffs he is taking, the human being must transmute those foodstuffs, provided for him by the animal and vegetable kingdoms, into a form

that the cells of his body can readily take up and assimilate. Without this process of change in digestion, man would probably die of poisoning! For an example of this changing process, take albumen. Albumen in the process of digestion is split up into its amino acids and then brought together again as a human albumen capable of absorption and assimilation by the cells of the human body.

Can any physiologist explain how this change takes place? Physiologically there is no explanation which would elucidate this process, but that it does take place is a fact. In its enactment we have an instance of transmutation, of man taking into his body a lower form of life for its transmutation into something higher, and what is that but an alchemical process? The transmutation of a lower substance into a higher, when it takes place in the body of man, is definitely a function of the unconscious part of the mind—a function not consciously performed by the ordinary individual owing to the fact that the Mind of Man, in the process of building form from the Amoeba upwards, has relegated such functions to the unconscious or subconscious part of the mind, leaving the surface consciousness to carry on with outside problems. Thus whilst all this work of digestion, circulation, breathing, etc., is being carried on by the deeper strata of the mind, the upper strata are free, as I have just said, to deal with the demands of everyday life. How many of us realize, I wonder, that here in this very process of digestion is taking place an act of magic which the average man cannot understand, complacently though he accepts it. Occultists have taught that this process of the transmutation of food in the human body can be helped by the conscious part of the mind (by what some schools would call auto-suggestion).

Thus we have an example of man as the medium through which a transmutation of a lower form of matter into a higher may take place.

### ***Breathing.***

To take another function of the human body—that of breathing. What has physiology to tell us of the process of breathing? We are taught that the most important function of breathing is the taking of oxygen into the lungs to revivify that venous blood which has lost its oxygen in its circulation of the body, and has to be replaced before it can pass on into the arterial circulation once more.

This is one function of breath, but another, which physiology has so far not touched, is the breathing in of the natural electricity or Vital Principle (the Quintessence) in the atmosphere, which the human body uses as nervous energy. Here again the unseen alchemist is at work, engaged in the absorption of the air around him and its transmutation into something higher for the work in his own body.

This question of breathing brings another in its train—the question of

### ***The Heart's Action.***

Is the heart, as physiology states, an instrument for the pumping of blood through the blood-vessels of the body? Impossible; it would require a much larger and more powerful organ than the heart to pump blood through some of the tiny blood-vessels in the body. The heart is the regulator of the flow, not the pump, the circulation of the body being an electrical process, with the arteries as the positive and the veins as the negative charges. The venous blood being negative is drawn to the lungs which are positive, and there re-charged with the air intaken by the lungs. After receiving its positive charge the blood is repelled from the lungs (since two positive charges repel one another) and flows through the heart to the Aorta, the rate of its flow being regulated by the heart's beat. The Aorta divides and sub-divides throughout the body, giving up its charge to the nervous system, which passage causes the blood once again to become negative, and necessitates its return (through the veins) to the lungs for re-charging. In these days of knowledge of electricity and magnetism, it is only logical to conclude that these so-called mechanical actions of the organs of the body are electrical.

The atom of oxygen is like a sponge that holds a certain amount of etheric force or electricity (the Quintessence), each atom enclosing within itself a charge of vital energy. The human body is a chemical laboratory and the so-called atoms of oxygen, hydrogen, nitrogen, etc., contain within themselves charges of Vital Energy. The Yogi, in describing his breathing exercises, speaks of a certain vital principle of energy which he calls 'Prana,' which is in actual fact another instance of the manifestation of the Quintessence. In his system of breathing the mind is so centered on the act of

breathing that this Quintessence of the air is consciously taken in for the revitalization of every part of his body. When you take a holiday in the mountains or by the sea, with beneficial results, the real benefit obtained is from this Quintessence or Vital Energy in the air which you breathe in.

The alchemist, by his laboratory process, is taking this Quintessence or Vital Energy from metals, since he has found in his experience that it is obtained from minerals and metals in a more perfect form than from plant life, the minerals being of the first manifestation.

### PART III

#### CHAPTER I

##### THE MEDICINE FROM METALS

In our treatment of the human body we have to remember that in composition it is not an inanimate object capable of sustaining the kind of treatment accorded to a sack of sand, but a delicate organism possessed of the capacity of feeling, consciously and unconsciously, and must be handled accordingly. The cell life of the body is selective in the finest sense, the cells rejecting any substance unfit for their use, and consequently it is as reasonable to expect to run a modern aeroplane engine on inferior fuel as to ingest into the human body for its maintenance a drug of a gross nature, or a food devoid of its natural vital principle.

We all have constant proof of the fact that at a certain stage in his life man's body apparently begins to deteriorate, the reason given for this deterioration being the slowing down of the cell activity with the result that the body's wasting process proceeds more rapidly than does the repairing process. This explanation is correct, for as man gets older, the vital energy does not flow through to the cells of his body so efficiently as in his youth, and the cells of the body, when unable to obtain their requisite elements, become sluggish in their action and ultimately diseased.

In this connection our ideas on so-called diseased bacteria have to be very much revised; the so-called bacteria is the medium through which the vital energy is transferred to the cell life. This is its work, the purpose for which it was created, and if for some reason the flow of that energy is impeded in its passage, then the bacteria takes its energy from the cell, and at once becomes pathological. For this reason it has been regarded by the medical faculty as the *cause* of the disease; but any bacteriologist will realize how nearly he has approached to the truth of this statement when he in his turn states, for example, that certain types of bacteria are oxygen-eating, that is, in the event of their being unable to obtain their oxygen from such a substance as sugar, they take it from the human body and so debilitate and disease that body. For this reason, if we really desire to become an A 1 race, we must find and understand the preparation of those elements which the human body's cell-life requires to assist its correct functioning, for when the cell-life of the body fails, then the body itself fails also.

Alchemy, as demonstrated by two of its most prominent exponents, Basil Valentine and Paracelsus, is concerned not only with the attainment of the Philosopher's Stone, but with the preparation of medicines, by which is meant the separation of the ethereal from the gross, the true secret of the Spagyric Art.

At the present day we have two definite systems of medicine, the one termed allopathy, the other homeopathy. Both these systems have countless remedies, but neither is by any means perfect, for where the allopath gains his cures, the homeopathist has to admit defeat, and where the homeopathist succeeds, the allopath may fail. The allopath, whose methods are the more widely practised at the moment, maintains that the homeopathist gains his successes through the imagination of his patients, but the homeopathist believes his methods to be the more scientific, since he deals with a more finely divided and spiritualized medium; for while the allopath uses his drugs without trituration, the homeopathist triturates his drugs from the first decimal to the higher potencies even up to the two-hundredth decimal. Even so, although his method is the more perfect of the two, it is still far from the ideal

The homeopathists, of course, teach that the founder of their system was Hahneman, but in actual

fact this is inaccurate. Hahneman merely rediscovered in part a system which had been taught in alchemy for hundreds of years. I say in part because the alchemist's interpretation of the system was very much more perfect than is the modern homeopathist's.

In regard to the question of potencies, I will repeat once again the definition of the Quintessence: 'Nothing of true value is located in the body of a substance but in the virtue thereof. And this is the principle of the quintessence, which reduces, say, twenty pounds to a single ounce, but that ounce far exceeds in potency the entire twenty pounds.' Thus to find the Quintessence of Iron, for example, the metal is changed into its vitriol or salts, which in turn are purified by several washings in distilled water, and after each washing re-crystallised. The salt is then calcined to redness and its spirit drawn off in a special manner and also in its turn carefully distilled several times, the result being a red oil of iron which is its *true* essence, a few drops constituting a dose.

