

*A Spiritual Primer*

# **MOST IMPORTANT 1ST LESSON**

*Primer to The Living Magic Way™ Training Programs*

**CAEL THE SHAMAN**

*A Spiritual Primer*

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IMPORTANT  
1ST LESSON**

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*Primer to The Living Magic Way™ Flagship-Training  
Programs*

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Naaa, this is not your cliché labour of love. I don't take myself that seriously... seriously!

But... I will say this, I have learned Truth. Not my truth, your truth, or what resonates... Truth. I speak it unabashedly, with zero apologies. I am Gemini too, so my raw writing style is unconventional it is who I am at my core. I'm grateful that you chose to engage in my company's plan of spiritual action, and I will assure you that it is with honour that I will share my discoveries with you in detail as I have received it. I may not tell you all in one volume, but I plan on living to be 300 years old so I got some time...haha!

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# PROLOGUE

I am a Shaman, but I'm not the kind of shaman that wears anything traditional, I don't have a 'head dress', I don't own a mask, I don't 'do' ayuwasca, in fact I don't take any drugs at all! At most I smoke bear root, known as liquorice root and it is for opening up my lungs which sends an amazing amount of oxygen to my physical brain!

I am a Shaman, and I don't require confirmation of it in anyway. Most people in our society always need confirmation, or some form of social proof. So, I wrote down these premises that I live by, so that in the event someone requires proof of my shamanism, said person can perform these steps themselves and find out a personal understanding of what it means to *commune-with-life*, as a shaman.

It is a beautiful thing to understand the world from the perspective of the simplicity of nature, where little to no people have a direct effect on it. That said, I rely on my connection to nature and to my sentience to negotiate how I approach my interaction with the world at large. I am able to speak differently, breathe differently, even sing differently! And yes I still hone my skills in music and producing it!

So This material is all about getting to know me, while getting to know you, while getting to know yourself, and your world! Strap in! It may be a bit of a bumpy ride!...:D

# CHAPTER 1

## *The Existence of Divine Providence*



*“and god said... let us make man in our own image...”*

I was always very concerned about this statement as a child growing up in the Seventh Day Adventist religion. It was perplexing to me! But let me slow up the record playing for a min here and back up the personal hi-story excerpt...

I grew up as a christian, My mom and dad, well they also grew up christian, but they both had a number of experiences that led them to leave the confines of the church and go out into the world and experience things. My dad, he spent a number of years as an entertainer and did really well at it! Then one fateful time the ship he was on - The TSS Olympia, almost sank in a freak storm with 20 foot waves! That scared the crap out of him and brought him home. He never sang another note for 6 years! Then one night after another horrifying experience in the form of a dream, he woke up and wrote his 1st song in 6 years! A few months later, he started a gospel band and 2 or 3 years later I joined the band as the keyboardist and played for 12 years!

Back to the original story... this statement of “let us make man...etc. perplexing! See no where else in the whole religious context is there a place where it is even alluded to that there was more than one of the said “God”. In fact somewhere later in the diaspora that we call the Bible, it was emphatically stated that “I the lord thy God, am a Jealous God...!” So, in my teenage finite wisdom I decided to find out what the real story was! In my mind, someone had to have known what this was! Alas no one knew! And to my bewilderment, I was often told, if you can’t find the info, it’s not part of God’s salvation plan for you!!

Well I already told ya... I’m a Gemini, so telling me a statement like that, was just asking to be subject to interpretation; that they had not a freaking clue as to what the real story was! Now, also being of Caribbean roots, my natural tendency is to bust out the science on why a person doesn’t know what they claim to know, and why they should just stop polluting my breathing air etc...(more defensive that rude actually...lol)

So when it was time for me to really get down to it. I had to figure out a real plan of action because I had already come up against resistance! Even now talking about it I can remember the seething nature of my teenage angst because no one would tell me the truth! And neither did any of them admit they didn’t know!



In the mean time I had a really bad altercation with a family member that left me emotionally scared, to the point where I



woke up at night with debilitating cold sweats for 3 months! So I really had to do something about that too. That's where I found magick! In finding this path to eviscerate change, I stumbled on instructions on how to communicate with beings and spirits, this ultimately gave me the power to find out from the beings themselves, what really happened! So That's what I did! I spoke to being after being, until I gathered the full story as it was. And here I'm going to reveal that to you as it was channeled to me!



So as far as I understand the story from my spirit mentors, Divine Providence is the highest sentience in this sector of The known universe. And most of what we see emanated from it. Now, Divine Providence is called “it” because of the fact that it carries both the male and female attributes and characteristics, as well as physical embodiments.

Like any kid today Divine grew up in a place where its parents cared for it like any other. There are some differences from our frame of reference though. Their parental structure is different. One way in which it differs, is in the social aspect. Everything is centred all around community, and what we consider subtle living, is a way of life for them all as a community. In contrast to us, everything is on a large scale... super large-scale! Even that as terminology is far too minuscule to describe the gargantuan nature of their existence but for now let's go with that.

