

# The Social Aspects of Birth Control

Emma Goldman

April 1916

It has been suggested that to create one genius nature uses all of her resources and takes a hundred years for her difficult task. If that be true, it takes nature even longer to create a great idea. After all, in creating a genius nature concentrates on one personality whereas an idea must eventually become the heritage of the race and must needs be more difficult to mould.

It is just one hundred and fifty years ago when a great man conceived a great idea, Robert Thomas Malthus, the father of Birth Control. That it should have taken so long a time for the human race to realize the greatness of that idea, is only one more proof of the sluggishness of the human mind. It is not possible to go into a detailed discussion of the merits of Malthus' contention, to wit, that the earth is not fertile or rich enough to supply the needs of an excessive race. Certainly if we will look across to the trenches and battlefields of Europe we will find that in a measure his premise was correct. But I feel confident that if Malthus would live to-day he would agree with all social students and revolutionists that if the masses of people continue to be poor and the rich grow ever richer, it is not because the earth is lacking in fertility and richness to supply the need even of an excessive race, but because the earth is monopolized in the hands of the few to the exclusion of the many.

Capitalism, which was in its baby's shoes during Malthus' time has since grown into a huge insatiable monster. It roars through its whistle and machine, "Send your children on to me, I will twist their bones; I will sap their blood, I will rob them of their bloom," for capitalism has an insatiable appetite.

And through its destructive machinery, militarism, capitalism proclaims, "Send your sons on to me, I will drill and discipline them until all humanity has been ground out of them; until they become automatons ready to shoot and kill at the behest of their masters." Capitalism cannot do without militarism and since the masses of people furnish the material to be destroyed in the trenches and on the battlefield, capitalism must have a large race.

In so called good times, capitalism swallows masses of people to throw them out again in times of "industrial depression." This superfluous human mass, which is swelling the ranks of the unemployed and which represents the greatest menace in modern times, is called by our bourgeois political economists the labor margin. They will have it that under no circumstances must the labor margin diminish, else the sacred institution known as capitalistic civilization will be undermined. And so the political economists, together with all sponsors of the capitalistic regime, are in favor of a large and excessive race and are therefore opposed to Birth Control.

Nevertheless Malthus' theory contains much more truth than fiction. In its modern aspect it rests no longer upon speculation, but on other factors which are related to and interwoven with the tremendous social changes going on everywhere.

First, there is the scientific aspect, the contention on the part of the most eminent men of science who tell us that an overworked and underfed vitality cannot reproduce healthy progeny. Beside the contention of scientists, we are confronted with the terrible fact which is now even recognized by benighted people, namely, that an indiscriminate and incessant breeding on the part of the over-worked and underfed masses has resulted in an increase of defective, crippled and unfortunate children. So alarming is this fact, that it has awakened social reformers to the necessity of a mental clearing house where the cause and effect of the increase of crippled, deaf, dumb and blind children may be ascertained. Knowing as we do that reformers accept the truth when it has become apparent to the dullest in society, there need be no discussion any longer in regard to the results of indiscriminate breeding.

Secondly, there is the mental awakening of woman, that plays no small part in behalf of Birth Control. For ages she has carried her burdens. Has done her duty a thousand fold more than the soldier on the battlefield. After all, the soldier's business is to take life. For that he is paid by the State, eulogized by political charlatans and upheld by public hysteria. But woman's function is to give life, yet neither the state nor politicians nor public opinion have ever made the slightest provision in return for the life woman has given.

For ages she has been on her knees before the altar of duty as imposed by God, by Capitalism, by the State, and by Morality. To-day she has awakened from her age-long sleep. She has shaken herself free from the nightmare of the past; she has turned her face towards the light and its proclaiming in a clarion voice that she will no longer be a party to the crime of bringing hapless children into the world only to be ground into dust by the wheel of capitalism and to be torn into shreds in trenches and battlefields. And who is to say her nay? After all it is woman who is risking her health and sacrificing her youth in the reproduction of the race. Surely she ought to be in a position to decide how many children she should bring into the world, whether they should be brought into the world by the man she loves and because she wants the child, or should be born in hatred and loathing.

Furthermore, it is conceded by earnest physicians that constant reproduction on the part of women has resulted in what the laity terms, "female troubles": a lucrative condition for unscrupulous medical men. But what possible reason has woman to exhaust her system in ever-lasting child bearing?