The first essential of a really effective healing agent is that it should contain the Quintessence or vital principle of the herb or metal used, and it is the homeopathist's failure to provide this element in his preparations which entails the loss of the real value of his medicaments.

The allopath's failures lie in the fact that his remedies are always administered in too crude a form. In the administration of a metal, for instance, it must be understood that the body of a metal is worthless, as a medicine, it cannot heal: it is the *essence alone* that is curative. Only too often the body is poisonous, and until that gross part of the metal be broken up, its administration is definitely *harmful*. Probably one of the most common forms of metallic poisoning is that of mercury, but remove the harmful parts of the metal and the healing essence is free to do its work thoroughly. Nitrate of silver is a caustic poison, but remove the gross part of the metal and the essence of the silver is a cure for diseases of the brain. Lead salts are poisonous, it is true, and in many cases their administration has resulted in death from lead poisoning, but remove that poisonous matter and the remaining essence, which is clear, sweet-smelling, and aromatic in taste, forms a cure for all diseases of the spleen. Copper, when the gross body of the metal is removed and the essence unlocked, is invaluable for the nervous system and the kidneys ; likewise, tin for the liver, iron for all inflammatory diseases, and the bile, and gold for the heart and general circulation. But gold, too, is only suitable for a medicine when the salts of gold are reduced into the oil of gold and distilled into a golden liquid; then and only then is gold tolerated and utilized by the human body. The salts of gold used at the present day can never be assimilated, for by their present method of preparation they can never be properly distilled and purified.

From the foregoing paragraphs it will be seen that the whole principle of cure rests on the proper separation of this Quintessence to which alchemy, and alchemy alone, provides the key. The whole principle of the system is that the body of the metal impedes the action of the essence, and those metals which have hitherto been regarded as poisonous (mercury, antimony, lead, arsenic) are all non-poisonous and capable of greater curative potency when this process has been faithfully carried out.

A third system of medicine which I have not mentioned, and which is not much practised in this country, has recently come into being. I refer to the colloidal system. Although even here the methods of preparation have not been pushed quite far enough, the results of some of its experiments would seem to indicate that this particular branch of research work is being conducted on the right lines, and is paving the way to a more efficient system of medicine.

The Rockefeller Institute, in the course of its research work, has demonstrated that iron taken in this form is much more easily absorbed by the body than in its cruder state, whilst copper administered as a colloidal preparation is a powerful agent in the reduction of neuralgic and nervous conditions. In their laboratory experiments too, it has been found that flowers rescued from the rubbish heap and placed in a bowl of colloidal copper regain their freshness.

A further proof of the efficacy of the system was provided during a bad outbreak of goitre in one of the American states. The epidemic was almost entirely eliminated by the addition of a colloidal preparation of iodine to the supply of drinking-water in those districts where the goitre was most prevalent.

For a medicament to be brought to its highest grade of action, the preparation is of inestimable

importance, but so long as the physician is content with the preparation of the chemist, I fail to see how any vital improvement in the quality and efficacy of our healing mediums can be expected. The physician is no chemist, the chemist has no clinical experience, and so the medicinal art must fail repeatedly not because its students themselves are incompetent, but because the system under which they work is so inadequate. We contribute enormous sums of money to the maintenance of our hospitals and at the same time drive into them the victims of our foolish system of drugging and feeding. I repeat, it is not the body of men that I condemn, but merely our absurd system of contradictions. Paracelsus has said:

‘If, then, it be of such vast importance that Alchemy shall be thoroughly understood in Medicine, the reason of this importance arises from the great latent virtue which resides in natural things, which also can lie open to none, save insofar as they are revealed by Alchemy. Otherwise it is just as if one should see a tree in winter and not recognize it, or be ignorant what was in it until summer puts forth, one after another, now branches, now flowers, now fruits, and whatever appertains to it. So in these matters there is a latent virtue which is occult to men in general. And unless a man learns and makes proof of these things, which can only be done by an alchemist, just as by the summer, it is not possible that he can investigate the subject in any other way.’

Again he says:

‘Who will deny that even in the very best things a poison may be hid? All must acknowledge this. And if this be true, I would now ask you whether it is not right that the poison should be separated from what is good and useful, that the good should be taken and the evil left. Such should certainly be the case. If so, tell me how it is separated in your surgeries. With you all these elements remain mixed. See your own simplicity, then, if you are forced to confess that a poison lies hid, and are asked how it is to be got rid of. Then you bring forth I know not how many correctives, which shall drive out and take away the poison. Does not the poison remain afterwards as before? And yet you boast that you have so corrected it that the poison no longer harms. Whither has it gone? Exceed the proper dose, and you will soon see where the poison is.

‘The elimination of a poison can only be done by separation; if this is not brought about you cannot be sure of your work. If a sure foundation be necessary for the extraction of the poison, this is afforded by alchemy. But when the bodies are contrary, it is absolutely necessary that one of them should be taken away and removed, so that in this way all contrariety should be separated from the good. It is necessary that everything which is to benefit man shall have passed by fire to a second birth. Should not this then be deemed the right fundamental principle by every physician?’

I put forward these ideas because I believe that in the medicine of metals there is a perfect curative system ; that in the seven metals, gold, silver, iron, copper, tin, mercury, and lead can be found elements to cure all discords in the human body, and that when this system is properly understood and practised, the multitude of remedies may be discarded. Be it understood that this is not my system, but one which is as old as man himself. Truly it has been said that there is nothing new under the sun, for knowledge is revealed and is submerged again, even as a nation rises and falls. Here is a system, tested throughout the ages, but lost again and again by ignorance or prejudice, in the same way that great nations have risen and fallen and been lost to history beneath the desert sands and in the ocean depths.

To what end do we study history if not to learn from it? To profit by the example of those who have gone before, to learn from their mistakes, if needs be? Our civilization of today might be a far greater civilization if it would but borrow from the past, for knowledge there has always been, and wise men there have always been, who despite the persecution and opposition of their fellow men, have yet laboured to preserve these secrets for posterity.

## CHAPTER II

### PRACTICAL

In writing this section on the practical work I wish my readers to realize that I am writing purely from the alchemist’s, not the chemist’s viewpoint. I fully realized when commencing this work that my only hope of success was to put on one side for the time being any knowledge of chemistry that I

might possess and to study alchemystical writings in a sincere attempt to understand the alchemist's language and reasoning, and then, by following out his instructions faithfully step by step, to prove the practicability of this science.

The chemist who may read this book must therefore appreciate this point, and understand that at the moment I am not trying to reconcile my findings with the precepts of orthodox chemistry, but merely placing on record my work as an alchemist.

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The practice of alchemy in the laboratory has been a far from easy task, as those who have at any time studied literature on the subject will fully appreciate. It is only by continuous experiment and constant comparison with alchemystic writings that the present results have eventually been attained, and looking back on the years of persistence in the face of the countless difficulties and failures which ever confront the would-be alchemist, one can well question the wisdom of pursuing such a course. At last, however, it does seem that these labours may not have been entirely in vain, for from these experiments has gradually emerged the vision of the benefit this art could be to man who, in his present state of imperfection, with its accompanying suffering of mind and body, would seem to require some assistance on his way through life.