One of the other most important aspects of their lives is that of creator-ship. The act of creating, although essential to their purpose, is a sacred duty not to be trifled with. Their system of self governance and resiliency is all based on that singularity. All is nothing until purpose is revealed to inspire creating something. These were the childhood lesson achieved. What could be identified. The system of learning was integrative with existence because the precursor is about creating due to being a God, from a traditionally long standing reputable hereditary line of Gods.



What we would consider university graduation was no different for Divine. It had friends that got together to change their world, and they decidedly forged a pact of honour as gods often do to create in a way that was never done before. What better way to do this than to find an untouched corner of the ‘expanse’ (as my mentor called it for my benefit), and set up shop to be undisturbed in crafting what would become the hallmark of Universal history!

As with all great school friends there came a difference of opinion after that fateful event of “*let us make man in our own image and likeness...*”! And the drama ensued! Life as Divine knew it ended and it was left alone. Interestingly enough, we are not the first iteration of this plan! The matrix movie franchise actually got that part right in the 3rd instalment!

By the time it came around to reconstituting us, things were set in place for an epic that was going to be like non other! We were going to be the perfection of all that was learned from past mistakes with this project!

But, alas... not so much there were flaws. It was then that Divine became obsessed if you will, with playing it out to see what the outcome really would be if the laws were adaptable in the slightest of ways. And that is when Natural Law was installed into the universal paradigm! It was a major game changer! Now there was no excuse for BS, not even the act of employing rhetoric could stand in the way of perfection! And yet there was one thing that Divine would not budge on and that was: Freewill/freedom of choice. Now I have to say at this point that from what I was shown, in the way I was shown, I do believe this was the point of contention, the cause of the split between the friends. And from looking at our world and Universe today... It would appear evidently so that the contested thought of Divine was that when 'Freedom to choose' is installed in the human psyche, then the system is self contained and creates automated self-righting-evolution. Something that was not seen in the known 'expanse' for some time. Maybe it was tried before by..."more experienced" creators?

I did manage to catch a glimpse of an interpretation of Divine in contempt with its 'professor' about this notion. And the professor vehemently disregarding this as something that would utterly fail. Thereby crushing a 'young god's' dream.

Ok so pausing for a short coffee or tea if you're into that sorta thing. I'm quite certain that you are either thinking: this

is great material! or... this !@#\$%! is crazy I want my \$\$ back! or... Hum he is either brilliant or otherwise a communicative savant... how is he not shackled in a white vest yet!? Well I can tell you for certain, for years I thought about this, that this was the exact line of communication I had with myself! But it all comes back to that one sentence in one of the most popular books ever sold on our planet - The Holy Bible! You may be asking if I'm still secretly christian? I assure you I am not. But this statement has indeed stirred the litany of insanity in many more virtuously acclaimed that I! So fear not your query is duly noted. Moving on!

Divine had a point to prove. And the contention of his friends to *not* put choice in as a part of the core program, was a big one that did not allow their friendships to survive its anarchy. And then I was shown the betrayal. One of these went back to the homeland and reported on what was about to explode onto the 'Expanse'! Only a few took note and began acts of sabotage! The others never thought for a moment anything would come of it, so why waste energy to destroy something that was inherently self destructive?

How etymologically incorrect they were! We are here! We are here because of choice! We are here because even though as a young race as we are... we have the god-tenacity bred within us, that drives our god-like nature to self-sufficiency and compartmentalization that allows for Fun and purpose, and even purposeful Fun! We are HERE! The bad seed among us are simple infiltrators who were created to sabotage the success of this project. But it will course correct as it always has since its infancy. This is the short version of The Existence story of Divine Providence.

# CHAPTER 2

## *The Creation Story*



*The Earth was created in 7 days including man...*

Hopefully I'm using this word correctly Upanishads. These are vedic writings from the peoples of India, where there is a significant dedication to gods who in my opinion are far to dramatic to deserve the title. Again I'm gemini... you should have seen that coming!

I love this account of the creation story because it shares a side of Divine Providences care and provisional emotional state in being a God. The self analytical way in which this was done had to have been triggered in some way. So let's get into it shall we?

According to the vedic text and hermeticism. Divine providence came to the understanding that it truly exists. That it is not just in existence but that it is existence! Which for a young god that would be profound! So what would knowledge of self look like for a god!? Well they are in full control of their existence so what we view as death is just another way to express living as life means to be lived - all life.

To do this, Divine Providence did what we humans would consider the ultimate sacrifice... It killed itself to shed a part

of itself... the most important part! The existence that it is a part of and also is at the same time, was separated to form what hermeticism calls the Primordial Egg. And so to this day as humans we thoroughly believe in the circle/elliptical shape, and have instructions for it in various cultures!