It is precisely for this reason that women should have the knowledge that would enable her to recuperate during a period of from three to five years between each pregnancy, which alone would give her physical and mental well-being and the opportunity to take better care of the children already in existence.

But it is not woman alone who is beginning to realize the importance of Birth Control. Men, too, especially working men, have learned to see in large families a millstone around their necks, deliberately imposed upon them by the reactionary forces in society because a large family paralyzes the brain and benumbs the muscles of the masses of working men. Nothing so binds the workers to the block as a brood of children and that is exactly what the opponents of Birth Control want. Wretched as the earnings of a man with a large family are, he cannot risk even that little, so he continues in the rut, compromises and cringes before his master, just to earn barely enough to feed the many little mouths. He dare not join a revolutionary organization; he dare not

go on strike; he dare not express an opinion. Masses of workers have awakened to the necessity of Birth Control as a means of freeing themselves from the terrible yoke and still more as a means of being able to do something for those already in existence by preventing more children from coming into the world.

Last, but not least, a change in the relation of the sexes, though not embracing very large numbers of people, is still making itself felt among a very considerable minority. In the past and to a large extent with the average man to-day, woman continues to be a mere object, a means to an end; largely a physical means and end. But there are men who want more than that from woman; who have come to realize that if every male were emancipated from the superstitions of the past nothing would yet be changed in the social structure so long as woman had not taken her place with him in the great social struggle. Slowly but surely these men have learned that if a woman wastes her substance in eternal pregnancies, confinements and diaper washing, she has little time left for anything else. Least of all has she time for the questions which absorb and stir the father of her children. Out of physical exhaustion and nervous stress she becomes the obstacle in the man's way and often his bitterest enemy. It is then for his own protection and also for his need of the companion and friend in the woman he loves that a great many men want her to be relieved from the terrible imposition of constant reproduction of life, that therefore they are in favor of Birth Control.

From whatever angle, then, the question of Birth Control may be considered, it is the most dominant issue of modern times and as such it cannot be driven back by persecution, imprisonment or a conspiracy of silence.

Those who oppose the Birth Control Movement claim to do so in behalf of motherhood. All the political charlatans prate about this wonderful motherhood, yet on closer examination we find that this motherhood has gone on for centuries past blindly and stupidly dedicating its offspring to Moloch. Besides, so long as mothers are compelled to work many hard hours in order to help support the creatures which they unwillingly brought into the world, the talk of motherhood is nothing else but cant. Ten per cent, of married women in the city of New York have to help make a living. Most of them earn the very lucrative salary of \$280 a year. How dare anyone speak of the beauties of Motherhood in the face of such a crime?

But even the better paid mothers, what of them? Not so long ago our old and hoary Board of Education declared that mother teachers may not continue to teach. Though these antiquated gentlemen were compelled by public opinion to reconsider their decision, it is absolutely certain that if the average teacher were to become a mother every year, she would soon lose her position. This is the lot of the married mother; what about the unmarried mother? Or is anyone in doubt that there are thousands of unmarried mothers? They crowd our shops and factories and industries everywhere, not by choice but by economic necessity. In their drab and monotonous existence the only color left is probably a sexual attraction which without methods of prevention invariably leads to abortions. Thousands of women are sacrificed as a result of abortions because they are undertaken by quack doctors, ignorant midwives in secrecy and in haste. Yet the poets and the politicians sing of motherhood. A greater crime was never perpetrated upon woman.

Our moralists know about it, yet they persist in behalf of an indiscriminate breeding of children. They tell us that to limit offspring is entirely a modern tendency because the modern woman is loose in her morals and wishes to shirk responsibility. In reply to this, it is necessary to point out that the tendency to limit offspring is as old as the race. We have as the authority for this contention an eminent German physician Dr. Theilhaber who has compiled historic data to prove

that the tendency was prevalent among the Hebrews, the Egyptians, the Persians and many tribes of American Indians. The fear of the child was so great that the women used the most hideous methods rather than to bring an unwanted child into the world. Dr. Theilhaber enumerates fifty-seven methods. This data is of great importance in as much as it dispels the superstition that woman wants to become a mother of a large family.