As I have said, I believe that in this art lies man's salvation from sickness and disease, and the secret of his ultimate perfection, but needless to say in order to utilize to the full the physical benefits of alchemistic research, man must undertake the transmutation of certain baser elements in his emotional and mental make-up. With this process of psychological transmutation I do not propose to deal for the moment, but I am convinced that in this present age of chaos, when new ideas, new values, and, as I believe, new understanding are coming into being, it may be possible that some of these more unorthodox conceptions will meet with less opposition and more sympathy than previously. Since the complete destruction of all those conditions which in the nineteenth century seemed so permanent and immovable, man has been far less inclined to reject out of hand any new idea which may be put before him. For this reason I write down my findings of an age-old truth in the belief that it is a task destiny has set me, and whether my words be accepted or no lies not with me but with those to whom they are addressed.

\* \* \*

Come with me, therefore, to my little laboratory with its array of alembics, crucibles, and sandbaths, and hear something of the struggles of the would-be alchemist and of the mysteries he seeks to unravel.

After a careful study of Basil Valentine's 'Triumphal Chariot of Antimony,' I decided to make my first experiments with antimony. I soon found, however, that on arriving at a crucial point, the key had almost invariably been deliberately withheld, and a dissertation on theology inserted in its place. Gradually, however, I came to realize that the theological discourse was not without object, but actually the means of veiling a valuable clue of some kind. After much labour, a fragrant golden liquid was finally obtained from the antimony, although this was merely a beginning. The alkahest of the alchemist, the First Matter, still remained a mystery.

Then followed processes with iron and copper. After purification of the salts or vitriol of these metals, of calcination, and the obtaining of a salt from the calcined metal by a special process, followed by careful distillation and re-distillation in rectified spirits of wine, the oil of these metals was obtained, a few drops of which used singly, or in conjunction, proved very efficacious in eases of anemia and debility which the ordinary iron medicine failed to touch.

The conjunction of iron and copper proved to be an elixir of a very stimulating and regenerating character, the action being such as to clear the body from toxins, and I well remember on taking a few drops one evening that the prospect of a spell of fairly strenuous mental work, even after a really laborious day, seemed to hold no terrors for me!

But still the alkahest remained an enigma, and so further experiments were made with silver and mercury. For those with silver, fine silver was reduced with nitric acid to the salts of the metal,

carefully washed in distilled water, sublimated by special process, finally yielding up a white oil which had a very soothing effect on highly nervous cases.

In the case of mercury, the metal on being reduced to its oil, produced a clear crystalline liquid with great curative properties, but unlike common mercury, no poisonous qualities.

After this I decided to work upon fine gold—gold, that is, without any alloy. This was dissolved in Aqua Regia and reduced to the salts of gold; these were washed in distilled water, which in its turn was evaporated in order to remove its very caustic properties. It was at this point that a very real difficulty arose, for when these salts of gold lose their acidity, they slowly but surely tend to return to their metallic form again. Nevertheless, an elixir was finally produced from them by distillation, although even then a residue of fine metallic gold remained behind in the retort.

Having got so far I realized that without the alkahest of the philosophers the real oil of gold could not be obtained, and so again I went back and forth in the alchemists' writings to obtain the clue. The experiments which I had already made considerably lightened my task, and one day while sitting quietly in deep concentration the solution to the problem was revealed to me in a flash, and at the same time many of the enigmatical utterances of the alchemists were made clear.

\* \* \*

Here, then, I entered upon a new course of experiment, with a metal for experimental purposes with which I had had no previous experience. This metal, after being reduced to its salts and undergoing special preparation and distillation, delivered up the Mercury of the Philosophers, the Aqua Benedicta, the Aqua Celestis, the Water of Paradise. The first intimation I had of this triumph was a violent hissing, jets of vapour pouring from the retort and into the receiver like sharp bursts from a machine-gun, and then a violent explosion, whilst a very potent and subtle odour filled the laboratory and its surroundings. A friend has described this odour as resembling the dewy earth on a June morning, with the hint of growing flowers in the air, the breath of the wind over heather and hill, and the sweet smell of the rain on the parched earth.

Nicholas Flamel, after searching and experimenting from the age of twenty, wrote when he was eighty years old:

'Finally I found that which I desired, which I also soon knew by the strong scent and odour thereof.'

Does this not coincide, this voice from the fourteenth century, with my own description of the peculiar subtle odour? Cremer, also writing in the early fourteenth century, says

'When this happy event takes place, the whole house will be filled with a most wonderful sweet fragrance, and then will be the day of the nativity of this most blessed preparation.'

Having arrived at this point my next difficulty was to find a way of storing this subtle gas without danger to property. This I accomplished by coils of glass piping in water joined up with my receiver, together with a perfect government of heat, the result being that the gas gradually condensed into a clear golden-coloured water, very inflammable and very volatile. This water had then to be separated by distillation, the outcome being the white mercurial water described by the Comte St. Germain as his athoeter or primary water of all the metals. I will again quote from Manly Hall's introduction to 'The Most Holy Trinosophia,' the passage in which Casanova describes the athoeter:

'Then he showed me his rmagistrum which he called *A/hoeter*. It was a white liquid contained in a well stopped phial. He told me that this liquid was the universal spirit of Nature and that if the wax of the stopper was pricked ever so slightly, the whole of the contents would disappear. I begged him to make the experiment. He thereupon gave me the phial and the pin and I myself pricked the wax, when, lo, the phial was empty.'

This passage aptly describes this water which is so volatile that it rapidly evaporates if left unstoppered, boils at a very low temperature, and does not so much as wet the fingers. This mercurial water, this athoeter of St. Germain, is absolutely necessary to obtain the oil of gold, which is obtained



by its addition to the salts of gold after those salts have been washed with distilled water several times to remove the strong acidity of the Aqua Regia used to reduce the metal to that state. When the Mercurial Water is added to these salts of gold, there is a slight hissing, an increase in heat, and the gold becomes a deep red liquid, from which is obtained, by means of distillation, the oil of gold, a deep amber liquid of an oily consistency. This oil, which is the potable gold of the alchemist, never returns to the metallic form of gold. I can understand now, I think, how it is that some of the patients to whom Salts of Gold injections have been administered have succumbed to gold poisoning. So long as the salts are in an acid solution, they remain soluble, but directly the dissolving medium loses its acidity and becomes neutral or alkaline, the salts tend to form again into metallic gold. This is probably what happens in the case of the injection of gold salts into the alkaline intercellular fluids, which in some cases leads to fatal results.

Do not imagine that chemists know all about metals! They do not, as the following quotation from the report of Professor Charles Gibson's presidential address on 'Recent Investigations in the Chemistry of Gold' would seem to show:

'The address was of a highly technical nature. One of the chief points brought forward was that current text-book views of the constitution of salts of gold are incorrect. These are never of the same nature as normal metallic salts with simple formulae such as  $AuCl$  or  $AuBr_3$ , but always of a complex constitution. . ."

From the golden water I have described can be obtained this white water, and a deep red tincture which deepens in colour the longer it is kept; these two are the mercury and the sulphur described by the alchemists, Sol the Father and Lune the Mother, the Male and the Female Principles, the White and Red Mercuries, which two conjoined again form a deep amber liquid. This is the *Philosophic Gold*, which is *not* made from metallic gold, but from another metal, and is a *far more Potent Elixir* than the oil of gold. This deep amber liquid literally shines and reflects and intensifies rays of light to an extraordinary degree. It has been described by many alchemists, which fact again corroborates my work in the laboratory. Indeed, every step which I have taken in the laboratory I have found in the work of the various followers of the Spagyric Art.