This for all of you sci-fi buffs like myself, is equivalent to the Transformers - All-spark! The reason for life, the reason for existence! This primordial egg was so fascinating that Divine decided to keep it around for quite sometime, experimenting with it... ending up really liking it!

But hey let's face it, this is a God we're talking about here! and an experimental one, a progressive one at that! So it was with honour that it did the next piece of bravery. Performing surgery on itself - an experimental procedure that it would have learned at higher education on the principles of division as a mode of creating alchemy! And what a beauty of a result there was to be had! The Akasha. The Upanishads speak on the akasha as a place and space. My guide explained it to me as the space before there was an idea of space, that would infinitely record all activities that involved the original space - the primordial egg. Then i was shown...At first I was wowed! and then it was purely depressing... for me it was because the facade was taken away. My mentor wanted to show me truth instead of a preconceive notion of what I had already heard it was and what it looked like! That was ripped from my memory filter with the abruptness of a French Monarchy! And what I saw was and can only be described as a feeling of pure potential as it is recorded. Even the observation of it is recorded as potential! It was the most disturbing for the mathematical side of my brain to make

sense of, because I didn't have a frame of reference for what potential truly meant back then as I do now.

There was no ominous music... no cataclysmic or euphoric epiphanies. There was not even time... even though time was being recorded... like I said very strange place to be in. So then my obvious question to my mentor was: why does everyone else see pure white ... and halls of white... and pillars and all of that? And my mentor replied - human anatomy! Again another puzzle that was at the apex of perplexity compounded! I have to admit, I don't know how my mentor put up with me for the 8 years he was assigned to my learning because I went toe to toe with him everyday of the week!... Of course I never won... that wasn't the point .. I just needed to make my point and be heard and have confirmation that I was heard! typical gemini.... ya know..

Back to the fake halls and tall white pillars... So he continued, the human sentience was built for productivity not for speed in human reference. We were designed to operate within a confined space and so our ability to be aware of non-sequential incoherence, harmoniously dualized to create multiple dualities of effects that reverberate synchronously, was at best rudimentary! Then I blew the hell up! After my rampage and complete lack of resonance I was able to connect with him again and have him just pick up where he left off as my tantrum was indeed my own punishment for not listening to the full story!

He added on with... It was as a result of Divine recreating this iteration in his image leaving out the tweaks of the others from the original program that has allowed us to wake up a lot sooner and smoother in this iteration. This along with choice and a much better system of proximity had

greatly improved the oddities of applicable conduciveness to logical coherence; I then asked: do you mean cohesion? And I kid you not I felt a very black-mamma-type B/slap up the back of my head along with the feeling of “Don’t you dare to tell me what I mean!!!” And so without an answer He proceeded to finish his thought...

Your brain is wired right left down center and your heart is wired the opposite so by your physics of understanding of those laws, it is coherence! You are still with old programming - he said to me referring to my asking if it was the word ‘cohesion’ that he meant to say!

That was a burner! And then he showed me! it was disgusting the visual representation of what old programming looked like. For those of you who code. Think of a worse case scenario for truly disgustingly messy code, not even meant to distract from the real thing... just really... awful... coding... with absolutely... no ethical flow! and yes that is what it looked like. For the rest of us, it looked like someone took a 3month supply of old motor oil from a 4cyl yellow two-door escort, and poured it all over the Italian leather with shark-skin accents upholstery of a brand new showroom ready murcielago lamborghini! Yea I said that!

Naturally I felt like crap so I was careful to be polite and ask if there was anything he could do to help get it out...lol it took 7 days. Why? because again... human sentience. Because training must be balanced always. Removing it in less than 24hr of earth time would not have been commensurate with my analytical processing and would have triggered an unwanted and uninterrupted emotional response! So where was I... ah yes, the akasha! Great place to understand the act of record keeping! But also a great



space to understand what it means to experience full potential!

Right moving on to the next event in the creation story!  
The birth of the first primordial element!

Fire!

It was at this point that my mentor needed to take a break to take care of some important universal business but he was back within a few days to help finish this tome. He said that Fire... He was there for that part of creation because this is the 6th iteration of this process they (referring to himself and all others like him), were already in existence and were very much a part of the developmental stages of the first 5 iterations. So He was there for the recreation of Fire. He described it in a way that made me feel like this was one of his favourite parts ... kinda like the saying where when you see something that gets you excited every time you see it you end up saying: "*man that never gets old...*" He had the slightest of reminiscence on his countenance and that was my cue to allow the memory to mature to hopefully him telling me something akin to an affixed story point in chronology! Nope, no such luck! I think he must have caught on to my questioning awareness and promptly straightened up and continued... Fire is what is used... simply put. There is no other choice, or choice for that matter, Fire is used. That is its function and it will always be first in all things! The reason it was first was sheer invoked volition. The circumstances demanded a strong presence and so that purpose called it into being...Fire!