No, it is not because woman is lacking in responsibility, but because she has too much of the latter that she demands to know how to prevent conception. Never in the history of the world has woman been so race conscious as she is to-day. Never before has she been able to see in the child, not only in her child, but every child, the unit of society, the channel through which man and woman must pass; the strongest factor in the building of a new world. It is for this reason that Birth Control rests upon such solid ground.

We are told that so long as the law on the statute books makes the discussion of preventives a crime, these preventives must not be discussed. In reply I wish to say that it is not the Birth Control Movement, but the law, which will have to go. After all, that is what laws are for, to be made and unmade. How dare they demand that life shall submit to them? Just because some ignorant bigot in his own limitation of mind and heart succeeded in passing a law at the time when men and women were in the thralls of religious and moral superstition, must we be bound by it for the rest of our lives? I readily understand why judges and jailers shall be bound by it. It means their livelihood; their function in society. But even judges sometimes progress. I call your attention to the decision given in behalf of the issue of Birth Control by Judge Gatens of Portland, Oregon. "It seems to me that the trouble with our people to-day is, that there is too much prudery. Ignorance and prudery have always been the millstones around the neck of progress. We all know that things are wrong in society; that we are suffering from many evils but we have not the nerve to get up and admit it, and when some person brings to our attention something we already know, we feign modesty and feel outraged." That certainly is the trouble with most of our law makers and with all those who are opposed to Birth Control.

I am to be tried at Special Sessions April 5<sup>th</sup>. I do not know what the outcome will be, and furthermore, I do not care. This dread of going to prison for one's ideas so prevalent among American radicals, is what makes the movement so pale and weak. I have no such dread. My revolutionary tradition is that those who are not willing to go to prison for their ideas have never been considered of much value to their ideas. Besides, there are worse places than prison. But whether I have to pay for my Birth Control activities or come out free, one thing is certain, the Birth Control movement cannot be stopped nor will I be stopped from carrying on Birth Control agitation. If I refrain from discussing methods, it is not because I am afraid of a second arrest, but because for the first time in the history of America, the issue of Birth Control through oral information is clear-cut and as I want it fought out on its merits, I do not wish to give the authorities an opportunity to obscure it by something else. However, I do want to point out the utter stupidity of the law. I have at hand the testimony given by the detectives, which, according to their statement, is an exact transcription of what I spelled for them from the platform. Yet so ignorant are these men that they have not a single contraceptive spelled correctly now. It is perfectly within the law for the detectives to give testimony, but it is not within the law for me to read the testimony which resulted in my indictment. Can you blame me if I am an anarchist and have no use for laws? Also, I wish to point out the utter stupidity of the American court. Supposedly justice is to be meted out there. Supposedly there are to be no star chamber proceedings under democracy, yet the other day when the detectives gave their testimony, it had to be done in a

whisper, close to the judge as at the confessional in a Catholic Church and under no circumstances were the ladies present permitted to hear anything that was going on. The farce of it all! And yet we are expected to respect it, to obey it, to submit to it.

I do not know how many of you are willing to do it, but I am not. I stand as one of the sponsors of a world-wide movement, a movement which aims to set woman free from the terrible yoke and bondage of enforced pregnancy; a movement which demands the right for every child to be well born; a movement which shall help free labor from its eternal dependence; a movement which shall usher into the world a new kind of motherhood. I consider this movement important and vital enough to defy all the laws upon the statute-books. I believe it will clear the way not merely for the free discussion of contracepts but for the freedom of expression in Life, Art and Labor, for the right of medical science to experiment with contracepts as it has in the treatment of tuberculosis or any other disease.

I may be arrested, I may be tried and thrown into jail, but I never will be silent; I never will acquiesce or submit to authority, nor will I make peace with a system which degrades woman to a mere incubator and which fattens on her innocent victims. I now and here declare war upon this system and shall not rest until the path has been cleared for a free motherhood and a healthy, joyous and happy childhood.

The Anarchist Library  
Anti-Copyright



Emma Goldman  
The Social Aspects of Birth Control  
April 1916

Retrieved on December 22, 2011 from [libertarian-labyrinth.org](http://libertarian-labyrinth.org)  
*Mother Earth*. v.11 (April 1916). pp. 468-75.

[theanarchistlibrary.org](http://theanarchistlibrary.org)