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And now to the final goal, the Philosophers' Stone. Having found my two principles, the Mercury and the Sulphur, my next step was to purify the dead body of the metal, that is, the black dregs of the metal left after the extraction of the golden water. This was calcined to a redness and carefully separated and treated until it became a white salt. The three principles were then conjoined in certain exact quantities in a hermetically sealed flask in a fixed heat neither too hot nor too cold, care as to the exact degree of heat being essential, as any carelessness in its regulation would completely spoil the mixture.

On conjunction the mixture takes on the appearance of a leaden mud, which rises slowly like dough until it throws up a crystalline formation rather like a coral plant in growth. The 'flowers' of this plant are composed of petals of crystal which are continually changing in colour. As the heat is raised, this formation melts into an amber-coloured liquid which gradually becomes thicker and thicker until it sinks into a black earth on the bottom of the glass. At this point (the Sign of the Crow in alchemical literature) more of the ferment or mercury is added. In this process, which is one of continual sublimation, a long-necked, hermetically sealed flask is used, and one can watch the vapour rising up the neck of the flask and condensing down the sides. This process continues until the state of 'dry blackness' is attained. When more of the mercury is added, the black powder is dissolved, and from this conjunction it seems that a new substance is born, or, as the early alchemists would have expressed it, a Son is born. As the black colour abates, colour after colour comes and goes until the mixture becomes white and shining; the White Elixir. The heat is gradually raised yet more, and from white the colour changes to citrine and finally to red—the Elixir Vitae, the Philosophers' Stone, the medicine of men and metals. From their writings, it appears that many alchemists found it unnecessary to take the Elixir to this very last stage, the citrine coloured solution being adequate for their purpose.

It is of interest to note that an entirely different manifestation comes into being after the separation of the three elements and their re-conjunction under the sealed vase of Hermes. By the deliberate

separation and unification of the Mercury, Sulphur, and Salt, the three elements appear as a more perfect manifestation than in the first place.

## CONCLUSION

Man's work is not merely to exist on this earth, to scratch ignorantly at its surface, to mutilate Nature in every possible way, to fight and rob his neighbour, but to develop the powers surrounding him, to manipulate those forces that he may truly and deservedly claim his right to inherit the earth. A garden which has been neglected for years and is overgrown with weeds, when taken over by an intelligent human being who will work hand in hand with nature, may once again become a thing of beauty and joy. Thus the earth, which is man's garden, must be sown and cultivated by him, perfected by his art.

Life is not a haphazard game of chance, but an unfoldment and development of its own powers manifesting in perfect Law. Let us, then, try to understand this Life which is Eternal Law, pervaded by an Intelligence with Order and Wisdom, and having understood, let us work for the more perfect unfoldment of our earth and the forces which lie beneath its surface; for this Law applies to agriculture, to science, to the production of food, to the use of minerals and metals, to the building of cities, to the use of electricity and all natural forces. When man finally learns to use these forces, he will be able to press forward and onward to the final goal, which is the perfection of the earth and of his own species. Alchemy brings us the vision of the heights to which man may attain; it teaches us that he is Triune, that is, Spiritual, Mental, and Physical; that his future is far greater than at present can be envisaged; that, Life is Law and Wisdom.

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Those of you who have followed me thus far may be interested in the following extracts of Hermetic literature, both of which, apart from their intrinsic beauty, provide perfect examples of the highly mystical and intentionally enigmatic phraseology of alchemical writing.

The authorship of the first, the *Tractatus Aureusi* or Golden Treatise of Hermes, is unknown, despite the name it bears. It is, however, thought to be one of the most ancient and complete pieces of alchemical writing left to us, and has been held in high esteem by alchemists of all ages as a complete exposition of their art.

The second, the *Book of the Revelation of Hermes*, interpreted by Theophrastus Paracelsus, concerning the Supreme Secret of the World, was first published under the auspices of Benedictus Figulus in his 'Golden and Blessed Casket of Nature's Marvels,' in 1608 (a translation of which work was edited and introduced by Mr. Arthur Edward Waite in the latter part of the last century). Many of the truths enunciated therein are to be found in other works by writers of earlier and later times, but much of the phraseology is unique to Paracelsus himself.

## 'AUREUS,' OR THE GOLDEN TRACTATE

### SECTION I

Even thus saith Hermes:

"Through long years I have not ceased to experiment, neither have I spared any labour of mind, and this science and art I have obtained by the sole inspiration of the Living God, who judged fit to open them to me His servant, who has given to rational creatures the power of thinking and judging aright, forsaking none or giving to any occasion to despair. For myself, I had never discovered this matter to anyone had it not been from fear of the judgment and the perdition of my soul, if I concealed it. It is a debt which I am desirous to discharge to the faithful as the Father of the faithful did liberally bestow it upon me.

"Understand ye then, O Sons of Wisdom, that the knowledge of the four elements of the ancient philosophers was not corporally or imprudently sought after, which are through patience to be discovered according to their causes and their occult operation. But, their operation is occult, since nothing is done except the matter be decomposed and because it is not perfected unless the colours

be thoroughly passed and accomplished. Know then, that the division that was made upon the water, by the ancient philosophers, separates it into four substances, one into two, and three into one, the third part of which is colour, as it were—a coagulated moisture; but the second and third waters are the Weights of the Wise.

“Take of the humidity, or moisture, an ounce and a half, and of the Southern Redness, which is the soul of gold, a fourth part, that is to say, half an ounce; of the citrine Seyre, in like manner, half an ounce ; of the Auripigment, half an ounce, which are eight; that is three ounces. And know ye that the vine of the wise is drawn forth in three, but the wine thereof is not perfected, until at length thirty be accomplished.

“Understand the operation, therefore. Decoction lessens the matter, but the tincture augments it, because Luna in fifteen days is diminished, and in the third she is augmented. This is the beginning and the end. Behold, I have declared that which was hidden, since the work is both with thee and about thee; that which was within is taken out and fixed, and thou canst have it either in earth or sea.

“Keep, therefore, the Argent vive, which is prepared in the innermost chamber in which it is coagulated; for that is the Mercury which is celebrated from the residual earth.

“He, therefore, who now hears my words, let him search into them, which are to justify no evil-doer, but to benefit the good; therefore I have discovered all things that were before hidden concerning this knowledge, and disclosed the greatest of all secrets, even the Intellectual Science.

“Know ye, therefore, Children of Wisdom, who inquire concerning the report thereof, that the vulture standing upon the mountain crieth out with a loud voice: ‘I am the White of the Black, and the Red of the White, and the Citrine of the Red, and behold I speak the very Truth.’

“And know that the chief principle of the art is the Crow, which is the blackness of the night and the clearness of the day, and flies without wings. From the bitterness existing in the throat the tincture is taken, the red goes forth from his body, and from his back is taken a thin water.

“Understand, therefore, and accept this gift of God which is hidden from the thoughtless world. In the caverns of the metals there is hidden the stone that is venerable, splendid in colour, a mind sublime and an open sea. Behold, I have declared it unto thee; give thanks to God who teacheth thee this knowledge, for He in return recompenses the grateful.

“Put the matter into a moist fire, therefore, and cause it to boil, in order that its heat may be augmented, which destroys the siccidity of the incombustible nature, until the radix shall appear; then extract the redness and the light parts, till only about a third remains.

“Sons of Science! For this reason are philosophers said to be envious, not that they grudged truth to religious or just men, or to the wise, but to fools, ignorant and vicious, who are without Self-Control and benevolence, lest they should be made powerful, and able to perpetrate sinful things. For of such the philosophers are made accountable to God, and evil men are not admitted worthy of this wisdom.