The follow up was equally magnanimous! The element you know as water was contrived due the the force of Fire

demanding a match... and an opponent to its prowess. Water answered the call and the two have been in the dance ever since. It is this dance that always restarts the new spark of life in your sector of the universe. It is the reason for everything that is in existence, going to be in existence, was in existence and are in existence now. Remember this! The dance is real and must be practiced in order to live! And it must be danced well!

I will always remember this because of the fact that... He, Danced! And I recall it being odd, sultry, devoted, precise, but like a beautiful machine with no noticeable moving parts yet all cohesiveness intact by might and power controlled by fluidity and shedding all fecundity in place of purity. It was more than poetry's retinues.

As he danced I saw the most wondrous things happen... it looked like it was going to rain and then storm but it was not because as he danced it vortexes into what appeared to be a cloud with the smallest opacity, barely enough to be noticed as a form... then he turned sharply to look at me after stopping the dance... and softly whispered - Air!

By his expression he was conveying to me the understanding that the dance of Fire and Water is truly what all things begin with because their interaction created the pressurized thing we breathe in and out of our lungs! it is what helps to keep our physical body in its shape apart from a few other capacities that are beyond the scope of this first lesson.

He then sat in an asana with his legs shaped quite weird visually where they looked like the were pushing inward and moving up from the genitals to the belly button (on a human of course). He then began to take rhythmic breaths... and

with each he felt like he was absorbing the thunderous clap of a freak storm! And he motioned for me to put my head to the ground... and that I did before I realized ... whole crap there was GROUND under my feet!

He meant for me to realize this as the subtle inevitability of the interaction of all three elements to form.... exactly that... to... FORM. What they form is always based on the need of the environment they are in as to the purpose of the form being created. in our case... Earth needs dirt that will then go on to continue to accept souls. Souls only thrive in a space that was created through the definitive of purpose inspired by want and need.

# CHAPTER 3

## *The Soul Cairn*



*“Man, know thyself... Delphi Oracle”*

We are now at a place where the birth of “Us” is important to tell, as it is also a part of the creation story in part! The Akasha has a space between it and the Primordial egg and this is called the Soul Cairn. Like all Cairns, it is meant to hold something and in this case... it is meant to hold a most precious part of creation - The soul! Now let’s be clear about this, it holds all the souls of mineral, plant, and animal kingdoms.

So what is the soul? It is in itself a capsule who’s nature it is to hold or be a receptacle of or for something, just like its counterpart, the soul cairn. It contains the sentience that is us. It is also a primordial body made of the same frequency and molecular structure of light and this is the same material that makes up the primordial egg. It is indestructible by human standards. He was adamant to included a bit about our fickle attitude toward beliefs by saying this: Your method of belief is to misconstrue everything...”it looks like such and such... so it must be that!”. This is not the preferred way of Universal thinking if your race is to come to the “place of Understanding”, he said!

Your sentience is omnipotent and omnipresent at the beginning of your existence, It is the Omniscience that begins at zero when you take on the encapsulation of the soul. This Light body will never decay and should it be left for any reason, that is the only moment it will surely decay! And your sentience will be dissolved back into the elements and the akasha which are the building blocks of all life in this sector.

There are some who have chosen to do this willingly: The process of decay and dissolution, for the sake of all, to improve the experience of the akasha and edify the soul cairn .It should be noted that this information that is stored there is also accessible by the soul cairn, and its inhabitants.

You came into existence with one other... and only one other. You are not a twin but two individuals coexisting but not co-dependant. You are just brought into existence together... you are as individual as darkness and light, but cannot distinguish yourselves from one another, or one without the other. This is the term you call on your world - Soulmate.

There is one main group that has formed over time and that is of what you describe as Twin Flames. These are simple friends that you have become fond of over your concept of time. Because of Soul travel through the cairn into this physical material dense reality, all things must still maintain balanced, and so Not all soulmates get to travel together in every lifetime. Sometimes your twin flames will act as your soulmate in one or more lifetimes strictly for the purpose of beneficial experiences, that can be taken back to their partner when transitioning back to the soul cairn.

This is a non sequitur in universal events of importance it just is something that happens and nothing should be so

difficult to acclimate to concerning this. He saw my disturbed look and teaming queued up questions and circumvented me asking them by answering all queries all in one go.

The harmony created, he continued... is the purpose of the soul cairn being fulfilled. When sentients are in someway interrupted then there are contingencies put in place to course correct and in some situations return the sentient to the soul cairn for upgrades, retraining and Soul light-wave body upgrades. Those are only in extreme cases.

Death as you call it, is not this in our understanding, it is a part of the process that allows for re-uppance. And so a benefactor to the whole soul cairn. There is now a resurgence to fulfill a retraining of what it means and its function on your world, as the current descriptions and rituals connected only serve to solidify an erroneous view. This is all for now on The Soul Cairn, Soulmates and Twin Flames.

