

Higher Balance[®], Institute

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Lesson #3

The Sleeper

The Sleeper is within every individual: it is the part of us we so often try to find and so easily forget. We are all psychic, but we are all asleep in a dream, because we cannot remember who we really are. (Referring to all the past lives held within the super-subconscious). Try as we may through quests, religion and all that comes within, the mystery evades us at each turn. Yet we know within us that something says we are more than what we seem. There is no god that chooses who is to be psychic and who is not. Like all creatures on the earth, we have a higher sense. Birds will follow magnetic fields; seventy percent of all dogs in California run away two weeks before each earthquake; dairy cows in New England will sense atmospheric changes before our best technology. A pack of Canadian wolves or Alaskan wolves will attack and kill another wolf in their pack if they sense genetic differences. There have been cases where a family dog or cat will locate their owner even when separated by a move of thousands of miles. This list continues on: whales, dolphins, apes and all the creatures of this earth. They innately have this psychic sense. If we were to believe that these abilities that human beings have, to see the future, astral travel, or talk with spirits, are part of the devil's doing then all of God's creatures are part of this diabolical evil! I would rather suggest that it is a lack of understanding (education). We must remember that in all of the incredible leaps and bounds of the human triumphs we are still adolescent as a race. In fact it was not long ago that leech bleeding was considered a breakthrough in medical science. Another mentionable is the automobile: it was less than 90 years ago that we were using horses and buggies. Reflecting back on these and thousands of other oddities of history, how can we remain so ignorant as to not believe in the paranormal?

The Paranormal

In the beginning stages of humanity, we (cave men) were very nomadic; we traveled on foot in bands, as this ensured a greater level of security. We were not yet able to speak as definably as now because the larynx (voice box) was deeper within the throat. Much like an ape species we communicated through various grunts and body motions, which over time became intricate in their own way. At this point in time human beings were very nomadic (moving constantly). We did not live in caves but rather we walked everywhere, resting at times under trees or finding shelter. We were not carnivores (meat eaters) in the beginning: we had flat granular teeth, which we used to eat primarily fruits, nuts and plants. Most likely in our earlier stages, we were a gentle species, much like the apes. We lived in constant fear because we were not at the top of the food chain. Because of constant fear we also had the same instincts as all the animal kingdom (psychic sense). We could sense a predatory animal, or know which way to walk for 50 miles or more to get water in dry arid terrain. In fact, many animals were capable of attacking and killing us. Our ability to defend ourselves was having the sense (psychic awareness) to warn us. It is my opinion that **if it were not for this psychic sense, the human race would not be here today.**

Psychic Awareness, Advance Human Senses?

(below) An orthodox view of the evolutionary line of Homo sapiens. Using the most sophisticated dating technology available, modern man is seen to have appeared alongside his Neanderthal cousins about 32,000 years ago. However, there is substantial conflicting evidence that there were highly advanced civilizations long before this time. Evolutionary theorists remain a speculative profession and largely a science of opinions. The dates are approximate. Reading from Left to right:

- A. afarensis 3 to 3.6 million years
- A. africanus 2.5 to 3 million years
- A. robustus 1.5 to 2 million years
- A. boisei 1.8 million years
- H. habilis 2 million years
- H. erectus 1.5 million years
- H. sapiens (archaic) 250,000 to 500,000 years
- H. sapiens (neanderthal) 40,000 to 50,000 years
- H. sapiens (modern) 32,000 to 28,000 years

Because we were nomadic, living was a constant struggle. Each person had a duty and contributed to the clan. If you could not or did not perform a duty you were likely exiled, and were left to die. The ability to survive in a hostile world depended greatly on the group functioning together. To support a non-contributing member was a burden and the daily act of surviving was in itself difficult. This non-compassion of human beings was a survival instinct in the early development stages due to no shelter or fire etc. Knowing this we must reflect on the origin of man's primal psychic ability that all creatures on the planet have.

Primal Psychic Ability

As human beings evolved they began to develop what is called the frontal lobe, a part of the brain behind the forehead. What the frontal lobe did was give human beings creative imagination. **It is the frontal lobe that separated human beings from the animal kingdom**, giving us the much needed upper hand: tools, weapons and traps. But by using the frontal lobe, we forgot to use our ancestors' instincts (psychic ability). There were at points a man or woman (more likely a man) that became maimed or wounded; because of the instinctual law that if you are not able to contribute you would be exiled, the maimed or wounded person would have to succumb to their situation. Most were exiled but there were a few who were already merging their psychic or animal instincts with the frontal lobe. Because of this they became the spiritual leader, saving their own life and becoming highly influential and a key person of the clan. The newly found spiritual leader now more than ever has time to pursue his interests. Forcing his new portion of brain (frontal lobe) to heights that the others could only admire in awe, he was combining the primal psychic sense with the frontal lobe. Confirming his position of power within the clan, this spiritual leader rose quickly. Under the great demands of the others he had to give answers to things that confused the

clan: as each new thing was a disturbance and more so it was frightening to them, much like a scientist having to give answers to modern man that now seem ridiculous to our logic. Yet if they did not give answers their funding and research labs would be at risk; like the spiritual leader they gave or give the best answers that their intellect allows. Usually they were far from the truth, but if it solved the problem, they used it. The spiritual leader was serving his purpose, as scientists do today, confusing the power of the Force, so that quick answers can ease the uneducated and ignorant with arms open for answers we do not question what is offered to us but accept our security blanket whatever it may be. There is one good thing we get from this: it allows the brain to begin its emergence with the mind. We still must shave away the decay of old ways so that we may breathe again.

Be sure not to confuse the spiritual leader with the medicine man; these were two different roles, each separate in their purpose. The medicine man was a man or woman that learned the uses of medicinal herbs and plants. The spiritual leader tapped the unseen energies that all creatures use, combining it with the frontal lobe and the mind (soul/spirit). Only later in the evolution of human beings did they combine as one.

Too Complicated to Grasp It?

By combining the frontal lobe and natural instinct, the spiritualist was able to achieve wondrous things, merging what he did not understand with the experiences of his life and imagination. Human beings, with the help of the frontal lobe, have become more complex, forgetting the instincts that early human beings had. Is it not ironic that in the beginning our ancestors lacked enough knowledge to understand it and now we have become too complicated to grasp it? We all must reflect inward to our ancestors, so that we can find the one similarity that we have: that is, the instinct to know that we are more than flesh and blood. We instinctively believe in the soul, we have just lost the ability to reach it.

Modern Psychics

The end note is this: by reflecting on the spiritual man's life in the early beginnings we realize that it is from this that we get modern psychics. Combining the animal instinct that all of the animal kingdom has with the frontal lobe, you have a modern day psychic.

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