“Know that this matter I call the stone, but it is also named the feminine of magnesia, or the hen, or the white spittle, or the volatile milk, the incombustible oil, in order that it may be hidden from the inept and ignorant, who are deficient in goodness and self-control; which I have nevertheless signified to the wise by one only epithet, viz., the Philosophers’ Stone.

“Include, therefore, and conserve in this sea, the fire, and the heavenly bird, to the latest moment of his exit. But I deprecate ye all, Sons of Philosophy, on whom the great gift of this knowledge being bestowed, if any should undervalue or divulge the power thereof to the ignorant, or such as are unfit for the knowledge of this secret. Behold, I have received nothing from any to whom I have not returned that which had been given me, nor have I failed to honour him; even in this I have reposed the highest confidence.

“This, O Son, is the concealed Stone of many colours, which is born and brought forth in one colour; I know this and conceal it. By this, the Almighty favouring, the greatest diseases are escaped, and every sorrow, distress and evil and hurtful thing is made to depart; for it leads from darkness into

light, from this desert wilderness to a secure habitation, and from poverty and straits to a free and ample fortune.”

## SECTION II

“My son, before all things I admonish thee to fear God, in whom is the strength of thy undertaking, and the bond of whatsoever thou meditatest to unloose; whatsoever thou hearest, consider it rationally. For I hold thee not to be a fool. Lay hold, therefore, of my instructions and meditate upon them, and so let thy heart be fitted also to conceive, as if thou was thyself the author of that which I now teach. If thou appliest cold to any nature that is hot, it will not hurt it; in like manner, he who is rational shuts himself within from the threshold of ignorance, lest supinely he should be deceived.

“Take the flying bird and drown it flying, and divide and separate it from its pollutions, which yet hold it in death ; draw it forth and repel it from itself, that it may live and answer thee, not by flying away into the regions above but by truly forbearing to fly. For if thou shalt deliver it out of its prison, after this thou shalt govern it according to Reason, and according to the days that I shall teach thee: then will it become a companion unto thee, and by it thou wilt become to be an honoured lord.

“Extract from the ray its shadow, and from the light its obscurity, by which the clouds hang over it and keep away the light: by means of its construction, also, and fiery redness, it is burned.

“Take, my Son, this redness, corrupted with water, which is as a live coal holding fire, which if thou shalt withdraw so often until the redness is made pure, then it will associate with thee, by whom it was cherished, and in whom it rests.

“Return, then, O my Son, the coal being extinct in life, upon the water for thirty days, as I shall note to thee, and henceforth thou art a crowned king, resting over the fountain, and drawing from thence Auripigment dry without moisture. And now I have made the heart of the hearers, hoping in thee, to rejoice, even in their eyes, beholding thee in anticipation of that which thou possessest.

“Observe, then, that the water was first in the air, then in the earth ; restore thou it also to the superiors by its proper windings and not foolishly altering it; then to the former spirit, gathered in its redness, let it be carefully conjoined.

“Know, my Son, that the fatness of our earth is sulphur, the auripigment sirety, and colcothar which are also sulphur, of which auripigments sulphur, and such like, some are more vile than others, in which there is a diversity, of which kind also is the fat of gluey matters, such as are hair, nails, hoofs, and sulphur itself, and of the brain, which too is auripigment, of the like kind also are the lions’ and cats’ claws, which is sirety the fat of white bodies, and the fat of the two oriental quicksilvers, which sulphurs are hunted and retained by the bodies.

“I say, moreover, that this sulphur doth tinge and fix, and is held by the conjunction of the tinctures; oils also tinge, but fly away, which in the body are contained, which is a conjunction of fugitives only with sulphurs and albuminous bodies, which hold also and detain the fugitive ens.

“The disposition sought after by the philosophers, O Son, is but one in our egg, but this in the hen’s egg is much less to be found. But lest so much of the Divine Wisdom as is a hen’s egg should not be distinguished, our composition is, as that is, from the four elements adapted and composed. Know, therefore, that in the hen’s egg is the greatest help with respect to the proximity and relationship of the matter in nature for in it there is a spirituality and conjunction of elements, and an earth which is golden in its tincture.”

But the Son, inquiring of Hermes, saith “The sulphurs which are fit for our work, whether they are celestial or terrestrial?

To whom the Father replies:

“Certain of them are heavenly and some are of the earth.”

Then the Son saith:

“Father, I imagine the heart in the superiors to be heaven, and in the inferiors, earth.”

But saith Hermes:

“It is not so; the masculine is truly the heaven of the feminine, and the feminine is the earth of the masculine.”

The Son then asks:

“Father, which of these is more worthy than the other, whether is it the heaven or the earth?”

Hermes replies

“Both need the help one of the other, for the precepts demand a medium.”

But saith the Son:

“If thou shalt say that a wise man governs all mankind?”

“But ordinary men,” replies Hermes, “are better for them, because every nature delights in society of its own kind, and so we find it to be in the life of Wisdom where equals are conjoined.”

“But what,” rejoins the Son, “is the mean betwixt them?”

To whom Hermes replies:

“In everything in nature there are three from two; the beginning, the middle, and the end. First the needful water, then the oily tincture, and lastly, the faeces, or earth, which remains below.

“But the Dragon inhabits in all these, and his houses are the darkness and blackness that is in them, and by them he ascends into the air, from his rising, which is their heaven. But whilst the fume remains in them, they are not immortal. Take away, therefore, the vapour from the water, and the blackness from the oily tincture, and death from the faeces, and by dissolution thou shalt possess a triumphant reward, even that in and by which the possessors live.

“Know then, my Son, that the temperate unguent, which is fire, is the medium between the faeces and the water, and is the Perscrutinator of the water. For the unguents are called sulphurs, because between fire and oil and this sulphur there is such a close proximity, that even as fire burns so does the sulphur also.

“All the sciences of the world, O Son, are comprehended in this my hidden Wisdom, and this, and the learning of the Art, consists in these wonderful hidden elements which it doth discover and complete. It behoves him, therefore, who would be introduced to this hidden Wisdom, to free himself from the hidden usurpations of vice, and to be just and good and of a sound reason, ready at hand to help mankind, of a serene countenance, diligent to save, and be himself a patient guardian of the arcane secrets of philosophy.

“And this know, that except thou understandest how to mortify and induce generation, to vivify the Spirit and introduce Light, until they fight each other and grow white and freed from their defilements, rising as it were from blackness and darkness, thou knowest nothing nor canst perform anything. But if thou knowest this, thou wilt be of a great dignity so that even kings themselves shall reverence thee. These secrets, Son, it behoves thee to conceal from the vulgar and profane world.

“Understand, also, that our Stone is from many things and of various colours, and composed from four elements which we ought to divide and dissever in pieces, and segregate, in the veins, and partly mortifying the same by its proper nature, which is also in it, to preserve the water and fire dwelling therein, which is from the four elements and their waters, which contain its water; this, however, is not water in its true form, but fire, containing in a pure vessel the ascending waters, lest the spirits should fly away from the bodies; for by this means they are made tingeing and fixed.

“O, blessed watery form, that dissolvest the elements! Now it behoves us, with this watery soul, to

possess ourselves of a sulphurous form, and to mingle the same with our Acetum. For when, by the power of water, the composition is dissolved, it is the key of the restoration; then darkness and death will fly away from them and Wisdom proceeds onwards to the fulfilment of her Law.”