# CHAPTER 4

## *Macrocosm - Microcosm*



*“Big is small and Small is Great”*

Near the beginning there was a small hiccup as you humans say with the expanse. The elders who are now no more, forgot to energize the faculties of the main part of the existence project. To back that up a bit. Eventually I think it was by iteration 4 or 5 after severe judgement, This side of the expanse was allowed to coexist however all were decreed by universal law, not to interfere or interact with it (us).

Unless we showed a bold and daring comeuppance of our own volition that would be deemed a state of awareness, that is inherent in all species across the expanse. We were to be a completely hands-off area of the universe. We have survived that grace period! And now we're given the ok to thrive! After this ruling we were left in peace to become great civilizations as did all the others in various parts of the expanse. However there was a silent plot that caused a flux of forgetfulness that affected the elders temporarily and they in turn were not aware that the expanse's growth trajectory would have collided with our universe! This was unacceptable so Divine Providence defended and won that case, and the perpetrators annihilated! The question has always been posed how big is

our universe really. And when I asked this question my mentor said there is not a human counting system to describe it, nor proper tones to create the appropriate sound that would be understandable to my ears. That really sucked to hear that but I let it go! I figured he and I were finally getting along.. no need to rock the boat!

The idea behind this originally was simple, create a mirrored system of multiplicities of dualities. That way all things will be interconnected and accountable for the next. That was the basis for its structure. That is why everything that can be analyzed looks and sounds and functions like something else of similar looks, sounds, and functionality! It is the perfect individual interdependence! It is translatable and so one of the immutable laws that all humans and Universal sentient beings must abide by. All relationships are of the same quantifiable qualities that match this universal law that governs how and where appropriate interactions occur and those events are duplicated for others of similar patterning, and that is what you call the system of the zodiac. This is not a be all end of the operation of mathematical relations, it is an undisputed albeit altruistically begrudged human response that the qualitative importance of which has been misconstrued.

Suffice it to say that we keep things simple because they are!



# CHAPTER 5

## *Death & Transition*



*“I with, I without, Out with I”*

The above came from the moment I decided to, “hum and haa” about writing this chapter. I didn’t want to! To be perfectly honest, I’m writing it rather pursed lipped and with a sense of curtness. I don’t like death. That said let us begin.

The reason is because as humans we treat it all wrong. The original system of transition was based on the respect of the souls journey because of purpose. The caveat of every soul is to find purpose through the act of finding what inspires you to love. So the pretext of this iteration for transitory soul travel was somehow skewed to trap soul travel in some limited way from creating a complete passage through the annals of seminally chartered journeys, that lead back to the soul cairn!

That process today is: Burial! It is disgusting to the universe that we litter the earth with physical incumbency of inundated fecundity! We should never be worried about climate change as a thing of note because we have disgustingly littered our planet under the false pretext of respect! The original plan was to burn the ‘machine’ so that there would be a smooth transit back. Remember, all is fire

and water! This is why the old ways always sent the dead out to sea and set the craft ablaze, so that the spirit encapsulated would be birth by way of the elemental process as it birthed our existing world and universe! I do not think this industry will subside soon, but you must know this was never the original plan.

Once a transition begins the process has to be completed. Someone may not break travel in transit. The complicated situations you have witnessed where it appears that 'death' was stopped were planned resets where the soul needed an intimate mechanical or fiduciary upgrade required because of a 'line item' in the soul contract. This is where we touch on soul contracts. These are not as they seem either. The terms were used to help with translation of how to understand a non-localized transaction. The systems on earth resemble what goes on but they are far from the efficiency of what actually goes on! All is purpose... all is seeking what inspires you to love. Without these two nothing can be accomplished in life of any significance and all life is steered to this magnificence. When A soul insists on making poor choices that result in veering off course, and further away from these two top priority points in your soul contract. Your physical body responds by way of sickness, disease, illness, mental instability etc.

When a tool is used improperly or for the wrong purpose it fails. And the tool only fails because it was being used for something it was not designed to do! This is the same with physical bodies that houses your spirit that is connected to the soul in which your sentience resides.

These 4 components must work together to achieve these two line items: Find purpose based on what inspires you to

love. I trust that I have made the understanding clear that premature death is a real thing when these two are not followed with care!

# CHAPTER 6

## *Past Lives & Soul Retrieval*



*“Be, seen has been, look, saw past time within”*

Now we have a bit of an understanding of death let us move further into the realm of understanding of one of the functions of the Akasha as a place of recording.

We already established that it is a place and a space. And it is the space part that does the recording like an AI driven intelligent hard drive, powered by the primordial egg! Infinite in voluminous capacity!

The one thing that has happened somewhere along the iterations is a degradation of the physical bodies ability to retrieve non-localized information that is of the subtle frequency. This frequency is the channel used by the Akashic-space to transmit past knowledge. Now for those of you who are thinkers you would be asking why is that an important feature if the design of the system is to experience a new version of life every lifetime? Well that is simple. Efficiency! If we can remember what we already did in previous lifetimes then we can make conscious effort to actually chose to...”*Let’s do that again!*” or say... *“hummm that was fun! ok, what’s next!?”*. It would be an informed decision making process as opposed to a haphazard colour-blind experiment!