### SECTION III

“Know, my Son, that the philosophers bind up their matter with a strong chain that it may contend with the Fire ; because the spirits in the washed bodies desire to dwell therein and to rejoice. In these habitations they vivify themselves and inhabit there, and the bodies hold them, nor can they be hereafter separated any more.

“The dead elements are revived, the composed bodies tinge and are altered, and by a wonderful process they are made permanent, as saith the philosopher.

“O, permanent watery Form, creatrix of the royal elements! who, having with thy brethren and a just government obtained the tincture, findest rest. Our precious stone is cast forth upon the dung-hill, and that which is most worthy is made vilest of the vile. Therefore, it behoves us to mortify two Argent vives together, both to venerate and be venerated, viz., the Argent vive of Auripigment, and the oriental Argent vive of Magnesia.

O, Nature, the most potent creatrix of Nature, which containest and separatist natures in a middle principle. The Stone comes with light, and with light it is generated, and then it generates and brings forth the black clouds of darkness, which is the mother of all things.

“But when we marry the crowned King to our red daughter, and in a gentle fire, not hurtful she doth Conceive an excellent and supernatural son, which permanent life she doth also feed with a subtle heat, so that he lives at length in our fire.

“But when thou shalt send forth thy fire upon the foliated sulphur, the boundary of hearts doth enter in above, it is washed in the same, and the purified matter thereof is extracted.

Then he is transformed, and his tincture by help of the fire remains red, as it were flesh. But our Son, the king begotten, takes his tincture from the fire, and death even, and darkness, and the waters flee away.

“The Dragon shuns the sunbeams which dart through the crevices and our dead son lives; the king comes forth from the fire and rejoins with his spouse, the occult treasures are laid open, and the virgin’s milk is whitened. The Son, already vivified, is become a warrior in the fire, and of tincture super-excellent. For this Son is himself the treasury, even himself bearing the Philosophic Matter.

“Approach, ye Sons of wisdom, and rejoice; let us now rejoice together, for the reign of death is finished, and the Son doth rule. And he is invested with the red garment, and the scarlet colour is put on.”

### SECTION IV

“Understand, then, O Son of Wisdom, what the Stone declares ‘ Protect me and I will protect Thee; increase my strength that I may help thee My Sol and my beams are most inward and secretly in me, my own Luna, also, is my light, exceeding every other light, and my good things are better than all other good things, I give freely, and reward the intelligent with joy and gladness, glory, riches, and delights, and them that seek after me I make to know and understand, and to possess divine things.’

“Behold, that which the philosophers have concealed is written with seven letters ; for Alpha and Yda follow two, and Sol in like manner follows the book. Nevertheless, if thou art willing that he should have Dominion, observe the Art, and join the son to the daughter of the water, which is Jupiter and a hidden secret.

“Auditor, understand. Let us use our Reason. Consider all with the most accurate investigation, which in the contemplative part I have demonstrated to thee, the whole matter I know to be the one only thing. But who is he that understands the true investigation and inquires rationally into this matter ? It is not from man, nor from anything like him or akin to him; nor from the ox or bullock, and

if any creature conjoins with one of another species, that which is brought forth is neutral from either.”

“Thus saith Venus: ‘ I beget light, nor is the darkness of my nature, and if my metal be not dried all bodies desire me, for I liquefy them and wipe away their rust, even I extract their substance. Nothing, therefore is better or more venerable than I, my brother also being conjoined.’

“But the King, the Ruler, to his brethren, testifying of him, saith: ‘I am crowned, and I am adorned with a royal diadem. I am clothed with the royal garment, and I bring joy and gladness of heart, for being chained, I caused my substance to lay hold of, and to rest within the arms and breast of my mother, and to fasten upon her substance, making that which was invisible to become visible, and the occult matter to appear. And everything which the philosophers have hidden is generated by us. Hear, then, these words, and understand them. Keep them, and meditate thereon, and seek for nothing more. Man in the beginning is generated of nature, whose inward substance is fleshy, and

not from anything else. Meditate on these plain things, and reject what is superfluous.’

“Thus saith the philosopher: ‘Botri is made from the citrine, which is extracted out of the Red Root, and from nothing else; and if it be citrine and nothing else Wisdom was with thee. It was not gotten by thy care, nor if it be freed from redness, by thy study. Behold, I have circumscribed nothing. If thou hast understanding, there be but few things unopened.

“Ye Sons of Wisdom! Turn then the Breyms Body with an exceeding great fire, and it will yield gratefully what you desire. And see that you make that which is volatile, so that it cannot fly, and by means of that which flies not. And that which yet rests upon the fire, as it were itself a fiery flame, and that which in the heat of a boiling fire is corrupted, is cambar.

“And know ye that the Art of this permanent water is our brass and the colouring of its tincture and blackness is then changed into the true red.

“I declare that, by the help of God, I have spoken nothing but the truth. That which is destroyed is renovated, and hence the corruption is made manifest in the matter to be renewed, and hence the melioration will appear, and on either side it is a signal of Art.”

## SECTION V

“My Son, that which is born of the Crow is the beginning of this Art. Behold, now I have obscured the matter treated of, by circumlocution, depriving thee of the light. Yet this dissolved, this joined, this nearest and farthest off, I have named to thee. Roast those things, therefore, and boil them in that which comes from the horse’s belly for seven, fourteen or twenty-one days. Then will the Dragon eat his own wings and destroy himself. This being done, let it be put into a fiery furnace, which lute diligently, and observe that none of the spirit may escape.

“And know that the periods of the earth are in the water, which let it be as long as until thou putteth the same upon it. This matter being thus melted and burned, take the brain thereof and triturate it in most sharp vinegar, till it becomes obscured. This done, it lives in the putrefaction, let the dark clouds which were in it before it was killed be converted into its own body. Let this process be repeated, as I have described, let it again die, as I before said, and then it lives.

“In the life and death thereof we work with the spirits, for as it dies by the taking away of the spirit, so it lives in the return and is revived and rejoices therein. Being arrived then at this knowledge, that which thou hast been searching for is made apparent in the Affirmation. I have even related to thee the joyful signs, even that which doth fix the body. But these things, and how they attained to the knowledge of this secret, are given by our ancestors in figures and types. Behold, they are dead. I have opened the riddle, and the book of knowledge is revealed. The hidden things I have uncovered, and have brought together the scattered truths within their boundary, and have conjoined many various forms; even I have associated the spirit. Take it as the gift of God.”

## SECTION VI

“It behoves thee to give thanks to God, Who has bestowed liberally of his bounty to the Wise,

Who delivers us from misery and poverty. I am tempted and proven with the fulness of His substance and His probable wonders, and humbly pray God that whilst we live we may come to Him.

“Remove thence, O Sons of Science, the unguents which we extract from fats, hair, verdigrease, tragacanth and bones, which are written in the books of our fathers. But concerning the ointments which contain the tincture, coagulate the fugitive, and adorn the sulphurs, it behoves us to explain their disposition more at large, and to unveil the Form, which is buried and hidden from other unguents, which is seen in disposition, but dwells in his own body, as lire in trees and stones, which by the most subtle art and ingenuity it behoves to extract without burning.

“And know that the heaven is to be joined mediately with the earth, but the Form is in a middle nature between the heaven and the earth, which is our water. But the water holds of all the first place which goes forth from this stone. But the second is gold, and the third is gold, only in a mean which is more noble than the water and the faeces.