This was already coded into our DNA from the beginning and somewhere along the line was lost or slowly methodically diminished in our psyche. So here is how this relates to the Akashic records. Remembering past lives and their lessons means that we can indeed upon conscious awareness of the records, recall that previous life and learn what we messed up on that has come forward (karma), and work on that while experiencing new things that we signed up for in the current lifetime, and by extension seek out if there are the same building blocks in this lifetime to reconstitute things that we once enjoyed thoroughly in the previous life or lifetimes!

Doesn't that sound like a badass way to live??? This is what I believe the Tibetan monks have known for some time now and why they are able to make use of this knowledge to find the next rinpoche rebirth, to reinstall them back into the monk-hood as early as 2years old!

Don't' panic though, there is a way for you to change this for your future generations! and You will also be able to have a visceral understanding of this transference of knowledge through the thymus if you are proceeding directly to the Master Healer program after these three most important lessons!

So This is the purpose of past life information being held in the akashic records and we all have the ability to master the skills to access them, so we can make highly informed decisions from that point forward. Please bare in mind that in the grand scheme of things, in our time in the world we have been taught really bad universally-socially unacceptable habits, and that has led to an entire industry of people who have claimed to be the only ones capable of reading the

information in the akashic records. So that is one of the other reasons for me writing this material so that future generations will be able to rewrite this into their DNA permanently once again, and course correct our world.

The structure of the Akashic records is fluid and AI driven for subjectivity. This means that you and only you can retrieve your information unless you give permission to someone else to retrieve it. If any of you are harry potter fans and you remember the movies well, the scene where him and his cohorts were in the hall of memories and prophecies in the ministry of magic, and there were all of these balls that contained prophecies... very similar idea indeed! But only as a frame of reference!

In terms of how to access these, that is taught by first understanding the sensory input used to record it in the first place. That can be learned from my book and course work Step to the 6 Senses.



Now onto a more intriguing and dangerous subject - Soul Retrieval. Based on my mentor's definition above in the previous chapters, it is questionable that this is even a thing! Here is why... small recap if you will?

The process of creation defines that we start off as a sentience which basically means we are full cognizant, and that involves a plethoric state of awareness of that fact that you are aware of your awareness. This is DNA code Primus! (*Another book title for another time*). Next, In order to 'order'

the existence of this awareness it must be in a formidable structure that is built for efficiency, effectiveness, durability and expansion - The Soul. It is from this jump off point that the soul in collusion with the sentience that is us, takes on the expression of the act - to live!

So even if we veer off-course due to lack of memory access to the akashic records, does that mean we loose our souls in a lifetime because of extenuating circumstances? It is a big question I propose because the world over, every 'shaman', every culture' and even the largest religious organism in that of catholicism, agrees with a version of the known terminology - Soul Retrieval! Is it Real?!

In the universal understanding of what it really means, Is there such a thing? Well, When I posed this question to my mentor he took one look at me and with the 'slightest of nods...(*pi mae inspired*), he gave a minuscule cheeky smirk that i could pick up on because of the micro-muscular sensate that invasively interpolated his discourse because of my question! That's when I knew I totally impressed him! HA! (*happy dance! Humans 1 spirit mentor...ok lets get back*)

So he said...as with most spirits of this calibre... Well for Us, no for you yes. I really thought I had him on this point! like dam! But he continued... Thankfully... "Based on what I explained to you, The soul is just in your human terms a well built AI capsule, it is you the sentience that is the prize! You are already built with the capacity for... as you describe it... the 3 god-like powers of omnipotence, omniscience, and omnipresence because that is the nature of sentience! The original sound that you pronounce, as the word 'spirit', that's what it means intrinsically! Sentience!

When I further inquired on the subject he said: So as far as the universe is concerned, it is baffling to them why we go after using 'Old Gear' that is what he showed me as a definition of the soul being retrieved. The Soul is just a housing AI mechanism. And it is likely to be needing upgrading. So in the grand scheme of things Soul Retrieval as it is known today, is actually a really, really bad Idea! It is to be recognized like how we see death or even better, how we consumer-ize our lives. We buy new and when it gives trouble ...why fix it... get a new one. This sounds wasteful but on the universal scale it is not, although my stating it like this is slightly contextual. The thing is, coming to the end of its 'usefulness', our soul will indicate its need for replacement! And our awareness of that, is what is more important than replacing it, or as described by the rest for the spiritual world - retrieving it! In this context, this is what us shamans who truly understand this know, and we understand that mental health is literally, that a person has not been *aware* of the - "times up" clock on the AI soul machine, and so it breaks down freeing the sentience to be .. yup you guessed it... Everywhere, in the Now, in the past, and powerfully so!