“But in these are the smoke, the blackness and the death. It behoves us, therefore, to dry away the vapour from the water, to expel the blackness from the unguent, and death from the faeces and this by dissolution. By which means we attain to the highest philosophy and secret of all hidden things.”

## SECTION VII

“Know ye then, O Sons of Science, there are seven bodies, of which gold is the first, the most perfect, the king of them, and their head, which neither the earth can corrupt nor fire devastate, nor the water change for its complexion is equalized, and its nature regulated with respect to heat, cold and moisture ; nor is there anything in it which is superfluous, therefore the philosophers do buoy up and magnify themselves in it, saying that this gold, in relation to other bodies is, as the sun amongst the stars, more splendid in Light; and as, by the power of God, every vegetable and all the fruits of the earth are perfected, so gold by the same power sustaineth all.

“For as dough without a ferment cannot be fermented so when thou sublimest the body and purifiest it, separating the uncleanness from it, thou wilt then conjoin and mix them together, and put in the ferment confecting the earth and water. Then will the Ixir ferment even as dough doth ferment. Think of this, and see how the ferment in this case doth change the former natures to another thing. Observe also, that there is no ferment otherwise than from the dough itself.

“Observe, moreover, that the ferment whitens the confection and hinders it from turning, and holds the tincture lest it should fly, and rejoice the bodies, and makes them intimately to join and to enter one into another, and this is the key of the philosophers and the end of their work, and by this science, bodies are meliorated, and the operation of them, God assisting, is consummate.

“But, through negligence and a false opinion of the matter, the operation may be perverted, as a mass of leaven growing corrupt, or milk turned with rennet for cheese, and musk among aromatics.

“The sure colour of the golden matter for the red, and the nature thereof, is not sweetness ; therefore we make of them sericum—i.e., Ixir; and of them we make the enamel of which we have already written, and with the king’s seal we have tinged the clay, and in that have set the colour of heaven, which augments the sight of them that see.

“The Stone, therefore, is the most precious gold without spots, evenly tempered, which neither fire, nor air, nor water, nor earth is able to corrupt; for it is the Universal Ferment rectifying all things in a medium composition, whose complexion is yellow and a true citrine colour.

“The gold of the wise, boiled and well digested, with a fiery water, makes Ixir, for the gold of the wise is more heavy than lead, which in a temperate corn position is a ferment Ixir, and contrariwise, in our intemperate composition, is the confusion of the whole.

“For the work begins from the vegetable, next from the animal, as in a hen’s egg, in which is the greatest help, and our earth is gold, all of which we make sericum, which is the ferment Ixir.”



# THE REVELATION OF HERMES

## INTERPRETED BY THEOPHRASTUS PARACELSUS

### CONCERNING THE SUPREME SECRET OF THE WORLD

Hermes, Plato, Aristotle, and the other philosophers, flourishing at different times, who have introduced the Arts, and more especially have explored the secrets of inferior creation, all these have eagerly sought a means whereby man's body might be preserved from decay and become endued with immortality. To them it was answered that there is nothing which might deliver the mortal body from death; but that there is One Thing which may postpone decay, renew youth, and prolong short human life (as with the Patriarchs). For death was laid as a punishment upon our first parents, Adam and Eve, and will never depart from all their descendants. Therefore, the above philosophers, and many others, have sought this One Thing with great labour, and have found that which preserves the human body from corruption, and prolongs life, conducts itself, with respect to other elements, as it were like the Heavens from which they understood that the Heavens are a substance above the Four Elements. And just as the Heavens, with respect to the other elements are held to be the fifth substance (for they are indestructible, stable, and suffer no foreign admixture), so also this One Thing (compared to the forces of our body) is an indestructible essence, drying up all the superfluities of our bodies, and has been philosophically called by the above-mentioned name. It is neither hot and dry like fire, nor cold and moist like water, nor warm and moist like air, nor dry and cold like earth. But it is a skilful, perfect equation of all the Elements, a right commingling of natural forces, a most particular union of spiritual virtues, an indissoluble uniting of body and soul. It is the purest and noblest substance of an indestructible body, which cannot be destroyed nor harmed by the Elements, and is produced by Art. With this Aristotle prepared an apple prolonging life by its scent, when he, fifteen days before his death, could neither eat nor drink on account of old age. This spiritual Essence, or One Thing, was revealed from above to Adam, and was greatly desired by the Holy Fathers, this also Hermes and Aristotle call the Truth without Lies, the most sure of all things certain, the Secret of all Secrets. It is the Last and the Highest Thing to be sought under the Heavens, a wondrous closing and finish of philosophical work, by which are discovered the dews of Heaven and the fastnesses of Earth. What the mouth of man cannot utter is all found in this Spirit. As Morienus says: 'He who has this has all things, and wants no other aid. For in it are all temporal happiness, bodily health, and earthly fortune. It is the spirit of the fifth substance, a Fount of all Joys (beneath the rays of the moon), the Supporter of Heaven and Earth, the Mover of Sea and Wind, the Outpurer of Rain, upholding the strength of all things, an excellent spirit above Heavenly and other spirits, giving Health, Joy, Peace, Love: driving away Hatred and Sorrow, bringing in Joy, expelling all Evil, quickly healing all Diseases, destroying Poverty and Misery, leading to all good things, preventing all evil words and thoughts, giving man his heart's desire, bringing to the pious earthly honour and long life, but to the wicked who misuse it, Eternal Punishment.'

This is the Spirit of Truth, which the world cannot comprehend without the interposition of the Holy Ghost, or without the instruction of those who know it. The same is of a mysterious nature, wondrous strength, boundless power. The Saints, from the beginning of the world, have desired to behold its face. By Avicenna this Spirit is named the Soul of the World. For as the Soul moves all the limbs of the Body, so also does this Spirit move all bodies. And as the Soul is in all the limbs of the Body, so also is this Spirit in all elementary created things. It is sought by many and found by few. It is beheld from afar and found near; for it exists in every thing, in every place, and at all times. It has the powers of all creatures; its action is found in all elements, and the qualities of all things are therein, even in the highest perfection. By virtue of this essence did Adam and the Patriarchs preserve their health and live to an extreme age, some of them also flourishing in great riches.

When the philosophers had discovered it, with great diligence and labour, they straightway concealed it under a strange tongue, and in parables, lest the same should become known to the unworthy, and the pearls be cast before swine. For if everyone knew it, all work and industry would cease; man would desire nothing but this one thing, people would live wickedly, and the world be ruined, seeing that they would provoke God by reason of their avarice and superfluity. For eye hath not seen, nor ear heard, nor hath the heart of man understood what Heaven hath naturally incorporated with this Spirit. Therefore have I briefly enumerated some of the qualities of this Spirit, to the Honour of God, that the pious may reverently praise Him in His gifts (which gift of God shall

afterwards come to them), and I will herewith shew what powers and virtues it possesses in each thing, also its outward appearance, that it may be more readily recognized.

In its first state, it appears as an impure earthly body, full of imperfections. It then has an earthly nature, healing all sickness and wounds in the bowels of man, producing good and consuming proud flesh, expelling all stench, and healing generally, inwardly and outwardly.

In its second nature, it appears as a watery body, somewhat more beautiful than before, because (although still having its corruptions) its Virtue is greater. It is much nearer the Truth, and more effective in works. In this form it cures cold and hot fevers, and is a specific against poisons, which it drives from heart and lungs, healing the same when injured or wounded, purifying the blood, and, taken three times a day, is of great comfort in all diseases.