This is the reason it is so dangerous to go get a soul retrieval done. To date there is no other material out there that fully describes this in this way! And that is for good reason. But Humanity has been doing what it should be doing, so this is coming to you now in this manner! This course material will provide you with the truth and basis upon which to understand one of the most important truths of the universe - your existence! Things simply 'were' Until You and all your kind came into existence! And nothing has been the same ever since!



Now that you understand what these truth definitions are we can proceed.

# CHAPTER 7

## *Occult Anatomy*



*“Perhaps we erred in withholding ...”*

The statement above, it is a most powerful consideration given to us as a species in the universe’s existence. And yet many others in our universe are still on the fence about it. You are here right now reading and studying this so that is a great step forward! Keep it going!

This is a topic who’s name I chose to reverberate based on the hermetic sciences as told by Franz Bardon.

Like was said before in the microcosm and macrocosm chapter, every thing must follow the principle of the multiplicity of dualities! and the anatomy is right on point with that caveat!

Every part of our body and its systems are bound by these laws, and we can with impunity see even the reoccurrence of timed star systems that are patterned in our body’s molecular structure! We are that finely tuned to our environment, and its immutable laws. In practicality this begs the question of how do we harness this confluence to our benefit. Well that is where the laws of correspondences within the 7 hermetic principles (natural law) apply. The more you can find that is concurrent in time, space and form, can be worked with, in

order to understand the Soul of it, and by extension its sentience. Remember my mentors' words? Our sentience is the Prize! And by reasonable deduction so is the sentience of everything else. It is the act of improving sentience that we ascend and that is the truth of soul upgrades in the first place! when enough of us get to that point that it creates formidable resonance, then the whole species must also experience the upgrade! Now here is the real mind blowing reference! The rapture? That's what it really is! The collective whole receiving the upgrades and some who are unprepared through lack of awareness of the event, they loose out on a new AI Soul in the ascension process and the result is usually mental instability of some sort because its old soul tech attempting to connect to an upgraded New Soul-Network! Its like in the computer field where there are legacy products! they don't work with certain upgraded protocols! The old protocols served the basis of having a platform of experience and experimental benefit to build a place, and space to be aware that a future of more possibilities is inevitable, and so preparedness is fundamental to acceptance of these soul upgrades!

All of the details you will need of this chapters topic are in the *Spiritual Mastery Mentorship*, *Master Healer Program*, *Master of Practical Magick Program*, *Bespoke Psychic Training Program*, *The Bespoke Sensory Series*, and *Magickal Tool Craftsman Course*. If you are taking this course it means that you are indeed a part of one of the above Flagship courses!

# CHAPTER 8

## *The Polarities*



*“Up is down, Down is up, no thing is sideways Only perspective can be observed”*

And we have come to the final Chapter in Booklet 1! Wow! What a rush! I’m so glad that you’ve stuck it out through such challenging infamous discourses! Thank you! You are a rock star!

Now let’s talk about a well known debilitating condition on our planet - bi-polarism. It is well known indeed. I dated a girl who was indeed diagnosed bi-polar, well coming to think of it I dated two of them! moving on...

The first after being with me for two years while I was still practicing my healing portion of becoming a world-class shaman, she had no issues, and was even off her medication! And that was not the only medication she took btw, and she was off all of them! So personally I have proof that when viewed correctly these conditions can be removed from the body’s programming. It is also true that the mind is powerful enough to reinstall any former programs that were removed! Something I learned as well from dating both women. I know it may at first sound like your typical guy-crap talk, but i am not being facieous in anyway!

The topic of polarity is directly related to this because of the way in which creation was designed. You see, not only are we created with the elements... remember the immutable law of multiplicities of dualities? Well each element must also have a positive and negative flow, rate of flow, distal time-space and form of flow. That said bi-polarism is not just an imbalance in hormonal structure but in the subtlety of the source of the power to those systems producing the triggers sending the flood of reactive hormones into the blood stream for consumption.

In electricity and electronic circuits it is more important that the current being generated is '*cleaned up*' prior to entering the circuitry! Why? because improper resonant frequencies create interruptions in the signal and processing is no longer optimal, or even precise! Clean signal in... Clean signal out!

This is the same principle that is doubled in Recording productions. Not only does the power have to be cleaned up but also the content being recorded - This is a part of what is called the signal processing chain. Where the sound information is meticulously cleaned, scrubbed of as much '*artifacts*' as possible before entering the pristine systems that is the recording platform!

Even if you meditate for 40 years on the elements and are a master of raising Kundalini, if you have an improper balance of your polar genitives, The 40 years you have spent would have been for nothing! It is likely that at some point you will experience sufferable health issues! The whole system depends on the infallibility of ... yup you guessed it - The Whole System. The Chinese and Japanese systems of healing honour this timelessly!