But in its third nature it appears as an aerial body of an oily nature, almost freed from all imperfections, in which form it does many wondrous works, producing beauty and strength of body, and (a small quantity being taken in the food) preventing melancholy and heating of the gall, increasing the quantity of blood and seed. It expands the blood vessels, cures withered limbs, restores strength to the sight, in growing persons removes what is superfluous and makes good defects in the limbs.

In its fourth nature it appears in a fiery form (not quite freed from all imperfections, still somewhat watery and not dried enough), wherein it has many virtues making the old young and reviving those at the point of death. For if to such an one there be given, in wine, a barleycorn's weight of this fire, so that it reach the stomach, it goes to his heart, renewing him at once, driving away all previous moisture and poison, and restoring the natural heat of the liver. Given in small doses to old people, it removes the diseases of age, giving the old young hearts and bodies. Hence it is called the Elixir of Life.

In its fifth and last nature, it appears in a glorified and illuminated form, without defects, shining like gold and silver, wherein it possesses all previous powers and virtues in a higher and more wondrous degree. Here its natural works are taken for miracles. When applied to the roots of dead trees they revive, bringing forth leaves and fruit. A lamp, the oil of which is mingled with this spirit, continues to burn for ever without diminution. It converts crystals into the most precious stones of all colours, equal to those from the mines, and does many other incredible wonders which may not be revealed to the unworthy.

For it heals all dead and living bodies without other medicine. Here Christ is my witness that I lie not, for all heavenly influences are united and combined therein.

This essence also reveals all treasures in earth and sea, converts all metallic bodies into gold, and there is nothing like unto it under Heaven.

This spirit is the secret, hidden from the beginning yet granted by God to a few holy men for the revealing of these riches to His Glory—dwelling in fiery form in the air, and leading earth with itself to Heaven, while from its body there flow whole rivers of living water. This spirit flies through the midst of the Heavens like a morning mist, leads its burning fire into the water, and has its shining realm in the Heavens.

And although these writings may be regarded as false by the reader, yet to the initiated they are true and possible, when the hidden sense is properly understood. For God is wonderful in His works, and His wisdom is without end.

This spirit in its fiery form is called a Sandaraca, in the aerial a Kybrick, in the watery an Azoth, in the earthly Alcohol and Aliocosoph. Hence they are deceived by these names, who, seeking without instruction, think to find this Spirit of Life in things foreign to our Art. For although this Spirit which we seek, on account of its qualities, is called by these names, yet the same is not in these bodies and cannot be in them. For a refined spirit cannot appear except in a body suitable to its nature. And, by however many names it be called, let no one imagine there be different spirits, for, say what one will, there is but one spirit working everywhere and in all things.

That is the spirit which, when rising, illumines the Heavens, when setting incorporates the purity of Earth, and when brooding has embraced the Waters. This spirit is named Raphael, the Angel of God, the subtlest. and purest, whom the others all obey as their King.

This spiritual substance is neither heavenly nor hellish, but an airy, pure, and hearty body, midway between the highest and the lowest, without reason, but fruitful in works, and the most select and beautiful of all other heavenly things.

This work of God is far too deep for understanding for it is the last, greatest, and highest secret of Nature. It is the Spirit of God, which in the Beginning filled the Earth and brooded over the waters, which the world cannot grasp without the gracious interposition of the Holy Spirit and instruction from those who know it, which also the whole world desires for its virtue, and which cannot be prized enough. For it reaches to the planets, raises the clouds, drives away mists, gives its light to all things, turns everything into Sun and Moon, bestows all health and abundance of treasure, cleanses the leper, brightens the eyes, banishes sorrow, heals the sick, reveals all hidden treasures, and, generally, cures all diseases.

Through this spirit have the philosophers invented the Seven Liberal Arts, and thereby gained their riches. Through the same Moses made the golden vessels in the Ark, and King Solomon did many beautiful works to the honour of God. Therewith Moses built the Tabernacle, Noah the Ark, Solomon the Temple. By this Ezra restored the Law, and Miriam, Moses' sister, was hospitable; Abraham, Isaac, and Jacob, and other righteous men, have had life-long abundance and riches; and all the saints possessing it have therewith praised God. Therefore is its acquisition very hard, more than that of gold and silver. For it is the best of all things, because, of all things mortal that man can desire in this world, nothing can compare with it, and in it alone is truth. Hence it is called the Stone and Spirit of Truth; in its works is no vanity, its praise cannot be sufficiently expressed. I am unable to speak enough of its virtues, because its good qualities and powers are beyond human thoughts, unutterable by the tongue of man, and in it are found the properties of all things. Yea, there is nothing deeper in Nature.

O unfathomable abyss of God's Wisdom, which thus hath united and comprised in the virtue and power of this one Spirit the qualities of all existing bodies!

O unspeakable honour and boundless joy granted to mortal man ! For the destructible things of Nature are restored by virtue of the said Spirit.

O mystery of mysteries, most secret of all secret things, and healing and medicine of all things! Thou last discovery in earthly natures, last best gift to Patriarchs and Sages, greatly desired by the Whole world! Oh, what a wondrous and laudable spirit is purity, in which stand all joy, riches, fruitfulness of life, and art of all arts, a power which to its initiates grants all material joys! O desirable knowledge, lovely above all things beneath the circle of the Moon, by which Nature is strengthened, and heart and limbs are renewed, blooming youth is preserved, old age driven away, weakness destroyed, beauty in its perfection preserved, and abundance ensured in all things pleasing to men! O thou spiritual substance, lovely above all things! O thou wondrous power, strengthening all the world! O thou invincible virtue, highest of all that is, although despised by the ignorant, yet held by the wise in great praise, honour, and glory, that—proceeding from humours—wakest the dead, expellest diseases, restorest the voice of the dying!

O thou treasure of treasures, mystery of mysteries, called by Avicenna 'an unspeakable substance,' the purest and most perfect soul of the world, than which there is nothing more costly under Heaven, unfathomable in nature and power, wonderful in virtue and works, having no equal among creatures, possessing the virtues of all bodies under Heaven! For from it flow the water of life, the oil and honey of eternal healing, and thus hath it nourished them with honey and water from the rock. Therefore, saith Morienus: 'He who hath it, the same also hath all things.' Blessed art Thou, Lord God of our Fathers, in that Thou has given the prophets this knowledge and understanding, that they have hidden these things (lest they should be discovered by the blind, and those drowned in worldly godlessness) by which the wise and pious have praised Thee! For the discoverers of the mystery of this Thing to the unworthy are breakers of the seal of Heavenly Revelation, thereby offending God's Majesty, and bringing upon themselves many misfortunes and the punishments of God.

Therefore, I beg all Christians, possessing this know ledge, to communicate the same to nobody,

except it be to one living in Godliness, of well-proved virtue, and praising God, Who has given such a treasure to man. For many seek, but few find it. Hence the impure and those living in vice are unworthy of it. Therefore is this Art to be shown to all God-fearing persons, because it cannot be bought with a price. I testify before God that I lie not, although it appear impossible to fools, that no one has hitherto explored Nature so deeply.

The Almighty be praised for having created this Art and for revealing it to God-fearing men. Amen.

And thus is fulfilled this precious and excellent work, called the revealing of the occult spirit, in which lie hidden the secrets and mysteries of the world.

But this spirit is one genius, and Divine, wonderful and lordly power. For it embraces the whole world, and overcomes the Elements and the fifth Substance.

To our Trismegistus Spagyus,  
Jesus Christ,  
Be praise and glory immortal.  
Amen.

**THE END**

**[PART I]**

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