Another thing to consider is the link between this concept and the microcosm and macrocosm. There is major polarity evidence in this as well, and as such should be understood that all other light-bodied sentient beings have the exact same issues that we do here on earth. It may be in different points of view but the underlying premises are the exact same. And this is because of the multiplicities understanding. As we upgrade, so do they and as they upgrade - who ever is linked to their understanding is also upgraded, and so on and so on. So please do understand, that this may only appear a small thing now... but it is a more effectual situation universally. Seen or unseen, aware or unaware are irrelevant questions/concepts, because its happening either way! By choosing to study this material, You are making leaps and bounds in conditioning yourself to preparedly accept your own personal should body upgrade! Thank You for adding willingly to our ascension!



In this understanding of polarities there are of course only two: male and female, this is how it was at the beginning. There are deep seated medula-coded responses we have to polarities, and in our world today it is even more stringent on these said polarities. This is where I may loose you... But as the payment page said in the beginning before you got here... NO Refunds!

Ok here we go!

The insistence on what gender or non-gender a person carries, is about this particular topic in so many ways it is profound. Remember the soul cairn? Right, so one of the soul caveats is that you do have several opportunities to be with your soulmate in many different lifetimes together. And all that changes is your gender in the physical body construct that is chosen for the experience or sometimes that is the only one available based on the purpose of the experience. If you find yourself in those shoes, then the body type of your soulmate is completely irrelevant to the connection! You are both who you are and that's all there is to it!

Now here is another situation. When a soul is legit trapped in a body type where they were not supposed to be, but this is what was given as the time to exist physically would have past and there would have been significant repercussions, well those legit situations are quite real! And let's add to that, that the sentient being inhabiting the soul is definitely only one of two polarities that were brought into existence together! Can you see the understanding in difficulty that creates these challenges?

So in today's world yes people are feeling the need to identify these genders or be genderless, but the premise behind doing so is all wrong and grotesquely undermined! So this is the real deal behind the sudden surge to identify. This is part of the wake up routine in the soul AI upgrade network. In reality we should all only be a tad bit concerned with what our original Sentience's polarity is, and as that is a non sequitur to the caveat of the soul in finding purpose, as it pertains to what inspires us to love, then I rest my case on this point.

As far as the universe is concerned, There is no case of genderless unless you are a hybrid of one of the created non-corporeal light-wave bodied beings that is posing as a human! other than that, we, you, are all human! and are either male or female in gender and our sentience polarity may not even be the same as our soul's light-body for that matter, and definitely can be different than our physical bodies we resonate within. So you may ask what is the point then to living if i'm not what I think I am?

Simple forget about it! Live! that's what's important... reduce the stress of filters. If you are secure in your act of living then you go back to the soul contract of finding purpose and what inspires you to love as a clear definition of the fact that you have found your purpose!



# EPILOGUE

So a few closing thoughts to this Brief on “*Most Important 1st Lesson*”. It is very important to understand that I’m not giving you shit about anything here, that I am genuine about how much I care about your ingestion of these truths.

I have already gone through significant life burning lessons of testing and trusting what was told, and seeing evidence of it through out all my life experiences. I know how incredible this will all seem at first, and it is still just the First Lesson! There are two more to go! So take a moment to pause and reminisce, because this is the last time you will see this person in your mirror. You will forever be changed and will never return to this level of understanding before you bought into this course content! The truth of the way your life was formed is now squarely in front of you!

I have lost friends, family, children, relationships, businesses, and almost lost my mind to the insanity that is our world, that pressures you to conform to its utterly disgusting rat race of crazy!

But I persevered, and I’m here, in the face of being labeled, cajoled, even unofficially spirit-conscripted as everything that is wrong with black men, I have lived through those things, and I am here to share this with you.

You may or may not be going through the toughest time in your life right now. I want you to hear my voice going off in your mind when you feel the lowest! I am still here! I keep my personal faith in check and went with the facts of observable truth, as it was expressed through my intuitive faculties by my mentor. I trusted my own crazy because the

rest of the world's crazy leads to death and dying and never living. Truly living a life free to be my sovereign authentic



self. This was the truth that was shown to me of what I must accomplish! And that I have. So I bring these to you as tenets to work with, the real answer to the most asked question on this subject: How Do I begin?

It is with the highest love and the deepest trust ,that I put this content into your capable sensory perception to be consumed and digested for the betterment of your Original Sentience

Welcome to the birth of your awareness!

KA!

# ABOUT THE AUTHOR

## THE BITS AND BOBS OF ME

Best thing yet!

This is how I live my life and have for some time, when things get rough it is my first thing to know intrinsically!

Happy to give, Happy to receive!

This is the very next that I verbalize that keeps me true to my course in life! This is how I keep myself accountable!

*Here Is What I Have Found As The Thing That Inspires Me To Find More Purpose In Life And Hopefully It Will Edify Your Soul To Do The Same:*

*Love Fearlessly  
Love Truthfully  
Love Consciously  
Love Poetically  
Love Passionately*

*And Allow Those Around You To Experience Your Expression Of  
Love To Inspire Them In The Depths Of Their Soul!*